

Application

Programme	Erasmus+
Type of action	KA220-ADU - Partnerships for cooperation in the adult education sector (KA220-ADU)
Competition	2025
Round	Round 1

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Project information

Sector		Adult education		
Project title		DIGI-MENTOR 60+: developing digital competences among senior citizens		
Project title in English		DIGI-MENTOR 60+: developing digital competencies of seniors		
Project acronym		DIGI-MENTOR		
Project start date (dd/mm/yyyy)	Duration of the	Project end date (dd/mm/yyyy)	National Agency organising applicant	Language used for the for completing the form
01/10/2025 Development	30 months	31/03/2028	PLU1 - Foundation for the System Development Foundation	Polish
Lump sum for the project		250,000.00 €		

More detailed information about the National Agencies for the Erasmus+ Programme can be found at: [List of National Agencies.](#)

Project summary

Please provide a brief description of your project. Please note that this section (or parts thereof) may be used in publications by the European Commission, the Executive Agency or National Agencies. The information provided here will also be published on the Erasmus+ Results Platform.

Please use clear language and simple sentences. Please refer to at least the following elements: project context; project objectives; number and profile of participants; description of activities; methodology to be used during project implementation; brief description of expected results and impact of the project; and potential long-term benefits. If your project is awarded funding, the summary will be made publicly available.

With a view to further publication on the Erasmus+ Project Results Platform, please also note that during the reporting stages, you will be required to submit a summary of the project results, which will be made publicly available. The final payment provisions in the agreement will be linked to the availability of such a summary.

Objectives: What does your organisation want to achieve through this project?

The DIGI-MENTOR 60+ project aims to develop the digital competences of senior citizens, eliminate technological barriers and increase their social activity. The activities will include the creation of educational materials, an e-learning platform and a set of mentoring tools for educators. Thematic modules and supplementary multimedia (including quizzes) tailored to the needs of seniors will be developed. The project promotes intergenerational cooperation and counteracts the digital exclusion of older people.

Implementation: What activities do you intend to carry out?

- Development of an ICT course for seniors with thematic modules and supplementary multimedia (quizzes, interactive materials)
- Development of a mentoring e-book and educational materials (e-book, diagnostic tools for assessing the skills of senior citizens)
- Development of an e-learning platform in 5 languages
- Organisation of local and international workshops
- Pilot programme – testing and optimisation of materials
- Dissemination of results through publications, conferences and promotional activities

Results: What are the expected results and other effects of the project?

The results of the DIGI-MENTOR 60+ project include the development of digital competences among senior citizens, the elimination of technological barriers and an increase in their social activity. The project will produce educational materials, an e-learning platform in five languages and a set of mentoring tools for educators. The project involves the organisation of workshops and testing of the developed materials in a pilot programme. The long-term effects include counteracting digital exclusion and strengthening intergenerational cooperation.

Please provide a translation into English. If the project receives funding, the summary will be made available to the public.

Objectives: What do you want to achieve by implementing the project?

The DIGI-MENTOR 60+ project aims to develop seniors' ICT skills, eliminate technological barriers, and enhance their social engagement. As part of the initiative, educational materials, an e-learning platform and a set of mentoring tools for educators will be created. The project will also develop thematic modules and supplementary multimedia resources (including quizzes) tailored to the needs of seniors. It promotes intergenerational collaboration and combats digital exclusion among older adults.

Implementation: What activities are you going to implement?

- Development of an ICT course for seniors with thematic modules and supplementary multimedia (quizzes, interactive materials)
- Creation of mentoring e-book & educational materials (e-book, diagnostic tools to assess skills)
- Development of a multilingual e-learning platform (available in 5 languages)
- Organisation of local and international workshops
- Pilot programme – testing and optimisation of materials
- Dissemination of results through publications, conferences, and promotional activities

Results: What project results and other outcomes do you expect your project to have?

The results of the DIGI-MENTOR 60+ project include the development of seniors' ICT competencies, elimination of technological barriers, and enhancement of their social engagement. The project will create educational materials, a multilingual e-learning platform (in 5 languages) and a set of mentoring tools for educators. It also involves organising workshops and testing the

developed materials in a pilot programme. The long-term effects include combating digital exclusion and strengthening intergenerational cooperation.

Applicant organisation

OID	Full name of the organisation	Country	Region/province	Town	Website
E10117291	Euro-Forum Agnieszka Gudków, Marek Gudków General Partnership	Poland	Lublin	Lublin	www.euro-forum.lublin.pl

Partner organisations

OID	Full name of the organisation	Country	Region/province	Town	Website
E10357340	Big Bucket Limited	Ireland	Dublin	Dublin	https://bigbucket.net/
E10252002	TropicalAstral Lda	Portugal	Algarve	Quarteira	http://tropicalastral.com/
E10171828	Language school with the right to conduct state language examinations PELICAN, s.r.o.	Czech Republic	South Moravian Region	Brno	www.skolapelican.com

Work package

Please note that it is recommended to divide projects into a maximum of 5 work packages, including one for project management.

In this section, please do not add the "project management" work package, which has already been included in the previous section.

Work package ID	Title	Number of activities	Funding (EUR)
WP1	Project management		45,000.00
WP2	International expert workshops	4	47,600.00
WP3	Development of an ICT course	1	50,000.00
WP4	Development of a set of mentoring tools	2	19,100.00
WP5	Pilot programme	2	23,600.00
WP6	Implementation programme – platform and workshops	5	46,900.00
WP7	Dissemination programme	6	17,800.00
Total			250,000.00

Budget summary

This section provides a summary of the estimated project budget. The table is automatically populated based on the described work packages and their estimated costs.

Budget items	Amount allocated (EUR)
Work package No 1 'Project management'	45,000.00
Work package No. 2 – International expert workshops	47,600.00
Work package No. 3 – Development of an ICT course	50,000.00
Work package No. 4 – Development of a set of mentoring tools	19,100.00
Work package No. 5 – Pilot programme	23,600.00
Work package no. 6 – Implementation programme – platform and workshops	46,900
Work package No. 7 – Dissemination programme	17,800.00
Total	250,000.00

Distribution of the subsidy amount among participating organisations

	Work package no. 1 no. 3 - Work package no. 4 - programme"	Development expert workshops	Work package no. 2 - Work package "Management Development of a set of mentoring tools"	Work package International Platform No. 5 - Project	Work package no. 6 - Implementation programme - platform and workshops	Work package No. 7 - Programme dissemination	Total (EUR)	
Euro-Forum Agnieszka Gudków, Marek Gudków	18000.00	13,700.00	20,000.00	5,650.00	6,400.00	11,000	4,000.00	78,750.00
General Partnership								
Big Bucket Limited	9,000.00	11,300.00	10,000.00	6,150.00	4,600.00	10,400.00	4,600.00	56,050.00
TropicalAstral Lda	9,000.00	11,300.00	10,000.00	3,650.00	5,600.00	15,100.00	4,600.00	59,250.00
Jazykova skola s praven statni language exams	9000.00	11,300.00	10,000.00	3,650.00	7,000.00	10,400.00	4,600.00	55,950.00
PELICAN, s.r.o.								
Total (EUR)	45,000.00	47,600.00	50,000.00	19,100.00	23,600.00	46,900.00	17,800.00	250,000.00
Lump sum of the project (EUR)								250,000.00

Participating organisations

To complete this section, you will need the organisation's identification number (OID). If

your organisation has an OID, please enter it in this section.

If you are unsure whether your organisation has an OID, you can check here: [Organisation Registration System](#)

If your organisation does not have an OID, you can create one here: [Register a new organisation](#)

According to the programme guide, each organisation (OID) may be involved in a total of 10 applications under the Cooperation Partnerships in the fields of vocational education and training, school education, adult education and youth per application round. The maximum number includes all applications within the listed sectors, regardless of whether the organisation acts as a coordinator or partner. Once this limit has been reached, it will not be possible to submit further applications involving the same organisation (OID).

Applicant organisation - Euro-Forum Agnieszka Gudków, Marek Gudków Spółka Jawna (E10117291 - PL)

OID of the organisation	Full name of the organisation	Country
E10117291	Euro-Forum Agnieszka Gudków, Marek Gudków Spółka Jawna	Poland

Date of establishment/registration of the organisation

04/08/2008

Applicant details

Full name of the organisation	Euro-Forum Agnieszka Gudków, Marek Gudków Spółka Jawna
Country Region/province	Poland
Town	Lublin
Website	Province
	Lublin
	www.euro-forum.lublin.pl

Organisation profile

Is the organisation a public law entity?	Is the organisation a non-profit organisation?
No	No
Type of organisation	School/institute/educational centre – adult education

Objectives, activities and experience of the organisation

Please briefly describe the organisation (e.g. type of organisation, scope of work, areas of activity and, if applicable, approximate number of learners and paid/unpaid staff).

Euro-Forum Spółka Jawna (EF) is a dynamic educational organisation operating since 2008, founded by Agnieszka and Marek Gudek – experts with many years of experience in the training and education market. The organisation focuses on implementing modern training projects that combine traditional teaching methods with innovative ICT technologies.

EF's areas of specialisation and scope of activity:

- Language education – EF conducts classroom-based language courses and e-learning, using interactive language laboratories and modern teaching tools, which allows participants of all ages to effectively learn foreign languages.
- Vocational training – enabling the acquisition of practical skills necessary in the labour market.
- Digital skills development – EF places particular emphasis on developing ICT skills, especially through the integration of interactive tools, e-learning platforms, exercise creators and innovative solutions such as virtual reality (VR) and artificial intelligence-based tools.
- Research and development (R&D) projects – implements research and development projects aimed at developing and implementing new technologies and teaching methods adapted to the changing needs of the education market.

EF has modern training rooms equipped with interactive whiteboards, computers, projectors, monitors and multimedia systems. This enables it to deliver traditional classroom-based training and e-learning courses. The offer is aimed at a wide range of recipients – children, young people, adults and senior citizens (in 2024, approximately 80 people were trained in

ICT). Last year, we also expanded our target audience to include migrants/refugees from Ukraine (in 2024, 39 people from Ukraine were trained in ICT). EF particularly emphasises the importance of adapting teaching methods to the specific needs of groups with limited ICT skills, which is reflected in the projects it implements.

EF employs experienced project managers, trainers, and e-learning and IT specialists. Among its permanent staff, there are approximately 10 trainers specialising in ICT skills. In addition to its permanent staff (6 people), the organisation cooperates with many experts in the field of modern technologies and education (programmers, researchers, educators), which allows it to flexibly adapt its offer to current market trends. The company's management is also directly involved in substantive and educational activities.

EF has the status of an examination centre, conducting ICT competence certification in accordance with the DigComp framework and language competence certification in accordance with TELC standards. This role confirms the high quality and professionalism of the educational services offered and strengthens the organisation's position on the domestic and international market.

EF is a modern educational institution that combines traditional teaching methods with innovative ICT technologies. Thanks to its wide range of activities, especially R&D in the field of modern technologies, it effectively responds to the needs of various groups of recipients and the challenges of the economy. Its established market position, advanced infrastructure and specialised staff enable it to provide services of the highest standard, which is crucial in the context of implementing projects supporting digital transformation and ICT skills development.

What experience does your organisation have and what activities does it undertake in areas related to the project? What are the competences/experience of the key people involved in the project?

EF has extensive experience and expertise in implementing educational and R&D projects, particularly those related to the development of digital competences. Selected national projects to date (international projects described below):

- CREATION OF AN INNOVATIVE INTERACTIVE PLATFORM QUIZER – this resulted in the creation of an interactive exercise creator with unique features such as multiplayer mode and user activity monitoring.
- ADAPTING THE E-LEARNING EXERCISE CREATOR TO THE NEEDS OF PEOPLE WITH DIFFICULTIES
- ACCESS TO EDUCATION - creation of an IT tool adapted to the needs of people who do not use traditional teaching methods, ensuring the accessibility of interactive exercises via a keyboard and screen reader
- PLATFORM FOR PROMOTING MULTIMEDIA EDUCATIONAL CONTENT ON THE INTERNET - development of a comprehensive platform enabling the publication of multimedia content, equipped with, among other things, SEO tools and a subpage generator
- QUIZER VR - implementation of a virtual reality component for e-learning
- DIGITALIFT - integration of digital technologies into business processes
- DIGITAL FUTURE – training tailored to participants' needs, improving ICT skills in 112 people with low qualifications and people aged 60+

KEY STAFF:

MAREK GUDKÓW - EF partner, 30 years of professional experience, including 22 years in training company management and 15 years in social project management. Currently manages a team of over 20 people. Specialist in modern technologies and e-learning, teaching methodology.

AGNIESZKA GUDKÓW - EF partner, 29 years of professional experience, including in training company management and 15 years in social project management. Also a methodology director at a foreign language school, author of educational materials, including e-learning, with experience in teaching German.

AGATA GUMIENIAK – educated in project management, finance and accounting. 15 years of experience in project management, PRINCE2 certificate. She has completed over 40 EU-funded projects, including 10 international ones (Erasmus+, PL-BY-UA).

MAREK WINCENTOWICZ – an ICT trainer with many years of experience, responsible for the QUIZER.PL platform (from the outline of functionality to testing and implementation of the finished tool), creation of interactive quizzes (over 2,000 quizzes). He has conducted training courses on ICT competences for adults and on the use of ICT solutions for teachers.

Conducting training courses (webinars, classroom-based) – operation and use of ICT tools. Fluent in English.

AGNIESZKA KARWOWSKA – e-learning specialist, technical and IT education, specialisation: computer graphics and multimedia in technology, business and education, experience in implementing R&D projects in the field of e-learning, as well as in performing tasks related to, among others, the creation of interactive multimedia materials

In addition, EF cooperates with many IT experts, programmers, security specialists, trainers and teachers, which guarantees a comprehensive approach to ICT projects.

TypeAction	As an applicant		As a partner/consortium member	
	Number submitted applications	Number funded projects	Number submitted applications	Number funded projects
Strategic Partnerships for adult education (KA204)	6	3	0	0
Partnerships for cooperation in the adult education sector (KA220-ADU)	1	0	0	0
New organisation in the programme Less		No		
experienced organisation New applicant		No		

Would you like to make any comments or add information to the summary of your organisation's participation in the Erasmus programme to date?
Euro-Forum Spółka Jawna has extensive experience in implementing projects under the Erasmus+ programme, with a total of four projects implemented under strategic partnerships (each time as a leader), including three in adult education:

- "Real Life Context – English for Seniors" (2020-2023) – the project aimed to develop innovative training materials that would support seniors' English language skills as well as their digital competences. An educational platform was created with quizzes, thematic modules, supplementary materials and an e-book (a guide for teachers). The project was submitted to the European Language Label 2024 competition and received an honourable mention. <https://www.reallifecontext.eu/pl/platform>
- "iAware - Innovative Programme for Digital Education of Adults" (2019-2022) - the aim was to create a modern ICT education programme for adults, taking into account contemporary challenges in the field of Internet safety and conscious use of global network resources, and to provide ICT trainers and adult educators with the appropriate tools, knowledge resources and skills to shape attitudes among adults towards the conscious use of modern technologies. <https://www.iaware-education.eu/>
- "IC-ENGLISH – an innovative platform for adult language education" (2018-2021) – a platform for learning English dedicated to adults and a set of materials for teachers was created. The platform includes quizzes, multimedia exercises, videos, worksheets and lesson plans. The multimedia content was created using the proprietary QUIZER tool. The methodologies and materials developed have been permanently incorporated into the curricula of partner organisations. <https://ic-english.eu/platforma/>

Previous projects implemented under Erasmus+ have enabled the organisation to implement modern educational tools and develop e-learning skills, which provides a solid basis for taking on new challenges.

Partner organisations

OID of the organisation	Full name of the organisation	Country
E10357340	Big Bucket Limited	Ireland
E10252002	TropicalAstral Lda	Portugal
E10171828	Language school with state language certification	zkousky PELICAN, s.r.o. Czech Republic
Number of participating organisations		4

Big Bucket Limited (E10357340 - IE)

Partner organisation details

Full name of the organisation	Big Bucket Limited
Country	Ireland
Region/province	Dublin
Town	Dublin
Website	https://bigbucket.net/

Organisation profile

Is the organisation a public law entity?	Is the organisation a non-profit organisation?
No	No
Type of organisation	Small and medium-sized enterprise

Objectives, activities and experience of the organisation

Please briefly describe the organisation (e.g. type of organisation, scope of work, areas of activity and, if applicable, approximate number of learners and paid/unpaid staff).

Big Bucket Ireland (BB) is a modern training company that was established in 2024 to respond to the rapidly changing needs of the education sector in Ireland. The organisation was created with the aim of improving the qualifications of educators through a modern and forward-looking approach to teaching. Although it was originally dedicated mainly to teachers – both those starting their careers and those already with experience – its methodology, based on flexibility, personalisation and the use of modern technologies, is also ideal for developing ICT skills in adults, including senior citizens. The company offers a wide range of training activities covering both traditional and digital teaching methods. BB's offer includes continuous professional development sessions, workshops, boot camps and advanced e-learning programmes that allow participants to learn at their own pace. This allows participants, regardless of age, to acquire new skills without time pressure, which is particularly important for seniors, who often need more flexible educational solutions.

The organisation uses innovative digital platforms to make training interactive and engaging. The educational modules include multimedia elements, practical tasks and tools for communication and collaboration between participants. This approach supports not only teachers but also adult learners, for whom ICT skills can open up new opportunities in both their professional and private lives. In the age of digitalisation, the development of technology skills is becoming an essential element of social integration and labour market activity.

Big Bucket Ireland operates mainly in Dublin, but thanks to EU projects and online platforms, its offer reaches a wide audience across Europe.

The organisation employs four full-time staff, around eight permanent associates and educators hired for specific training courses. The organisation has a team of qualified experts and practitioners who are constantly developing and improving its educational offering. This team is able to respond effectively to the needs of the modern market, and the experience gained can be successfully used in projects aimed at adults, including senior citizens, who wish to develop their ICT skills.

In the face of growing demand for digital skills among adults, BB Ireland is an example of an organisation that, through modern tools and flexible forms of education, enables active participation in the digitisation process. Its approach, based on personalised learning, technology integration and the building of a community of educational practitioners, enables the company to meet the expectations of even the most demanding audiences,

including seniors, who, thanks to dedicated modules, can confidently take their first steps in the world of ICT.

What experience does your organisation have and what activities does it undertake in areas related to the project topic? What are the competences/experience of the key people involved in the project?

Since its inception, Big Bucket has built an impressive track record in modern teaching methods and the integration of technology in education. The company consistently implements innovative approaches that provide a solid foundation for developing ICT skills not only among teachers but also among adult learners. The organisation's offer includes training programmes covering, among others, flipped classroom techniques, project-based learning, classroom management and strategies for integrating modern educational technologies. Such solutions are particularly valuable for groups who want to acquire digital skills that enable them to function effectively in a digital environment. The organisation follows the latest trends in education, including digital education, and flexibly adapts its offerings to changing market needs. Its experience in implementing innovative e-learning tools and digital platforms is a key asset that can be successfully used in ICT education for adults and seniors. Such solutions enable participants to learn at their own pace, which is invaluable when it comes to people who may need additional support at the beginning of their adventure with new technologies.

The key pillar of the organisation is its qualified specialists, who bring extensive expertise and rich international experience to projects.

Gaurav Vahi – Director, financial management, grant application preparation and knowledge of international and national regulations support effective financing and regulatory compliance of ICT development projects.

Kelsea Mucherino – experience in education (TESOL, secondary education) and European project management enables the development of innovative educational solutions, which contributes to the implementation of ICT competences in adults.

Artemis Driva – 5 years of experience in consulting and managing EU projects, especially in the field of language teaching. The ability to work in an international environment (speaks 7 languages) promotes the adaptation of educational technologies, including for seniors.

Alexandra Cheimona – 5 years of experience in implementing European projects (mainly Erasmus+), including project management, proposal writing and financial reporting. Organisational and research skills are essential for implementing ICT training.

Christine Janumala – experience in project management in the NGO, technology and marketing sectors, supported by a background in psychology and practical training experience. This enables her to develop programmes that support the development of ICT skills, especially for groups requiring an individual approach, such as senior citizens. Chris Scott – Over 20 years of experience in teaching, including online and exam preparation, as well as practice in creating educational materials and participation in EU projects, which contributes to the development of tools supporting ICT learning.

