

INDICATION

This score provides an objective assessment of the severity of alcohol withdrawal which is often used in treatment protocols

INTERPRETATION

| SCORE | WITHDRAWAL LEVEL | |
|-------|------------------|--|
| ≤8 | Absent / Minimal | |
| 9-19 | Mild to Moderate | |
| ≥20 | Severe | |

CALCULATION

Total score = sum of scores for each question

| | | |
|--|--|----|
| Nausea / vomiting | None | +0 |
| | Mild nausea | +1 |
| | (more severe) | +2 |
| | (more severe) | +3 |
| | Intermittent + dry heaves | +4 |
| | (more severe) | +5 |
| | (more severe) | +6 |
| | Constant + vomiting / heaves | +7 |
| Tremor - upper limb | None | +0 |
| | Not visible but felt | +1 |
| | (more severe) | +2 |
| | (more severe) | +3 |
| | Moderate arms extended | +4 |
| | (more severe) | +5 |
| | (more severe) | +6 |
| | Severe | +7 |
| Paroxysmal sweats | None | +0 |
| | Barely sweating | +1 |
| | (more severe) | +2 |
| | (more severe) | +3 |
| | Beads sweat | +4 |
| | (more severe) | +5 |
| | (more severe) | +6 |
| | Drenching sweats | +7 |
| Anxiety | None | +0 |
| | Mild | +1 |
| | (more severe) | +2 |
| | (more severe) | +3 |
| | Moderate or guarded | +4 |
| | (more severe) | +5 |
| | (more severe) | +6 |
| | Acute panic state | +7 |
| Agitation | Normal activity | +0 |
| | Somewhat > normal | +1 |
| | (more severe) | +2 |
| | (more severe) | +3 |
| | Moderate fidgety / restless | +4 |
| | (more severe) | +5 |
| | (more severe) | +6 |
| | Pacing / thrashing | +7 |
| Tactile disturbances - itching / P&N's / burning / numbness | None | +0 |
| | Very mild sensations | +1 |
| | Mild sensations | +2 |
| | Moderate sensations | +3 |
| | Moderate/severe hallucinations | +4 |
| | Severe hallucinations | +5 |
| | Extremely severe hallucinations | +6 |
| | Continous hallucinations | +7 |
| Auditory disturbances | None | +0 |
| | Very mild sensations | +1 |
| | Mild sensations | +2 |
| | Moderate sensations | +3 |
| | Moderate/severe hallucinations | +4 |
| | Severe hallucinations | +5 |
| | Extremely severe hallucinations | +6 |
| | Continous hallucinations | +7 |
| Visual disturbances | None | +0 |
| | Very mild sensations | +1 |
| | Mild sensations | +2 |
| | Moderate sensations | +3 |
| | Moderate/severe hallucinations | +4 |
| | Severe hallucinations | +5 |
| | Extremely severe hallucinations | +6 |
| | Continous hallucinations | +7 |
| Headache / Fullness in head | None | +0 |
| | Very mild | +1 |
| | Mild | +2 |
| | Moderate | +3 |
| | Moderate/severe | +4 |
| | Severe | +5 |
| | Very severe | +6 |
| | Extremely severe | +7 |
| Orientation / Clouding of senses | Orientated + serial additions | +0 |
| | Can't do serial additions / uncertain about date | +1 |
| | Disorientated for date no more than 2 days | +2 |
| | Disorientated for date by more than 2 days | +3 |
| | Disorientated to place or person | +4 |