

INDICATION

Stratifies severity of ulcerative colitis into Mild, Moderate and Severe based on signs and symptoms.

INTERPRETATION

| SEVERITY | CRITERIA |
|-----------------|---|
| MILD | All criteria are Mild |
| MODERATE | When neither Mild or Severe criteria are met |
| SEVERE | ≥ 6 bowel movements per day is Severe + any of systemic features Temp / Pulse / Anaemia / ESR are Severe |

CALCULATION

Diagnosis is 'Mild' when all six criteria are 'mild'.

Diagnosis is 'Severe' when criteria for frequency of bowel movement and ≥ 1 features of systemic upset (Temp / Pulse/ Anaemia / ESR) are 'severe'.

Diagnosis is 'Moderate' when between these criteria.

| | | |
|----------------------------------|-----------------------|-----------------|
| Bowels movements per day | <4 | Mild |
| | 4-5 | Moderate |
| | ≥ 6 | Severe |
| Blood in stool | None or small amounts | Mild / Moderate |
| | Moderate | Mild / Moderate |
| | Grossly bloody | Severe |
| Temp $\geq 37.8^{\circ}\text{C}$ | Yes | Severe |
| | No | Mild / Moderate |
| Pulse $>90 \text{ bpm}$ | Yes | Severe |
| | No | Mild / Moderate |
| Anaemia: Hb $\leq 105\text{g/L}$ | Yes | Severe |
| | No | Mild / Moderate |
| ESR mm/hr | ≤ 30 | Mild |
| | >30 | Severe |