Jing Wang – experience in teaching English and creating educational materials for Erasmus projects, with an emphasis on teaching seniors, which supports the development of dedicated ICT content for adults.

Anjali Choudhury – 8 years of experience in international corporations and specialisation in digital marketing. Her strategic skills and implementation of innovative digital solutions are key to the promotion and development of educational projects, including initiatives to develop ICT skills in adults.

Big Bucket Ireland's achievements in the field of modern educational methods and digital technology integration provide an excellent basis for implementing projects aimed at developing ICT skills in adults. The team's extensive experience, confirmed by its success in implementing EU projects, makes the organisation an ideal partner for educational initiatives in which the acquisition of digital skills translates into increased social and professional activity.

Type/Action	As an applicant		As a partner/consortium member	
	Number submitted applications	Number funded projects	Number submitted applications	Number funded projects
Partnerships for cooperation in the school education sector (KA220-SCH)	0	0	2	0
Partnerships for cooperation in the adult education sector (KA220-ADU)	0	0	4	0
Partnerships for cooperation in the youth sector (KA220-YOU)	0	0	7	1
New organisation in the programme	Less		No	
experienced organisation			Yes	

Would you like to make any comments or add information to the summary of your organisation's participation in the Erasmus programme to date?

Although Big Bucket Ireland was founded in 2024 and, as a young organisation, does not yet have an extensive track record of participation in the Erasmus+ programme, it can count on the vast experience of its staff. Team members have gained skills and knowledge through years of working on EU-funded projects, including Erasmus+. Their previous involvement in international educational projects has enabled them to develop innovative teaching methods, integrate modern educational technologies and build strong international partnerships. Previous projects carried out by our staff have enabled our experts to effectively apply advanced technologies in the teaching process. The methods used include training in the use of flipped classroom techniques, project-based learning, and modules on classroom management and digital technology integration. Such solutions enable the development of practical skills that are particularly important for seniors who require additional support in adapting to a rapidly changing technological environment.

The Big Bucket Ireland team is characterised by its ability to quickly adapt to new educational trends.

TropicalAstral Lda (E10252002 - PT)

Partner organisation details

Full name of the organisation	TropicalAstral Lda
Country	Portugal Algarve
Region/province Town	Quarteira
Website	http://tropicalastral.com/

Organisation profile

Is the organisation a public law entity?	Is the organisation a non-profit organisation?
No	No
Type of organisation	School/institute/educational centre – adult education

Objectives, activities and experience of the organisation

Please briefly describe your organisation (e.g. type of organisation, scope of work, areas of activity and, if applicable, approximate number of learners and paid/unpaid staff).

TropicalAstral Lda is a private provider of adult education services and a company offering translation, graphic design and digital services, located in the Algarve region of Portugal. The organisation focuses primarily on serving corporate clients, providing individual language courses for management staff, as well as offering training in entrepreneurship, financial education and digital skills. TropicalAstral's activities also include projects supporting the integration of the international community – the organisation runs free Portuguese language lessons, which take place once a week in Vilamoura and attract around 30 participants, allowing them to improve their language skills and their ability to use modern communication technologies.

The organisation has a team of around 10 employees (full-time and part-time), supplemented by volunteers, which enables it to provide a wide range of services – from language training, through the creation and implementation of IT solutions (website design, mobile application development, e-learning platform development) to comprehensive social media and marketing campaign services. As part of its promotional activities, TropicalAstral manages the "Vilamoura & Algarve Internationals" group, which has over 5,600 members, providing an effective tool for the local distribution of information and project results. The ability to integrate digital tools with traditional teaching methods means that the organisation is well prepared to implement projects focused on developing ICT skills in adults, including senior citizens, by offering solutions that enable flexible, individualised learning and the practical application of modern technologies.

In the field of adult education, TropicalAstral carries out a wide range of activities – from language courses, through training in entrepreneurship, financial education and digital marketing, to projects supporting the integration of immigrants and adaptation to digital transformation. In addition, the experience gained in the implementation of EU projects has enabled TropicalAstral to develop and implement comprehensive dissemination strategies using social media and modern communication tools. The projects implemented include, among others, activities for digital integration, the development of technological competences in the adult education sector and the implementation of solutions increasing the accessibility of ICT tools. As a result, the organisation has demonstrated its ability to quickly adapt to new technological trends and to create training modules that are both practical and tailored to the specific needs of different target groups, including older people.

In summary, TropicalAstral's achievements include:

- Development and implementation of interactive e-learning platforms and IT tools,
- Design and implementation of mobile applications and content management systems,
- Creation of high-quality educational materials and dissemination strategies,
- Implementation of numerous EU projects that confirm the organisation's competence in the field of education digitisation. This experience provides a solid foundation for the implementation of a project aimed at developing ICT competences in adults, enabling the implementation of modern technological solutions tailored to the needs of users.

What experience does your organisation have and what activities does it undertake in areas related to the project? What are the competences/experience of the key people involved in the project?

TropicalAstral has extensive experience in areas key to the development of ICT skills, which provides a solid foundation for the implementation of modern educational solutions for adults, including senior citizens. Its achievements are based on many years of experience gained by its employees in the implementation of over 50 EU projects (including Erasmus+, TOI, Justice, Grundtvig and Mobility). This experience translates into the ability to design, implement and disseminate digital solutions that support effective learning and adaptation of new technologies. The organisation specialises in the development of interactive e-learning platforms, content management systems and tools for the creation and distribution of educational materials. An example is "The Language Menu" platform, which brings together a database of over 35,000 teachers, constituting a valuable resource in the field of educational technologies. The development and implementation of IT tools, including website and mobile application design, enables the creation of intuitive and responsive solutions tailored to the needs of adult learners.

KEY STAFF

- Veronica Gelfgren – Director/Owner

She has over 20 years of experience in language teaching and the creation of educational materials. Her competences include the design of dedicated courses and the implementation of innovative technological solutions, as confirmed by the creation of "The Language Menu" platform, which is used by a database of over 35,000 teachers. Her experience in coordinating EU projects guarantees effective management of implementation and development processes.

- Eric Gelfgren – Member of the Board / Content Creator

With 35 years of experience in finance and strategic management, Eric brings skills in planning, budgeting and accounting for highly advanced technological projects. His experience gained in projects such as Erasmus+ enables the effective implementation of ICT solutions, including analytical and benchmarking tools.

- Akanksha Maurya – IT Manager

A specialist with over 11 years of experience in frontend and backend technologies. She is responsible for the development and maintenance of digital platforms and mobile applications, using technologies such as Java, JavaScript, HTML, CSS, and database management systems. Her technical skills are key to the development of e-learning solutions and tools that support the development of ICT skills in adults.

- Nuno Monteiro – Project Manager / Digital Marketing Manager

A business management graduate with over 30 years of experience in project management, IT, digital marketing and online content creation. Nuno is responsible for coordinating project activities, developing strategies for disseminating results and developing project communication, which enables effective outreach to a wide audience, including senior citizens.

In addition, the TropicalAstral Lda team has experience in developing educational materials and conducting training courses and workshops on digitisation, which enables the use of proven teaching methods in the process of ICT skills training. Many years of practice in implementing IT tools and designing mobile and web solutions allow for the development of dedicated solutions that meet the specific needs of adults learning new technologies. As a result, the organisation has the necessary competences to effectively implement and execute a project aimed at increasing digital skills among the target group, including senior citizens.

Type of action	Number of applications submitted	As applicant	As a partner/consortium member	
		Number of projects funded	Number of applications submitted	Number of projects funded
Partnerships for creativity (KA227)	0	0	2	0
Strategic Partnerships for Adult Education (KA204) 1		0	2	1
Partnerships for cooperation in the adult education sector (KA220-ADU)	4	0	22	3
Cooperation partnerships in the youth sector (KA220-YOU)	0	0	4	0
Partnerships for cooperation in the education and training sector vocational (KA220-VET) HED)	0	0	1	0
Cooperation partnerships in the higher education sector (KA220-0		0	1	0

New organisation in the programme	No
Less experienced organisation	No participation in the Erasmus programme to date?

TropicalAstral Lda has extensive experience in implementing projects financed by the European Union, as confirmed by its participation in nine entries in the Erasmus+ project table. Over the past three years, the organisation has participated in the following projects:

- InclusionApp: Enhancing social inclusion of Refugees, Immigrants and Asylum Seekers through a mobile app (Erasmus+ KA2, 2020; partner: Collegium Balticum University in Szczecin)
- ReStart: Refugee Start-Up resources to facilitate entrepreneurship and business development for refugees and migrants (Erasmus+ KA2, 2021; partner: Welcome International, Belgium)
- Skills4Integration (Erasmus+ KA2, 2021; partner: Stichting Vrouw en Welzijn, Netherlands)
- Pro-Digita: Promoting Learning in Adult Education by the Digital Tools (Erasmus+ KA2, 2021; project in which TropicalAstral Lda acts as applicant/beneficiary)
- Start-Up Simulator (Erasmus+ KA2, 2022; partner: Stichting Vrouw en Welzijn, Netherlands)
- ECOffee consumers: Creating conscious coffee consumers with sustainable habits for enhancing the sustainable coffee industry (Erasmus+ KA2, 2022; partner: Tudás Alapítvány, Hungary)
- Nutcracker: Learning by doing and helping (Erasmus+ KA2, 2022; partner: Graphistes de l'Ombre, France)
- EDUmom (Erasmus+ KA2, 2023; partner: Be-Creative Association, Sweden)

This experience, gained both as a partner and project coordinator, includes the implementation of modern ICT tools, the development of interactive e-learning platforms and the effective dissemination of results. The skills acquired allow for the adaptation of teaching methods and information technologies to the specific needs of the target group, including adults and seniors. As a result, TropicalAstral Lda is well prepared to implement projects aimed at improving digital competences, and the continuation of cooperation within the Erasmus+ programme provides a solid basis for the further development and implementation of dedicated ICT solutions.

Language school with the right to conduct state language examinations PELICAN, s.r.o. (E10171828 - CZ)

Partner organisation details

Full name of the organisation	Language school with the right to conduct state language examinations PELICAN, s.r.o.
Country Region/province	Czech Republic
Town	Jihomoravský kraj Brno
Website	www.skolapelican.com

Organisation profile

Is the organisation a public law entity?	Is the organisation a non-profit organisation?
No	No
Type of organisation	Small and medium-sized enterprise

Objectives, activities and experience of the organisation

Please briefly describe your organisation (e.g. type of organisation, scope of work, areas of activity and, if applicable, approximate number of learners and paid/unpaid staff).

Jazyková škola s právem státní jazykové zkoušky PELICAN, s.r.o. offers educational opportunities in the field of school, higher and adult education. Since its establishment in 2002, the school has transformed from a language institution into an educational centre that actively seeks modern solutions to the challenges of today's education market.

It currently offers the following educational opportunities for students:

- Language learning and language exams.
- Language courses for post-secondary students accredited by the Ministry of Education, Youth and Sport of the Czech Republic
- Czech language courses and exams for foreigners
- Re-/up-skilling courses accredited by the Ministry of Education, Youth and Sport of the Czech Republic
- Personal and professional development courses
- Basic skills courses
- Training for teachers
- Workshops

In addition to its teaching activities, PELICAN is also involved in educational and social projects covering areas of culture and environmental protection issues. In particular, the institution places emphasis on improving ICT skills, which is particularly important in the context of adult education. As part of European projects, implemented, among others, under the Erasmus+ programme, PELICAN focuses on the development of innovative teaching methods that allow for the integration of modern digital tools with traditional teaching methods. This approach not only aims to increase the effectiveness of education, but also contributes to building digital competences among disadvantaged groups, including senior citizens.

PELICAN has significant experience in implementing international projects funded by the European Commission. These projects, aimed mainly at young people and those in difficult socio-economic situations, include the development and implementation of innovative teaching resources and methods. PELICAN uses its extensive experience to promote innovation in schools, support the implementation of modern methodologies in curricula, and help teachers and educational institutions adopt and effectively use technologies based on modern ICT tools. In addition, the institution actively supports local and international cooperation, enabling the exchange of experiences between schools in the Czech Republic and abroad.

In the context of the project, PELICAN's approach to improving ICT skills among adults, including senior citizens, is particularly important. Projects implemented under the Erasmus+ programme provide an excellent platform for implementing modern educational solutions that enable:

- Adapt digital tools to the individual needs of participants,
- Overcoming technological barriers through dedicated training modules,
- Increasing access to modern technologies in adult education,
- Building the skills necessary to function in the information society.

By using advanced ICT solutions, PELICAN aims to create an educational environment that does not

not only improves qualifications, but also supports the social integration of disadvantaged people. In particular, the project aimed at improving digital skills among senior citizens is designed to enable this group to actively participate in social and professional life by:

- Implementing training courses in basic computer and Internet skills,
- Providing tools to facilitate the use of modern technologies,
- Organising workshops and meetings that integrate local communities with ICT experts.

Thanks to this comprehensive approach, PELICAN not only develops its educational portfolio, but also responds to the key needs of the modern education market, supporting innovative solutions in adult education and contributing to the increase of digital competences in society.

What experience does your organisation have and what activities does it undertake in areas related to the project topic? What are the competences/experience of the key people involved in the project?

For many years, PELICAN has been implementing educational projects using modern technologies, which provides a solid foundation for the implementation of ICT solutions in adult education. In recent years, the institution has focused on integrating artificial intelligence (AI) tools into the teaching process, which has been reflected in projects such as "AI in ADU" and "AI in Higher Edu". The implementation of these initiatives has enabled the creation of adaptive learning systems that allow for monitoring the progress of participants and tailoring educational paths to individual needs. In particular, these solutions are of great importance when working with adults, including seniors, for whom flexibility and personalisation of the educational process are key.

The implementation of AI-based projects has enabled LS PELICAN to gain unique experience in the following areas:

- Personalisation of teaching – adaptive systems enable teaching materials to be precisely tailored to learners' skill levels, which translates into greater educational effectiveness.
- Integration of ICT with traditional teaching methods – the use of e-learning platforms, interactive applications and analytical tools supports teaching processes.
- Monitoring and evaluation of learning outcomes – data analysis allows for ongoing improvement of teaching methods and identification of areas requiring support.

Key people at LS PELICAN are characterised by high competences and experience gained in international projects:

- Dagmar Ráček Pelikánová, M.A. (CEO) – responsible for strategic management and development of the institution. Her experience in educational projects and competence in change management allow for the effective implementation of innovative solutions, including in the area of ICT, which is of significant importance in projects dedicated to seniors.
- Patricia Jurasová, MA (EU project coordinator) – a specialist in communication and coordination of international projects, who ensures the effective implementation of project tasks and efficient exchange of information with foreign partners. Her project management skills are crucial for the implementation of advanced digital tools in adult education.
- Aneta Vodičková, MA (project manager and researcher) – an expert in pedagogy and social education. Her tasks include developing teaching materials and analysing the effectiveness of implemented solutions, which is essential for adapting teaching methods to the specific needs of senior citizens.
- Kamila Šamajová, BSc (IT specialist) – an IT specialist by education, specialising in AI-based solutions and ICT tools. Her technical knowledge enables the implementation of modern digital systems that support the educational process and help overcome technological barriers among adults.

An interdisciplinary approach combining knowledge of information and communication technologies with modern teaching methods gives LS PELICAN a competitive advantage. The solutions implemented are designed to make the use of digital tools as simple as possible for adults, which is particularly important when working with senior citizens. Practical experience, supported by data analysis and close cooperation with international partners, enables the organisation to continuously improve its teaching and technological processes. Thanks to this, LS PELICAN effectively responds to the challenges of the modern education market by introducing innovative solutions that promote the improvement of ICT skills.

Type of action	Number of applications submitted	As applicant	As a partner/member of a consortium	
		Number of projects funded	Number of applications submitted	Number of projects funded
Strategic Partnerships in more than one sector (KA200)	0	0	1	1
Strategic Partnerships for Adult Education (KA204) 1		0	7	5
Partnerships for cooperation in the school education sector (KA220-SCH) 0		0	18	3
Partnerships for cooperation in the vocational education and training sector (KA220-VET)	0	0	4	0
Partnerships for cooperation in adult education (KA220-ADU)	0	0	6	1
Cooperation partnerships in the higher education sector (KA220-HED)	0	0	4	3
Cooperation partnerships in the youth sector (KA220-YOU)	0	0	9	3
New organisation in the programme		No		
Less experienced organisation		No		

Would you like to make any comments or add information to the summary of your organisation's participation in the Erasmus programme to date?

LS PELICAN, as an organisation participating in approximately 16 Erasmus+ projects – both as a leader and a partner – has extensive experience in implementing initiatives funded by the European Commission. Participation in these projects has enabled the development of proven methodologies and tools that effectively combine modern technologies with traditional teaching methods. Below we present the key aspects of our activities to date and directions for further development, with particular emphasis on improving ICT skills among adults, including senior citizens.

- Integration of AI technologies and adaptive systems:

The implementation of systems monitoring participants' progress and adjusting educational paths enabled a precise response to the individual needs of learners. As a result, course participants, including senior citizens, were able to benefit from solutions perfectly tailored to their level of advancement, which translated into higher teaching effectiveness.

- Development of teachers' and educators' competences:

The organisation conducted a series of training courses and workshops aimed at imparting knowledge about modern ICT tools, analytical methods and ways of integrating technology into everyday teaching activities. The skills acquired enabled teachers to implement innovative teaching methods more efficiently and to better support course participants, especially those with limited digital literacy.

- Strengthening international cooperation:

Participation in Erasmus+ projects has allowed for the establishment of lasting relationships with partners from different countries, which has contributed to the exchange of best practices, the joint development of teaching tools and the building of an extensive network of contacts. Such cooperation is crucial for the implementation of international educational projects.

Based on its experience to date, LS PELICAN has drawn conclusions that will influence its future activities. The organisation recognises the need to further adapt its educational offer to the needs of disadvantaged groups, especially senior citizens, for whom the digital divide is a significant challenge. Therefore, the following activities are planned:

- Expansion of the training offer:

Creation of dedicated courses for seniors, covering both basic computer and internet skills and advanced digital communication tools. The aim is not only to impart knowledge, but also to build confidence and independence in the use of ICT.

- Implementation of advanced evaluation modules:

Implementation of analytical tools enabling ongoing monitoring of the effectiveness of educational programmes and rapid response to the changing needs of participants.

- Increased technical support:

Developing comprehensive technical support systems, including access to multimedia materials and contact points, which will enable participants to quickly resolve technological issues.

Relevance of the project

Priorities and topics

All applications under the Erasmus+ programme should contribute to at least one of the programme's policy priorities.

Please select the most relevant priority corresponding to the objectives of your project.

HORIZONTAL: Addressing the digital transformation by developing digital readiness, digital resilience and digital potential

If applicable, please select up to two additional priorities that correspond to the objectives of your project.

ADULT LEARNING: Enhancing the competences of educators and other staff involved in adult learning

ADULT EDUCATION: Creating and promoting learning opportunities for all citizens and generations

How does the project relate to the selected priorities?

The DIGI-MENTOR 60+ project directly relates to the selected priorities of the Erasmus+ programme, which were chosen based on the problems and needs jointly identified by the partners forming the consortium. The priorities correspond to the main problem jointly identified by the partners: insufficient key ICT competences among adults, especially seniors, leading to their digital and social exclusion. This problem stems from a specific issue, namely the lack of modern ICT education programmes for seniors that go beyond teaching technical skills such as computer and e-mail use and take into account contemporary challenges related to the development of the Internet, e.g. online safety, critical thinking and the use of artificial intelligence.

