# Healthcare Newsletter Platform - User Manual

## **Table of Contents**

- 1. Introduction
- 2. Getting Started
  - o Creating an Account
  - o Logging In
  - Dashboard Overview
- 3. Patient Management
  - Adding Individual Patients
  - Bulk Importing Patients
  - o Managing Patient Details
  - o Tracking Patient Consent
- 4. Newsletter Templates
  - o Creating Templates
  - o Adding Content Blocks
  - Targeting Specific Patient Groups
  - o Personalizing Content
  - Preview and Testing
- 5. Campaigns
  - Creating a Campaign
  - Scheduling Deliveries
  - Sending a Campaign
  - o Monitoring Status
- 6. Analytics and Reporting
  - Campaign Performance
  - Patient Engagement
  - o Health Outcome Tracking
  - o Correlation Analysis
- 7. Health Outcomes
  - o Recording Health Measurements
  - o <u>Importing Health Data</u>
  - o Tracking Trends
- 8. Account Management
  - o Subscription Plans
  - o Billing Information
  - o Adding Team Members
- 9. Security and Compliance

- o **HIPAA Compliance**
- o Data Protection
- o Patient Privacy
- 10. Troubleshooting
  - o Common Issues
  - Support Contact

## Introduction

Welcome to the Healthcare Newsletter Platform, a specialized solution designed specifically for healthcare providers who want to deliver personalized, relevant health information to their patients.

This platform enables you to create and send newsletters that are tailored to your patients' specific health conditions, medications, dietary needs, and treatment plans. Unlike general marketing tools, our platform is built with healthcare compliance in mind and focuses on meaningful health communication that can improve patient outcomes.

Key benefits of our platform include:

- Creating targeted, condition-specific content
- Delivering hyper-personalized newsletters based on individual patient health profiles
- Tracking engagement metrics and correlating them with health outcomes
- Maintaining HIPAA compliance throughout the entire process
- Building stronger patient relationships through regular, relevant communication

This manual will guide you through all the features and functionality of the platform, helping you leverage its full potential to improve patient education and engagement.

# **Getting Started**

# **Creating an Account**

- 1. Navigate to <a href="https://healthcarenewsletter.com/signup">https://healthcarenewsletter.com/signup</a>
- 2. Enter your email address, password, and practice information
- 3. Select your subscription tier (Base, Professional, or Enterprise)
- 4. Complete payment information
- 5. Verify your email address by clicking the link sent to your inbox
- 6. Set up your practice profile with logo and branding elements

#### Logging In

- 1. Go to <a href="https://healthcarenewsletter.com/login">https://healthcarenewsletter.com/login</a>
- 2. Enter your email address and password
- 3. Click "Log In"

For security reasons, your session will automatically expire after 30 minutes of inactivity.

#### **Dashboard Overview**

Upon logging in, you'll see the main dashboard with the following components:

- Navigation Menu: Located on the left side, providing access to all platform sections
- Quick Stats: Overview of key metrics (total patients, active newsletters, engagement rates)
- Recent Activity: Latest actions taken on the platform
- Quick Actions: Buttons for common tasks like adding patients or creating newsletters
- Newsletter Performance: Charts showing engagement trends and metrics

The dashboard is designed to give you a quick overview of your newsletter program's performance and provide easy access to common tasks.

# **Patient Management**

# **Adding Individual Patients**

To add a single patient:

- 1. From the dashboard, click "Patients" in the navigation menu
- Click the "Add Patient" button
- 3. Fill in the required fields:
  - Email Address (required)
  - First Name (required)
  - Last Name (required)
  - Date of Birth (optional)
- 4. Add additional health information as needed:
  - Health Conditions
  - Medications
  - Dietary Restrictions
- 5. Set consent status:
  - o Active: Patient has given consent
  - Pending: Awaiting consent

- Revoked: Patient has withdrawn consent
- Click "Save Patient"

#### **Bulk Importing Patients**

To import multiple patients at once:

- 1. From the Patients page, click "Import Patients"
- 2. Download the CSV template by clicking "Download Template"
- 3. Fill in the template with your patient data
  - Required columns: email, first\_name, last\_name
  - Optional columns: date\_of\_birth, health\_conditions, medications, dietary restrictions, consent status, consent date, preferred frequency
  - For array fields (health\_conditions, medications, dietary\_restrictions), separate multiple values with a semicolon (;)
- 4. Save your file as CSV
- 5. Click "Choose File" and select your completed CSV
- 6. Click "Upload and Import"
- 7. Review the import preview and confirm

The system will validate your data before importing and notify you of any issues.

