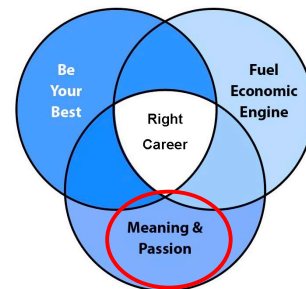


Meaning & Passion Insights

What has Meaning & thus for which you have a passion



Begin at the End Exercise

On the career front I do have a passion for clothing. On the personal front I fell in love with NYC in high school and want to live there.

Personality Exercise

My official Myers-Briggs Type Indicator assessment is an ENFJ

- **E** (Extraversion): I focus on the outer world of people and activity
 - o Clarity is **Moderate**
- **N** (Intuition): I take in information from patterns and the big picture and focus on future possibilities
 - o Clarity is **Slight**
- **F** (Feeling): I make decisions based on values and subjective evaluation of people-centered concerns
 - o Clarity is **Moderate**
- **J** (Judging): I like a planned and organized approach, plus I want to have things settled
 - o Clarity is **Clear**

General Description of my ENFJ personality type:

- 1) "Maintaining harmony relationships is a lifelong goal and a natural skill"
 - a. I feel like this pertains to me because I have maintained relationships with my friends who I have known since I was five. I also tend to make sure that my friendships with them are going well because I truly value friends as part of my life.
 - b. As I get older and become an adult, it has become apparent that my new friendships I have formed at college also need to remain harmonious, as well as my relationships with members of my family.
- 2) "Gift for understanding other's people's feelings and are driven to make others happy."
 - a. I can always sense when someone is feeling down or is uncomfortable with a situation. I can also always sense the mood in the room and I am also good at interpreting people's body language.
 - b. I am the happiest when other people around me are happy because I can feed off their energy.
- 3) "Warm, compassionate and friendly, naturally empathetic, are able to anticipate other's needs, especially emotional ones."
 - a. I am good at reading when my friend is down and can even come to understand what they need to do to feel better before they even know.
 - b. I describe myself as warm, compassionate, and friendly and I treasure these traits of mine with all my heart.

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- 4) “Blessed with rare gift of making personal connections, pride themselves on being able to make people feel good”
 - a. I always make sure my friends are happy and I am able to make friends with people easily. I can also hold conversations with strangers and am good at making people feel comfortable and appreciated.
- 5) Highly productive, organized, have a lot of energy”
 - a. I always have a lot of energy and am always finding ways to accomplish tasks as fast as possible.
- 6) “Go to great lengths to avoid offending others”
 - a. This is probably one of my weaknesses because at times I don’t let tell one of my friends if something they did bothers me because I don’t like confrontation.
- 7) “Tend to be very sensitive and take things personally”
 - a. This is also one of my weaknesses because I can get very upset very easily over small things. I am offended when I hear if someone doesn’t really like me and tend to overreact to things a lot.
- 8) “Idealize relationships, deeply disappointed when people let them down”
 - a. I tend to become sad when people do not seem to give me the same amount of attention, time, and compassion that I give them. I also become agitated when people do not show the same respect for me that I do for them.

Work Related Strengths

- 1) Charismatic leadership and ability to build consensus
 - a. I am good at doing these things on school projects, friendships, and athletic teams.
 - b. This will help when I start working because I want to make sure that the majority of the people are happy with a decision that the team makes.
- 2) Enthusiasm and ability to enlist cooperation from others
 - a. I always have a lot of passion for things I care about and people like to feed off my energy.
 - b. This will be helpful in the workplace because I will be able to get people motivated to be the best they can be. This will help the company do better overall and will improve the work environment positively.
 - c. I am able to make people excited about doing things.
- 3) A strong drive to be productive and reach your goals.
 - a. This will be helpful when I start working because I can keep people on task and set goals for everyone to accomplish.
- 4) Deep commitment to work you really believe in
 - a. If I am passionate about something, I give it 100% of my attention and commit to it 100%.