The project directly contributes to the priority of "Supporting the development of key competences" identified in EU strategic documents, such as the DIGITAL COMPETENCE FRAMEWORK FOR CITIZENS (DigComp), which is a tool recommended by the European Commission for improving ICT competences. DigComp identifies five areas of competence (Information and data analysis, Communication and collaboration, Digital content creation, Safety, Problem solving), but there is still a lack of programmes that adapt this framework to the needs of adult learners, especially senior citizens. The project aims to develop a modern, interdisciplinary ICT training programme and tools to support ICT trainers, which will complement the DigComp framework with elements such as:

- Methodological support for educators working with seniors with low ICT competences
- Taking into account the specific needs of seniors, such as the pace of learning and psychological barriers
- Practical application of ICT in everyday life (e-health, online communication, e-services)

The project implements the priorities set out in the Lifelong Learning Perspective, which aims to ensure that citizens have access to education at different stages of their lives. Adults, and seniors in particular, are a group that is often overlooked in official education programmes, even though their participation in education is significantly lower than the European average. The DIGI-MENTOR 60+ project contributes to increasing access to digital education for adults, especially seniors, which responds to the European Commission's goal of equalising educational opportunities for groups at risk of social exclusion.

The project addresses selected priorities of the Erasmus+ programme because:

- It responds to the diagnosed problems of a lack of ICT skills among adults
- It supports social inclusion and combats digital exclusion
- It promotes the development of key competences through lifelong learning
- It develops innovative educational tools
- It strengthens the competences of ICT educators and trainers

The project will contribute to lasting social change by increasing the level of participation of senior citizens in digital education and building a more inclusive digital society.

Please select up to three topics that the project addresses

Digital content and pedagogical practices

Digital skills and competences

Development of training courses

Project description

Please explain why you want to implement this project and justify why the project should receive funding.

The DIGI-MENTOR 60+ project was launched in response to the need to combat digital exclusion among older people, who are one of the most vulnerable groups in the EU. Today's digital reality requires citizens to be able to use ICT tools in order to participate fully in social, cultural and civic life. The lack of these skills limits access to public services, healthcare and education, and also hinders contact with loved ones and active participation in social life.

The project responds to a problem jointly identified by the partners, namely the insufficient ICT key competences among senior citizens, resulting from the lack of modern and tailored education programmes that would go beyond teaching basic computer skills and include elements of individualisation and motivation. Existing courses focus mainly on technical skills, neglecting issues related to online safety, critical thinking and the practical use of digital tools in everyday life. Our project aims to create a comprehensive training programme that responds to these needs.

An important element of the project are mentoring tools that introduce a new quality to adult education. These materials will focus on an individual approach to participants. For many seniors, the biggest barrier to learning digital technologies is fear of the unknown and lack of confidence in their own abilities. Therefore, the set of mentoring tools will include motivational components, tips on individual approaches, and materials to support educators in working with older people. Training for educators will include techniques for building motivation, overcoming psychological barriers, and adapting the pace of learning to the abilities of senior citizens.

The project responds to European priorities related to the development of ICT skills, social inclusion and lifelong learning. It fits into the DIGITAL COMPETENCE FRAMEWORK FOR CITIZENS, but enriches it with educational aspects tailored to the needs of older people. By implementing innovative teaching and mentoring methods, the project will contribute to increasing the participation of senior citizens in social life, improving their independence and intergenerational integration. The choice of an international partnership allows for the exchange of experiences and the development of universal tools that can be implemented in different countries. Each partner contributes specialist knowledge and experience in adult education to the project, which guarantees the high quality of the materials developed.

The project should receive funding because it responds to important social challenges, strengthens the ICT skills of older people and contributes to building a more inclusive society. By combining modern technologies, mentoring and an individual approach, the project has the potential to bring about lasting changes in adult education and contribute to improving the quality of life of senior citizens.

What objectives would you like to achieve? What specific results would you like to achieve? How are these objectives linked to the selected priorities?

What goals would you like to achieve? What results would you like to obtain? How are these goals related to your chosen priorities? *3000

The OBJECTIVES have been formulated according to the SMART principles.

1. Development by a group of experts of two sets of educational materials for ICT educators and trainers working with seniors, in order to improve their competences in the field of digital education for older people, by 31/03/2028. MEASUREMENT: QUANTITATIVE verification (20 lessons, 40 multimedia resources, 1 e-book, 3 mentoring tools) and QUALITATIVE verification (approval by a team of experts and project staff)

2. Development and implementation of the DIGI-MENTOR e-learning platform for educators and seniors, providing access to educational materials and mentoring tools in the field of digital education, by 31/03/2028. MEASUREMENT: quantitative verification (1 platform with implemented educational materials) and qualitative verification (user and expert opinions, platform functionality, ease of access to content).

3. Increase in knowledge of good practices in digital education and the safe use of ICT tools by at least 20 percentage points compared to the baseline level among 16 educators through participation in international expert workshops, until 31/03/2028. MEASUREMENT: ex ante and ex post surveys, descriptive feedback, feedback from participants.

4. Increase in practical ICT skills by at least 20 percentage points compared to the baseline level among 130 seniors participating in local workshops by 31/03/2028. MEASUREMENT: ex ante and ex post surveys, descriptive feedback, feedback from participants, knowledge tests.

The implementation of the project's objectives is closely linked to selected priorities that emphasise the development of key digital competences, social inclusion and lifelong learning. The development of comprehensive educational materials – a course, an e-book and mentoring tools – will enable educators and trainers to improve their qualifications, which directly addresses the identified problem of insufficient ICT competences among adults. In this way, the project responds to the European Commission's priority of strengthening the skills necessary to function in the digital single market, where citizens must not only use basic tools, but also understand the risks and opportunities arising from the dynamic development of the internet.

The development and implementation of the DIGI MENTOR e-learning platform is also in line with selected priorities, providing wide access to modern educational materials and mentoring tools in different languages. This will enable seniors and educators to continuously improve their skills, which is the foundation of the lifelong learning strategy. This platform is a practical tool for combating digital exclusion, enabling the safe and effective use of technology, which is essential in a digital society.

What makes your project proposal innovative?

The project is innovative because:

- It combines digital education with a methodology tailored to seniors – materials designed intuitively, free from excessive technological jargon and based on practical examples from everyday life. Seniors will learn how to use word processors, create multimedia content, communicate safely online, and use e-services such as e-prescriptions, electronic banking, and booking medical appointments
- Provides interactive and engaging forms of learning – unlike traditional courses based mainly on theories and texts, our project uses interactive exercises, presentations and practical tasks that allow seniors to directly apply the skills they have acquired
- Develops tools to support ICT trainers – the project will produce e-books, lesson plans, quizzes and methodological materials on effective teaching for seniors. ICT trainers will receive support in the methodology of working with seniors, which will contribute to improving the quality of teaching in this age group
- Integrates AI as a tool to support seniors – the introduction of modules on the use of AI for everyday activities, such as writing official letters, organising a daily schedule or analysing content, will allow seniors to function more easily in the digital world
- It is building an educational platform tailored to seniors – the e-learning platform will contain educational materials in a user-friendly, simple and intuitive format, providing access to courses, exercises and guides in a way that is maximally adapted to the needs of older people.

Innovation at the partner level

Each of the partner organisations brings unique experience in adult education, which allows for the creation of synergies and the development of innovative solutions. To date, none of the organisations has implemented an educational project that so comprehensively combines digital education for seniors, interactive materials and support for ICT trainers.

How does this project complement other initiatives already being implemented by the participating organisations?

- Euro-Forum - Real Life Context - a project focused on teaching English to senior citizens, using interactive teaching methods and dedicated materials. DIGI MENTOR expands on these experiences, focusing exclusively on digital competences. It uses proven teaching techniques, but adapts them to the specifics of ICT, allowing seniors to learn how to use digital tools that are essential in everyday life. The iAware project developed programmes to improve the ICT skills of adults, with an emphasis on online safety and conscious use of the Internet. DIGI MENTOR draws on this experience, but goes a step further – it integrates interactive exercises, mentoring tools and motivational elements to better address the psychological barriers that often hinder seniors in learning technology.
- Big Bucket – the organisation specialises in modern teaching methods, such as flipped classrooms, project-based learning and e-learning platforms. It has experience in adapting the educational process to the individual needs of adults and seniors, which means that the project fits in with its existing mission of developing ICT skills in adult education.
- TropicalAstral – has extensive experience in integrating digital tools into adult education and developing ICT skills, especially among seniors. It runs projects related to social integration, language courses and digital education, using e-learning platforms and mobile applications. Participation in the project enables it to further expand its offer and develop dissemination strategies using social media.
- PELICAN – implements modern technologies in adult education, including AI and adaptive learning systems. She has experience in adapting educational content to the individual needs of learners and combining traditional teaching methods with digital ICT tools. The project supports her existing activities related to the digital education of seniors.

How can your project contribute to creating synergies between different sectors of education, vocational training, youth and sport, or how strong is its potential impact on one or more of these sectors?

The DIGI-MENTOR 60+ project has great potential for synergies between different sectors, especially adult education, vocational training and the youth sector. Here are some ways in which it can contribute to their mutual enrichment:

1. Combining adult education with vocational training

- Developing the digital competences of older people increases their employability in sectors that require basic technological skills.
- Mentoring tools can also be used in training courses for adults with low ICT skills

, which increases their competitiveness in the labour market.

2. Intergenerational integration – education for young people and senior citizens

- The project can promote intergenerational cooperation, e.g. through programmes in which younger people teach seniors how to use technology.
- Young people gain experience as mentors and educators, which can be valuable in the labour market and in future social projects.

3. Strengthening digital competences in the education sector

- The methods developed within the project (e-learning courses, educational platforms) can be used not only in adult education, but also in schools and educational institutions.
- Organisations participating in the project can adapt the tools and training modules to the needs of teachers, students and employees of educational institutions.

Potential impact on Erasmus+ programme sectors:

- Strong impact on adult education – development of educational tools and ICT courses.
- Synergy with vocational education – increasing opportunities for the professional activation of seniors, extending professional activity
- Connection with youth education – interactive intergenerational programmes.

The DIGI-MENTOR 60+ project therefore has the potential to go beyond adult education and can inspire other sectors, strengthening synergies and cooperation between them.

How does the proposal add value at European level through results that could not be achieved by actions carried out in a single country?

The partners share similar realities and problems. Achieving the project's objectives is not possible without international cooperation, which will allow for a better analysis of the problem. It can be said that technology and the Internet know no borders, challenges and opportunities spread freely, so it would be impossible to comprehensively and consistently address the issue at the national level alone. INTERNATIONAL COOPERATION IS ESSENTIAL

The DIGI-MENTOR 60+ project brings significant added value at European level by producing results that could not be achieved through activities carried out in a single country. International cooperation enables the exchange of knowledge and good practices in the field of digital education for seniors, allowing for the development of innovative solutions adapted to different cultural and educational contexts. The multilingual e-learning platform and set of mentoring tools ensure wide availability of materials for target groups in different countries, which strengthens their impact and enables the replication of results on a European scale. The project supports the implementation of EU policies on digital competences, the elimination of technological exclusion and intergenerational integration by providing tools that comply with European standards such as DigComp. Through the international distribution and standardisation of results, the project has the potential to have a long-term impact on adult education systems in Europe, contributing to the development of a coherent strategy for supporting seniors in the area of digital competences.

Needs analysis

What needs do you want to address through this project?

The project has been designed to provide comprehensive support to seniors who, due to the specific nature of learning, low motivation and fears about technology, often do not take full advantage of the opportunities offered by digitalisation. In the era of With the rapid development of ICT tools, the ability to use modern technologies is crucial for full participation in social, educational and professional life. Unfortunately, traditional educational programmes often fail to take into account the individual needs of this group, resulting in digital exclusion and limited access to important public services.

THE PROJECT RESPONDS TO THE FOLLOWING NEEDS:

Seniors need educational programmes tailored to their individual learning pace. Existing ICT courses are usually designed with younger users in mind, without taking into account that older people often require simpler and more individualised teaching materials that allow them to gradually acquire new skills.

Motivational support is also an important aspect. Seniors who have not had previous contact with modern technologies often feel anxiety and uncertainty, which negatively affects their willingness to learn. Therefore, we propose the inclusion of mentoring to help overcome psychological barriers, build confidence and encourage active use of digital tools.

In addition, there is a need to create a flexible and interactive e-learning platform that will enable seniors to learn at their own pace while allowing for ongoing progress monitoring. Traditional teaching methods often fail to meet these requirements, which is why the project aims to develop a modern digital tool that will enable personalisation of the learning process and facilitate contact with mentors.

DIGI-MENTOR 60+ responds to the need to integrate teaching tools with practical aspects of everyday life. The programme aims not only to impart knowledge about the use of technology, but also to develop practical skills such as safe use of the Internet, use of digital tools in everyday communication and access to public services. This will enable senior citizens to participate fully in digital life, which will contribute to improving their quality of life and social activation.

The implementation of the DIGI-MENTOR 60+ project will create a coherent support system for seniors, combining dedicated educational programmes, a flexible e-learning platform and a mentoring system. This approach will effectively combat digital exclusion, enabling seniors to participate more fully in society and replicate the solutions developed at European level.

What are the target groups of the project? How do the participating organisations involve the target groups of the project in their activities?

The project will cover three target groups. Participating organisations engage these groups through international workshops, pilot programmes and dedicated local activities, enabling direct contact, skills acquisition, exchange of knowledge and experience, and testing of developed teaching tools.

- Project experts

An international, interdisciplinary team of experts, representing partners from different countries, with a minimum of 5 years' experience in their field and proficiency in English (minimum B2). The experts are involved in developing methodologies, creating training materials and participating in international workshops and conferences. Their role is to improve each other's competences, exchange best practices and adapt tools to the specific needs of senior citizens, which enables continuous improvement of the teaching process.

- ICT educators

This group includes trainers, teachers and educators working mainly in the adult education sector. Participating organisations engage educators by organising international and local training courses, workshops and pilot programmes to test modern teaching tools. Educators play a key role in putting the developed materials into practice, which allows for ongoing progress monitoring, optimisation of ICT courses and adaptation of teaching methods to the needs of seniors.

- Seniors

As the main beneficiaries of the project, senior citizens are a group that often experiences digital exclusion due to technological and psychological barriers. The organisations implementing the project engage senior citizens through dedicated workshops, pilot sessions and access to a flexible, interactive e-learning platform. An additional element is a mentoring system that provides motivational and psychological support, helping seniors overcome their fear of technology and acquire practical skills in using digital tools. Individual approach and

How did you identify the needs of the partnership and target groups?

DIAGNOSIS

The identification of the needs of the partnership and target groups was based on a multifaceted analysis of experiences from previous

projects, including in particular the DIGITAL FUTURE project, as well as on direct feedback from trainers and analysis of statistical data on the ICT competences of older people. Based on these experiences, we noticed that seniors are a group with low digital skills, which is confirmed by both statistical data and the opinions of trainers. Traditional ICT teaching methods prove to be insufficient for this group, which needs motivational support and an individual approach. The DIGITAL FUTURE project noted that standard courses do not respond to the specific nature of senior learning – low training effectiveness was observed, resulting from a lack of flexibility in teaching materials and insufficient support in overcoming fears of technology.

Direct feedback from trainers who worked with seniors indicated the need to introduce a mentoring system that could support participants at every stage of learning, adapting the pace and methodology to their individual needs. Statistical data on the ICT competences of older people clearly showed that only a small proportion of this group has the skills to use modern digital tools independently, which translates into their exclusion from many aspects of social and professional life.

As a result, the needs of the partnership and target groups were identified based on experience from previous projects, conclusions drawn from observations of the training process, and data analysis, which enabled the creation of a dedicated support system. This system involves flexible teaching methods, intensive mentoring and the development of teaching materials tailored to the specific learning needs of senior citizens, which is a response to the real challenges arising from digitalisation and the digital exclusion of this group.

How will the project respond to these needs?

The project responds to the needs of the target groups and the partnership through specific actions:

1. For seniors (main target group):

- Individually tailored educational materials – seniors often find traditional ICT courses difficult, so the project introduces a flexible approach and interactive educational materials that gradually introduce them to the world of technology.
- Mentoring system – psychological and motivational support provided by mentors who help seniors overcome technological barriers and their fear of learning new tools.

- Local workshops – organisation of practical classes in four countries, enabling seniors to develop ICT skills in a comfortable environment.
- Interactive e-learning platform – seniors learn at their own pace, with access to materials in five languages and the ability to monitor their progress.

2. For ICT educators:

- Training and teaching materials – educators receive a comprehensive set of tools for working with seniors, including an e-book and multimedia educational resources.
- International expert workshops – exchange of experiences and good practices in working with seniors, improving digital teaching skills.

3. For the partnership:

- Synergy of competences – the consortium brings together organisations specialising in adult education, ICT and mentoring, which allows for the effective implementation of the project.
- Creation of sustainable educational resources – mentoring and e-learning tools will continue to be used after the project ends.
- Development of international cooperation – joint development of methodologies and tools will allow the DIGI-MENTOR model to be replicated in different countries.

As a result, the project effectively responds to the needs of seniors, educators and partners, reducing digital exclusion and strengthening ICT competences among older people.

Arrangements for partnership and cooperation

Composition of the partnership

OID organisation	Full name of the	Country	City	Type of organisation	New organisation in the programme
E10117291	Euro-Forum Agnieszka Gudków, Marek Gudków General partnership	Poland	Lublin	School/institute/educational centre – adult education	No
E10357340	Big Bucket Limited	Ireland	Dublin	Small and medium-sized enterprise	No
E10252002	TropicalAstral Lda	Portugal	Quarteira	School/institute/centre - education adult	No
E10171828	Language school with the right to conduct state language exams PELICAN, s.r.o.	Republic No Czech	Brno	Small and medium-sized enterprise	

Cooperation arrangements

How did your partnership come about? How does the group of participating organisations complement each other and what will be the added value of their cooperation within the project? If applicable, please list and describe the associated partners involved in the project.

The partnership was established in response to the growing need to support senior citizens in developing their digital skills and counteracting technological exclusion. The consortium was carefully designed to combine the complementary competences of organisations specialising in adult education, modern technologies, mentoring and knowledge dissemination. The partnership was initiated by Euro-Forum, which established cooperation with well-established organisations. The partners were carefully selected based on their experience in implementing educational projects and their ability to effectively implement innovative solutions in working with adults. This is the first joint initiative of these organisations, but each of them brings unique resources and know-how to the table.

- Euro-Forum, PL – leader, has many years of experience in adult education, including the development of ICT skills. It specialises in the design of modern teaching materials, e-learning and the integration of digital tools into the teaching process. It has a team of experts in the field of education and technology and the technological resources to enable the effective implementation of project activities.
- Big Bucket, IRL – a training company that brings experience in innovative teaching methods and mentoring. It specialises in the use of modern educational platforms and technologies that support learning, which allows the educational process to be tailored to the individual needs of seniors.
- TropicalAstral, PT – an educational institution with experience in developing digital competences and adapting ICT tools to the needs of adult education. It has specialist knowledge in the field of building e-learning platforms and designing interactive educational materials.
- PELICAN, CZ – a language school with experience in adult education and teaching methods tailored to their needs. It specialises in developing educational programmes that combine a traditional approach with modern digital tools.

The partnership brings together organisations with diverse but complementary competences, enabling a comprehensive approach to digital education for seniors. Euro-Forum provides expertise in adult education and e-learning, Big Bucket brings an innovative approach to mentoring and modern teaching methods, TropicalAstral provides technological support in the field of ICT, and PELICAN introduces proven solutions in the field of education and testing of new teaching tools. Thanks to the synergy of these organisations, the project will not only effectively respond to the needs of senior citizens, but also create sustainable educational resources that can be used even after the project has been completed.

What is the division of tasks and how does it reflect the involvement and active contribution of all participating organisations (including associated partners, if applicable)?

