

INDICATION

Predicts the likelihood of recurrent instability after an initial episode of patella dislocation

INTERPRETATION

SCORE	RISK GROUP	RISK OF RECURRENT INSTABILITY (years)			
		1	2	5	10
0-1	Low	0%	0%	0%	0%
2-3	Moderate	16.7%	27.8%	30.6%	30.6%
4-5	High	15.6%	37.5%	65.6%	79.2%

CALCULATION

Total score = sum of scores for each question

QUESTION		POINTS
Age <25 years	Yes	+2
	No	+0
Skeletal immaturity (open distal femoral and proximal tibial physes on plain radiographs)	Yes	+1
	No	+0
Dejour A-D dysplasia (on plain radiographs and T2-weighted MRI)	Yes	+1
	No	+0
TT-TG/PL ≥0.5 (on T2-weighted MRI)	Yes	+1
	No	+0