

INDICATION

Used to screen patients for malnutrition in community and inpatient populations.

Provides suggested screening intervals and when to refer for dietician input.

INTERPRETATION

SCORE	RISK	POTENTIAL MANAGEMENT
0	Low	Routine repeat screening depending on setting. Hospital Weekly / Care home Monthly / Community Annually
1	Medium	Monitor oral intake. If concerns then consider dietician referral. If no concern then repeat screening depending on setting: Hospital Weekly / Care home Monthly / Community 2-3 Monthly
≥2	High	Refer to hospital / community dietician. Document oral intake

CALCULATION

Total score = sum of scores for each question

QUESTION		POINTS
BMI	>20	+0
	18.5-10	+1
	<18.5	+2
Unplanned weight loss in past 3 - 6 months	<5%	+0
	5-10%	+1
	>10%	+2
Patient is acutely ill + has been / likely to be no nutritional intake for >5 days	Yes	+2
	No	+0