**Pre and Post Interaction Evaluation:**

**Instructions:**

Below there is a list of sentences that describe possible outcomes about the forthcoming (or passed) social interaction. Please, read and evaluate the likelihood of each occurrence (1- Not at all, 2-Seldom, 3 - Sometimes, 4 - Often). Please mark the chosen answers with *x.*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | (1)Not at All | (2)Seldom | (3)Sometimes | (4)Often |
| 1. I will (did) have an enjoyable interaction with the other person. |  |  |  |  |
| 2. I will (did) act awkward when talking to the other person. |  |  |  |  |
| 3. I will (did) do a great job of carrying on a conversation with the other person. |  |  |  |  |
| 4. I will (did) have nothing to talk about. |  |  |  |  |
| 5. I will (did) say uninteresting things when talking to the other person. |  |  |  |  |
| 6. The other person will (did) think I am smart. |  |  |  |  |
| 7. The other person will (did) think I am interesting. |  |  |  |  |
| 8. The other person will (did) enjoy having a conversation with me. |  |  |  |  |
| 9. The other person will (did) think I am weird. |  |  |  |  |
| 10. The other person will (did) like me. |  |  |  |  |
| 11. I will (did) feel like my “thoughts were racing” when talking to the other person. |  |  |  |  |
| 12. I will (did) get distracted by anxious thoughts during the conversation. |  |  |  |  |
| 13. I will (did) worry a lot when talking to the other person. |  |  |  |  |
| 14. I will (did) maintain focus on the conversation and the other person. |  |  |  |  |
| 15. I will (did) fixate too much on everything I say or do during the conversation. |  |  |  |  |
| 16. My heart will (did) pound when talking to the other person. |  |  |  |  |
| 17. I will (did) start to sweat when talking to the other person. |  |  |  |  |
| 18. I will (did) feel flushed when talking to the other person. |  |  |  |  |
| 19. I will (did) have an uncomfortable feeling in my stomach when talking to the other person. |  |  |  |  |
| 20. I will (did) feel tense while talking to the other person. |  |  |  |  |