

INDICATION

Determines whether symptoms meet the EULAR/ACR criteria for diagnosis of polymyalgia rheumatica.

Only to be used in patients >50, who present with bilateral shoulder pain and who have an abnormal ESR/CRP.

INTERPRETATION

SCORE	INTERPRETATION
≥4 without ultrasound	Likely to have PMR
≥5 with ultrasound	Likely to have PMR

CALCULATION

QUESTION		POINTS
Morning stiffness duration	≤45 min	0
	>45 min	2
Hip pain or limited range of motion	No	0
	Yes	1
Rheumatoid factor or anticitrullinated protein antibody	Present	0
	Absent	2
Other joint pain	Present	0
	Absent	1

Ultrasound criteria		
At least one shoulder with subdeltoid bursitis and/or biceps tenosynovitis and/or glenohumeral synovitis (either posterior or axillary) and at least one hip with synovitis and/or trochanteric bursitis	No	0
	Yes	1
Both shoulders with subdeltoid bursitis, biceps tenosynovitis or glenohumeral synovitis	No	0
	Yes	1