

INDICATION

Used to screen patients for malnutrition in community and inpatient populations.

Provides suggested screening intervals and when to refer for dietitian input.

INTERPRETATION

SCORE	RISK	POTENTIAL MANAGEMENT
0	Low	Routine repeat screening depending on setting. Hospital Weekly / Care home Monthly / Community Annually
1	Medium	Monitor oral intake. If concerns then consider dietitian referral. If no concern then repeat screening depending on setting: Hospital Weekly / Care home Monthly / Community 2-3 Monthly
≥2	High	Refer to hospital / community dietitian. Document oral intake

CALCULATION

Total score = sum of scores for each question

QUESTION	POINTS
BMI	>20
	18.5-10
	<18.5
Unplanned weight loss in past 3 - 6 months	<5%
	5-10%
	>10%
Patient is acutely ill + has been / likely to be no nutritional intake for >5 days	Yes
	No