

INDICATION

Determines whether symptoms meet the EULAR/ACR criteria for diagnosis of Polymyalgia Rheumatica (PMR).

Only to be used in patients >50, who present with bilateral shoulder pain and who have an abnormal ESR/CRP.

INTERPRETATION

SCORE	INTERPRETATION
≥4 <b>without</b> ultrasound	Likely to have PMR
≥5 <b>with</b> ultrasound	Likely to have PMR

CALCULATION

Total score = sum of scores for each question

QUESTION		POINTS
Morning stiffness duration	≤45 min	+0
	>45 min	+2
Hip pain or limited range of motion	No	+0
	Yes	+1
Rheumatoid factor or anticitrullinated protein antibody	Present	+0
	Absent	+2
Other joint pain	Present	+0
	Absent	+1
Ultrasound criteria		
At least one shoulder with subdeltoid bursitis and/or biceps tenosynovitis and/or glenohumeral synovitis (either posterior or axillary) and at least one hip with synovitis and/or trochanteric bursitis	No	+0
	Yes	+1
Both shoulders with subdeltoid bursitis, biceps tenosynovitis or glenohumeral synovitis	No	+0
	Yes	+1