YOUSSEF LAACHARI

Cothing GYM



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LANGUAGES

Arabe

Francias

Anglais

INTERESTS

Gym

Music

Read



I am a gym trainer, I have 5 years of experience in training people, to get a toned athletic body with advice on nutrition and the use of dietary supplements.



EDUCATION

LICENCE GÉOGRAPHIQUE

UAS 2019

3 years study Géographique



EXPERIENCES

GYM

Association of heroes, SALE 01-2023 - I'm currently working in this role

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cothing

SKILLS & PROFICIENCY

trainer