

INDICATION

Determines whether symptoms meet the EULAR/ACR criteria for diagnosis of Polymyalgia Rheumatica (PMR).

Only to be used in patients >50, who present with bilateral shoulder pain and who have an abnormal ESR/CRP.

INTERPRETATION

| SCORE | INTERPRETATION |
|-----------------------------|--------------------|
| ≥ 4 without ultrasound | Likely to have PMR |
| ≥ 5 with ultrasound | Likely to have PMR |

CALCULATION

Total score = sum of scores for each question

| QUESTION | POINTS |
|---|------------------|
| Morning stiffness duration | ≤ 45 min +0 |
| | >45 min +2 |
| Hip pain or limited range of motion | No +0 |
| | Yes +1 |
| Rheumatoid factor or anticitrullinated protein antibody | Present +0 |
| | Absent +2 |
| Other joint pain | Present +0 |
| | Absent +1 |

Ultrasound criteria

| | | |
|--|-----|----|
| At least one shoulder with subdeltoid bursitis and/or biceps tenosynovitis and/or glenohumeral synovitis (either posterior or axillary) and at least one hip with synovitis and/or trochanteric bursitis | No | +0 |
| | Yes | +1 |
| Both shoulders with subdeltoid bursitis, biceps tenosynovitis or glenohumeral synovitis | No | +0 |
| | Yes | +1 |