UNIVERSITY OF COPENHAGEN

NIELS BOHR INSTITUTE

Black Holes and Gravitational Waves

Jose María Ezquiaga

(jose.ezquiaga@nbi.ku.dk)

Last Modification: June 10, 2024

Contents

Prelude

These lecture notes are very much under construction. They will be updated regularly. Please bear with me!

A few points before we get started:

Throughout the lectures notes I will use different **conventions** for units. The general principle is that whenever some dimensionfull number needs to be computed, I will include all the Gs, cs and $\hbar$s. When this is not the case, typically during analytical derivations, I will set $c = 1$. I will try to keep G and $\hbar$. I will also try to avoid using too many **acronyms** in different chapters, but if you get lost in the next page you can find a compilation of all acronyms. Similarly, I will try to add relevant **references** to both seminal works and recent results. Given the amount of literature I will certainly miss many works though. Citations are not meant to be exhaustive but rather indicative. You can find the full bibliography at the end of the lecture notes.

Exercises will be marked with boxes within the text of each chapter. For instance:

> **Exercise 0.1**: An example exercise
>
> The content of the example exercise to do

The list of all exercises can be found at the end of the document. The exercise sheet for evaluation will be sent separately.

This course is short and the field of black holes and gravitational waves very rich and active nowadays. Therefore we will inevitably only cover some basic points and highlights of current research lines. In the lectures notes I invite you to **explore** further some other topics. Those will be marked in boxes, both to excite you but mostly to identify them as separate from the standard curriculum. An example:

> **Explore**: An example topic
>
> An example text for further exploration

Since these parts are outside of the main curriculum, I will add further details as we move along. This means, keep checking previous chapters for new edits.

Enjoy the course!

Acronyms

AGN active galactic nucleus. 18

BBH binary black hole. 32

BH black hole. 1

BNS binary neutron star. 32

CBC compact binary coalescence. 32

EHT Event Horizon Telescope. 19

EM electromagnetic. 17

EoS equation of state. 5

FRW Friedmann-Robertson-Walker. 6, 48

GR general relativity. 1, 21

GW gravitational wave. 19, 21, 44, 63

ISCO inner most stable circular orbit. 41

NS neutron star. 9

NSBH neutorn star black hole. 32

PBH primordial black hole. 8

PISN pair instability supernova. 13

PM post-Minkowskian. 28

PN post-Newtonian. 27

PSD power spectral density. 65, 71

SMBH super massive black hole. 15

SNR signal-to-noise ratio. 70

SPA stationary phase approximation. 39, 41, 59, 61

TOV Tolman–Oppenheimer–Volkoff. 5, 12

Black holes in our Universe: how they form, how we find them

Black holes (BHs) are incredible predictions of general relativity (GR). From a theoretical perspective, they are unique objects to explore the limits of GR. What it is more impressive though is that over the past decades we have accumulated overwhelming evidence of their existence. Therefore, black holes are no longer only a theoretical playground to push the limit of our theories, but rather an actual laboratory where we can test different predictions. In this chapter we are going to have a *brief overview* of how black holes form in our Universe and the different evidence that we have about their existence. By its own nature, this will be a chapter that will cover very different physical phenomena. Therefore, instead of providing detailed derivations we will focus mostly on highlighting the key processes and their order of magnitude implications.

1.1 Gravitational Collapse

In simple terms, in order to form a black hole we need to accumulate enough energy-density in a small enough region so that the gravitational pull cannot be stopped by any other force. In the astrophysical context such dense regions essentially only occur in stars. There, the battle is between the pressure and the gravity of its interior. We are going to take a glimpse of how this looks like in realistic astrophysical set up in Sec. 1.2. For the moment we will focus on understanding some general principles.

We aim to study the gravitational collapse of a spherically symmetric star. Irrespectively of the material properties of the interior, Birkhoff's theorem guarantees us that outside of the star (i.e. in vacuum) the metric is described by the Schwarzschild metric:

$$ds^2 = -\left(1 - \frac{r_{\text{Sch}}}{r}\right) dt^2 + \left(1 - \frac{r_{\text{Sch}}}{r}\right)^{-1} dr^2 + r^2 d\Omega^2 \,, \qquad (1.1.1)$$

where

$$r_{\text{Sch}} = \frac{2GM}{c^2} \simeq 3 \left(\frac{M}{M_\odot}\right) \text{km} \,, \qquad (1.1.2)$$
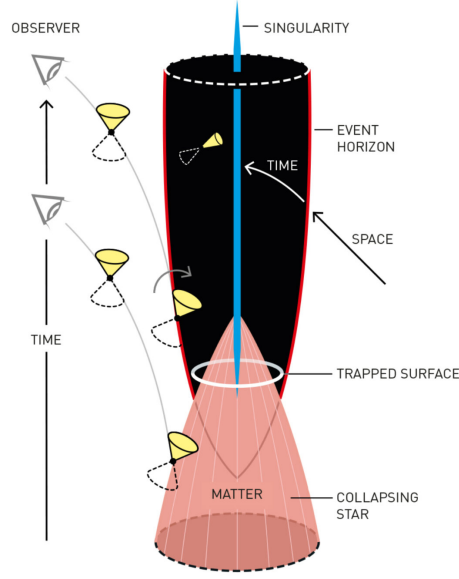
1

Figure 1.1. Schematic diagram of star collapsing into a black hole Credit Johan Jarnestad/The Royal Swedish Academy of Science.

with $M_\odot$ being the mass of the Sun. Since the interior and the exterior solutions must match, we can understand the behavior at the surface of the star following geodesics of Schwarzschild geometry.[1] For example, we can ask how the light emitted at the surface of the collapsing star would be seen by a distant observer. This light would be redshifted by

$$z = \frac{\Delta\lambda}{\lambda} \propto e^{t/2t_{\mathrm{Sch}}} \tag{1.1.3}$$

where the crossing time of the Schwarzschild radius is

$$t_{\mathrm{Sch}} = \frac{r_{\mathrm{Sch}}}{c} = \frac{2GM}{c^3} \simeq 10\left(\frac{M}{M_\odot}\right)\mu\mathrm{s}\,. \tag{1.1.4}$$

The redshift increases exponentially with a characteristic time scale of $2t_{\mathrm{Sch}}$. The luminosity of the emitted light will also decay at this rate. Therefore, for an external observer, the light emitted by the star will dim at an incredible high rate for astrophysical standards. For a 1 solar mass star, the characteristic decaying time of the luminosity is only $20\mu\mathrm{s}$. A schematic representation of the collapse into a black hole is given in Fig. 1.1.

---

[1] Recall this was covered in detail in Troel's course and lecture notes.

> <u>Exercise 1.1</u>: The light from a collapsing star
>
> Consider a comoving distant observer at a fixed spatial position around a collapsing star. Show that the radiation emitted at the surface of the star redshifts exponentially at late times. In other words, derive Eq. (1.1.3).

We now wish to study the interior of the star.[2] We will consider the simplest possible composition for the interior: a perfect fluid. Its energy momentum tensor is described by

$$T^{\mu\nu} = (\rho + p)U^\mu U^\nu + pg^{\mu\nu}\,. \tag{1.1.5}$$

where ρ is the energy density and p the pressure of the fluid. U^μ is the local four velocity. We assume also a static, spherically symmetric, interior metric

$$ds^2 = -A(r)dt^2 + B(r)dr^2 + r^2 d\Omega^2\,. \tag{1.1.6}$$

The fact that we are choosing a static solution implies that the fluid cannot flow, $U^i = 0$. Taking U^μ pointing in the timelike direction, the normalization condition $U_\mu U^\mu = -1$ fully fixes it to $U^0 = A^{-1/2} = -1/U_0$. Altogether explicitly:

$$U_\mu = (-A^{1/2}, 0, 0, 0)\,, \tag{1.1.7}$$

and, as a consequence,

$$T_{\mu\nu} = \text{diag}(A \cdot \rho, B \cdot p, r^2 \cdot p, r^2 \sin^2\theta \cdot p)\,. \tag{1.1.8}$$

With the metric and the energy-momentum tensor one can solve the field equations

$$G_{\mu\nu} = R_{\mu\nu} - \frac{1}{2}Rg_{\mu\nu} = 8\pi G T_{\mu\nu}\,. \tag{1.1.9}$$

Because of all our assumptions, only the diagonal terms are relevant. In fact, only one of the two angular equations is independent, $G_{\phi\phi} = \sin^2\theta G_{\theta\theta}$, and we are left with three couple equations to solve.[3] As we will see in a second, for us we will only be concerned about the temporal and radial components because we can always use the energy-momentum conservation instead of the angular Einstein field equation. Explicitly, the equations are (we denote primes as derivatives w.r.t the radius $dF/dr = F'$):

$$G_{tt} = \frac{A}{B^2 r^2}\left(B^2 + rB'\right) = 8\pi G T_{tt} = 8\pi G A\rho\,, \tag{1.1.10}$$

$$G_{rr} = \frac{1}{r^2}\left(1 - B + r\frac{A'}{A}\right) = 8\pi G T_{rr} = 8\pi G B p\,. \tag{1.1.11}$$

---

[2]I follow Carroll's Chapter 5.8 [1] and Zee's VII.4 [2].

[3]You are welcome to derive the Einstein equations for this metric and energy-momentum tensor by hand! If interested in learning a Mathematica package designed for tensorial calculations I have left a notebook example in the course materials.

Note however that we are saying that there are 3 couple equations, but we have four functions to solve (two from the metric + two from the perfect fluid): $A(r)$, $B(r)$, $p(r)$, $\rho(r)$. The fourth equation arises from the equation of state, $p = p(\rho)$ that defines the properties of the fluid.

Inspired by Schwarzschild geometry, one can define a new radial-dependent mass function $\mathcal{M}(r)$

$$B(r)^{-1} \equiv 1 - \frac{2G\mathcal{M}(r)}{r} \, . \tag{1.1.12}$$

Inserting this definition in the tt equation, we find

$$\frac{d\mathcal{M}(r)}{dr} = 4\pi r^2 \rho(r) \, , \tag{1.1.13}$$

which can be integrate to find

$$\mathcal{M}(r) = 4\pi \int_0^r dr' r'^2 \rho(r') \, . \tag{1.1.14}$$

For a star of radius R, the matching conditions with the exterior metric imply that

$$M = \mathcal{M}(R) = 4\pi \int_0^R dr r^2 \rho(r) \, , \tag{1.1.15}$$

so the mass function $\mathcal{M}(r)$ that we introduced can be interpreted as the mass within a radius r. It is interesting to point out however, that this does not match with the integration of the energy-density ρ over a spatial volume element, $\gamma_{ij} dx^i dx^j$, specifically

$$\tilde{M} = \int_{r<R} \rho(r) \sqrt{\gamma} d^3 x = 4\pi \int_0^R \rho(r) B(r) r^2 dr = 4\pi \int_0^R \frac{\rho(r) r^2}{\sqrt{1 - \frac{2G\mathcal{M}(r)}{r}}} dr \, . \tag{1.1.16}$$

The difference between the two is due to the gravitational binding energy arising from the gravitational attraction of the fluid within the star:

$$E_B = \tilde{M} - M > 0 \, . \tag{1.1.17}$$

Back to the field equations, using the radial equation and the energy-momentum conservation $\nabla_\mu T^{\mu\nu} = 0$ (instead of the $\phi\phi$-equation), which for a perfect fluid and a static spherically symmetric metric takes a very simple form. This equation can be derived using the identity for the covariant derivative

$$\nabla_\mu T^{\mu\nu} = \frac{1}{\sqrt{-g}} \partial_\mu (\sqrt{-g} T^{\mu\nu}) + \Gamma^\nu_{\mu\lambda} T^{\mu\lambda} \, , \tag{1.1.18}$$

and recalling the metric compatibility $\nabla_\mu g_{\alpha\beta} = 0$. With this and the perfect fluid's four-velocity properties $(U^i = 0)$, one finds

$$\frac{dp}{dr} = -(\rho + p) \frac{d \ln A^{1/2}}{dr} \, . \tag{1.1.19}$$

One can eliminate the $A(r)$ metric component to arrive at the *Tolman–Oppenheimer–Volkoff (TOV) equation*

$$\frac{dp}{dr} = -\frac{G\mathcal{M}(r)\rho(r)}{r^2}\left(1 + \frac{p(r)}{\rho(r)}\right)\left(1 + \frac{4\pi r^3 p(r)}{\mathcal{M}(r)}\right)\left(1 - \frac{2G\mathcal{M}(r)}{r}\right)^{-1} \tag{1.1.20}$$

describing hydrostatic equilibrium. For a given equation of state (EoS) $p = p(\rho)$, the TOV equation together with the interior mass equation (1.1.14) can be used to solve $p(r)$ and $\rho(r)$. These set of couple equations generically require numerical integration except for simplified scenarios as we will check next. Before that, plugging the TOV equation (1.1.20) back to the energy-momentum conservation (1.1.19), we can fully solve for the interior metric

$$\frac{d\ln A^{1/2}}{dr} = \frac{G\mathcal{M}(r)}{r^2}\left(1 + \frac{4\pi r^3 p(r)}{\mathcal{M}(r)}\right)\left(1 - \frac{2G\mathcal{M}(r)}{r}\right)^{-1} . \tag{1.1.21}$$

We can check that the matching conditions with the exterior geometry are also correct, since at the surface $\mathcal{M}(R) = M$ and $p(R) = 0$ and the above equation can be easily integrated to obtain $A = 1 - \frac{r_{\text{Sch}}}{r}$. Finally, it is interesting to point out that in the non-relativistic limit the TOV equation reduces to Newton's equation for stellar interiors:

$$\frac{dp}{dr} = -\frac{G\mathcal{M}(r)\rho(r)}{r^2} . \tag{1.1.22}$$

This equation just corresponds to the balance between the gravitational force and the radial pressure.

1.1.1 A star of constant density

Now that have an equation for the interior of the star, we wish to solve it in order to understand the conditions for collapse. We choose a simple model that allows us to inegrate the TOV equation analytically, that is an *incomprehensible fluid* of constant density

$$\rho(r < R) = \rho_* , \qquad \rho(r > 0) = 0 . \tag{1.1.23}$$

Then, the interior mass is simply

$$\mathcal{M}(r) = \frac{4\pi r^3}{3}\rho_* , \tag{1.1.24}$$

with the density defined by the mass and radius of the star $\rho_* = M/(4\pi R^3/3)$. The TOV equation can be solve to find

$$p(r) = \rho_* \frac{\left(1 - \frac{r_{\text{Sch}}}{R}\right)^{1/2} - \left(1 - \frac{r^2 r_{\text{Sch}}}{R^3}\right)^{1/2}}{\left(1 - \frac{r^2 r_{\text{Sch}}}{R^3}\right)^{1/2} - 3\left(1 - \frac{r_{\text{Sch}}}{R}\right)^{1/2}} , \tag{1.1.25}$$
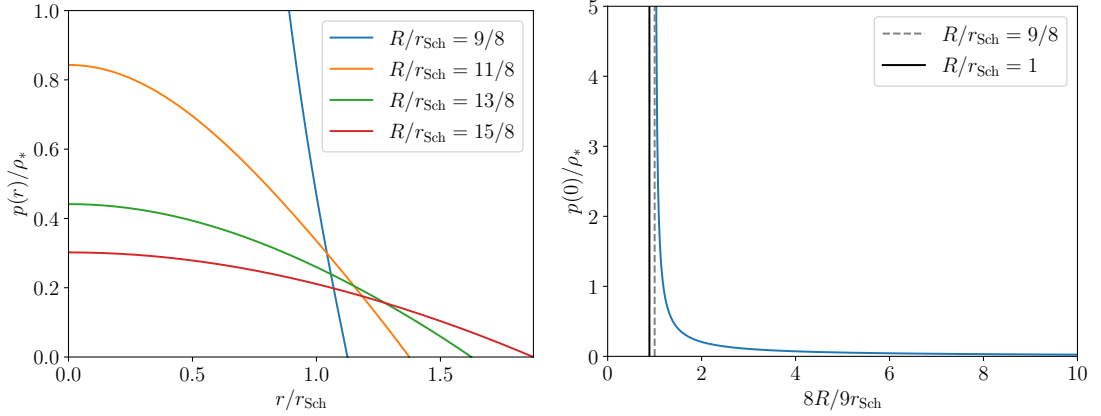
5

Figure 1.2. On the left, pressure profile in the radial component for a spherically star of radius R made of an incompressible perfect fluid of density ρ_*. On the right, pressure at the center as a function of the star's radius.

whose density profile is plotted in the left panel of Fig. 1.2. The pressure increases as one approaches the center of the star $r \to 0$. Moreover, the central pressure $p(0)$ increases as the star becomes more compact. This is plotted in the right panel of Fig. 1.2. In fact, when reaching $R = 9r_{\text{Sch}}/8$ the central pressure diverges. This highlights that there is a limit to how compact a constant density star can be in order to have a static solution. In other words, there is a maximum mass that a spherically symmetric star can have in order to have a static solution because for more massive stars it will require a pressure larger than infinity to sustain it! The bound on the mass is then:

$$ M < \frac{4}{9}\frac{Rc^2}{G} \simeq 3\left(\frac{R}{10\text{km}}\right)M_\odot\,. \tag{1.1.26} $$

If a shrinking star reaches this critical radius, then it will continue shrinking and eventually collapse into a black hole when $R < r_{\text{Sch}}$. Although this important results was derived for a rather specific EoS, Buchdahl's theorem [3] states that this result holds for any "reasonable" EoS. We will see next that real stars in our universe are in fact less compact, satisfying the Buchdahl's theorem. Note, however, that the compactness limit is almost $(9/8)$ the one of a black hole already

1.1.2 A universe within a star

Before moving on to gravitational collapse in realistic stars, we are going to adventure in a small digression. This is motivated by the remarkable similarities between the (simplified) set up that we have considered for the interior of a star and the geometry of the Universe at large scales as described by a (flat) Friedmann-Robertson-Walker (FRW) metric:

$$ ds^2 = -dt^2 + a(t)^2 d\vec{x}^2\,, \tag{1.1.27} $$

where $a(t)$ is the scale factor. In fact, in order to study the background expansion of the Universe one also models matter as a perfect fluid. However, instead of assuming a static, spherically symmetric metric as in the interior of the star, one assumes a homogeneous and isotropic time varying metric.

Let us consider the case of a universe filled with a cosmological constant $\rho = \Lambda$ with EoS $p = -\Lambda$. The field equations then reduce to $R_{\mu\nu} = 8\pi G\Lambda g_{\mu\nu}$ (noting that $R = 32\pi G\Lambda$). A cosmological constant directly leads to a mass profile of

$$\mathcal{M}(r) = \frac{4\pi r^3}{3}\Lambda\,. \tag{1.1.28}$$

The interior metric can be obtained solving Eq. (1.1.21), which after inputting our ansatzs looks like

$$\frac{d\ln A}{dr} = \frac{-2H^2 r}{1 - H^2 r^2}\,, \tag{1.1.29}$$

where we have defined $H^2 = 8\pi G\Lambda/3$ in resemblance of the Hubble parameter $H = d\ln a/dt$. This equation can be solved to obtain $A(r) = 1 - H^2 r^2$. From Eq. (1.1.12) one then obtains $B = 1/A$. Altogether, the spherically symmetric static metric that solves for a cosmological constant is

$$ds^2 = -(1 - H^2 r^2)dt^2 + (1 - H^2 r^2)^{-1}dr^2 + r^2 d\Omega^2\,. \tag{1.1.30}$$

In a cosmological setup of a universe filled with a cosmological constant solving the Friedman equation

$$\left(\frac{d\ln a}{dt}\right)^2 = \frac{8\pi G}{3}\Lambda = H^2 \tag{1.1.31}$$

leads to a exponentially increasing scale factor $a \propto e^{Ht}$. Back to the FRW metric this is

$$ds^2 = -dt^2 + e^{2Ht}d\vec{x}^2\,, \tag{1.1.32}$$

which is nothing but a de Sitter space-time. Therefore, the interior of a star is mathematically equivalent to an expanding universe.

Exercise 1.2: A ball of dust

Let's consider an even simpler model (perhaps the simplest) for the interior of a star: a spherically symmetric pressureless fluid of constant density, i.e. a "ball of dust". This is also known as the Oppenheimer-Snyder model [4]. Because there are no pressure forces, the dust particles in the surface of the star follow radial geodesics. Following what you have learned so far, study the gravitational collapse of this model. Is it possible to have a static solution? To what cosmology is this model equivalent to?

<u>Explore</u>: black hole formation in the early universe

Although astrophysically we typically only think of stars as dense enough environments to trigger gravitational collapse into a black hole, cosmologically there are other options. In particular, black holes could form directly from the collapse of curvature fluctuations ζ in the early Universe. The fraction of black holes forming β is typically postulated in terms of the probability of having a fluctuation beyond a given threshold

$$\beta = \int_{\zeta_{\mathrm{thr}}}^{\infty} p(\zeta)d\zeta \,, \tag{1.1.33}$$

where $p(\zeta)$ is the probability density function. The mass of the black hole that forms is proportional to the size of the causal horizon that is collapsing. Large curvature fluctuations can be produced during inflation. Such fluctuations may collapse upon reentry. Their mass is therefore associated to the epoch in which the fluctuations are generated counted as the number of e-folds N:

$$M_{\mathrm{pbh}} \sim 4\pi\gamma \frac{M_{\mathrm{pl}}}{H_{\mathrm{inf}}}e^{2N} \,, \tag{1.1.34}$$

where M_{pl} is the reduced Planck mass, H_{inf} is the energy scale of inflation, and γ is efficiency parameter encapsulating the details of the gravitational collapse, typically $\gamma \sim 0.2$. Black holes formed in the early Universe are typically referred as *primordial black holes (PBHs)*. The range of masses of PBHs is therefore subject to the details of the concrete inflationary model. There are also other mechanisms different from inflation that could produce PBHs. A famous one is cosmic strings.

1.2 Stellar graveyard: white dwarfs, neutron stars and black holes

In the last section we have studied a generic process of gravitational collapse in a simplified toy model. Now we wish to explore a bit what are the actual stellar remnants that can form in our Universe and what is their interplay with the other fundamental forces apart form gravity. A detailed derivation of such processes goes beyond the scope of this course and here we only aim to draw the main arguments and relevant scales.

Different to other celestial bodies such as planets whose structure is supported by material pressures, stars are sustained by thermonuclear power. Starting from Hydrogen, the core of the stars converts lighter elements into heavier ones by fusion emitting heat that supports its structure. How far the fusion leads the core to climb up the periodic table is very sensitive to the star's mass, rotation, magnetic field and chemical composition. In any case, when the nuclear fuel is used (at most until iron since its binding energy per nucleon decreases, meaning that heavier elements cannot release the extra energy needed to compensate the additional gravity due to the contraction), the star compresses and there are two options: *i)* the star reaches equilibrium again due to
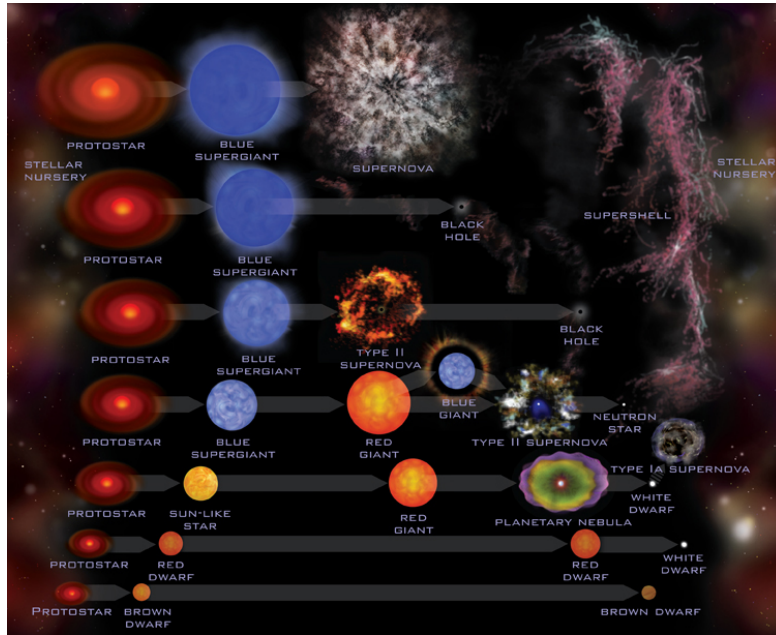
Figure 1.3. Schematic diagram of the different outcomes of stellar evolution. Image credit Chandra.

non-thermal forces or *ii)* the star continues gravitational collapse. The most relevant non-thermal pressure is associated to the Pauli exclusion principle that prevents fermions to occupy the same (quantum) state, also known as Fermi pressure.

When a star is supported by the Fermi pressure of electrons then it is a *white dwarf (WD)*. When a star is supported by the Fermi pressure of neutrons it is a *neutron star (NS)*. Beyond Fermi pressure and nuclear forces there are no other source of energy to prevent the gravitational collapse. Therefore, once one passes the support of NS one end up with a BH. This is why when we think about the remnants of stars, referred sometimes as the *stellar graveyard*, these are WDs, NSs and BHs. A schematic diagram of the different routes of stellar evolution is presented in Fig. 1.3. Something that we did mention though is that through this process of collapse, there could be instabilities triggered that will end up in runaway processes leading to explosion. These are of course the *supernovas*.

