

ALCOHOL WITHDRAWAL

NAUSEA / VOMITING "Do you feel sick to your stomach?" "Have you vomited?"	No nausea or vomiting	0
	Mild nausea no vomiting	+1
	(More severe symptoms)	+2
	(More severe symptoms)	+3
	Intermittent nausea with dry heaves	+4
	(More severe symptoms)	+5
	(More severe symptoms)	+6
	Constant nausea, frequent dry heaves and vomiting	+7
TREMOR Arms extended and fingers spread apart	No tremor	0
	Not visible, but can be felt fingertip to fingertip	+1
	(More severe symptoms)	+2
	(More severe symptoms)	+3
	Moderate, with patient's arms extended	+4
	(More severe symptoms)	+5
	(More severe symptoms)	+6
	Severe, even with arms not extended	+7
PAROXYSMAL SWEATS	No sweat visible	0
	Barely perceptible sweating, palms moist	+1
	(More severe symptoms)	+2
	(More severe symptoms)	+3
	Beads of sweat obvious on forehead	+4
	(More severe symptoms)	+5
	(More severe symptoms)	+6
	Drenching sweats	+7
ANXIETY "Do you feel nervous?"	No anxiety, at ease	0
	Mildly anxious	+1
	(More severe symptoms)	+2
	(More severe symptoms)	+3
	Moderately anxious, or guarded, so anxiety is inferred	+4
	(More severe symptoms)	+5
	(More severe symptoms)	+6
	Equivalent to acute panic states	+7
AGITATION	Normal activity	0
	Somewhat more activity than normal activity	+1
	(More severe symptoms)	+2
	(More severe symptoms)	+3
	Moderately fidgety and restless	+4
	(More severe symptoms)	+5
	(More severe symptoms)	+6
	Paces back and forth or constantly thrashes about	+7
TACTILE DISTURBANCES "Have you any itching, pins and needles sensations, burning, numbness or feel bugs crawling under your skin?"	None	0
	Very mild itching, pin and needles, burning, or numbness	+1
	Mild itching, pin and needles, burning, or numbness	+2
	Moderate itching, pin and needles, burning, or numbness	+3
	Moderately severe hallucinations	+4
	Severe hallucinations	+5
	Extremely severe hallucinations	+6
	Continuous hallucinations	+7
AUDITORY DISTURBANCES "Are you more aware of sounds around you?" "Are you hearing things you know aren't there?"	Not present	0
	Very mild harshness or ability to frighten	+1
	Mild harshness or ability to frighten	+2
	Moderate harshness or ability to frighten	+3
	Moderately severe hallucinations	+4
	Severe hallucinations	+5
	Extremely severe hallucinations	+6
	Continuous hallucinations	+7
VISUAL DISTURBANCES "Does the light appear to be too bright?" "Are you seeing things you know are not there?"	Not present	0
	Very mild sensitivity	+1
	Mild sensitivity	+2
	Moderate sensitivity	+3
	Moderately severe hallucinations	+4
	Severe hallucinations	+5
	Extremely severe hallucinations	+6
	Continuous hallucinations	+7
HEADACHE "Does your head feel different?" "Does it feel like there is a band around your head?" Do not rate for dizziness or lightheadedness. Otherwise, rate 'severity.'	Not present	0
	Very mild	+1
	Mild	+2
	Moderate	+3
	Moderately severe	+4
	Severe	+5
	Very severe	+6
	Extremely severe	+7
ORIENTATION "What day is this?" "Where are you?" "Who am I?" "Count backwards from 100 in 7's"	Orientated, can do serial additions	0
	Can't do serial addition, or uncertain of date	+1
	Disorientated for date by no more than 2 calendar days	+2
	Disorientated for date by more than 2 calendar days	+3
	Disorientated to place or person	+4
SCORE ≤ 8		ABSENT OR MINIMAL WITHDRAWAL
SCORE 9-19		MILD TO MODERATE WITHDRAWAL
SCORE ≥ 20		SEVERE WITHDRAWAL