

Pallavi reddy Rangapuram 48 , Female

Date: 17/09/2025



Diagnosis

- {'name': 'ASCVD'}
- {'name': 'Folate Deficiency'}
- {'name': 'Decreased ANS Activity'}
- {'name': 'Borderline High Aortic Stiffness'}
- {'name': 'Vitamin B12 Insufficiency'}
- {'name': 'Vitamin D Insufficiency'}
- {'name': 'Systemic Inflammation'}
- {'name': 'Hypocalcemia'}
- {'name': 'Hyperprolactinemia'}
- {'name': 'Liver Parenchymal Inflammation'}



Dr. Samatha Tulla
Internal Medicine Physician
& Diabetologist

PMX Health - 4th floor, Rd Number 44,
Jubilee Hills, Hyderabad,
Telangana - 500033

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	Medications	Frequency	Duration	Remarks
01	-	0 • 1 • 0 After lunch	2 months	To support general health
02	-	2 • 0 • 0 With meal	2 months	Caters essential nutrients & optimizes thyroid function
03	-	1 • 0 • 0 After breakfast	2 months	Antioxidant mix which also supports liver & vascular health
04	-	0 • 1 • 0 After lunch	2 months	To support general health
05	-	2 • 0 • 0 With meal	2 months	Caters essential nutrients & optimizes thyroid function
06	-	1 • 0 • 0 After breakfast	2 months	Antioxidant mix which also supports liver & vascular health
07	-	0 • 1 • 0 Before lunch	2 months	To optimize blood pressure levels
08	-	1 • 0 • 0 Before meal	2 months	To support thyroid health
09	-	1 • 0 • 0 After meal	2 months	To optimize vitamin D levels and regulate calcium transport
10	-	0 • 0 • 1 After meal	2 months	Regulates muscle and nerve function



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	Medications	Frequency	Duration	Remarks
11	-	0 • 0 • 1 After meal	2 months	To promote gut health

	Therapy	Start From	Frequency & Duration	Remarks
01	Physiotherapy - Lower Back		<div><div>M</div><div>T</div><div>W</div><div>Th</div><div>F</div><div>S</div><div>Su</div></div> <div>Once daily 10 days</div>	
02	Cognitive Behavioral Therapy		<div><div>M</div><div>T</div><div>W</div><div>Th</div><div>F</div><div>S</div><div>Su</div></div> <div>Twice weekly 4 weeks</div>	
03	Occupational Therapy		<div><div>M</div><div>T</div><div>W</div><div>Th</div><div>F</div><div>S</div><div>Su</div></div> <div>Every alternate day 2 weeks</div>	

Dr. Samatha Tulla (MBBS, MD Internal Medicine)
Reg no: 68976 Telangana State Medical Council

Samatha

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**Additional Diagnostics**

- {'name': 'Fecal Immunochemical test', 'location': 'At PMX Health'}
- {'name': 'Dental screening', 'location': 'Focus Dental Care'}
- {'name': 'Ultrasound Abdomen and KUB', 'location': 'Tenet Diagnostics'}
- {'name': 'Serum PSA', 'location': 'At PMX Health '}

prescription ends here