

INDICATION

A tool for assessing pain in patients with dementia

INTERPRETATION

SCORE	PAIN ASSESSMENT
1-3	MILD
4-6	MODERATE
7-10	SEVERE

CALCULATION

Total score = sum of scores for each question

	QUESTION	POINTS
Breathing	Normal	+0
	Occasional laboured breathing or short periods of hyperventilation	+1
	Noisy laboured breathing / long periods of hyperventilation or Cheyne-Stokes respirations	+2
Negative vocalisation	None	+0
	Occasional Moan / Groan or low-level speech with negative quality	+1
Facial expression	Repeated troubled calling out loud Moaning / Groaning / Crying	+2
	Smiling or inexpressive	+0
	Sad / Frightened / Frown	+1
Body language	Facial grimacing	+2
	Relaxed	+0
Consolability	Tense / Distressed / Pacing / Fidgeting	+1
	Rigid fists clenched / knees pulled up / pulling or pushing away / striking out	+2
	No need to console	+0
Consolability	Distracted or reassured by voice / touch	+1
	Unable to console / distract or reassure	+2