

Validate Myers-Briggs Type

My official Myers-Briggs Type Indicator assessment shows I am an ENFJ

- **E** (Extraversion): I focus on the outer world of people and activity
 - o Clarity is **Moderate**
- **N** (Intuition): I take in information from patterns and the big picture and focus on future possibilities
 - o Clarity is **Slight**
- **F** (Feeling): I make decisions based on values and subjective evaluation of people-centered concerns
 - o Clarity is **Moderate**
- **J** (Judging): I like a planned and organized approach, plus I want to have things settled
 - o Clarity is **Clear**

When I did the self assessment I ended up as an ENFP. Thus my self assessment of the kind of environment that makes me the most comfortable is Perceiving, not Judging.

In the official Meyers-Briggs assessment I expected to find my Clarity score to be a Slight or at least a Moderate on the Judge vs. Perceive scale. Instead it is a Clear Judging.

I had already written my insights document on the description of an ENFJ provided in the Do What You Are document. I felt that description was a very good fit for me.

Just to make sure my adviser/facilitator had me create another Do What You Are document, but using the Meyers-Briggs Type that came from my self assessment (ENFP). When I read that description of me I did not feel it was a good description so I believe the official assessment tool does a better job of capturing my true personality.

Thus I am comfortable I am the ENFJ the Meyers-Briggs assessment says I am.