Explore: Boson stars

As we have seen the Fermi pressure is a basic ingredient to balance the gravitational pull and form stable stars when the object is composed of fermions. Matter in the standard model of particle physics is made of fermions, so this should cover it all. However, there could be additional fundamental particles of bosonic type. How then a stable configuration could be form? The key is self-interaction and

---

9

the simplest example is a complex scalar field [5].

1.2.1 Maximum mass of white dwarfs

We now wish to investigate a bit further the stability of WDs.[4] As explained above, these are stars that are supported by the Fermi pressure of the electrons. The gravity, on the other hand, is driven by the mass of the nuclei ($m_e \ll m_p, m_n$). The balance between these two forces determine the stability of a WD for different configurations. In particular, we are interested in finding what is the maximum mass for which the electron Fermi pressure can no longer counterbalance the gravity, i.e. the maximum mass of a WD.

To get a taste of the problem we are first going to do a rough estimate. We assume a spherically symmetric star of radius R made of A electrons. To ensure neutrality we take A protons. Since electrons cannot occupy the same state, we can think of their wavelength λ as associated to their number density within star, $n_e \sim A/R^3$. This corresponds to a scaling of $\lambda \sim R/A^{1/3}$. The more compact the star is, the larger the frequency and therefore energy and momentum:

$$p \sim \hbar/\lambda \sim A^{1/3}\hbar/R. \tag{1.2.1}$$

Assuming that the electrons have been compressed enough to be relativistic, $E = \sqrt{p^2c^2 + m_e^2c^4} \approx pc$, the total Fermi energy is roughly

$$E_F \sim A(pc) \sim A^{4/3}\hbar c/R. \tag{1.2.2}$$

This energy is compensated by the gravitational interaction driven by the protons

$$E_G \sim -G(m_p A)^2/R. \tag{1.2.3}$$

The total energy is $E_T = E_F + E_G$ and scales as $1/R$. For a sufficient number of electrons A within a radius R then the gravitational energy wins. This determines a critical number of electrons

$$A_{\text{crit}} \sim \left(\frac{\hbar c}{G m_p^2}\right)^{3/2} \sim 10^{57} \tag{1.2.4}$$

(recall $2\pi\hbar = 6.62 \cdot 10^{-34}$Js, $G = 6.67 \cdot 10^{-11}$Nm^{2}kg^2, $c = 3 \cdot 10^8$m/s and $m_p = 1.7 \cdot 10^{-27}$kg) which in turns defines a critical mass

$$M_{\text{crit}} \sim m_p A_{\text{crit}\sim} \sim M_\odot. \tag{1.2.5}$$

(recall $M_\odot = 2 \cdot 10^{30}$kg). Therefore, WDs cannot be much heavier than the Sun.

A more detailed analysis follows from solving the TOV equation (1.1.20). Modeling the star with a given EoS, one can find the maximum mass that can be supported. This

---

[4]I follow Hartle's chapters 12.1 and 24 [6].

is precisely what Chandrasekhar discovered [7]. Therefore, the maximum WD mass is known as the *Chandrasekhar limit.*

In order to solve this problem we are only missing to define the EoS of the WD. For a completely degenerate electron gas (see details in [6]) this can be found in the nonrelativistic to be

$$p = \frac{1}{5}(3\pi^2)^{3/2}\left(\frac{\hbar^2}{m_e}\right)n_e^{5/3},\qquad(1.2.6)$$

while in the relativistic one

$$p = \frac{1}{4}(3\pi^2)^{1/3}(\hbar c)\, n_e^{4/3},\qquad(1.2.7)$$

where, again, n_e is the number density of electrons. This is sometimes written in terms of the number of protons Z and nucleons A, to give the energy density ρ

$$n_e = \frac{Z}{A}\frac{\rho}{m_H c^2},\qquad(1.2.8)$$

where m_H is the mass of the hydrogen. Putting together the last two equations one then gets an EoS: $p = p(\rho)$. EoS are sometimes parametrized in terms

$$\gamma \equiv \frac{\rho + p}{p}\frac{dp}{d\rho},\qquad(1.2.9)$$

a dimensionless quantity measuring the stiffness of an EoS. For degenerate fermions in the nonrelativistic limit $\gamma = 5/3$, smoothly transitioning towards $\gamma = 4/3$ as they become relativistic. Larger γ means more increase in pressure with increases in the energy density.

For a given central density ρ_c, the TOV equations can be integrated from the center $p(\rho_c)$ to the radius of the star $p(R) = 0$. Exploring all possible central densities ρ_c, from 0 to ∞, allows to determine the family of spherical stars made of matter with the assumed EoS. The final product is a set of allowed masses $M(\rho_c)$ and radii $R(\rho_c)$ for this type of stars. An example of the solutions of the TOV equations is given in Fig. 1.4. Both the pressure and density steadily decrease from their central value to 0 at the sruface of the star, R. The mass does the opposite: increasing from 0 to M.

For WDs it turns out the maximum mass is $\sim 1.4 M_\odot$ with a radius of 1000 km for densities of about 10^{11}g/cm^3. Roughly, WDs have the mass of the Sun within the size of the Earth. This is a very compact object, but still mostly in the the Newtonian regime,

$$\frac{GM_{\text{wd}}}{c^2 R_{\text{wd}}} \sim \text{few} \times 10^{-3}\qquad(1.2.10)$$

For higher densities to 10^{11}g/cm^3, there are other relevant physical phenomena that we study next.
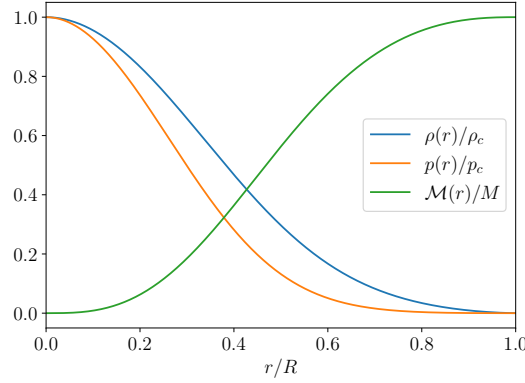
11

Figure 1.4. The stellar structure for a star with a equation of state with stiffness parameter $\gamma = 5/3$ obtained solving the Tolman–Oppenheimer–Volkoff (TOV) equations (1.1.13) and (1.1.20). M and R are the mass and radius of the star as obtained from solving the TOV equations.

Exercise 1.3: Finding hydrostatic equilibrium

Solve the TOV equations (numerically) to find the maximum mass of stars with different equations of state $p = p_c(\rho/\rho_c)^\gamma$. To do so it is convenient to rewrite the TOV equations in terms of dimensionless variables $\tilde{\rho} = \rho/\rho_c$, $\tilde{p} = p/p_c$, $\tilde{r} = r/R$ and $\tilde{\mathcal{M}} = \mathcal{M}/M$. Note that both M and R need to be obtained from the solutions themselves, but giving an initial guess serves to simplify the numerical implementation.

1.2.2 Maximum mass of neutron stars

We are now going to study the case of stars more dense than WDs. Recall that for WDs we are dealing with a star with free electrons and nuclei (this roughly occurs at $\rho \gtrsim 10^4 \text{g/cm}^3$). As the star becomes more compact, electrons become relativistic ($m_e c^2 \simeq 0.5 \text{MeV}$) at about $\rho \sim 10^6 \text{g/cm}^3$. Soon after it becomes energetically favorable to convert electrons and protons into neutrons releasing neutrinos:

$$ e^- + p^+ \rightarrow n + \nu_e \,. \tag{1.2.11} $$

This occurs at energies $\sim m_n c^2 - m_p c^2 \simeq 1.3 \text{MeV}$. As the density increases, the star becomes more and more neutron rich. At around $\rho \sim 4 \cdot 10^{11} \text{g/cm}^3$ the most energetic neutrons become unbound from nuclei. Eventually, all neutrons are free forming a fluid sometimes refered as neutron matter. This is the material of which NSs are made of.

Studying the maximum mass of NSs could be done in a similar fashion to what we have done for WDs. Neutrons are also fermions and therefore are equally subject to the Fermi pressure which mass be compensated by the gravitational pull. Differently though, the gravitational energy is also provided by the neutrons themselves. The main difficulty however of studying NSs is the fact that one could reach densities in which

12

nuclear interactions become relevant. This is a very active field of research, trying to understand how the matter within NSs behaves.

The first attempts to set this maximum mass were done by Tolman [8] and Oppenheimer–Volkoff [9] in what is now known as the *Tolman–Oppenheimer–Volkoff limit* in analogy to the Chandrasekhar limit. (Much) Later studies including nuclear interactions have set the maximum mass at around $2M_\odot$ for non-rotating NSs and about $3M_\odot$ for rapidly rotating ones [10]. A typical NS has a mass of $1.4M_\odot$ for a radius of about 10km. Therefore

$$\frac{GM_{\mathrm{ns}}}{c^2 R_{\mathrm{ns}}} \sim \text{few} \times 10^{-1} \tag{1.2.12}$$

which is 100 times the case of WDs. For NSs, relativistic effects at the surface can become important. For scale, a NS has about the mass of the Sun within the size of the urban area of Copenhagen.

Explore: Stellar-origin black hole maximum mass and the pair instability supernovae

We have just seen that there are fundamental processes in nature that prevent white dwarfs and neutron stars to form more massive than a given value. Is there a similar limit for black holes?

In fact, there is. If the core of the star is massive enough it reach energies in which it is possible to produce electron and positrons. This pair production is sourced by high energy gamma rays that no longer help supporting the star against gravity, reducing temporarily the pressure. This photon pressure reduction can makes the star compress. This can lead to a runaway process in which the higher energy of the photons leads to more pair production. Eventually, if this instability continues the star ends up in a supernova in what is known as *pair instability supernova (PISN)* [11]. The explosion ejects so much material that a massive remnant black hole cannot be formed. This process is subject to many details about stellar evolution and the composition of the star, but it is thought that it would prevent stellar-origin black holes to form above $\sim 50M_\odot$. Interestingly, for very heavy stars (which are expected to be rare on the other hand), this instability is insufficient to prevent the collapse of the star into a black hole. Therefore, it is possible that heavier black holes above $\sim 120M_\odot$ could form. This leads to the interesting observational prospect that there is a gap in the mass spectrum of stellar-origin black holes. This is sometimes called the PISN or upper mass gap. This theory is actively being probed with gravitational wave observations.

As an aside, one should note that this only refers to the direct formation of black holes from stars. Black holes of larger masses can form due to accretion or black hole mergers as we will see later. Moreover, in the context of primordial black holes it is also possible to directly collapse curvature perturbations into more massive black holes.

> Explore: Is there a black hole minimum mass?
>
> From stellar evolution (recall Fig. 1.3) we have seen that black holes only form for stars more compact that a NS. Does this mean that astrophysically black holes smaller than $1 - 3M_\odot$ cannot be formed? Well... this depends on the type of matter that the star is made of, but for "standard" configurations (i.e. material within the standard model of particle physics) this is the case.
>
> But still, what is the minimum mass of black hole forming from a star. 2, 3, 4 solar masses? This is a complicated question that requires simulating accurately the collapse of a star. Observationally, there is an interesting fact. With X-ray binaries in the Milky Way (we will talk more about this in 1.3.3) there have been observations of black holes with only $> 5M_\odot$ [], while neutron star masses are $< 3M_\odot$ as discussed before. This is sometimes referred as the *neutrons star - black hole mass gap* or *lower mass gap* when referring to all the compact binaries collectively. Interestingly, with gravitational waves there has been recently the observation of a compact object with mass between $2.5 - 4.5M_\odot$ [], squarely within this purported gap. More observation will tell if there is a new population down there!
>
> On a different note, as argued before, in the early universe it is "easy" to form black holes of any mass. Therefore, detecting sub-solar mass black holes have been though as a smoking gun for primordial black holes. If they are too small, they would however evaporate by emission of Hawking radiation.

1.3   Evidence for black holes

Since any light that falls into a black hole cannot escape, by its own nature black holes are difficult to observe. However, evidence for the existence of black holes can be obtained in several indirect ways. Essentially, the whole game is being able to weight the object and demonstrate that the mass enclosed in such volume can only be explained by a black hole. In this section we wish to make a rapid tour around these different pieces of evidence. This is not meant to be exhaustive or self-contained, but rather an invitation to explore more and a validation of the fact that nowadays we are pretty sure black holes exist in Nature.

1.3.1   Astrometry

Astrometry is the branch of astronomy dedicated to precisely measuring the position and velocities of stars. Within our galaxy, where most precise measurements are possible, observing the motion of stars has turn out to be a prolific way of finding black holes of different masses. Perhaps most well known is the study of "S stars" around Sagittarius A* (SgrA*), the super massive object at the galactic center of the Milky Way.

Before diving into the center of our galaxy, let us refresh some scales. A typical galaxy weights around $10^{12}M_\odot$. It is composed (essentially) of dark matter and stars,
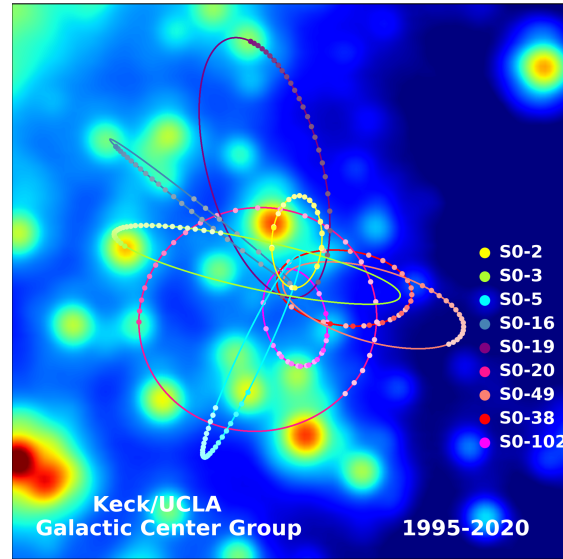
Figure 1.5. The orbits of stars within the central 1.0×1.0 arcseconds of our Galaxy. In the background, the central portion of a diffraction-limited image taken in 2015 is displayed. While every star in this image has been seen to move over the past 20 years, estimates of orbital parameters are best constrained for stars that have been observed through at least one turning point of their orbit. The annual average positions for these stars are plotted as colored dots, which have increasing color saturation with time. Also plotted are the best fitting simultaneous orbital solutions. Credit: plot and caption from UCLA Galactic Center Group.

which form a bulge of about $10^{10}M_\odot$. Typical sizes for the bulge (which is the part that we can observe directly!) are around a few kiloparsec (recall $1\text{pc} \simeq 3 \cdot 10^{16}\text{m}$). It is thought that typical galaxies host a super massive black hole (SMBH) of between 10^6 and $10^9 M_\odot$. The Schwarzschild radius of such object can be as large as $\sim 10^9\text{km}$, but this is only $\sim 10^{-4}\text{pc}$. Therefore the size of the SMBH in the center of the galaxy is much smaller than the size of the galaxy. This makes very challenging to resolve such small scales for distant galaxies.

For our own Galaxy, different observatories have been tracking the trajectories of the closest stars to SgrA^* for decades, cf. Fig. 1.5. These trajectories are described by Newtonian mechanics so that the velocity at different positions serves to bound the total mass within the orbit. Current observations determine $M_{\text{SgrA}^*} \sim 4 \cdot 10^6 M_\odot$ [12]. These amazing observations were recognized with the Nobel prize in 2020 to Andrea Ghez and Reinhard Genzel as leaders of the competing teams.

Explore: Gaia black holes

Gaia, a European space mission, aims to map a billion stars in our Galaxy. Its precision in positioning stars is unprecedented, making it the perfect instrument for astrometry. In particular, by monitoring the trajectories of so many stars it

is well positioned to find the rare cases in which a star forms a binary with a dormant black hole. These systems are very hard to detect otherwise do to the lack of additional electromagnetic emission by the black hole. There has been so far three black holes discovered in Gaia data [13–15].

1.3.2 Gravitational lensing

GR predicts that both the propagation of massive and massless particles are affected by the gravitational interaction with other objects. This means that in the same way that celestial bodies modify their trajectories according to the curvature of space-time, electromagnetic radiation can be deflected by massive objects which act as *gravitational lenses*. In fact, the deflection of light observed during the solar eclipse of 1919 was an impactful experimental test of GR. In the weak filed limit, the deflection angle produced by a compact lens is given by[5]

$$\Delta\alpha \sim \frac{4GM_L}{bc^2} = 2\frac{r_{\text{Sch}}}{b}, \qquad (1.3.1)$$

where M_L is the mass of the lens and b the impact parameter. For example, for our Sun which has $R_\odot \simeq 7 \cdot 10^5$km, a light ray passing by its surface will be deflected by $\sim 10^{-5}$ radians or ~ 2 arcsec.

Such a point lens will also have the effect of magnifying any foreground source. The angular scale at which lensing becomes relevant is

$$\theta_E = \sqrt{\frac{4GM_L}{c^2}\frac{D_{LS}}{D_L D_S}}, \qquad (1.3.2)$$

where D_L, D_S and D_{LS} are respectively the (angular diameter) distances from the observer to the lens, to the source and between the lens and the source. For short wavelengths compared to the size of the lens, a point lens always produces two images ($\pm$) and their positions and magnifications can be solved analytically, in particular

$$\mu_\pm = \frac{b^2+2}{2b\sqrt{b^2+4}} \pm \frac{1}{2}. \qquad (1.3.3)$$

When the two images cannot be resolved, an observer is only sensitive to the total flux

$$\mu_{\text{tot}} = |\mu_+| + |\mu_-| = \frac{b^2+2}{b\sqrt{b^2+4}}. \qquad (1.3.4)$$

As $b \to 0$, the magnification diverge. This means that if we are a distant source and a lens passes by then the flux of source is expected to increased significantly over a period of time. It is to be noted that the magnification does not diverge in reality, it is just a consequence of our approximations of small wavelengths and points sources. Those are

---

[5]Recall this was described in detail in Troel's course and lecture notes.

eventually broken in reality due to either the finite size of the wavelength or the finite size of the source, whatever is larger. Still, the magnifications can be very large for a point lens and a point source

$$\mu_{\max} \sim \pi t_{\mathrm{Sch}}\omega \simeq 4 \cdot 10^5 \left(\frac{M_L}{M_\odot}\right)\left(\frac{f}{\mathrm{GHz}}\right) , \qquad (1.3.5)$$

where f is the frequency of the wave. When the source has a size of R_{src}, the maximum magnification is

$$\mu_{\max} = \left(1 + 4\frac{R_E}{R_{\mathrm{src}}}\right)^{1/2} , \qquad (1.3.6)$$

where $R_E = D_L\theta_E$ is the Einstein radius of the lens.

Since it is typically difficult to know the intrinsic luminosity of a given source, the total magnification is not such a informative parameter. However, the time variability of the magnification is more robust, as this depends more directly on the source-lens configuration and not the knowledge of the source properties. In particular, to know the relevant time scale we want to compute how long the source will be within the Einstein radius of the lens. If we denote v the relative velocity between the lens and the source, this time scale is simply

$$t_\mu = \frac{R_E}{v} \simeq 0.2\mathrm{yr} \left(\frac{200\mathrm{km/s}}{v}\right)\left(\frac{M_L}{M_\odot}\right)^{1/2}\left(\frac{D_L}{10\mathrm{kpc}}\right)^{1/2}\left(\frac{D_{LS}}{D_S}\right) . \qquad (1.3.7)$$

Therefore, for solar-mass compact lenses with typical velocities of hundreds of kilometers per second within our galaxy the duration of the magnification is of the order of a fraction of a year. Larger lenses are therefore more challenging to constrain as one needs to monitor the source for longer time. In essence this was the idea of Paczynski, who proposed this as a method to map stellar mass compact objects in our Galaxy [16]. Different surveys have pursued this search such as MACHO, EROS and most recently OGLE. The best candidate to date for an isolated black hole using this lensing method is OGLE-2011-BLG-0462.

Exercise 1.4: Gravitational telescopes

Due to the effect of gravitational lensing, structures in the universe can become "gravitational telescopes" magnifying distant objects. Black hole are among the most efficient lenses. They are also the simplest as they can be described by point lenses. For a universe filled of black holes of the same mass, compute the probability that a source is amplified with a magnification larger than 10.

1.3.3 Electromagnetic emission

Due to the large gravitational attraction around a black hole, any surrounding material that is being accreted can experience significant accelerations, heating up and emitting electromagnetic (EM) radiation. The key to identify such source of radiation as a black
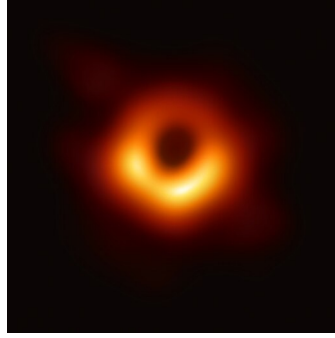
Figure 1.6. Image of the supermassive black hole at the center of our neighbor galaxy, Messier 87, captured by the Event Horizon Telescope [18].

hole is to demonstrate that no other object could source such amount of power in such a small region.

It has been known since the 1960s that there are extremely bright quasi-stellar objects at large distances [17]. These quasi-stellar objects, also known as *quasars*, are particularly surprising because of their small size (this is why initially they were confused with stars) and high luminosity. A Quasar is nowadays understood as very luminous active galactic nucleus (AGN). Quasar luminosities can be 10^4 times brighter than the luminosity of all stars in a galaxy. Therefore, in the most distant cases, only the quasar itself and not the host galaxy is observable. The energy powering these powerful quasars is thought to come from the gravitational binding energy liberated during the accretion as well as the EM extraction of the rotational energy of the BH.

At a much smaller scale, a BH that form in a binary star system can also lead to significant EM emission. Note that 2/3 of all stars are members of binary systems! If one of them undergoes a supernova to end up in a BH, then trajectory of the companion star will be affected and new effects will arise. In particular there could be a periodic lensing of the star. However, more importantly, the BH can accrete the star emitting large amounts of energy. Binary systems discovered in this way are known as *X-ray binaries* because of the observed frequencies. Many X-ray binaries have been identified in the galaxy. However, not all of them contain a BH since, as we have seen before, WDs and NSs are also natural stellar remanents. Therefore, the key for identifying a BH within a X-ray binary is to be able to measure its mass and, in particular, to prove that it is larger than $\gtrsim 3M_\odot$. This can be (partially) done thanks to the Doppler shift of the radial velocity which contains information about the masses in the binary. With additional information about the mass of the star, which can be estimated from its spectrum if it is a common star, then the mass of the potential BH can be inferred.

Explore: Imaging a black holes

Although a direct image of the black hole interior is not possible, one can hope to construct a telescope with enough resolution to see in detail the surroundings of a black hole down to the photon ring, the last stable photon orbit. This is precisely what the Event Horizon Telescope (EHT) is set to do through very-long-baseline interferometry. And, of course, they did it! We have now pictures of black holes, in particular the one in our own Galaxy and in our closest neighbor, Andromeda. The image of the later is presented in Fig. 1.6 where one can see the expected ring like structure. The actual size of the inner ring and its relation to the photon ring is an active area of research since its detectability with current telescopes is subject to the details of the accretion disk around the black hole. In any case, this observation already serves to measure the mass of the black hole in a completely independent way. This measurement is most interesting for the black hole in our Galaxy as we have precise astrometric measurements to compare with.

1.3.4 Binary coalescence

When two black holes encounter with each other and collide, they perturb the space-time around them producing gravitational waves (GWs) that travel across the cosmos. These waves encode information about the masses of the binary and its shape is a firm prediction of GR.

The frequency of these waves is correlated with the orbital motion of the binary. As the black holes approach each other they orbit in a faster way. It is easy to guess that the amplitude of the wave will be larger when the black holes are about to merge (and therefore also easier to detect!). For a binary of similar masses, an order of magnitude of the frequency of a GW around merger time can be obtained by considering that is should inversely proportional to the Schwarzschild crossing time of both hole. This rough approximation shows that

$$f \sim \frac{1}{2\pi} \frac{1}{2t_{\text{Sch}}} \sim 800\text{Hz} \left(\frac{10 M_\odot}{M} \right) . \tag{1.3.8}$$

Therefore black holes of tens of solar masses will merge with frequencies of hundreds of Hz (this is much larger than any electromagnetic transient!). Similarly, if we expect that spacetime close to merger leads to a distortion of order one, an order of magnitude estimate of the amplitude h leads to

$$h \sim \mathcal{O}(1) \frac{r_{\text{Sch}}}{r} \sim 10^{-23} \left(\frac{1\text{Gpc}}{r} \right) \left(\frac{M}{10 M_\odot} \right) . \tag{1.3.9}$$

In words, black holes of tens of solar masses merging at cosmological distances will have very small amplitudes in our detectors.

