

Assignment

- **Step 1: Write an Autobiography including Insights**
- **Step 2: Document your Major Transitions including Insights**
- **Step 3: Add to your MyRightCareer Insights**
- **Step 4: Provide Feedback**
- **Step 5: Review your Results with your Facilitator**
- **Step 6: Become an Example**



1 - Autobiography

- **to an all girls middle school with 120 girls**
 - helped girls feel confident about themselves
 - made great friends
 - switched from long term soccer team to team with intense coach
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- won scholarship during sophomore year
 - **did journalism as junior and senior on school magazine**
 - became one of the editors senior year
 - won Columbia University Journalism Award
 - worked very hard throughout high school to get good grades

1 -Autobiography Insights

- Elementary School

- realized competitive swimming was not a good sport for me (**even though I was naturally good at it, I did not enjoy it**)

- Middle School

- having to make new friends all over again helped me gain new social skills

- **starting a business in 7th grade made me want to go into business world**

- High School

- playing on a competitive team without my usual friends was hard, but showed me **that sometimes that you have to give up some things to attain others**

- College

- all the way on the east coast, only see my family and friends about three times in the school year, but that makes me more independent

- General

2 - Major Transitions

- brother was born when I was 4
- went to neighborhood school, could walk there
- **in kindergarten made friends that I am still friends with today**
- went to Sweden to visit distant relatives with family and cousin when I was in 3rd grade
- **started playing competitive soccer in 4th grade with friends who I played with for years on several teams**
- did competitive swimming third grade to fifth grade
- **went to an all girls private middle school with 120 girls**
- played on the varsity soccer team from freshman year on
- did journalism as junior and senior on school magazine
- **moved to east coast to go to college**

Transitions Insights

I realized the **major academic transitions have been the hardest for me**. I went to an **all girls middle school** where I had to make new friends and I was only around girls was hard for me to adapt too. Similarity, when I went to **my large public high school**, I had to transition back to being in a co-ed environment that wasn't as creative or free as my small private all girls' middle school. I was lucky to find a great group of girls who I love with all my heart.

Both transitions helped me prepare for the biggest one yet, **moving all the way to the east coast for college** where I only see my family and home friends every few months. It is very different on the east coast and I learned that you have to be outgoing if you want to make friends and meet people.

While these transitions have been difficult, they have helped me **attain traits which I am most proud** of today (my **outgoing personality**, **optimistic attitude**, being able to **adapt to a new environment**).

3 - Add to Your MyRC Insights

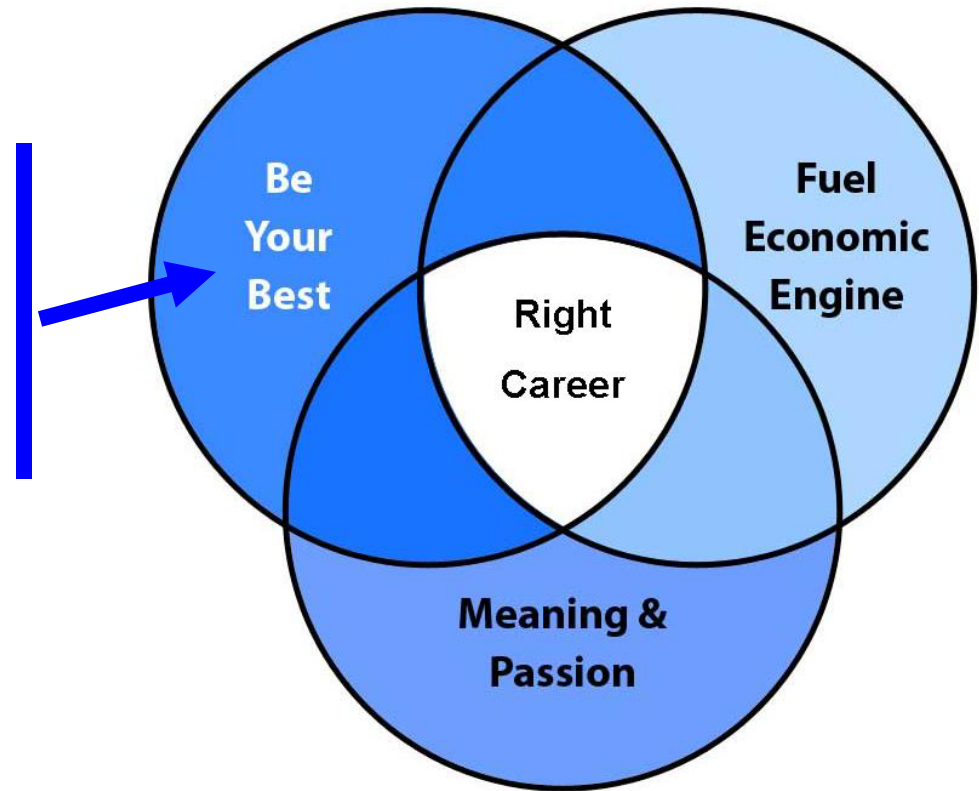
Autobiography

Autobiography Insights

Transition Insights

Autobiography

Begin at the End



Summary

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