**Kyrgyzstan**

Contents

[**WELCOME** 2](#_Toc147786652)

[**Basic information** 3](#_Toc147786653)

[**Culture** 4](#_Toc147786654)

[**Geography** 7](#_Toc147786655)

[**Contact us** 8](#_Toc147786656)

# **WELCOME**

**WELCOME | Basic information | Culture | Geography | Contact us**

A group of horses running on a green field

Description automatically generatedA water flowing over a rocky mountain

Description automatically generated with medium confidence

ARE YOU READY TO

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COUNTRY?

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# **Basic information**

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**A tall tower in a field with mountains in the background

Description automatically generated**

**Kyrgyzstan.jpg**

**WELCOME TO KYRGYZSTAN!**

**Kyrgyzstan**, officially, the **Kyrgyz Republic**, is a landlocked country in Central Asia, lying in the Tian Shan and Pamir mountains ranges. **Bishkek** is the capital and largest city of the country. Kyrgyzstan is bordered by Kazakhstan to the north, Uzbekistan to the west, Tajikistan to the south, and China to the east and southeast. Ethnic Kyrgyz make up most of the country’s seven million people, followed by significant minorities of Uzbek and Russians.

A blue circle with a white eagle and mountains

Description automatically generatedA red and yellow flag with a sun

Description automatically generated

**kg-flag.jpg Emblem\_of\_Kyrgyzstan.svg.png**

# **Culture**

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***Manas***

A black and white illustration of a person riding a horse

Description automatically generated

**Manas**, an epic poem, the plot revolves

around a series of events that coincide with the

history of the region in the 9th, primarily the

interaction of the Kyrgyz people with other Turkic

and Chinese people. Manas is the biggest by

amount among the poems.

**Manas.jpg**

***Tush kyiz***

A colorful patchwork rug

Description automatically generated

**Tush\_Kyiz.jpg**

**Tush kyiz**  are large, elaborately [embroidered](https://en.wikipedia.org/wiki/Embroidery) wall hangings, traditionally made

in [**Kyrgyzstan**](https://en.wikipedia.org/wiki/Kyrgyzstan) and [Kazakhstan](https://en.wikipedia.org/wiki/Kazakhstan) by women to commemorate the marriage of a son or

daughter. Colors and designs are chosen to symbolize Kyrgyz traditions and rural life. Flowers,

plants, animals, stylized horns, national designs and emblems of Kyrgyz life are often found in

these ornate and colorful embroideries.

**Sport**

**A person holding a flag

Description automatically generated**

[**Football**](https://en.wikipedia.org/wiki/Association_football) is the most popular sport in Kyrgyzstan. The official governing body is the [Football Federation of Kyrgyz Republic](https://en.wikipedia.org/wiki/Football_Federation_of_Kyrgyz_Republic), which was founded in 1992, after the split of the [Soviet Union](https://en.wikipedia.org/wiki/Soviet_Union). It administers the [Kyrgyzstan national football team](https://en.wikipedia.org/wiki/Kyrgyzstan_national_football_team).[[160]](https://en.wikipedia.org/wiki/Kyrgyzstan#cite_note-163)

[**Wrestling**](https://en.wikipedia.org/wiki/Wrestling) is also very popular. In the [2008 Summer Olympic Games](https://en.wikipedia.org/wiki/2008_Summer_Olympic_Games), two athletes from Kyrgyzstan won medals **in**[**Greco-Roman wrestling**](https://en.wikipedia.org/wiki/Greco-Roman_wrestling)**: [Kanatbek Begaliev](https://en.wikipedia.org/wiki/Kanatbek_Begaliev" \o "Kanatbek Begaliev)** (silver) and [**Ruslan Tyumenbayev**](https://en.wikipedia.org/wiki/Ruslan_Tyumenbayev)**(bronze).**

[**Bandy**](https://en.wikipedia.org/wiki/Bandy) is becoming increasingly popular in the country. The Kyrgyz national team took Kyrgyzstan's first medal at the [Asian Winter Games](https://en.wikipedia.org/wiki/Asian_Winter_Games), when they captured the bronze. They played in the [Bandy World Championship 2012](https://en.wikipedia.org/wiki/Bandy_World_Championship_2012), their first appearance in that tournament.[[163]](https://en.wikipedia.org/wiki/Kyrgyzstan#cite_note-166)

**Martial Arts**: [**Valentina Shevchenko**](https://en.wikipedia.org/wiki/Valentina_Shevchenko) is a Kyrgyzstani–[Peruvian](https://en.wikipedia.org/wiki/Peru) professional mixed martial artist who competes in the [women's flyweight](https://en.wikipedia.org/wiki/Flyweight_(MMA)) division of the [Ultimate Fighting Championship](https://en.wikipedia.org/wiki/Ultimate_Fighting_Championship) **(UFC),** where she was formerly the [Women's Flyweight champion](https://en.wikipedia.org/wiki/UFC_Women%27s_Flyweight_Championship).

