



Video 15. Developing a Graded Task Assignment: Dr. Chapman and Charles, Wright/APA Publishing





Why do I get so angry? I can't work on all of these tasks.





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Psychodynamic Therapy Role-Play - Defense Mechanisms and Free Association

**MMCS:** The patient is having issues controlling her anger, and she is also feeling burdened with lots of responsibilities at home.



Intent: Cause, Information
Keywords: Anger, Frustration, Burnout
Focal point: 1:42-1:49