The waveform of the first GW detected is presented in Fig. 1.7. On the top panel one can see the time domain waveform with its characteristic insparal, merger and ring-down
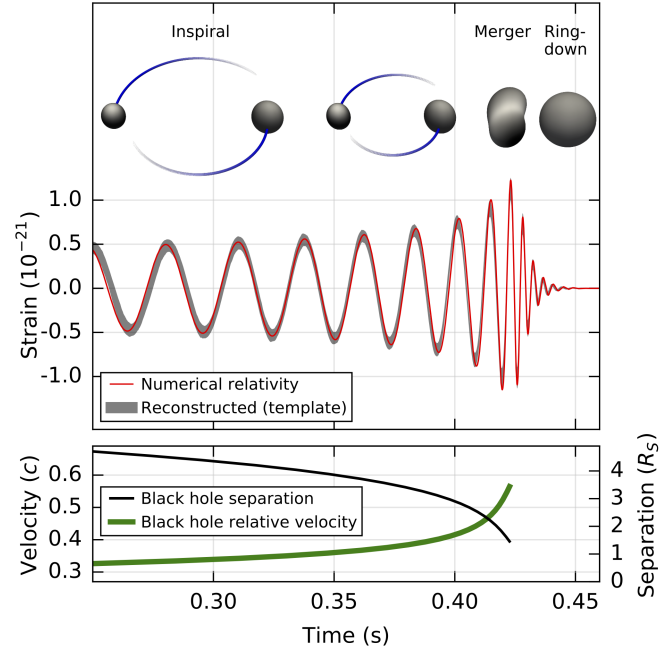
Figure 1.7. GW150914, the first detection of a binary black hole merger [19]. The top panel shows the strain as a function of time. The lower panel shows the relative velocity and separation of the objects as they merge. The velocity is a fraction of the speed of light, c, and the separation just a few Schwarzschild radius, R_S. For more details about the first GW detection, see the science summary.

phases. This was a binary of $\sim 30 M_\odot$ merging at ~ 400Mpc. The merger frequency was about 250Hz. On the bottom panel one can see the orbital separation and the velocity. As the black holes are about to merge they are moving almost at the speed of light!

These binary coalescences are fascinating and their study will be the focus of the rest of the course.

When black holes meet each other

The goal of this chapter is to study the gravitational wave (GW) emission produced during the coalescence of two black holes. These GWs are intrinsically small and, consequently, we need to start by reviewing some basic concepts about general relativity (GR) in the limit of small perturbations, i.e. *linearized gravity*.[1] The starting point is to perturb slightly our metric $g_{\mu\nu}$ around a given background. We will call this perturbation $h_{\mu\nu}$ and it must satisfy $|h| \ll 1$. For simplicity we start perturbing around a flat background $\eta_{\mu\nu}$.[2] This has the advantage that there is a well defined separation between the (fixed) background metric and the perturbations. Then, applying this decomposition

$$g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu} \tag{2.0.1}$$

to the Einstein field equations one arrives at the following equation describing the evolution of h:

$$\Box h_{\mu\nu} = -16\pi G \left(T_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}T \right) , \tag{2.0.2}$$

where $\Box$ is the D'Alembertian operator in flat spacetime: $\Box = \partial^{\mu}\partial_{\mu} = -c^{-2}\partial^2/\partial t^2 + \partial^2/\partial \vec{x}^2$. Famously this describes the propagation of GWs.

The linearized Einstein equations admit plane wave solutions. To show that, we focus on the vacuum solution $\Box h_{\mu\nu} = 0$ and make the following ansatz

$$h_{\mu\nu}(x) = \text{Re}\left[A_{\mu\nu}(x)e^{i\theta(x)} \right] . \tag{2.0.3}$$

We further define the wave-vector $k_{\mu} \equiv \partial_{\mu}\theta$ and the scalar amplitude A and the polarization vector $\epsilon_{\mu\nu}$ so that $A_{\mu\nu} \equiv A\epsilon_{\mu\nu}$. The polarization tensor is normalized so that $\epsilon^{\mu\nu}\epsilon^*_{\mu\nu} = 1$ and $A = \sqrt{A^*_{\mu\nu}A^{\mu\nu}}$. We will assume that the phase θ varies rapidly compared

---

[1]This is covered in detail in Troel's course and lecture notes.

[2]We will relax this assumption in 3.1 where we will consider perturbations around a curved background. Note that this was also covered in the first part of the course by Maarten.

to the amplitude A. This can be formally implemented by introducing an expansion parameter ε and substituting $\theta \to \theta/\varepsilon$.[3] Anyhow, at leading order (ε^{-2}) from the wave equations one finds

$$\eta_{\mu\nu}k^{\mu}k^{\nu} = 0 \,. \tag{2.0.4}$$

This equation also implies that $\nabla_{\nu}(k_{\mu}k^{\mu}) = 2k^{\mu}\nabla_{\nu}k_{\mu} = 0$, which can be rewritten as

$$k^{\mu}\nabla_{\mu}k_{\nu} = 0 \,, \tag{2.0.5}$$

using that the derivatives on θ commute (because it is a scalar). In words, GWs travel along null geodesics and propagate at the speed of light. At next to leading order (ε^{-1}) one has from the wave equation

$$2k^{\alpha}\nabla_{\alpha}A_{\mu\nu} + A_{\mu\nu}\nabla^{\alpha}k_{\alpha} = 0 \,, \tag{2.0.6}$$

which can be rewritten in terms of the scalar amplitude and the polarization tensor. Introducing the scalar amplitude is handy because one can realize that

$$\begin{aligned} k^{\mu}\nabla_{\mu}(A^2) &= 2Ak^{\mu}\nabla_{\mu}A \\ &= k^{\mu}\nabla_{\mu}\left(A^*_{\alpha\beta}A^{\alpha\beta}\right) = A^2\nabla^{\mu}k_{\mu} \,, \end{aligned} \tag{2.0.7}$$

where the first equality of each line is just (trivially) rewriting the formula and in the last equality of the second line we have use (2.0.6). With this result then (2.0.6) implies

$$\nabla^{\mu}(A^2 k_{\mu}) = 0 \,, \tag{2.0.8}$$
$$k^{\alpha}\nabla_{\alpha}\epsilon_{\mu\nu} = 0 \,. \tag{2.0.9}$$

The first equation indicates that the number of gravitons is conserved (in analogy to having a conserved current $\nabla^{\mu}j_{\mu} = 0$), while the second equation implies that the polarization tensor is parallel transported. Note that at leading order (ε^{-1}) the Lorenz gauge condition implies

$$k^{\alpha}\epsilon_{\alpha\mu} = 0 \,, \tag{2.0.10}$$

i.e. the polarization is orthogonal to the rays. The next orders, ε^0 and higher, would solve for the actual propagation. From our initial ansatz one gets

$$\Box A_{\mu\nu} = 0 \,, \tag{2.0.11}$$
$$\nabla^{\alpha}A_{\alpha\mu} = 0 \,, \tag{2.0.12}$$

for the wave equation and the gauge condition. Note that we could have also added higher order terms in our initial ansatz for the amplitude, i.e. $h_{\mu\nu} = \left(A_{\mu\nu} + \varepsilon A^{(1)}_{\mu\nu} + \cdots\right)e^{i\theta/\varepsilon}$, and those would modify these last two equations. Moreover, one could have taken an alternative, more restrictive setup in which the amplitude tensor $A_{\mu\nu}$ and the wavevector

---

[3]For further context this is the eikonal or shortwave expansion that will appear in full glory when solving the GW propagation on a curved background.

$k_m u$ are constant. Then there is no need to distinguish between the variation of the amplitude and the phase because, by definition, only the phase varies. In this case the plane wave solution is $h_{\mu\nu}(x) = A_{\mu\nu}e^{ik_\alpha x^\alpha}$. This is the typical choice in textbooks when introducing GWs for the first time.

The final piece of information about the vacuum propagation of GWs is the number of independent polarizations. Inherited form the metric perturbation, the polarization tensor is symmetric in its indices, $\epsilon_{\mu\nu} = \epsilon_{\nu\mu}$. In four dimensions this means that at most it could have 10 independent components. Taking into account the Lorenz condition (3.1.10), we are left with at most 6 independent components. However, not all these components are independent because there is a residual gauge freedom. In vacuum one can fix the remaining gauge degrees of freedom so that the metric perturbation is purely spatial and traceless, i.e. $\epsilon_{0\mu} = 0$ and $\epsilon_\mu^\mu = 0$ (note that for the traceless part we need vacuum). Altogether, in the transverse-traceless (TT) gauge there are only two polarization degrees of freedom:

$$\epsilon_{\mu\nu}(x) = \epsilon_+(x)\hat{\epsilon}_{\mu\nu}^+ + \epsilon_\times(x)\hat{\epsilon}_{\mu\nu}^\times \tag{2.0.13}$$

If ones fixes the propagation in the $\hat{z}$ direction then, explicelty,

$$\epsilon_{\mu\nu} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & \epsilon_+ & \epsilon_\times & 0 \\ 0 & \epsilon_\times & -\epsilon_+ & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} . \tag{2.0.14}$$

The TT-gauge is specially convenient because it fully fixes all the gauge freedom and relates nicely with the linearized Riemann tensor

$$R_{i0j0} = -\frac{1}{2}\ddot{h}_{ij}^{TT} . \tag{2.0.15}$$

In vacuum, all the components of the Riemann tensor can be determined from R_{i0j0}. The $+, \times$ polarizations then correspond to the physical propagating degrees of freedom.

Exercise 2.1: Non-radiative degrees of freedom

On a global vacuum spacetime we have seen that the equations of motion only contain two physical propagating degrees of freedom. These are *radiative* modes. On a global spacetime with matter sources, however, this is not generically true. There could be physical, *non-radiative* degrees of freedom. These modes are characterized by non-wave equations. Schematically, instead of $g_{\alpha\beta}\nabla^\alpha\nabla^\beta\phi_A = \cdots$ one has $\gamma_{ij}\nabla^i\nabla^j\phi_A = \cdots$, where γ_{ij} is the spatial metric. Derive such equations! If you are looking for inspiration, this is nicely discussed in Flanagan and Hughes review [20] as well as Carroll's book [1].

Explore: Massless spin-2 fields

We have seen that in the linearized limit, GR predicts the propagation of two physical degrees of freedom traveling at the speed of light. In the field theory language, interactions are mediated by fundamental particles. Fundamental particles can be either bosons (related to forces) or fermions (related to matter) and they are described (at least) by their mass and spin. Bosons are represented by an integer spin, $s = 0, 1, 2, 3, \cdots$, and fermions by half integers $s = 1/2, 3/2, \cdots$. The particle associated to the gravitational force is normally referred as the graviton. The fact that we have seen that gravity is mediated at the speed of light implies a massless particle. This is also refered as a lon-range forcer. But, what should be the spin of the graviton? Well, this would be a longer digression, but there is beautiful proof by Weinberg [21] showing that for a local, unitary, Lorentz invariant theory only a massless spin-2 field is consistent with the equivalence principle. In short, scalars ($s = 0$) do not couple to photons (since they couple through the trace of the energy-momentum tensor ϕT) and vectors ($s = 1$) have charges of different signs. Massless $s > 2$ particles do not have a conserved tensor (except for total derivatives) with three or more indices $T^{\mu\nu\alpha\cdots}$.

2.1 Gravitational wave generation

The vacuum GW propagation is a good representation of the behaviour of the waves at a distance point from their source, in the *far zone*. We now wish to connect this solution with the GW generation in the *near zone*. Using the trace-reversed perturbations

$$\bar{h}_{\mu\nu} = h_{\mu\nu} - \frac{1}{2}g_{\mu\nu}h, \tag{2.1.1}$$

which are equivalent to $h_{\mu\nu}$ in the TT-gauge, we can rewrite the field equations as

$$\Box\bar{h}_{\mu\nu} = -16\pi G T_{\mu\nu} + \mathcal{O}(h^2) \equiv -16\pi G \tau_{\mu\nu}, \tag{2.1.2}$$

where in the first equality we have explicitly written the higher order terms in the perturbative expansion which can be thought as additional effective sources. The last equation is just a definition of an *effective stress-energy tensor* which satisfies $\partial^\mu \tau_{\mu\nu} = 0$. Note that these field equations are *exact* since they contain all higher order terms. The above equation can be solved directly using the Green's function, since its solution is well known for a flat-space d'Alembertian operator $\Box$.[4] This is

$$\bar{h}_{\mu\nu}(t, \vec{x}) = 4G \int d^3x' \frac{\tau_{\mu\nu}(t - |\vec{x} - \vec{x}'|, \vec{x}')}{|\vec{x} - \vec{x}'|}. \tag{2.1.3}$$

Causality imposes that the solution depends on the *retarded time* $t - |\vec{x} - \vec{x}'|/c$ so that the information takes some time (c is finite!) form point $\vec{x}$ to $\vec{x}'$.

---

[4]Explicitly, the Green's function $G(x, s)$ of the flat space d'Alembertian $\Box = -c^{-2}\partial_t^2 + \partial_{\vec{x}}^2$ is $G(t, \vec{x}) = -\delta(t - |\vec{x} - \vec{x}'|/c)/4\pi|\vec{x} - \vec{x}'|$ which is obtained from $\Box G(t, \vec{x}) = \delta(\vec{x} - \vec{x}')$.

2.1.1 Newtonian limit

We will now compute the metric perturbations generated by a source in the weak-gravity regime and whose internal motion is slow compared to the speed of light. We study the solutions in the far and near zones in order to match the GW signal to the source.

Far zone solution

For a source of size R and a GW with wavelength λ, the far zone is defined as those positions at distance r in which

$$R \ll \lambda \ll r \,. \tag{2.1.4}$$

We are interested in computing the GWs at a point $\vec{x}$ and time t, taking into account the source mass distribution by integrating over all possible positions $\vec{x}'$ within the source of size R. We will define the normal vector $\hat{n}$ and the distance to the point of interest r so that $\vec{x} = r\hat{n}$. Since the distance r is much larger than the size of the source R, we could expand

$$|\vec{x} - \vec{x}'| = r - \vec{x}'\hat{n} + \mathcal{O}\left(\frac{R^2}{r}\right) = r\left(1 - \frac{\vec{x}'\vec{x}}{r} + \mathcal{O}\left(\frac{R^2}{r^2}\right)\right) \tag{2.1.5}$$

Therefore, in the far-field we can approximate at leading order $|\vec{x} - \vec{x}'| \simeq r$. Because the retardation within the source size R will be small, we can also approximate $t - |\vec{x} - \vec{x}'|/c \simeq t - r/c$. Moreover, we have already seen that in the far zone only the spatial components of the metric are relevant, that is, we will only focus on

$$\bar{h}^{ij}(t, \vec{x}) = \frac{4G}{r} \int d^3x' \frac{\tau^{ij}(t - r, \vec{x}')}{|\vec{x} - \vec{x}'|} \,. \tag{2.1.6}$$

The conservation of $\tau_{\mu\nu}$ implies the following identity (you are encouraged to prove this!)

$$\partial_0^2(x^i x^j \tau^{00}) = \partial_k \partial_l(x^i x^j \tau^{kl}) - 2\partial_k(x^i \tau^{jk} + x^j \tau^{ki}) + 2\tau^{ij} \,, \tag{2.1.7}$$

which can be used to obtain

$$\bar{h}^{ij}(t, \vec{x}) = \frac{2G}{c^4 r} \frac{d^2 I^{ij}(t - r/c)}{dt^2} \,, \tag{2.1.8}$$

if we define the quadrupole tensor

$$I^{ij}(t) = \int d^3x' \tau^{00} x'^i x'^j = \int d^3x' \rho(t, \vec{x}') x'^i x'^j + \mathcal{O}(h^2) \,, \tag{2.1.9}$$

where ρ is the energy-density. Note that upon integration the first two terms in the right hand side of (2.1.7) become boundary terms that can be made arbitrarily small by expanding the integration volume. Equation (2.1.8) is the famous *quadrupole formula* showing that GWs are generated by the quadrupole moment of accelerated energy densities. As before, the $\mathcal{O}(h^2)$ terms account for the gravitational field within the source, i.e. the self-gravity of the system.

The final solution is obtained projecting into the TT-gauge using the transverse projector operator

$$P_{ij} = \delta_{ij} - \hat{n}_i \hat{n}_j \,, \tag{2.1.10}$$

where $\hat{n}_i = x^i/r$ is the unit vector in the propagation direction. This means

$$h_{ij}^{TT}(t, \vec{x}) = \frac{2G}{c^4 r} \frac{d^2 I_{ij}^{TT}(t - r/c)}{dt} \,, \tag{2.1.11}$$

with

$$I_{ij}^{TT} = P_{ik} I^{kl} P_{lj} - \frac{1}{2} P_{ij} P_{kl} I^{kl} \,. \tag{2.1.12}$$

Near zone solution

The next step is to match this far-field solution with the corresponding near zone around the source. In the slow velocity approximation this zone is defined by

$$R \ll r \ll \lambda \,. \tag{2.1.13}$$

This is because the velocity of the source is $v \sim \omega_s R$, where ω_s is the frequency of the source. The radiation frequency will also be of order of magnitude of the source's frequency, $\omega \sim \omega_s$ (we will study the concrete example of an inspiraling binary in §2.2). Since $\lambda = c/(2\pi\omega) \sim (c/v)R$, we obtain that the slow-motion implies $\lambda \ll R$. In other words, in the non-relativistic limit, $v \ll c$, the wavelength of the radiation is much larger than the source itself.

In the Newtonian limit the metric perturbation is fixed by the Newtonian potential[5]

$$\Phi = -\frac{1}{2} h^{00} = -\frac{1}{4}(\bar{h}^{00} + \delta_{ij}\bar{h}^{ij}) \,. \tag{2.1.14}$$

As a consequence, within the near zone

$$\Phi(t, x) = -G \int d^3 x' \frac{\tau^{00}(t, \vec{x}') + \delta_{ij}\tau^{ij}(t, \vec{x}')}{|\vec{x} - \vec{x}'|} \,, \tag{2.1.15}$$

ignoring the retardation effects in the slow motion limit. The term $\delta_{ij}\tau^{ij}$ accounts for the internal stresses. Ignoring them for the moment, as they are small compared to the τ^{00} contributions by $1/c^2$, we can expand the potential in powers of $1/r$ to obtain. To do so first let us note that $|\vec{x} - \vec{x}'| \simeq r - \vec{x}\vec{x}'/r$ with the second term being a small expansion parameter and, as a consequence, the denominator is expanded as

$$\frac{1}{|\vec{x} - \vec{x}'|} = \frac{1}{r} + \frac{x^i x_i'}{r^3} + \frac{(x^i x_i')(x^j x_j')}{r^5} + \cdots \,. \tag{2.1.16}$$

---

[5]Recall that in this limit the metric looks like $ds^2 = -(1 + 2\Phi)dt^2 + d\vec{x}^2$. This corresponds to the slow-motion limit of the weak-field limit in which $ds^2 = -(1 + 2\Phi)dt^2 + (1 - 2\Phi)d\vec{x}^2$ (the spatial term is suppressed by $1/c^2$). For a spherically symmetric source, one could also derive this result directly from the Schwarzschild metric in the limit of $2GM/r \ll 1$.

Note that the x^i terms in the numerator and the r^n in the denominator can be taken out of the integral. By defining the different multipole moments, in particular, the monopole, dipole and quadrupole:

$$M \equiv \int d^3x \tau^{00}(x) \,, \tag{2.1.17}$$

$$D^i \equiv \int d^3x \tau^{00}(x) x^i \,, \tag{2.1.18}$$

$$Q^{ij} \equiv \int d^3x \tau^{00}(x) \left(x^i x^j - \frac{1}{3} r^2 \delta^{ij} \right) \,, \tag{2.1.19}$$

we can rewrite the previous expression for the Newtonian potential to obtain

$$\Phi(t, \vec{x}) = -G \left(\frac{M}{r} + \frac{D_i x^i}{r^3} + \frac{3}{2} \frac{Q_{ij} x^i x^j}{r^5} + \cdots \right) \,. \tag{2.1.20}$$

Note that higher order multipoles would contribute to h_{ij} with higher time derivatives (just using the same trick of the conservation of the stress-tensor to replace $x^i \cdots x^{i_n} \tau^{00}$ with $\partial_t^n \tau^{00}/c^n$ that we used in (2.1.7)) and, therefore, are suppressed in the slow-motion expansion by increasing powers of v/c.

However not even all these low multipoles can contribute to the radiative degrees of freedom. Conservation of energy momentum prevents any contribution from the monopole which accounts from the total mass-energy. Similarly, the dipole cannot contribute because in nearly Newtonian gravity we can always choose a reference frame in the center of mass in which $D_i = 0$. Considering the internal motion would lead to the spin dipole at leading order. However, angular momentum conservation also prevents this term to contribute. Therefore, we are left with the conclusion that only the quadrupole moment contributes at leading order. Because Q_{ij} and I_{ij} only differ by a trace, we can link the near and far zones in the TT-gauge:

$$h_{ij}^{TT}(t, \vec{x}) = \frac{2G}{c^4 r} \frac{d^2 Q_{ij}^{TT}(t - r/c)}{dt^2} \,, \tag{2.1.21}$$

Again, this is the acclaimed *quadrupole formula*.

2.1.2   Post-Newtonian expansion

We have just seen that in the Newtonian limit the GW radiation is generated by the quadrupole moments of the energy density. This is however a crude approximation as the compact objects approach to each other. We thus want a systematic approach to compute corrections to this limit. We are interested in including corrections from the slow velocity expansion v/c. Note that for a self-gravitating system of mass M the virial theorem suggests that $(v/c)^2 \sim r_{\text{Sch}}/R$ where R is the typical size of the system. We will this make an expansion in a slowly moving, weakly self-gravitating system. This is known as the post-Newtonian (PN) expansion. The PN expansion breaks down as one approaches to the strong gravity regime where $(v/c)^2 \sim r_{\text{Sch}}/R \sim 1$.

The whole business of the PN formalism is to make an expansion in a small parameter

$$\epsilon \sim (r_{\mathrm{Sch}}/R)^{1/2} \sim v/c\,. \tag{2.1.22}$$

Starting with the metric, one can note that if g_{00} is order ϵ^n, g_{0i} requires ϵ^{n+1} and g_{ij} goes to ϵ^{n+2}. In the Newtonian limit we had $g_{00} = -1 - 2\Phi/c^2$, $g_{0i} = 0$ and $g_{ij} = \delta_{ij}$ going to ϵ^2. The first PN correction will start at ϵ^2 and therefore will require going to ϵ^4. A similar expansion can be applied to the energy-momentum tensor $T^{\mu\nu}$. One can then plug in these expanded quantities to obtain corrections to the perturbed metric $h_{\mu\nu}$.

We have seen that the Green's function solution of $h_{\mu\nu}$ involves the retarded time $t - r/c$. For a generic function of the retarded time, $F(t-r/c)$, the PN expansion implies an expansion in small retardation

$$F(t - r/c) = F(t) - \frac{r}{c}\dot{F}(t) + \frac{r^2}{2c^2}\ddot{F}(t) + \cdots\,. \tag{2.1.23}$$

Each time derivative involves a factor of the frequency $\omega = 2\pi c/\lambda$. Therefore, the small retardation expansion is in fact an expansion in r/λ. In other words, the PN expansion is only valid in the near field.

2.1.3 Post-Minkowskian expansion

We now wish to make an equivalent expansion to the post-Newtonian formalism that is valid in the far zone. For that one should notice that the further we are from the source, the closer we are to flat spacetime. The corrections will be proportional to $r_{\mathrm{Sch}}/r \propto G$. Therefore, the post-Minkowskian (PM) expansion is in orders of G.

It is interesting to note that in full GR we can always define a quantity $\mathbb{h}^{\mu\nu}$ as

$$\sqrt{-g}g^{\mu\nu} = \eta^{\mu\nu} + \mathbb{h}^{\mu\nu} \tag{2.1.24}$$

which contains all differences with respect to Minkowski spacetime $\eta^{\alpha\beta}$. The appeal of this quantity is that satisfies the same equations that we were working with before

$$\Box\mathbb{h}_{\mu\nu} = -16\pi G\tau_{\mu\nu}\,, \tag{2.1.25}$$

with $\Box$ the flat space d'Alembertian and the effective stress tensor $\tau_{\mu\nu} = T_{\mu\nu} + \mathbb{t}_{\mu\nu}$ with $\mathbb{t}_{\mu\nu}$ being a pseudo-tensor constructed of $\mathbb{h}$. Therefore, we recover directly the quadrupole formula for $\mathbb{h}^{\mu\nu}$.

The PM formalism makes benefit of this fact to expand

$$\mathbb{h}^{\mu\nu} = \sum_{n=1}^{\infty} G^n \mathbb{h}_n^{\mu\nu} \tag{2.1.26}$$

and solve around $T^{\mu\nu} = 0$ so that

$$\Box\mathbb{h}_{\mu\nu} = -16\pi G\mathbb{t}_{\mu\nu}\,. \tag{2.1.27}$$

This expansion is of course only valid in the far zone. The remaining game is to solve it and then match it with the PN expansion in the near region.

