

INDICATION

Stratifies severity of ulcerative colitis into Mild, Moderate and Severe based on signs and symptoms.

INTERPRETATION

SEVERITY	CRITERIA
MILD	All criteria are <i>Mild</i>
MODERATE	When neither <i>Mild</i> or <i>Severe</i> criteria are met
SEVERE	≥6 bowel movements per day is <i>Severe</i> + any of systemic features Temp / Pulse / Anaemia / ESR are <i>Severe</i>

CALCULATION

Diagnosis is 'Mild' when all six criteria are 'mild'.

Diagnosis is 'Severe' when criteria for frequency of bowel movement and ≥1 features of systemic upset (Temp / Pulse/ Anaemia / ESR) are 'severe'.

Diagnosis is 'Moderate' when between these criteria.

Bowels movements per day	<4	Mild
	4-5	Moderate
	≥6	Severe
Blood in stool	None or small amounts	Mild / Moderate
	Moderate	Mild / Moderate
	Grossly bloody	Severe
Temp ≥37.8°C	Yes	Severe
	No	Mild / Moderate
Pulse >90 bpm	Yes	Severe
	No	Mild / Moderate
Anaemia: Hb ≤105g/L	Yes	Severe
	No	Mild / Moderate
ESR mm/hr	≤30	Mild
	>30	Severe