

Ideas for Action Insights

Empathy

People who are especially talented in the Empathy theme can sense the feelings of other people by imagining themselves in others' lives or others' situations.

- act quickly if my friends/others behave in way that is unhealthy for them or others understand when it is an emergency
- I can help my friends/colleagues see when others are having a difficult time
 - o Ex: kid on my team is hard to deal with, will have to teach other people to understand that maybe she is just having a difficult time

Developer

People who are especially talented in the Developer theme recognize and cultivate the potential in others. They spot the signs of each small improvement and derive satisfaction from these improvements.

- notice when other succeed and tell them, this way it will show people you care about them, good talent to have on teams, work world, friendships, relationships, etc.
- don't over invest in losing causes, I need to know when its time to drop a cause and move on so I don't waste time

Restorative

People who are especially talented in the Restorative theme are adept at dealing with problems. They are good at figuring out what is wrong and resolving it.

- learn to give myself a break so I don't get down so easily and be less self critical
- use my restorative talents to turn around a project/business that is lagging

Includer

People who are especially talented in the Includer theme are accepting of others. They show awareness of those who feel left out, and make an effort to include them.

- help people who are new get to know others
- choose roles where I am always working with people
- realize that people can relate to me and this way I can

Individualization

People who are especially talented in the Individualization theme are intrigued with the unique qualities of each person. They have a gift for figuring out how people who are different can work together productively.

- figure out what everyone on my team does best and use their talents to make the best team possible
- I am intuitive and able to get along with different people and cultures so use this to help diversity and community efforts in organizations