2.1.4 Energy carried by a GW

GWs carry energy and produce a physical effect on nearby particles accelerating them. In the context of GR this means that GWs themselves curve the background through their energy-momentum tensor $T_{\text{gw}}^{\mu\nu}(h)$. In fact, we have already seen that GW perturbations $h_{\mu\nu}$ contribute to the energy-momentum tensor at second order in Eq. (2.1.2). We precisely wish to compute this leading order contribution $T_{\text{gw}}^{\mu\nu}(h^2)$. The only subtlety is that we need to distinguish the background metric contribution $\bar{g}_{\mu\nu}$ from the GW contribution. In general, those cannot be disentangle. Or in other words, there is not a unique definition of a local energy in GR. The trick will be again on separating the relevant scales, assuming that the typical scale of variation of the background L_B is much larger than the (reduced) wavelength of the GW $\lambda = \lambda/2\pi$. Explicitly $\lambda \ll L_B$. This is known as the *short-wave expansion* and will be covered in more detail in §3.1. For the time being, this separation of scales will be mostly only relevant when averring the energy density of the GW over a given region.

We start by expanding the Einstein field equations in vacuum up to second order in h, that is[6]

$$G_{\mu\nu} = \bar{G}_{\mu\nu}[\bar{g}] + G_{\mu\nu}^{(1)}[h] + G_{\mu\nu}^{(2)}[h] + \cdots = \frac{8\pi G}{c^4} T_{\mu\nu} \,, \qquad (2.1.28)$$

where $\bar{G}_{\mu\nu}$ is the Einstein tensor associated to the background metric. $G_{\mu\nu}^{(1)}$ is linear in h (the term we considered before) and $G_{\mu\nu}^{(2)}$ is quadratic in h (the new term). $\bar{G}_{\mu\nu}$ only contains terms associated to the background scale L_B. Therefore, it is a "long" wavelength term. On the contrary, $G_{\mu\nu}^{(1)}$ is only made of "short" wavelength modes. Finally, $G_{\mu\nu}^{(2)}$ can contain both long and short modes.[7] In this way we can split the Einstein equations in long/short modes:

$$\bar{G}_{\mu\nu} = -\left[G_{\mu\nu}^{(2)}\right]^{\text{long}} + \frac{8\pi G}{c^4}\left[T_{\mu\nu}\right]^{\text{long}} \,, \qquad (2.1.29)$$

$$G_{\mu\nu}^{(1)} = \frac{8\pi G}{c^4}\left[T_{\mu\nu}\right]^{\text{short}} - \left[G_{\mu\nu}^{(2)}\right]^{\text{short}} \,. \qquad (2.1.30)$$

The first equation solves for the background metric (including the energy carried by the GWs) and the second equation solves the propagation of the metric perturbations.

The next step is to project into the short/long modes. When those are well separated, the easiest is to introduce an additional scale l between the two:

$$\lambda \ll l \ll L_B \,. \qquad (2.1.31)$$

Then, we will average out the equations over a spatial volume with size l. We will denote this operation as $\langle \cdots \rangle$. Therefore, the background metric will be a solution of

$$\bar{G}_{\mu\nu} = \frac{8\pi G}{c^4}\left(\bar{T}_{\mu\nu} + t_{\mu\nu}\right) \,, \qquad (2.1.32)$$

---

[6]In this section I will follow mostly Maggiore's section 1.4 [22].

[7]For example in a quadratic term $\sim h_{\mu\nu}h_{\alpha\beta}$ each term can have a high wave-vector $\vec{k}_i$ but on opposite directions $\vec{k}_2 = -\vec{k}_1$ to form a low wave-vector quadratic mode.

where we have defined $\bar{T}_{\mu\nu} \equiv \langle T_{\mu\nu} \rangle$ and

$$t_{\mu\nu} \equiv -\frac{c^4}{8\pi G} \langle R^{(2)}_{\mu\nu} - \frac{1}{2}\bar{g}_{\mu\nu}R^{(2)} \rangle . \tag{2.1.33}$$

To get to the energy carried by a GW we only need to expand the Ricci tensor to second order in h and read of the components. The Ricci tensor is defined in general as

$$R_{\mu\nu} = \partial_\alpha \Gamma^\alpha_{\mu\nu} - \partial_\mu \Gamma^\alpha_{\alpha\nu} + \Gamma^\alpha_{\mu\nu}\Gamma^\beta_{\alpha\beta} - \Gamma^\alpha_{\beta\nu}\Gamma^\beta_{\mu\alpha} , \tag{2.1.34}$$

where $\Gamma^\alpha_{\mu\nu}$ is the Christoffel symbol:

$$\Gamma^\alpha_{\mu\nu} = \frac{1}{2}g^{\alpha\beta} \left(\partial_\mu g_{\nu\beta} + \partial_\nu g_{\mu\beta} - \partial_\beta g_{\mu\nu} \right) . \tag{2.1.35}$$

Therefore, schematically $\Gamma = \Gamma(\partial g)$ and $R_{\mu\nu} = R_{\mu\nu}(\partial^2 h, \partial h \partial h)$. Since we are interested in the second order terms, we only need to care about $\partial h \partial h$ terms. A great simplification will come from the average scheme we just described. This is because whenever we have the average $\langle \cdots \rangle$ of a space-time derivative term ∂_μ, tha is $\langle \partial_\alpha A^{\beta \cdots \gamma} \rangle$, then this term can be integrated by parts contributing as a boundary term.[8] Boundary terms can then be neglected since their contribution can be made arbitrarily small compared to the bulk by extending the region in which the integral is performed. If we are interested in the GW energy far from the source, we can also approximate the background metric as flat, $\bar{g}_{\mu\nu} \to \eta_{\mu\nu}$. With these tricks and approximation, together with imposing the TT-gauge ($\partial^\mu h_{\mu\nu} = 0$ and $h = 0$) and the vacuum field equations $\Box h_{\alpha\beta} = 0$, then only two terms from $R^{(2)}_{\mu\nu}$ contribute (and can be related by integration by parts) leading to

$$\langle R^{(2)}_{\mu\nu} \rangle = -\frac{1}{4}\langle \partial_\mu h_{\alpha\beta} \partial_\nu h^{\alpha\beta} \rangle . \tag{2.1.36}$$

With this results we can also see that the term $\langle R^{(2)} \rangle$ vanishes, as one can integrate by parts and use the equations of motion. Altogether, we have found

$$t_{\mu\nu} = \frac{c^4}{32\pi G} \langle \partial_\mu h_{\alpha\beta} \partial_\nu h^{\alpha\beta} \rangle . \tag{2.1.37}$$

This is the seminal result derived by Isaacson [23, 24].

The GW energy-momentum tensor (2.1.37) is gauge invariant (prove it in the exercise below!). Therefore we can substitute $h_{\mu\nu}$ with the physical modes in the TT-gauge h_+ and $h_\times$. The energy density is then

$$t^{00} = \frac{c^2}{32\pi G} \langle \dot{h}^{TT}_{ij} h^{ij}_{TT} \rangle = \frac{c^2}{16\pi G} \langle \dot{h}^2_+ + \dot{h}^2_\times \rangle , \tag{2.1.38}$$

where in the first equality we have defined the dot as $\partial_t = c\partial_0$ and in the second equality we have just expanded in the amplitudes of the two polarizations.

---

[8]Recall that $\int_V u\partial v dx = [uv]_{\partial V} - \int_V u\partial u dx$. If $u = 1$, then only the boundary term ∂V of v survives.

Finally, let us note that because the left hand side of Eq. (2.1.32) is covariantly conserved, the right hand side will be as well. Since far from the source $\bar{T}_{\mu\nu} = 0$ and the metric is approximately flat, one then has the conservation of the GW energy-momentum tensor:

$$\partial^\mu t_{\mu\nu} = 0 \,. \tag{2.1.39}$$

Exercise 2.2: Gauge invariance of the GW energy

Show that the GW energy-momentum tensor (2.1.37) is invariant under a gauge transformation

$$h_{\mu\nu} \to h_{\mu\nu} - \partial_\mu \xi_\nu - \partial_\nu \xi_\mu \,. \tag{2.1.40}$$

Energy flux

Now that we have computed the GW energy-momentum tensor we can compute its energy flux, that is the amount of energy transmitted per unit time and surface area. The GW energy inside a volume V is

$$E_V = \int_V d^3x \, t^{00} \,. \tag{2.1.41}$$

Its variation over time is therefore

$$\frac{1}{c}\frac{dE_V}{dt} = \int_V d^3x \, \partial_0 t^{00} = -\int_V d^3x \, \partial_i t^{0i} = -\int_{\partial V} dA \, n_i t^{0i} \,. \tag{2.1.42}$$

To obtain the second equality we have used the energy momentum conservation $\partial^\mu t_{\mu\nu} = 0$. The last equality is the boundary term where n^i is the normal to the surface ∂V.

We can then consider a GW propagating in the radial direction outwards. Then $dA = r^2 d\Omega$ and $\hat{n} = \hat{r}$. At sufficiently large distance the wave front is approximately a plane wave. In that case $h_{ij}^{TT}(t,r) = \frac{1}{r}f_{ij}(t-r/c)$ as we have already seen. Then, $\partial_r h_{ij}^{TT} = -\partial_0 h_{ij}^{TT} = +\partial^0 h_{ij}^{TT}$ and as a consequence

$$t^{0r} = t^{00} \,. \tag{2.1.43}$$

Using this identity we then have the energy time variation within the volume

$$\frac{dE_V}{dt} = -cr^2 \int d\Omega \, t^{00} \,. \tag{2.1.44}$$

This can then be converted directly into the energy flux that the outward propagating GW carries away

$$\frac{d^2E}{dt d\Omega} = \frac{c^3 r^2}{32\pi G}\langle \dot{h}_{ij}^{TT} \dot{h}_{TT}^{ij}\rangle \,. \tag{2.1.45}$$

This expression can be further related to the quadrupole moment Q_{ij} to obtain

$$\frac{d^2E}{dt d\Omega} = \frac{dP}{d\Omega} = \frac{G}{8\pi c^5}\langle \dddot{Q}_{ij}^{TT} \dddot{Q}_{TT}^{ij}\rangle \,, \tag{2.1.46}$$

which depends on the third time derivatives of the quadrupole moment. Since Q only depends on the propagation direction $\hat{n}$ through the projection into the TT-gauge with the P_{ij} operator, the angular part can be integrated directly (check this!). The final result is that the total radiated power P or, equivalently, the GW luminosity $\mathcal{L}$ is given by

$$\mathcal{L} = \frac{dE}{dt} = \frac{G}{5c^5} \langle \dddot{Q}_{ij} \dddot{Q}^{ij} \rangle \,. \tag{2.1.47}$$

2.2 Inspiral of compact binaries

We have seen that GWs are generated by accelerated energy densities. This can be achieved in many different systems. Astrophysically, and for current detectors, it turns out that the most relevant sources are compact binary coalescences (CBCs). The more compact the objects, the larger their GW emission as they could accelerated more. Therefore, the most relevant sources will be black holes and neutron stars forming binary black hole (BBH), binary neutron star (BNS) and neutron star black hole (NSBH). We will not enter on how such binaries could form in the first place as this would be a separate course altogether. A brief summary of the landscape of the observations so far will be given in §4. For now, in fact, our sources will be point particles, so we will not care much about them.

2.2.1 Circular orbits

We will begin by studying a binary system made of two point particles with masses m_1 and m_2 and positions $\vec{r}_1$ and $\vec{r}_2$.[9] In the non-relativistic limit of the two-body problem, the second mass moment can be written as

$$I^{ij} = m_1 r_1^i r_1^j + m_2 r_2^i r_2^j = M_{\text{tot}} r_{\text{CM}}^i r_{\text{CM}}^j + \mu r^i r^j \,, \tag{2.2.1}$$

where we have introduced the center of mass

$$\vec{r}_{\text{CM}} = \frac{m_1 \vec{r}_1 + m_2 \vec{r}_2}{m_1 + m_2} \tag{2.2.2}$$

and the relative coordinate $\vec{r} = \vec{r}_2 - \vec{r}_1$. If we locate ourselves in the center of mass frame, in the Newtonian limit the dynamics reduce to a one-body problem. The equivalent one-body has a reduced mass $\mu = m_1 m_2/(m_1 + m_2)$ and equations of motion $\ddot{\vec{r}} = -(GM_{\text{tot}}/r^3)\vec{r}$ where $M_{\text{tot}} = m_1 + m_2$ is the total mass. By Kepler's law, the orbital frequency ω_s is related to the orbital radius R by

$$\omega_s^2 = GM_{\text{tot}}/R^3 \,. \tag{2.2.3}$$

In this frame, the mass quadrupole is then

$$Q^{ij}(t) = \mu \left(r^i(t) r^j(t) - \frac{1}{3} R^2(t) \delta_{ij} \right) \,, \tag{2.2.4}$$

---

[9]For this section I follow Maggiore's chapter 4 [22] and Creighton & Warren chapter 3 [25].

where $R = |\vec{r}|$. It is interesting to note already that if there is periodic motion, for example along a given dimension $z(t) = a \cos \omega_s t$, then

$$Q^{ij}(t) = \frac{2}{3}\mu z(t)^2 \delta^{i3}\delta^{j3} = \frac{1}{3}\mu a^2(1 + cos2\omega_s t)\delta^{i3}\delta^{j3}\,. \tag{2.2.5}$$

Since h_{ij}^{TT} is sourced by the second derivative of the quadrupole moment, $\ddot{Q}_{ij}$, then a non-relativistic source performing a harmonic oscillation of frequency ω_s will produce monochromatic radiation of frequency twice that frequency: $\omega = 2\omega_s$.

For the two point particles, if we fix their motion to the xy-plane and their initial position to the y-axis,

$$\begin{aligned}
x(t) &= R\cos(\omega_s t + \pi/2)\,, \\
y(t) &= R\sin(\omega_s t + \pi/2)\,, \\
z(t) &= 0\,,
\end{aligned} \tag{2.2.6}$$

then the (non-vanishing components of the) second mass moment becomes

$$\begin{aligned}
I_{11}(t) &= \mu R^2 \frac{1 - \cos 2\omega_s t}{2}\,, \\
I_{22}(t) &= \mu R^2 \frac{1 + \cos 2\omega_s t}{2}\,, \\
I_{11}(t) &= -\frac{1}{2}\mu R^2 \sin 2\omega_s t\,.
\end{aligned} \tag{2.2.7}$$

This implies

$$\begin{aligned}
\ddot{I}_{11} &= -\ddot{I}_{22} = 2\mu R^2 \omega_s^2 \cos 2\omega_s t\,, \\
\ddot{I}_{12} &= \ddot{I}_{21} = 2\mu R^2 \omega_s^2 \sin 2\omega_s t\,.
\end{aligned} \tag{2.2.8}$$

For an observer at a distance r on the z-axis $\ddot{I}_{ij}$ is already in the TT-gauge and therefore

$$h_{ij}^{TT} = \frac{4G\mu R^2 \omega_s^2}{rc^4} \begin{pmatrix} \cos 2\omega_s t & \sin 2\omega_s t & 0 \\ \sin 2\omega_s t & -\cos 2\omega_s t & 0 \\ 0 & 0 & 0 \end{pmatrix}\,. \tag{2.2.9}$$

As pointed out before, the GW frequency is twice the orbital frequency. It is interesting to rewrite this expression in terms of the orbital velocity $\nu = R\omega_s$, which using Kepler's law can be related to the GW frequency $\omega = 2\pi f$ via

$$\nu = (\pi G M_{\text{tot}} f)^{1/3}\,. \tag{2.2.10}$$

ν is also related to the orbital period $\nu = (2\pi G M_{\text{tot}}/P)^{1/3}$ and the orbital separation $\nu = (GM/R)^{1/2}$. The observer on the axis of the binary measures the polarizations

$$h_+(t) = \frac{1}{r}\frac{4G\mu}{c^2}\left(\frac{\nu}{c}\right)^2 \cos 2\omega_s t\,, \tag{2.2.11}$$

$$h_\times(t) = \frac{1}{r}\frac{4G\mu}{c^2}\left(\frac{\nu}{c}\right)^2 \sin 2\omega_s t\,. \tag{2.2.12}$$

We can also rewrite this expression in an alternative form introducing the *chirp mass*

$$\mathcal{M}_c = \mu^{3/5} M_{\text{tot}}^{2/5} = \frac{(m_1 m_2)^{3/5}}{(m_1 + m_2)^{1/5}}, \tag{2.2.13}$$

and the GW frequency $f = \omega/2\pi = \omega_s/\pi$ to obtain

$$h_+(t) = \frac{4}{r}\left(\frac{G\mathcal{M}_c}{c^2}\right)^{5/3}\left(\frac{\pi f}{c}\right)^{2/3}\cos 2\pi f t, \tag{2.2.14}$$

$$h_\times(t) = \frac{4}{r}\left(\frac{G\mathcal{M}_c}{c^2}\right)^{5/3}\left(\frac{\pi f}{c}\right)^{2/3}\sin 2\pi f t. \tag{2.2.15}$$

For a generic observer, we need to generalize slightly the possible orientation and initial position of the binary. This can be done transforming from the *source frame* to the *wave frame* with two rotations

$$R = R_\phi R_\theta = \begin{pmatrix} \cos\phi & \sin\phi & 0 \\ -\sin\phi & \cos\phi & 0 \\ 0 & 0 & 1 \end{pmatrix}\begin{pmatrix} 1 & 0 & 0 \\ 0 & \cos\theta & \sin\theta \\ 0 & -\sin\theta & \cos\theta \end{pmatrix}. \tag{2.2.16}$$

With this transformation we obtain

$$h_+(t) = \frac{4}{r}\left(\frac{G\mathcal{M}_c}{c^2}\right)^{5/3}\left(\frac{\pi f}{c}\right)^{2/3}\left(\frac{1+\cos^2\theta}{2}\right)\cos(2\pi f t + 2\phi), \tag{2.2.17}$$

$$h_\times(t) = \frac{4}{r}\left(\frac{G\mathcal{M}_c}{c^2}\right)^{5/3}\left(\frac{\pi f}{c}\right)^{2/3}\cos\theta\sin(2\pi f t + 2\phi). \tag{2.2.18}$$

To make this expression more transparent we further introduce the Schwarzschild radius associate to the chirp mass $R_c = 2G\mathcal{M}_c/c^2$ and the reduced GW wavelength $\lambdabar = c/\omega$ to finally get

$$h_+(t) = \mathcal{A}\left(\frac{1+\cos^2\theta}{2}\right)\cos(2\pi f t + 2\phi), \tag{2.2.19}$$

$$h_\times(t) = \mathcal{A}\cos\theta\sin(2\pi f t + 2\phi), \tag{2.2.20}$$

with the amplitude

$$\mathcal{A} = \frac{1}{2^{1/3}}\left(\frac{R_c}{r}\right)\left(\frac{R_c}{\lambdabar}\right)^{2/3}. \tag{2.2.21}$$

When the binary is *face on/off* $\theta = 0, \pi$, then the amplitude of both polarizations is the same. The wave is then *circularly* polarized. On the opposite limit, when the orbit is *edge-on* $\theta = \pi/2$, then $h_\times$ vanishes and the wave is *linealry* polarized. For any other inclination, the wave is *elliptically* polarized.

For later purposes it will be useful to stop for a second and count how many parameters describe the binary. We have the two masses m_1 and m_2, the distance r, the inclination θ and the initial phase ϕ. Implicitly we also have an initial reference time t_{ref} that we have set to 0 so far.

GW luminosity

With the GW polarizations at hand we can compute the GW luminosity of an inspairaling binary. From Eq. (2.1.46) we have that

$$\frac{d\mathcal{L}}{d\Omega} = \frac{d^2 E}{dt d\Omega} = \frac{r^2 c^3}{16\pi G}\langle \dot{h}_+^2 + \dot{h}_\times^2 \rangle = \frac{2}{\pi}\frac{c^5}{G}\left(\frac{G\mathcal{M}_c \pi f}{2c^3}\right)^{10/3} g(\theta)\,, \tag{2.2.22}$$

where

$$g(\theta) = \left(\frac{1 + \cos^2\theta}{2}\right)^2 + \cos^2\theta\,. \tag{2.2.23}$$

Note that this expression is independent of ϕ because $\langle \cos^2(2\pi f t + 2\phi)\rangle = 1/2$. The angular average over the inclination angle is

$$\int d\Omega g(\theta) = 16\pi/5\,. \tag{2.2.24}$$

Altogether the GW luminosity is

$$\mathcal{L} = \frac{32}{5}\frac{c^5}{G}\left(\frac{G\mathcal{M}_c \pi f}{c^3}\right)^{10/3} = \frac{32}{5}\frac{c^5}{G}\eta^2 \left(\frac{\nu}{c}\right)^{10}\,, \tag{2.2.25}$$

where we have introduced the symmetric mass ratio

$$\eta = \frac{\mu}{M_{\text{tot}}} = \frac{\mathcal{M}_c^{5/3}}{M_{\text{tot}}^{5/3}} = \frac{m_1 m_2}{(m_1 + m_2)^2}\,. \tag{2.2.26}$$

The chirp

So far we have seen the GW emission by a compact binary system in a (fixed) circular orbit. We have studied the GWs emitted due to this motion and the energy they carry. Because this energy carried by the GWs has to come from the orbital motion, the orbit has to shrink. This is easy to see from the Newtonian energy of the orbit

$$E_{\text{orbit}} = E_{\text{kin}} + E_{\text{pot}} = -\frac{Gm_1 m_2}{2R}\,, \tag{2.2.27}$$

which follows from the virial theorem. Therefore, to compensate the loss of energy, R has to decrease. If R decreases, then the orbital frequency ω_s increases (recall Eq. (2.2.3)). Moreover, this increase of the frequency also enlarges the power radiated in GWs that in turn reduces more the orbit and increases even more the frequency. This eventually leads to the coalescence of the binary. This inspiral process is known as the *chirp* because of the rapid increase of the frequency. Despite this change in the orbital radius, as long as the variation in the frequency is not too large (also known as adiabatic)

$$\dot{\omega}_s \ll \omega_s^2\,, \tag{2.2.28}$$

then we are in the *quasi-circular* regime and our previous formulas apply noting that now the frequency of the GW is a function of time: $\omega \to \omega(t)$.

We can obtain the change in the frequency from the energy radiated. For that we equate the GW luminosity in (2.2.25) to the change in the orbital energy $-dE_{\text{orbital}}/dt$. Explicitly:

$$\mathcal{L} = \frac{32}{5}\frac{c^5}{G}\left(\frac{G\mathcal{M}_c\pi f}{c^3}\right)^{10/3} = -\frac{dE_{\text{orbital}}}{dt} = \frac{2}{3}\left(\frac{(2\pi)^2 G^2\mathcal{M}_c^5}{32}\right)^{1/3} f^{-1/3}\dot{f}, \qquad (2.2.29)$$

where in the last equality we have taken the time derivative of the orbital energy written in terms of the GW frequency f. Simplifying, we arrive at the important equation determining the frequency evolution of a binary system

$$\dot{f} = \frac{96}{5}\pi^{8/3}\left(\frac{G\mathcal{M}_c}{c^3}\right)^{5/3} f^{11/3}. \qquad (2.2.30)$$

Note that this equation is solely determined by the chirp mass. In other words, at leading order, the chirp mass controls the inspairaling of the binary.

At this level of approximation the frequency of the GW grows until it diverges at a finite time. This defines the *time of coalescence* t_c. Integrating Eq. (2.2.31), one obtains

$$f(t) = \frac{1}{\pi}\left(\frac{5}{256}\frac{1}{t_c - t}\right)^{3/8}\left(\frac{G\mathcal{M}_c}{c^3}\right)^{-5/8}. \qquad (2.2.31)$$

This can also be inverted to obtain the time to coalescence starting from a given frequency:

$$t_c - t = \frac{5}{256}\frac{1}{(\pi f)^{8/3}}\left(\frac{G\mathcal{M}_c}{c^3}\right)^{-5/3}. \qquad (2.2.32)$$

Recalling that the Schwarzschild time of $1M_\odot$ is 10μs, then

$$t_c - t \simeq 100s\left(\frac{15\text{Hz}}{f}\right)^{8/3}\left(\frac{\mathcal{M}_c}{1.21M_\odot}\right)^{-5/3}. \qquad (2.2.33)$$

Therefore, a GW signal from a binary formed of two $1.4M_\odot$ objects will take about 100 seconds to merge starting at 15 Hz. This kind of numbers will be important when understanding the duration of the signals in a GW detector. The general rule of thumb is that the lighter the binary, the longer it will take to merge starting at a fixed frequency.

Exercise 2.3: Number of cycles of a GW

A useful quantity to determine the precision of GW measurements is the number of cycles that a signal is in band in the detector. The longer, the easier it would be to characterize the signal. Noting that for a GW signal with a slowly varying period $T(t)$ the number of cycles is defined by $dN_{\text{cyc}} = dt/T(t) = f(t)dt$, compute the number of cycles that an equal mass binary of $30M_\odot$ will stay of band starting at 10Hz. How does this generalized to a binary of supermassive black holes ($\sim 10^6 M_\odot$) and a detector sensitive down to 0.1mHz?

