

Students have a hard time keeping a consistent and productive routine that includes personal hygiene, health, and study habits. While options to set reminders do already exist, they may be difficult to work with or to access. Maintaining a productive routine may also be exceedingly difficult for students with mental health issues or other forms of neurodivergence that may not be properly addressed in existing reminder services. Additionally, students with difficulties in academics may forget to pay equal attention to their health and hygiene as they sacrifice their time studying.