The following questions are about changes that may be happening to your body. These changes normally happen to different young people at different ages. Please answer each question carefully according to what is happening to you currently

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| 1. | Would you say your growth in height…   1. Has not yet begun to spurt (“spurt” means more growth than usual) 2. Has barely started 3. Is definitely underway 4. Seems completed |
| 2. | And how about the growth of body hair (“body hair” means underarm and pubic hair)? Would you say that your body hair…   1. Has not yet started growing 2. Has barely started growing 3. Is definitely underway 4. Seems completed |
| 3. | Have you noticed any skin changes, especially pimples?   1. Not yet started showing changes 2. Have barely started showing changes 3. Skin changes are definitely underway 4. Skin changes seem completed |

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| FOR GIRLS ONLY | | FOR BOYS ONLY | |
| 4G. | Have your breasts begun to grow?   1. Not yet started growing 2. Has barely started changing 3. Breast growth is definitely underway 4. Breast growth seems completed | 4B. | Have you noticed a deepening of your voice?   1. Not yet started changing 2. Has barely started changing 3. Voice change is definitely underway 4. Voice change seems completed |
| 5G. | Do you think your development is any earlier or later than most other girls your age?   1. Much earlier 2. Somewhat earlier 3. About the same 4. Somewhat later 5. Much later | 5B. | Have you begun to grow hair on your face?   1. Not yet started growing hair 2. Have barely started growing hair 3. Facial hair growth is definitely underway 4. Facial hair growth seems completed |
| 6G. | Have you begun to menstruate or get your period?   1. No 2. Yes | 6B. | Do you think your development is any earlier or later than most other boys your age?   1. Much earlier 2. Somewhat earlier 3. About the same 4. Somewhat later 5. Much later |
| 7G. | If yes, How old were you when you first menstruated or got your period?  \_\_\_\_\_\_\_\_\_years and \_\_\_\_\_\_\_\_\_months |