The division of tasks is spread across seven main work packages (WPs), which allows each partner to utilise their unique competences and work together in a coordinated manner to achieve the project's objectives. To ensure the effective implementation of the project, all participating organisations are jointly responsible for key areas of activity, such as:

- WP1 – project implementation within the framework of management, participation of coordinators in the Steering Committee
- WP2 – organisation as host of international expert workshops and delegation of participants to attend workshops in each country
- PP3 – course development
- PP4 – development of an e-book and tools
- PP5 – participation in international workshops and testing of educational materials
- PP6 – organisation of local workshops for senior citizens
- PP7 – organisation of conferences, preparation of expert articles

Each partner also plays a specific role, drawing on their experience and resources:

Division of responsibilities:

- Euro-Forum (Poland) – project leader
 - acts as project coordinator, managing the project, which includes overseeing the schedule, budget and overall communication between partners
 - coordinates the development of educational materials and validates content
 - creates multimedia (quizzes, presentations)
 - organises a project summary meeting at the end
 - develops knowledge tests
 - is responsible for the sustainability of the results
- Big Bucket Limited (Ireland)
 - organises international expert workshops
 - development of a set of mentoring tools
- TropicalAstral Lda (Portugal)
 - development of knowledge tests
 - creation of an online platform
- PELICAN (Czech Republic)
 - Developing feedback and recommendations – report from international pilot workshops

This distribution of responsibilities ensures the equal involvement of all partners and guarantees high-quality project results. Thanks to a precisely defined division of tasks, each organisation makes its own unique contribution to the project – from strategic management and evaluation, through the development of educational content and mentoring tools, to local implementation, dissemination activities and technological support. This model of cooperation ensures that the DIGI-MENTOR 60+ project is implemented comprehensively, on many levels simultaneously, which contributes to its lasting impact on improving the digital competences of senior citizens and counteracting their technological exclusion.

Please describe the coordination and communication mechanisms between the organisations participating in the project (including associated partners, if applicable).

The partners will communicate on an ongoing basis using the following tools: e-mail, instant messaging (the specific choice will be made at the first project meeting), video conferencing (Skype, ZOOM, Teams or other tool), and in emergency situations (e.g. delayed flight preventing attendance at an international meeting) – telephone contact. Platforms such as Google Drive, OneDrive or other similar solutions will be used for collaboration on documents. Reporting is mandatory: Partners will prepare quarterly reports on the implementation of the project and send them to the Leader (this will be specified in the partnership agreements). The project plans international meetings of representatives of partner institutions (staff, experts). These meetings will mainly be substantive in nature, but will also serve organisational and coordination purposes. Online meetings will be held at least once a month.

During each meeting, a designated person will be responsible for taking notes and then preparing a report that will include: the course of the meeting (the so-called "minutes"), the decisions made, deadlines for implementation and other relevant issues. Each meeting will also be documented photographically – both photos of participants at work and photographic documentation of working materials (e.g. flipcharts with agreements, notes). After each meeting, a report will be prepared by the Leader and made available to partners for comments. The report will also include conclusions from the evaluation of the meeting, conducted by means of a survey at the end of the meeting.

All meetings will be carefully prepared – agendas agreed with partners, determination of who covers what costs, what needs to be prepared, and anticipation of possible language difficulties, if necessary – planning for translation. At the end of each meeting, there will be a summary during which the commitments made by each organisation and participant will be reiterated. No later than one week after the meeting, the minutes will be sent to all participants for approval.

Impact

How do you intend to assess whether the project objectives have been achieved?

In the DIGI MENTOR project, the achievement of objectives will be assessed through a monitoring and evaluation system based on quantitative and qualitative indicators and tools tailored to the project activities.

At the outset, a Monitoring and Evaluation Plan will be drawn up, which will specify:

- key indicators (baseline and target values),
- measurement methods and evaluation schedule,
- scope of partners' responsibilities,
- risk detection and corrective action mechanisms.

Each work package will be assessed according to the following indicators:

- WP3 – ICT course: number of modules, interactivity of materials, evaluation in surveys.
- WP4 – Mentoring tools: number of tools developed, their implementation in practice.
- WP5 – Pilot programme: number of tests, participant feedback, increase in seniors' competences.
- WP6 – Platform and workshops: activity statistics (logins, learning time), workshop effectiveness.
- WP7 – Dissemination programme: number of conference participants, campaign reach, media activity. The Steering Committee (representatives of partners) will collect reports (e.g. quarterly), enabling progress to be monitored and difficulties to be responded to quickly.

The achievement of objectives will be assessed at the following levels:

- Local – increase in the competences of senior citizens and activation of ICT trainers.
- National – implementation of tools to improve the quality of ICT education.
- European and international – exchange of knowledge, mobility of experts, promotion of lifelong learning.

This system will ensure a reliable assessment of the effects of the DIGI MENTOR project and guarantee its long-term impact.

Please explain how you will ensure the sustainability of the project: How will participation in this project contribute to the long-term development of the organisations involved? How do you plan to use the results of the project or implement some of the activities after the project has ended?

The sustainability of the DIGI-MENTOR 60+ project will be ensured through the long-term use of the developed results, their open availability, and the continuation of educational and promotional activities. Each of the organisations involved in the project has committed to further implementing the developed materials and methodologies in their future initiatives.

1. Sustainability of results and their long-term use

- Online platform – The developed knowledge platform will remain active and accessible free of charge for at least 5 years after the end of the project. The project leader, Euro-Forum, undertakes to cover the costs of maintaining the website and providing technical support.
- Educational materials – The developed courses, mentoring toolkit and e-book will be made available as open educational resources. This will allow for their further use by educational organisations and ICT trainers.
- Dissemination of results – The results of the project will be published on the Erasmus+ Project Results Platform and on the partners' websites, ensuring wide access.

2. Further development of the organisations involved

Each of the partner organisations will benefit from the project in the long term through:

- Euro-Forum (PL) – implementing the results in its educational offer and further promoting them among educational organisations, universities of the third age and ICT trainers.
- Big Bucket Limited (IE) – using the materials in training courses for educators and seniors and further developing digital courses in a hybrid model.
- TropicalAstral Lda (PT) – integrating educational materials into curricula and promoting them in European educational networks.
- PELICAN (CZ) – the use of mentoring tools in programmes to activate senior citizens and further international cooperation in the field of digital education.

3. Continuation of activities after the end of the project

- Local workshops – Partners have committed to continuing to organise educational workshops for seniors based on the materials developed.
- Promotion of results – The results will continue to be disseminated through EPALE, social media and cooperation with educational institutions.
- Adaptation of mentoring tools – Partner organisations will implement a set of mentoring tools into their regular support programmes for seniors.

The project will contribute to increasing the digital competences of seniors, improving their quality of life and counteracting social exclusion. Its results will have a long-term impact on the development of adult education in Europe and provide partners with a solid foundation for further international initiatives.

Please describe the impact of the project on the participating organisations and their target groups. How will the results of the project be incorporated into their regular work?

Impact on participating organisations

- Development of educational offer:

Euro-Forum, as the project coordinator, will implement the developed ICT course, mentoring e-book and set of educational tools into its regular training programmes. This will strengthen the organisation's position as a leader in the field of digital education for senior citizens.

- Mutual synergy between partners:

Project partners such as Big Bucket Limited, TropicalAstral Lda and PELICAN will use the developed materials to expand their e-learning platforms and training offers. The international experience gained and innovative solutions will increase the competitiveness of the organisations and enable them to participate in further Erasmus+ projects and other EU initiatives.

- Strengthening competences and know-how:

The implementation of the project will contribute to improving the qualifications of teaching teams and trainers, which translates into continuous improvement of teaching methods and the integration of modern ICT tools into the organisation's daily work.

Impact on target groups

- Improving the digital competences of senior citizens:

The main beneficiaries of the project are seniors, who will gain practical skills in using technology thanks to access to modern educational tools and interactive teaching modules. This will increase their independence and social activity and enable better integration into the information society.

- Adapting materials to users' needs:

The educational content developed, including courses, quizzes and e-books, is tailored to the specific needs of the target group. Thanks to diagnostic tools, participants will be able to monitor their progress, which will contribute to a more effective learning process.

- Exchange of experiences and feedback:

Local and international workshops will enable seniors to exchange experiences and actively participate in testing the developed materials. The feedback obtained will allow for ongoing improvement of the teaching methodology, which will result in even better adaptation of the offer to the needs of users.

Integration of results into regular work

- Permanent availability of the e-learning platform:

The platform developed as part of the project will be maintained by Euro-Forum for at least 5 years after the end of the project. This will enable permanent, open access to educational materials for seniors and educators.

- Inclusion of the developed materials in training programmes:

The results of the project – the ICT course, mentoring e-book and diagnostic tools – will be permanently incorporated into the regular educational programmes of all partners. Thanks to this, innovative solutions will be used not only during the project, but also in the further, everyday work of the organisation.

- Promotion and further cooperation:

The partners have committed to further promoting the results through their own networks, industry media and educational institutions. International cooperation will continue through subsequent projects, ensuring the long-term use and development of the implemented solutions.

Please describe the broader impact of the project at local, regional, national or European level that is relevant to the sector in which the application is being submitted.

Local level

- Increased competence of local communities:

Seniors using the developed materials (ICT course, mentoring e-book, diagnostic tools) will acquire practical digital skills, which will contribute to their greater social activity. Increasing digital competences will also improve communication and integration of local communities, enabling them to make better use of public administration and business sector services.

- Cooperation with local institutions:

Project partners (e.g. Euro-Forum) are establishing cooperation with local training centres, which will enable the implementation of project results within permanent educational programmes. This support may lead to the creation of local initiatives in the field of digital education.

Regional level

- Development of regional educational infrastructure:

The implementation of the project in the regions where the partner organisations operate will contribute to the expansion of regional e-learning systems. The implementation of modern ICT teaching tools and methods for seniors may stimulate the further development of regional educational offerings.

- Stimulation of the local labour market:

Improving the digital skills of senior citizens will contribute to increasing their professional activity and ability to adapt to the changing labour market, which will have a positive impact on the development of the region.

National level

- Model for replication in adult education:

The DIGI-MENTOR 60+ project can serve as a model for implementing innovative solutions in digital education for older people. The results of the project, permanently incorporated into the organisation's educational offer, may inspire other institutions and national authorities to introduce similar initiatives as part of their strategies to combat digital exclusion.

- Impact on active ageing policies:

The teaching materials and methodology developed, tailored to the needs of senior citizens, can be used in national programmes supporting active ageing, promoting social integration and healthy, independent living for older people.

European level

- Exchange of best practices and international cooperation:

As a project implemented under Erasmus+ with partners from Poland, Ireland, Portugal and the Czech Republic, DIGI-MENTOR 60+ enables the exchange of experiences and solutions on a European scale. The results of the project will be disseminated, among others, through the Erasmus+ Project Results Platform, which will allow them to be adapted by other organisations throughout the European Union.

- Building a European digital education strategy:

The implementation of modern educational tools for seniors is part of broader European initiatives to combat digital exclusion and promote lifelong learning. The project will contribute to the development of coherent solutions that can be adopted by Member States, strengthening European competitiveness in adult education.

Project plan and implementation

Furthermore, subcontracting of services is permitted, provided that it does not involve core activities on which the achievement of the action's objectives directly depends. In such cases, the amount budgeted for subcontracting must be included in the description of the activities covered by the subcontracting agreement.

Work package No 1 'Project management'

Please describe how the progress, quality and implementation of activities will be monitored. Please indicate the persons involved and the dates and frequency of monitoring activities.

The project coordinator will be appointed by the lead partner, and the partners will appoint regional coordinators. These individuals will form a Steering Committee consisting of representatives of all consortium partners (one person per partner; four people in total). The Committee will define the rules for monitoring and evaluation, measure progress and compliance with the adopted indicators and other assumptions. This will enable the detection of risks and irregularities at an early stage and provide information on the stage of the project, allowing for informed and strategic decision-making and evaluation of the results of the work performed.

In each organisation, apart from the coordinator, at least one person should be appointed to be responsible for the implementation of the project. The implementation process will be based on management principles, including setting objectives according to the SMART methodology, delegation of responsibility, regular communication and systematic feedback.

The project will be supervised by a Steering Committee, which will monitor whether individual activities are carried out in accordance with the agreed schedule, whether the results meet the required quality standards, and whether the objectives are being achieved. Key elements of monitoring will include regular team meetings – videoconferences (using tools such as Zoom, Skype or Teams) held on average once a month, email communication, as well as quarterly progress reports, checklists and analysis of predefined qualitative and quantitative indicators measuring the effectiveness of activities.

TOOLS

- Regular online team meetings
- Financial and substantive report sent quarterly by partners to the leader
- Monthly staff timesheets containing a description of completed tasks
- Progress monitoring sheet – a table based on a Gantt chart, showing stages, deadlines and meetings. The project coordinator is responsible for keeping it up to date, with updates made on an ongoing basis, especially after the completion of individual stages
- Questionnaires and surveys assessing the progress and effectiveness of activities

RULES

- All partners will have access to up-to-date information on the progress of the project implementation
- The leader is responsible for the monitoring and evaluation process, and the partners actively participate in these activities.
- The process is managed by the PROJECT COORDINATOR (from the leader's side), who has many years of experience in project management and conducting monitoring and evaluation activities.
- Those involved in the project have experience in working on international projects, which will ensure the high quality of the results and activities carried out
- The project team members know English at least at B2 level, as it will be the working language of the project.
- Before the start of the project, the team will take part in training led by the coordinator. It will cover monitoring tools, reporting, indicators and objectives, which will improve management efficiency

How will you ensure adequate budget control and time management in the project?

COORDINATION RULES

- Each stage of the project will be subject to close coordination based on precisely defined management principles: clear definition of objectives and tasks, delegation of responsibilities, effective communication and efficient feedback.
- Partners will provide updated data on progress and any difficulties on an ongoing basis, allowing for a quick response. Cooperation, open communication and joint commitment to the implementation of activities will be of key importance
- The main objective of coordination is to identify potential problems and threats at an early stage and prevent their negative consequences. This will be achieved through regular meetings and reports
- Precisely defining the objectives, scope of activities and expected results will minimise the risk of failure and enable the achievement of the intended results while staying within the planned budget.
- The Partnership Leader is responsible for the budget. It has been developed based on experience from previous Erasmus+ projects and other initiatives, taking into account inflation and cost increases.

BUDGET CONTROL AND TIME MANAGEMENT MECHANISMS

1. Budget control

The main coordinator, in cooperation with the regional coordinators, will be responsible for supervising the expenditure of funds in accordance with the Erasmus+ programme rules.

- Quarterly financial reports – partners will submit detailed statements of expenditure in EXCEL format, according to budget categories
- Timesheets – monthly records with a description of tasks performed and the number of hours worked
- Cost analysis in relation to the activities carried out – services will be commissioned on the basis of fair competition and in accordance with market prices; reservations (accommodation, tickets) will be made in advance in order to minimise costs; collection and description of invoices, bills and proof of payment
- Instalment payment system for partners – the amount of instalments and payment dates will be specified in the partnership agreement

2. Time management

- Gantt chart – in a spreadsheet, showing the successive stages of the project, key dates, meetings and milestones; updated on an ongoing basis by the Coordinator
- Quarterly progress reports – partners will report on the status of activities and any risks that may affect the schedule
- Regular team meetings – on average 1 video conference per month, ongoing communication via email and instant messaging
- Early warning system – in the event of delays or problems, partners will be required to report them and take corrective action
- Flexible schedule – it will be adhered to, but if changes are necessary, decisions will be made jointly by all partners. In the event of significant modifications, the Leader will consult with the project supervisor at the NA

How do you plan to manage the risks associated with the implementation of the project (e.g. delays, budget, conflicts, etc.)?

Risk is the possibility of threats related to the timeliness of actions, fulfilment of implementation conditions, and quality of results. We conducted a risk analysis and developed a matrix that identified key threats, assessed their likelihood and potential consequences. In addition, we identified problem areas and ways to eliminate or mitigate their effects.

RISK ANALYSIS

- Identification of threats
- Estimation of probability of occurrence
- Analysis of consequences and impact on the project
- Development of methods to prevent or mitigate consequences

KEY RISK AREAS

2. Delays and timeliness issues

- Probability: high
- Impact: moderate
- Countermeasures: implementation of an effective progress monitoring system, adherence to the schedule, ongoing monitoring of results and deadlines

3. Financial risk – budget overruns, lack of funds

- Probability: low (partners are aware of the budget from the outset)
- Impact: serious
- Countermeasures: rational budget management, systematic monitoring of expenditure, flexible reallocation of funds between budget categories if necessary

4. Random events (illness, absence from meetings)

- Probability: high
- Impact: moderate
- Countermeasures: creation of a substitution system and reserve list to ensure continuity of activities

5. Force majeure (pandemic, restrictions, wars, natural disasters)

- Probability: difficult to determine
- Impact: very serious
- Countermeasures: no possibility of prevention, but possible measures to minimise the effects – transfer of the project to online mode, adaptation to NA guidelines

6. Risk of low-quality results

- Probability: moderate

- Impact: serious
- Remedial measures: establishment of an internal quality committee chaired by the project coordinator, continuous monitoring using formal tools (surveys, questionnaires) and informal tools (observations, interviews), followed by implementation of corrective measures

How will you ensure that these measures are designed in an accessible and inclusive manner?

ENSURING ACCESSIBILITY AND INCLUSION

The "DIGI-MENTOR 60+" project focuses on developing the digital competences of senior citizens, especially those with low ICT skills. Therefore, a key element of the implementation of the activities will be their full accessibility and inclusive nature, which will allow each participant to effectively acquire knowledge and actively participate in the project.

ACCESSIBILITY OF MATERIALS AND INDIVIDUALISATION OF TEACHING

Due to the specific nature of the target group, we will ensure that all educational materials are tailored to the needs of seniors, both in terms of content and form. This means:

- A user-friendly and legible layout – large font, contrasting colours, simple and intuitive instructions
- Various content formats – text, interactive exercises
- Ease of use – resources will be available online on simple, intuitive platforms tailored to older people
- Gradual introduction of content – materials will be developed progressively to avoid information overload
- Individualised approach

ACCESSIBILITY OF EVENTS AND MEETINGS

When organising meetings and training sessions, we will ensure that the venues are fully accessible and meet the standards for people with reduced mobility. In the case of participants with disabilities, we will provide appropriate support, e.g. by choosing locations adapted to their needs. Mechanisms for monitoring accessibility barriers will be introduced, enabling us to respond to the needs of participants on an ongoing basis.

SOCIAL INCLUSION AND EQUAL OPPORTUNITIES – DEI PRINCIPLES

The project implements the values of diversity, equity and inclusion at both the management level and in activities aimed at the target group. This means that:

- Project management processes will be conducted in accordance with DEI principles, which includes openness to different perspectives and the active inclusion of all stakeholders.
- Staff recruitment will be based solely on competence, regardless of age, gender, origin or beliefs
- Workshops for seniors will use teaching methods that take into account different learning styles and participants' needs so that no one feels excluded
- Inclusive language will be used to eliminate harmful stereotypes.
- We will respect participants' preferences regarding personal pronouns
- We will encourage people with varying levels of digital experience to participate, providing everyone with appropriate support.

IMPACT ON THE SENIOR COMMUNITY

The project will contribute to strengthening the digital inclusion of senior citizens, increasing their independence and confidence in using ICT tools. International cooperation will allow for the exchange of experiences and the development of good practices in the area of accessible digital education, which will translate into real benefits for older people in different countries.

How does the project use digital tools and learning methods to complement physical mobility activities and improve cooperation between partner organisations?

The DIGI-MENTOR 60+ project makes full use of digital tools both in the educational process and in the organisation of international cooperation. These technologies support physical mobility by improving communication, management and access to educational materials.

To increase the effectiveness of international mobility, participants will take part in regular online meetings, which will enable ongoing coordination of activities, reduce the need for travel and lower the carbon footprint. Before each mobility, preparatory videoconferences will be held to help participants better understand the project's objectives and prepare for the workshops.

A key element of the project will be an e-learning platform tailored to the needs of seniors with low ICT skills. The interactive courses it contains will be developed in simple, accessible language, with clear graphics and intuitive navigation. In addition, the platform will offer interactive exercises and quizzes to support the learning process in an engaging way that is tailored to the capabilities of the target group.

International cooperation will be based on digital tools such as Teams, Zoom and Skype, which will enable efficient project management and quick response to challenges. Shared documents will be collected and edited on cloud platforms such as Google Drive and OneDrive, which will avoid chaos in communication and ensure orderly file circulation. In addition, digital surveys and evaluation tests will allow for monitoring

progress, gather participant feedback and optimise activities on an ongoing basis.

The integration of digital tools with physical mobility will make the DIGI-MENTOR 60+ project more flexible, effective and accessible to senior citizens. Digital technologies will facilitate not only the learning process, but also effective project management and the development of international cooperation.

How have green practices been incorporated into the different stages of the project?

