



# Sabeeha Mirza

*Soft Skills Trainer | Language & Exam Coach*

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# About Me

*I am a passionate **Soft Skills Trainer and Language Coach** with extensive experience in empowering individuals and teams through experiential learning techniques that drive behavioral transformation.*

*My training style is **interactive, practical, and learner-centric**, ensuring that every participant gains not just knowledge but also the confidence to apply it in real-world scenarios.*

*I specialize in designing and delivering customized training interventions that align with organizational goals, strengthen workplace culture, and foster personal growth.*



# Areas of Expertise

*My comprehensive training portfolio covers the essential soft skills that transform professional effectiveness and organizational culture.*



## Behavioral & Leadership Development

*Building leadership presence, decision-making skills, and self-awareness through targeted interventions.*



## Communication & Presentation Skills

*Enhancing verbal, non-verbal, and written communication to ensure impact and clarity in all interactions.*



## Team Building & Conflict Resolution

*Promoting collaboration, trust, and constructive conflict management strategies for high-performing teams.*



## Emotional Intelligence & Stress Management

*Empowering professionals to regulate emotions, manage stress, and maintain resilience under pressure.*



## Professional & Business Etiquette

*Training on workplace etiquette, grooming, and professionalism for career advancement and success.*



# Training Methodology

*My sessions are designed for maximum engagement and lasting impact through proven experiential learning techniques.*

01

## Real-life Scenarios & Case Studies

*Connecting learning to practical workplace situations for immediate relevance and application.*

03

## Group Discussions & Guided Reflections

*Facilitating peer learning and self-discovery through structured dialogue and introspection.*

*This comprehensive approach ensures **high engagement, practical application, and lasting behavioral change** that participants can immediately implement in their professional lives.*

02

## Role-plays & Simulations

*Creating safe environments for participants to practice new behaviors and receive constructive feedback.*

04

## Interactive Activities for Active Learning

*Engaging participants through hands-on exercises that reinforce key concepts and skills.*

# Previous Trainings Conducted

*I have had the privilege of working with a diverse set of participants across industries, academic institutions, and professional networks, delivering impactful learning experiences.*

## Corporate Training Excellence

- **Torrent Power** – Written Communication and Professional Etiquette
- **Kalupur Commercial Co-Operative Bank** – Professional Communication and Workplace Interaction
- **ISHRAE** – Communication Skills, Interpersonal Skills, Conflict Resolution, and Group Discussion Dynamics

## Academic Institution Partnerships

- **PDEU (Pandit Deendayal Energy University)** – Faculty Training on Teamwork and Coordination
- **LD Engineering College** – Interview Skills and Group Dynamics Workshops
- **SKVM (Kadi Sarva Vishvavidyalaya)** – Presentation Skills and Public Speaking under Career Development Program

## Professional Development Programs

- **Ahmedabad Management Association (AMA)** – Train the Trainer Program (TTT) for faculty and corporate participants
- **Faculty Development Programs (FDP)** – Team Coordination, Conflict Resolution, and Leadership Skills
- **Women's Chapter Initiatives** – Exclusive sessions on Communication Skills and Teamwork



**L. D. College of Engineering**  
Ahmedabad, Gujarat, India





# Language and Exam Coaching

*In addition to soft skills training, I have successfully **mentored 300+ students and professionals** for IELTS and PTE exams, enabling them to achieve their academic, immigration, and career goals.*

## → Building Confidence

*Comprehensive development in speaking, writing, listening, and reading comprehension skills.*

## → Strategic Test-Taking Skills

*Advanced techniques and time management strategies for optimal exam performance.*

## → Personalized Support

*Individual feedback, targeted practice sessions, and customized study plans for each learner.*





# Professional Strengths

*My approach to training is built on three foundational pillars that ensure exceptional results and participant satisfaction.*

## Learner-Centric Approach

*Every program is meticulously tailored to meet specific organizational needs and participant learning styles. I conduct thorough needs assessments to ensure maximum relevance and impact.*

## Continuous Learning

*I stay at the forefront of communication psychology, adult learning theories, and emerging training methodologies to deliver cutting-edge solutions that reflect current best practices.*

## High-Impact Interventions

*My focus on measurable outcomes ensures that training investments deliver tangible results, with comprehensive feedback mechanisms and post-training support for sustained behavioral change.*



# Investment & Logistics

*Transparent pricing and comprehensive support ensure exceptional value for your training investment.*

## Customized Quotation Process

*A detailed quotation will be shared upon finalization of:*

- *Training Scope & Number of Sessions*
- *Specific Learning Objectives*
- *Target Audience Size and Profile*
- *Delivery Format (In-person/Virtual/Hybrid)*

## Investment Includes:

**Customized Training Content & Materials –**  
*Tailored resources for your organization*

**Expert Facilitation of Sessions –** *Interactive delivery by experienced trainer*

**Post-Training Support –** *Comprehensive feedback report and follow-up recommendations*





# LEARN TO BECOME AN EXPERT

SABEEHA MIRZA



SOFT SKILL FACILITATOR

## Next Steps

*I am confident that my programs will contribute significantly to your organization's development goals.*



### Let's Connect

*I would be delighted to schedule a meeting to discuss your specific training requirements and collaborate on designing the perfect workshop outline for your team's success.*

*Ready to transform your team's potential into performance?*