Biodata of Prof. Prema Ramachandran

Prof. Ramachandran Graduated from Madras Medical College, obtained MD (Obst & Gynae) from JIPMER with first ranking from Madras university. She is a Fellow of the National Academy of Medical Sciences (NAMS), India in Maternal and Child Health, Public Health, & Nutrition. She worked for the Indian Council of Medical Research for twenty five years (1971-1995). She carried out clinical and operational research studies on

- Contraception
- Under nutrition in women and children
- Nutrition health and nutrition fertility interactions
- Delivery of health nutrition and family welfare services through existing primary health infrastructure in communities where under nutrition and anemia are common
- HIV infection in India

Based on these research studies her about 150 papers have been published in peer reviewed national and international journals.

She worked between Jan 1995 and Dec 2003 as Adviser (Health, Nutrition and Family Welfare) in the Planning Commission.

She is presently working as Director, Nutrition foundation of India since January 2004. Her current research work on a management of anemia in pregnancy in primary care settings; morbidity nutrition interaction in preschool children, emerging problem of dual nutrition burden in children and adults. She had undertaken evaluation of several national programmes including midday meal programme and nutrition programme for adolescent girls.

She has undertaken preparation of a Country Report on Dual Nutrition Burden in India for the FAO (available in the NFI and FAO websites). She also prepared report on Nutrition Transition in India 1947-2007 for the Department of Women and Child Development of government of India (available in the NFI and DWCD websites). She completed a report on "Nutrition and HIV infection" in SE Asian countries for WHO - SEARO and a report on "progress towards nutrition sensitive agriculture – food security and improvement in nutritional status in India" for FAO in 2013