# MyRC-Accomplishments

## 1. Demographics

We will keep asking you for your name on each survey because but each survey is a unique file. This way we can track your feedback and at the end of your MyRightCareer Program provide you with a copy of your survey input to use to write your final report.

**\*1. Please enter you name and state.**

Name: [                    ]

State: [        ▼]

## 2. Welcome Video

Feedback on the 5 minute "Welcome to the Accomplishments Exercise" Video.

**1. I found the Video to be an effective method for getting an overview of the Accomplishments Approach and an example of how to do the Accomplishments exercise.**

- ○ Strongly Disagree
- ○ Disagree
- ○ Neutral
- ○ Agree
- ○ Strongly Agree

**2. Please provide additional feedback about the Welcome to the Autobiography Exercise Video.**

[                    ]

**3. I viewed, printed or downloaded the PowerPoint file used in the Video.**

- ○ Yes
- ○ No

**4. Please provide additional feedback about the PowerPoint file that is associated with the Welcome to the Autobiography Exercise Video**

[                    ]

## 3. Examples Page

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One of the important pages is the Examples page. During the Alpha test we will get up to about 5 examples.

The log range plan is to have examples of all of the Target Markets: Undergraduates (freshman, sophomores, juniors and seniors), Graduate students and Just graduated. We would like to have a balance of women and men, as well as liberal arts and hard sciences.

The foundation of the Program is teaching you how to use these techniques to identify your Right Opportunity via examples.

## 1. I visited the Examples page

○ Yes

○ No

## 2. I found the Examples themselves (not just the organization & layout of the page) easy to understand and use (This assumes you used the Examples page, if not don't answer this question).

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

## 3. Please provide additional feedback about the Examples page and the actual Examples (assuming you visited the page and used the Examples).

## 4. Templates Page

The second important page is the Templates page.

Templates simplify the exercises for the user.

## 1. I visited the Templates page

○ Yes

○ No

## 2. I used one of the Templates to do this exercise.

○ Yes

○ No

**3. I found the Template I used helpful, e.g. the content, the naming convention. It was much easier than starting with a blank Word file.(This assumes you used the Templates page, if not don't answer this question).**

