

F. No. 5-18/2021-PN-II  
Government of India  
Ministry of Education  
Department of Higher Education  
(PN.II Section)

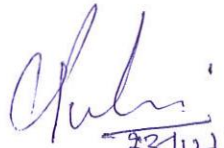
Shastri Bhawan,  
Dated : 23<sup>rd</sup> December, 2021

**OFFICE MEMORANDUM**

**Subject: Request for using Education Ministry Logo and to support and promote 75 Crore Surya Namaskar Project on Amritmahotsav Celebration, 75th Anniversary of Independence Day - reg**

Please refer to letters dated 11.12.2021 and 21.12.2021 received from Secretary General, National Yogasana Sports Federation (NYSF) requesting for support and promotion of 75 Crore Surya Namaskar Project on Amritmahotsav Celebration, 75th Anniversary of Independence Day.

2. A copy of above letters are forwarded to all Bureaus of this Ministry to circulate among autonomous bodies/schools/colleges/ HEIs/educational institutions under their control to give publicity, dissemination the information about event and to take necessary action towards participation in the event.

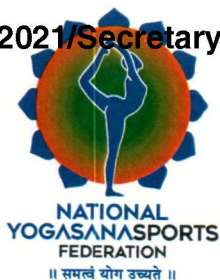
  
(D. T. Pali) 28/12/2021  
Under Secretary (PN-II)

**Chairman, UGC**

**Chairman, AICTE**

**All Bureau Heads of D/o Higher Education**

**All Bureau Heads of D/o School Education & Literacy**



# NATIONAL YOGASANA SPORTS FEDERATION

Registration No. S/ND/1042/2020

Recognized by Ministry of Youth Affairs and Sports, Government of India

Affiliated to World Yogasana

Associate Member : Indian Olympic Association

**Udit Sheth**  
President

**Dr. Jaideep Arya**  
Secretary General

**Rachit Kaushik**  
Treasurer

File No. NYSF/14/2021-22

Date: 11.12.2021

To,

✓ The Worthy Secretary,  
Department of Higher Education,  
Ministry of Education,  
Government of India,  
New Delhi.

**Subject: REQUEST FOR USING EDUCATION MINISTRY LOGO AND TO SUPPORT AND PROMOTE 75 CRORE SURYA NAMASKAR PROJECT ON AMRITMAHOTSAV CELEBRATION, 75<sup>TH</sup> ANNIVERSARY OF INDEPENDENCE DAY.**

Respected sir,  
Namaste,

National Yogasana Sports Federation (NYSF) is the recognised federation by Ministry of Youth Affairs & Sports, Govt of India, to spread Yogasana as Sports and create awareness of health within youngsters of our country.

On the occasion of Amrit Mahotsav Celebration, 75th anniversary of Independence Day under the patronage of Yogrishi Swami Ramdev ji (Patanjali), Guruji Dr H.R. Nagendra ji (Founder of S-VYASA), Swami Govind Dev Giri ji (President of Geeta Pariwar), Pujya Daji Shri Kamlesh Patel ji (Founder, Heartfulness) we have decided to run a project of 750 million Surya Namaskar in 30 states, involving 30,000 institutes and 3 lakh students from 1st January 22 to 7th February 22 and performing musical Surya Namaskar in front of tricolour on 26th January 2022.

We hereby request:-

- To Join this program as a supportive and promotive partner.
- To allow to use logo of Education Ministry for this event.
- Request to promote this project by asking Students and Staff, which comes under your Ministry to participate in Surya Namaskar project.
- A video message from Hon'ble Minister and Hon'ble Secretary to participate in the program.

We expect your positive response to our request.

With warm Regards,  
Your faithfully,

**Dr Jaideep Arya**  
(Secretary General, NYSF)  
[jaiarya1973@gmail.com](mailto:jaiarya1973@gmail.com)

Mobile: 9760095100  
महासचिव / Secretary General

राष्ट्रीय योगासन खेल महासंघ  
National Yogasana Sports Federation

Registration No. S/ND/1042/2020

पंजीकृत: गुरु गोरखनाथ मंदिर, पॉकेट-3, ब्लॉक-3, गुरु नंद दिल्ली-110075

Campus of Guru Gorakhnath Mandir, Pocket-3  
Dwarka, New Delhi-110075

Copy to:

- The Worthy Secretary, Department of Sports, Ministry of Youth Affairs & Sports, Government of India, Room No. 3, C- Wing, Shastri Bhawan, New Delhi-110004.
- The Worthy Secretary, Ministry of AYUSH, Ayush Bhawan, B Block, INA, New Delhi- 110023.

**National Yogasana Sports Federation:**

In campus of Guru Gorakhnath Mandir Nirman Samiti Haf, Pocket-3, Phase-1, Sector-7, Dwarka, New Delhi – 110075, India.

