

Personality Insights

General Description

- 1) "Maintaining harmony relationships is a lifelong goal and a natural skill"
 - a. I feel like this pertains to me because I have maintained relationships with my friends who I have known since I was five. I also tend to make sure that my friendships with them are going well because I truly value friends as part of my life.
 - b. As I get older and become an adult, it has become apparent that my new friendships I have formed at college also need to remain harmonious, as well as my relationships with members of my family.
- 2) "Gift for understanding other's people's feelings and are driven to make others happy."
 - a. I can always sense when someone is feeling down or is uncomfortable with a situation. I can also always sense the mood in the room and I am also good at interpreting people's body language.
 - b. I am the happiest when other people around me are happy because I can feed off their energy.
- 3) "Warm, compassionate and friendly, naturally empathetic, are able to anticipate other's needs, especially emotional ones."
 - a. I am good at reading when my friend is down and can even come to understand what they need to do to feel better before they even know.
 - b. I describe my self as warm, compassionate, and friendly and I treasure these traits of mine with all my heart.
- 4) "Blessed with rare gift of making personal connections, pride themselves on being able to make people feel good"
 - a. I always make sure my friends are happy and I am able to make friends with people easily. I can also hold conversations with strangers and am good at making people feel comfortable and appreciated.
- 5) Highly productive, organized, have a lot of energy"
 - a. I always have a lot of energy and am always finding ways to accomplish tasks as fast as possible.
- 6) "Go to great lengths to avoid offending others"
 - a. This is probably one of my weaknesses because at times I don't let tell one of my friends if something they did bothers me because I don't like confrontation.
- 7) "Tend to be very sensitive and take things personally"
 - a. This is also one of my weaknesses because I can get very upset very easily over small things. I am offended when I hear if someone doesn't really like me and tend to overreact to things a lot.
- 8) "Idealize relationships, deeply disappointed when people let them down"
 - a. I tend to become sad when people do not seem to give me the same amount of attention, time, and compassion that I give them. I also become agitated when people do not show the same respect for me that I do for them.

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Strengths & Weaknesses:

A) *Work Related Strengths*

- 1) Charismatic leadership and ability to build consensus
 - a. I am good at doing these things on school projects, friendships, and athletic teams.
 - b. This will help when I start working because I want to make sure that the majority of the people are happy with a decision that the team makes.
- 2) Enthusiasm and ability to enlist cooperation from others
 - a. I always have a lot of passion for things I care about and people like to feed off my energy.
 - b. This will be helpful in the workplace because I will be able to get people motivated to be the best they can be. This will help the company do better overall and will improve the work environment positively.
 - c. I am able to make people excited about doing things.
- 3) A strong drive to be productive and reach your goals.
 - a. This will be helpful when I start working because I can keep people on task and set goals for everyone to accomplish.
- 4) Deep commitment to work you really believe in
 - a. If I am passionate about something, I give it 100% of my attention and commit to it 100%.

B) *Work related weaknesses*

- 1) Difficulty working in competitive or tension filled environments.
 - a. I get discouraged when others treat people badly and this tends to make me less productive.
- 2) Tendency to make decisions too quickly/tendency to make errors due to haste
 - a. This could be a problem in the work place. I like to get everything done quickly and sometimes this can lead to errors.
- 3) Avoidance of conflict and tendency to ignore unpleasantness
 - a. I have a problem where I don't like to confront people because I truly cherish harmonious relationships.
 - b. In the work place, I need to make sure I confront people who do not respect me in order to be productive and respected at work.
 - c. I also need to confront people who are not carrying their weight on projects or doing quality work
 - d. When I become a manager I will have to really deal with this issue

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The Secret to Success

A) Understand that using your strengths is easy

B) The *secret to success* for an ENFJ is learning to: “Slow down, relinquish some control, and take things less personally.”

Slow Down: I realize how much this gets in the way of me being successful.

Relinquish some control:

Take things less personally: I realize people don't really mean everything they say