#### **Managing Patient Details**

To view or edit a patient's information:

- 1. Go to the Patients page
- 2. Find the patient using the search function or by browsing the list
- 3. Click on the patient's name to view their profile
- 4. Click "Edit" to modify their information
- 5. Make your changes and click "Save Changes"

From the patient profile, you can also:

- View their newsletter engagement history
- See health outcome measurements
- Track which newsletters they've received
- Manage their consent status
- View a timeline of all interactions

#### **Tracking Patient Consent**

Patient consent is crucial for healthcare communications. Our platform provides several ways to manage this:

- 1. **Manual Setting**: Update consent status directly in patient profiles
- 2. Bulk Update: Change consent status for multiple patients at once
- 3. **Automated Emails**: Send consent request emails to patients
- 4. Consent Links: Include one-click consent/revoke links in emails
- 5. **Import Status**: Set status during bulk import

The system tracks consent dates and status changes for audit purposes. Patients with "Pending" or "Revoked" status will not receive newsletters.

# **Newsletter Templates**

#### **Creating Templates**

Templates are reusable newsletter designs that can be used for multiple campaigns.

To create a new template:

- 1. From the dashboard, click "Newsletters" in the navigation menu
- 2. Click the "Create Template" button
- 3. Enter a name for your template (e.g., "Diabetes Monthly Update")
- 4. Enter a default subject line
- 5. Begin designing your template by adding content blocks
- 6. Click "Save Template" when finished

Templates can be edited, duplicated, or archived as needed.

# **Adding Content Blocks**

Templates are built using a block-based editor. To add content:

- 1. While editing a template, click "Add Content Block"
- Choose from available block types:
  - Text: For paragraphs, lists, and headings
  - o **Image**: For adding photos, diagrams, or illustrations
  - Button: For calls-to-action or links
  - o **Divider**: For visual separation between sections
  - Spacer: For adding vertical space
  - **Health Info**: Specialized blocks for health condition information
- 3. Configure the block settings
- 4. Add personalization tags if needed (see Personalizing Content)
- 5. Set display rules if the block should only appear for certain patients

Blocks can be rearranged by dragging and dropping, duplicated, or deleted as needed.

#### **Targeting Specific Patient Groups**

Templates can be targeted to specific patient groups based on their health profile:

- 1. In the template settings, go to the "Targeting" section
- 2. Select any combination of:
  - **Health Conditions**: e.g., diabetes, hypertension
  - **Medications**: e.g., metformin, lisinopril
  - o **Dietary Restrictions**: e.g., gluten-free, low-sodium
- 3. Save your targeting settings

When a campaign uses this template, it will only be sent to patients who match at least one of the specified criteria. If no targeting is set, the newsletter will be sent to all patients with active consent.

Within a template, individual content blocks can also have their own targeting rules, allowing for highly personalized content.

# **Personalizing Content**

Use personalization tags to dynamically insert patient-specific information:

- 1. While editing text, click the "Personalization" dropdown
- 2. Select from available tags:

```
Basic: {first_name}, {last_name}, {full_name}
```

- Health: {health\_conditions}, {medications}
- Date: {current\_date}, {current\_month}, {current\_year}
- o Appointments: {next\_appointment}

Tags will be replaced with the actual patient information when the newsletter is sent.

#### **Preview and Testing**

Before using a template in a campaign:

- 1. Click the "Preview" tab to see how your template looks
- 2. Use the "Test Patient" dropdown to preview personalization for specific patients
- 3. Click "Send Test Email" to send a test to yourself or a colleague
- 4. Make any necessary adjustments based on the previews

The preview shows how your newsletter will appear on different devices (desktop, tablet, mobile).