Phase evolution

Now that we have seen how a binary system chirps, the final step is to compute how this affect the signal itself. Since the frequency is changing, the GW will not be monochromatic in time. For a time evolving wave, the orbital phase needs to be generalized to

$$\Phi(t) = 2 \int dt\, \omega_s(t) = \int dt\, \omega(t)\,. \tag{2.2.34}$$

Because the orbital phase $\Phi(t)$ and the orbital radius $R(t)$ are now functions of time,[10] we should in principle take into account their time derivatives when using the quadrupole formula. However, for an adiabatic inspiral, cf. (2.2.28), those terms are negligible. Therefore the only change that we need to apply to our previosu expressions is $\omega \to \omega(t)$ and $\omega t \to \Phi(t)$. That is

$$h_+(t) = \frac{4}{r} \left(\frac{G\mathcal{M}_c}{c^2} \right)^{5/3} \left(\frac{\pi f(t)}{c} \right)^{2/3} \left(\frac{1 + \cos^2\theta}{2} \right) \cos(\Phi(t))\,, \tag{2.2.35}$$

$$h_\times(t) = \frac{4}{r} \left(\frac{G\mathcal{M}_c}{c^2} \right)^{5/3} \left(\frac{\pi f(t)}{c} \right)^{2/3} \cos\theta \sin(\Phi(t))\,, \tag{2.2.36}$$

where the phase is given by

$$\Phi(t) = -2 \left(\frac{5G\mathcal{M}_c}{c^3} \right)^{-5/8} (t_c - t)^{5/8} + \Phi_0\,. \tag{2.2.37}$$

Here Φ_0 is an integration constant that defines the phase at the time of coalescence $\Phi_0 = \Phi(t_c) = 2\phi_c$. Because the GW frequency increases, then the time domain amplitude also increases as one approaches to the coalescence. We see, once again, that in the Newtonian limit the whole signal is controlled by the chirp mass value. Moreover, if one can measure the frequency evolution to obtain $\mathcal{M}_c$, then the amplitude of the GW polarizations gives a direct measurement of a combination of the distance r and inclination angle θ. If the polarizations can be measured separately, then in principle θ and r can be measure separately. Being able to measure absolute distances is a key distinctive of GW signals over other transients that will be crucial for the cosmological discussion that we will do later. For reference, we include a plot of the time domain signal for an inspiraling binary in Fig. 2.1.

Frequency domain signal

We have just seen what is the time domain waveform of a GW from a binary in the inspiral phase. As in many other branches of signal processing, it can be advantageous to analyze the GW data in Fourier space because the noise sensitivity is better understood there (we will see this in §4.2). Therefore, we proceed now to compute such frequency

---

[10]To see the time dependence of the orbital radius recall the relation between ω_s and R in (2.2.3) and then use the frequency evolution in (2.2.31). You will find that $\dot{\ln}R = -2\dot{\ln}\omega/3 = -1/4(t_c - t)$.
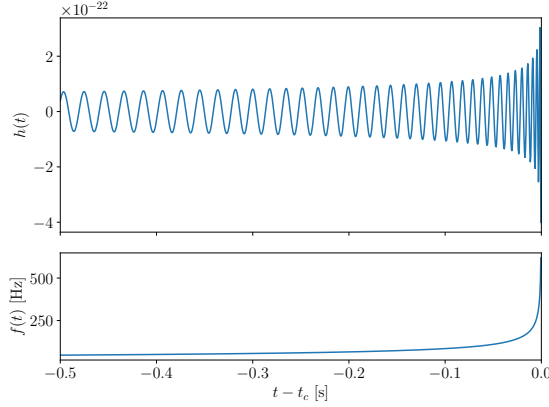
Figure 2.1. Time evolution of the GW strain (top) and frequency (bottom) for an inspiraling binary in the Newtonian limit. This corresponds to a binary with $\mathcal{M}_c = 10 M_\odot$ at 1Gpc.

domain signal. For that purpose we further rewrite Eqs. (2.2.38) and (2.2.39) to be only a function of time

$$h_+(t) = \frac{1}{r} \left(\frac{G\mathcal{M}_c}{c^2} \right)^{5/4} \left(\frac{5}{c(t_c - t)} \right)^{1/4} \left(\frac{1 + \cos^2 \theta}{2} \right) \cos(\Phi(t)) \,, \qquad (2.2.38)$$

$$h_\times(t) = \frac{1}{r} \left(\frac{G\mathcal{M}_c}{c^2} \right)^{5/4} \left(\frac{5}{c(t_c - t)} \right)^{1/4} \cos \theta \sin(\Phi(t)) \,. \qquad (2.2.39)$$

Schematically we have something like $h(t) = A(t) \cos(\Phi(t))$. We adopt the following Fourier transform convention

$$\tilde{h}(f) = \int_{-\infty}^{\infty} dt h(t) e^{i2\pi ft} \,, \qquad (2.2.40)$$

which is common in the GW community. Functions with tildes are in frequency domain. The first thing to notice is that the time domain GW strain is a *real* function, while its Fourier transform in *complex* valued. Therefore, the frequency domain signal must satisfy

$$\tilde{h}(-f) = \tilde{h}^*(f) \,, \qquad (2.2.41)$$

where * denotes the complex conjugate. This is made to ensure that the inverse Fourier transform leads to a real function

$$h(t) = \int_{-\infty}^{\infty} df \tilde{h}(f) e^{-i2\pi ft} \,, \qquad (2.2.42)$$

as you can directly verify. Eq. (2.2.41) also allows to work only with positive frequencies as the negative ones can be obtained by complex conjugation.

For a wave with a slowly varying amplitude and phase acceleration,

$$\frac{d \ln A}{dt} \ll \frac{d\Phi}{dt} \,, \qquad \frac{d^2\Phi}{dt^2} \ll \left(\frac{d\Phi}{dt} \right)^2 \,, \qquad (2.2.43)$$

38

then the Fourier transform can be solved using the *stationary phase approximation (SPA)*. We are going to show this explicitly. The first step is to rewrite the expression in terms of exponential $\int dt A e^{i\phi t}$ in which we could identify the stationary points as $d\phi/dt = 0$. Doing so:

$$\tilde{h}(f) = \frac{1}{2} \int dt A(t)(e^{i\Phi(t)} + e^{-i\Phi(t)})e^{i2\pi ft} \simeq \frac{1}{2} \int dt A(t)e^{i(2\pi ft - \Phi(t))}, \qquad (2.2.44)$$

where in the second equality we have noted that since $\dot{\Phi} = \omega(t) > 0$, then only the second term of the first integrand leads to an stationary point t_* defined by

$$\dot{\Phi}(t_*) = 2\pi f. \qquad (2.2.45)$$

Note that in finding this stationary point we have used the fact that $e^{\ln A(t)}$ varies slowly (thus the first condition in (2.2.43)). We then proceed with the standard SPA apparatus and expand the exponent to second order to get the first correction around the stationary point:

$$\tilde{h}(f) = \frac{1}{2} A(t_*)e^{i(2\pi ft_* - \Phi(t_*))} \int e^{-\frac{i}{2}\ddot{\Phi}(t-t_*)^2} = \frac{1}{2} A(t_*)\left(\frac{2\pi}{\ddot{\Phi}(t_*)}\right)^{1/2} e^{i(2\pi ft_* - \Phi(t_*) - \pi/4)}, \qquad (2.2.46)$$

where in the second equality we have used the fact that if we define a new variable $x = (\ddot{\Phi}/2)^2(t - t_*)$ we can just solve the Gaussian integral

$$\int_{-\infty}^{\infty} dx e^{-ix^2} = \sqrt{\pi}e^{i\pi/4}. \qquad (2.2.47)$$

The frequency domain signal is typically written in terms of the amplitude and phase

$$\tilde{h}(f) = \tilde{A}(f)e^{i\Psi(f)}. \qquad (2.2.48)$$

Therefore, the only remaining step is to relate t_* and f. We can do this immediately because we have already solved for $\omega = \omega(t)$ in (2.2.32), therefore

$$t_* - t_c = -\frac{5}{256} \frac{1}{(\pi f)^{8/3}} \left(\frac{G\mathcal{M}_c}{c^3}\right)^{-5/3}. \qquad (2.2.49)$$

With this expression we find for the phase

$$\Psi(f) = 2\pi ft_c - \Phi_0 - \frac{\pi}{4} + \frac{3}{4}\left(\frac{8\pi G\mathcal{M}_c f}{c^3}\right)^{-5/3}. \qquad (2.2.50)$$

Note that we have implicitly assumed that the time domain waveform varied as $\cos\Phi(t)$, which corresponds to $h_+(t)$. We should therefore define the frequency domain signal for each polarization:

$$\tilde{h}_+(f) = \bar{A}(f)e^{i\Psi_+(f)}\left(\frac{1 + \cos^2\theta}{2}\right), \qquad (2.2.51)$$

$$\tilde{h}_\times(f) = \bar{A}(f)e^{i\Psi_\times(f)}\cos\theta, \qquad (2.2.52)$$

where $\Psi_+(f)$ is given by (2.2.50) and $\Psi_\times(f) = \Psi_+(f) + \pi/2$. The amplitude on the other hand is given by

$$\bar{A}(f) = \frac{1}{\pi^{2/3}} \left(\frac{5}{24}\right)^{1/2} \frac{c}{r} \left(\frac{G\mathcal{M}_c}{c^3}\right)^{5/6} f^{-7/6} . \qquad (2.2.53)$$

Therefore, we arrive at the important conclusion that the amplitude of the GW in frequency domain scales as $|\tilde{h}| \propto f^{-7/6}$.

Now that we have the frequency domain waveform, we can compute the energy emitted as a function of frequency. Starting from the energy flux as a function of the GW polarizations in (2.1.46) we can write

$$\frac{dE}{dA} = \frac{c^3}{16\pi G} \int_{-\infty}^{\infty} dt \langle \dot{h}_+^2 + \dot{h}_\times^2 \rangle . \qquad (2.2.54)$$

For practical purposes, the spatial average $\langle \cdots \rangle$ is an average over a few periods. Therefore, it does not play any role within this integral and we can omit it. If we then introduce the definition of the Fourier transform we get

$$\frac{dE}{dA} = \frac{c^3}{16\pi G} \int_{-\infty}^{\infty} df (2\pi f)^2 \left(|\tilde{h}_+|^2 + |\tilde{h}_\times|^2\right) . \qquad (2.2.55)$$

Therefore, the energy emitted per frequency is

$$\frac{dE}{df} = \frac{\pi c^2}{2G} f^2 r^2 \int d\Omega \left(|\tilde{h}_+|^2 + |\tilde{h}_\times|^2\right) . \qquad (2.2.56)$$

If we include next the inspiral waveforms we arrive at

$$\frac{dE}{df} = \frac{\pi^{2/3}}{3G} (G\mathcal{M}_c)^{5/3} f^{-1/3} . \qquad (2.2.57)$$

With the energy emission per unit frequency, one can compute the spectrum of a stochastic background of inspiral signals. It is customary to report this as a function of the energy density per logarithmic frequency normalized to the critical energy density of the universe $\rho_c = 3c^2 H_0/8\pi G$:[11]

$$\Omega_{\text{gw}}(f) = \frac{1}{\rho_c} \frac{d\rho(f)}{d\ln f} . \qquad (2.2.58)$$

The stochastic GW background integrates all contributions from compact binaries of a given class over cosmic time. Therefore, if we have a population of binaries with a merger rate density $\mathcal{R}(z)$, then the above expression translates to

$$\Omega_{\text{gw}}(f) = \frac{f}{\rho_c} \int dz \frac{R(z)}{(1+z)H(z)} \frac{dE}{df} , \qquad (2.2.59)$$

---

[11]This normalization arises to give a cosmological context to this background that can then be directly compared to the fractional density of photons, neutrinos or any other component in the universe.

where the redshift factor $1 + z$ dependence and the Hubble parameter $H(z)$ appear when changing from integrating in cosmic time to redshift. For inspiraling binaries, there is a characteristic

$$\Omega_{\text{gw}}(f)|_{\text{inspiral}} \propto f^{2/3} \tag{2.2.60}$$

spectrum.

Before we conclude this section we should note that so far we have studied the inspiral of a binary over flat space time at leading order. As the compact object get close to each other strong gravity effects become important. The Schwarzschild geometry predicts that there is a minimum radius for circular orbits, the *inner most stable circular orbit (ISCO)*. Beyond this point, the two objects plunge into each other. In the test mass limit, when the reduced mass μ is much smaller than the total mass, $\mu \ll M_{\text{tot}}$, this is given by

$$r_{\text{ISCO}} = \frac{6GM_{\text{tot}}}{c^2} = 3r_{\text{Sch}}(M_{\text{tot}}) \,. \tag{2.2.61}$$

This translates into a maximum frequency for the inspiral phase which can be obtained using the Keplerian relation (2.2.3) to obtain a GW frequency

$$f_{\text{ISCO}} = \frac{1}{6\pi\sqrt{6}} \frac{c^3}{GM_{\text{tot}}} \,. \tag{2.2.62}$$

Exercise 2.4: Inner most stable circular orbit

A compact binary transitions from the inspiral to the merger phase at around the inner most stable circular orbit (ISCO). We have derived the inspiral waveform in the frequency domain using the stationary phase approximation (SPA). In the test mass limit, when the reduced mass μ is much smaller than the total mass, $\mu \ll M_{\text{tot}}$, determine up to which frequency is the SPA valid.

Explore: Elliptic orbits

A natural extension of our quasi-circular study is to consider two point particles in a Keplerian elliptic orbit. In this case the orbit is characterized by a semi-major axis a and an eccentricity e. The circular limit is achieved when $e \to 0$ and, as a consequence $a \to R$. The total radiated power is modified to

$$P = \frac{dE}{dt} = \frac{32G^2\mu^2 M_{\text{tot}}^3}{5c^5 a^5} f(e) \tag{2.2.63}$$

where

$$f(e) = \frac{1}{(1-e^2)^{7/2}} \left(1 + \frac{73}{24}e^2 + \frac{37}{96}e^4\right) \tag{2.2.64}$$

This is the classical result from Peters & Mathews in 1963 [26]. Importantly, an eccentric binary (rapidly) circularizes due to GW emission.

> **Exercise 2.5**: Hulse-Taylor pulsar
>
> The Hulse-Taylor pulsar is a binary neutron star system in which one of the neutron stars is a pulsar. A pulsar is a highly magnetized rotating neutron star that emits pulses of electromagnetic radiation. Pulsars are fantastic astronomical objects because they serve as clocks. Their EM emission has a reliable periodcity. In this case a clock to time the shrink of the orbit due to the GW emission. The Hulse-Taylor pulsar was the first system of this kind to be discovered. Compute the energy loss by GW of this system. This was the first indirect evidence of the existence of GWs. The discovery of this system received the Nobel Prize in Physics in 1993.

2.2.2 Beyond the Newtonian limit

In our treatment so far we have assumed a Newtonian motion of a binary made of point particles and computed its GW emission. This set of assumptions can be broken in many directions. For example, we could add effects to each particle such spin. We could also compute corrections as one approaches to strong-field gravity near merger. Similarly, each object has a finite size and its composition is relevant to compute tidal effects.

2.3 Full waveforms: inspiral, merger, ringdown

The coalescence of a compact binary is typically divided in three phase: inspiral, merger and ring-down. The inspiral phase is all we have studied so far. It is the situation in which we can obtain analytical solutions for the motion of the binary. These solutions can be obtained to increasing order of precision including higher order corrections. However, eventually, the system reaches a point in which the gravity is at its greatest stage and the strong-filed evolution can only be solved numerically. This is the merger phase. Numerical relativity has demonstrated an enormous strength in providing waveform models, but it is limited by its (still) very large computational cost. Matching the inspiral and merger phase consistently its a whole industry on its own and defines different classes of waveform models used in the community. However, after the objects have merged, the remnant stabilizes and one inevitably reaches a point of small perturbations around a single compact object. For the case of a black holes this can be studied through perturbation theory as you have learned in the first part of the course. This is the ringdown phase.

Exploring the construction of inspiral-merger-ringdown waveforms goes beyond the scope of this course. We can still describe its qualitative features from Fig. 2.2.
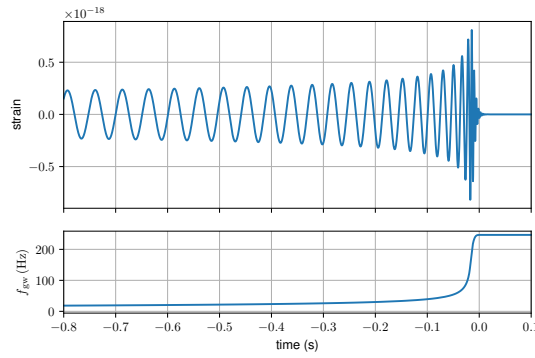
Figure 2.2. Full waveform for a GW including the inspiral, merger and ringdown. The top panel shows the time domain waveform while the bottom panels shows the frequency evolution.

Gravitational waves across the cosmos

In the last chapter we have studied how GWs are generated during the coalescence of a compact binary. Our next task is then investigate the propagation of such waves. We have seen already that over flat backgrounds they propagate according to a simple wave equation

$$\Box_{\text{flat}}\bar{h}_{\mu\nu} = \partial_\alpha\partial^\alpha h_{\mu\nu} = 0 \tag{3.0.1}$$

and we have even included second order corrections to compute the GW back-reaction and the energy that they carried. We did not pay much attention though to the effect of the background geometry on the GWs themselves and their propagation's properties. This is precisely the goal of this chapter.

3.1 Propagation in curved backgrounds

To study the propagation of GWs on curved space-times we need to be able to distinguish between the GW and the background metric in the first place! This can be done in very different ways depending on the problem at hand. For example, the background could be a smooth function and the perturbations the ripples on top, or the background could have a symmetry (e.g. spherical symmetry) that the perturbations break, or the background could be at a particular state (e.g. equilibrium) that the perturbations deviate from. In §2.1.4 we used an approach in which we introduced a separation of scales between the GW (reduced) wavelength λ and the typical scale of variation of the background L_B, so that they satisfy $\lambda \ll L_B$. For the moment we will *not* make such assumption. The only thing we will demand is that the amplitude of the GW perturbation $\mathcal{A}$ is small, as compared to the typical value of the background $|h_{\mu\nu}| \lesssim |\bar{g}_{\mu\nu}|\mathcal{A}$, where $\bar{g}_{\mu\nu}$ is the

background metric. With this condition in mind we will be making the decomposition[1]

$$g_{\mu\nu} = \bar{g}_{\mu\nu} + h_{\mu\nu} \,. \tag{3.1.1}$$

Focusing our analysis to linear order in h implies that the inverse metric is given by $g^{\mu\nu} = \bar{g}^{\mu\nu} - h^{\mu\nu}$ with $h^{\mu\nu} = \bar{g}^{\mu\alpha}\bar{g}^{\nu\beta}h_{\alpha\beta}$.

For the moment we will restrict to propagation in vacuum, therefore, $R_{\mu\nu} = 0$. Expanding the field equations as in §2.1.4, we are therefore interested in the solutions of the linear propagation of the modes:

$$R^{(1)}_{\mu\nu}(h) = 0 \,. \tag{3.1.2}$$

Expanding the Ricci tensor to linear order in h is something you already did in the first part of the course. Refreshing you about the notation for the trace-reversed perturbation in a curved background

$$\bar{h}_{\mu\nu} = h_{\mu\nu} - \frac{1}{2}\bar{g}_{\mu\nu}h \,, \tag{3.1.3}$$

where the trace is $h = \bar{g}^{\mu\nu}h_{\mu\nu}$ and the Lorenz gauge

$$\nabla^{\mu}\bar{h}_{\mu\nu} = 0 \,, \tag{3.1.4}$$

where the covariant derivative is w.r.t. to the background metric, the propagation equation is given by

$$\Box\bar{h}_{\mu\nu} + 2\bar{R}_{\alpha\mu\beta\nu}\bar{h}^{\alpha\beta} = 0 \,, \tag{3.1.5}$$

where $\Box$ is the D'Alembertian operator over the background metric and $\bar{R}_{\alpha\mu\beta\nu}$ the Riemann tensor also for $\bar{g}_{\mu\nu}$.[2] This is the main equation that we now want to solve. It carries all the information about the interactions of the linear perturbations with the background. However, by its own construction, it neglects non-linear effects. It is important to emphasize that Eq. (3.1.5) is indeed valid for *any* ratio of λ/L_B. In what comes next we will first focus in the short-wave expansion $\lambda \ll L_B$ in order to understand the cosmological propagation in §3.2. We will then study in §3.3 the full linear propagation (for any wavelength) for a simplified (weak-field) background, i.e. GW lensing. Finally we will relax the vacuum approximation to understand interaction of GWs with sources (either matter or non-linear effects) in §**??**.

> ### Explore: Scattering of GWs with the background metric
>
> For situations in which the curvature scale is smaller than the typical GW wavelength, $L_B \lesssim \lambda$, an interesting phenomenon is the scattering of GWs with the

---

[1]For the first part of this section I follow chapter 35 of Misner-Thorne-Wheeler [27] as well as an unpublished chapter on gravitational wave propagation by Kip Thorne [28] that can be found here.

[2]Note that one could get a similar equation for $h_{\mu\nu}$ noting that, in vacuum, the contributions from $\bar{R}_{\mu\nu}$ have to be sourced by the GWs and, as a consequence, they are of order $(\partial h)^2 \sim \mathcal{A}^2/\lambda^2$. Then, a term $\bar{R}_{\alpha(\mu}h^{\alpha}_{\nu)}$ (where the parenthesis indicates symmetrization of the indices) would be of higher order, $\mathcal{A}^3/\lambda^2$.

background metric. As you have studied in the firs part of the course, this is particular important effect when computing the normal mode vibrations of black holes [29]. This effect is also important for the production of tails of waves in the near zone [30, 31] and radiative tails in the far zone [32, 33].

3.1.1 Short-wave expansion

We are now going to solve the linearized GW propagation in curved, vacuum space-times (3.1.5) in the limit of $\lambda \ll L_B$, this is known as the *short-wave* expansion or *eikonal* approximation. To make it more convoluted, it is also referred as the *geometric optics* limit and the Wentzel–Kramers–Brillouin (WKB). The truth is that there are so many names because this is a very standard approach to solve the wave propagation appearing in many branches of physics and, most notably, in optics. Besides the possible nomenclature confusion, we will focus on the physical properties that describe the wave propagation in this regime.

We are going to follow a similar approach to the one we used for linearized perturbation around flat space-times (recall (2.0.3)) and expand the metric perturbations in an amplitude and a phase

$$h_{\mu\nu}(x) = \mathrm{Re}\left[\left(A_{\mu\nu}(x) + \varepsilon A_{\mu\nu}^{(1)}(x) + \varepsilon^2 A_{\mu\nu}^{(2)}(x) + \cdots\right) e^{i\theta(x)/\varepsilon}\right], \qquad (3.1.6)$$

where ε is a "dummy" expansion parameter that just help us remember that phase θ oscillates faster than the amplitude and that the amplitude can have higher order corrections $A_{\mu\nu}^{(n)}$. We make the same definitions for the wavevector $k_\mu = \partial_\mu\theta$, scalar amplitude $A = \sqrt{A_{\mu\nu}^* A^{\mu\nu}}$ and polarization vector $\epsilon_{\mu\nu} = A_{\mu\nu}/A$ that satisfies $\epsilon_{\mu\nu}^* \epsilon^{\mu\nu} = 1$. The amplitude tensors $(A_{\mu\nu}, A_{\mu\nu}^{(1)},...)$ are all complex valued. As we did before, we solve iteratively in powers of ε. The main difference will be the presence of $2\bar{R}_{\alpha\mu\beta\nu}\bar{h}^{\alpha\beta}$ that effectively behaves as a mass term.[3] At leading order (ε^{-2}) we get

$$\bar{g}_{\mu\nu}k^\mu k^\nu = 0, \qquad (3.1.7)$$

which is equivalent to the flat spacetime propagation changing $\eta \to \bar{g}$. Similarly we get $k^\mu \nabla_\mu k_\nu = 0$ but now for the covariant derivative on the curved background. Therefore, at leading order, GWs still travel along null geodesics and propagate at the speed of light. In the context of geometric optics, null geodesics are also known as *rays*. At next to leading order (ε^{-1}) we obtain the conservation of gravitons and the parallel transport of the polarization tensor:

$$\nabla^\mu(A^2 k_\mu) = 0, \qquad (3.1.8)$$

$$k^\alpha \nabla_\alpha \epsilon_{\mu\nu} = 0. \qquad (3.1.9)$$

---

[3]In the 1D problem for a scalar field $\phi(x)$ in flat space time then $(-c^{-2}\partial_t^2 + \partial_x^2 + m^2)\phi = 0$.

