

Covid Experiences Questionnaire

Read the following questions carefully, and respond with the choice(s) that most accurately represents you. Please answer all the questions.

Before the pandemic, how would you rate the quality of your relationships and social interactions with:

	Poor					Okay					Very good
1) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4) Before the pandemic, did you have the ability to engage in live audio/video streaming (via smartphone, computer, tablet, etc.) if you wanted to?

☐ Yes, whenever I wanted to
☐ Yes, but sometimes this was not possible
☐ Yes, but access was very intermittent
☐ No

Before the pandemic, if given the choice, how did you prefer to interact with:

	Via traditional letter writing or email	Through social media (e.g., Facebook, Twitter, Instagram, TikTok, etc.)	Via text messaging (via a messaging application on the phone or computer)	Through voice calls (e.g., via phone or audio-only streaming device)	Via live audio/video streaming (e.g., via Zoom, Facetime, Skype, etc.)	Via live audio/video streaming (e.g., via Zoom, Facetime, Skype, etc.) but with my video turned off	In person
5) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

During the pandemic, how would you rate the quality of your relationships and social interactions with:

	Poor					Okay					Very good
8) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

11) During the pandemic, did you have the ability to engage in live audio/video streaming (via smartphone, computer, tablet, etc.) if you wanted to?

☐ Yes, whenever I wanted to
☐ Yes, but sometimes this was not possible
☐ Yes, but access was very intermittent
☐ No

During the pandemic, if given the choice, how did you prefer to interact with:

	Via traditional letter writing or email	Through social media (e.g., Facebook, Twitter, Instagram, TikTok, etc.)	Via text messaging (via a messaging application on the phone or computer)	Through voice calls (e.g., via phone or audio-only streaming device)	Via live audio/video streaming (e.g. via Zoom, Facetime, Skype, etc.)	Via live audio/video streaming (e.g. via Zoom, Facetime, Skype, etc.) but with my video turned off	In person
12) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How much (more or less) did you use live audio/video streaming (e.g, via Zoom, Facetime, Skype, etc.) DURING the pandemic than BEFORE to interact with:

	Much less					The same					Much more
15) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How much (more or less) did you turn off your video/camera when interacting virtually (e.g., via Zoom, FaceTime, Skype, etc.) with the following people DURING the pandemic than BEFORE the pandemic:

	Much less					The same					Much more
18) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How much (more or less) did you get together in person DURING the pandemic than BEFORE the pandemic with:

	Much less					The same					Much more
21) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Much less					The same					Much more
24) How much (more or less) did you exercise DURING the pandemic than BEFORE the pandemic?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>