

Skills (enjoy using) – Insights

People skills

- **Sensing/Feeling:** Apprehending through intuition, showing sensitivity to others, especially their feelings. Intuiting; being sensitive and responsive to the feelings of others; empathizing; showing warmth; keen ability to put self in someone else's shoes
 - I have strong intuition and usually am able to tell if someone is having a hard time even if they are not telling anyone that they are
 - I always feel for other people when they are in tough situations, which can sometimes drain my energy
 - I am able to put myself in other people's shoes and see other's people viewpoints
- **Communicating:** *Signaling, speaking, or listening to others so as to convey or receive information* Listening; receiving information; learning; questioning; interviewing; exchanging information; signaling; telling; talking; writing; informing; giving instructions; speechwriting; playwriting
 - I am able to communicate well with people through different means of communication
 - I like to be on the same page as people
 - Helps in my friendships
 - Am good at writing
- **Advising/consulting:** *Giving expert advice or recommendations, based on an area of expertise one possesses.* Reading avidly; continually gather information with respect to a particular problem or area of expertise; offering services; giving expert advice; consulting; trouble-shooting; recommending; referring.
 - Good at focusing on one project and doing well in it
 - Good at advising people on personal matters
 - Enjoy communicating through consulting

Information skills

- **Organizing:** *Giving a definite structure and working order to things* Forming into a whole with connected and interdependent parts; collating; formulating; defining; classifying materials; arranging according to a prescribed plan or evolving schema; expertly systematizing
 - like to connect things together in order to do the planning component of information skills
 - good at connecting the dots together to see the bigger picture
 - going along with a prescribed plan
- **Visualizing:** *Able to conceive shapes or sounds, perceiving their patterns and structures, and to enable others to see them too* Having form perception; imagining; able to visualize shapes; perceiving patterns and structures; skilled at symbol formation; creating poetic images; visualizing concepts; possessing accurate spatial memory; easily remembering faces; having and uncommonly fine sense of rhythm; estimating (e.g. speed); illustrating; photographing; sketching; drawing; coloring; painting; designing; drafting; mapping.
 - Am good at being imaginative

Skills (enjoy using) – Insights

- Can come up with ideas not only on paper but in my head
- Creative
- **Improving, adapting:** *Taking what others have developed and applying it to new situations, often in a new form* Adjusting; improvising; expanding; improving; arranging (as music); redesigning; updating; applying
 - am good at always trying to make the situation better/improve
 - can adapt to new situations easily
 - am good at improvising and expanding academic projects
 - good at editing papers (expanding on what others have developed)
 - am good at looking at a project/plan and adding improvements to it
- **Planning, developing:** *Determining the sequence of tasks, after reviewing pertinent data or requirements and often overseeing the carrying out of the plan.* Reviewing pertinent data requirements; determining the need for revisions of goals, policies and procedures; planning on the basis of lessons from the past; determining the sequence of operation; making arrangements for the functioning of a system; overseeing; establishing; executing decisions reached; developing, building markets for ideas or products
 - I love to plan things because it gives me a sense of security, comfort, and purpose in life
 - Am able to set goals
 - Good at developing projects/new ideas

Overall skills insights

People Skills (top three insights)

- 1) I am good at being empathetic with others and can put myself in others people's shoes
- 2) Am good at making new connections with people
- 3) Can get people to come together, am able to see how everyone can get along

Information skills (top three insights)

- 1) I like to plan in order to have a structure/comfort/security
- 2) I am good at looking at projects that are underway and seeing how to make it even better (improvements)
- 3) I am good at connecting all the little pieces together to see the bigger picture and reach the main goal