

INDICATION

Assists in the diagnosis of ADHD in adults

INTERPRETATION

≥4 indicate consistency with adult ADHD

CALCULATION

Total score = sum of scores for each question

Select the response that best describes how the patient has felt and conducted his/herself over the past 6 months.

How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done?	Never	+0
	Rarely	+0
	Sometimes	+1
	Often	+1
	Very often	+1

How often do you have difficulty getting things in order when you have to do a task that requires organisation?	Never	+0
	Rarely	+0
	Sometimes	+1
	Often	+1
	Very often	+1

How often do you have problems remembering appointments or obligations?	Never	+0
	Rarely	+0
	Sometimes	+1
	Often	+1
	Very often	+1

When you have a task that requires a lot of thought, how often do you avoid or delay getting started?	Never	+0
	Rarely	+0
	Sometimes	+1
	Often	+1
	Very often	+1

How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?	Never	+0
	Rarely	+0
	Sometimes	+1
	Often	+1
	Very often	+1

How often do you feel overly active and compelled to do things, like you were driven by a motor?	Never	+0
	Rarely	+0
	Sometimes	+1
	Often	+1
	Very often	+1