

((address\_line\_1)) ((address\_line\_2)) ((address\_line\_3)) ((address\_line\_4)) ((address\_line\_5)) ((address\_line\_6)) ((address\_line\_7))

Date: ((date))

**NHS number:** ((nhsNumber))

## Your NHS breast screening appointment

Dear ((fullName)),

We are inviting you for your NHS breast screening appointment.

We invite all women for breast screening from the age of 50 every 3 years until you turn 71. This is because most breast cancers develop in women over the age of 50.

## Your appointment:

Date: ((appointment\_date)) Time: ((appointment\_time))

**Location:** ((appointment\_location))

Your appointment should take no more than **30 minutes**.

# **Changing your appointment:**

Please call ((contact\_telephone\_number)) if you need to re-schedule or cancel your appointment. We can offer your appointment to someone else.

#### Why the NHS offers breast screening

We offer screening to save lives from breast cancer.

Regular breast screening can find signs of breast cancer at an early stage. We look for cancers that are too small for you to feel or see, before you notice any symptoms.

Finding breast cancer early can make it more likely that treatment will be effective.

## Before your appointment

Call us on ((contact\_telephone\_number)) if you:

- need additional support to attend screening (for example, if you have a learning disability or mobility problems)
- have breast implants
- have a pacemaker or any other implanted medical device
- are under the care of a breast consultant
- have had a mammogram (breast X-ray) in the last 6 months
- are pregnant or breastfeeding.

We may offer a longer appointment or make other adjustments.

## If you've had breast cancer

If you had breast cancer treatment and you're having annual follow-up mammograms, you don't need to attend this routine appointment. Check when your annual mammograms will stop with your breast team. After this, you can have routine breast screening if you're still aged under 71.

#### More information



You can choose if you take part in NHS breast screening. To help you decide, scan the QR code or visit **www.gov.uk/breast-screening-guide**. Guidance is available in an easy read format and other languages.

To request information in another alternative format, phone **0300 311 22 33** or email **england.contactus@nhs.net**.

Yours sincerely,

NHS Breast Screening Programme

**Data Protection:** We use personal information from your NHS records to invite you for screening at the right time. Read more about how we use and protect your information at **www.gov.uk/screening-data**. Find out how to opt out of screening at **www.gov.uk/screening-opt-out**.