

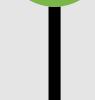
# IDEAL BODY WEIGHT CALCULATOR

FEMALE

MALE

45.5

50



$2.3 \times (\text{Height}_{\text{inch}} - 60)$

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Above calculation based on persons 5 feet tall and above

# ADJUSTED BODY WEIGHT CALCULATOR

If Actual body weight (ABW) is  $\geq 30\%$  of Ideal body weight (IBW) then calculate Adjusted body weight (ABW)

MALE / FEMALE

IBW



$0.4 \times (\text{ABW} - \text{IBW})$