

## ADULT EXECUTIVE FUNCTIONING INVENTORY (ADEXI)

### SELF-REPORT VERSION

*Below you will find a number of statements. Please circle a number to the right of each statement to indicate how well that statement describes how you are as a person. People that you know might feel differently about you – we want to know what you think about yourself. Try to answer as honestly as possible.*

	Definitely not true 1	Not true 2	Partially true 3	True 4	Definitely true 5	
1.	I have difficulty remembering lengthy instructions	1	2	3	4	5
2.	I have difficulty remembering what I am doing in the middle of an activity	1	2	3	4	5
3.	I have a tendency to do things without first thinking about what could happen	1	2	3	4	5
4.	I have difficulty stopping myself from doing something that I like even though someone tells me that it is not allowed.	1	2	3	4	5
5.	When someone asks me to do several things, I remember only the first or last	1	2	3	4	5
6.	I have difficulty refraining for smiling or laughing in situations where it is inappropriate	1	2	3	4	5
7.	I have difficulty coming up with a different way of solving a problem when I get stuck	1	2	3	4	5
8.	When someone asks me to fetch something, I forget what I am supposed to fetch	1	2	3	4	5
9.	I have difficulty planning for an activity (e.g., remembering to bring everything necessary when going on a trip/to work/to school)	1	2	3	4	5
10.	I have difficulty stopping an activity that I like (e.g., I watch TV or sit in front of the computer in the evening even though it is time to go to bed)	1	2	3	4	5
11.	I have difficulty understanding verbal instructions unless I am also shown <u>how</u> to do something	1	2	3	4	5
12.	I have difficulties with tasks or activities that involve several steps	1	2	3	4	5
13.	I have difficulty thinking ahead or learning from experience	1	2	3	4	5
14.	People that I meet seem to think that I am more lively/wilder compared to other people my age	1	2	3	4	5