



Certificate No.  
Registration Number.

## **CERTIFICATE OF COMPLETION**

**(NMC Course No: 85)**

*This is to certify that*

*Has successfully completed the following training course on*

### **FALL PROTECTION EQUIPMENT TRAINING**

➤ **SUMMARY OF CONTENTS:**

- *Applicable regulations*
- *Introduction*
- *Knowledge of work (Equipment used for work and their maintenance)*
- *Identify types of fall hazards*
- *Identify methods to eliminate or protect against fall hazards.*
- *Pre-use inspection of Harness & Lanyard and maintenance*
- *Donning a full body safety harness*
- *Personal Fall Arrest System*
- *Hazards and risks / Occupational accident prevention*
- *Rescue Plan & First Aid in case of a fall while using the Safety Harness*
- *Measures to Prevent Electric Shock*
- *PPE – Safe use and maintenance of Safety Helmet*
- *Practical training on Fall Protection Equipment*

*This certificate is valid on vessels managed or manned by NYK SHIPMANAGEMENT PTE LTD.*

**CAPT. ELISEO Z. CLEMENTE, JR.**  
**General Manager**



**NYK Maritime College**