

Age 30 End Result

Career: I am director of public relations and marketing at a NYC clothing company that specializes in promoting young and upcoming designers.

What I don't want as a Career: I don't want to work with anything that involves math and science.

Social Work Environment: I work in a collaborative and open social environment, the company is small and therefore I am able to know most of the employees at the company.

Physical Work Environment: My Company has two stores, one in the East Village catering to younger women and another store in the Upper East Side, catering to older women.

Personal Relationship: I married my husband at age 28. We are both athletic and enjoy working out and keeping fit. He also works in the city and enjoys his job.

Live: We rent a great apartment in NYC in the East Village. My husband and I are considering a move to the suburbs or a move to California since we do not want to raise a family in the city.

Commute: Since we live in NYC, we both take the subway to work.

Car: Since we take the subway to work we only need one car. It is also very hard to park cars in the East Village. We have a nice hybrid SUV.

Fun: NYC is a great place for a couple and we take advantage of it. We go to Broadway shows, go out to restaurants and clubs. We take weekend trips to other East Coast cities since both of us went to school on the East Coast and have friends here. We try to take one overseas vacation each year and last year we went to Australia.

Parenting: We both hope to have our first child before I am 32, then the next one at 34, and the last one at 36.

Extended Family: I am still close to my Dad, my brother and my step family; I see them at least twice a year for the holidays. My husband has a large family which I am close to as well.

Friends: I'm still friends with my closest friends from high school as well as my closest friend from college. I have made other good friends in the city whom I have met through work and athletics.

Health: I belong to a fitness gym in NYC. I have run at least one marathon and one half marathon; I work out five times a week, which ranges from kick boxing, to running, to strengthening, to yoga and to Pilates.

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INSIGHTS

The End Result Examples document gave me a lot of categories to use to define my life. I was pleased I could use them to define my life at age 30. It showed me there are a lot of other factors that will become important as I move through my 20's. These are things I have not really thought about during high school and college, e.g. where I am going to live, long term relationship, my commute, my work environment,