Work related weaknesses

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- 1) Difficulty working in competitive or tension filled environments.
 - a. I get discouraged when others treat people badly and this tends to make me less productive.
- 2) Tendency to make decisions to quickly/tendency to make errors due to haste
 - a. This could be a problem in the work place. I like to get everything done quickly and sometimes this can lead to errors.
- 3) Avoidance of conflict and tendency to ignore unpleasantness
 - a. I have a problem where I don't like to confront people because I truly cherish harmonious relationships.
 - b. In the work place, I need to make sure I confront people who do not respect me in order to be productive and respected at work.
 - c. I also need to confront people who are not carrying their weight on projects or doing quality work
 - d. When I become a manager I will have to really deal with this issue

What I need to do in order for a career to be satisfying

- 1) "Establish warm and supportive relationships with co-workers, clients, customers etc."
 - a. I know that this will be easy for me to do since I have done this my whole life.
- 2) "Done in an environment where expectations are clear, contributions are appreciated, and personal/profession growth and development are encouraged"
 - a. I like to know that I am appreciated because this boosts my energy level and work ethic.
- 3) "Gives you a variety of activities but allows you to work in a relatively ordered and well planned manner"
 - a. I always am looking for new ways to be creative and tend to get bored easily if I keep doing the same things over and over again.
 - b. I love to plan things out and I would need a work environment that would let me plan things out the way I want to.

Summary Insights

- use my passion for my job to my advantage by setting an example for others (work ethic/attitude)
- learn how to confront people when they do something that bothers me
- learn how to confront people so small problems don't become bigger ones/spiral out of control
- use my likeability to make large network of people (always be looking for ways to connect with people)
- learn to slow down and take a step back instead of hurrying through projects and making mistakes
- use my planning mentality to help other people stay on track
- use my positive attitude to boost moral

Meaning & Passion Insights

What has Meaning & thus for which you have a passion

Interests Exercise (interest might equal meaning & passion)

- General Occupational Themes Insights (below are my top 3)

- Enterprising:
 - Interests: business and entrepreneurship started in 7th grade when I founded a company
 - Work activity: like persuading and marketing
 - Potential skills; fits me b/c it involves motivating and directing others
 - Values: influence is important but I am not a risk taker
- Social:
 - Interests: include people/teamwork
 - Work activities: not interested in teaching, maybe training employees, but always been part of athletic teams since I was little
 - Skills: good people skills, verbal ability, being understanding
 - Values: cooperation is one of my important values, I don't like contention
- Artistic
 - Interests: self expression is important, probably should have done more art
 - Work activity: did some painting for relaxation in senior year of high school
 - Potential skills: not musical, but am creative. Can put together clothes
 - Values: beauty, originality, independence, imagination (all things creative which I cherish and value)

- Strong Theme & MBTI Type Insights

- Enterprising and ENFJ = Collaborative Persuaders
 - Like to persuade others, but not in a head on sales approach, rather by working with them.
- Enterprising work environments
 - Says I like a fast paced environment which I do because I always like to be doing things
 - Says business oriented – true because I am not really interested in non profit world
- ENFJs at work
 - “Make decisions that promote consensus and harmony”
 - true, I like to get everyone on the same page
- Enterprising and ENFJ individuals often like....
 - “goal directed decisiveness”
 - like to have goals in order to work faster/effectively
 - “project orientation that benefits others”

Meaning & Passion Insights

What has Meaning & thus for which you have a passion

- like to help people
- The report says “You may be appreciated for you ability to:”
 - “Encourage open discussion of ideas” – I am good at getting discussions going and including other people
 - “Facilitate consensus when making decisions” – I try to involve everyone
 - “Contribute a future orientation to decision making” – not as good at this
 - “Bring a different outlook that combines imagination and innovation with efficiency and productivity” – I am very creative

It also says “some enterprising work environments may seem to focus on the organization rather than the individual, which doesn’t align with your concern for human development and innovation.” – I really value personal relationships so it would be hard for me to work in that environment.

