School of Computing Science

University of Glasgow

Ethics information: Debriefing Script

Heart Rate Recovery Smartwatch Application Investigation February 2024 Nathan Hutchison

The main aim of this experiment was to investigate the usability and functionality of my developed smartwatch application for tracking Heart Rate Recovery and overall Heart Fitness. I also wanted to compare the accuracy and usefulness of the application in the prescribed exercise compared to a more generic exercise.

Do you have any comments or questions about the experiment? Please take a note of my email address (2556961h@student.gla.ac.uk) and the email address of the module co-ordinator (matthew.chalmers@glasgow.ac.uk), and please let us know if you have any further questions or concerns about this experiment. Thank you for your help.