

MUSCLEMAP

See every rep. Know every muscle. Own your progress.

THE PROBLEM

Fitness apps have an 80% churn rate. Why? Because progress is invisible. You log sets into a spreadsheet and hope something's working. There's no feedback loop, no visual proof, no moment of "holy shit, I can see it."

THE SOLUTION

MuscleMap is a fitness visualization platform that renders real-time muscle activation on a 3D anatomical model. Log a set, watch the muscle light up. Complete your weekly goal, see your entire body glow. It transforms abstract workout data into immediate, visceral feedback.

THE INNOVATION

At the core is a proprietary **bias weight system** that normalizes activation display across 98+ muscles. Your glutes need 20 sets to "fill up." Your rear delts need 6. The system knows. It shows balanced, accurate progress whether you're hitting compound lifts or isolation work—something no other app does.

THE PLATFORM

Completely cross-platform: iOS, Android, Apple Watch, web, desktop. Built on React Native + Three.js with a shared TypeScript core. Future integrations include Garmin, Whoop, Fitbit, Apple Vision Pro spatial tracking, and real-time wearable sync.

"We are the network. We are the data. We are the interpreter."

ABOUT THE FOUNDER

Jean-Paul Niko—citizen scientist, autodidact, consciousness researcher. Background spans machine learning, quantum computing theory, and computational photography. Training obsessive: gymnastics rings, hand balancing, seven martial arts. Building MuscleMap because the tools I wanted didn't exist.

Let's build something together.

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