

Dear Students, Faculty, and Staff,

Given the rising cases of dengue fever, it is essential that we all take precautionary measures to protect our community. Please follow these guidelines to minimize the risk of dengue transmission:

1. Personal Hygiene:

Avoid touching your face, especially your eyes, as it can lead to infection.

Wash your hands frequently with soap and water for at least 20 seconds, or use hand sanitizer if soap is not available.

2. No Sharing of Personal Items:

Do not share personal items such as face creams, eye drops, or any other products with others to prevent potential transmission.

3. Social Interaction:

Refrain from shaking hands or engaging in close physical contact, especially after touching your face.

4. Clean Environment:

Maintain cleanliness in your surroundings. Remove any stagnant water that could serve as breeding sites for dengue mosquitoes.

Ensure that all containers, tires, and other potential breeding spots are regularly checked and emptied.

5. Protection from Mosquitoes:

Use mosquito repellents and wear long-sleeved clothing, especially during dawn and dusk when Aedes mosquitoes, which transmit dengue, are most active.

Install window screens and bed nets to reduce the risk of mosquito bites.

6. Fogging and Pest Control:

As a preventive measure, the campus, including the Boys and Girls Hostels, will undergo fogging to control mosquito populations.

7. Seek Medical Attention:

If you experience dengue symptoms (high fever, severe headache, pain behind the eyes, joint and muscle pain, rash, and bleeding), consult the Institute Doctors immediately.

Do not ignore symptoms or attempt to self-medicate. Early diagnosis and treatment are crucial.

It's our collective responsibility to maintain a safe and healthy environment within our university. Your cooperation in following these guidelines is greatly appreciated. Let's work together to prevent the spread of dengue fever in our community.

Stay safe and healthy.