**Boxing**: [**Dmitry Bivol**](https://en.wikipedia.org/wiki/Dmitry_Bivol)**is a Kyrgyzstani Professional Boxer** from [Tokmok](https://en.wikipedia.org/wiki/Tokmok" \o "Tokmok), who competes in the Light Heavyweight Division. Since 2017, he has held the [World Boxing Association](https://en.wikipedia.org/wiki/World_Boxing_Association) [Light Heavyweight](https://en.wikipedia.org/wiki/Light_Heavyweight) Title. As of August 2019, Bivol is ranked as the world's best active light-heavyweight by the Transnational Boxing Rankings Board and BoxRec, and third by The [Ring Magazine](https://en.wikipedia.org/wiki/Ring_Magazine).

A red and yellow flag with a sun

Description automatically generated

**Kyrgyzstan\_flag.jpg**

**Flag**

**The 40-rayed yellow sun in** the center of [the national flag](https://en.wikipedia.org/wiki/Flag_of_Kyrgyzstan) represent the **40** tribes that once made up the entirety of Kyrgyz culture before the intervention of Russia during the rise of the Soviet Union. The lines inside the sun represent the crown or **tündük** (Kyrgyz түндүк) of a yurt, a symbol replicated in many facets of Kyrgyz architecture. The red portion of the flag represents peace and openness of **Kyrgyzstan.**

**National Holidays**

In addition to celebrating the [New Year](https://en.wikipedia.org/wiki/New_Year) each 1 January, the Kyrgyz observe the traditional New Year festival [Nowruz](https://en.wikipedia.org/wiki/Nowruz) on the vernal equinox. This spring holiday is celebrated with feasts and festivities such as the horse game [Ulak Tartish](https://en.wikipedia.org/wiki/Buzkashi).

This is the list of public holidays in Kyrgyzstan:

* 1 January – New Year's Day
* 7 January – Orthodox Christmas
* 23 February – Fatherland Defender's Day
* 8 March – Women's Day
* 21–23 March – [Nooruz Mairamy](https://en.wikipedia.org/wiki/Nowruz" \o "Nowruz), Persian New Year (spring festival)
* 7 April – Day of National Revolution
* 1 May – Labor Day
* 5 May – Constitution Day
* 8 May – Remembrance Day
* 9 May – [Victory Day](https://en.wikipedia.org/wiki/Victory_Day_(9_May)" \o "Victory Day (9 May))
* 31 August – Independence Day
* 7–8 November – Days of History and Commemoration of Ancestors

Two additional Muslim holidays *[Orozo Ayt](https://en.wikipedia.org/wiki/Eid_al-Fitr" \o "Eid al-Fitr)* and *[Qurman (or Qurban) Ayt](https://en.wikipedia.org/wiki/Eid_al-Adha" \o "Eid al-Adha)* are defined by the lunar calendar.

# **Geography**

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A map of the country

Description automatically generated

KG\_map.png

**Kyrgyzstan** is a landlocked country in [Central Asia](https://en.wikipedia.org/wiki/Central_Asia), bordering [**Kazakhstan**](https://en.wikipedia.org/wiki/Kazakhstan), **China,**[**Tajikistan**](https://en.wikipedia.org/wiki/Tajikistan)**and**[**Uzbekistan**](https://en.wikipedia.org/wiki/Uzbekistan). It lies between latitudes [39°](https://en.wikipedia.org/wiki/39th_parallel_north) and [44° N](https://en.wikipedia.org/wiki/44th_parallel_north), and longitudes [69°](https://en.wikipedia.org/wiki/69th_meridian_east) and [81° E](https://en.wikipedia.org/wiki/81st_meridian_east). It is farther from the sea than any other individual country, and all its rivers flow into [closed drainage systems which do not reach the sea](https://en.wikipedia.org/wiki/Endorheic_basin). The mountainous region of the [Tian Shan](https://en.wikipedia.org/wiki/Tian_Shan) covers over 80% of the country (Kyrgyzstan is occasionally referred to as **"the** **Switzerland of Central Asia"**, as a result), with the remainder made up of valleys and basins.

**Populations of Kyrgyzstan according to ethnic group 2022**

|  |  |  |
| --- | --- | --- |
| **Ethnic group** | **2022 census** |  |
|  | **number** | **%** |
| **Kyrgyz** | 5,379,000 | 77.5 |
| **Uzbek** | 986,900 | 14.2 |
| **Russians** | 282,800 | 4.1 |
| **Ukrainians** | - |  |

|  |
| --- |
| Here a video about Kyrgyzstan in English  <https://youtu.be/ki5N4BYQS34?si=veB186i4NSQVGfTk> |

# **Contact us**

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If you have **any questions**, please contact us. We will try to give answers to your questions and more information about **Kyrgyzstan**. Leave your contact information.

|  |  |
| --- | --- |
| **Name :** |  |
| **E-mail :** |  |
| **Your question :** |  |
| **Your country :** |  |

☑ I want to receive monthly newsletters Did you interest in Kyrgyzstan?

□ I am agree to share my personal data Yes : ○ No: ⦿

|  |
| --- |
| Reset |

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| --- |
| Submit |

A lake with mountains in the background

Description automatically generated

**KG.png**