

INDICATION

A-a gradient should be used in cases of unexplained hypoxia or where degree of hypoxia exceeds degree of illness.

Allows comparison to the expected A-a gradient for healthy individuals with similar characteristics.

Can help identify the cause of hypoxaemia by determining whether the cause is intra or extra-pulmonary.

INTERPRETATION

$$\text{Normal A-a O}_2 \text{ GRADIENT} = (\text{Age}_{\text{years}} / 4) + 4$$

CAUSES OF HYPOXAEMIA	A-a O ₂ GRADIENT SHIFT
V/Q Mismatch (eg PNA, CHF, PE, ARDS, atelectasis, etc)	Elevation
Shunt (eg PFO, ASD, pulmonary AVMs)	Elevation
Alveolar Hypoventilation (eg interstitial lung disease, environmental lung disease, PCP PNA)	Elevation
Hypoventilation (ex: COPD, CNS insult/disease, neuromuscular disease)	Depression
High altitude	Depression

CALCULATION

$$\text{A-a O}_2 \text{ GRADIENT} = (\text{FiO}_2 \times (\text{Atmospheric Pressure} - \text{H}_2\text{O Pressure}) - \text{PaCO}_2 / 0.8) - \text{PaO}_2$$

$$\text{H}_2\text{O pressure} = 6.25 \text{ kPa} / 47 \text{ mmHg}$$