

HISTORY

HPC	<ul style="list-style-type: none">• Duration symptoms• Bleeding nature: Melena / Bright red / On paper / Mixed in stool / Clots / Mucus• Haematemesis• Anemia symptoms: Chest Pain / SOB / Lethargy / Postural Hypotension• Abdo pain• Changes in bowel habit: Constipation / Loose• Recent GI surgery / trauma• Fevers / Night sweats
PMH	<ul style="list-style-type: none">• Inflammatory bowel disease• Coagulation disorders• Diverticular disease• Recent lower GI radiotherapy• UGIB risk factors: Ulcer / Varices• GI malignancy risk factors: Previous malignancy / Weight loss
DH	<ul style="list-style-type: none">• Anti-platelets• Anticoagulation• NSAIDS / Steroids
SH / FH	<ul style="list-style-type: none">• Smoking status: Non / Current / Ex• Recent foreign travel• Alcohol excess

EXAMINATION

GENERAL OBSERVATIONS	<ul style="list-style-type: none">• Distressed / Pain• Patient pallor / jaundiced
AIRWAY	<ul style="list-style-type: none">• Ensure airway patent
BREATHING	<ul style="list-style-type: none">• Physical Observation: FiO₂ / RR / SaO₂• Auscultation: Wheeze / Crackles / Air entry
CIRCULATION	<ul style="list-style-type: none">• Physical Observation: HR / BP• Fluid input-output: Fluid balance• Heart sounds: Murmurs• Pulse: Regular / Irregular / Volume• CRT: Central / Peripheral• Mucus membranes: Moist / Dry
DISABILITY	<ul style="list-style-type: none">• Physical Observation: Temp• GCS
EXPOSURE	<ul style="list-style-type: none">• Abdo palpation: Distended / Pain / Peritonitic• PR examination: Haemorrhoids / Fresh blood / Melena / Fissure

INVESTIGATIONS

BLOODS	<ul style="list-style-type: none">• FBC / U&E / CRP• LFT / Amylase• Clotting / Group and Save	
VBG	<ul style="list-style-type: none">• pH• Lactate	
ECG	<ul style="list-style-type: none">• Rate• Rhythm: Arrhythmia• Ischaemia: ST segment / T wave inversion / New LBBB	
AXR	<ul style="list-style-type: none">• Dilated bowel loops• Drain pipe colon / Thumbprinting / Megacolon• Pneumoperitoneum / Rigler's sign• Faecal loading	
STOOL ANALYSIS	<ul style="list-style-type: none">• Culture• Calprotectin	
MICRO	<ul style="list-style-type: none">• Cultures: If Temp > 38	
CT ABDO/PELVIS	<ul style="list-style-type: none">• Malignancy• Peptic ulcer• Colitis• Diverticular disease	DISCUSS WITH SENIOR +/- CT ANGIO
SIGMOIDOSCOPY COLONOSCOPY	<ul style="list-style-type: none">• Haemorrhoids• Diverticular disease• IBD• Malignancy	DISCUSS WITH SENIOR

POTENTIAL DIFFERENTIALS

ANAL FISSURE	HAEMORRHOIDS	RECTAL VARICES
GASTROENTERITIS	IBD FLARE	POST RADIOTHERAPY PROCTITIS
GI MALIGNANCY	GI TRAUMA / SURGERY	DIVERTICULITIS