Pre-Task Questionnaire

| 1. | How many hours of sleep did you get last night? (type in numerical answer) | | |
|----|--|--|-----------------------------|
| 2. | Compared to how much caffeine you typically consume up until this point in the day how much caffeine have you had today? | | |
| | No caffeine(1) | A typical amount (5) | An excessive amount (10) |
| 3. | How sick or unwell do you Not sick/unwell at all (1) | feel right now? somewhat sick/unwell (5) | Very sick/unwel (10) |
| 4. | How hungry are you right Not hungry at all (1) | now? somewhat Hungry (5) | Extremely hungry (10) |
| 5. | How tired do you feel right Not tired at all(1) | t now? somewhat Tired (5) | Extremely tired |