At this order (ε^{-1}) the Lorenz gauge condition also implies the orthogonality of the polarization along the rays:

$$k^\alpha \epsilon_{\alpha\mu} = 0 \,. \tag{3.1.10}$$

So far everything is conceptually the same as in flat space. The next order, ε^0, introduces the first corrections

$$\Box A_{\mu\nu} + 2\bar{R}_{\alpha\mu\beta\nu} A^{\alpha\beta} + i\left(2k^\alpha \nabla_\alpha A^{(1)}_{\mu\nu} + A^{(1)}_{\mu\nu} \nabla^\alpha k_\alpha\right) + k^\alpha k_\alpha A^{(2)}_{\mu\nu} = 0 \,, \tag{3.1.11}$$

$$\nabla^\alpha A_{\alpha\mu} - ik^\alpha A^{(1)}_{\alpha\mu} = 0 \,, \tag{3.1.12}$$

There are several points to highlight here. The first one is that, in the absence of tensor corrections $A^{(1)}_{\mu\nu}$ and higher, we obtain a curved space-time generalization of the leading order wave propagation:

$$\Box A_{\mu\nu} = 0 \,, \tag{3.1.13}$$

where, again, $\Box$ is the D'Alembertian of the background metric. This fully defines the *geometric optics limit* of GWs over curved backgrounds. Beyond geometric optics, the term $2\bar{R}_{\alpha\mu\beta\nu} A^{\alpha\beta}$ would source a (small) correction $A^{(1)}_{\mu\nu}$ (note that because of (3.1.7), the term $k^\alpha k_\alpha A^{(2)}_{\mu\nu}$ vanishes). If $R_{\alpha\mu\beta\nu}$ was to be diagonal in the $+, \times$ polarizations, then this extra term would effectively behave as a mass term. This would introduce dispersion of the waves, i.e. a frequency dependent propagation speed. In general, it can mix the polarization content. Secondly, both the Einstein field equations and the gauge condition beyond leading order in geometric optics (ε^0 and higher) mixes the real and imaginary parts of $A^{(n)}_{\mu\nu}$. This means that beyond geometric optics will correct both the amplitude and phase. Thirdly, and importantly, the gauge condition (3.1.12) implies that beyond geometric optics the polarization tensor is not transverse. Therefore, the polarizations could rotate while propagating.

One of the strengths of the WKB approach is that it allows to systematically solve all higher order corrections. In particular, a term of order (n), $A^{(n)}_{\mu\nu}$, can always be solved in terms of the previous order $(n-1)$:

$$2k^\alpha \nabla_\alpha A^{(n)}_{\mu\nu} + A^{(n)}_{\mu\nu} \nabla^\alpha k_\alpha = i\left(\Box A^{(n-1)}_{\mu\nu} + 2\bar{R}_{\alpha\mu\beta\nu} A^{\alpha\beta}_{(n-1)}\right) \,, \tag{3.1.14}$$

$$k^\alpha A^{(n)}_{\alpha\mu} = -i\nabla^\alpha A^{(n-1)}_{\alpha\mu} \,, \tag{3.1.15}$$

Note also that if $A^{(n-1)}_{\mu\nu}$ is real, then the next correction would be purely imaginary. This would be the case, for example, if one has at leading order a linearly polarized GW.

Exercise 3.1: GW energy-momentum tensor in the short wave expansion

Compute the energy momentum tensor of GWs in the short-wave expansion. What is the leading term? How is it corrected? For doing this please verify first the results presented in the main text for the short-wave expansion.

3.2 Cosmological propagation

The propagation of GWs over curved backgrounds becomes relevant for astrophysical sources such as compact binary coalescences. This is because these mergers occur at cosmological distances (recall the simple estimate (1.3.9)) where the curvature of the background metric is important. Because of their astrophysical nature, these GWs will typically have wavelenghts which are much smaller than the scale at which the cosmological background changes. In particular, for a compact binary its frequency is $f \sim$ few $\times 100$Hz for a $\sim 10 M_\odot$ binary (recall (1.3.8) and the inverse scaling with the mass) or a wavelength of $\lambda = c/f \sim$ few $\times 1000$km. This typical frequency is much larger than the rate of change of the cosmological background. For present day, the rate of expansion is determined by the Hubble parameter

$$H_0 = h_0 \cdot 100 \, \text{km} \, \text{sec}^{-1} \, \text{Mpc}^{-1} \sim h_0 \cdot 10^{-18} \text{Hz} \,, \tag{3.2.1}$$

where current observations indicate that $h_0 \sim 0.7$. The corresponding horizon scale is

$$d_H \equiv \frac{c}{H_0} \sim 3 h_0^{-1} \text{Gpc} \,. \tag{3.2.2}$$

Therefore, for this problem the short-wave expansion is totally justified and we aim to obtain the geometric optics solution.

3.2.1 Times and distances in cosmology

At large scales, $\sim$ Gpc, the Universe is approximately homogeneous and isotropic. Therefore, the background metric can be approximately described by a Friedmann-Robertson-Walker (FRW) metric:

$$ds^2 = -c^2 dt^2 + a^2(t) \left[\frac{dr^2}{1 - kr^2} + r^2 d\Omega^2 \right] \,, \tag{3.2.3}$$

where $a(t)$ is the scale factor and k the curvature.[4] $k = 0$ indicates a flat Universe (where there is only curvature in the temporal component), $k = +1$ corresponds to a closed Universe and $k = -1$ is an open Universe.

The above metric is expressed in the so-called *comoving* coordinates (t, r, θ, ϕ). Physical distances are therefore stretched by the scale factor. For example, for two points separated by a radial comoving distance r (and fixed angular position), the physical distance is

$$r_{\text{phys}}(t) = a(t) \int_0^r \frac{dr'}{(1 - kr'^2)^{1/2}} \,. \tag{3.2.4}$$

---

[4]The FRW metric is an exact solution when one assumes the *cosmological principle* that states that the Universe is homogeneous and isotropic or, more mathematically, that the spatial metric is maximally symmetric.

For a signal that propagates around null geodesics in the radial direction (again for fixed angles θ, ϕ) between two points separated by the comoving radial distance r and emitted at time $t_{\rm emit}$, it will be observed at time $t_{\rm obs}$ as determined by

$$\int_{t_{\rm emit}}^{t_{\rm obs}} \frac{cdt}{a(t)} = \int_0^r \frac{dr'}{(1 - kr'^2)^{1/2}} \,. \tag{3.2.5}$$

If a second signal is emitted $\Delta t_{\rm emit}$ later, it would be observed with a delay $\Delta t_{\rm obs}$ similarly fixed by

$$\int_{t_{\rm emit}+\Delta t_{\rm emit}}^{t_{\rm obs}+\Delta t_{\rm obs}} \frac{cdt}{a(t)} = \int_0^r \frac{dr'}{(1 - kr'^2)^{1/2}} \,. \tag{3.2.6}$$

Therefore, equating the left-hand sides of both equations and expanding to linear order in Δt, which is justified when the period of the signal is much smaller than the variation time scale of $a(t)$, one finds

$$\Delta t_{\rm obs} = \frac{a(t_{\rm obs})}{a(t_{\rm emit})} \Delta t_{\rm emit} \,. \tag{3.2.7}$$

This naturally leads to the definition os the *cosmological redshift* z:

$$1 + z = \frac{a(t_{\rm obs})}{a(t_{\rm emit})} \,. \tag{3.2.8}$$

In the same way that time is dilated by the cosmic expansion, the observed frequency $f_{\rm obs}$ will be redshifted compared to the source frequency $f_{\rm src}$:

$$f_{\rm obs} = \frac{f_{\rm src}}{1 + z} \,. \tag{3.2.9}$$

When particularized to this FRW background and energy-momentum tensor composed of perfect fluids, the Einstein field equations reduce to the Friedmann equations. For us, the most important one is the one relating the Hubble parameter $H(t) \equiv d \ln a(t) dt$ and the energy density of the perfect fluid and curvature

$$H^2(t) = \left(\frac{d \ln a(t)}{dt}\right)^2 = \frac{8\pi G}{3} \rho - \frac{kc^2}{a^2} \,. \tag{3.2.10}$$

If we define the fractional energy density of a given component X with respect to the critical energy density $\rho_c = 8\pi G/3H_0^2$ as $\Omega_X = \rho_X/\rho_c$, and we particularize to our Universe made of (dark) matter (pressureless fluid $p = 0$, $\rho \propto a^{-3}$), radiation ($p = \rho/3$, $\rho \propto a^{-4}$), cosmological constant ($p = -\rho = -\Lambda$) and curvature ($\rho_k = -3kc^3/8\pi G a^2$), then the above equation takes the simple form

$$H^2(t) = H_0^2 \left(\Omega_m (1 + z)^3 + \Omega_r (1 + z)^4 + \Omega_\Lambda + \Omega_k (1 + z)^2\right) \,, \tag{3.2.11}$$

where we have substituted the scale factor dependence by the redshift. For the purpose of our following studies, the GW propagation from astrophysical compact binaries, then

49

we can restrict to the late Universe where $\Omega_r \sim 10^{-5}$ has a negligible contribution. Moreover, current observations also indicate that the Universe is spatially flat to high accuracy, $\Omega_k \sim 10^{-3}$, so we are left with two components, the (dark) matter $\Omega_m \sim 0.3$ and the dark energy $\Omega_\Lambda \sim 0.7$ (here presented in the form of a cosmological constant).

In cosmology there are different notions of distance (see [34] for a pedagogical review). Again, for a signal propagating around null geodesics, the comoving distance is obtained from solving (3.2.5). For a flat background this is

$$d_C^{k=0} = \int \frac{cdt}{a(t)} = \int \frac{cdz}{H(z)} = d_H \int \frac{dz}{E(z)} \,, \tag{3.2.12}$$

where in the second equality we have simply changed integration variables and in the last equality we have introduced the normalized Hubble parameter $E(z) \equiv H(z)/H_0$. For general curvatures, the comoving distance is defiend by

$$d_C = \frac{c}{H_0 \sqrt{|\Omega_k|}} \text{sink} \left(H_0 \sqrt{|\Omega_k|} \int \frac{dz}{H(z)} \right) = \frac{d_H}{\sqrt{|\Omega_k|}} \text{sink} \left(\sqrt{|\Omega_k|} \frac{d_C^{k=0}}{d_H} \right) \,, \tag{3.2.13}$$

where $\text{sink}(x)$ is a shortcut for $\sinh(x)$, x and $\sin(x)$ for $k = +1$, $k = 0$ and $k = -1$ respectively. The two other important distances are the angular diameter distance

$$d_A = \frac{d_C}{1+z} \,, \tag{3.2.14}$$

and the luminosity distance

$$d_L = (1+z)d_C = (1+z)^2 d_A \,. \tag{3.2.15}$$

These distances arise naturally when measuring angular separations and fluxes respectively. They are also a direct product of the geometric optics formalism.

3.2.2 GW redshift and damping

After a quick summary of some basic concepts in cosmology, we are ready to study the GW propagation over a cosmological background in the geometric optics approximation. The first thing we learned from the short-wave expansion is that GW will follow null geodesics. Therefore, GWs will suffer cosmological redshifting. While they propagate from the *source's frame* to the *detector's frame*, GWs will be stretched by the cosmic expansion. For a compact binary during the inspiral phase, the detected GW frequency f_det will be related to the source frame frequency f_src, which was given by (2.2.31), as

$$\begin{aligned} f_\text{det}(\tau_\text{det}) = \frac{f_\text{src}(t_\text{src})}{1+z} &= \frac{1}{(1+z)\pi} \left(\frac{5}{256} \frac{1}{\tau_\text{src}} \right)^{3/8} \left(\frac{G\mathcal{M}_c}{c^3} \right)^{-5/8} \\ &= \frac{1}{\pi} \left(\frac{5}{256} \frac{1}{\tau_\text{det}} \right)^{3/8} \left(\frac{G\mathcal{M}_c^\text{det}}{c^3} \right)^{-5/8} \,, \end{aligned} \tag{3.2.16}$$

where $\tau_{\text{det}} = (1 + z)\tau_{\text{src}}$ is the time to coalescence in the observer's frame. Note that in the last equality we have introduced the *detector frame mass*

$$m_{\text{det}} = (1 + z)m\,, \tag{3.2.17}$$

which applied to the chirp mass is $\mathcal{M}_c^{\text{det}} = (1 + z)\mathcal{M}_c$. These masses are also known as redshifted masses and denoted by m_z and $\mathcal{M}_z$ respectively. Interestingly, once we introduce the detector frame masses the formula for the frequency evolution is formally the same if one replaces the time and masses from the source to the detector's frame.

The second thing we learned from geometric optics is that the polarization tensor is parallel transported. Therefore, if we decompose initially the GW into the $+, \times$ polarizations,

$$\bar{h}_{\mu\nu}(x) = h_+(x)\epsilon_{\mu\nu}^+ + h_\times(x)\epsilon_{\mu\nu}^\times\,, \tag{3.2.18}$$

those polarization will not change along the propagation. When we apply this into the propagation equation $\Box A_{\mu\nu} = 0$, then we find that the tensor modes decouple:

$$\Box h_{+,\times} = 0\,. \tag{3.2.19}$$

Each of the physical, radiative modes follow the same wave equation. The advantage is that this is a (simpler) scalar wave equation:

$$\Box h_{+,\times} = \frac{1}{\sqrt{-g}}\partial_\mu(\sqrt{-g}g^{\mu\nu}\nabla_\nu h_{+,\times}) = 0\,, \tag{3.2.20}$$

since we avoid having to deal with the Levi-Civita connection.

We are therefore left with the task of solving the scalar wave equation $\Box h_A = 0$ where $A = +, \times$. It will be convenient to work in conformal time, $\eta = \int dt/a(t)$, so that the FRW metric reads

$$ds^2 = a^2(\eta)[-c^2 d\eta^2 + dr^2 + r^2 d\Omega] \tag{3.2.21}$$

for flat spatial backgrounds. This choice of coordinates is convenient because then this metric is conformally equivalent to flat space $g_{\mu\nu} = a^2(\eta)\eta_{\mu\nu}$. The determinant of the metric is simply $g = -a^8(\eta)c^2r^4\sin^2\theta$ and $\sqrt{-g} = a^4(\eta)cr^2\sin\theta$. Since we have already seen that the GW amplitude decays as the inverse to the distance $1/r$ and the background is conformally equivalent to flat space, we search for spherically symmetric solutions of the wave equation of the form $h_A(\eta, r) = f_A(\eta, r)/a(\eta)r$. With this ansatz, we can solve the wave equation as:

$$\begin{aligned}
0 &= \partial_\mu(\sqrt{-g}g^{\mu\nu}\partial_\nu h_A) \\
&= -c^{-2}\partial_\eta(a^2 r^2 \partial_\eta h_A) + \partial_r(a^2 r^2 \partial_r h_A) \\
&= -(af_A)'' - 2\frac{a'}{a}(af_A)' + \partial_r^2(af_A) \\
&= -f_A'' + \frac{a''}{a}f_A + \partial_r^2 f_A\,,
\end{aligned} \tag{3.2.22}$$

where primes denote derivatives with respect to $c\eta$. If we look for approximate wave solutions

$$f_A(\eta, r) = e^{\pm i\omega(\eta - r/c)}, \tag{3.2.23}$$

we can realize that the term a''/a is subdominant provided that the background varies slowly compared to the wave: $a''/a \ll \omega^2$ (which is indeed satisfied in the short-wave expansion!). Therefore, we arrive at the wave equation $\partial_r^2 f_A - f_A'' = 0$ whose general solution is of the form $f_A(\eta - r/c)$. Altogether we have

$$h_A(\eta, r) \simeq \frac{1}{a(\eta)r} f_A(\eta - r/c). \tag{3.2.24}$$

If we define the conformal time so that in the present $\eta = t$, then

$$h_A(t, r) \simeq \frac{1}{a(t_0)r} f_A(t - r/c), \tag{3.2.25}$$

where t_0 is the present (cosmological time) and we have further approximated that the scale factor is approximately constant during the duration of the signal that is parametrized by t. Therefore, we arrive at the conclusion that the due to the expansion of the Universe the GW amplitude scales with the physical distance $1/r_{\text{phys}} = 1/a \cdot r$. In practical terms this means that we can replace $r \to a \cdot r$ in our previous calculations.

We want to investigate how this affects the GWs emitted by a compact binary coalescence. If we focus first in the polarization independent term of the GW amplitude $\bar{A}(t)$, $h_+ = \bar{A}(t)(1 + \cos^2\theta)\cos\Phi(t)/2$ and $h_\times = \bar{A}(t)\cos\theta\sin\Phi(t)$, we have that in the detector's frame (recalling to redshift the frequencies)

$$
\begin{aligned}
\bar{A}(t_{\text{det}}) &= \frac{4}{a(t_0)r} \left(\frac{G\mathcal{M}_c}{c^2}\right)^{5/3} \left(\frac{\pi(1+z)f_{\text{det}}(t_{\text{det}})}{c}\right)^{2/3} \\
&= \frac{4}{d_L(z)} \left(\frac{G\mathcal{M}_z}{c^2}\right)^{5/3} \left(\frac{\pi f_{\text{det}}(t_{\text{det}})}{c}\right)^{2/3}.
\end{aligned}
\tag{3.2.26}
$$

We find that GWs scale inversely with the luminosity distance $d_L = (1+z)a(t_0)r$. For the rest the expression is formally the same if we replace the chirp mass by its redshifted version. Then, it is easy to realize that the same will happen for the phase evolution

$$\Phi(\tau_{\text{det}}) = -2\left(\frac{5G\mathcal{M}_z}{c^3}\right)^{-5/8} \tau_{\text{det}}^{5/8} + \Phi_0. \tag{3.2.27}$$

This concludes our derivation of the GW signal from a cosmological compact binary merger.

Exercise 3.2: GW damping by the Hubble friction

If one introduces the spatial wave vector k, and looks for wave solutions $h_A \propto e^{i\vec{k}\vec{x}}$,

---

the cosmological wave propagation can also be written as

$$h_A'' + 2\mathcal{H}h_A' + c^2 k^2 a^2 h_A = 0 \,, \tag{3.2.28}$$

where $\mathcal{H} \equiv a'/a$ is the Hubble parameter in terms of conformal time. We can also rewrite this equation in terms of comoving time t:

$$\ddot{h}_A + 3H\dot{h}_A + c^2 k^2 h_A = 0 \,, \tag{3.2.29}$$

where $\dot{h} = c^{-1}\partial h/\partial t$. From this point of view, the expansion of the Universe $H > 0$ introduces a damping of the GWs, which is sometimes referred as the *Hubble friction*. Solve this equation using the WKB approximation. What is the leading order solution? How is it corrected?

Explore: Scalar-Vector-Tensor decomposition

We have seen that in geometric optics the tensor polarizations of the GW decouple from each other. This is a consequence of the polarization tensor being parallel transported along null geodesics. But what happens if we have additional fields? Could they couple to the GWs over a cosmological backgrounds? The answer is that, at linear order, a GW could only couple with other additional tensor modes. This is because in cosmological perturbation theory, the symmetries of the FRW lead to a decoupling of the scalar, vector and tensor modes. This is known as the *scalar-vector-tensor decomposition*. It is not difficult to prove!

Explore: GWs from the early Universe

So far we have focused on the case in which the GWs have an astrophysical origin and, therefore, their wavelength is much smaller than the curvature scale. We then applied the short-wave expansion. However, in the early Universe, the GWs generated could have had comparable (or even larger!) scales to the background curvature. This is precisely the case of the tensor perturbations generated during inflation, the period of rapid accelerated expansion in the first instants of the Universe. During inflation, the scale factor $a(t)$ grows exponentially. Therefore both the background connection $\bar{\Gamma}^{\mu}_{\nu\alpha}$ and the Riemann tensor $\bar{R}_{\mu\alpha\nu\beta}$ in (3.1.5) rapidly vary. This can lead to parametric amplifications of the tensor perturbations $h_{\mu\nu}$ that could source a stochastic GW background. From the quantum mechanical perspective, defining a quantum field theory on a curved spacetime implies that, in general, there is not a well defined notion of vacuum state and, therefore, of number of particles. The parametric amplification can then be interpreted as a large particle production. This fascinating phenomenon was first pointed out by Schrodinger in 1939 [35] and later developed in full details by many others. Note that the same occurs for the scalar perturbations (inflaton modes) produced

during inflation. Vector modes however rapidly decay during inflation. Quantum fluctuations during inflation in the inflaton and metric fields can then be stretched to cosmological scales, producing the inhomegeneities in the spatial distribution of density perturbations (matter and radiation) that serve as seeds for all the structures in the Universe.

3.3 Gravitational lensing of gravitational waves

In the previous section we have solved the GW propagation under the short-wave approximation in the context of a cosmological background in which the curvature scale is much larger than the GW wavelength. We now wish to consider another example in which we solve the curved spacetime propagation for wavelengths that could be comparable to the curvature scale. In full generality this is a very difficult problem to solve and, for that reason, we restrict to the limiting of *weak-field* gravity.

If we are interested in the weak-field limit, we can expand the background metric around flat space-time[5]

$$\bar{g}_{\mu\nu} = \eta_{\mu\nu} + \delta g_{\mu\nu} \tag{3.3.1}$$

and take $|\delta g_{\mu\nu}| \ll 1$. As you are already guessing, this is the same formalism of linearized gravity that we used to derive the GW propagation! As we discussed at the beginning of §2, the metric perturbation can have at most 10 components that after fixing the gauge reduce to 6. We now take a slightly different route and decompose δg_{ij} into two scalar modes Φ and Ψ, a vector mode w_i and a traceless tensor s_{ij}:

$$\delta g_{00} = -2\Phi \,, \tag{3.3.2}$$

$$\delta g_{0i} = w_i \,, \tag{3.3.3}$$

$$\delta g_{ij} = 2s_{ij} - 2\Psi\delta_{ij} \,. \tag{3.3.4}$$

This defines a general metric for linearized gravity. Note that w_i is a spatial vector and, therefore, contains 3 degrees of freedom. s_{ij} is defined as traceless, symmetric, spatial tensor and, as a consequence, only has 2 degrees of freedom. In this sense Ψ represents the trace of the spatial metric perturbations.

We now restrict to the case of a static source of mass density ρ, whose energy-momentum tensor is given by $T_{\mu\nu} = \mathrm{diag}(\rho, 0, 0, 0)$. If we introduce this ansatz into the Einstein field equations, one finds that the tensor and vector modes vanish and that the scalar modes are equal to each other $\Phi = \Psi$ and follow a non-radiative equation:

$$\nabla^2\Phi = 4\pi G\rho \,, \tag{3.3.5}$$

which is nothing but the Poisson equation describing Newtonian mechanics. In this case the weak-field metric reduces to

$$ds^2 = -(1 + 2\Phi)dt^2 + (1 - 2\Phi)d\vec{x}^2 \,. \tag{3.3.6}$$

---

[5]For the derivation of the weak-field limit I follow Carroll's chapter 7 [1].

This is the metric that we are going to consider as a background for the GW propagation.

In order to solve the curved space-time propagation of GWs in (3.1.5), we need to compute $\Box$ and $\bar{R}_{\alpha\mu\beta\nu}$ around the background under consideration. We have already seen that for a weak-field, static, mass density only the scalar modes are excited. In terms of the Riemann tensor, this means that the only non-zero components are $\bar{R}_{j0k0} = -\bar{R}_{j00k} = \partial_j \partial_k \Phi$. In other words, $\bar{R}_{\alpha\mu\beta\nu}$ will not couple with the GWs which over an approximately flat metric (a very good approximation far away from the mass density) are h_{ij}^{TT}.

We are therefore just left with computing the d'Alembertian operator on the GWs. The main difference from before is that we will not be expanding the equations in the short-wave limit $\lambda \ll L_B$ (where as before L_B indicates the typical scale of the background curvature), although the weak-gravity approximation will bring other simplifications. In the weak-field limit of a static mass density source the Christoffel symbols are given by

$$\Gamma^0_{0i} = \Gamma^i_{00} = \partial_i \Phi \,, \tag{3.3.7}$$

$$\Gamma^i_{jk} = \delta_{jk}\partial_i\Phi - \delta_{ik}\partial_j\Phi - \delta_{ij}\partial_k\Phi \,, \tag{3.3.8}$$

where in both equations we are exploiting the fact that at linear order in Φ we raise indices with the flat metric $\eta_{\mu\nu}$ (or in other words the inverse metric is given by $\delta g^{\mu\nu} = \eta^{\mu\alpha}\eta^{\nu\beta}\delta g_{\alpha\beta}$). Therefore, for the spatial indices we do not care if they are up or down. The Christoffel symbols are therefore of order $\Gamma \sim \partial\Phi \sim |\Phi|/L_B$. This means that we will neglect terms of order Γ^2. We would like to decompose the metric perturbations into a scalar amplitude (describing the shape of the waveform) and a tensorial part (describing the polarization content) in order to study their wave equations separately, if possible. Our ansatz is $h_{\mu\nu} = h_A(x)\epsilon_{\mu\nu}(x)$, where, in principle, both the amplitude and polarization tensor could vary. The full propagation equation is then

$$
\begin{aligned}
0 = \Box h_{\mu\nu} &= \Box(h_A)\epsilon_{\mu\nu} + h_A\Box(\epsilon_{\mu\nu}) \\
&\sim \left(\partial^2 h_A + \Gamma\partial h_A\right)\epsilon + h_A\left(\partial^2\epsilon + \Gamma\partial\epsilon + \partial\Gamma\epsilon + \Gamma^2\epsilon\right) \\
&\sim \left(\partial^2 h_A + \Gamma h_A\right)\epsilon + h_A\left(\partial^2\epsilon + \Gamma\partial\epsilon\right) + \mathcal{O}\left(\Phi^2, \Phi/L_B^2\right)
\end{aligned}
\tag{3.3.9}
$$

where in the second line we have schematically written the type of terms that appear in the expression. We are interested in the weak-field limit in which the waves travel far away from the mass density and the Newtonian approximation is valid. If we think of a spherically symmetric mass density then $\Phi \sim r_{\text{Sch}}/r$ and we are in the limit of $r \gg r_{\text{Sch}}$. Terms that involve derivatives of this potential will therefore be highly suppressed. For example from the Christoffel symbols we get $\Gamma \sim \partial\Phi \sim r_{\text{Sch}}/r^2 \ll 1/r_{\text{Sch}}$. In other words, weak-field limit implies that L_B is large. This is why in the third line we neglect higher order terms and keep the leading order (small) corrections $\sim \Phi/L_B$ (note that we have not assumed anything about λ). Altogether, we see that the trajectory of the wave can be slightly deflected and the polarizations slightly rotated. Because GW detectors are much more sensitive to the phase evolution of the wave than its sky location and polarization content (we will learn about this in chapter 4), we will focus on h_A.

