

Kyrgyzstan

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WELCOME

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Kyrgyzstan.jpg

WELCOME TO KYRGYZSTAN!

Kyrgyzstan, officially, the **Kyrgyz Republic**, is a landlocked country in Central Asia, lying in the Tian Shan and Pamir mountains ranges. **Bishkek** is the capital and largest city of the country. Kyrgyzstan is bordered by Kazakhstan to the north, Uzbekistan to the west, Tajikistan to the south, and China to the east and southeast. Ethnic Kyrgyz make up most of the country's seven million people, followed by significant minorities of Uzbek and Russians.



kg-flag.jpg



Emblem_of_Kyrgyzstan.svg.png

Culture

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Manas

Manas, an epic poem, the plot revolves around a series of events that coincide with the history of the region in the 9th, primarily the interaction of the Kyrgyz people with other Turkic and Chinese people. Manas is the biggest by amount among the poems.



Manas.jpg

Tush kyiz



Tush_Kyiz.jpg

Tush kyiz are large, elaborately embroidered wall hangings, traditionally made in **Kyrgyzstan** and Kazakhstan by women to commemorate the marriage of a son or daughter. Colors and designs are chosen to symbolize Kyrgyz traditions and rural life. Flowers, plants, animals, stylized horns, national designs and emblems of Kyrgyz life are often found in these ornate and colorful embroideries.

Sport



Football is the most popular sport in Kyrgyzstan. The official governing body is the Football Federation of Kyrgyz Republic, which was founded in 1992, after the split of the Soviet Union. It administers the Kyrgyzstan national football team.^[160]

Wrestling is also very popular. In the 2008 Summer Olympic Games, two athletes from Kyrgyzstan won medals in **Greco-Roman wrestling**: **Kanatbek Begaliev** (silver) and **Ruslan Tyumenbayev** (bronze).

Bandy is becoming increasingly popular in the country. The Kyrgyz national team took Kyrgyzstan's first medal at the Asian Winter Games, when they captured the bronze. They played in the Bandy World Championship 2012, their first appearance in that tournament.^[163]

Martial Arts: **Valentina Shevchenko** is a Kyrgyzstani–Peruvian professional mixed martial artist who competes in the women's flyweight division of the Ultimate Fighting Championship (**UFC**), where she was formerly the Women's Flyweight champion.

Boxing: **Dmitry Bivol** is a **Kyrgyzstani Professional Boxer** from Tokmok, who competes in the Light Heavyweight Division. Since 2017, he has held the World Boxing Association Light Heavyweight Title. As of August 2019, Bivol is ranked as the world's best active light-heavyweight by the Transnational Boxing Rankings Board and BoxRec, and third by The Ring Magazine.



Kyrgyzstan_flag.jpg

Flag

The **40-rayed yellow sun** in the center of the national flag represent the **40** tribes that once made up the entirety of Kyrgyz culture before the intervention of Russia during the rise of the Soviet Union. The lines inside the sun represent the crown or **tündük** (Kyrgyz түндүк) of a yurt, a symbol replicated in many facets of Kyrgyz architecture. The red portion of the flag represents peace and openness of **Kyrgyzstan**.

National Holidays

In addition to celebrating the New Year each 1 January, the Kyrgyz observe the traditional New Year festival Nowruz on the vernal equinox. This spring holiday is celebrated with feasts and festivities such as the horse game Ulak Tartish.

This is the list of public holidays in Kyrgyzstan:

- 1 January – New Year's Day
- 7 January – Orthodox Christmas
- 23 February – Fatherland Defender's Day
- 8 March – Women's Day
- 21–23 March – Nooruz Mairamy, Persian New Year (spring festival)
- 7 April – Day of National Revolution
- 1 May – Labor Day
- 5 May – Constitution Day
- 8 May – Remembrance Day
- 9 May – Victory Day
- 31 August – Independence Day
- 7–8 November – Days of History and Commemoration of Ancestors

Two additional Muslim holidays Orozo Ayt and Qurman (or Qurban) Ayt are defined by the lunar calendar.

Geography

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KG_map.png

Kyrgyzstan is a landlocked country in Central Asia, bordering **Kazakhstan, China, Tajikistan and Uzbekistan**. It lies between latitudes 39° and 44° N, and longitudes 69° and 81° E. It is farther from the sea than any other individual country, and all its rivers flow into closed drainage systems which do not reach the sea. The mountainous region of the Tien Shan covers over 80% of the country (Kyrgyzstan is occasionally referred to as "**the Switzerland of Central Asia**", as a result), with the remainder made up of valleys and basins.

Populations of Kyrgyzstan according to ethnic group 2022

Ethnic group	2022 census	
	number	%
Kyrgyz	5,379,000	77.5
Uzbek	986,900	14.2
Russians	282,800	4.1
Ukrainians	-	

Here a video about Kyrgyzstan in English

<https://youtu.be/ki5N4BYQS34?si=veB186i4NSQVGfTk>

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If you have **any questions**, please contact us. We will try to give answers to your questions and more information about **Kyrgyzstan**. Leave your contact information.

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