



# 30 Bible Verse Cards

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For Peace & Anxiety Relief

*“Peace I leave with you; my peace I give you.”*  
— John 14:27

**PEACE**

"**Do not be anxious about anything**, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. **And the peace of God will guard your hearts and minds in Christ Jesus.**"

PHILIPPIANS 4:6-7

**STRENGTH**

"**So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you.**"

ISAIAH 41:10

**TRUST**

"Therefore do not worry about tomorrow, for tomorrow will worry about itself. **Each day has enough trouble of its own.**"

MATTHEW 6:34

**DELIVERANCE**

"I sought the LORD, and he answered me; **he delivered me from all my fears.**"

PSALM 34:4

PEACE

**"Peace I leave with you; my peace I give you. Do not let your hearts be troubled and do not be afraid."**

JOHN 14:27

COMFORT

**"Cast all your anxiety on him because he cares for you."**

1 PETER 5:7

REFUGE

**"God is our refuge and strength, an ever-present help in trouble."**

PSALM 46:1

PEACE

**"You will keep in perfect peace those whose minds are steadfast, because they trust in you."**

ISAIAH 26:3

**REST**

**"Come to me, all you who are weary and burdened, and I will give you rest."**

**MATTHEW 11:28**

**TRUST**

**"Trust in the LORD with all your heart and lean not on your own understanding."**

**PROVERBS 3:5-6**

**SUSTAIN**

**"Cast your cares on the LORD and he will sustain you; he will never let the righteous be shaken."**

**PSALM 55:22**

**POWER**

**"For God gave us a spirit not of fear but of power, love and self-discipline."**

**2 TIMOTHY 1:7**

COURAGE

**"Be strong and courageous.** Do not be afraid, for the LORD your God will be with you wherever you go."

JOSHUA 1:9

JOY

"When anxiety was great within me, **your consolation brought me joy.**"

PSALM 94:19

PURPOSE

**"In all things God works for the good** of those who love him, who have been called according to his purpose."

ROMANS 8:28

COMFORT

"Even though I walk through the darkest valley, I will fear no evil, **for you are with me.**"

PSALM 23:4

**REDEMPTION**

**"Do not fear, for I have redeemed you; I have summoned you by name; you are mine."**

**ISAIAH 43:1**

**STRENGTH**

**"I can do all this through him who gives me strength."**

**PHILIPPIANS 4:13**

**HOPE**

**"'For I know the plans I have for you,' declares the LORD, 'plans to give you hope and a future.'**"

**JEREMIAH 29:11**

**SALVATION**

**"The LORD is my light and my salvation—whom shall I fear?"**

**PSALM 27:1**

REFUGE

"The LORD is good, a refuge in times of trouble. **He cares for those who trust in him.**"

NAHUM 1:7

COURAGE

**"Be strong and courageous.** The LORD your God goes with you; he will never leave you nor forsake you."

DEUTERONOMY 31:6

PEACE

"In this world you will have trouble. **But take heart! I have overcome the world.**"

JOHN 16:33

TRUST

**"When I am afraid, I put my trust in you."**

PSALM 56:3

**HOPE**

"**May the God of hope fill you with all joy and peace as you trust in him.**"

**ROMANS 15:13**

**LOVE**

"**My unfailing love for you will not be shaken nor my covenant of peace be removed,' says the LORD.**"

**ISAIAH 54:10**

**PEACE**

"**Great peace have those who love your law, and nothing can make them stumble.**"

**PSALM 119:165**

**PEACE**

"**Let the peace of Christ rule in your hearts.** And be thankful."

**COLOSSIANS 3:15**

SAFETY

"In peace I will lie down and sleep, for you alone, LORD, **make me dwell in safety.**"

PSALM 4:8

PEACE  
"May the Lord of peace himself **give you peace at all times and in every way.**"

2 THESSALONIANS 3:16

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