Given the above discussion, our task now is to solve

$$
\begin{aligned}
0 = \Box h_A &= \frac{1}{\sqrt{-g}} \partial_\mu \left(\sqrt{-g} g^{\mu\nu} \partial_\nu h_A \right) \\
&= g^{00} \partial_0^2 h_A + \frac{1}{\sqrt{-g}} \sum_{i=1,2,3} \partial_i \left(\sqrt{-g} g^{ii} \partial_i h_A \right) \\
&\simeq (-1 + 2\Phi) \partial_0^2 h_A + \sum_i \left((1 + 2\Phi) \partial_i^2 h_A + 4\Phi \partial_i \Phi \partial_i h_A \right) \\
&\simeq (-1 + 2\Phi) \partial_0^2 h_A + (1 + 2\Phi) \nabla^2 h_A \,,
\end{aligned}
\tag{3.3.10}
$$

where in the first equality we have used the same identity that we used when solving the cosmological propagation, cf. (3.2.20), and in the second line we have imposed that Φ is static. Noting that $g^{00} = -1/(1 + 2\Phi)$, $\sqrt{-g} = (1 + 2\Phi)^{1/2}(1 - 2\Phi)^{3/2}$ and $\sqrt{-g} g^{ii} = (1 + 2\Phi)^{1/2}(1 - 2\Phi)^{1/2} = \sqrt{(1 - 4\Phi^2)}$, and expanding to leading order in Φ (e.g. $g^{00} \simeq -1 + 2\Phi$), we can obtain the third line. We have already argued that $\partial \Phi \sim \Phi/L_B$ terms are small, so then we get the last equality, where ∇^2 is the flat space Laplacian operator. At linear order in Φ, we can rewrite the equation as

$$
0 = \nabla^2 h_A - (1 - 4\Phi) \partial_0^2 h_A \,.
\tag{3.3.11}
$$

Because the potential is static it is useful to bring this to Fourier space $h_A(t, \vec{x}) = \int d\omega \tilde{h}(\omega, \vec{x}) e^{-i\omega t}$ so that

$$
\left(\nabla^2 + \omega^2 \right) \tilde{h}_A = 4\Phi \omega^2 \tilde{h}_A \,.
\tag{3.3.12}
$$

This is a Helmholtz equation commonly appearing in Mathematics and Physics. We are looking to solve the effect of the Newtonian potential on the wave propagation. Therefore, it is common to define an *amplification function* F that encodes this information:

$$
F(\omega, \vec{x}) \equiv \tilde{h}_A(\omega, \vec{x}) / \tilde{h}_{A,0}(\omega, \vec{x}) \,,
\tag{3.3.13}
$$

where $h_{A,0}(\omega, \vec{x})$ is the solution of the wave equation when $\Phi = 0$. Without the potential, the wave will not be lensed and therefore can be chosen to be a spherical wave $\tilde{h}_{A,0}(r = |\vec{x}|) \propto e^{i\omega r}/r$. Plugging these definitions into the above equation we obtain

$$
\begin{aligned}
0 &= \left(\nabla^2 + \omega^2 \right) F \tilde{h}_{A,0} - 4\Phi \omega^2 F \tilde{h}_{A,0} \\
&= \nabla^2 (F) \tilde{h}_{A,0} + 2 \partial^i F \partial_i \tilde{h}_{A,0} + F \left(\nabla^2 + \omega^2 \right) \tilde{h}_{A,0} - 4\Phi \omega^2 F \tilde{h}_{A,0} \\
&= \left(\partial_r^2 F + \frac{1}{r^2} \nabla_\theta^2 F \right) \tilde{h}_{A,0} + 2i\omega \partial_r (F) \tilde{h}_{A,0} - 4\Phi \omega^2 F \tilde{h}_{A,0} \,,
\end{aligned}
\tag{3.3.14}
$$

where in the first line we have simply introduced our new function F. In the second line we have applied the chain rule and in the third line we have used that $\tilde{h}_{A,0}$ is a solution of the propagation without a lens and it is spherically symmetric. Because of the spherical symmetry, we have also expanded the Laplacian operator into its radial r and angular components (θ, ϕ):

$$
\nabla^2 = \frac{1}{r^2} \frac{\partial}{\partial r} \left(r^2 \frac{\partial}{\partial r} \right) + \frac{1}{r^2 \sin^2 \theta} \frac{\partial}{\partial \theta} \left(\sin \theta \frac{\partial}{\partial \theta} \right) + \frac{1}{r^2 \sin^2 \theta} \frac{\partial^2}{\partial \phi^2}
\tag{3.3.15}
$$

where ∇_θ^2 is the angular Laplacian operator on the 2D sphere encoding the last two terms. Note that there are two terms $(2/r)\tilde{h}_{A,0}\partial_r F$ of opposite signs that cancel each other. We see that the remaining equation for the amplification factor is

$$\partial_r^2 F + \frac{1}{r^2}\nabla_\theta^2 F + 2i\omega\partial_r F = 4\Phi\omega^2 F . \qquad (3.3.16)$$

To further simplify this equation we note that because of the weak-field limit, the deflection angles will be small. Therefore, if we situate the origin at the source, and the lens at the polar axis, an observer at (r_o, θ_o, ϕ_o) will have $\theta_o \ll 1$. This means that we can simplify $\sin\theta \simeq \theta$ and effectively look at $\vec{\theta} = \theta(\cos\phi, \sin\phi)$ as a two-dimensional vector in a flat plane. This also means that our angular Laplacian simplifies to $\nabla_\theta^2 \to \partial_\theta^2 = \partial_\theta^2 + \theta^{-1}\partial_\theta + \theta^{-2}\partial_\phi^2$.

If we assume that the wave travels far from the center of the lens at a distance D, far compared to the wavelength ($D \gg \lambda$), then $\partial_r^2 F$ will be subdominant compared to $2i\omega\partial_r F$. This is equivalent to say that λ is small compared to the scale at which F varies ($\omega \gg |\partial_r \ln F|$). This has the advantage that then we get partial differential equation to first order in r, which can then be interpreted as a Schrödinger like equation:

$$i\partial_r F = -\frac{1}{2\omega r^2}\partial_\theta^2 F + 2\Phi\omega F , \qquad (3.3.17)$$

where r is the equivalent to time, ω to the mass of the particle and Φ to the 'time' dependent potential. The Lagrangian giving rise to this equation of motion is

$$\mathcal{L}(\vec{\theta}, \dot{\vec{\theta}}, r) = \omega\left(\frac{r^2}{2}|\dot{\vec{\theta}}|^2 - 2\Phi(r, \vec{\theta})\right) , \qquad (3.3.18)$$

where to make the analogy even further we denote derivatives w.r.t. r as $\dot{\vec{\theta}}$. One can then use the path integral formulation of quantum mechanics to write the formal solution[6]

$$F(\omega, \vec{x}_o) = \int \mathcal{D}\vec{\theta}\exp\left[i\int_0^{r_o} dr\mathcal{L}(\vec{\theta}, \dot{\vec{\theta}}, r)\right] , \qquad (3.3.19)$$

at the observers position $\vec{x}_o$. Note that here $1/\omega$ is playing the role of $\hbar$, so that the classical limit $\hbar \to 0$ is achieved when $\omega \to \infty$. Therefore, the analogous of the quantum limit in lensing is known as *wave optics*. When taking the frequency as a common denominator in the exponential, then we can think of the rest as a time delay surface. The kinetic and potential terms of the Lagrangian then correspond to the *geometric* and *Shapiro delays* respectively. The geometric time delay carries the lag associated to the change in the trajectory

$$t_{\text{geo}} = \int \frac{r^2|\dot{\vec{\theta}}|^2}{2}dr , \qquad (3.3.20)$$

---

[6]The path integral formulation of gravitational lensing is presented pedagogically in Nakamura & Deguchi [36].

while the Shapiro delays accounts for the gravitational potential

$$t_\Phi = -\frac{2}{c^3} \int \Phi dr \,, \tag{3.3.21}$$

where we have added back the factors of c.

Next we are going to use the *thin lens approximation*, in which the extent of the lens in the radial direction is small compared to the distance to the lens from the observer r_L and the distance between the source and the lens r_{LS}. Similarly, the distance from the observer to the source r_S will be large. Under this approximation then the potential only contributes effectively at a single distance and we can substitute

$$\Psi(\vec{\theta}) = \frac{2}{c^3} \int \Phi(r, \vec{\theta}) dr \,. \tag{3.3.22}$$

Because the lens is thin compared to the paths that the wave travels before and after, the phase contribution is going to be dominated by a constant vector $\vec{\theta}(r) \approx \vec{\theta}_l$. With this, the geometric time delay simplifies to

$$t_{\text{geo}} \approx \frac{r_L r_S}{2 r_{LS} c} |\vec{\theta}_L - \vec{\theta}_S|^2 \,, \tag{3.3.23}$$

where $\vec{\theta}_S$ is the angular position of the source from the observer perspective, which is equivalent to our previously defined angle of the observer from the source perspective $\vec{\theta}_o$ to linear order. The thin lens approximation also makes that we can simplify the integral over all paths $\mathcal{D}\vec{\theta}$ to a 2D integral $d^2\theta_L$ so that

$$F(\omega, \vec{x}_o) \approx \frac{\omega}{2\pi i} \frac{r_L r_S}{c r_{LS}} \int d^2\theta_L \exp\left[i\omega \left(\frac{r_L r_S}{2 c r_{LS}} |\vec{\theta}_L - \vec{\theta}_S|^2 - \psi(\vec{\theta}_L)\right)\right] \,, \tag{3.3.24}$$

where the normalization is such that in the absence of a potential, $\Phi = 0$, then $F = 1$. After a somewhat long detour we have found that the wave propagation around a lens in the weak-field limit can be solved in terms of a a Kirchhoff diffraction integral.

In the cosmological context, we have seen that time is dilated, then we will need to replace $t \to (1 + z_L)t$. Similarly, distances will be substituted by angular diameter distances $r_L \to D_L$. Therefore we will have

$$F(\omega, \vec{\theta}_S) = (1 + z_L) \frac{D_L D_S}{c D_{LS}} \frac{\omega}{2\pi i} \int d^2\theta \, \exp\left[i(1 + z_L)\omega t_d(\vec{\theta}, \vec{\theta}_S)\right] \,, \tag{3.3.25}$$

for later convenience we introduce the time scale associated to the angular diameter distances $\tau_D \equiv (1 + z_L)D_L D_S / c D_{LS}$. The time delay t_d is determined by

$$(1 + z_L)t_d(\vec{\theta}, \vec{\theta}_S) = \frac{\tau_D}{2} |\vec{\theta} - \vec{\theta}_S|^2 + (1 + z_L)t_\Phi \,. \tag{3.3.26}$$

Lensing typically occurs at a reference angular scale, θ_*. If we redefine the coordinates appropriately

$$\vec{x} \equiv \vec{\theta}/\theta_* \,, \quad \vec{y} \equiv \vec{\theta}_S/\theta_* \,, \quad w \equiv \tau_D \theta_*^2 \omega \,, \tag{3.3.27}$$

then the amplification factor takes a more compact form

$$F(w, \vec{y}) = \frac{w}{2\pi i} \int \mathrm{d}^2 x \ \exp[iw T_d(\vec{x}, \vec{y})] \,, \tag{3.3.28}$$

in terms of the dimensionless frequency w and time delay $T_d \equiv t_d / \tau_D \theta_*^2$.

It is interesting to connect this path integral formulation with *Fermat's principle*. Among all the possible paths that the wave could take, Fermat's principle states that the time delay is extremized when the path match the actual rays.[7] As we have seen before, in the geometric optics limit the rays are defined as the null geodesic where the wave propagates. Therefore, in this limit, the amplification factor is telling us that there will be distinct rays dominating the integral. This is equivalent to having *multiple images* of the original source. However, in general, the diffraction integral also implies that multiple paths could interfere around the rays leading to *diffraction*. We will study these two regimes next.

3.3.1 Multiple images

The amplification factor F accounts for the time delay associated for all possible lensed paths from the source to the observer, which in general can lead to complicated interference or diffraction patterns. There is a limit, however, in which the integral in F has a highly oscillatory exponent. In this case the integral is dominated by its stationary points

$$\left. \frac{\partial t_d}{\partial \vec{\theta}_j} \right|_{\vec{\theta} = \vec{\theta}_j} = 0 \,, \tag{3.3.29}$$

and lensing is characterized by having distinct images at the locations $\vec{\theta}_j$. For sufficiently strong lenses, multiple images are produced. In this limit, the amplification factor can be solved using the stationary phase approximation (SPA). The derivation is completely analogous to what we did in §2.2.1 to derive the frequency domain inspiral waveform. Therefore, we leave the derivation as an exercise. The result is

$$F(\omega, \vec{\theta}_j) \approx \sum_j \sqrt{|\mu_j|} \exp\left[i\omega t_j - i\mathrm{sign}(\omega) n_j \frac{\pi}{2} \right] \,, \tag{3.3.30}$$

where the magnifications are obtained from the determinant of the Hessian matrix evaluated at the stationary points

$$\mu(\theta_j) = 1/\det(T_{ab}(\theta_j)) \,, \tag{3.3.31}$$

where

$$T_{ab} \equiv \tau_D^{-1} \partial^2 t_d / \partial\theta_a \partial\theta_b \,. \tag{3.3.32}$$

---

[7]The connection between Fermat's principle and gravitational lensing and the subsequent derivation of the properties of the images from the time delay surface is nicely presented in the seminal paper of Blandford & Narayan [37].

Lensing is described by a set of j images each arriving at a different time $t_j \equiv t_d(\vec{\theta}_j)$, with a different magnification $\mu_j \equiv \mu(\vec{\theta}_j)$ and Morse phase $n_j = 0, 1, 2$ for type I, II and III images respectively. The different Morse phases corresponds to the different type of solutions of the lens equation (3.3.29): minimum, saddle point and maximum. The different phases come into play because in the SPA we look at the leading order quadratic correction to the phase. Therefore, the sign of T_{ab} around the stationary points matters when solving the Gaussian integral. Note that because we are considering both positive and negative frequencies, the term $\text{sign}(\omega)$ is only there to ensure that the lensed signal in time domain is real. We could avoid this term by restricting to positive frequencies and imposing that $F^*(\omega) = F(-\omega)$. Apart from the phase shift of type II images that can induce waveform distortions on signals with multiple frequency components,[8] lensing is achromatic in the SPA or, in other words, the amplification factor changes the waveform in a frequency independent way. Explicitly in terms of our lensed time domain waveform

$$h_L(t) = \int df \, \tilde{h}_L(f) e^{-i2\pi ft} \,, \tag{3.3.33}$$

where the frequency domain is given by

$$\begin{aligned}
\tilde{h}_L(f) &= F(f, \vec{\theta}) \tilde{h}(f) \\
&\approx \sum_j \sqrt{|\mu_j|} \exp\left[i\omega t_j - i\,\text{sign}(\omega) n_j \frac{\pi}{2} \right] \frac{A}{d_L} e^{i\Phi(t_c, \phi_c)} \\
&= \sum_j \frac{A\sqrt{|\mu_j|}}{d_L} e^{i\Phi(t_c + t_j, \phi_c + n_j \pi/4)} \\
&\equiv \sum_j \frac{A}{\tilde{d}_{L,j}} e^{i\Phi(\tilde{t}_{c,j}, \tilde{\phi}_{c,j})} \,.
\end{aligned} \tag{3.3.34}$$

In the multiple image regime for the leading quadrupolar radiation, lensing produces multiple images each of them with a different effective distance, time of coalescence and phase:

$$\tilde{d}_{L,j} = d_L / \sqrt{|\mu_j|} \,, \tag{3.3.35}$$

$$\tilde{t}_{c,j} = t_c + t_j \,, \tag{3.3.36}$$

$$\tilde{\phi}_{c,j} = \phi_c + n_j \pi/4 \,. \tag{3.3.37}$$

The SPA is satisfied when the arrival time difference between the stationary points is larger than the duration of the signal, i.e.

$$|\Delta t_d \cdot \omega| \gg 1 \,. \tag{3.3.38}$$

---

[8] In chapter 2 we focused on the leading quadrupolar radiation. However, higher order modes are also present on GWs signals. Each of them are characterized by a different frequency, this is why the frequency independent phase could play a role

It is to be noted that the geometric optics (or eikonal) approximation, determined by the wavelength of the wave being smaller than the size of the lens curvature, $\lambda/\mathcal{R} \ll 1$, encompasses the SPA. However, there are source-lens configurations in geometric optics where the SPA is broken, namely at the caustics where the Hessian matrix T_{ab} becomes singular. At those locations a single, highly magnified image is formed and the full diffraction integral needs to be solved. The other relevant limit in lensing is that of strong gravity, where $\Phi \sim 1$, and our initial weak-field assumption is broken. In practice, astrophysically this only occurs very close to extremely dense objects such as black holes, whose characteristic length scale is given by the Schwarszchild radius $r_{\rm Sch} = 2GM/c^2$. If we model such black hole as a point lens, its characteristic lensing scale is no other than the Einstein radius

$$R_E \approx \theta_E D_L = \sqrt{\frac{2(1+z_L)r_{\rm Sch}}{c\tau_D}}D_L = \sqrt{\frac{\tau_M}{\tau_D}}D_L\,, \qquad (3.3.39)$$

where in the last equality we have introduced the dilated Schwarszchild diameter crossing time $\tau_M = D_{\rm Sch}/c$. The ratio of the two scales is then

$$\frac{R_E}{D_{\rm Sch}} = \sqrt{\frac{D_L D_{LS}}{D_{\rm Sch} D_S}}\,. \qquad (3.3.40)$$

In other words, weak-field lensing occurs at scales much larger than the strong gravity regime unless the source is very close to the lens, $D_{LS} \ll D_L, D_S$, as it is the case of the photons near the super massive black holes imaged by the Event Horizon Telescope. For typical astrophysical lensing situations in which $D_{LS} \approx D_L \approx D_S$, then

$$\frac{R_E}{D_{\rm Sch}} \approx 10^{10}\left(\frac{10M_\odot}{(1+z_L)M}\right)^{1/2}\left(\frac{D_{LS}}{1{\rm Gpc}}\right)^{1/2}\,, \qquad (3.3.41)$$

and strong gravity can be safely neglected for all practical purposes.

> **Exercise 3.3**: Gravitational lensing in the stationary phase approximation
>
> Use the stationary phase approximation (SPA) to obtain the multiple image limit of the diffraction integral.

3.3.2 Diffraction

Whenever $|\Delta t_d \cdot \omega|$ is not a large number, then we need to solve the diffraction integral in full generality. This is in general a complicated problem and many different methods have been developed. However, for some simple lenses one can obtain analytic solutions. This is the case of a point mass whose expression can be derived in terms of Laguerre polynomials $L_n(z)$ (more details will follow!)

$$F(w,y) = \nu^{1-\nu}e^{2\nu \log \theta_E}\Gamma(\nu)L_\nu(-\nu y^2)\,, \qquad (3.3.42)$$

where $\nu = -iw/2$. One can check that this is equivalent to the standard hypergeometric functions except for the $e^{2\nu \log \theta_E}$ term. The result is plotted in Fig. 3.1.
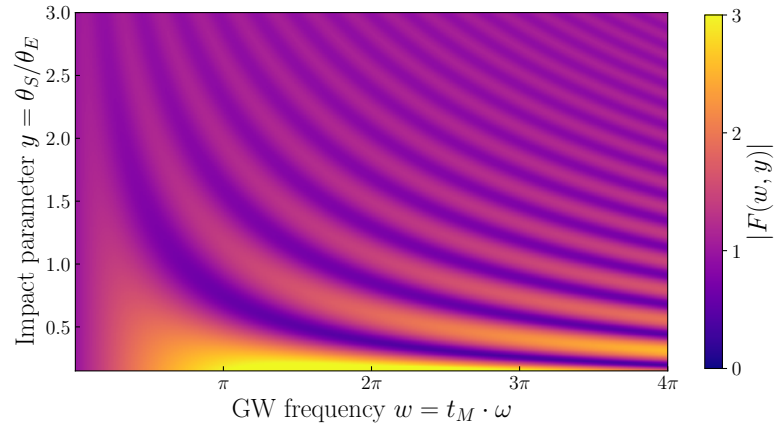
Figure 3.1. Amplification factor $F(w, y)$ for a point lens as a function of the dimensionless frequency w and dimensionless impact parameter y.

The new era of Gravitational Wave Astronomy

In the last two chapters we have studied how GWs are generated and how they propagate across the cosmos. We focused on the theory and the general physical principles behind each phenomena. Maybe this is all we could do pre-2015, but now GW astronomy is a reality and therefore it is more important than ever to not only understand the theory but also how we analyze the data and what kind of observations we are getting. Of course, we are just at the beginning of this new era in Physics and Astronomy and there is still plenty to discover. Therefore, in this chapter we will first focus on the detectors in §4.1, then on how to analyze their data in §4.2 to then in §**??** be able to understand what have we observed and, more importantly, what have we learned! We will conclude in §**??** with the future prospects of the exciting science that lies ahead.

4.1   GW observatories

As GWs propagate they carry energy and displace positions of test masses. This characteristic displacement affect celestial bodies as well as apparatus on Earth. If you have a precise way to track the position of your favorite test mass then you have a GW detector. The technology that makes possible the detection of GWs is fascinating, but goes beyond the scope of this course. For us, the most important thing will be to characterize the sensitivity of such detectors and their interactions with GWs.

Current GW detectors are interferometers. A schematic representation of the LIGO detectors is shown in Fig. 4.1. The current detector network is composed of the two LIGO detectors (Handford and Livingston in the United States), Virgo (in Europe) and KAGRA (in Japan). There is also a smaller operating detector in Germany, GEO.
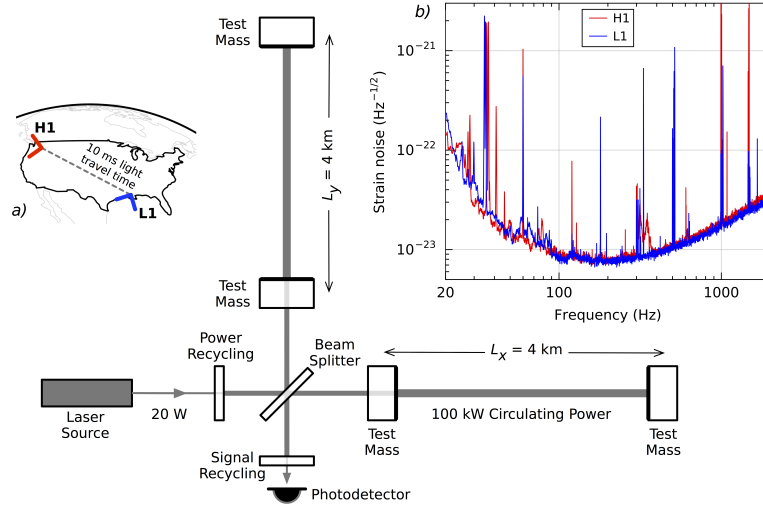
Figure 4.1. Schematic representation of the LIGO detectors [19]. Panel *a*) shows the location of the LIGO detector: Handford in Washington (H1) and Livingston in Lousiana (L1). The time travel distance between the two is 10 ms. Panel *b*) plots the detectors sensitivity around the time of the detection of the first event GW150914. Finally, the central panel shows the key components of the 4 kilometer long interferometers at each location. For more details about this figure see the science summary.

4.1.1 GW detectors

The output of any GW detector is a time series of data $d(t)$. In general this data may contain a signal $s(t)$ and noise $n(t)$:

$$d(t) = s(t) + n(t).$$ (4.1.1)

We have already studied how some GW signals look like. For example, we have computed the time domain waveform a compact binary coalescence in the inspiral phase. The purpose of the next section will be to understand how we can disentangle such signals from the noise. However, in order to do so we need to characterize first the noise itself, which will be intrinsic property defining each detector. Moreover, the noise itself determines the minimum value of the GW that could be measured.

