

INDICATION

Determines whether symptoms meet the EULAR/ACR criteria for diagnosis of polymyalgia rheumatica.

Only to be used in patients >50, who present with bilateral shoulder pain and who have an abnormal ESR/CRP.

INTERPRETATION

SCORE	INTERPRETATION
≥4 without ultrasound	Likely to have PMR
≥5 with ultrasound	Likely to have PMR

CALCULATION

QUESTION	POINTS
Morning stiffness duration	≤45 min
	>45 min
Hip pain or limited range of motion	No
	Yes
Rheumatoid factor or anticitrullinated protein antibody	Present
	Absent
Other joint pain	Present
	Absent

Ultrasound criteria

At least one shoulder with subdeltoid bursitis and/or biceps tenosynovitis and/or glenohumeral synovitis (either posterior or axillary) and at least one hip with synovitis and/or trochanteric bursitis	No	0
	Yes	1
Both shoulders with subdeltoid bursitis, biceps tenosynovitis or glenohumeral synovitis	No	0
	Yes	1