



# Nefer Kali Healing Guide

## Cashew Bark Extract



### **Suggested Use:**

Shake well.

Take 4 drops or up to 0.5 mL when needed. You can increase the dose slowly as you see fit.

For best results, add the drops to room temperature water. This helps preserve the potency of the tincture and ensures easier absorption.

Clean diet is preferable for boosted performance of this tincture.

Thank you (or in our ancient language of Kamit, Tua U) for your support. Nefer Kali Healing provides high quality healing products to help aid and assist in building your life force.

**Ingredients:** St Lucian Cashew Bark. Organic Cane Spirits, Distilled Water

### **Benefits of Cashew Bark**

**Antibacterial Properties:** Cashew bark contains compounds that exhibit antibacterial activity, making it potentially effective in combating bacterial infections. This can be particularly beneficial in treating skin infections or gastrointestinal bacterial issues.

**Anti-inflammatory Effects:** The bark of the cashew tree is known for its anti-inflammatory properties. It can be used to alleviate inflammation in the body, which is beneficial for conditions like arthritis, swelling, and pain management.

**Antioxidant Rich:** Cashew bark contains antioxidants, which are compounds that fight against free radicals in the body. These antioxidants can help in preventing cell damage and reducing the risk of chronic diseases.

**Gastrointestinal Health:** Some traditional medicinal uses of cashew bark include treating stomach and intestinal ailments. It may help in soothing digestive issues and improving overall gastrointestinal health.

## **Health Disclaimer**

The information provided on this guide is for educational and informational purposes only and is not intended as medical advice. The content has not been evaluated by the Food and Drug Administration (FDA) and is not intended to diagnose, treat, cure, or prevent any disease. Always seek the advice of your physician or other qualified healthcare provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you have read on this guide. If you think you may have a medical emergency, call your doctor or emergency services immediately.