

INDICATION

Predicts the likelihood of recurrent instability after an initial episode of patella dislocation

INTERPRETATION

SCORE	RISK GROUP	RISK OF RECURRENT INSTABILITY (years)			
		1	2	5	10
0-1	Low	0%	0%	0%	0%
2-3	Moderate	16.7%	27.8%	30.6%	30.6%
4-5	High	15.6%	37.5%	65.6%	79.2%

CALCULATION

Total score = sum of scores for each question

QUESTION	POINTS
Age <25 years	+2 Yes +0 No
Skeletal immaturity (open distal femoral and proximal tibial physes on plain radiographs)	+1 Yes +0 No
Dejour A-D dysplasia (on plain radiographs and T2-weighted MRI)	+1 Yes +0 No
TT-TG/PL ≥ 0.5 (on T2-weighted MRI)	+1 Yes +0 No