

INDICATION

This scoring system helps determine if monoarthritis is gout or non-gout.

If considered non-gout, then further assessment such as joint aspiration may be indicated as part of the assessment for an alternative diagnosis.

INTERPRETATION

SCORE	GOUT PREVALENCE
≤ 4 points	2.2%
> 4 and < 8 points	31.2%
≥ 8 points	80.4%

CALCULATION

Total score = sum of scores for each question

Male sex	Yes	+2
	No	+0
Previous patient reports arthritis attack	Yes	+2
	No	+0
Onset within 1 day	Yes	+0.5
	No	+0
Joint redness	Yes	+1
	No	+0
1st MTP involvement	Yes	+2.5
	No	+0
Hypertension or ≥ 1 cardiac diseases	Yes	+1.5
	No	+0
Serum uric acid > 0.35 mmol/L	Yes	+3.5
	No	+0