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

**4. Please provide additional feedback about the Templates page and the actual Templates (assuming you used it).**

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[                    ]
```

## 5. Step 1 - Create a list of all of your accomplishments

This section asks for feedback on Step 1 (Create a list of all of your accomplishments)

**1. Did you exclusively use the Short Instructions Approach, without referring to the Step 1 Full Instructions?**

○ Yes

○ No

**2. I used the Short Instructions approach and the Short Instructions and examples give you a clear understanding of how to "Create a list of all of your accomplishments".**

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

**3. Did you use the Short Instructions Approach, but also referred to the Step 1 Full Instructions?**

○ Yes

○ No

**4. I used the Hybrid approach (Short Instructions with some reference to Full Instructions) and it gives you a clear understanding of how to "Create a list of all of your accomplishments".**

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

**5. I used the Full Instructions approach exclusively and the instructions and examples give you a clear understanding of how to "Create a list of all of your accomplishments".**

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

**6. I used the template for creating my list of Accomplishments.**

**(Note this is the file that provided the outline structure for the Accomplishments, e.g. Elementary School, Middle School (6th, 7th, 8th), High School, etc).**

○ Yes

○ No

**7. The template for creating the outline for my Autobiography was helpful.**

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

**8. Please provide additional feedback about "Step 1 - Create a list of all of your accomplishments".**

## 6. Step 2 - Create a list your top accomplishments

This section asks for feedback on Step 2 - Create a list of 3 to 10 accomplishments you really enjoyed doing and 2 to 3 accomplishments you did not enjoy doing

**1. Did you exclusively use the Short Instructions Approach, without referring to the Step 1 Full Instructions?**

- ○ Yes
- ○ No

**2. I used the Short Instructions approach and the Short Instructions and examples give you a clear understanding of how to "Create a list your top accomplishments".**

- ○ Strongly Disagree
- ○ Disagree
- ○ Neutral
- ○ Agree
- ○ Strongly Agree

**3. Did you use the Short Instructions Approach, but also referred to the Step 2 Full Instructions?**

- ○ Yes
- ○ No

**4. I used the Hybrid approach (Short Instructions with some reference to Full Instructions) and it gives you a clear understanding of how to "Create a list your top accomplishments".**

- ○ Strongly Disagree
- ○ Disagree
- ○ Neutral
- ○ Agree
- ○ Strongly Agree

**5. I used the Full Instructions approach exclusively and the instructions and examples give you a clear understanding of how to "Create a list of all of your accomplishments".**

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

**6. Please provide additional feedback about "Step 2 - Create a list your top accomplishments".**

## 7. Step 3 - Document your Insights

The step asks you to provide insights from creating a list of Accomplishments and then identifying the ones you really liked doing, as well as the ones you didn't like doing.

**1. Did you exclusively use the Short Instructions Approach, without referring to the Step 3 Full Instructions?**

○ Yes

○ No

**2. I used the Short Instructions approach and the Short Instructions and examples give you a clear understanding of how to "Document your Insights".**

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

**3. Did you use the Short Instructions Approach, but also referred to the Step 3 Full Instructions?**

○ Yes

○ No

**4. I used the Hybrid approach (Short Instructions with some reference to Full Instructions) and it gives you a clear understanding of how to "Document your Insights"**

- ○ Strongly Disagree
- ○ Disagree
- ○ Neutral
- ○ Agree
- ○ Strongly Agree

**5. I used the Full Instructions approach exclusively and the instructions and examples give you a clear understanding of how to "Document your Insights".**

- ○ Strongly Disagree
- ○ Disagree
- ○ Neutral
- ○ Agree
- ○ Strongly Agree

**6. Please provide additional feedback about "Step 3 - Document your Insights".**

## 8. Step 4 Update your MyRightCareer Insights

This section asks for feedback on Step 4 Update your MyRightCareer Insights. This is the most important document of the exercise.

You have existing MyRightCareer files and you have entered insights for the previous two exercises: Begin at the End and Autobiography. Now you will have added insights you have gained from the Accomplishments exercise.

**1. Did you exclusively use the Short Instructions Approach, without referring to the Step 4 Full Instructions?**

- ○ Yes
- ○ No

**2. I used the Short Instructions approach and the Short Instructions and examples give you a clear understanding of how to "Update your MyRightCareer Insights".**

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

**3. Did you use the Short Instructions Approach, but also referred to the Step 4 Full Instructions?**

○ Yes

○ No

**4. I used the Hybrid approach (Short Instructions with some reference to Full Instructions) and it gives you a clear understanding of how to "Update your MyRightCareer Insights"**

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

**5. I used the Full Instructions approach exclusively and the instructions and examples give you a clear understanding of how to "Update your MyRightCareer Insights".**

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

**6. Please provide additional feedback about "Step 4 - "Update your MyRightCareer Insights".**

[ text field ]

## 9. Step 6 - Discuss with your Career Advisory Board

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This is the first time you have reviewed your work with your Career Advisory Board.

## 1. Did you exclusively use the Short Instructions Approach, without referring to the Full Instructions?

○ Yes

○ No

## 2. I used the Short Instructions approach and it gives you a clear understanding of how to "Discuss your results with your Career Advisory Board".

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

## 3. Did you use the Short Instructions Approach, but also referred to the Full Instructions?

○ Yes

