

PRESENT AND PAST PARTICIPLES (-ING / -ED)

Present Participle (-ing) is used to describe something or someone.

"This film is boring. Let's stop watching it."

Past Participle (-ed) is used to describe how people feel about something or someone.

"I'm bored of my job. I want to find another one."

Choose the correct adjective:

1. I am so (relaxing / relaxed) I don't want to move.
2. I find horror films really (frightening / frightened) and not at all fun to watch.
3. Sometimes I get really (frustrating / frustrated) when I can't express myself well in English.
4. We were stopped by a man with a knife who took our money. It was (terrifying / terrified).
5. The programme was really (interesting / interested).
6. She was (overwhelming / overwhelmed) when everyone cheered and we gave her presents.
7. If I feel stressed, I find taking a bath is often (relaxing / relaxed).
8. I am really (tiring / tired); I think I'll go to bed.
9. He's very (interesting / interested) in history.
10. The trip was (overwhelming / overwhelmed), with so many things to do and it was all so new.
11. She is never (satisfying / satisfied) with her work.
12. Cleaning is so (tiring / tired)! I think I'll have a rest!
13. She thought the ride on the rollercoaster was (thrilled / thrilling).
14. I was really (surprising / surprised) when I saw you. I had thought you were on holiday.
15. My grandmother was (shocking / shocked) by the man's bad language.
16. My niece is (terrifying / terrified) of dogs.
17. Thank you so much for the prize! I'm (thrilled / thrilling)!
18. My job is very (satisfying / satisfied), I love helping people.
19. The news was so (shocking / shocked) that she burst into tears.
20. My exam results were great! It's really (surprising / surprised) but good, of

Course

Fill in the blanks with -ed or -ing form of the adjectives

1. The coach isn't _____ (please) with the results of his team.
2. Although everybody says the film is _____ (bore), I want to see it.
3. They were _____ (amaze) to see so many black clouds in the sky.
4. My father found Prague _____ (fascinate)
5. Roberto Carlos is _____ (concern) about his injury.
6. I have a profitable job but is _____ (exhaust).
7. Fairy tales are _____ (enchante). Do you agree?
8. All the fans were _____ (surprise) by the success of their team.
9. Getting up early at the weekends is _____: (annoy).
10. Robin is _____ (interest) in politics. According to her politics is really _____. (interest)