

MOMENTUM

Empowering Users to Build
and Maintain Healthy Habits

Mussie Abraham, Rashfiqur Rahman, Afzal
Khan, Labeeb Alam

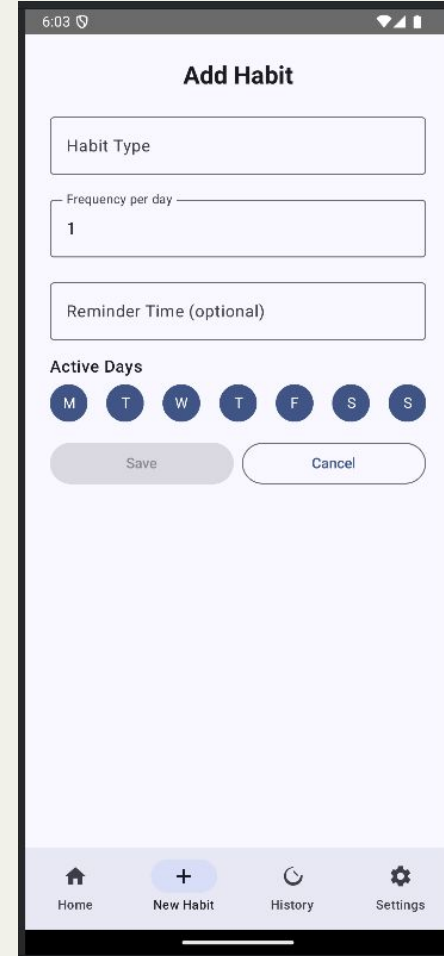
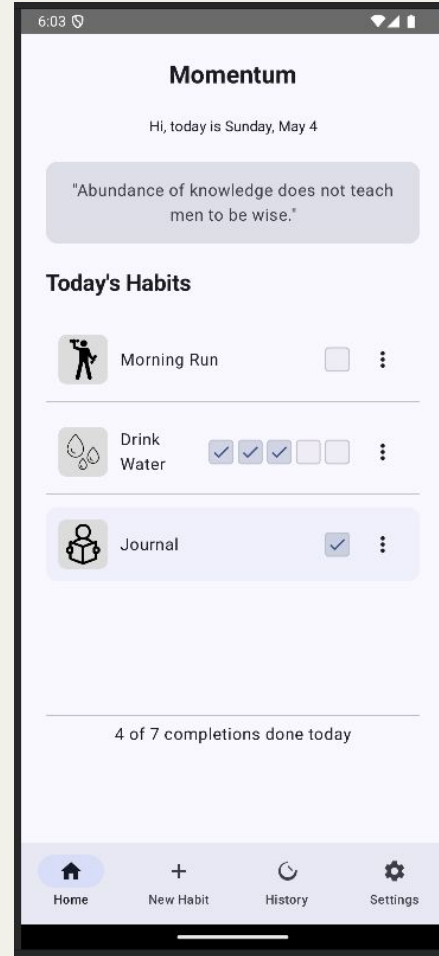
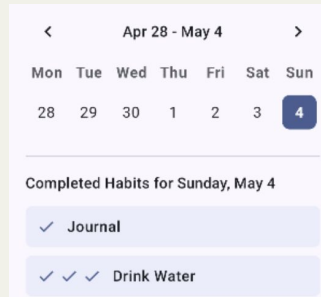


App Functionality

- ❑ Adaptive layout for landscape and portrait orientations
- ❑ Toggleable weekly and monthly calendar views
- ❑ Integrated motivational quotes using the ZenQuotes API
- ❑ Habit tracking with Room database support
- ❑ Users can create new habits
- ❑ Watch and Phone compatibility
- ❑ Step Counter Sensor
- ❑ Frequency per task
- ❑ Streak Counter for tasks

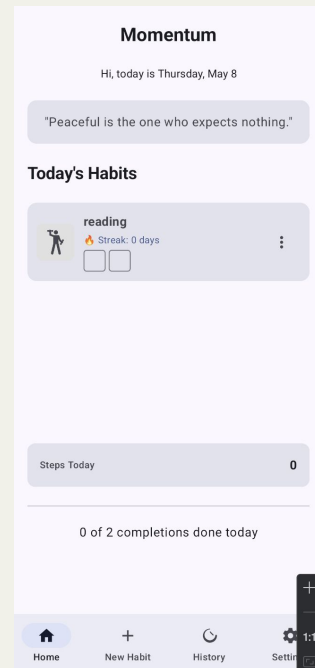
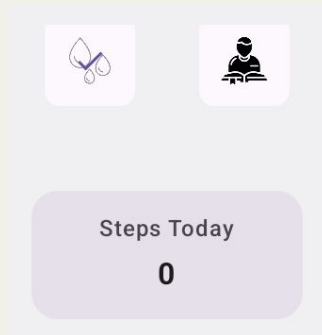
Add Habit Form

