

Journey to your best

What Is Top-Down Approach & How To Apply It?



PowerPoint

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Agenda

- 1 What is Top-Down approach?
- 2 Why is it important?
- 3 When to use?
- 4 Examples
- 5 How to apply it?



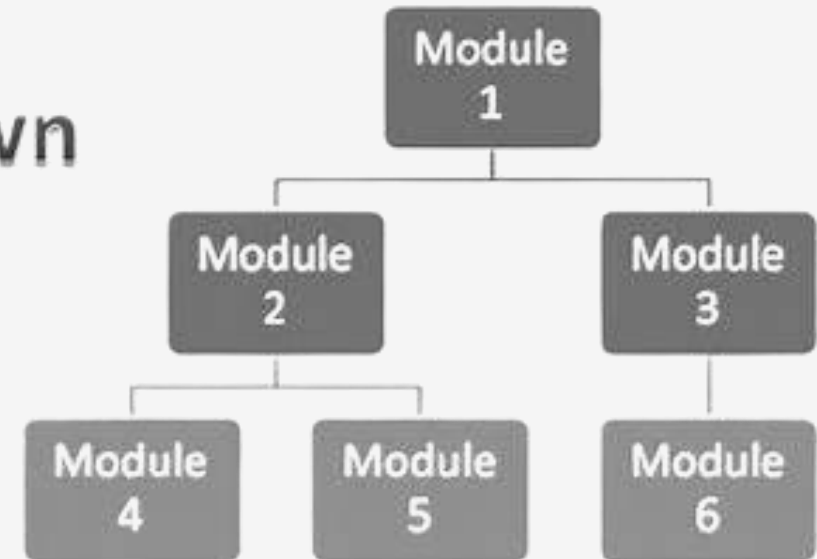
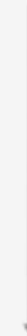
1. What is Top-Down approach?

Top-down approach is a **macro** to **micro** perspective.

- **Structured** and **Organized** Approach
- Start with a **Big Picture**
- Break Down into **Smaller Parts**



Top Down

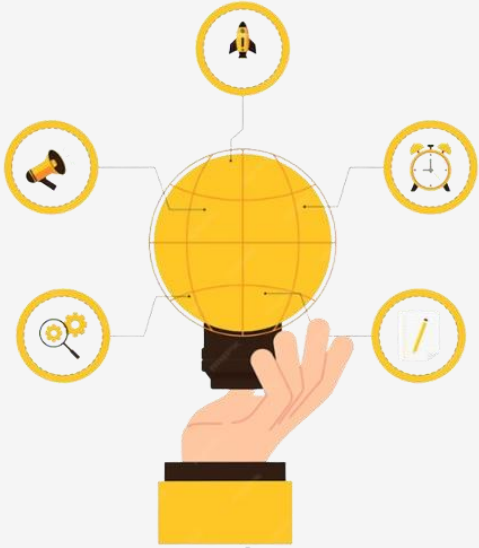


2. Why is it important?

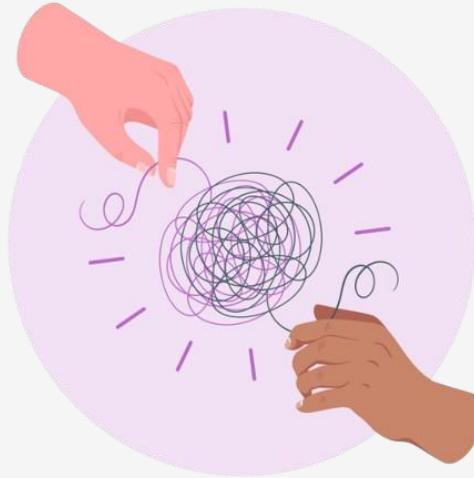
The **Top-Down** approach serves as a guiding principle, facilitating better planning, decision-making, and alignment with big objectives.

- 1 **Clarity and Direction:** providing a clear focus/roadmap on the overall objectives and goals
- 2 **Simplify complex problem:** allowing for easier problem-solving and implementation
- 3 **Structure and Organization:** ensuring all relevant aspects are considered
- 4 **Focus and Prioritization:** identifying the critical areas or sub-problems that require more attention
- 5 **Effective Planning:** breaking down long-term goals/ big problem/ concept into smaller, achievable steps/components.

3. When to use it?



1 When we have good idea of final result but we have very less details about it



2 When we face with a complex problem



3 When we want to identify the key factors for decision making

4. Examples

Practical applications of the **Top-Down** approach in everyday scenarios

- **In Education**

Providing guidance and instructions to students. Starting with a broad concept or skill then breaking it down into smaller steps/parts.

➔ This approach ensures that students can understand and learn the subject matter effectively.



4. Examples

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Practical applications of the **Top-Down** approach in everyday scenarios

- **In Financial Management**



Defining your long-term financial destinations:
saving for a dream vacation, investing for
future goals, or paying off debts.



