https://woodland-health-golf-club.herokuapp.com/contact                    ⋮

**98** Performance

**95** Accessibility

**92** Best Practices

**100** SEO
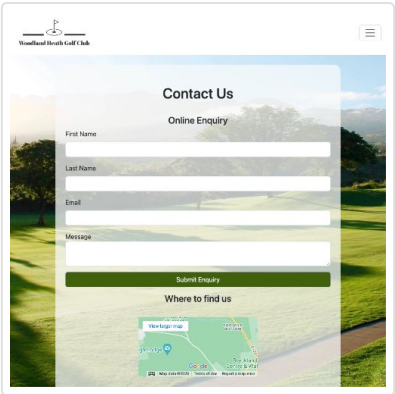
---

**98**

## Performance

Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)

🔺 0–49          50–89          90–100

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### METRICS                                                    Expand view

| | |
|---|---|
| First Contentful Paint | Largest Contentful Paint |
| **0.5 s** | **1.1 s** |
| Total Blocking Time | Cumulative Layout Shift |
| **10 ms** | **0.054** |
| Speed Index | |
| **0.6 s** | |

[ View Treemap ]     [ View Original Trace ]
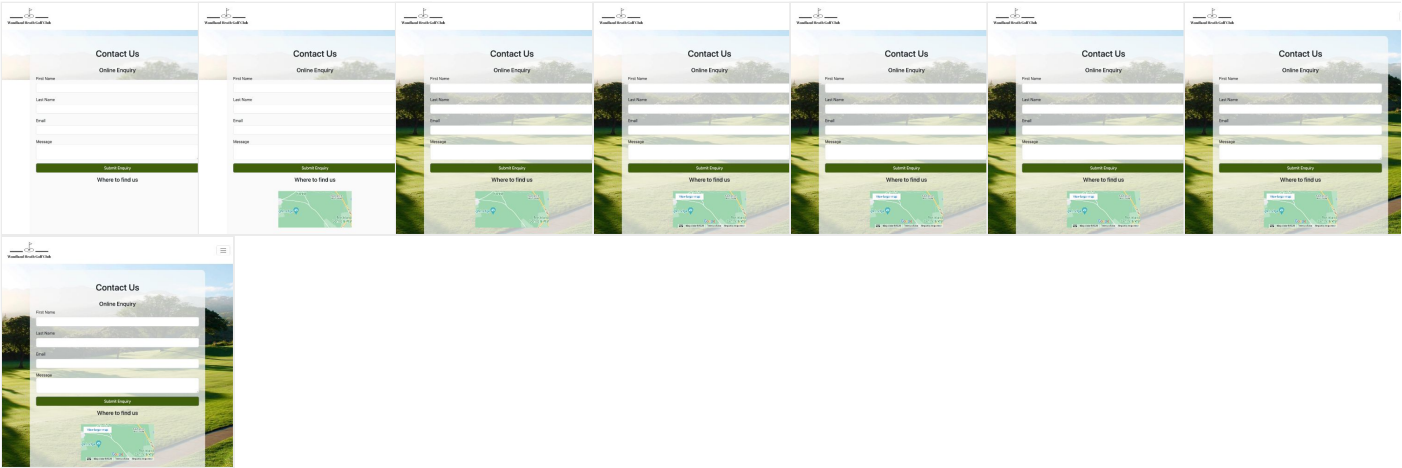
Show audits relevant to: All  FCP  LCP  TBT  CLS

## OPPORTUNITIES

| Opportunity | Estimated Savings |
|---|---|
| Properly size images | 0.45s ⌄ |
| Eliminate render-blocking resources | 0.25s ⌄ |
| Use HTTP/2 | 0.21s ⌄ |

These suggestions can help your page load faster. They don't [directly affect](#) the Performance score.

## DIAGNOSTICS

🔺 Image elements do not have explicit `width` and `height`  ⌄

Serve static assets with an efficient cache policy  — 3 resources found  ⌄

○ Avoid chaining critical requests  — 8 chains found  ⌄

○ Keep request counts low and transfer sizes small  — 42 requests • 1,310 KiB  ⌄

○ Largest Contentful Paint element  — 1 element found  ⌄

○ Avoid large layout shifts  — 2 elements found  ⌄

○ Avoid long main-thread tasks  — 2 long tasks found  ⌄

More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

## PASSED AUDITS (30)                                        Show

93

# Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Only a subset of accessibility issues can be automatically detected so manual testing is also encouraged.

## NAMES AND LABELS

⚠️ `<frame>` or `<iframe>` elements do not have a title ⌄

These are opportunities to improve the semantics of the controls in your application. This may enhance the experience for users of assistive technology, like a screen reader.

## NAVIGATION

⚠️ Heading elements are not in a sequentially-descending order ⌄

These are opportunities to improve keyboard navigation in your application.

## ADDITIONAL ITEMS TO MANUALLY CHECK (10)                        Show

These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#).

## PASSED AUDITS (14)                                             Show

## NOT APPLICABLE (28)                                            Show

92

# Best Practices

## GENERAL

⚠️ Issues were logged in the `Issues` panel in Chrome Devtools ⌄

◯ Detected JavaScript libraries ⌄

## TRUST AND SAFETY

○　　Ensure CSP is effective against XSS attacks　　　　　　　　　　⌄

PASSED AUDITS (12)　　　　　　　　　　　　　　　　　　　　　Show

NOT APPLICABLE (1)　　　　　　　　　　　　　　　　　　　　　Show

100

# SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on Core Web Vitals. Learn more about Google Search Essentials.

ADDITIONAL ITEMS TO MANUALLY CHECK (1)　　　　　　　　　　Show

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (10)　　　　　　　　　　　　　　　　　　　　Show

NOT APPLICABLE (4)　　　　　　　　　　　　　　　　　　　　Show

Captured at Jun 29, 2023, 9:37 PM GMT+1

Initial page load

Emulated Desktop with Lighthouse 10.1.1

Custom throttling

Single page load

Using Chromium 114.0.0.0 with devtools

Generated by **Lighthouse** 10.1.1 | File an issue