

Patient Medical Report

Patient Information:

Patient Name: John Doe

Age: 45

Gender: Male

Date of Report: 15th February 2025

Doctor: Dr. Emily Carter

Hospital: City Health Medical Center

Patient History:

- Hypertension (Diagnosed 2018)
- Type 2 Diabetes (Diagnosed 2020)
- No known allergies

Symptoms:

- Fatigue
- Mild chest pain
- Increased thirst and urination

Diagnostic Tests:

Blood Pressure: 140/90 mmHg (Normal: 120/80 mmHg)

Blood Sugar (Fasting): 150 mg/dL (Normal: 70-99 mg/dL)

Cholesterol (LDL): 160 mg/dL (Normal: <100 mg/dL)

ECG: Mild arrhythmia detected (Normal)

Diagnosis:

- Hypertension
- Mild arrhythmia

- Uncontrolled diabetes

Prescribed Medications:

- Metformin 500mg - Twice daily
- Amlodipine 5mg - Once daily
- Aspirin 75mg - Once daily

Doctor's Notes:

- Lifestyle modifications recommended (low-sodium diet, regular exercise).
- Follow-up appointment in 4 weeks.
- If chest pain worsens, seek immediate medical attention.