# Week 1: Reinforcement Learning Preliminaries

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### **Abstract**

This document provides an introduction into Reinforcement Learning by contrast with Supervised Learning. We discuss some formal underpinnings of RL, including the Markov Decision Process framework We explore how RL appears in the real world, and how it can be used to solve problems. Lastly, we provide a mathematical formulation of the RL objective.

## 1 Introduction

Many real-world problems require an *agent* to make a sequence of *actions/decisions* over *time* in an *environment* in order to achieve a certain *goal*. For example, a robot may need to navigate a maze (Muller (2023)), or an air-conditioner must cool a room down to a certain temperature.

In these situations, the "most appropriate" action/decision at each time step depends on a multitude of factors, including the current state of the environment, the dynamics of the environment, past actions, and the agent's objective. We call problems like these *sequential decision making problems* (SDMPs).

# 2 Sequential Decision Making & Markov Decision Process (MDP)

The notation in this section is synthesized from Achiam (2018), Levine et al. (2023), and Sutton & Barto (2018).

### 2.1 Sequential Decision Making Problems (SDMPs)

Generally speaking, for a given *environment*, let S be the set of all possible *states* and A be the set of all possible *actions*. An agent *interacts* with the environment over a given timeframe  $0 \le t \le n$  by observing the current state  $s_t \in S$  and taking an action  $a_t \in A$  according to a policy  $\pi$ .

We defer the discussion of policies to Section 4.1.

Since we may not fully understand the environment dynamics, let D be a placeholder set for all unobservable variables affecting the environment. Then, we have a *transition operator*  $s_{t+1} \sim \tau(s_t, a_t, d_t)$  describing for current states  $s_t \in S$ ,  $a_t \in A$ , and unknown  $d_t \in D$ , how the environment changes (possibly stochastically) over time.

We also have a *reward function*  $r_t = r(s_t, a_t, s_{t+1}, d_t)$ , telling the agent "how good" a particular transition is.

In short, we can describe SDMPs using the tuple  $(S, A, \tau, r)$  and set D.

A set of interactions  $T = \{(s_0, a_0), (s_1, a_1), \dots, (s_n, a_n)\}$ , where  $s_0 \sim \rho_0$  is stochastically sampled, is called a *trajectory* or *episode*. The agent receives a reward  $r_t$  at each time step t based on the current state and action taken.

### 2.2 Markov Decision Process (MDP)

A Markov Decision Process (MDP) is a special case of SDMPs, where the transition function satisfies a nice property known as the *Markov property* Sutton & Barto (2018):

$$s_{t+1} \sim \tau(s_t, a_t, d_t) = \tau(s_t, a_t) \tag{1}$$

Informally, this means that the next state  $s_{t+1}$  depends only on the current state  $s_t$  and action  $a_t$ , and not on any previous states or actions.

This simplification allows us to reduce the solution space of the problem, and is a key assumption in many RL algorithms. We can also rewrite the reward function as  $r_t = r(s_t, a_t, s_{t+1})$ , since the next state is not needed to compute the reward.

# 3 Contrasting Supervised Learning (SL) and Reinforcement Learning (RL)

# 3.1 Supervised Learning (SL)

In SL, models are made to learn relationships between *features* and *labels/targets*, or *input* and *output pairs*. (Goodfellow et al. (2016)). Formally, let  $S = \{(\mathbf{x}_i, \mathbf{y}_i)\}$  be a dataset, and let  $f_{\theta}: X \to Y$  be a function that maps inputs to outputs where  $\mathbf{x}_i \in X$  is the input and  $\mathbf{y}_i \in Y$  is the output. For a given loss function  $\mathcal{L}$ , SL seeks  $\theta$  such that the **expected loss over** S is minimized:

$$\theta^* = \arg\min_{\theta} \mathcal{L}(\theta) = \arg\min_{\theta} \mathop{\mathbb{E}}_{(\mathbf{s}, \mathbf{a}) \sim S} [\mathcal{L}(f_{\theta}(\mathbf{x}), \mathbf{y})]$$
 (2)

where  $f_{\theta}$  is the model parameterized by  $\theta$  (Levine et al. (2023)).

In the next subsection, we discuss how SL is used to learn decision-making policies by imitation.

### 3.2 Imitation Learning (IL)

As an extension of SL, IL<sup>1</sup> learns a policy  $\pi_{\theta}$  by trying to *imitate* expert demonstrations.

Writing the problem formally to contrast with SL, let  $S = \{(\mathbf{s}_i, \mathbf{a}_i)\}$  be a dataset of expert demonstrations, where  $\mathbf{s}_i$  is the state and  $\mathbf{a}_i$  is the action taken by the expert. Let  $\pi_{\theta} : S \to A$  be a policy that maps states to actions, where A is the action space. For a given loss function  $\mathcal{L}$ ,  $\theta$  is sought *analogously as in SL* (contrast with 2):

$$\theta^* = \arg\min_{\theta} \mathcal{L}(\theta) = \arg\min_{\theta} \underset{(\mathbf{s}, \mathbf{a}) \sim S}{\mathbb{E}} [\mathcal{L}(\pi_{\theta}(\mathbf{x}), \mathbf{y})]$$
(3)

Note that the loss function  $\mathcal{L}$  may depend on neither the environment dynamics, nor the reward function, but only on the expert demonstrations.

# 4 Reinforcement Learning (RL) vs SL

In contrast to IL, RL learns by directly interacting with the environment, in order to directly maximize the expected cumulative reward signal (Sutton & Barto (2018)).

Broadly speaking, the agent will use its policy to explore the environment, and adjust the policy from the rewards it receives.

<sup>&</sup>lt;sup>1</sup>There does not seem to be consensus on the definition of IL, despite that implied by Levine et al. (2023). For example, Tedrake (2023) seems to name this process *Behavioral Cloning*, a *type* of IL.

### 4.1 The RL Objective

(Note that  $\pi$  can either be deterministic (hence  $a_t = \pi(s_t)$ ), or stochastic (hence  $a_t \sim \pi(\cdot|s_t)$ ). For convenience, we will assume  $\pi$  is stochastic throughout this document.)

The ultimate objective of an RL agent is to learn a policy  $\pi$  which maximizes the expected cumulative reward over time. Put formally,

$$\pi^* = \arg\max_{\pi} \mathbb{E}_{T \sim \pi} \left[ \sum_{t=0}^{n} r_t(s_t, a_t, s_{t+1}, d_t) \right]$$
 (4)

where  $\underset{T \sim \pi}{\mathbb{E}}$  is the expectation over all possible trajectories T sampled from the policy  $\pi$ .

Finally, our agent's ultimate objective is now:

$$\pi^* = \arg\max_{\pi} \mathbb{E}_{T \sim \pi} \left[ \sum_{t=0}^{n} r_t \right] = \arg\max_{\pi} \mathbb{E}_{T \sim \pi} \left[ \sum_{t=0}^{n} r(s_t, a_t, s_{t+1}) \right]$$
 (5)

If we further define  $r(s_t, a_t) = \mathbb{E}_{s_{t+1} \sim \tau(s_t, a_t)}[r(s_t, a_t, s_{t+1})]$ , we have the objective as:

$$\pi^* = \arg\max_{\pi} \mathbb{E}_{T \sim \pi} \left[ \sum_{t=0}^{n} r(s_t, a_t) \right]$$
 (6)

## References

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