

FIRST CONTACT PROGRAMME [TENTATIVE] – DIPLOMA IN HEALTH PROMOTION

CENTRE: NIHF, NEW DELHI

DATE: 7th TO 11th DEC. 2015

BATCH: 2015-2016

Day & Date	09.30 AM – 11.00 AM	11.15 AM – 01.00 PM	02.00 PM – 03.15 PM	03.30 PM – 05.00 PM
Monday 07/12/2015	09.30 am – 10.15 am Registration of candidates TEAM	Basics of Health & Health Promotion (Module-I)	Community Health Need Assessment for Health Promotion & Social Determinants of Health (Module-I)	General Discussion & Project Work
	10.15 am – 11.00 am Inaugural Session Overview of the Course			
Tuesday 08/12/2015	Health Promotion for reducing/ Quitting Alcohol & substance abuse (Module-II/A) School Health Programme (Module-IV)	i. Treatment seeking Behaviour & Treatment Compliance ii. Social Stigma Associated with Diseases (Module-II/B)	Promotion of Healthy Lifestyle through Diet (Module-II/A)	General Discussion & Project Work
Wednesday 09/12/2015	Risk Factors and Lifestyle Diseases in India (Module-II)	The Tobacco Epidemic in India & Regulatory Provisions (Module-II/A)	Health Promotion Strategies for Prevention & Control of Communicable Diseases (Module-II/B)	Promotion of Healthy Lifestyle through Stress Management (Module-II/A)
Thursday 10/12/2015	Planning Health Promotion Programme (Module-III)	Monitoring and Evaluation in Health Promotion (Module-III)	Health Promotion in National Health Programmes Module-IV)	Health Promotion in National Health Programmes (Module-IV)
Friday 11/12/2015	Promotion of Healthy Lifestyle through Physical Activity (Module-II/A)	Health Promotion for Healthy Environment: Water & Sanitation (Module-I)	Prevention of Roadside Injuries (Module-IV)	Assessment and Valedictory Session

11.00 to 11.15 AM] TEA TIME

03.15 to 03.30 PM]

01.00 to 02.00 PM] LUNCH TIME