

INDICATION

Measures the degree of disability in activities of daily living (ADL) in patients with stroke / neurological disability.

ADDITIONAL INFORMATION

The following Yes or No questions are used as a standardised interview to determine patients ability:

Do you have any symptoms that are bothering you?
Are you able to do the same work as before?
Are you able to keep up with your hobbies?
Have you maintained your ties to friends and family?
Do you need help making a simple meal, doing household chores, or balancing a checkbook?
Do you need help with shopping or traveling close to home?
Do you need another person to help you walk?
Do you need help with eating, going to the toilet, or bathing?
Do you stay in bed most of the day and need constant nursing care?

INTERPRETATION

Score provides a common language for health professionals to use when describing a patients disability.

CALCULATION

Total score = sum of scores for each question

Patient's Baseline Activity - choose best fit of patients ability	No symptoms	+0
	No significant disability despite symptoms. Able to carry out all usual duties and activities	+1
	Slight disability. Unable to carry out all previous activities but able to look after own affairs without assistance	+2
	Moderate disability. Requiring some help but able to walk without assistance	+3
	Moderately severe disability. Unable to walk and attend to bodily needs without assistance	+4
	Severe disability. Bedridden / incontinent and requiring constant nursing care and attention	+5
	Dead	+6