



# Hidden Crises

## Stress, Mental Health & Brain Health in the Black Community

Toxic stress, rising suicide rates among Black men and boys, and increasing cases of Alzheimer's and dementia are pressing but often ignored issues. This conference will uncover the connections between **stress, mental health, and cognitive decline** while exploring **culturally relevant solutions** for healing and resilience.

### REGISTRATION FEES

**Early Bird** (thru Mar 31) **Regular Rates** (Apr 1+)  
Members: \$40 Members: \$50  
Non-members: \$60 Non-members: \$75

### DATE

May 13, 2026

### TIME

8:00 AM – 1:00 PM PT



### FORMAT

● Live via Zoom

### WHO SHOULD ATTEND

Behavioral Health Professionals

Community-Based Organizations

Public Health Officials

Researchers & Data Analysts

State & Local Policymakers

### ★ KEYNOTE SPEAKERS



**Dr. Curley Bonds, MD**

Chief Medical Officer, Los Angeles County Dept. of Mental Health

Board certified in General, Forensic, & Addiction Psychiatry. UCLA faculty.



**Dr. Le Ondra Clark Harvey, PhD**

CEO, California Council of Community Behavioral Health Agencies

Expert in behavioral health policy with legislative experience. Focus on equitable access.

### SESSION SPEAKERS



**Tina Armstrong, PhD**

CEO & Psychologist, Living Connected Psychology

Licensed Clinical Psychologist providing therapy and psychological assessment. Collaborates with clients, families, and treatment teams.



**Dr. Monica Caffey**

Program Director & Professor, National University

Nationally recognized mental health advocate with 19+ years of experience. Advances culturally responsive practices in education and public health.

Session 1 Toxic Stress



**Kris Bennett**

Global Dir. Health Equity, Movember Foundation

Executive leader managing global health equity strategies and leading mental health & suicide prevention initiatives for men and boys.



**George Woods, MD**

Neuropsychiatrist, Felton Institute

Clinical & forensic neuropsychiatrist. Expert on brain dysfunction from trauma, toxic stress. Consultant for athletes, veterans on TBI/CTE.

Session 3 Suicide Prevention

Session 2 Brain Health



**Shacunda Rodgers, Ph.D.**

Licensed Clinical Psychologist | Founder and Executive Director, Holding Space

Dr. Rodgers is a licensed clinical psychologist and founder of Holding Space, dedicated to culturally responsive mental health services and advocacy for Black women and families. She brings expertise in trauma-informed care and community engagement.



**Register Now!**

Join us for this transformative half-day virtual conference on mental health in the Black community.

**REGISTER TODAY →**

**SCAN ME**

QUESTIONS?

[events@yourcbhn.org](mailto:events@yourcbhn.org)

[yourcbhn.org](http://yourcbhn.org)