RESOURCE SAVING

In project management, priority will be given to the use of electronic documents, which will reduce the need for printing. Application forms for participants will be made available online, e.g. via a landing page or Google forms (note – this will not be the only option for applying, but an additional one). During meetings and workshops, we will limit the use of office supplies and use energy-efficient equipment. Email correspondence will not be printed, which will further reduce paper consumption.

Due to the large distances between partner countries, some air travel will be necessary. Therefore, we will limit the number of physical international meetings to those that are essential, and the rest will take place online, using digital communication tools. The educational materials developed as part of the project will be available exclusively in digital form, which will facilitate their distribution and reduce the consumption of raw materials. During the implementation of project activities, we will pay attention to the economical use of energy and water. In the case of travel, on some routes, due to the considerable distances involved, we will not be able to use environmentally friendly means of transport and it will be necessary to use aeroplane flights. However, in order to reduce our carbon footprint, we will choose direct flights, which will reduce fuel consumption, and we will travel with hand luggage only, which will further reduce CO₂ emissions. Where possible, e.g. on the Poland-Czech Republic route, we will implement more environmentally friendly transport solutions, such as car sharing.

ACTIONS FOR A CIRCULAR ECONOMY

We will only use recycled paper for printing. Waste in the organisation's offices and meeting places will be sorted in accordance with applicable local regulations. We will pay particular attention to the proper disposal of hazardous waste, such as batteries, used toner cartridges and electronic waste.

During the project, both in the office and at organised events, we will eliminate unnecessary plastic – we will not use disposable cups or cutlery. Where possible, we will choose eco-friendly products and materials. In addition, when establishing cooperation with service providers, we will give preference to those who apply the principles of sustainable development. For example, during meetings, we will focus on local food products instead of catering from fast-food chains, which is in line with the concept of sustainable tourism – a key area of our project.

How does the project encourage participation and civic engagement at different stages of its implementation?

The project actively encourages senior citizens to participate and engage in civic life, with a particular focus on developing their digital skills. As a result, participants will not only gain new skills, but also the opportunity to participate more fully in modern society, greater independence, and access to the Internet and digital services such as electronic banking and online doctor's appointments. Educational workshops, which teach the use of basic digital tools in an accessible way, play a key role in the project. Seniors will gain practical skills in using the Internet, instant messaging, educational platforms and e-services, enabling them to better navigate the digital world and participate more actively in social life. In addition, a mentoring system will strengthen their personal skills and sense of agency.

The project also promotes intergenerational cooperation by engaging younger participants – staff, experts, trainers – to support seniors in learning how to use digital tools. This not only builds intergenerational relationships, but also creates a space for the exchange of experiences and mutual inspiration.

The use of modern technologies, such as e-learning platforms, interactive courses and communication tools, will allow participants to familiarise themselves with digital solutions and gradually implement them in their everyday lives. As a result, the project not only develops the digital skills of senior citizens, but also enables them to participate more fully in social and civic life. Increased independence, the ability to use the Internet and online services independently, and active cooperation with other participants make senior citizens feel more confident and ready to take on new challenges in the digital world.

Amount of funding allocated to project management

45,000.00 €

Work package No. 2 - International expert workshops

Furthermore, subcontracting of services is permitted, provided that it does not involve core activities on which the achievement of the objectives of the action directly depends. In such cases, the amount budgeted for subcontracting must be included in the description of the activities covered by the subcontracting agreement.

What are the specific objectives of this package and how do they contribute to the overall objectives of the project?

As part of the package, an international team of experts will be formed to develop educational materials (as part of packages 3 and 4) supporting the development of ICT competences among older people. A working group (minimum 3 people from each partner), composed of ICT specialists: educators and methodologists specialising in multimedia technologies, will work in a hybrid mode, combining face-to-face meetings with online sessions. There will be 4 meetings in the form of workshops, during which experts will work together and exchange experiences.

- Portugal - DEFINING THE FRAMEWORK FOR COOPERATION
- Ireland - CONSULTATIONS AND REVIEW
- Poland - CONTENT VALIDATION
- Czech Republic - FINALISATION AND IMPLEMENTATION STRATEGY

Each meeting will include an educational and workshop component, i.e. knowledge sharing. In addition to the above, there will be monthly online meetings. During the sessions: discussion of progress, exchange of experiences and practices, updating and modification of materials, solving challenges and problems, planning activities. The meetings will be conducted in the form of videoconferences using online collaboration tools. The work will be documented and the results updated in a repository accessible to team members.

SPECIFIC OBJECTIVES

- To create an international team of experts on digital education for seniors
- Developing a methodology for the team's work
- Exchange of knowledge and good practices in ICT teaching
- Synchronisation of work on results: consultation, review, validation
- Developing a strategy for implementing materials in practice

The implementation directly supports the main objectives of the project, namely: the development of high-quality educational materials and the effective development of digital competences among senior citizens. Thanks to the cooperation of an international team of experts, innovative content tailored to the needs of older people will be created, which will increase the effectiveness of ICT teaching. The package will contribute to the exchange of knowledge and good practices, streamline the process of creating materials and ensure their effective implementation, which will translate into long-term benefits.

What will be the main results of this work package?

- A list of key topics and problem areas to be included in the educational materials; the scope and structure of the course; and the division of roles within the expert team
- A strategy for implementing the materials, tailored to the specific needs of senior citizens and their level of digital competence
- Synchronisation of the team's work, exchange of experiences and good practices, solving emerging challenges
- Increased competence of experts – they will gain deeper knowledge about senior education, teaching methods based on new technologies (AI, VR) and strategies for engaging older people in the learning process. Mobility, intercultural and language skills will increase thanks to working in an international team and participating in meetings
- Building an international cooperation network – the team will create a cooperation network, promoting the exchange of knowledge and the implementation of best practices in ICT education
- Increasing innovation – joint teamwork will stimulate innovative approaches to teaching senior citizens, integrating modern technologies and interactive educational methods, which will lead to the creative development of tools supporting the digital competences of older people.
- Raising awareness of the challenges of digital inclusion for seniors – experts will gain knowledge about the barriers faced by older people in the digital world, enabling them to effectively implement educational strategies and promote digital integration
- Promoting the values of digital education – experts will learn how to effectively support and motivate older people to develop ICT skills and use technology in their daily lives
- Strengthening international cooperation between organisations, enabling better coordination of activities for the digital education of seniors in the EU
- Creating an approach based on accessibility and inclusiveness – educational materials will take into account the needs of older people, supporting their digital and social activity
- Strengthening the capacity of organisations participating in the project

What qualitative and quantitative indicators will be used to measure the level of achievement of the work package objectives and the quality of the results?

QUANTITATIVE INDICATORS (target values in brackets)

- Organisations involved (4)
- International meetings combined with expert workshops (4)
- Experts involved (12)
- Reports from meetings/workshops (4)
- Established work plan for educational materials, including task distribution, work schedule, assumptions, etc. (1)

Sources of measurement: attendance lists, photographic documentation, certificates of participation in the meeting issued by the host, other documentation – notes, written agreements, etc.

QUALITATIVE INDICATORS

1. Concerning staff and experts

- Level of intercultural and language skills and mobility among project participants.
- Strengthening of partnerships between organisations participating in the project
- Increase in substantive knowledge about the project

Sources of measurement: Surveys, questionnaires, informal feedback. At least 80% of meeting participants will improve the above-mentioned competences by at least 20 points % in relation to the initial level – based on self-assessment

2. Concerning participating partner organisations

- Gaining new experience and know-how through expert meetings
- Increasing the organisation's potential
- New educational standards have been implemented to meet the current needs for ICT skills development among senior citizens. Quality assessment will be based on the degree of mastery of independent use of the Internet, digital services and communication tools, in line with the requirements of the digital market and EU strategic documents.

Please describe the tasks and responsibilities of each partner organisation within the work package.

Euro-Forum, as the project leader, is responsible for the overall coordination of the package, monitoring progress, accounting for activities, managing documentation and preparing final reports from meetings/workshops. In addition, Euro-Forum will organise one of the international expert team meetings – preparing the agenda, an infopack containing logistical information (on travel, accommodation and country specifics), providing the appropriate infrastructure, materials, multimedia equipment and catering, and facilitating the workshops.

The other partners – PELICAN, TropicalAstral and Big Bucket – are responsible for organising the remaining international meetings (each organisation hosts one meeting). Each of these organisations prepares an agenda and an information pack for travellers (containing important information about travel, accommodation, logistics, etc.), takes care of technical and logistical support (e.g. room, stationery, flipcharts, projector) and provides catering and support during the workshops.

All partners delegate experts to the international working group on an equal basis, appointing a minimum of 3 specialists from their organisations who have relevant experience in the field of ICT and digital education. These experts will be thoroughly briefed on the project, its objectives, expected results and work culture by the sending organisation. In addition, each sending organisation organises transport to the destination country, accommodation and travel insurance.

Please explain how the amount allocated to the work package was determined and how the package is economical.

The package is economical. The amount of funding was allocated to the package on the basis of a cost calculation, developed on the basis of an analysis of experience from previous projects and market research. The detailed breakdown of costs is as follows:

- Mobility of 1 person – lump sum of EUR 800.00. The amount covers the following costs: travel, accommodation, local transport, insurance, local travel, meals.
- Budget for the host of the meeting: EUR 100.00 per person, which the host must use to provide: materials, coffee breaks, and other costs necessary for the organisation of the meeting.

The project coordinator from Poland will always participate in the meetings or, in the event of unforeseen circumstances, another person from the lead organisation replacing the coordinator and an additional member of staff. On the part of the partners – each time the regional coordinator or deputy.

There will always be a minimum of 3 experts from each country.

*= mobility funding for people travelling to another country is not available to the host organisation.

1. Meeting in Portugal

Mobility: 13 people * EUR 800.00= EUR 10,400.00
5 people from Poland, 4 from the Czech Republic, 4 from Ireland

Organisational budget for the host: 17 persons* EUR 100.00 EUR= EUR 1,700.00
Total EUR 12,100.00

2. Meeting in Ireland

Mobility: 13 persons * EUR 800.00= EUR 10,400.00 5
persons from Poland, 4 from the Czech Republic, 4
from Portugal

Organisational budget for the host: 17 persons * £100.00= £1,700.00 Total
£12,100.00

3. Meeting in Poland

Mobility: 12 persons * EUR 800.00= EUR 9,600.00 4
persons from the Czech Republic, 4 from Portugal, 4
from Ireland

Organisational budget for the host: 17 persons * £100.00= £1,700.00 Total:
£11,300.00

4. Meeting in the Czech Republic

Mobility: 13 persons * EUR 800.00= EUR 10,400.00 5
persons from Poland, 4 from the Czech Republic, 4
from Portugal

Organisational budget for the host: 17 persons* EUR 100.00 EUR= EUR
1,700.00 Total EUR 12,100.00

Total work package: EUR 47,600.00, including:

Poland: EUR 13,700.00

Portugal: €11,300.00

Czech Republic: €11,300.00

Ireland: EUR 11,300.00

The package is planned in a cost-effective manner and, in accordance with the non-profit principle, the grant does not generate profit for any of the partners. All funds will be allocated to the implementation of the above-mentioned activities.

Activities (2 - International expert workshops)

In the following sections, please provide detailed information on each activity within the work package.

Provide information about each planned activity as a whole (e.g. location, duration, estimated number of participants, etc.), specify the lead organisation for the activity and, optionally, list other participating organisations. The lead organisation is usually the organisation implementing the activity. Other participating organisations are all other project partners who will also take part in the activity. The planned start and end dates of the activity may change during the implementation of the project.

Please enter each of the planned actions in the table below

Title of the activity	Location	Planned start date	Planned end date	Lead organisation	Participating organisations	Amount allocated to Action (EUR)	Expected results
Expert workshop in Portugal	Portugal	18/11/2025	20/11/2025	TropicalAstral Lda (E10252002 - PT)	Big Bucket Limited (E10357340 - IE) , Language school with the right statni jazykove zkousky PELICAN, s.r.o. (E10171828 - CZ) , Applicant organisation - Euro-Forum Agnieszka Gudków, Marek Gudków General Partnership (E10117291 - PL)	12 100.00	17 workshop participants 17 participation certificates 1 list Attendance 1 Meeting agenda 4 organisations 1 meeting report meeting
Expert workshop in Ireland	Ireland	14/04/2026	15/04/2026	Big Bucket Limited (E10357340 - IE)	Language school with the right final language exams PELICAN, s.r.o. (E10171828 - CZ) , Applicant organisation - Euro-Forum Agnieszka Gudków, Marek Gudków Spolka Jawna (E10117291 - PL), TropicalAstral Lda (E10252002 - PT)	12 100.00	17 workshop participants 17 participation certificates 1 list attendance 1 meeting agenda 4 organisations 1 report from meeting

Expert workshops in Poland	Poland	22/09/2026	24/09/2026	Applicant organisation - Euro-Forum Agnieszka Gudków, Marek Gudków Spolka Jawna (E10117291 - PL)	Big Bucket Limited (E10357340 - IE) ,	11,300.00	17 workshop participants 17 certificates of participation 1 attendance list 1 meeting agenda 4 organisations 1 meeting report
					Language school with law statni jazykove zkousky PELICAN, s.r.o. (E10171828 - CZ) ,		
Workshop s expertise in Czech Republic	Czech Republic	23/03/2027	24/03/2027	Language school with law statni jazykove zkousky PELICAN, s.r.o. (E10171828 - CZ)	TropicalAstral Lda (E10252002 - PT)	12 100.00	17 workshop participants 17 certificates of participation 1 list of attendance 1 meeting agenda 4 organisations 1 meeting report
					Big Bucket Limited (E10357340 - IE),		
					Applicant organisation - Euro-Forum Agnieszka Gudków, Marek Gudków Spolka Jawna (E10117291 - PL) ,		
Total	Total funding (EUR)				47,600.00		

Description of activities

Please describe what the planned activities will involve.

Four international expert meetings will be organised, each of which will include knowledge transfer workshops in addition to the working part. The activities are closely linked to WP 3 and 4, as the appointed team of experts will work on educational materials. Each meeting will last three working days.

MEETING PROGRAMMES

•PORTUGAL – Defining the framework for cooperation: setting common goals and principles of cooperation between partners, discussing communication mechanisms and decision-making procedures, finalising the cooperation framework document and setting a schedule of activities.

Workshop: Modern trends in ICT education, the use of AI, VR and interactive tools, with particular emphasis on their usefulness in senior education

•IRELAND –Consultations and review: review of educational materials and methodologies developed to date, expert consultations on the structure and content of materials, exchange of experiences and development of recommendations for further work.

Workshop: Case studies, conclusions from the ICT for seniors project. Analysis of experiences, discussion of challenges and best practices in senior education

•POLAND – Content validation: substantive evaluation of developed educational materials, discussion on the compliance of content with project objectives and ICT market expectations, determination of corrections and approval of the final version of materials.

Workshop: Creating e-learning content in dedicated tools – a practical approach. Overview of tools, principles of adapting materials to the needs of senior citizens, exercises in designing educational modules

•CZECH REPUBLIC – Finalisation and implementation strategy: consolidation of conclusions and development of a strategy for implementing educational materials, establishing criteria for monitoring and evaluating the effects of implementation.

Workshop: Creating engaging mentoring programmes for seniors in digital education, methods of individualising teaching to support the development of seniors' digital competences

In addition to face-to-face meetings, monthly online meetings using collaboration tools are also planned.

Please explain how these actions will contribute to achieving the objectives of the work package.

The activities within the work package, based on international meetings and workshops, will contribute to achieving its objectives by:

- Creating an international team of experts on digital education for seniors – the meetings will enable the creation of a team of specialists representing various institutions and approaches to digital education for seniors. The workshops will allow the roles and responsibilities of individual members to be defined, which will increase the effectiveness of teamwork.

- Developing a team working methodology – workshops will serve to develop common rules for cooperation, including a schedule of activities, methods of information exchange and mechanisms for monitoring progress. Tools and working methods will also be defined to ensure a consistent approach and facilitate the implementation of subsequent stages of the project.

- Exchange of knowledge and good practices in ICT teaching – thanks to the meetings, partners will have the opportunity to present their experiences and discuss proven methods of teaching seniors. The workshops will enable the analysis of challenges related to the digital education of this target group and the adaptation of best practices to the specifics of the project.

- Synchronisation of work on the results – regular meetings will allow for ongoing consultation, review and validation of the materials being developed. Participants will be able to make the necessary corrections and modifications, which will ensure the consistency and high quality of the results. This process will allow for efficient work management and avoid inconsistencies in the materials being created.

- Developing a strategy for implementing the materials in practice – workshops will be used to develop a model for implementing the educational resources developed. Partners will analyse the needs of the audience and existing implementation barriers, which will allow for the creation of an effective implementation and evaluation plan.

Please describe the expected results of the activities.

SUMMARY – hard results 1 team of experts

12 experts involved

4 meetings combined with workshops

1 work plan

1 implementation plan

Details

- Creation of an international team of experts on digital education for seniors – the recruited and integrated team of specialists will form the basis for further project work. Cooperation between experts will allow for

effectively combine different perspectives and experiences, which will improve the quality of the materials developed.

- Development of a cooperation methodology – the organisational framework, division of roles and responsibilities, as well as team work standards will be defined. The specified rules will facilitate the implementation of activities, improve communication efficiency and streamline the knowledge exchange process.
- Collection and analysis of good practices in teaching ICT to seniors – effective teaching methods and the most common barriers faced by seniors will be identified. This will allow for the adaptation of proven solutions to the specific nature of the project and increase the educational effectiveness of the developed materials.
- Synchronisation of work on results – regular meetings will enable ongoing consultation, review and validation of the materials being developed. Partners will be able to make ongoing corrections and adapt the content to the needs of the target group.
- Strategy for implementing educational materials – a detailed implementation plan will be developed, covering how to test, evaluate and adapt the materials for effective use by organisations involved in senior education.

Profile and expected number of participants.

The work package will involve an international interdisciplinary team of experts and (at least 12 + coordinators). These will be people previously associated with the organisations forming the partnership and with the ability to communicate and work in English at a minimum B2 level, as this will be the working language of the project and the work package.

PARTICIPANT PROFILE (EXPERT/RESEARCHER)

A minimum of 3 people from each country, 12 people in total; with a minimum of 5 years of expert experience in their field, documented successes and the ability to communicate and work in English (minimum B2 language level). The following people, among others, will be involved as experts:

- Teaching methodologist
- Experienced ICT trainers and adult educators (with a particular focus on seniors)
- Expert in andragogy – especially the specifics of teaching ICT skills to seniors
- Expert in new media and digital culture
- Multimedia Technology Specialist
- Training techniques specialist
- Educators with mentoring experience
- Representatives of adult education institutions
- Specialists in the development of educational/training materials

SELECTION: each partner proposed candidates who are experts working on a permanent basis with the organisations at the application stage. Most of the team members are already known (minor changes may occur during the implementation stage).

It should be remembered that the Erasmus+ programme offers project funding. This means that the EU grant can only cover part of the project costs, while the remaining costs must be covered by the participating organisations in the form of additional funding or in the form of invested goods, services and labour.

Work package No. 3 - Development of an ICT course

Furthermore, subcontracting of services is permitted, provided that it does not involve core activities on which the achievement of the objectives of the action directly depends. In such cases, the amount budgeted for subcontracting must be included in the description of the activities covered by the subcontracting agreement.

What are the specific objectives of this package and how do they contribute to the overall objectives of the project?

The team described in PP2 will develop educational materials in the form of a course, according to which adult learners, in this case senior citizens, will be trained in ICT competences. Meetings (real and online) serve to synchronise the team's work, divide tasks, exchange experiences and validate results. As part of this package, experts will work on modules and multimedia, which will then be implemented on the online platform.

Specific objectives:

- Development of a Digital Competence Development course for seniors – a programme comprising 4 modules and 20 lessons, created in accordance with an analysis of seniors' needs and the latest trends in ICT education for older people, taking into account the specific nature of teaching this group, including the gradual introduction of content and engaging teaching methods.
- Designing educational multimedia – 40 interactive resources (quizzes, presentations, tests) will be created. These elements will increase the attractiveness of learning, facilitate the acquisition of knowledge and enable seniors to independently verify the skills they have acquired.

