

HURRICANE ACES



Cadets had a great time at UCF this year for Lime Cup!

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HIGH ROPES COURSE

C/ZAVALA

Our Detachment was fortunate enough to be able to provide its cadets with an opportunity to develop bonds with one another at a local ropes course. The course consisted of ground exercises where teams had to come up with the best solutions to mind boggling puzzles. One exercise had teams of around 12-14 cadets per team. The exercise consisted of a circle, about 20 feet in diameter, with numbered plates that were thrown randomly within the circle. The objective was to have each team try to reach every plate in numerical order starting from the lowest to the highest number and have the fastest time.



Cadets challenge themselves both physically and mentally on the High Ropes Course

Another exercise we did was a sort of "Simon Says" in which each cadet had to partner up with another random cadet and perform whatever action they were instructed to do by "Simon". Each time a different instruction was given you would need to partner up with someone new and preferably someone you didn't know too well. The instructions we were given were fun and creative. One in specific, was the strange way we were told to shake our partners hands. We had to face away from each other with our backs touching and both of us had to bend forward and then extend our hands between our legs and shake hands. After the handshake we would jump up and flip to a position where we faced each other and then proceeded to give one another a thumbs up. It was quite the show!

Once the exercises were finished we were able to try and conquer our fears of height by climbing into the sky, only strapped by a harness. Many of us took shaky first steps, but after the treacherous climb we realized that almost anything is possible if enough effort is applied. One obstacle in particular seemed to be the most terrifying - the obstacle had one cadet tiptoe across a very thin line from point A to point B, but the twist was that the very thin line was about 40 feet in the air. All in all, every cadet that completed an obstacle felt accomplished and satisfied once the day came to an end.



WHAT OUR CADETS DID OVER SPRING BREAK

C/ESCUDERO

During my spring break, I took three days off to take a short trip with my family. I went to Disney World with my wife and children to create some memories. Nathan, my oldest boy, was so excited because he wanted to introduce Mickey to Ian, my youngest son. Even though it was kind of difficult to walk long hours in the park with two children, we had a blast. I really needed time to focus only on my family and make my children happy.



C/MASSIAH

I went to Tampa to visit friends, and had alternate PT for anyone interested in working out over spring break.



C/SAMUEL

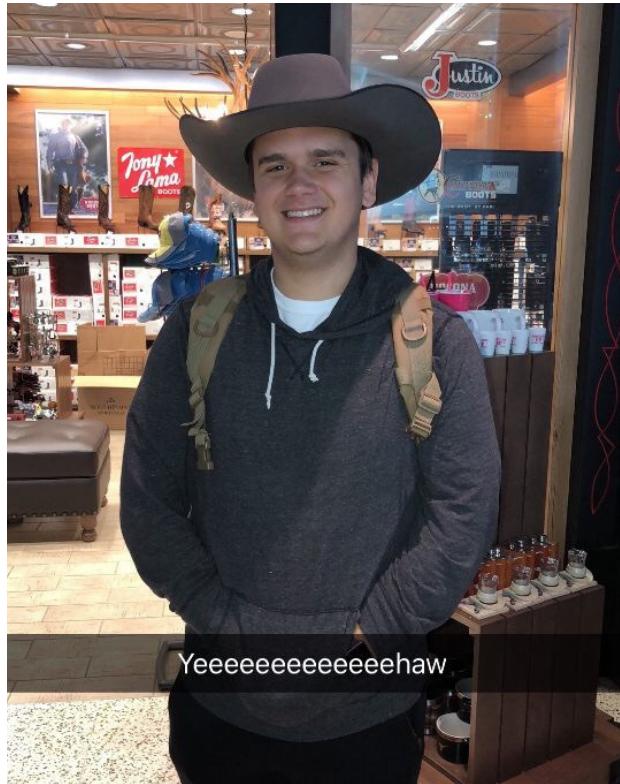
For spring break this year I went to Sweden with my friends. We stayed in Stockholm for the week but took a trip even further north for a few days up to the Arctic Circle and stayed at the Ice Hotel. Although not your typical tropical spring break it was an amazing experience and a lot of fun. My favorite part of the trip was going on a nighttime snowmobiling tour and getting to see the most beautiful northern lights; it's definitely something I won't ever forget.



WHAT OUR CADETS DID OVER SPRING BREAK

C/CAFFERATA

I'm in the "FIU Courtside Players", which is FIU's pep band for the basketball games, and we went to Frisco, Texas to play for the team in the Conference USA basketball tournament. While we were there we ate at really good barbecue restaurants and performed for fans at pregame events. Unfortunately FIU's basketball team lost in the first round of the tournament so we were only there a few days, but I still had a great time.



C/CLODE

C/White and I went to Killington, Vermont for two days to go snowboarding and skiing before going up to Montreal, Canada for two days. We then went to Connecticut and hiked around different areas. The entire trip was extremely snowy and cold, but it was great to get away from Florida and the heat for a bit.



GLOBAL STRIKE COMMAND

C/MARENCO

During LLAB 8, the Wing had the opportunity to learn about the Global Strike Command in a briefing presented by two guest speaking officers. These two officers shared their personal stories about their lives as officers working for the Global Strike Command and what their responsibilities are on a day to day basis. It was interesting to see how our nuclear weapons are controlled daily and all the precautions that are taken in order to assure that our country is protected. On any given day, Americans are subject to nuclear strikes from opposing forces, but these diligent officers work daily to ensure our safety. They also informed us, with respect to classified information, how the process of being in the bomber force is carried out. Many cadets, including myself, learned a lot from the briefing and appreciated the officers time with us.

LIME CUP



C/MEDINA, JESSICA

Lime Cup was super amazing! I am extremely happy that as an AS 400 I was finally able to attend Lime Cup. This was my first and last Lime Cup experience in which my outlook on it was amazing. It was an awesome opportunity to be able to play for my detachment and exemplify the qualities and abilities Detachment 155 has. The fact that all the athletes here showed their dedication to this event means a lot. We aren't like all the other schools that have 100+ cadets; we come with a flame that never dies out. We set in stone who we are - "Det 155 Aces" - also known as MIAMI. We came with a boom and that allowed for everyone to really see who we are and what we represent. We also had an amazing tailgate at what essentially was half time of the day and that was amazing because we literally bought the party. From the Hummer all the way to the water slide, it was just "LIT"!!!! The fact that as many spectators came out was another amazing part of the day because of the fact that we were supporting one another in this competition. There's nothing better than being able to spend time with all cadets despite AS year, because in reality we are all in this program aspiring to be Air Force Officers and all of us want to make sure that we all make it through the program and know that there is so much support from all of us. I truly feel lucky to have experienced this amazing first and last Lime Cup experience with the Cadre and all the cadets. Thanks Det 155 family.



POOL CONFIDENCE COURSE

C/PATRICK

The Confidence Course was planned for cadets to come out and build confidence while overcoming fears. Luckily, during this LLAB some cadets were able to overcome more than one fear at the same time. I am truly afraid of heights AND water so it was very motivating seeing other cadets overcome their fear of heights or water so quickly.

While planning the course, we really wanted something that would be fun and challenging at the same time. We also wanted the cadets to take away skills that could help them survive instead of cracking under pressure through their own panic. Overall, I feel the LLAB was a success and just seeing the thrill in everyone's faces once they overcame their fears was the most rewarding.

