

Meaning & Passion Insights

What has Meaning & thus for which you have a passion



Begin at the End Exercise

I think this an area (owning my own business (perhaps a restaurant, nightclub, bar or venue) is where I will find meaning and passion, but it is so early in the process that I'm not sure yet. Soccer has been a passion of mine since I was very young and continues to be in college. I don't know what will happen after college.

Autobiography Exercise

- Elementary School
 - Made a lot of great friends that I'm still friends with to this day
 - Loved to play outside and I discovered my love of soccer
- Middle School
 - Went to the local middle school
 - I met my best friend there who I am still best friends with to this day
 - Traveled all over the US playing in soccer tournaments
 - Became the goalkeeper for my team full time
 - Became very dedicated to my studies
 - Won the top math award for my school
 - Won the presidential award for having perfect grades through middle school
- High School
 - Changed teams to a team that was an hour away. It was a big commitment to commute everyday that far, but the team had a lot of success
 - Became very involved in ODP (Olympic Development Program)
 - Traveled to Costa Rica
 - Decided what college I was going to go to the summer between sophomore and junior year (there was a lot of pressure since I was so young)
 - Made a lot of new friends, who I'm still great friends with to this day
 - Worked very hard to get good grades in high school
 - Took a lot of honors and AP classes
 - Graduated valedictorian
- College
 - Moved to the Midwest to go to college
 - Play soccer at a D1 school and we've had a lot of success (won the national championship)
 - Have a close bond with all my teammates
 - Able to become involved in charity work
 - By playing soccer I am able to attain valuable teambuilding skills
 - Time management skills have been acquired since I balance D1 soccer, school, a social life, charity work, and my job
 - My business degree will be valuable for my career in the business world

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Accomplishments Exercise

Personality Exercise

Strong Interest Inventory Exercise

Strong & Meyers-Briggs Exercise

Skills Exercise

Strengths Exercise

Stories Exercise

Drivers Exercise

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Meaning Exercise

Economic Engine Exercise