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Labeling of the figures shall be reentered by the Editor to conform to a uniform style, wherever necessary. Each table should be referred to as e.g. Table 4 using Arabic number. Tables must be appropriately cited in the text. Legends should be typed on the same sheet of table.

Reference: The total number of references in a paper must not exceed 25. All the references should be cited in superscript in a numerical consecutive order in the text. The reference list should also be arranged in the same order. References not reflected in the text, must not be included in the list of references and vice-versa. Care should be taken to quote the page number where the article begins in a periodical, or the source from where the statement has been quoted.

Example of References

Journal Article

1. Dhar, N., Chaturvedi, S.K. & Nandan, D. (2013). Spiritual health, the fourth dimension: A public health perspective. WHO South-East Asia Journal of Public Health, 2(1): 3-5.

Book / Monograph Entry

2. Patro, B.C. & Rao, J.S. (2010). Relevance of information, education and communication in family welfare. New Delhi: Mohit Publishers.

Chapter / Paper in a Book

3. Yadav, A. & Sharma, K.K.N. (2005). Awareness of reproductive and child health care programme among Rajgonds tribe of Sagar district, Madhya Pradesh. In: (ed.) Sharma K.K.N., Reproductive and child health problem in India. New Delhi: Academic Excellence, p. 592-597.

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