These activities contribute to the achievement of the project's objectives by providing high-quality educational materials tailored to the needs of seniors. The content will enable more effective knowledge acquisition, and interactive forms of learning will increase participant engagement and tailor the course to individual needs. The modules are based on an analysis of seniors' ICT competence needs and the principles of andragogy. The structure takes into account the gradual introduction of content, practical exercises and safety aspects to increase seniors' independence in the digital environment. The course emphasises usability, digital inclusion and adaptation to rapidly changing technologies.

The materials will enable trainers to conduct classes using methods that engage participants. The right choice of exercises will yield better educational results, as all products will take into account the diversity of learning styles and the specific nature of teaching older people and the barriers associated with it.

What will be the main results of this work package?

HARD RESULTS

- 1 curriculum comprising 4 modules
- 20 lessons (1 lesson = 2 teaching hours=)
- 40 interactive multimedia resources (e.g. quizzes, presentations)
- 1 report on the implementation of the work package
- 4 knowledge tests based on the content of the modules – each module will contain a set of questions to assess the level of assimilation of the material
- 4 comprehensive knowledge tests – at the end of the course ("Final examination" – in at least 4 versions)

SOFT RESULTS

- Increased expertise – participation in the creation of the course will enable specialists to improve their skills in the field of digital education for seniors and the design of e-learning materials.
- Increased innovation – the development of the course using modern educational technologies, including AI and multimedia, will introduce new approaches to teaching older people.
- Development of teaching methods – the materials will take into account the diverse learning styles of seniors, supporting their digital and social activity.
- Strengthening international cooperation – work on the course will contribute to the exchange of experiences between experts and organisations, which will translate into long-term partnerships in the field of adult education.
- Improving the quality of ICT education for senior citizens – the materials prepared will provide trainers with comprehensive tools for conducting effective classes, increasing the effectiveness of teaching and eliminating barriers to digital education for senior citizens.
- Increased accessibility of digital education – thanks to a variety of multimedia resources, the course will be more engaging and easier to learn, which will increase the number of seniors using e-learning.

What qualitative and quantitative indicators will be used to measure the level of achievement of the work package objectives and the quality of the results?

QUANTITATIVE INDICATORS (target values in brackets)

- Organisations involved (4)
- Curriculum (1)
- Experts involved (12)
- Lessons developed as part of the course (20)
- Interactive multimedia resources developed (40)
- Knowledge tests developed (8) – 4 module tests+ 4 comprehensive tests

- Report on the implementation

of the package (1) QUALITY

INDICATORS

A) Concerning the quality of the developed results

The quality of the course and educational materials will be assessed through periodic evaluations conducted among experts and project staff after each module has been developed. The aspects assessed are:

- Relevance – does the course meet the needs of senior citizens and support the development of their digital skills?
- Communicativeness – are the language and communication style appropriate for the target group?
- Transparency – is the course structure logical and well-organised, and are the materials easy to read?
- Usability – can the materials be used effectively in the education of senior citizens?

Measurement method: Evaluation surveys with a rating scale of 1–10 for each parameter and open-ended questions. The assumption is that the results meet the quality criterion if the median rating is at least 7.00 points. In the case of lower results, corrections will be made.

B) Regarding staff and experts

- Strengthening experts' competences in the field of digital education for seniors and e-learning development
- Developing skills in the design of interactive teaching materials
- Improving skills in working in an international team

C) Concerning the organisation

- Implementation of new teaching methods in digital education for seniors
- Increasing the potential of partner organisations in the field of e-learning and course design for adults
- Increasing the accessibility of digital education for seniors through innovative teaching solutions

The implementation of these indicators will ensure the effectiveness of the package's activities, the high quality of the materials developed and their practical application in the education of seniors.

Please describe the tasks and responsibilities of each partner organisation within the work package.

The project leader, Euro-Forum, is responsible for coordinating the work package, monitoring and accounting for activities. Its task is to manage documentation, prepare a report on the implementation of the package and supervise the quality of the results. Each partner organisation has its own budget for the implementation of tasks within the package and is responsible for accounting for it to the leader.

Organisations involved and their roles:

- Euro-Forum (Poland) – project leader
- Pelican (Czech Republic)
- TropicalAstral (Portugal)
- Big Bucket (Ireland)

Division of responsibilities:

- Course development – substantive work, including the creation of the curriculum, division into modules and development of lesson content, will be divided equally among all partners. Each organisation will prepare five lessons as part of the course.
- Content validation – As project leader, Euro-Forum is responsible for the final validation of content in terms of accuracy, completeness and compliance with project objectives.
- Multimedia development and graphic design – Euro-Forum will be responsible for the technical preparation and implementation of interactive materials, including quizzes, animations and presentations.
- Development of knowledge tests – Organisations from Poland and Portugal will prepare modular tests and final exams according to common guidelines as their own contribution to the project.

The project Steering Committee, consisting of representatives of all partner organisations, is responsible for the quality of the materials developed. The division of specific tasks in the development of individual modules and multimedia resources will be determined during the project implementation phase in order to make the best use of each organisation's competences.

Please explain how the amount allocated to the work package was determined and how the package is economical.

The amount of funding was estimated based on the leader's experience in creating educational content, including multimedia quizzes (experience from previously completed projects and commercial activities). We took into account the need to engage subject matter and technical specialists and the estimated time required to work on specific issues.

The detailed costs of the activities are as follows:

A curriculum and a course consisting of 20 lessons within 4 thematic modules will be developed. 1 lesson contains:

- workshop scenario for the educator (lesson stages, teaching objectives, learning outcomes)
- substantive preparation of supplementary material in PDF format (substantive content for participants to learn, explanations, instructions)
- Development of a concept and creation of at least two multimedia elements (e.g. quizzes or interactive presentations, animations)
- graphic design of materials
- translation of the above materials into all partnership languages+ nd English. This means that there will be 5 versions of each material (identical in content, only different language versions)
- proofreading of the text (all languages)
- content validation – the process of checking whether educational material is correct, complete and adequate for the purposes it is intended to serve. In the context of a course, content validation involves verifying whether the information contained therein is consistent with the current state of knowledge, meets the needs of the target group, and is understandable and effective in teaching

Flat rate for the preparation of 1 lesson= 2,500.00

EUR Total: 20*2,500.00 EUR = 50,000 EUR, including

Poland: EUR 20,000.00

Portugal: EUR 10,000.00

Czech Republic: €10,000.00

Ireland: €10,000.00

All organisations will prepare the substantive content of the course in equal measure (i.e. 5 lessons each), BUT – the leader will be responsible for the technical implementation, especially multimedia, as it has the necessary know-how, tools and specialist staff. In addition, the leader will be responsible for graphic design and content validation.

OWN CONTRIBUTION

The organisations from Poland and Portugal will make their own contribution in the form of work on knowledge tests (each of these two organisations will prepare an equal number of tests after the completion of the modules and tests as part of the "final exams", with the test versions based on the same guidelines, i.e. number of questions, form of questions, etc.). Remuneration for this work has not been included in the above description; the organisations will cover the cost from their own resources.

The package is cost-effective, in line with the non-profit principle, the funding does not generate profit for any of the partners. In addition, it is based on the division of tasks between partners, which minimises the individual costs of each organisation and ensures optimal use of resources. Key technical work, such as multimedia production, has been assigned to the project leader, who has the appropriate infrastructure and experience, eliminating the need to engage external contractors and incur additional costs. In addition, the partner organisations' own contribution in the form of developing knowledge tests allows the scope of activities to be expanded without increasing the project budget, which increases the financial efficiency of the package.

Activities (3 - Development of an ICT course)

In the following sections, please provide detailed information on each activity within the work package.

Provide information about each planned activity as a whole (e.g. location, duration, estimated number of participants, etc.), specify the lead organisation for the activity and, optionally, list other participating organisations. The lead organisation is usually the organisation implementing the activity. Other participating organisations are all other project partners who will also take part in the activity. The planned start and end dates of the activity may change during the implementation of the project.

Please enter each of the planned actions in the table below

Title of the activity	Location	Planned start date	Planned end date	Lead organisation	Participating organisations	Amount allocated to action (EUR)	Expected results of the
Development course	Poland	01/12/2025	31/03/2027	Applicant organisation - Euro-Forum Agnieszka Gudków, Marek Gudków	Big Bucket Limited (E10357340 - IE) , Language school with state language exams PELICAN, s.r.o.	50,000.00	1 course programme, 4 modules, 20 lessons, 40 quizzes/multimedia, 12 experts involved, 4 organisations involved.
				General Partnership (E10117291 - CZ) , PL)	(E10171828 - TropicalAstral Lda (E10252002 - PT)		
Total	Total funding (EUR)					50,000.00	

Description of activities

Please describe what the planned activities will involve.

Experts will develop a Digital Competence Development course for seniors

4 modules * 5 lessons (1 lesson = 2 teaching hours) in 5 languages (partnership languages + English)

THEMATIC MODULES

I: Content creation

1. Basics of using a word processor (Word, Google Docs) – formatting, inserting images, creating tables, saving
2. Preparing presentations (PowerPoint, Canva) – slides, animations, narration, sharing
3. Editing photos and graphics – basic tools, cropping, improving quality
4. Creating short films – recording, editing, adding subtitles and effects
5. Practical use of tools – creating albums, invitations, documents.

II: Online communication

1. E-mail – creating an account, sending messages, protection against phishing
2. Instant messaging (WhatsApp, Messenger, Zoom) – video and voice calls, privacy settings
3. Social media (Facebook, Instagram, X) – posting, interacting, security
4. Online security – identifying threats, data protection
5. Use of communication platforms – event registration, group management

III: Participation in the digital society

The module prepares you to use online services

1. Online shopping – creating an account, choosing payment methods, avoiding fraud
2. Online banking – logging in, transfers, security
3. Booking medical appointments – using e-registration, teleconsultations
4. Educational platforms – enrolling in courses, downloading materials
5. Purchasing tickets online – booking systems, ticket applications

IV: Using AI in everyday tasks

1. Creating documents and letters with AI – using AI tools for text editing
2. Chatbots and virtual assistants – searching for information, using voice assistants
3. Content generation and planning – ChatGPT, Google Bard for organisation and summaries
4. Image recognition and editing – automatic photo enhancement, object identification
5. Personalisation of digital tools – customisation of application settings, content filtering

Please explain how these activities will contribute to the achievement of the work package objectives.

The activities carried out as part of the work package will directly contribute to the achievement of its objectives through the development of a comprehensive course entitled "Digital Competence Development for Seniors", tailored to the needs of older people and in line with the principles of andragogy.

Experts will work together during face-to-face and online meetings to structure the course, divide the content into modules and create high-quality educational materials. The process will include:

Designing course content – developing 4 modules and 20 lessons that will introduce seniors to the world of digital technology in a gradual and accessible way.

Creating multimedia resources – preparing 40 interactive materials (quizzes, presentations, instructional videos) that will facilitate learning and increase the engagement of senior citizens.

Content validation and optimisation – reviewing and adapting materials to the needs of the target group, taking into account their level of digital competence and learning barriers.

Development of knowledge tests – 4 module tests and 4 final tests will allow for the evaluation of the course's effectiveness and the validation of the acquired skills.

These activities support the overall objectives of the project by providing seniors with access to high-quality educational materials that will facilitate the development of their ICT competences. The course will enable more effective knowledge acquisition, and its structure, based on practical exercises, activating methods and interactive forms of learning, will increase participant engagement. The developed content will also support ICT trainers, providing them with modern tools for working with seniors.

Please describe the expected results of the activities.

The implementation of the work package will lead to the development of a comprehensive course entitled "Digital Competence Development for Seniors",

covering modern teaching methods and tailored to the needs of older people. The course will consist of 4 thematic modules and 20 lessons, covering key issues related to the use of digital tools, online communication, the use of internet services and the use of AI in the everyday life of seniors.

As part of the activities, 40 interactive multimedia resources will be developed, such as instructional videos, presentations, infographics and animations, which will increase the attractiveness and effectiveness of the course. There will also be 8 knowledge tests – one for each module – and comprehensive final exams to validate the acquired competences.

Another expected result will be an improvement in the quality and availability of educational materials for seniors through the use of modern teaching technologies, including interactive forms of e-learning. The developed content will enable seniors to learn independently and will allow training organisations and ICT trainers to use the course.

An additional effect will be to improve the skills of the experts involved in developing the course – they will gain experience in designing online courses, creating interactive content and working in an international team. The implementation of the package will also strengthen international cooperation, which may result in further educational initiatives for the digital inclusion of senior citizens.

Profile and expected number of participants.

The international team of experts described in the package above (12 people) will participate in this work package and develop educational materials, i.e. the course, scenarios and multimedia assumptions.

In addition, technical staff will be involved – multimedia specialists, graphic designers, translators, e-learning developers and others (8-10 people). These will be proven and trusted individuals who have collaborated with organisations on previous projects/initiatives.

Ultimately, the course is intended for the final recipients, i.e. senior citizens. However, they will not be involved in the activities of this work package. Their involvement will take place at the testing, feedback, implementation and dissemination stages.

It should be noted that the Erasmus+ programme provides funding for the project. This means that the EU grant can only cover part of the project costs, while the remaining costs must be covered by the participating organisations in the form of additional funding or in the form of invested goods, services and labour.

Work package 4 - Development of a set of mentoring tools

In addition, subcontracting of services is permitted, provided that it does not involve core activities on which the achievement of the objectives of the action directly depends. In such cases, the amount budgeted for subcontracting must be included in the description of the activities covered by the subcontracting agreement.

What are the specific objectives of this package and how do they contribute to the overall objectives of the project?

A team of experts will develop a comprehensive set of tools that will complement the above-mentioned course. As part of this package, educational materials will be prepared: an e-book and diagnostic and monitoring tools, available in 5 languages, and then implemented on a dedicated platform. The implementation of the package will contribute to the systematic improvement of seniors' digital competences and the elimination of technological barriers, which supports the overall objectives of the project. Specific objectives:

- development of an e-book - containing the theoretical foundations of mentoring, strategies for motivating seniors, instructions for conducting mentoring sessions, personalisation of development paths and additional motivational materials; this material is a teaching support tool for trainers and mentors, enabling the standardisation of digital competence teaching methods.
- creation of 3 diagnostic and monitoring tools - development of a diagnostic questionnaire, a form for mentoring meetings and a progress evaluation system; these tools will allow for ongoing assessment of seniors' IT skills, identification of barriers and adaptation of working methods, which will increase the effectiveness of mentoring activities.

The implementation of these objectives will contribute to the achievement of the overall project goals by:

- improving the digital competences of senior citizens – providing trainers and mentors with high-quality teaching materials allows for more effective knowledge transfer and increases the digital skills of project participants
- eliminating barriers to learning technology – diagnostic tools and personalised learning paths enable an individual approach to seniors, which increases their engagement and the effectiveness of the educational process

What will be the main results of this work package?

HARD RESULTS:

- 1 mentoring e-book comprising a minimum of 50 pages in PDF format, available in 5 language versions (PL, EN, CZ, PT, IRL)
- 3 diagnostic and monitoring tools: a diagnostic questionnaire, a form for mentoring meetings, a progress tracking tool, developed in 5 language versions
- 1 knowledge platform on which e-books and tools supporting the mentoring process will be implemented
- 1 report on the implementation of the work package, including an analysis of the results and an evaluation of the effects of the activities

SOFT RESULTS:

- increased competence of experts and trainers in the field of digital education for seniors and the creation of mentoring materials
- increased innovation in working methods through the implementation of modern diagnostic tools and e-learning solutions
- development of teaching methods that eliminate digital barriers and adapt the teaching process to the specific nature of senior learning
- strengthening international cooperation, which will contribute to the exchange of experiences between partners and the building of long-term relationships in the field of adult education

The implementation of these results will provide practical support for senior citizens in developing their digital competences, enabling them to learn independently and integrate effectively into the information society.

What qualitative and quantitative indicators will be used to measure the level of achievement of the work package objectives and the quality of the results?

QUANTITATIVE INDICATORS (target values in brackets)

- organisations involved (4)
- e-book developed (1) in 5 language versions
- diagnostic and monitoring tools developed (3) – diagnostic questionnaire, mentoring meeting form, progress tracking tool in 5 language versions for each result
- report on the implementation of the package (1)

QUALITY INDICATORS

A) concerning the quality of the results

The quality of the e-book and mentoring tools will be assessed through periodic evaluations conducted by the Steering Committee. The aspects assessed are:

- adequacy – do the e-book and tools meet the needs of seniors and support the development of their digital competences?

- communicativeness – are the language and manner of communication appropriate for the target group?
- clarity – are the materials logically organised and easy to read?
- usability – can they be used effectively in the education of senior citizens?

Measurement method: evaluation surveys with a rating scale of 1–10 for each parameter and open-ended questions. The results meet the quality criteria if the median rating is at least 7.00 points. In the case of lower results, corrections will be made.

B) concerning staff and experts

- strengthening the competence of experts in the field of digital education for seniors and mentoring
- development of skills in designing teaching materials for older people
- improvement of skills in working in an international team

C) regarding the organisation

- implementation of new mentoring methods in digital education for seniors
 - increasing the potential of partner organisations in the development of innovative educational tools
 - increasing the accessibility of digital education for senior citizens through high-quality materials tailored to their needs
- The implementation of these indicators will ensure the effectiveness of the package's activities, the high quality of the materials developed, and their practical application in the education of senior citizens.

Please describe the tasks and responsibilities of each partner organisation within the work package.

The project leader, Euro-Forum, is responsible for coordinating the work package, monitoring and accounting for activities. Its task is to manage documentation, prepare a report on the implementation of the package and supervise the quality of the results. Each partner organisation has its own budget for the implementation of tasks within the package and is responsible for accounting for it to the leader.

Organisations involved:

- Euro-Forum (Poland)
- Pelican (Czech Republic)
- TropicalAstral (Portugal)
- Big Bucket (Ireland)

Division of responsibilities:

- delegating relevant subject matter experts to work on the package – all organisations
- development of an e-book: all partner organisations will develop the content, with each preparing a specific number of chapters. Each partner is responsible for translating the materials into the required languages and for proofreading them. Euro-Forum, as the leader, is responsible for the technical execution of the publication, layout, graphic design and final validation of the content.
- development of diagnostic and monitoring tools: the partners will jointly develop a diagnostic questionnaire, a form for mentoring meetings and a tool for tracking participants' progress. Each partner is responsible for translating and proofreading the content assigned to them. Big Bucket (Ireland) will take care of the graphic design of the tools and the technical validation of the materials, while Euro-Forum will ensure their final compliance with the project objectives.

The Steering Committee of the project, consisting of representatives of all partner organisations, is responsible for the quality of the materials developed. The division of specific tasks in the development of individual modules and multimedia resources will be determined during the implementation phase of the project in order to make the best use of each organisation's expertise.

Please explain how the amount allocated to the work package was determined and how the package is cost-effective.

The amount of funding was estimated based on the leader's experience in creating educational content (experience from previously completed projects and commercial activities). We took into account the need to involve specialists with appropriate knowledge and experience, as well as the estimated time needed to work on individual issues.

The detailed costs of the activities are as follows:

1. E-BOOK

Minimum 50 pages in PDF format, 5 language versions (PL, EN, CZ, PT, ITL) The development of the e-book includes:

- substantive preparation of content
- translation of the above materials into all languages of the partnership+ nd English. This means that there will be 5 versions of each material (identical in content, only different language versions)
- proofreading of the text (all languages)
- graphic design of all 5 language versions
- content validation - the process of checking whether the educational material is correct, complete and adequate for the purposes it is intended to fulfil. In the context of the course, content validation consists of verifying whether the information contained therein is consistent with the current

state of knowledge, respond to the needs of the target group, and are understandable and effective in teaching

The cost of developing the e-book is EUR 14,600.00, which gives an average cost of EUR 58.40 per page for comprehensive preparation, taking into account all language versions ($\text{€}14,600 / 5 \text{ language versions} / 50 \text{ pages} = \text{€}58.40$) – remuneration for authors of original content, translators, proofreaders and graphic designers.

Poland: €5,150.00

Portugal: €3,150.00

Czech Republic: €3,150

Ireland: EUR 3,150.00

All organisations will prepare roughly the same amount of content for the e-book (i.e. approximately the same number of chapters), BUT – the lead partner is responsible for the technical implementation, layout, graphics and content validation – hence the higher amount.

