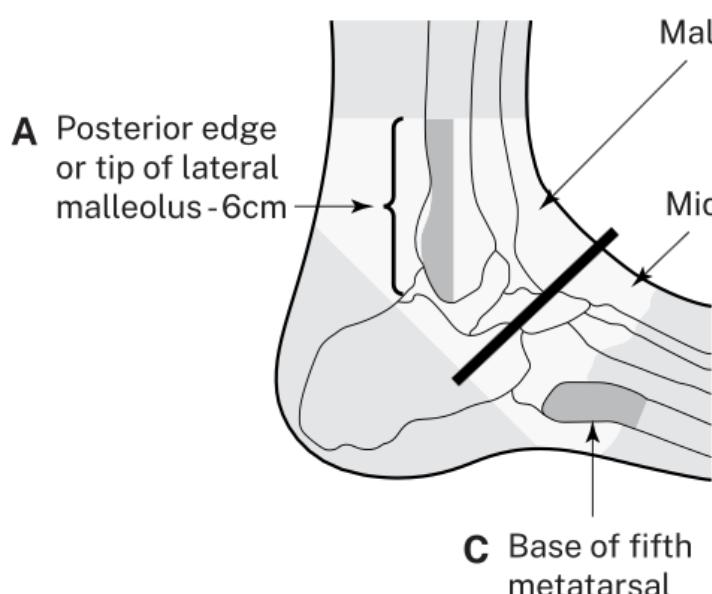


INDICATION

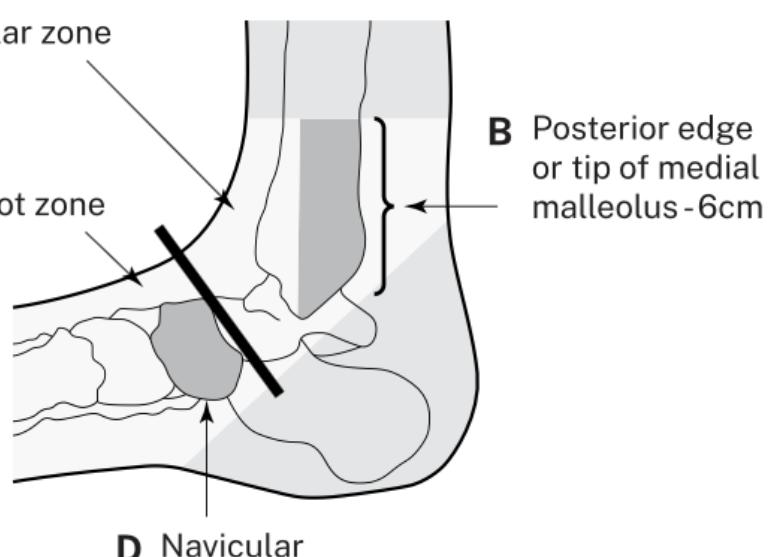
Rules out clinically significant ankle / foot injuries using clinical findings to avoid unnecessary plain radiographs (X-rays)

ADDITIONAL INFORMATION

LATERAL VIEW



MEDIAL VIEW



INTERPRETATION

Ankle Plain plain radiographs (X-rays) advised if pain in **Malleolar zone** along with any of these findings:

- Bone tenderness at A (posterior tip of lateral malleolus) or B (posterior edge of medial malleolus)
- Unable to weight bear both immediately and during examination

Foot Plain plain radiographs (X-rays) advised if pain in **Midfoot zone** along with any of these findings:

- Bone tenderness at C (base of 5th metatarsal) or D (navicular)
- Unable to weight bear both immediately and during examination