

# Covid Experiences Questionnaire

Read the following questions carefully, and respond with the choice(s) that most accurately represents you. Please answer all the questions.

## Before the pandemic, how would you rate the quality of your relationships and social interactions with:

	Poor					Okay					Very good
1) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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4) Before the pandemic, did you have the ability to engage in live audio/video streaming (via smartphone, computer, tablet, etc.) if you wanted to?

☐ Yes, whenever I wanted to  
☐ Yes, but sometimes this was not possible  
☐ Yes, but access was very intermittent  
☐ No

## Before the pandemic, if given the choice, how did you prefer to interact with:

	Via traditional letter writing or email	Through social media (e.g., Facebook, Twitter, Instagram, TikTok, etc.)	Via text messaging (via a messaging application on the phone or computer)	Through voice calls (e.g., via phone or audio-only streaming device)	Via live audio/video streaming (e.g., via Zoom, Facetime, Skype, etc.)	Via live audio/video streaming (e.g., via Zoom, Facetime, Skype, etc.) but with my video turned off	In person
5) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## During the pandemic, how would you rate the quality of your relationships and social interactions with:

	Poor					Okay					Very good
8) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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11) During the pandemic, did you have the ability to engage in live audio/video streaming (via smartphone, computer, tablet, etc.) if you wanted to?

☐ Yes, whenever I wanted to  
☐ Yes, but sometimes this was not possible  
☐ Yes, but access was very intermittent  
☐ No

**During the pandemic, if given the choice, how did you prefer to interact with:**

	Via traditional letter writing or email	Through social media (e.g., Facebook, Twitter, Instagram, TikTok, etc.)	Via text messaging (via a messaging application on the phone or computer)	Through voice calls (e.g., via phone or audio-only streaming device)	Via live audio/video streaming (e.g. via Zoom, Facetime, Skype, etc.)	Via live audio/video streaming (e.g. via Zoom, Facetime, Skype, etc.) but with my video turned off	In person
12) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**How much, more or less, did you use live audio/video streaming (e.g, via Zoom, Facetime, Skype, etc.) DURING the pandemic than BEFORE to interact with:**

	Much less					The same					Much more
15) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**How much (more or less) did you turn off your video/camera when interacting virtually (e.g., via Zoom, FaceTime, Skype, etc.) with the following people DURING the pandemic than BEFORE the pandemic:**

	Much less					The same					Much more
18) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**How much (more or less) did you get together in person DURING the pandemic than BEFORE the pandemic with:**

	Much less					The same					Much more
21) Family or close friends?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22) Classmates, coworkers, or other acquaintances?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23) New people?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Much less					The same					Much more
24) How much (more or less) did you exercise DURING the pandemic than BEFORE the pandemic?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>