

INDICATION

Screening tool for delirium in older patients.

ADDITIONAL INFORMATION

Less sensitive in patients with dementia.
Limited external validation.

INTERPRETATION

| SCORE | LEVEL OF IMPAIRMENT |
|-------|--|
| ≥ 4 | Possible delirium and/or cognitive impairment |
| 1–3 | Possible cognitive impairment |
| 0 | Delirium or severe cognitive impairment unlikely. However re-test if acute change or fluctuating symptoms. |

CALCULATION

Total score = sum of scores for each question

| QUESTION | | POINTS |
|---|---|--------|
| Alertness | Normal | +0 |
| | Mild sleepiness for <10 secs after waking then normal | +0 |
| | Clearly abnormal | +4 |
| AMT 4: Age / DOB / Place / Year | No mistakes | +0 |
| | 1 mistake | +1 |
| | ≥ 2 mistakes or untestable | +2 |
| Attention: list months in reverse order starting December | Lists ≥ 7 months correctly | +0 |
| | Starts but lists < 7 months or refuses to start | +1 |
| | Untestable | +2 |
| Acute change / Fluctuating course: evidence of change or fluctuation in mental status within last 2 weeks and persisting in last 24 hours | Yes | +4 |
| | No | +0 |