2. Diagnostic and monitoring tools

A total of three tools (diagnostic questionnaire, mentoring meeting form, progress tracking tool) will be developed in five language versions.

1 tool – average cost EUR 1,500.00, including

- substantive preparation of content
- translation of the above materials into all languages of the partnership+ nd English. This means that there will be 5 versions of each material (identical in content, only different language versions)
- proofreading of the text (all languages)
- graphic design of all 5 language versions
- content validation - the process of checking whether the educational material is correct, complete and adequate for the purposes it is intended to fulfil. In the context of the course, content validation consists of verifying whether the information contained therein is consistent with the current state of knowledge, meets the needs of the target group and is understandable and effective in teaching

Total preparation cost: EUR 4,500.00, including

Poland: EUR 500.00

Portugal: EUR 500.00

Czech Republic: €500.00

Ireland: EUR 3,000.00

The Irish partner will bear the greatest workload, hence the highest amount allocated. PP

summary:

Total preparation cost: EUR 19,100.00, including

Poland: EUR 5,650.00

Portugal: €3,650.00

Czech Republic: €3,650.00

Ireland: €6,150.00

The funding does not generate profit for any of the partners, in accordance with the non-profit principle, which further confirms the cost-effectiveness of the package. The lack of need to engage external contractors and incur additional costs allows for the full utilisation of the allocated budget, thus contributing to the achievement of the overall objectives of the project.

Activities (4 - Development of a mentoring toolkit)

In the following sections, please provide detailed information on each activity within the work package.

Provide information about each planned activity as a whole (e.g. location, duration, estimated number of participants, etc.), specify the lead organisation for the activity and, optionally, list other participating organisations. The lead organisation is usually the organisation implementing the activity. Other participating organisations are all other project partners who will also take part in the activity. The planned start and end dates of the activity may change during the implementation of the project.

Please enter each of the planned activities in the table below.

Title of activity	Location	Planned start date	Planned end date	Lead organisation	Participating organisations	Amount allocated to Action (EUR)	Expected results
E-book	Poland	01/12/2025	31/03/2027	Applicant organisation - Euro-Forum Agnieszka Gudków, Marek Gudków Spółka Jawna (E10117291 - PL)	Big Bucket Limited (E10357340 - IE) , Jazykova skola s pravem statni jazykove zkousky PELICAN, s.r.o. (E10171828 - CZ) , TropicalAstral Lda (E10252002 - PT)	14,600.00	1 e-book in 5 language versions language versions, 12 experts involved, 4 organisations involved
Mentoring tools	Ireland	01/12/2025	31/03/2027	Big Bucket Limited (E10357340 - IE)	Language school with state language exams PELICAN, s.r.o. (E10171828 - CZ) , Applicant organisation - Euro-Forum Agnieszka Gudków, Marek Gudków Spółka Jawna (E10117291 - PL) , TropicalAstral Lda (E10252002 - PT)	4,500.00	3 mentoring tools in 5 language versions
Total	Total funding (EUR)					19,100.00	

Description of activities

Please describe what the planned activities will involve.

Experts will develop a set of tools including:

1. E-book for trainers/educators (minimum 50 pages)

- Theoretical foundations of mentoring with an emphasis on the specifics of working with older people.
- Strategies for motivating seniors and techniques for overcoming barriers to learning IT skills.
- Mentoring instructions for trainers – description of the method of conducting mentoring sessions and adapting content to the individual needs of participants.
- Personalisation of development paths – creating individual teaching plans tailored to the skill level and specific needs of each senior citizen.
- Additional motivational materials – a set of tips and advice for trainers, including techniques for adapting teaching methods to different skill levels, inspiring success stories that can encourage seniors to actively participate.

2. Diagnostic and monitoring tools (3 tools in total)

- Questionnaires and diagnostic forms to assess seniors' IT skills, including social skills, and to identify motivational factors and barriers that may hinder learning.
- A form for mentoring meetings enabling regular monitoring of participants' progress, setting goals and individual action plans.
- Progress evaluation system – a tool for tracking achievements and adjusting working methods based on current results.

The above-mentioned materials will complement the course described above. The proposed set of mentoring tools constitutes a comprehensive support system which, in addition to the standard course programme, will enable seniors to acquire digital competences more effectively. Thanks to the combination of theoretical materials, diagnostic tools and interactive forms of communication, mentoring will effectively support the development of IT skills in the target group, eliminating barriers and motivating active participation.

Please explain how these activities will contribute to the achievement of the work package objectives.

The proposed activities contribute to the objectives of the work package by providing standardised educational materials and diagnostic tools that will increase the effectiveness of mentoring and the individualisation of the teaching process for seniors.

Development of an e-book for trainers and educators

- contains the theoretical foundations of mentoring, strategies for motivating seniors, instructions for conducting mentoring sessions, personalisation of development paths and additional motivational materials
- enables trainers to implement standardised methods of teaching digital competences
- serves as a teaching support tool and improves the quality of the educational process

Development of diagnostic and monitoring tools

- questionnaires and diagnostic forms will allow for the assessment of IT skills, identification of barriers, and adaptation of teaching methods
- a form for mentoring meetings will enable progress monitoring and setting individual goals
- a progress evaluation system will allow for ongoing analysis of teaching outcomes and optimisation of the educational process
- increasing the effectiveness of mentoring through the standardisation of methods and tools
- individualisation of the teaching process through diagnostics and personalisation of development paths
- increased engagement of senior citizens by eliminating technological barriers and adapting materials
- long-term educational support through the implementation of materials on the knowledge platform

These activities will ensure the effective implementation of mentoring methods, which will contribute to the growth of seniors' digital competences and the elimination of technological barriers.

Please describe the expected results of the activities.

The implementation of the planned activities will lead to the development of a comprehensive set of mentoring tools supporting the development of digital competences among senior citizens. The e-book will provide trainers and mentors with practical tips on conducting mentoring sessions, strategies for motivating senior citizens, and methods for eliminating barriers to learning technology. The introduction of mentoring instructions and tools for personalising development paths will enable the educational process to be tailored to the individual needs of participants, which will increase the effectiveness of teaching. The diagnostic tools created will allow for the systematic assessment of seniors' digital skills and the identification of barriers and motivational factors. The mentoring meeting form will enable trainers to regularly monitor participants' progress, and the progress evaluation system will allow for ongoing analysis of teaching outcomes and adjustment of working methods. The implementation of an e-book and tools on the knowledge platform will ensure wide access to materials.

educational resources and enable long-term use of these resources by trainers and senior citizens.

The results of these activities will contribute to improving the quality of digital education for seniors by standardising the mentoring process and adapting teaching methods to the needs of the target group. Systematic monitoring of progress will allow for the optimisation of the educational process, increasing the involvement of seniors and improving the effectiveness of knowledge acquisition. As a result, the DIGI-MENTOR 60+ project will contribute to the growth of digital competences among older people and their active participation in the digital society.

Profile and expected number of participants.

The international team of experts described in the package above (12 people) will participate in this work package and develop educational materials, i.e. a set of mentoring tools.

In addition, technical staff – graphic designers, translators (4-6 persons) – will be involved. These will be proven and trusted individuals who have collaborated with organisations on previous projects/initiatives.

Ultimately, the course is intended for the final recipients, i.e. senior citizens and the educators who work with them. However, they will not be involved in the activities of this work package. Their involvement will take place at the testing, feedback, implementation and dissemination stages.

It should be noted that the Erasmus+ programme provides funding for the project. This means that the EU grant can only cover part of the project costs, while the remaining costs must be covered by the participating organisations in the form of additional funding or in the form of invested goods, services and labour.

Work package 5 - Pilot programme

In addition, subcontracting of services is permitted, provided that it does not cover core activities on which the achievement of the objectives of the action directly depends. In such cases, the amount budgeted for subcontracting must be included in the description of the activities covered by the subcontracting agreement.

What are the specific objectives of this package and how do they contribute to the overall objectives of the project?

The aim of the package is to organise pilot workshops in Ireland to enable practical testing and refinement of the educational materials developed within the project. The workshops are aimed at ICT trainers and adult educators, especially those working with senior citizens. Their opinions and experiences will help to assess the effectiveness, intuitiveness and suitability of the resources developed – courses, teaching materials and mentoring tools – for the specific needs of older learners. Participants will have the opportunity to analyse both the content and the form of presentation of the materials, which will allow them to be adapted to the real needs of the audience.

Pilot workshops will play a key role in adapting educational methods to the specific nature of working with seniors. Teaching older people requires not only appropriate content, but also adapting the way it is delivered so that it is accessible, engaging and encourages independent learning. Educating seniors differs from educating younger groups because it requires more patience, simpler language, and the elimination of overly complicated instructions and too fast a pace of work. The pilot will make it possible to check whether the materials meet these requirements and whether they actually support the development of seniors' ICT competences.

The implementation of this package is crucial for the achievement of the overall objectives of the project, as it constitutes a stage of verification and optimisation of the results of the work done so far. The pilot will enable the collection of valuable data that will allow for the improvement of courses and mentoring tools, and consequently ensure their greater effectiveness in later implementation. Thanks to this, the project will not only create valuable educational resources, but also guarantee their real use and effectiveness in the teaching process.

The ultimate goal of the package is to create high-quality, tested and optimised educational materials that can be used by educators in different countries.

What will be the main results of this work package?

- Optimised educational materials – after pilot workshops, the educational materials will be adapted to the specific nature of working with seniors. Based on the participants' feedback, the strengths of the materials will be identified, as well as areas requiring correction, which will allow for their optimisation.
- Report from the pilot workshops – compilation of participants' opinions. The report will contain recommendations for further action and suggestions for changes that should be made to the educational materials. This document will form the basis for further development and dissemination of the project results.
- Feedback from participants – workshop participants (ICT trainers, senior educators) will provide valuable feedback that will allow for the evaluation of the effectiveness of the tested educational materials. The feedback will include opinions on the usefulness, intuitiveness and adaptation of the materials to the specific nature of teaching older people.
- Increased competence of workshop participants – they will improve their ICT teaching skills. They will acquire new skills and knowledge about best practices in working with seniors, which will contribute to their professional development and improve the quality of their training courses.
- International cooperation and knowledge transfer – pilot workshops will enable international exchange of experiences between participants from different countries. International cooperation will allow for the transfer of knowledge and best practices between project partners, which will have a positive impact on the quality and effectiveness of the activities carried out.
- These results will be crucial for the further development of the project and the implementation of tested educational materials in different countries, ensuring their effectiveness and relevance to the needs of the target group.

What qualitative and quantitative indicators will be used to measure the level of achievement of the work package objectives and the quality of the results?

QUANTITATIVE INDICATORS (target values in brackets)

- Organisations involved (4)
- Number of workshop days (3)
- Total number of participants (30)
- Participants from the target group – ICT trainers and educators (16)
- Complete set of feedback received from participants (1)
- Report with recommendations and feedback (1)
- Report on the implementation of the package (1)

Sources of measurement: attendance lists, photographic documentation, certificates of participation in the meeting issued by the host, questionnaires, forms, other documentation – notes, written agreements, etc.

QUALITATIVE INDICATORS

Concerning participants and/or experts

- Increase in participants' knowledge of ICT teaching for seniors.
- Improvement of practical skills in using tested educational materials in working with senior citizens.
- Increase in participants' language and intercultural competences through international cooperation.
- Better knowledge of the methodology of assessing and implementing educational materials in a real environment.

Measurement sources: Surveys, questionnaires, knowledge tests, informal feedback. At least 80% of meeting participants will improve the above-mentioned competences by at least 20% compared to the initial level – based on self-assessment.

Concerning the organisation

- Organisations will gain new experience and know-how through cooperation with international experts.
- Strengthening the partnership between organisations participating in the project through the exchange of experiences and joint work on materials.
- Gaining new experience in the creation and testing of educational materials.
- Increasing the potential of organisations by implementing modern educational methods in ICT teaching for senior citizens.

Please describe the tasks and responsibilities of each partner organisation within the work package.

All partners:

- Recruit four participants who meet the criteria (described in the section on target groups).
- Selecting and delegating project experts to the workshops (not 100% of experts will participate, but selected individuals) and obliging them to prepare the substantive part of the workshops
- Dispatching key staff (+ project coordinator and regional coordinators)
- Logistical organisation of the trip for participants from a given country – travel, insurance, accommodation
- Preparing participants for the trip in advance: familiarising them with the objectives, agenda and rules

Scope of responsibilities of individual partners:

IRL

- Organisation of workshops: preparation of the venue (rooms, equipment – e.g. projector, computer), workshop materials, materials for participants, catering (coffee breaks + lunch during the 3 workshop days)
- Issuing certificates of participation for participants
- Development of evaluation tools to assess the effectiveness of the workshops, including the preparation of forms, questionnaires and tools for qualitative and quantitative analysis of data collected from participants.

CZ

- Responsibility for preparing the final report from the pilot workshops, including analysis of participants' opinions and detailed recommendations for improving educational materials.
- Conducting an analysis of data collected by other partner organisations, preparing documentation and developing conclusions and recommendations based on the results of the workshops.

Please explain how the amount allocated to the work package was determined and how the package is economical.

We allocated the grant amount to the package on the basis of a COST CALCULATION, which was carried out based on an analysis of experience from previous projects and activities and market research. The detailed costs of the activities are as follows:

1) INTERNATIONAL PILOT WORKSHOPS

- Mobility of 1 person travelling from another country to Ireland – lump sum of EUR 800.00. The amount covers the following costs: travel, local transport, accommodation, insurance, meals (breakfast, dinner and meals during travel days)

PL: 8 persons * EUR 800.00= EUR 6,400.00

PT: 7 persons * EUR 800.00= EUR 5,600.00

CZ: 7 persons * EUR 800.00= EUR 5,600.00

- Mobility for 1 person travelling from Ireland (Irish participants may come from anywhere in the country – the amount is only applicable if the participant is travelling from outside Dublin, where the workshop is held) – lump sum of EUR 400.00. The amount covers the following costs: travel, accommodation, insurance, meals (breakfast, dinner and meals during travel days)

IRL: 4 persons * EUR 400.00= EUR 1,600.00 (we do not include staff and experts from Ireland as they come from Dublin)

- Budget for the meeting organiser – a lump sum of EUR 100.00 per person, which the host must use to provide: preparation of the venue (rooms, equipment – e.g. projector, computer), workshop materials, materials for participants, catering (coffee breaks+ lunch during the 3 workshop days), issuing certificates of participation to participants, other costs necessary for the organisation of the meeting.

IRL: 30 persons* EUR 100.00= EUR 3,000.00 (average cost per person per day= approx. EUR 33.33€ EUR 100.00/3 days)

2) PREPARATION OF THE REPORT – the Czech partner will be fully responsible for this.

Preparation of a report in English on the pilot workshops, containing an analysis of the opinions gathered from participants and detailed recommendations for improving the educational materials. The document will include a description of the meeting, photographic documentation, analysis of the data obtained, and conclusions and recommendations for the project team, indicating which elements require correction, supplementation or optimisation. The report, at least 30 pages long in PDF format, will serve as a basis for further activities, such as implementing improvements and disseminating the project results.

CZ: EUR 1,400.00

Total work package: EUR 23,600.00, including:

Poland: EUR 6,400.00

Portugal: EUR 5,600.00

Czech Republic: EUR 7,000.00

Ireland: EUR 4,600.00

OWN CONTRIBUTION

The project leader will contribute by developing evaluation tools that will be crucial for assessing the effectiveness of the pilot workshops. This will include preparing a comprehensive set of forms for collecting participants' opinions, including surveys, questionnaires, and tools for qualitative and quantitative analysis of the collected data. These materials will allow for an accurate assessment of the usefulness of the tested content, identification of its strengths and areas requiring optimisation. Due to the specific nature of the activities, the work related to the development of evaluation tools is not covered by EU funding, therefore this task will be carried out using the project leader's own resources.

The package is cost-effective, in accordance with the non-profit principle, the grant does not generate profit for any of the partners. All funds will be allocated to the above-mentioned activities.

Activities (5 - Pilot programme)

In the following sections, provide detailed information on each action within the work package.

Provide information about each planned activity as a whole (e.g. location, duration, estimated number of participants, etc.), specify the lead organisation for the activity and, optionally, list other participating organisations. The lead organisation is usually the organisation implementing the activity. Other participating organisations are all other project partners who will also take part in the activity. The planned start and end dates of the activity may change during the implementation of the project.

Please enter each of the planned actions in the table below

Title of action	Location	Planned Date Commencement	Planned Date completion	Lead organisation	Participating organisations Intended for activity (EUR)	Amount	Expected results
Workshops IRELAND	Ireland	20/04/2027	22/04/2027	Big Bucket Limited (E10357340 - IE)	Jazykova skola s pravem statni jazykove zkousky PELICAN, s.r.o. (E10171828 - CZ) , Applicant organisation - Euro-Forum Agnieszka Gudków, Marek Gudków Spolka Jawna (E10117291 - PL) , TropicalAstral Lda (E10252002 - PT)	22,200.00	3 days of workshops, 30 participants (in total), 16 ICT trainers/educators who took part in the workshops and testing of results, 1 set of feedback.
Feedback development - pilot report	Czech Republic	26/04/2027	31/05/2027	Jazykova skola s pravem statni jazykove zkousky PELICAN, s.r.o. (E10171828 - CZ)		1,400	1 report in English based on feedback from participants, containing conclusions and recommendations regarding the tested educational materials
Total	Total funding (EUR)					23,600.00	

Description of activities

Please describe what the planned activities will involve.

The international workshop in Ireland will last for 3 full working days (1 day = 8 hours). The workshop will be led by project experts, and a detailed division of tasks in this area will be developed during online team meetings. Project staff members, including the coordinator, will also participate in the meeting.

Tools for collecting feedback, surveys and questionnaires will be prepared by Euro-Forum.

A detailed agenda will be developed prior to the workshops based on the following guidelines: Day 1 – Testing

the "Digital Competence Development for Seniors" course

- Introduction to the course and workshop objectives.
- Testing of course modules (content creation, online communication, digital society, use of AI).
- Discussion of the strengths of the course and areas for improvement.
- Workshop on adapting the course to the needs of seniors. Day

2 – Testing the e-book and diagnostic tools

- Testing the e-book for trainers (mentoring, motivation, personalisation of development paths).
- Evaluation of diagnostic tools (questionnaires, mentoring form, progress evaluation system).
- Analysis of test results and areas for improvement.
- Discussion on the use of the e-book and tools in working with seniors.

Day 3 – Evaluation of test results and next steps

- Evaluation of the course and tools – assessment of their effectiveness and suitability for seniors.
- Discussion of test results and collection of feedback.
- Summary of the workshop and planning of further activities.
- Summary of the workshop, evaluation and conclusion of the meeting.

The Czech partner will be responsible for preparing a report in English with recommendations based on the feedback collected – they will present it to the other partners within a maximum of one and a half months after the end of the workshop.

Please explain how these activities will contribute to the achievement of the work package objectives.

Activities related to the organisation of international pilot workshops will allow for:

- Verification of the effectiveness of educational materials – testing the course "Digital Competence Development for Seniors" and other materials (e-book, diagnostic tools) in real-life conditions will enable an assessment of their effectiveness and intuitiveness. Thanks to the opinions and experiences of participants – ICT trainers and adult educators – it will be possible to identify strengths and areas for improvement, ensuring that the materials are tailored to the specific nature of working with seniors.
- Adapting content to the needs of seniors – analysing materials in terms of their suitability for the level and style of learning of seniors (simplicity of language, pace of learning, elimination of complicated instructions) will allow for the creation of more accessible and engaging resources. The workshops will enable practical testing of whether the materials meet these requirements, which will ultimately increase their effectiveness in the educational process.
- Collecting valuable feedback data – conducting testing in the form of workshops, supported by feedback collection tools (surveys, questionnaires), will allow participants' opinions to be gathered. The collected data will be crucial for optimising educational and mentoring materials, ensuring their better quality and effectiveness in teaching seniors. A report with recommendations, prepared by a partner from the Czech Republic, will allow these opinions to be included in the final version of the materials.
- Further implementation and international use of materials - thanks to the pilot project, the educational materials will be tested in practice, which will enable their final optimisation before widespread implementation. The ultimate goal is to create high-quality materials, ready for use by educators from different countries, which will contribute to the success of the project at the international level.

