

# Views of Life Survey

First, please think about this time in your life. By "time in your life," we are referring to the present time, plus the last few years that have gone by, and the next few years to come, as you see them. In short, you should think about a roughly five-year period, with the present time right in the middle.

For each phrase shown below, please select one of the columns to indicate the degree to which you agree or disagree that the phrase describes this time in your life. For example, if you "Somewhat Agree" that this is a "time of exploration," then on the same line as the phrase, you would put a select the column headed by "Somewhat Agree."

Be sure to put only one check mark per line.

## Is this period of your life a...

	Strongly disagree	Somewhat disagree	Somewhat agree	Strongly agree
1) time of many possibilities?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2) time of exploration?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3) time of confusion?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4) time of experimentation?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5) time of personal freedom?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6) time of feeling restricted?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7) time of responsibility for yourself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8) time of feeling stressed out?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9) time of instability?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10) time of optimism?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11) time of high pressure?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12) time of finding out who you are?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13) time of settling down?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14) time of responsibility for others?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15) time of independence?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16) time of open choices?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17) time of unpredictability?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18) time of commitments to others?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19) time of self-sufficiency?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20) time of many worries?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21) time of trying out new things?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22) time of focusing on yourself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23) time of separating from parents?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24) time of defining yourself?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25) time of planning for the future?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26) time of seeking a sense of meaning?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27)				

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|---|-----------------------|-----------------------|-----------------------|-----------------------|
| time of deciding on your own beliefs and values?                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 28) time of learning to think for yourself?                         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 29) time of feeling adult in some ways but not others?              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 30) time of gradually becoming an adult?                            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 31) time of being not sure whether you have reached full adulthood? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |