

Barkley Adult ADHD Rating Scale-IV

For the first 27 items, please mark the number next to each item below that best describes your behavior DURING THE PAST 6 MONTHS.

	Never or rarely (1)	Sometimes (2)	Often (3)	Very often (4)
1) Fail to give close attention to details or make careless mistakes in my work or other activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2) Difficulty sustaining my attention in tasks or fun activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3) Don't listen when spoken to directly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4) Don't follow through on instructions and fail to finish work or chores.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5) Have difficulty organizing tasks and activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6) Avoid, dislike, or am reluctant to engage in tasks that require sustained mental effort	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7) Lose things necessary for tasks or activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8) Easily distracted by extraneous stimuli or irrelevant thoughts.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9) Forgetful in daily activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10) Fidget with hands or feet or squirm in seat	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11) Leave my seat in classrooms or in other situations in which remaining seated is expected	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12) Shift around excessively or feel restless or hemmed in	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13) Have difficulty engaging in leisure activities quietly (feel uncomfortable, or am loud or noisy)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14) I am "on the go" or act as if "driven by a motor" (or I feel like I have to be busy or always doing something)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15) Talk excessively (in social situations)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16)				

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| Blurt out answers before questions have been completed, complete others' sentences, or jump the gun | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 17) Have difficulty awaiting my turn | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 18) Interrupt or intrude on others (butt into conversations or activities without permission or take over what others are doing) | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 19) Prone to daydreaming when I should have been concentrating on something or working | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 20) Have trouble staying alert or awake in boring situations | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 21) Easily confused | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 22) Easily bored | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 23) Spacey or "in a fog" | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 24) Lethargic, more tired than others | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 25) Underactive or have less energy than others | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 26) Slow moving | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 27) I don't seem to process information as quickly or as accurately as others. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |