

Erbil

Physical Rehabilitation Center

Summer training July – Aug 2023

The ICRC has been supporting the Iraqi Physical rehabilitation Program since 1993. The Erbil PRC was established in 1996 to provide services for patients with physical disabilities in the Iraqi Kurdistan Region.

Rules and cousins

Signing in 08:00.

Singing out 01:00.

Tea break 10:15 to 10:30.

All students should wear uniform.

Please do not use Phone in front of Service user.

Please do not eat or drink in service area.

Please do not laugh loudly in front of service user.

Please do not make joke between each other in front of service user.

Subject day 1	Place	Presenter	Time
Presenting PRC/Pre-Test	Meeting Room	Mustafa/Shwan	08:00 - 08:30
Lower Limb Anatomy review	Training room	Kamaran/Iman	08:30 - 09:00
Amputation types, Level UL/LL	Training room	Mustafa/Iman	09:00 - 09:30
Ax, SU file, Clinical decision making	Training room	Akam/Shwan	09:30 - 10:15
Rest	Cafeteria	-----	10:15 - 10:30
Physical Exam, ROM, Muscle test	Training room	Akam/Arazoo	10:30 - 11:00
Practice	Training room	All	11:00 - 12:30
Conclusion of the day	Training room	Mustafa/Zanyar	12:30 - 01:00

Subject day 2	Place	Presenter	Time
Pre prosthetic, bandaging, Stump care	Training room	Omer/Iman	08:00 - 09:30
Type of orthosis & prosthesis	Training room	Zanyar/Shwan	09:30 - 10:15
Rest	Cafeteria	-----	10:15 - 10:30
Device manufacturing, alignment	Workshop	Kawa	10:30 - 11:30
Practice	Training room	All	11:30 - 12:00
All device doffing & donning	Training room	Omer/Zanyar	12:00 - 01:00

Subject day 3	Place	Presenter	Time
Gait/Normal/Deviation	Training room	Kamaran/Arazoo	08:00 - 09:30
Type and measuring of walking Aid	Training room	Arazoo/Shwan	09:30 - 10:15
Rest	Cafeteria	-----	10:15 - 10:30
CF-FAB	CF Room	Avan/Kamaran	10:30 - 11:00
Practice	Training room	All	11:00 - 12:00
Deformities of LL/Genu/pes	Ax Room	Akam/Mustafa	12:00 - 01:00

Subject day 4	Place	Presenter	Time
CP-GTKCP, ADL	Training room	Arazoo/Akam	08:00 - 09:15
Type WC, prescription, mesurment	Training room	Shwan/Akam	09:15 - 10:15
Rest	Cafeteria	-----	10:15 - 10:30
WC assembling	Workshop	Yousif/Shayma	10:30 - 11:00
WC fitting & training Practice	Training room	Shwan/Akam	11:00 - 12:00
Final test & Feedback	Training room	Shwan/Mustafa	12:00 - 01:00

Abbreviations you may hear during training. Level of upper limb amputation

SD	Shoulder Disarticulation
TH	Trans Humeral
ED	Elbow Disarticulation
TR	Trans Radial
WD	Wrist Disarticulation
PH	Partial Hand

Level of lower limb amputation

HD	Hip Disarticulation
TF	Trans Femoral
KD	Knee Disarticulation
TT	Trans Tibial
AD	Ankle Disarticulation
Syme's	the heel pad is preserved
PF	Partial Foot

Other abbreviation

CP	Cerebral Palsy
CF	Club Foot
SU	Service User





