

HISTORY

HPC	<ul style="list-style-type: none">• Duration of symptoms• Speed of onset: Sudden / Gradual• Nausea / Vomiting• Anemia symptoms: Chest Pain / SOB / Lethargy / Postural Hypotension• Abdo pain: Epigastric• Recent surgery / trauma : UGI / Thorax / Oral• Recent epistaxis• Melena / fresh rectal bleeding
PMH	<ul style="list-style-type: none">• Previous UGIB: OGD findings / Management• UGIB risk factors: Ulcer / Varices• Liver disease• Coagulation disorders
DH	<ul style="list-style-type: none">• Anti-platelets / Anticoagulation• Caustic ingestion• NSAIDS / Steroids• Oral bisphosphonates
SH / FH	<ul style="list-style-type: none">• Alcohol excess

EXAMINATION

GENERAL OBSERVATIONS	<ul style="list-style-type: none">• Increased work of breathing• Distressed / Pain• Patient cyanosed / pallor / jaundiced
AIRWAY	<ul style="list-style-type: none">• Ensure airway patent
BREATHING	<ul style="list-style-type: none">• Physical Observation: FiO₂ / RR / SaO₂• Auscultation: Wheeze / Crackles / Air entry
CIRCULATION	<ul style="list-style-type: none">• Physical Observation: HR / BP• Fluid input-output: Fluid balance• Heart sounds: Murmurs• CRT: Central / Peripheral• Mucus membranes: Moist / Dry
DISABILITY	<ul style="list-style-type: none">• Physical Observation: Temp• GCS
EXPOSURE	<ul style="list-style-type: none">• Stigmata of Chronic Liver Disease:• Jaundice / Ascites / Finger clubbing / Palmar erythema / Dupuytren's contracture / Spider nevi / Purpura / Caput medusae / Gynaecomastia / Muscle wasting / Scratch marks• Abdo palpation: Hepatomegaly / Splenomegaly / Epigastric pain / Peritonitic• PR examination: Melena

INVESTIGATIONS

BLOODS	<ul style="list-style-type: none">• FBC / U&E / CRP• LFT / Bone / Amylase• Clotting / Group and Save	
VBG	<ul style="list-style-type: none">• pH• HCO₃⁻• Lactate	<ul style="list-style-type: none">• Hb• Electrolytes• Glucose
CXR	<ul style="list-style-type: none">• Aspiration	
ECG	<ul style="list-style-type: none">• Rate• Rhythm: Arrhythmia• Ischaemia: ST segment / T wave inversion / New LBBB	
MICRO	<ul style="list-style-type: none">• Cultures: If Temp > 38	
CT ABDO/PELVIS	<ul style="list-style-type: none">• Bowel obstruction• Masses• Peptic ulcer / Perforation	<div>DISCUSS WITH SENIOR +/- CT ANGIO</div>
OGD	<ul style="list-style-type: none">• Varices• Bleeding peptic ulcer	<div>DISCUSS WITH SENIOR</div>

POTENTIAL DIFFERENTIALS

COAGULATION DISORDER / ANTICOAGULATION		
PEPTIC ULCER	GASTRITIS / OESOPHAGITIS	VARICEAL HAEMORRHAGE
MALLORY WEISS TEAR	OESOPHOGEAL / GASTRIC MALIGNANCY	UGI / THORAX / ORAL TRAUMA / SURGERY