

## 【2023 年】2012-2021 年我国居民健康素养水平



(模板覆盖率: 90% , 一如既往 , 除了题目信息 , 几乎都是模板)

## 2012-2021 年我国居民健康素养水平 (英文)

As is clearly indicated in the chart, **Chinese residents' health literacy level** has experienced a dramatic change during the past several years. According to the given statistics, this level increased rapidly from only 8.8% in 2012 to 25.4% in 2021.

Then, what might be the reasons for such a phenomenon? From my perspective, we should take at least two significant factors into consideration. First and foremost, compared with previous generations, today's people pay more attention to the quality of life as well as their sense of happiness. Therefore, it is not surprising that many of them would choose to **acquire health information and service to improve their physical and mental health**. Second, with the rapid development of our society, the Internet has provided us with an even wider range of **health-related** resources **than before to improve our health literacy**.

Personally, I believe the trend indicated in the chart will remain unchanged in the next several years. However, to improve more people's **level of health literacy**, it is our government's responsibility to roll out more supportive policies. I sincerely hope that every Chinese resident will reap huge benefits in this process. (190 words)

## 2012-2021 年我国居民健康素养水平 (中文)

如图所示, 中国居民的健康素养水平在过去几年里发生了巨大的变化。根据所给的统计数据, 该水平从2012年的仅仅8.8%快速增加到2021年的24.8%。

那么, 造成这种现象的原因可能是什么呢? 我认为, 至少应该考虑两方面重要因素。首先, 跟之前的几代人相比, 如今的人们更加重视生活质量和他们的幸福感。因此, 毫不奇怪, 他们会选择去获取健康方面的信息和服务来增强自己的身体和心理健康。其次, 随着社会的快速发展, 互联网给我们提供了比以往更为丰富的跟健康相关的资源来提高我们的健康素养。

我个人认为, 图中所反映的趋势在未来几年不会发生变化。然而, 为了提高更多的人的健康素养水平, 我们政府有责任推出更多的支持性政策。我衷心希望每个中国居民都能在此过程中受益。