



100 Long Lane
Leeds
West Yorkshire
LS1 AAB

Date: 13 August 2025
NHS number: 901 234 5678

Dear Jo Blogs,

Invitation to Take Part in a Health Research Study

We are writing to invite you to take part in an important health research study being conducted by the NHS in partnership with Acme University.

The study aims to better understand how lifestyle factors affect long-term heart health. You have been selected as someone who may be eligible to take part based on your age and local GP record.

Your local study region is: Rutland

Taking part in this study could help improve future NHS care and contribute to discoveries that benefit people across the country. The study has been carefully reviewed and approved by an independent ethics committee to ensure it is safe and appropriate for participants.

Participation is entirely voluntary, and all information you provide will be kept strictly confidential. If you choose to take part, you will receive more details about what the study involves and have the opportunity to ask any questions.

If you are interested or would like to learn more, please contact our research team:

- Phone: 01234 567 890
- Email: rutland@nhs.net

You can also visit **www.nhs.uk/studies** for further information.

Thank you for considering this opportunity to contribute to vital NHS research.

Yours sincerely,
Sally Davies
Director
NHS Health Studies