# **Campaigns**

#### **Creating a Campaign**

Campaigns are individual newsletter distributions using a specific template:

- 1. From the dashboard, click "Campaigns" in the navigation menu
- 2. Click "Create Campaign"
- 3. Enter a name for your campaign (e.g., "January Diabetes Update")
- 4. Select a template from the dropdown
- 5. Review the target audience count (based on template targeting rules)
- 6. Choose to send immediately or schedule for later
- 7. Click "Create Campaign"

#### **Scheduling Deliveries**

To schedule a campaign for future delivery:

- 1. On the campaign creation screen, toggle "Schedule for later"
- 2. Select a date and time
- 3. Choose your timezone
- 4. Click "Schedule Campaign"

Scheduled campaigns can be edited or canceled up until the sending time.

#### Sending a Campaign

To send a campaign immediately:

- 1. From the campaign creation or edit screen, click "Send Now"
- 2. Confirm that you want to proceed
- 3. The system will begin processing the campaign

Large campaigns are processed in batches to ensure optimal deliverability.

# **Monitoring Status**

Track the progress of your campaigns:

- 1. Go to the Campaigns page
- 2. The status column shows each campaign's current state:
  - o **Draft**: Not yet sent or scheduled
  - Scheduled: Set for future delivery
  - Sending: Currently being processed and delivered
  - o Sent: Delivery complete

- Paused: Manually paused during sending
- 3. Click on a campaign name to view detailed information

For campaigns in progress, you'll see a real-time delivery progress bar.

# **Analytics and Reporting**

#### **Campaign Performance**

View detailed metrics for each campaign:

- 1. Go to the Campaigns page
- 2. Click on a campaign name
- 3. Click the "Analytics" tab to view:
  - Delivery rate: Percentage of newsletters successfully delivered
  - Open rate: Percentage of recipients who opened the newsletter
  - Click rate: Percentage of openers who clicked a link
  - o Device breakdown: Desktop vs. mobile vs. tablet
  - Link performance: Which links received the most clicks
  - Time analysis: Opens and clicks by time of day

Data can be exported to CSV for further analysis in external tools.

## Patient Engagement

Track engagement at the patient level:

- 1. Go to the Patients page
- 2. Click on a patient's name
- 3. Click the "Engagement" tab to view:
  - Newsletters received
  - Open history
  - Click history
  - Engagement score
  - Engagement trend over time

This information helps identify highly engaged patients or those who may need different communication approaches.

# **Health Outcome Tracking**

Correlate newsletter engagement with health outcomes:

- 1. Go to the Analytics page
- 2. Click the "Health Outcomes" tab
- 3. Select health conditions and metrics to analyze
- 4. View trends over time
- 5. Compare outcomes between engaged and non-engaged patient groups

This powerful feature helps demonstrate the impact of your newsletter program on actual health metrics.

#### **Correlation Analysis**

For Professional and Enterprise tier subscribers, advanced correlation analysis is available:

- 1. Go to the Analytics page
- 2. Click the "Correlation" tab
- 3. Select metrics to compare (e.g., newsletter open rates vs. A1C levels)
- 4. View the generated scatter plots and correlation coefficients
- 5. Generate PDF reports for stakeholders

This analysis can help prove the ROI of your patient communication efforts.

#### **Health Outcomes**

# **Recording Health Measurements**

Track patient health metrics over time:

- 1. Go to the Patients page
- 2. Click on a patient's name
- 3. Click the "Health Outcomes" tab
- Click "Add Measurement"
- 5. Select the health condition (e.g., diabetes)
- 6. Select the measurement type (e.g., A1C, blood glucose)
- 7. Enter the value and date
- 8. Add optional notes
- 9. Click "Save Measurement"

These measurements will be used in analytics to track the impact of your newsletters.

#### **Importing Health Data**

Import health data in bulk:

- 1. From the Health Outcomes page, click "Import Data"
- 2. Download the CSV template
- 3. Fill in the required information:
  - patient id
  - o condition
  - measurement type
  - o measurement value
  - o measurement date
- 4. Upload the completed CSV
- 5. Review and confirm the import

The system can also integrate with certain EHR systems for automated data import (Enterprise tier only).

