

12. Overcoming Complexity

Quiz 1:

Question 1 of 3

What does Barry Barish really mean by a 'stupid question'?

- ☐ a question that diverts attention away from the matter at hand
- ☐ **a question that genuinely seeks a new or unknown answer**
- ☐ a question that demonstrates a lack of ability or knowledge
- ☐ an irritating response that everyone should know the answer to

Question 2 of 3

How does the average 5-year-old child process challenges differently from an adult?

- ☐ **They see possibilities rather than obstacles**
- ☐ They focus on productivity.
- ☐ They don't think through things.
- ☐ They ignore challenges.

Question 3 of 3

Which sentence demonstrates a problem solving mindset?

- ☐ I'd love to leave the living room and get away but it's now or never as my weekends are full.
- ☐ It would have been great to get away this weekend but I have got to decorate the living room
- ☐ But if we go away for the weekend, we have to forget decorating the living room.
- ☐ **It would be great to get away this weekend and if we decorate the living room bit by bit rather than one go, in it's doable.**

Quiz 2:

Question 1 of 3

What makes for a great mentor?

- ☐ someone who validates your performance
- ☐ someone who finds the best solutions for you
- ☒ **someone who guides you towards finding your own solutions**
- ☐ someone who acts as your cheerleader

Question 2 of 3

How do you learn to trust your instinct

- ☐ by realizing that instinct is better than research
- ☒ **by seeing your instinct as a starting point**
- ☐ You should not trust your instinct.
- ☐ by just doing it

Question 3 of 3

Is getting your head down and powering through a task the best method?

- ☐ Yes, it shows commitment.
- ☒ **No, your focus will blur.**
- ☐ No, multitasking is the answer.
- ☐ Yes, it drives productivity.

Quiz 3:

Question 1 of 2

Why is the phrase 'Alienus Non Diutius' so powerful?

- ☐ It sounds cool because it's Latin.
- ☒ **It emphasizes learning from others via expansive thinking.**
- ☐ It is a powerful reminder to avoid getting distracted by others.
- ☐ It explains the power of echo chambers and how they can limit innovation.

Question 2 of 2

What is the first thing you should do when looking to share your thinking?

- ☐ Tell a story.
- ☒ **Listen.**
- ☐ Explain it in detail.
- ☐ Just tell one other person.

Quiz 4:

Question 1 of 2

How should you deal with fear?

- ☐ Avoid it.
- ☐ Ask someone else to help.
- ☒ **Step in to it.**
- ☐ See it as a sign to change direction.

Question 2 of 2

Which symptom indicates that you may be low on dopamine?

- ☐ low desire for caffeine
- ☐ sleeping deeply
- ☒ **forgetfulness**
- ☐ feeling energized