

INDICATION

This score provides an objective assessment of the severity of alcohol withdrawal which is often used in treatment protocols

INTERPRETATION

SCORE	WITHDRAWAL LEVEL
≤8	Absent / Minimal
9-19	Mild to Moderate
≥20	Severe

CALCULATION

Total score = sum of scores for each question

Nausea / vomiting	None	+0
	Mild nausea	+1
	(more severe)	+2
	(more severe)	+3
	Intermittent + dry heaves	+4
	(more severe)	+5
	(more severe)	+6
	Constant + vomiting / heaves	+7
Tremor - upper limb	None	+0
	Not visible but felt	+1
	(more severe)	+2
	(more severe)	+3
	Moderate arms extended	+4
	(more severe)	+5
	(more severe)	+6
	Severe	+7
Paroxysmal sweats	None	+0
	Barely sweating	+1
	(more severe)	+2
	(more severe)	+3
	Beads sweat	+4
	(more severe)	+5
	(more severe)	+6
	Drenching sweats	+7
Anxiety	None	+0
	Barely sweating	+1
	(more severe)	+2
	(more severe)	+3
	Beads sweat	+4
	(more severe)	+5
	(more severe)	+6
	Acute panic state	+7
Agitation	Normal activity	+0
	Somewhat > normal	+1
	(more severe)	+2
	(more severe)	+3
	Moderate fidgety / restless	+4
	(more severe)	+5
	(more severe)	+6
	Pacing / thrashing	+7
Tactile disturbances - itching / P&N's / burning / numbness	None	+0
	Very mild sensations	+1
	Mild sensations	+2
	Moderate sensations	+3
	Moderate/severe hallucinations	+4
	Severe hallucinations	+5
	Extremely severe hallucinations	+6
	Continous hallucinations	+7
Auditory disturbances	None	+0
	Very mild sensations	+1
	Mild sensations	+2
	Moderate sensations	+3
	Moderate/severe hallucinations	+4
	Severe hallucinations	+5
	Extremely severe hallucinations	+6
	Continous hallucinations	+7
Visual disturbances	None	+0
	Very mild sensations	+1
	Mild sensations	+2
	Moderate sensations	+3
	Moderate/severe hallucinations	+4
	Severe hallucinations	+5
	Extremely severe hallucinations	+6
	Continous hallucinations	+7
Headache / Fullness in head	None	+0
	Very mild	+1
	Mild	+2
	Moderate	+3
	Moderate/severe	+4
	Severe	+5
	Very severe	+6
	Extremely severe	+7
Orientation / Clouding of senses	Orientated + serial additions	+0
	Can't do serial additions / uncertain about date	+1
	Disorientated for date no more than 2 days	+2
	Disorientated for date by more than 2 days	+3
	Disorientated to place or person	+4