T: +91 (11) 42636206 | E: [sg@yogasanasport.in](mailto:sg@yogasanasport.in)

President's Office: C/O SF TransStadia Pvt. Ltd. The Arena, Nr. Kankar Lake, Gurgaon, Haryana-122002

TSCA)

Wg  
13/12





A Tribute on 75th Anniversary of Independence  
**750 Million Suryanamaskar**  
www.75suryanamaskar.com



Date: 21.12.2021

To,  
Hon'ble Secretary  
Dept of Higher Education  
Ministry of Education  
Govt of India.  
127-C, Shastri Bhawan,  
New Delhi.

**Subject: 75 Crore Surya Namaskar Project – Participation of organization under your department.**

Respected Sir,

This is with reference to the attached letter issued by the hon. Secretary - Ministry of AYUSH, Govt. Of India, to your office regarding participation of concerned organization under your ambit in the 75 crore Surya Namaskar event. Following is the procedure that needs to be followed in order to participate in the event, by individuals and collectively as an organization, respectively.

1. Log-in to the Surya Namaskar event website: <https://www.75suryanamaskar.com/>
2. (a) Through self-explanatory steps, register your organization as a participating institute.  
(b) An individual can similarly register individually.
3. Through an excel sheet, all the participants of your institute can be collectively registered for the event.
4. By each participant – individual or part of an organization, 12 poses of Surya Namaskar Yogasana must be performed - 13 times every day - for 21 days (any days) within the duration of 51 days, starting from 01-Jan-22 to 20-Feb-22.
5. (a) For an organization, a 1-minute video of collectively performing Surya Namaskar must be recorded daily by the organization. These videos can be shot offline or performed in a Facebook live session to create a digital footprint.  
(b) For an individual, a 30-second video of performing Surya Namaskar must be recorded by participant from their phones.
6. (a) On a daily basis, a group photograph of the practicing group must be taken at any stage of the Asana by the organization, and kept in their records, for uploading on the website at a later designated stage, which will be instructed to them.  
(b) On a daily basis, a photograph of self must be taken at any stage of the Asana, and kept in their records by individuals, for uploading on the website at a later designated stage, which will be instructed to them.

I request you to please issue these instructions to all the organizations under your ambit which intent to participate in this event.

Thank you in anticipation of a positive response.

Thanks, and regards,

**Dr. Jaideep Arya**  
Secretary General  
NYSF

**Organisator**



पंचजलि योगपीठ



क्रीडा-भारती



नॅशनल योगासन  
स्पोर्ट्स फेडरेशन



गीता परिवार



हार्टफुलनेस

**Office:**

National Yogasana Sports Federation,  
Guru Gorakshnath Mandir Campus, Nirman Samiti Haf,  
Pocket 3, Phase 1, Sector 7, Dwarka, New Delhi - 110 075

Email: [info@75suryanamaskar.com](mailto:info@75suryanamaskar.com)

Mobile: 90283 10555





**वैद्य राजेश कोटेचा**  
**Vaidya Rajesh Kotecha**

सचिव  
भारत सरकार  
आयुष मंत्रालय  
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्प्लेक्स,  
आई.एन.ए. नई दिल्ली-110023  
Secretary  
Government of India  
Ministry of Ayush  
Ayush Bhawan, B-Block, GPO Complex  
INA, New Delhi-110023  
Tel. : 011-24651950, Fax : 011-24651937  
E-mail : secy-ayush@nic.in

DO No. W-12015/33/2021-IEC  
17<sup>th</sup> December, 2021

Dear Shri K. Sanjay Murthyji,

Ministry of Ayush has the mandate to facilitate development and growth of Ayush systems of medicine.

In this regard, the Ministry has been organizing AROGYA Fairs since 2001. The AROGYA Fairs have been a great success in generating awareness and benefitting stakeholders through display of the latest trends in the Ayush sector. These Fairs have been organized at New Delhi, Chennai, Hyderabad, Indore, Dehradun, Amritsar, Mumbai, Pune, Srinagar, Lucknow, Patna, Coimbatore, Chandigarh, Raipur, Jaipur, Guwahati, Bengaluru, Ahmedabad, Varanasi and at other places in different States in the past.

Encouraged by the response of these fairs, Ministry of Ayush is supporting National Yogasana Sport Federation(NYSF) with Ayush Logo to conduct 75 crore suryanamaskar project on Amrit Mahotsava celebrations on the occasion of 75<sup>th</sup> anniversary of Independence Day in 30 States involving 30000 Institutes and 3 lakh students and performing musical Suryanamaskar in front of Tricolour on 26<sup>th</sup> January, 2022.

The proposed event will be a landmark in generating awareness about the efficacy of Yogasana as a sport among people of the country. Keeping in view the significance and popularity of Yogasana, I would request you to kindly encourage the organizations under your Department/Ministry to participate in the event and give wide publicity and disseminate the information about the event.

*Uresh*  
*USCHE*  
*W*  
*22/12*

With regards,

Yours sincerely,

*राजेश कोटेचा*

(Rajesh Kotecha)

**Shri K Sanjay Murthy**  
Secretary,  
Department of Higher Education  
Ministry of Education  
127-C, Shastri Bhawan,  
New Delhi