

Pre and Post Interaction Evaluation:

Instructions:

Below there is a list of sentences that describe possible outcomes about the forthcoming (or passed) social interaction. Please, read and evaluate the likelihood of each occurrence (1- Not at all, 2-Seldom, 3 - Sometimes, 4 - Often). Please mark the chosen answers with *x*.

	(1)Not at All	(2)Seldom	(3)Sometimes	(4)Often
1. I will (did) have an enjoyable interaction with the other person.				
2. I will (did) act awkward when talking to the other person.				
3. I will (did) do a great job of carrying on a conversation with the other person.				
4. I will (did) have nothing to talk about.				
5. I will (did) say uninteresting things when talking to the other person.				
6. The other person will (did) think I am smart.				
7. The other person will (did) think I am interesting.				
8. The other person will (did) enjoy having a conversation with me.				
9. The other person will (did) think I am weird.				
10. The other person will (did) like me.				
11. I will (did) feel like my “thoughts were racing” when talking to the other person.				
12. I will (did) get distracted by anxious thoughts during the conversation.				

13. I will (did) worry a lot when talking to the other person.				
14. I will (did) maintain focus on the conversation and the other person.				
15. I will (did) fixate too much on everything I say or do during the conversation.				
16. My heart will (did) pound when talking to the other person.				
17. I will (did) start to sweat when talking to the other person.				
18. I will (did) feel flushed when talking to the other person.				
19. I will (did) have an uncomfortable feeling in my stomach when talking to the other person.				
20. I will (did) feel tense while talking to the other person.				