

HISTORY

HPC

- Duration of symptoms
- Speed of onset: Sudden / Gradual
- Nausea / Vomiting
- Anemia symptoms: Chest Pain / SOB / Lethargy / Postural Hypotension
- Abdo pain: Epigastric
- Recent surgery / trauma : UGI / Thorax / Oral
- Recent epistaxis
- Melena / fresh rectal bleeding

PMH

- Previous UGIB: OGD findings / Management
- UGIB risk factors: Ulcer / Varices
- Liver disease
- Coagulation disorders

DH

- Anti-platelets / Anticoagulation
- Caustic ingestion
- NSAIDS / Steroids
- Oral bisphosphonates

SH / FH

- Alcohol excess

EXAMINATION

GENERAL OBSERVATIONS

- Increased work of breathing
- Distressed / Pain
- Patient cyanosed / pallor / jaundiced

AIRWAY

- Ensure airway patent

BREATHING

- Physical Observation: FiO₂ / RR / SaO₂
- Auscultation: Wheeze / Crackles / Air entry

CIRCULATION

- Physical Observation: HR / BP
- Fluid input-output: Fluid balance
- Heart sounds: Murmurs
- CRT: Central / Peripheral
- Mucus membranes: Moist / Dry

DISABILITY

- Physical Observation: Temp
- GCS

EXPOSURE

- Stigmata of Chronic Liver Disease:
 - Jaundice / Ascites / Finger clubbing / Palmar erythema / Dupuytren's contracture / Spider nevi / Purpura / Caput medusae / Gynaecomastia / Muscle wasting / Scratch marks
- Abdo palpation: Hepatomegaly / Splenomegaly / Epigastric pain / Peritonitic
- PR examination: Melena

INVESTIGATIONS

BLOODS

- FBC / U&E / CRP
- LFT / Bone / Amylase
- Clotting / Group and Save

VBG

- pH
 - HCO₃-
 - Lactate
- Hb
 - Electrolytes
 - Glucose

CXR

- Aspiration

ECG

- Rate
- Rhythm: Arrhythmia
- Ischaemia: ST segment / T wave inversion / New LBBB

MICRO

- Cultures: If Temp > 38

CT ABDOMEN/PELVIS

- Bowel obstruction
- Masses
- Peptic ulcer / Perforation

DISCUSS WITH SENIOR
+/- CT ANGIO

OGD

- Varices
- Bleeding peptic ulcer

DISCUSS WITH SENIOR

POTENTIAL DIFFERENTIALS

COAGULATION DISORDER / ANTICOAGULATION

PEPTIC ULCER

GASTRITIS / OESOPHAGITIS

VARICEAL HAEMORRHAGE

MALLORY WEISS TEAR

OESOPHOGEAL / GASTRIC MALIGNANCY

UGI / THORAX / ORAL TRAUMA / SURGERY