○ No

## 4. I used the Hybrid approach (Short Instructions with some reference to Full Instructions) and it gives you a clear understanding of how to "Discuss your results with your Career Advisory Board"

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

**5. I used the Full Instructions approach exclusively and the instructions and examples give you a clear understanding of how to "Discuss your results with your Career Advisory Board".**

- ○ Strongly Disagree
- ○ Disagree
- ○ Neutral
- ○ Agree
- ○ Strongly Agree

**6. Please provide additional feedback about "Discuss your results with your Career Advisory Board".**

[ text box ]

## 10. Time Required/Step

This section asks for your estimate of how long it took you to do each Step in this Exercise. It also asks for some more general feedback on the length of the Exercise

**1. Please provide your estimate of how long it took you to complete: Step 1 - Create a list of all of your accomplishments**

**Also provide any comments you feel would help me understand any issues you see around the time required to complete this step in this exercise.**

[ text box ]

**2. Please provide your estimate of how long it took you to complete: Step 2 - Create a list of 3 to 10 accomplishments you really enjoyed doing and 2 to 3 accomplishments you did not enjoy doing**

**Also provide any comments you feel would help me understand any issues you see around the time required to complete this step in this exercise.**

[ text box ]

**3. Please provide your estimate of how long it took you to complete: Step 3 - Document your insights**

**Also provide any comments you feel would help me understand any issues you see around the time required to complete this step in this exercise.**

**4. Please provide your estimate of how long it took you to complete: Step 4 - Update your MyRightCareer Insights.**

**Also provide any comments you feel would help me understand any issues you see around the time required to complete this step in this exercise.**

## 11. Accomplishments Exercise Content

In all of the other sections we have been asking you about the mechanics of the Accomplishments Exercise, e.g. was the Welcome Video an effective method, were the Examples & Templates helpful and what about the Written Instructions.

In this section we are asking you to stand back and give us feedback about the actual content of the Accomplishments Exercise: Accomplishments , Top Accomplishments (you liked or didn't like), Accomplishments Insights and additions to your MyRightCareer Insights.

**1. I found the Accomplishments Exercise very useful in general because it gave me another set of insights, gleaned from examining the Accomplishments in my life, including those I have not enjoyed doing.**

○ Strongly Disagree

○ Disagree

○ Neutral

○ Agree

○ Strongly Agree

**2. Please provide additional feedback on the Accomplishments exercise in general.**

**3. I found the Accomplishments Exercise very useful because it has contributed to my understanding of how I can Be My Best (what my natural strengths and my natural personality are).**

- ○ Strongly Disagree
- ○ Disagree
- ○ Neutral
- ○ Agree
- ○ Strongly Agree

**4. I found the Accomplishments Exercise very useful because it has contributed to my understanding of what has Meaning & Passion for me.**

- ○ Strongly Disagree
- ○ Disagree
- ○ Neutral
- ○ Agree
- ○ Strongly Agree

**5. I found the Accomplishments Exercise very useful because it has contributed to my understanding of how my past will probably shape my Economic Engine when I am 30 years old.**

- ○ Strongly Disagree
- ○ Disagree
- ○ Neutral
- ○ Agree
- ○ Strongly Agree

**6. I found the Accomplishments Exercise very useful because it has contributed ideas about possible Right Opportunities for me, including past ideas for careers.**

- ○ Strongly Disagree
- ○ Disagree
- ○ Neutral
- ○ Agree
- ○ Strongly Agree

**7. Please provide additional feedback on the Accomplishments exercise in relation to insights it provided you around the four circles in the Right Career Venn Diagram (Be Your Best, Meaning/Passion, Economic Engine and Right Opportunities).**

## 12. Career Advisory Board Discussion Content

In this section we are asking you to stand back and give us feedback about your Career Advisory Board. This is the first time you have asked them for feedback.

**1. I had no problem forming a Career Advisory Board.**

- ⚪ Strongly Disagree
- ⚪ Disagree
- ⚪ Neutral
- ⚪ Agree
- ⚪ Strongly Agree

**2. I believe it will be very useful to discuss my first three exercises (Begin at the End, Autobiography and Accomplishments) with my Career Advisory Board.**

- ⚪ Strongly Disagree
- ⚪ Disagree
- ⚪ Neutral
- ⚪ Agree
- ⚪ Strongly Agree

**3. Please provide additional feedback on the Career Advisory Board in general.**

## 13. Feedback

In this section we are asking for feedback on the method we are using to gather feedback.

This is the 4th time you will have used this tool so your opinion may have changed.

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**1. Having a link to a pdf of the Survey at the start of the exercise is a good idea.**

**Note: This allows you to see what questions you will be asked without having to open up the survey. This can allow you to think about those questions while you are completing the survey.**

   ○ Strongly Disagree

   ○ Disagree

   ○ Neutral

   ○ Agree

   ○ Strongly Agree

**2. Having a Feedback page and Survey for every exercise is good idea. The only way to improve the MyRightCareer Program is feedback from the Alpha testers.**

   ○ Strongly Disagree

   ○ Disagree

   ○ Neutral

   ○ Agree

   ○ Strongly Agree

**3. SurveyMonkey (the tool that is used to create these surveys) is a good one for collecting the feedback.**

   ○ Strongly Disagree

   ○ Disagree

   ○ Neutral

   ○ Agree

   ○ Strongly Agree

**4. While the survey was long it didn't take way too much time.**

   ○ Strongly Disagree

   ○ Disagree

   ○ Neutral

   ○ Agree

   ○ Strongly Agree

**5. Please provide additional feedback on how we are collecting feedback from you, e.g. being forced to only choose one answer is not good, being asked for so much text input is too much, there are way too many questions, could I just send you an email.**

## 14. Any Last Thoughts

This a place for you to offer any last thoughts about any thing you want.

**1. Your last thoughts go here.**