- ❑ Option to specify day of the week for a specific habit
- ❑ Added functionality for the frequency of a habit
- ❑ Must fill in all checkmarks for the habit to be marked as completed



Step Sensor

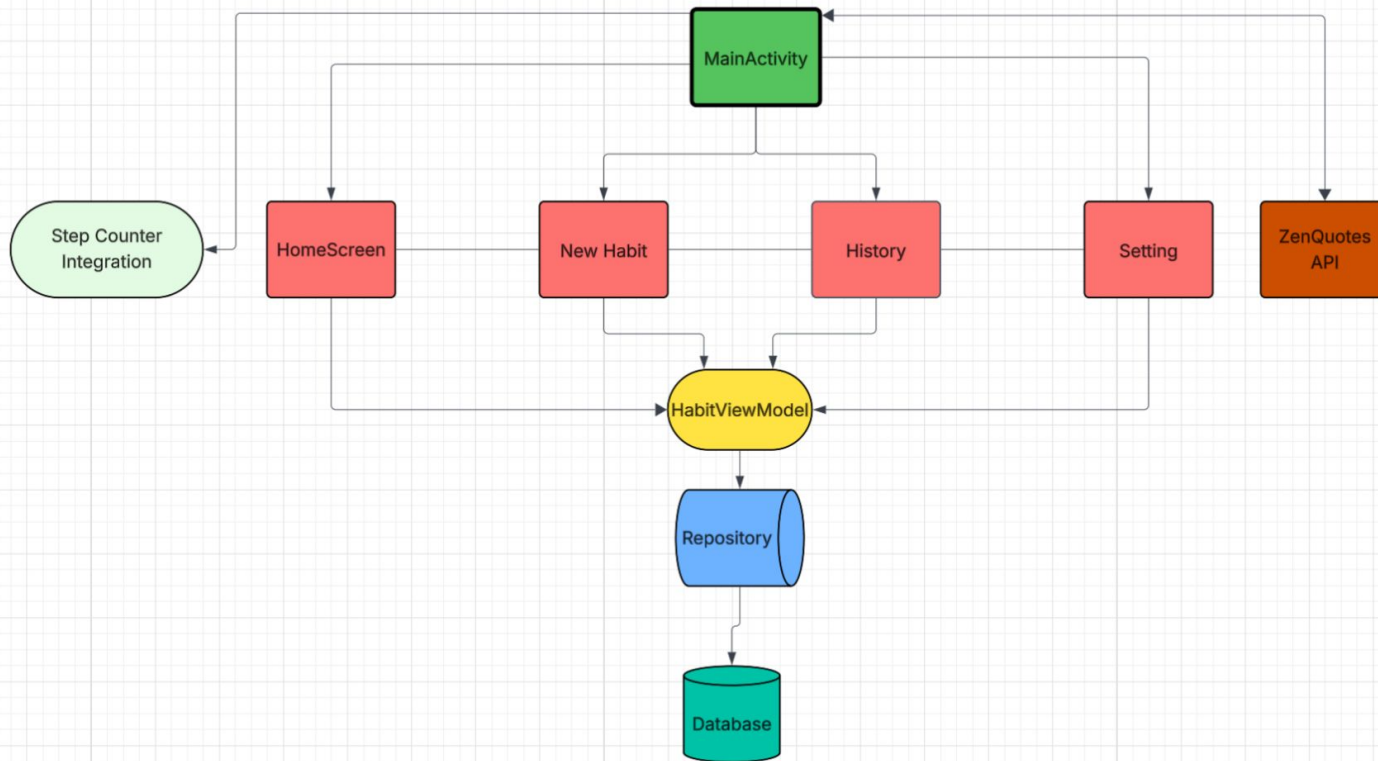
- ❑ Uses the device's `TYPE_STEP_COUNTER` sensor to track total steps
- ❑ Real-time updates through a `SensorEventListener` that listens for step changes and updates the UI accordingly
- ❑ Compatible with phones & WearOS watches



Streak Counters

- ❑ Tracks consecutive daily completions of each habit and displays the streak count
- ❑ Automatically updates the streak based on whether the user completes the task for the day
- ❑ Streak value is stored per habit and shown in the Home page





Usability Testing

- *“I like how the app is intuitive and easy to use. It’s very accessible on the phone, and I would use it to keep track of my gym and class schedule. One thing I would suggest is to maybe add a streak counter option next to each habit.”* - Mohammed Faizan
- *“The app is simple, but does its purpose. The calendar view is really cool!”* - Isabel H.
- *“This app is sick bro!!!”* - Rahat H.
- *“Super clean interface. I like how easy it is to log my habits without any extra steps. Maybe add daily reminders too?”* - Sadid E.



Demo Time!



Thank you for an
awesome semester!