Breaking it down into smaller, manageable
steps.



Savings each month, Choosing suitable
investments, or Creating a plan to gradually
reduce your debts



4. Examples

Practical applications of the Top-Down approach in everyday scenarios

- Starting with big health goals.
- Breaking down your health goals into smaller, practical steps.
- Scheduling regular walks, runs, or gym sessions, more nutritious foods...

The image shows a hand-drawn workout plan on a piece of lined paper. The paper is divided into two main sections by a vertical line. The left section is titled 'WORKOUT week 1' and contains a list of days: Monday, Tuesday, Wednesday, Thursday, and Friday. The right section is titled 'PLAN week 2' and is currently empty. The paper has a yellow background and is placed on a green surface. There are some small, colorful objects (possibly markers or erasers) visible at the top left corner.

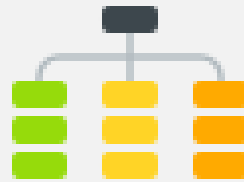
WORKOUT week 1		PLAN week 2	
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			

5. How to apply it?

Mind map is like a visual roadmap, using it for the top-down approach enhances clarity, creativity and collaboration.



Mind Map



Org Chart



List

5. How to apply it?



Central Theme: start with main idea or global goal and place it in the center

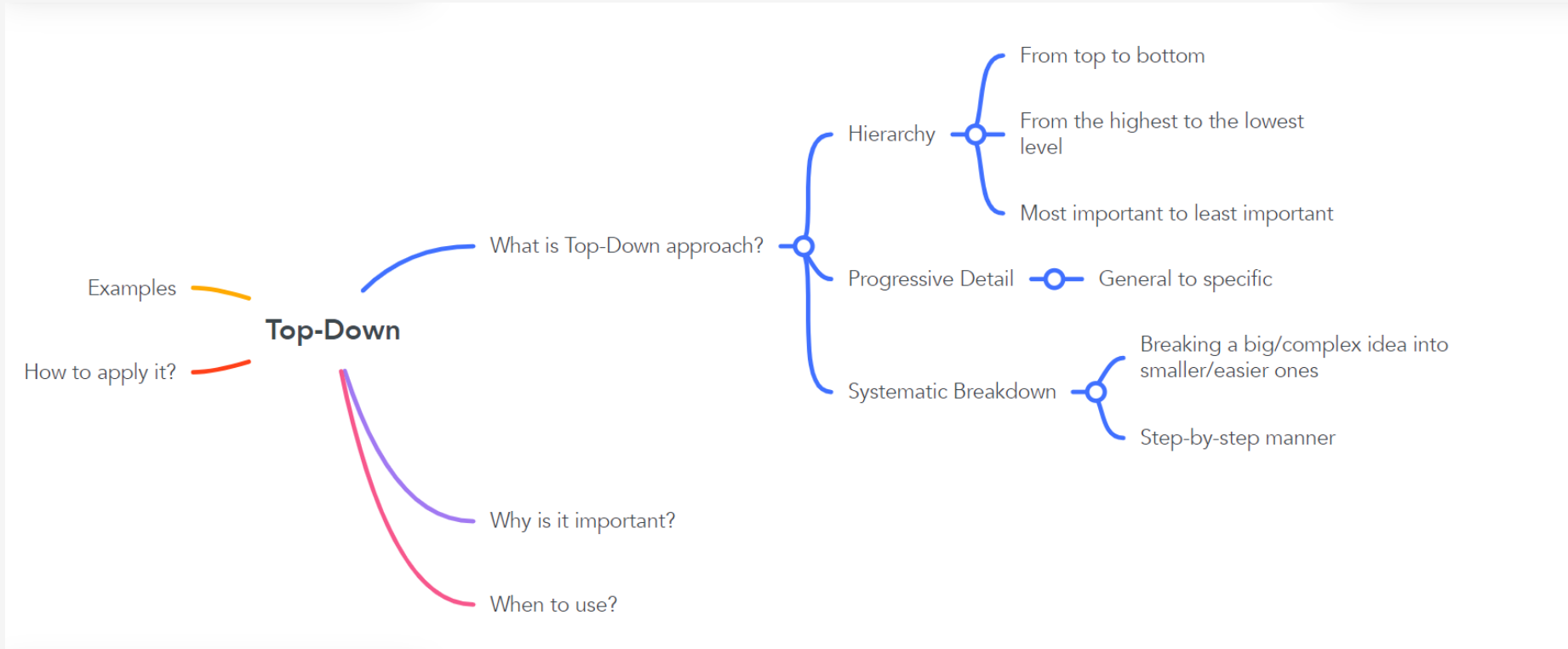


Main Branches: draw main branches from the central theme, each representing a key aspect



5. How to apply it?

- Sub-Banches: create sub-branches from each main branch to represent specific factors or steps
- Details and Descriptions: add details, keywords, or short descriptions



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Thank You

For Your Attention



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