It also says “At times you may be viewed by others as soft or as one who lacks focus on the bottom line.” – I will have to adapt to the business world, figuring out how to turn my strength in personal relationships into business strength as well.

- Personal Style & MBTI Preferences Insights

- Work style + ENFJ:
 - Enjoy work that offers opportunities to collaborate with others
 - Like to work in a friendly social environment
 - Want to socialize during and after work, have a busy social life unrelated to work
 - Always like being around people
 - Feed off people’s energy
- Learning style (they have my Learning style wrong)
- Leadership style + ENFJ:
 - Choose when and where to express my ideas
 - Good at sensing tone in room
 - Prefer a cooperative work environment that lets you choose when to take charge
 - Don’t like confrontation, but can get people to cooperate
- Risk taking + ENFJ:
 - Comfortable in positions that provide stability
 - Always like to have a plan
 - Want your job to consistently and reliably offer opportunities for you to help others
 - Helping others is one of my strengths and it will help me succeed
- Team orientation + ENFJ
 - Enjoy lots of contact with others and working as part of a team
 - Collaborate on team goals/problem solving/goal setting
 - Willing to share the recognition for group efforts

Meaning & Passion Insights

What has Meaning & thus for which you have a passion

- I have done that in college group efforts and it helps with future group efforts

- Overall Interest Inventory Insights

- Shows I need to work with people overall
- Be actively involved in the team process
- Lead by example

- Overall Strong & Meyers-Briggs Insights

- Fast paced environment
- Work with other people
- Learn to promote others
- Know marketing strategy
- Identify audiences

Meaning & Passion Insights

What has Meaning & thus for which you have a passion

Autobiography Exercise

I am passionate:

- About my family, friends, soccer, and school
- But I chose what to be passionate about

I am a social person and friends are very important to me. For example, making friends in kindergarten that I am still friends with now, having to make new friends in middle school, reconnect with old friends in high school and completely new friends in college shows that I am good at making friends and establishing relationships

Soccer has been a passion of mine since 4th grade. It consumed my life through high school playing on high-level club teams and my high school team. I still play in college.

From this experienced I know the effort it takes to follow your passion.

Was able to start a business from the ground up in 7th grade (showed me that I would like to work in business world)

I realized competitive swimming was not a good sport for me (even though I was naturally good at it, I did not enjoy it). So I now know just because you are naturally good doesn't mean it is what you want to do.

Meaning & Passion Insights

What has Meaning & thus for which you have a passion

Accomplishments Exercise

Elementary School:

- made best friends who I am still friends with today. This shows that I can maintain friendships over a long period of time

Middle School:

- became attracted to writing which lead me to do journalism in high school
- passionate about reading and writing
- doing business program made me realize that I would like business and I should pursue that as a career
- going to an all girls private school was a very different experience for me.
- having to make new friends and work/learn in all female environment

High School

- doing journalism made me see that I was a natural writer and I could pursue that as a career. This has also showed me that I could do business/journalism combined by working at a magazine in NYC
- transitioning back to a coed public high school was not difficult for me since I kept in touch with a lot of my friends
- established a group of six best girl friends who I am still best friends with today
- playing on a different soccer club team than my friends challenged me to branch out and make new friends

College:

- Being able to dedicate myself to a psychology major that I find really interesting and am really passionate about will enable me to obtain better grades.
- playing on the varsity soccer team has enabled me to make a good group of girlfriends (25 other girls)
- made great friends freshman and sophomore year, hope to make more each year
- have a best friend

Meaning & Passion Insights

What has Meaning & thus for which you have a passion

Strengths Exercise

Skills Exercise

Stories Exercise

Drivers Exercise

How to Measure Your Life Exercise

Economic Engine Exercise