**ADULT EXECUTIVE FUNCTIONING INVENTORY (ADEXI)**

**SELF-REPORT VERSION**

*Below you will find a number of statements. Please circle a number to the right of each statement to indicate how well that statement describes how you are as a person. People that you know might feel differently about you – we want to know what you think about yourself. Try to answer as honestly as possible.*

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| --- | --- | --- | --- | --- |
|  |  |  |  |  |
| Definitely not true 1 | Not true 2 | Partially true 3 | True  4 | Definitely true 5 |
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| --- | --- | --- | --- | --- | --- | --- |
| 1. | I have difficulty remembering lengthy instructions | 1 | 2 | 3 | 4 | 5 |
| 2. | I have difficulty remembering what I am doing in the middle of an activity | 1 | 2 | 3 | 4 | 5 |
| 3. | I have a tendency to do things without first thinking about what could happen | 1 | 2 | 3 | 4 | 5 |
| 4. | I have difficulty stopping myself from doing something that I like even though someone tells me that it is not allowed. | 1 | 2 | 3 | 4 | 5 |
| 5. | When someone asks me to do several things, I remember only the first or last | 1 | 2 | 3 | 4 | 5 |
| 6. | I have difficulty refraining for smiling or laughing in situations where it is inappropriate | 1 | 2 | 3 | 4 | 5 |
| 7. | I have difficulty coming up with a different way of solving a problem when I get stuck | 1 | 2 | 3 | 4 | 5 |
| 8. | When someone asks me to fetch something, I forget what I am supposed to fetch | 1 | 2 | 3 | 4 | 5 |
| 9. | I have difficulty planning for an activity (e.g., remembering to bring everything necessary when going on a trip/to work/to school) | 1 | 2 | 3 | 4 | 5 |
| 10. | I have difficulty stopping an activity that I like (e.g., I watch TV or sit in front of the computer in the evening even though it is time to go to bed) | 1 | 2 | 3 | 4 | 5 |
| 11. | I have difficulty understanding verbal instructions unless I am also shown how to do something | 1 | 2 | 3 | 4 | 5 |
| 12. | I have difficulties with tasks or activities that involve several steps | 1 | 2 | 3 | 4 | 5 |
| 13. | I have difficulty thinking ahead or learning from experience | 1 | 2 | 3 | 4 | 5 |
| 14. | People that I meet seem to think that I am more lively/wilder compared to other people my age | 1 | 2 | 3 | 4 | 5 |