Assignment

Assignment is to give a value to a variable to store.

Examples:

myName = "Mrs Ellis"

TiredOrNot = False

myAge = 21

identifiers

All function names and variables are identifiers

self documenting/meaningful identifiers are names given to variable or functions to reflect their purpose so programmers can easily identify their purposes.

constant/named constant: a never change value during the execution of the program where it is defined