

Covid Experiences Questionnaire

Read the following questions carefully, and respond with the choice(s) that most accurately represents you. Please answer all the questions.

For each of the following questions, please answer what has been true, on average, over the course of the one-year period immediately prior to the pandemic (March 1, 2019 - March 1, 2020)

How would you rate the quality of relationships and social interactions with:

	Poor					Okay					Very good
1) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4) Did you have the ability to engage in live audio/video streaming (via smartphone, computer, tablet, etc.) if you wanted to?						<input type="radio"/> Yes, whenever I wanted to <input type="radio"/> Yes, but sometimes this was not possible <input type="radio"/> Yes, but access was very intermittent <input type="radio"/> No					

If given the choice, between the following options, how did you prefer to interact with:

	Via traditional letter writing or email	Through social media (e.g., Facebook, Twitter, Instagram, TikTok, etc.)	Via text messaging (via a messaging application on the phone or computer)	Through voice calls (e.g., via phone or audio-only streaming device)	Via live audio/video streaming (e.g., via Zoom, Facetime, Skype, etc.)	Via live audio/video streaming (e.g., via Zoom, Facetime, Skype, etc.) but with my video turned off	In person
5) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

For each of the following questions, please answer what has been true, on average, over the course of the one-year period that started with the onset of the pandemic (March 1, 2020 - March 1, 2021)

How would you rate the quality of relationships and social interactions with:

	Poor					Okay					Very good
8)											

- | | | | | | | | | | | | |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Family or close friends? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9) Classmates, coworkers, or other acquaintances? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 10) New people? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

- 11) Did you have the ability to engage in live audio/video streaming (via smartphone, computer, tablet, etc.) if you wanted to?
- ☐ Yes, whenever I wanted to
☐ Yes, but sometimes this was not possible
☐ Yes, but access was very intermittent
☐ No

If given the choice, between the following options, how did you prefer to interact with:

- | | Via traditional letter writing or email | Through social media (e.g., Facebook, Twitter, Instagram, TikTok, etc.) | Via text messaging (via a messaging application on the phone or computer) | Through voice calls (e.g., via phone or audio-only streaming device) | Via live audio/video streaming (e.g., via Zoom, Facetime, Skype, etc.) | Via live audio/video streaming (e.g., via Zoom, Facetime, Skype, etc.) but with my video turned off | In person |
|--|---|---|---|--|--|---|-----------------------|
| 12) Family or close friends? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 13) Classmates, coworkers, or other acquaintances? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 14) New people? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

- 15) Were you exposed to someone likely to have Coronavirus/COVID-19? (check all that apply)
- ☐ Yes, someone with positive test
☐ Yes, someone with medical diagnosis, but no test
☐ Yes, someone with possible symptoms, but no diagnosis by doctor
☐ No, not to my knowledge

- 16) Were you ever suspected of having Coronavirus/COVID-19 infection?
- ☐ Yes, has positive test
☐ Yes, medical diagnosis, but no test
☐ Yes, have had some possible symptoms, but no diagnosis by doctor
☐ No, no symptoms or signs

- 17) Have any of your family members, close friends, or roommates been diagnosed with Coronavirus/COVID-19? (check all that apply)
- ☐ Yes, family member that I live with
☐ Yes, close friend that I live with
☐ Yes, roommate (that is not a close friend)
☐ Yes, family member that I do not live with
☐ Yes, close friend that I do not live with
☐ No

- 18) Have any of the following happened to your family members, close friends, or roommates because of Coronavirus/COVID-19? (check all that apply)

- ☐ Fallen ill physically
☐ Hospitalized
☐ Put into self-quarantine with symptoms
☐ Put into self-quarantine without symptoms (e.g., due to possible exposure)
☐ Lost or been laid off from job
☐ Reduced ability to earn money
☐ Passed away
☐ None of the above

For the following questions, consider this question: Compared to the one-year period immediately prior to the pandemic (March 1, 2019 - March 1, 2020), how much more/less did you engage in the following, on average, during the one-year period that started with the onset of the pandemic (March 1, 2020 - March 1, 2021)?

How much did you engage in traditional letter writing or email to interact with:

- | | Much less | | | | | The same | | | | | Much more |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 19) Family or close friends? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 20) Classmates, coworkers, or other acquaintances? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 21) New people? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

How much did you engage in social media (e.g., Facebook, Twitter, Instagram, TikTok, etc.) to interact with:

- | | Much less | | | | | The same | | | | | Much more |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 22) Family or close friends? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 23) Classmates, coworkers, or other acquaintances? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 24) New people? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

How much did you use text messaging (via a messaging application on the phone or computer) to interact with:

- | | Much less | | | | | The same | | | | | Much more |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 25) Family or close friends? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 26) Classmates, coworkers, or other acquaintances? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 27) New people? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

How much did you use voice calls (e.g., via phone or audio-only streaming device) to interact with:

	Much less					The same					Much more
28) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
30) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How much did you use live audio/video streaming (e.g, via Zoom, Facetime, Skype, etc.) to interact with:

	Much less					The same					Much more
31) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
32) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
33) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In situations in which you interacted virtually via live audio/video streaming (e.g, via Zoom, Facetime, Skype, etc.), and it was acceptable to share your video, how often did you turn off your video/camera when interacting with:

	Much less					The same					Much more
34) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
35) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
36) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How much did you get together in person with:

	Much less					The same					Much more
37) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
39) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often did you....Much
less
oftenThe
sameMuch
more
often

- | | | | | | | | | | | | |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 40) watch tv/movies? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 41) engage in social media use? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 42) engage in reading? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 43) exercise? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 44) eat unhealthy foods? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 45) leave your house for
non-essential reasons? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

46) How many hours of sleep did you get each night during
the pandemic? (enter a numerical value)

47) How many hours of sleep did you get each night prior
to the pandemic? (enter a numerical value)