Noise spectral density

The noise at a GW detector could be complicated. There are many people who dedicate their careers and heroic efforts to characterize them. Here, we will take simplified approach and make the following assumptions:

1. the noise is *random* process,

2. the noise is *stationary*,

3. the noise is *ergodic*,

4. the noise has *zero-mean*,

5. the noise is *Gaussian*.

The first point implies that we need to characterize each noise realization by a stochastic quantity. The stationarity of the noise implies that we only care about the difference in noise at different times and that the Fourier components are uncorrelated. The ergodicity of the noise implies that we can exchange ensemble averages (an average over many possible realizations) with time averages that we have direct access to (we are measuring the noise at different times). This ensemble average is then performed over a time interval T. The Fourier transform will then have a resolution of $\Delta f = 1/T$. 4 The zero-mean is just a convention:

$$\langle n(t) \rangle = 0 \,. \tag{4.1.2}$$

Finally, that the noise is Gaussian (also referred as white noise), implies that it can be fully characterized by its two-point function:

$$\langle \tilde{n}^*(f) \tilde{n}(f') \rangle = \frac{1}{2} S_n(f) \delta(f - f') \,. \tag{4.1.3}$$

The *noise spectral density or power spectral density (PSD)* $S_n(f)$ then fully characterized the noise. It is measured in units of Hz. Also, because the noise is a real function, its Fourier transform satisfies $\tilde{n}(-f) = \tilde{n} * (f)$, which then implies $S_n(-f) = S_n(f)$. Although the above equation formally diverges when $f = f'$, the fact that we are taking averages over a time interval T implies that

$$\langle |\tilde{n}(f)|^2 \rangle = \frac{1}{2} S_n(f) T \,, \tag{4.1.4}$$

where we have replaced the delta function by its integral form $\delta(x) = \int_{-\infty}^{\infty} dk e^{ikx}/2\pi$ on a limited range $[-T/2, T/2]$. Again, $S_n(f)$ will have a resolution of $\Delta f = 1/T$. Note that the factor of $1/2$ is conventional in order to represent the noise in the (physical) range of positive frequencies:

$$\langle n^2(t) \rangle = \int_0^{\infty} df S_n(f) \,. \tag{4.1.5}$$

As said before, real noise in current GW detectors certainly deviates from this idealized scenario. In particular it is non-Gaussian and non-stationary. However, for the purpose of our discussion these assumptions will be enough to characterize the main features of the data analysis process.

Antenna pattern functions

In our presentation of the GW generation and propagation in chapters 2 and 3, we were always thinking of how the GWs are produced in the *source frame* and how that signal was seen by a distant observer, sometimes know as the *wave frame*. For example, we took into account that the observer might not be aligned with the propagation direction and,

as a consequence, each polarization will carry a different factor due to the projection from the inclination between each reference frame. GW detectors themselves will be sensitive to different parts of the GW signal is different ways. Therefore, we need to define a *detector frame* and study the projection of a GW signal into them. Fig. 4.2 summarizes the different definitions and conventions that we will be using. Note that those vary from reference to reference making the process of matching results and fully defining all the GW parameters maximally confusing. In any case for our purpose, the very concrete definitions will not be relevant and we will focus on the important physical and observational implications.[1]

In general, we have seen that a given GW propagating in the direction $\hat{n}$ can be written as a sum over its polarizations A:

$$h_{ij}(t,\vec{x}) = \sum_A \epsilon_{ij}^A(\hat{n}) \int_{-\infty}^{\infty} df \tilde{h}_A(f) e^{-2\pi i(t - \hat{n}\vec{x}/c)} \,, \tag{4.1.6}$$

where ϵ_{ij}^A are the polarizations tensors and we have included the retardation from the finite propagation speed. However, since ground-based detectors have sizes ($\sim$4km) much smaller than the waves they detect ($\lambdabar = c/2\pi f \sim 1000$km), then $\hat{n}\vec{x}/\lambdabar \ll 1$ and we can neglect this delay and simplify the above expression to

$$h_{ij}(t,\vec{x}) = \sum_A \epsilon_{ij}^A(\hat{n}) h_A(t) \,. \tag{4.1.7}$$

The detector will measure a *strain amplitude* h that will be a projection D^{ij} of each polarization

$$h(t) = \sum_A D^{ij} \epsilon_{ij}^A(\hat{n}) h_A(t) = \sum_A F_A(\hat{n}) h_A(t) \,, \tag{4.1.8}$$

where F_A are the *detector antenna pattern functions*. Since in GR GWs only produce $+, \times$ polarizations, we will focus only in

$$h(t) = h_+(t) F_+(\hat{n}) + h_\times(t) F_\times(\hat{n}) \,, \tag{4.1.9}$$

although in general the detector could also be sensitive to other polarizations. The functions $F_{+,\times}$ therefore tell us how a GW detector reacts to the $+$ and $\times$ for a signal arriving from the sky position $\{\theta, \varphi\}$. Their particular functional form depends on the geometry of the detector itself. For current L-shaped ground-based interferometers their antenna pattern functions are

$$F_+(\theta,\varphi) = \frac{1}{2}\left(1 + \cos^2\theta\right)\cos 2\varphi \,, \tag{4.1.10}$$

$$F_\times(\theta,\varphi) = \cos\theta \sin 2\varphi \,. \tag{4.1.11}$$

The transformation between the wave and detector frames is fully fixed by three Euler angles. However, the antenna function above are defined only by two: $\{\theta, \varphi\}$.

---

[1]Here I follow mostly Maggiore's Chapter 7.2 [22].

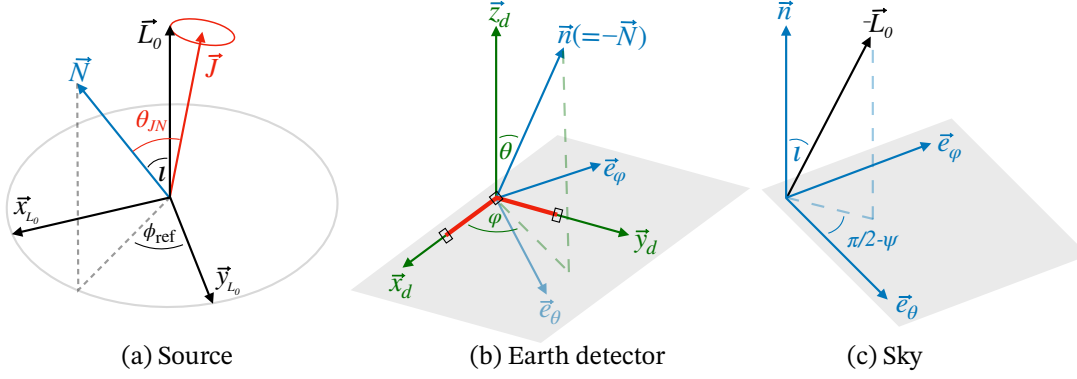(a) Source   (b) Earth detector   (c) Sky

Figure 4.2. Summary figure of our frame conventions. The source frame (a) defines the coordinate system in which the intrinsic parameters of the binary are defined: masses, spins and phase. It is anchored to the orbital angular momentum at the reference frequency $\vec{L}_0$. The Earth detector frame (b) serves to define the time of arrival and the position of the sky of the binary event for a fiducial detector at the center of the Earth, in order to compute the antenna response function of each detector. The sky frame (c) defines the remaining extrinsic parameters, the inclination ι and the polarization angle ψ. See text for further details. Figure and caption reproduced from [].

This is because we were implicitly assuming that the polarization basis defined in the plane perpendicular to $\vec{n}$ was the same between both frames. In general this need not be the case and there is a third Euler angles ψ, known as the *polarization angle*, that rotates between both frames in the transverse plane R_ψ. A rotation of ψ changes the polarization tensor by

$$\epsilon_{ij}^+(\vec{n}) \to \epsilon_{ij}^+(\vec{n}) \cos 2\psi - \epsilon_{ij}^\times(\vec{n}) \sin 2\psi \,, \tag{4.1.12}$$

$$\epsilon_{ij}^\times(\vec{n}) \to \epsilon_{ij}^+(\vec{n}) \sin 2\psi + \epsilon_{ij}^\times(\vec{n}) \cos 2\psi \,, \tag{4.1.13}$$

which effectively rotates by 2ψ due to the spin-2 nature of the polarization tensors. Then, the antenna pattern functions will become

$$F_+(\theta,\varphi,\psi) = F_+(\theta,\varphi,0) \cos 2\psi - F_\times(\theta,\varphi,0) \sin 2\psi \,, \tag{4.1.14}$$

$$F_\times(\theta,\varphi,\psi) = F_+(\theta,\varphi,0) \sin 2\psi + F_\times(\theta,\varphi,0) \cos 2\psi \,. \tag{4.1.15}$$

Note that the definition of ψ changes between different communities. The LIGO software uses a different convention to the above equation, but it can be easily obtained redefining the rotation angle: $\psi \to \pi/2 - \psi$. This is the convention used in Fig. 4.2.

Altogether this means that when analyzing a given GW signal $h(t)$, this signal will depend on three additional parameters $\{\theta, \varphi, \psi\}$ *extrinsic* to the properties of the signal itself.

There are two simplifications to the above derivation. First, we were implicitly assuming a detector at the center of Earth. When analyzing real data we need to project to the actual position of each detector on the surface of the Earth. Second, the

Earth rotates and therefore we need to anchor the sky positions to the Greenwich Mean Sidereal Time (gmst) of the observation. This is done most commonly by astronomers defining the right ascension (ra) and declination:

$$\text{ra} = \varphi + \text{gmst}\,, \tag{4.1.16}$$

$$\text{dec} = \pi/2 - \theta\,. \tag{4.1.17}$$

Sky localization

With a single GW detector it is very difficult to localize a given source. This is because we cannot break the degeneracies between all the parameters describing the binary. If we have multiple detectors, then we can use them to triangulate the sky position of the source. The trick is that GWs travel at the speed of light and we know the fixed positions of the detectors on the surface of the Earth $\vec{r}_d$. Then, the arrival time at each detector will be

$$t_d = t_c - \vec{n} \cdot \vec{r}_d/c\,. \tag{4.1.18}$$

Similarly, the arrival time difference between two detectors d_1 and d_2 is

$$\Delta t_{d_1 d_2} = \vec{n} \cdot \vec{r}_{d_1 d_2}/c\,, \tag{4.1.19}$$

where $\vec{r}_{d_1 d_2} = \vec{r}_{d_2} - r_{d_2}$. Each pair of detectors then measures an arrival time difference that constraints one angle $\vec{n} \cdot \vec{r}_{d_1 d_2}$, which defines a ring in the sky. With three detectors, two angles are constrained, $\vec{n} \cdot \vec{r}_{d_1 d_2}$ and $\vec{n} \cdot \vec{r}_{d_1 d_3}$, defining two rings in the sky that intersect at two points where the event localization is possible. These two possible localization regions correspond to a reflection symmetry of the time delays across the hemispheres delineated by the plane defined by the position of the three detectors, i.e. distinguished by the sign of $\vec{n} \cdot (\vec{r}_{d_1 d_2} \times \vec{r}_{d_1 d_3})$.
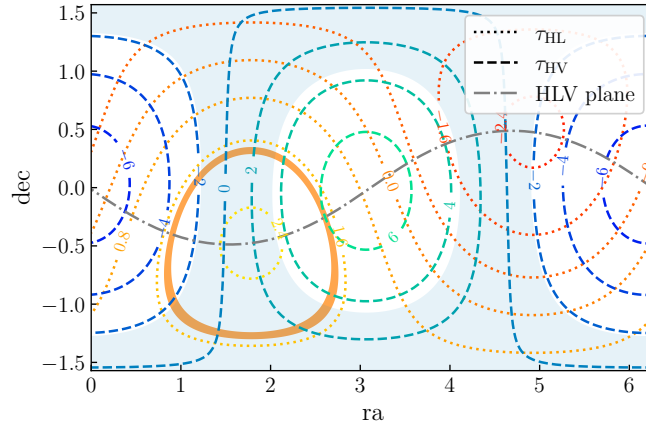
Figure 4.3. Time delay phase contour lines as a function of the right ascension (ra) and declination (dec) for GW150914. Dotted lines indicate contours for Hanford and Livingston (τ_{HL}), while dashed lines are for Hanford and Virgo (τ_{HV}). The shaded orange and blue regions correspond to the 95% CL from the reconstructed time delays, τ_{HL} and τ_{HV} respectively. The dash-dotted line indicates the plane defined by the position of the HLV detectors. The intersection of both shaded regions occurs in reflection symmetric positions above and below the detector's plane and correspond to a bimodality in the localization from time delays. Figure and caption reproduced from [].

4.2 Data analysis

As said before, the output of a GW detector is a time series data $d(t)$. In the absence of a signal $s(t)$ the data is just noise $n(t)$. We have seen in §4.1.1 that the noise can be characterized by its spectral density. We are going to consider now the more exciting case in which the data has both a signal and some noise component. Our task is therefore disentangling one from each other. In the limit in which the signal is much larger than the noise, $|s(t)| \gg |n(t)|$, then this is a simple task as one is literally seeing the signal on top of the noise. However, recall that the GW strain at the detector is very small... In fact, in current observing scenarios we are always in the opposite regime in which the noise amplitude is larger than the signal itself. Does this mean that we cannot detect GWs? No! We can detect GWs because of a very unique property of this type of transient:[2] we understand the shape of a GW (at least for compact binary coalescences) from first principles. Therefore, we can use our waveform models as *templates* to *filter* the data and dig up the signal from the noise that *matches* our template.

In this section we will study the method to extract the signal from the data in §4.2.1, *matched filtering*, then we will learn how to characterize the signal and perform

---

[2]For most (if not all!) other transients we do not have fundamental physics understanding of how their signals look like. We learn about them empirically. The main difference is that the physics of a compact binary coalescence is relatively "simple". Black holes are just described by their mass and spin and general relativity does the rest. For other explosive transients there are many other physical properties involved: temperature, chemical composition, magnetic fields...

parameter estimation in §**??**, and, finally, we will cover how to study signals collectively in *population analyses* in §**??**.

4.2.1 Matched filtering

The idea of matched filtering is very simple in theory.[3] If you have a data set $d(t)$ with a GW signal $s(t)$ for which you know the signal (in other words you have a model for $s(t)$), then, if you wait long enough, you will detect the signal. More explicitly, you can convolve the data with your model signal over an observing time T then

$$\frac{1}{T}\int_0^T dt\, d(t)s(t) = \frac{1}{T}\int_0^T dt\, s^2(t) + \frac{1}{T}\int_0^T dt\, n(t)s(t)\,, \tag{4.2.1}$$

where both the signal and the noise are typically oscillating functions. The first term on the right hand side is positive definite and, at late times, grows linearly in T. On the other hand, the second term has two uncorrelated terms that, over late times, scale as $T^{1/2}$ as a random walk. Then, we have

$$\frac{1}{T}\int_0^T dt\, d(t)s(t) \sim s_0^2 + \left(\frac{\tau_0}{T}\right)^{1/2} n_0 s_0\,, \tag{4.2.2}$$

where s_0 and n_0 are the characteristic amplitudes of the signal and noise, and τ_0 is the characteristic time of the signal. A signal is then detected when

$$s_0 > \left(\frac{\tau_0}{T}\right)^{1/2} n_0 \tag{4.2.3}$$

and the first term dominates over the second one. This is achieved if the signal amplitude is large, but also if one observe many oscillations and $\tau_0/T \ll 1$.

We now want to formalize this matched filtering process and find the optimal filter that maximizes the *signal-to-noise ratio (SNR)*. If we filter our data with a function $K(t)$, the filtered data is

$$\hat{d} = \int_{-\infty}^{\infty} dt\, d(t)K(t)\,. \tag{4.2.4}$$

The SNR is defined as the ratio of the expected value of the filtered data when the signal is present, $S = \langle \hat{d}(t)\rangle_{s\neq 0}$, with the root mean square of the filtered data without signal, $N = \sqrt{\langle \hat{d}^2(t)\rangle_{s=0} - \langle \hat{d}(t)\rangle_{s=0}^2}$. In Fourier space we have that the signal is

$$S = \int_{-\infty}^{\infty} dt\, \langle d(t)\rangle_{s\neq 0} = \int_{-\infty}^{\infty} df\, \tilde{s}(f)\tilde{K}^*(f)\,, \tag{4.2.5}$$

where in the second equality we have used that the noise has zero mean. Similarly, the noise is

$$\begin{aligned} N^2 &= \langle \hat{d}^2(t)\rangle_{s=0} - \langle \hat{d}(t)\rangle_{s=0}^2 = \langle \hat{d}^2(t)\rangle_{s=0} \\ &= \int_{-\infty}^{\infty} dt dt'\, K(t)K(t')\langle n(t)n(t')\rangle \\ &= \int_{-\infty}^{\infty} df\, \frac{1}{2}S_n(f)|\tilde{K}(f)|^2\,, \end{aligned} \tag{4.2.6}$$

---

[3]I follow the derivation of Maggiore 7.3 [22].

where, again, we have used in the second equality that we have zero-mean noise and in the third line we have used that the noise is Gaussian and defines by the power spectral density (PSD). Altogether we have that

$$S/N = \frac{\int_{-\infty}^{\infty} df\, \tilde{s}(f)\tilde{K}^*(f)}{\sqrt{\int_{-\infty}^{\infty} df\, \frac{1}{2} S_n(f)|\tilde{K}(f)|^2}} \,. \tag{4.2.7}$$

We now just need to find the adequate $K(t)$ that maximizes S/N. To do so it is useful to introduce the *noise-weighted inner product* of two real function $a(t)$ and $b(t)$

$$\begin{aligned}(a|b) &\equiv \mathrm{Re}\left[\int_{-\infty}^{\infty} \frac{\tilde{a}^*(f)\tilde{b}(f)}{S_n(f)/2}\right]\\ &= 4\mathrm{Re}\left[\int_{0}^{\infty} \frac{\tilde{a}^*(f)\tilde{b}(f)}{S_n(f)}\right]\,,\end{aligned} \tag{4.2.8}$$

where in the second line we have used that time domain reality implies $\tilde{a}^*(f) = \tilde{a}(-f)$ and $S_n(f) = S_n(-f)$. If we define a function

$$\tilde{u}(f) = \frac{1}{2}S_n(f)\tilde{K}(f)\,, \tag{4.2.9}$$

the SNR is

$$S/N = \frac{(u|s)}{\sqrt{(u|u)}}\,. \tag{4.2.10}$$

Therefore, it is now clear that the optimal filter will define a function u that is parallel to s so that $(u|s)$ is maximal. Mathematically:

$$\tilde{K}(f) \propto \frac{\tilde{s}(f)}{S_n(f)}\,. \tag{4.2.11}$$

We have found (maybe not surprisingly in perspective) that the optimal filter is the signal itself. For a given GW signal h, the optimal SNR is therefore

$$\rho_{\mathrm{opt}}^2 = (h|h) = 4\mathrm{Re}\left[\int_{0}^{\infty} \frac{|\tilde{h}(f)|^2}{S_n(f)}\right]\,. \tag{4.2.12}$$

List of exercises

Bibliography

[1] S. M. Carroll, *Spacetime and Geometry: An Introduction to General Relativity.* Cambridge University Press, 7, 2019.

[2] A. Zee, *Einstein Gravity in a Nutshell.* Princeton University Press, New Jersey, 5, 2013.

[3] H. A. Buchdahl, *General relativistic fluid spheres*, *Phys. Rev.* **116** (Nov, 1959) 1027–1034.

[4] J. R. Oppenheimer and H. Snyder, *On continued gravitational contraction*, *Phys. Rev.* **56** (Sep, 1939) 455–459.

[5] R. Ruffini and S. Bonazzola, *Systems of selfgravitating particles in general relativity and the concept of an equation of state*, *Phys. Rev.* **187** (1969) 1767–1783.

[6] J. B. Hartle, *Gravity: An introduction to Einstein's general relativity.* 2003.

[7] S. Chandrasekhar, *The maximum mass of ideal white dwarfs*, *Astrophys. J.* **74** (1931) 81–82.

[8] R. C. Tolman, *Static solutions of einstein's field equations for spheres of fluid*, *Phys. Rev.* **55** (Feb, 1939) 364–373.

[9] J. R. Oppenheimer and G. M. Volkoff, *On massive neutron cores*, *Phys. Rev.* **55** (Feb, 1939) 374–381.

[10] V. Kalogera and G. Baym, *The maximum mass of a neutron star*, *Astrophys. J. Lett.* **470** (1996) L61–L64, [`astro-ph/9608059`].

[11] W. A. Fowler and F. Hoyle, *Neutrino Processes and Pair Formation in Massive Stars and Supernovae*, *Astrophys. J. Suppl.* **9** (1964) 201–319.

[12] A. M. Ghez et al., *Measuring Distance and Properties of the Milky Way's Central Supermassive Black Hole with Stellar Orbits*, *Astrophys. J.* **689** (2008) 1044–1062, [`arXiv:0808.2870`].

[13] K. El-Badry et al., *A Sun-like star orbiting a black hole*, *Mon. Not. Roy. Astron. Soc.* **518** (2023), no. 1 1057–1085, [`arXiv:2209.06833`].

[14] K. El-Badry et al., *A red giant orbiting a black hole*, *Mon. Not. Roy. Astron. Soc.* **521** (2023), no. 3 4323–4348.

[15] **Gaia** Collaboration, P. Panuzzo et al., *Discovery of a dormant 33 solar-mass black hole in pre-release Gaia astrometry*, `arXiv:2404.10486`.

[16] B. Paczynski, *Gravitational microlensing by the galactic halo*, *Astrophys. J.* **304** (1986) 1–5.

[17] M. Schmidt, *3C 273 : A Star-Like Object with Large Red-Shift*, *Nature* **197** (1963), no. 4872 1040.

[18] **Event Horizon Telescope** Collaboration, K. Akiyama et al., *First M87 Event Horizon Telescope Results. I. The Shadow of the Supermassive Black Hole*, *Astrophys. J. Lett.* **875** (2019) L1, [`arXiv:1906.11238`].

[19] **LIGO Scientific, Virgo** Collaboration, B. P. Abbott et al., *Observation of Gravitational Waves from a Binary Black Hole Merger*, *Phys. Rev. Lett.* **116** (2016), no. 6 061102, [`arXiv:1602.03837`].

[20] E. E. Flanagan and S. A. Hughes, *The Basics of gravitational wave theory*, *New J. Phys.* **7** (2005) 204, [`gr-qc/0501041`].

[21] S. Weinberg, *Photons and Gravitons in S-Matrix Theory: Derivation of Charge Conservation and Equality of Gravitational and Inertial Mass*, *Phys. Rev.* **135** (1964) B1049–B1056.

[22] M. Maggiore, *Gravitational Waves. Vol. 1: Theory and Experiments.* Oxford University Press, 2007.

[23] R. A. Isaacson, *Gravitational Radiation in the Limit of High Frequency. I. The Linear Approximation and Geometrical Optics*, *Phys. Rev.* **166** (1968) 1263–1271.

[24] R. A. Isaacson, *Gravitational Radiation in the Limit of High Frequency. II. Nonlinear Terms and the Effective Stress Tensor*, *Phys. Rev.* **166** (1968) 1272–1279.

[25] J. D. E. Creighton and W. G. Anderson, *Gravitational-wave physics and astronomy: An introduction to theory, experiment and data analysis.* 2011.

[26] P. C. Peters and J. Mathews, *Gravitational radiation from point masses in a Keplerian orbit*, *Phys. Rev.* **131** (1963) 435–439.

[27] C. W. Misner, K. S. Thorne, and J. A. Wheeler, *Gravitation.* W. H. Freeman, San Francisco, 1973.

[28] K. S. Thorne, *Gravitational Radiation: A New Window onto the Universe.* unpublished, 1989.

[29] W. H. Press, *Long Wave Trains of Gravitational Waves from a Vibrating Black Hole*, *Astrophys. J. Lett.* **170** (1971) L105–L108.

[30] R. H. Price, *Nonspherical perturbations of relativistic gravitational collapse. 1. Scalar and gravitational perturbations*, *Phys. Rev. D* **5** (1972) 2419–2438.

[31] R. H. Price, *Nonspherical Perturbations of Relativistic Gravitational Collapse. II. Integer-Spin, Zero-Rest-Mass Fields*, *Phys. Rev. D* **5** (1972) 2439–2454.

[32] E. W. Leaver, *Spectral decomposition of the perturbation response of the Schwarzschild geometry*, *Phys. Rev. D* **34** (1986) 384–408.

[33] L. Blanchet, *Radiative gravitational fields in general relativity. 2. Asymptotic behaviour at future null infinity*, *Proc. Roy. Soc. Lond. A* **409** (1987) 383–399.

[34] D. W. Hogg, *Distance measures in cosmology*, `astro-ph/9905116`.

[35] E. Schrodinger, *The proper vibrations of the expanding universe*, *Physica* **6** (July, 1939) 899–912.

[36] T. T. Nakamura and S. Deguchi, *Wave Optics in Gravitational Lensing*, *Prog. Theor. Phys. Suppl.* **133** (1999) 137–153.

[37] R. Blandford and R. Narayan, *Fermat's principle, caustics, and the classification of gravitational lens images*, *Astrophys. J.* **310** (1986) 568–582.