#### **Tracking Trends**

View trends in health outcomes:

- 1. Go to the Health Outcomes page
- 2. Use the filters to select specific:
  - o Health conditions
  - Measurement types
  - Date ranges
  - Patient groups
- 3. View the trend charts
- 4. Click "Export" to download the data or charts

Trend analysis helps identify patterns and the effectiveness of your newsletters.

# **Account Management**

# **Subscription Plans**

We offer three subscription tiers:

- 1. Base Tier (\$299/month)
  - Up to 1,000 patients
  - Basic personalization
  - Standard templates
  - Basic analytics

#### 2. Professional Tier (\$699/month)

- Up to 3,000 patients
- Advanced personalization
- Custom templates
- Enhanced analytics
- A/B testing capabilities

#### 3. Enterprise Tier (\$1,500/month)

- Unlimited patients
- o Full personalization suite
- Custom EHR integration
- Advanced outcome tracking
- Dedicated support

#### To change your subscription:

- 1. Go to Settings > Billing
- 2. Click "Change Plan"
- 3. Select your desired plan
- 4. Follow the prompts to complete the change

Plan changes take effect immediately for upgrades and at the end of your current billing cycle for downgrades.

## **Billing Information**

Manage your billing information:

- 1. Go to Settings > Billing
- 2. View your current plan, next billing date, and payment history
- 3. Click "Update Payment Method" to change your card information
- 4. Click "Billing History" to view past invoices
- 5. Click "Download Invoice" to save PDF copies for your records

All billing is handled securely through Stripe.

#### **Adding Team Members**

Enterprise accounts can add multiple team members:

- 1. Go to Settings > Team
- 2. Click "Add Team Member"
- 3. Enter their email address
- 4. Select their role:

o Admin: Full access to all features

• Editor: Can create and edit newsletters, view patients

Analyst: View-only access to analytics and campaigns

Billing: Access to billing information only

5. Click "Send Invitation"

The team member will receive an email with instructions to create their account.

# **Security and Compliance**

#### **HIPAA** Compliance

Our platform is designed to maintain HIPAA compliance:

- All data is encrypted in transit and at rest
- Patient information is stored securely with strict access controls
- Row-level security ensures perfect data isolation between providers
- Audit logs track all access to patient information
- Data Processing Agreement (BAA) provided for all subscribers
- Regular security assessments and penetration testing

#### **Data Protection**

We implement multiple layers of data protection:

- Data is backed up daily with 30-day retention
- Disaster recovery procedures ensure minimal data loss
- Two-factor authentication option for all users
- Automatic session timeouts after inactivity
- IP restrictions available for Enterprise accounts
- All data centers are SOC 2 compliant

#### **Patient Privacy**

Protecting patient privacy is paramount:

- All newsletters include unsubscribe options
- Patient consent is required and tracked
- No PHI is included in email subjects
- Privacy policy templates are provided
- Automated consent reminders and renewals
- Data minimization practices throughout

# **Troubleshooting**

#### **Common Issues**

**Problem**: Newsletters not being delivered. **Solution**: Check that:

- Patient has "Active" consent status
- Patient email is valid
- Patient matches template targeting criteria
- Your account is in good standing

**Problem**: Unable to import patients. **Solution**: Ensure your CSV:

- Has all required columns (email, first\_name, last\_name)
- Uses proper formatting (semicolons for multiple values in a field)
- Contains valid email addresses
- Does not exceed your plan's patient limit

**Problem**: Analytics data not appearing. **Solution**:

- Analytics data can take up to 24 hours to fully process
- Ensure you have at least 10 patients in your campaign for meaningful analytics
- Check that your tracking domains are properly configured

#### **Support Contact**

If you encounter any issues not addressed in this manual:

- Email: support@healthcarenewsletter.com
- Phone: (800) 555-1234
- Live Chat: Available from the dashboard, Monday-Friday, 8am-8pm ET

Enterprise customers have access to a dedicated support representative.

Thank you for choosing the Healthcare Newsletter Platform. We're committed to helping you improve patient education, engagement, and outcomes through personalized health communications.

© 2025 Healthcare Newsletter Platform