

INDICATION

Assesses severity and disease activity in ulcerative colitis

INTERPRETATION

- The higher the score, the more severe the case of ulcerative colitis
- The highest score possible is a 12
- Scores should be compared to previous scores taken for a patient

CALCULATION

Total score = sum of scores for each question

	QUESTION	POINTS
Stool frequency	Normal	+0
	1–2 stools/day > normal	+1
	3–4 stools/day > normal	+2
	>4 stools/day > normal	+3
Rectal bleeding	None	+0
	Visible blood with stool less than half the time	+1
	Visible blood with stool half of the time or more	+2
	Passing blood alone	+3
Mucosal appearance at endoscopy	Normal or inactive disease	+0
	Mild disease (erythema,	+1
	Moderate disease (marked	+2
	Severe disease	+3
Physician rating of disease activity	Normal	+0
	Mild	+1
	Moderate	+2
	Severe	+3