

Learning and Problem Solving Skills

1. Develop a learning mind set:

Quiz 1

1. Effective learning involves ____ and ____.

- ☐ **comprehension; retention**
- ☐ understanding; repetition
- ☐ understanding; testing
- ☐ comprehension; facilitation

2. Which is the most effective motivation for learning?

- ☐ avarice
- ☐ an external pressure
- ☐ fear
- ☒ **an internal desire**

3. Learning involves the development of three types of skills. What are they?

- ☐ traits, understanding, reliability
- ☐ aptitude, desire, and ability
- ☒ **knowledges, transferable skills, and traits**
- ☐ memories, dexterity, and learning ability

Quiz 2

1. In the second phase of learning inventory, what two variables are you measuring?

- ☐ how quickly you can learn a particular skill and how valuable that skill is
- ☒ how much energy you put into learning a skill and how much you love that skill
- ☐ **how much you know about a subject and how much you love a subject**

Exam

1. Does a busy lifestyle distract from learning?

It does not allow enough space

It crowds out love

It competes with good ideas

It destroys the emotional environment

2. What factor most influences the need for lifelong learning?

Conflict

Improvement

Illness

Change

3. What task is a primary element of creating a learning inventory?

Create an organized list of learning experiences of all kinds throughout your life.

Create a matrix of successes and failures and the reasons for them throughout your life.

Create a detailed account of new opportunities and how they relate to old successes.

List the honors and awards you have earned throughout your life.