

INDICATION

Categorises severity of COPD and provides treatment recommendations

INTERPRETATION

GOLD GROUP	RISK	3-YEAR MORTALITY	TREATMENT
A	Low risk, low symptom burden	3.8%	Bronchodilator (long- or short-acting)
B	Low risk, higher symptom burden	10.6%	Long-acting bronchodilator (LABA) or long-acting
C	High risk, low symptom burden	8.2%	LAMA (or LAMA + LABA, or LABA + ICS
D	High risk, higher symptom burden	20.1%	LAMA and LABA, plus inhaled corticosteroid

CALCULATION

- GOLD 1–4 refers to the *grade* of airflow obstruction
- GOLD A-D are the *groups* on which treatment recommendations are based

POST-BRONCHODILATOR FEV₁/FVC <0.7



GOLD GRADE	FEV ₁ (% PREDICTED)
GOLD 1	≥80
GOLD 2	50-79
GOLD 3	30-49
GOLD 4	<30



EXACERBATION HISTORY	GOLD GROUP	
≥2 or ≥1 leading to hospital admission	C	D
0 or 1 not leading to hospital admission	A	B
	mMRC 0-1 CAT <10	mMRC ≥2 CAT ≥10