Please describe the expected results of the activities.

The expected results of the activities related to the organisation of international pilot workshops are:

- Optimisation of educational materials – after conducting pilot workshops, educational materials (course, e-books, diagnostic tools) will be adapted to the needs of seniors. By testing the materials, participants will be able to identify strengths and areas for improvement, allowing for further optimisation.
- Gathering valuable feedback – the opinions and suggestions collected from participants will allow for a detailed assessment of the effectiveness of the tested resources. This will make it possible to introduce the necessary corrections and adapt the content to the specific needs of seniors, such as simpler language, appropriate learning pace, or adaptation of tools to their level of proficiency.
- Recommendation report – our Czech partner will prepare a detailed report from the workshops, containing conclusions,

recommendations and specific suggestions for changes that should be made to the educational materials. This report will form the basis for further development and optimisation of the resources.

- Improving the competences of workshop participants – workshop participants (ICT trainers, senior educators) will acquire new skills, particularly in the field of ICT teaching for seniors. The pilot project will allow them to familiarise themselves with best practices, methodologies for working with seniors and new educational tools, which will improve the quality of their training.
- Increased international cooperation and knowledge transfer – the workshops will also serve as a platform for the exchange of experiences and best practices between participants from different countries. International cooperation will enable the transfer of knowledge, which will contribute to increased effectiveness of activities in each of the partner countries.

Profile and expected number of participants.

Total number of people involved: 30, including:

1) 16 participants from the target group (4 people from each partner country), i.e.

ICT TRAINERS / ADULT EDUCATORS, IN PARTICULAR SENIORS – people conducting training courses in the field of broadly understood ICT competences, who want to improve their ICT teaching competences and broaden the spectrum of their knowledge and skills. In the first place, people employed by or cooperating with partner organisations will be invited to participate (aim: to strengthen the potential of the organisation by improving the competences of individuals). Participants will not only improve their skills, but also provide valuable feedback to project experts, which will allow them to validate educational materials. INCLUSION IN THE PROJECT: they will take part in international workshops, participate in testing the results and providing feedback, participate in evaluation, disseminate the idea of the project and its results, and transfer knowledge to other trainers.

2) Project experts: 9 people (3 from Poland, 2 from each of the other countries)

The profile of these individuals is described in Work Package 2. It will not be the entire team that worked on the intellectual outputs, but selected individuals from that team, delegated by the partner organisations to conduct workshops testing the outputs with the target group.

3) Project management team, including the coordinator: 5 persons (1 person from each partner country, except for Ireland, which will have 2 persons)

It should be noted that the Erasmus+ programme provides project funding. This means that the EU grant can only cover part of the project costs, while the remaining costs must be covered by the participating organisations in the form of additional funding or in the form of invested goods, services and labour.

Work package No. 6 – Implementation programme – platform and workshops

Furthermore, subcontracting of services is permitted, provided that it does not involve core activities on which the achievement of the action's objectives directly depends. In such cases, the amount budgeted for subcontracting must be included in the description of the activities covered by the subcontracting agreement.

What are the specific objectives of this package and how do they contribute to the overall objectives of the project?

A package for the implementation of educational materials – an interactive course and a set of mentoring tools, which are the key results of the DIGI-MENTOR 60+ project. These activities will not only enable the wide distribution of the developed resources, but also their practical application in improving the ICT skills of senior citizens. The implementation of this package will ensure the sustainable and effective use of the materials, enabling participants to acquire practical skills in the use of ICT tools and increase their social integration.

The implementation will have two stages:

1. Building a Knowledge Platform and implementing the developed educational materials
2. Organisation of local workshops for target groups in each of the partnership countries

SPECIFIC OBJECTIVES OF THE PACKAGE:

1. Creation of an online platform in 5 language versions.
 - The platform will be a key tool enabling the wide dissemination of the developed educational materials, providing easy access to an interactive course and a set of mentoring tools dedicated to seniors.
 - Additional features will make the platform a source of up-to-date knowledge and support, which will increase its educational and practical value.
2. Organising local workshops in accordance with the course programme developed as part of the project
 - Local workshops are a key element in the implementation of the project results, enabling the practical application of educational materials and a real increase in digital competences among senior citizens
 - The workshops will allow participants to acquire the skills necessary for the effective use of ICT tools, which will contribute to their social activation and increased self-confidence

The achievement of the above objectives of the package contributes to the overall objectives of the DIGI-MENTOR 60+ project by permanently improving the digital competences of senior citizens, increasing their social activity and implementing modern educational solutions in the adult education sector in the long term

What will be the main results of this work package?

HARD RESULTS:

- Platform available in 5 languages (PL, CZ, PT, IRL, ENG)
- Implementation of educational materials and additional features (expert blog, newsletter, usage statistics)
- Minimum of 130 participants in local workshops from target groups (seniors) in 4 partner countries (PL, CZ, PT, IRL)

SOFT RESULTS:

- Improvement of digital competences – increase in practical skills in using ICT tools, which will boost the confidence and independence of seniors.
- Development of practical skills – participants will acquire computer, Internet and mobile application skills, which will contribute to their social activation.
- Increased social integration – the workshops will enable the creation of local support networks and the exchange of experiences, which will have a positive impact on the quality of life of senior citizens.
- Long-term impact on adult education – creation of a sustainable educational infrastructure that will support the continuous development of digital competences among senior citizens, contributing to their active participation in social life.

What qualitative and quantitative indicators will be used to measure the level of achievement of the work package objectives and the quality of the results?

QUANTITATIVE INDICATORS (target values in brackets)

- Number of language versions of the online platform launched – 5 (PL, CZ, PT, IRL, ENG)
- Number of educational material sets implemented – 2 (multimedia course and set of mentoring tools)
- Number of additional platform features – minimum 3 (newsletter, expert blog, usage statistics)
- Number of local workshop participants – minimum 130 people
- Number of course completion certificates – minimum 130

Sources of measurement: attendance lists, course completion certificates, workshop reports, participant surveys.

QUALITATIVE INDICATORS

We assume that at least 80% of workshop participants (senior citizens) will see an increase in their digital competence.

This will be measured on the basis of knowledge tests conducted before and after the training and satisfaction surveys completed after the workshop.

Parameters to be monitored:

- Level of knowledge in the use of basic digital tools (measured by the difference in knowledge test results before and after the training).
- Degree of participant satisfaction with the form and content of the workshops (assessed in satisfaction surveys).
- A sense of confidence and comfort in using digital technologies (based on seniors' subjective assessments in satisfaction surveys).

Sources of measurement:

- Knowledge tests before and after the workshops – measuring the level of knowledge acquired,
- Participant satisfaction surveys – assessing the quality and usefulness of the training from the perspective of seniors.

These indicators will make it possible to objectively measure the effectiveness of the implementation of educational materials and assess the actual impact of the workshops on the development of seniors' digital competences.

Please describe the tasks and responsibilities of each partner organisation within the work package.

The Portuguese partner is responsible for creating the knowledge platform, as it has the appropriate human resources (including programmers), knowledge and experience. It will be responsible for preparing the platform concept, its implementation, uploading educational and other content, maintaining the platform for the duration of the project, and training the leader's staff (Euro-Forum) in its operation, maintenance and content updates, as this responsibility will be transferred to the leader after the project is completed (maintenance for a minimum of 5 years).

Each partner is responsible for organising local workshops in their own country. Tasks and responsibilities in this area:

- Recruitment of participants
- Providing educators to run the workshops
- Workshop logistics: room, equipment, catering during face-to-face meetings.
- Conducting a final examination in the form of a test
- Tracking results, conducting evaluations
- Issuing course completion certificates to participants
- Promotion of workshop outcomes

Please explain how the amount allocated to the work package was determined and how the package is economical.

We have allocated the grant amount to the package based on a COST CALCULATION, which was carried out on the basis of an analysis of experience from other projects and initiatives.

COSTS

1) Creation of an online platform containing:

- All educational materials within the project (PDF materials, quizzes, multimedia)
- The "blog" section, where experts will publish industry-specific articles (description of articles in work package no. 7)
- Newsletter subscription option
- News section
- Information about the project, its objectives, results, partners, and the Erasmus+ programme
- Option to switch between language versions – a total of 5 language versions (PL, CZ, PT, IRL, ENG). The English version will be set as the default.
- Statistics tracking – number of visits, number of downloads of educational materials

Technical cost of creating the Knowledge Platform: EUR 5,500.00 (PT)

Costs of translating content into all language versions: each of the other partners EUR 800.00 Total: EUR 7,900.00

2) Local workshops for senior citizens – flat rate per participant: EUR 300.00. This amount covers the following services provided by the organiser:

- Provision of educators to run the workshops
- Workshop logistics: room, equipment, catering
- Individual mentoring for participants
- Conducting a final exam in the form of a test
- Issuing course completion certificates to participants PL:

34 people *£300.00 = £10,200.00

PT: 32 people *300.00 EUR= 9,600.00 EUR

CZ: 32 people *300.00 EUR= 9,600.00 EUR

IRL: 32 persons *300.00 EUR= 9,600.00 EUR

Total cost of workshops: €39,000.00

Total work package: €46,900.00, including:

PL: €11,000.00

PT: €15,100.00

CZ: €10,400.00

IRL: €10,400.00

The package is cost-effective because the Portuguese partner has its own staff to create the platform, which eliminates the need to hire external suppliers and reduces costs. The hybrid workshop model reduces infrastructure expenses, and the cost of EUR 300 per participant covers educators, logistics and mentoring. The budget was divided proportionally according to the partners' tasks, and all funds were allocated directly to educational activities, in accordance with the non-profit principle. All funds were allocated directly to substantive activities, in accordance with the non-profit principle.

Activities (6 - Implementation programme - platform and workshops)

In the following sections, provide detailed information on each activity within the work package.

Provide information about each planned activity as a whole (e.g. location, duration, estimated number of participants, etc.), specify the lead organisation for the activity and, optionally, list other participating organisations. The lead organisation is usually the organisation implementing the activity. Other participating organisations are all other project partners who will also take part in the activity. The planned start and end dates of the activity may change during the implementation of the project.

Please enter each of the planned activities in the table below.

Title of activity	Location	Planned start date	Planned end date	Lead organisation	Participating organisations	Amount allocated to the action (EUR)	Expected results
Platform	Portugal	01/05/2027	31/07/2027	TropicalAstral Lda (E10252002 - PT)	Big Bucket Limited (E10357340 - IE) , Jazykova skola s pravem statni jazykove zkousky PELICAN, s.r.o. (E10171828 - CZ) , Applicant organisation - Euro-Forum Agnieszka Gudków, Marek Gudków Spolka Jawna (E10117291 - PL)	7,900.00	1 knowledge platform online 5 language versions
Workshops for seniors in Poland	Poland	01/08/2027	29/02/2028	Applicant organisation - Euro-Forum Agnieszka Gudków, Marek Gudków Spolka Jawna (E10117291 - PL)		10,200.00	34 participants from the target group covered by the support
Workshops for seniors in Portugal	Portugal	01/08/2027	29/02/2028	TropicalAstral Lda (E10252002 - PT)		9,600.00	32 participants from the target group covered support
Portugal Workshops for senior citizens				Language school with state support			32 participants from gr
Workshops for seniors in Czech Republic	Czech Republic	01/08/2027	29/02/2028	PELICAN language exams, s.r.o. (E10171828 - CZ)		9,600.00	target group covered
Workshops for seniors in Ireland	Ireland	01/08/2027	29/02/2028	Big Bucket Limited (E10357340 - IE)		9,600.00	32 participants from the target group receiving support
Total	Total funding					46,900.00	

(EUR)

Description of activities

Please describe what the planned activities will consist of.

BUILDING AN ONLINE PLATFORM

The online platform will be a key tool for disseminating the project results, providing seniors, trainers and educators with easy access to the course and a set of mentoring tools. It will be available in five languages (PL, CZ, PT, IRL, ENG). The Portuguese partner is responsible for its creation, developing the concept, implementing technical solutions and implementing educational materials. The platform will be enriched with additional features such as an expert blog, news, a newsletter subscription option and a usage statistics system. After the project is completed, the platform will be managed by the leader (Euro-Forum), who will be trained in its operation and content updates. Visitor statistics and material downloads will be tracked.

LOCAL WORKSHOPS FOR SENIORS

Each partner will conduct local workshops dedicated to seniors – the target group of the DIGI-MENTOR 60+ project. The workshops can be conducted in a hybrid model, combining traditional classroom activities with online sessions, which will allow for flexible adaptation of teaching methods to the individual needs of participants. The workshop programme is based on an innovative course developed by the project, which includes educational modules focused on the basic and practical aspects of using digital tools.

An integral part of the workshops will be individual mentoring, which will allow the pace and scope of learning to be adapted to the specific needs of seniors. Individual support is aimed at facilitating the acquisition of new skills and increasing confidence in the use of digital technologies.

At the end of the workshop cycle, there will be an examination in the form of a test to verify the knowledge acquired. Participants who successfully complete the examination will receive a certificate confirming their digital competences.

Certification is a formal recognition of achievements and motivates further skills development.

Please explain how these activities will contribute to the achievement of the objectives of the work package.

The online platform is the foundation for disseminating the results of the DIGI-MENTOR 60+ project. It provides access to an interactive course and a set of mentoring tools necessary for seniors, trainers and educators. The platform will be available in five languages (PL, CZ, PT, IRL, ENG), which will allow for wide dissemination of the developed materials. Additional features, such as an expert blog, newsletter subscription option and statistics monitoring, will allow for ongoing monitoring of the platform's use. After the project is completed, the platform will be managed by the leader (Euro-Forum), which will ensure the continuity and sustainability of the results. Sustainability will be ensured for a minimum of 5 years. Local workshops are aimed at seniors – the main target group of the DIGI-MENTOR 60+ project. The workshops, implemented by partners in individual countries, will be conducted in a hybrid model, combining face-to-face classes with online sessions. This approach allows for flexible adaptation of teaching methods to the individual needs of participants who may require additional support in acquiring new digital skills.

The workshop programme is based on an innovative course that focuses on the practical aspects of using digital tools, and individual mentoring is an integral part of the training, allowing participants to work at their own pace and receive personalised support. At the end of the workshop cycle, there is a test-based exam, and a certificate confirming the acquired competences provides formal recognition of achievements, which further motivates participants to continue their development.

As a result, the online platform will enable the sustainable and widespread dissemination of educational materials, while local workshops will ensure the practical implementation of the knowledge transferred, increasing the digital competences of senior citizens. The combination of both activities will contribute to the achievement of the work package's objectives, increasing the effectiveness of teaching and the sustainability of the DIGI-MENTOR 60+ project's results.

Please describe the expected results of the activities.

1. Creation and launch of an online platform

- An online platform available in 5 language versions (PL, CZ, PT, IRL, ENG), containing an interactive course, a set of mentoring tools and additional educational materials.
- Implementation of features supporting the dissemination of knowledge, such as an expert blog, newsletter and news section.
- The ability to monitor the platform's effectiveness by tracking visitor statistics and material downloads.

2. Organisation and delivery of local workshops

- Implementation of hybrid workshops in four partner countries, in accordance with the developed course programme, dedicated mainly to senior citizens.
- Training of at least 130 senior citizens in basic digital skills, including individual mentoring.
- Practical implementation of interactive educational modules tailored to the specific needs of the target group.
- Verification of acquired knowledge through a final test and issuance of certificates confirming the acquired skills.

3. Impact on the development of digital competences among senior citizens.

- Improving the digital skills of senior citizens, enabling them to use ICT tools independently in their everyday lives.
- Increasing the digital activity and social integration of senior citizens through easy access to innovative educational materials.
- Consolidating the effects of the project through constant updating of the platform and technical support from the leader.
- Strengthening cooperation between partners, which will contribute to the further development of educational initiatives for seniors at the European level.

Profile and expected number of participants.

A total of at least 130 people will take part in local workshops, including PL: 34

people

PT: 32 people

CZ: 32 people

IRL: 32 people

PARTICIPANT PROFILE

The planned local workshops within the DIGI-MENTOR 60+ project will be aimed at seniors (60+) who have had limited digital skills so far. The aim of the activities is to improve ICT skills, which will enable participants to actively participate in social life and integrate into the modern technological environment.

The workshops are expected to target the following groups:

- People over 60, often pensioners
- Participants with low digital skills who have had limited access to modern technologies
- Seniors who, thanks to the skills they have acquired, will be able to actively participate in social life and make better use of ICT tools in their everyday lives

PARTICIPATION CRITERIA

- Age – participants should be at least 60 years old (in justified cases, we may allow exceptions to this rule). Our activities are aimed at senior citizens who are of retirement age or close to it.
- Level of digital competence – the workshops are mainly intended for people with a low level of ICT skills. Candidates should have limited experience in using computers, the Internet and mobile devices, which is the basis for intensive educational support.
- Motivation to learn – the key criterion is the desire to improve one's digital competences. Participants must demonstrate commitment and openness to new teaching methods and a willingness to actively participate in the workshops.

It should be remembered that the Erasmus+ programme provides project funding. This means that the EU grant can only cover part of the project costs, while the remaining costs must be covered by the participating organisations in the form of additional funding or in the form of invested goods, services and labour.

Work package 7 - Dissemination programme

In addition, subcontracting of services is permitted, provided that it does not involve core activities on which the achievement of the objectives of the action directly depends. In such cases, the amount budgeted for subcontracting must be included in the description of the activities covered by the subcontracting agreement.

What are the specific objectives of this package and how do they contribute to the overall objectives of the project?

The DIGI-MENTOR 60+ work package focuses on three main objectives, which together contribute to the overall objectives of the project by increasing the availability of knowledge, promoting modern teaching methods and ensuring the sustainable dissemination of results.

WORK PACKAGE OBJECTIVES

1. Knowledge dissemination – the project involves the development and publication of 20 expert articles in five languages and the regular distribution of a newsletter to approximately 400 recipients. The published materials will be available on the project platform and on the EPALE website, which will enable them to reach educators, ICT trainers, decision-makers and other stakeholders, raising awareness about the digitalisation of senior citizens.
2. Increasing the visibility of the project and disseminating its results through the organisation of international conferences. A meeting of approximately 140 participants (30 from each partner country) is planned, during which the project results will be presented, innovative solutions discussed and experiences exchanged. The conferences, including presentations, discussion panels and workshops, will enable the establishment of lasting international partnerships and the effective implementation of the developed methods.
3. Summary of the project and development of a long-term strategy for disseminating the results during an international meeting in Poland. At the meeting, which will be attended by 14 key representatives (3 from each partner country and 5 from Poland), participants will evaluate the results of the project, identify its strengths and develop recommendations for further action. The agreed strategy will ensure that the solutions developed will be continued after the end of the project, guaranteeing a lasting impact on the development of ICT skills among senior citizens.

The achievement of these specific objectives will enable the sustainable dissemination of the project results, the improvement of digital competences among senior citizens, and the strengthening of international cooperation, which is crucial for achieving the overall objectives of DIGI-MENTOR 60+.

What will be the main results of this work package?

HARD OUTPUTS

- 20 expert articles written by specialists from partner countries. The articles will cover topics related to the digitisation of seniors, such as the development of ICT competences and innovative teaching methods. The publications will be made available on the project platform, on the EPALE website, and distributed via a newsletter, which will enable them to reach a wide audience.
- 4 conferences, with a total of 120 participants representing ICT trainers, educators, decision-makers and experts. The conferences will be a place for exchanging experiences, presenting project results and discussing the implementation of modern solutions in senior education.
- An international meeting summarising the project in Poland with the participation of 10 key representatives, which will enable the evaluation of the project's effects, the development of a long-term strategy for disseminating the results, and the formulation of recommendations for further action.
- Newsletter recipients – approx. 400 recipients, including representatives of educational institutions, ICT trainers, experts, decision-makers.

SOFT RESULTS

- Raising awareness of digitalisation among senior citizens among educators, ICT trainers and decision-makers through publications, conferences and international meetings
 - Strengthening international cooperation between educational organisations and institutions, which will contribute to the development of modern teaching methods and the implementation of innovations in the field of digitisation
 - Developing the competences of conference participants by acquiring knowledge about innovative solutions, good practices and the latest technologies supporting the education of seniors
 - Long-term sustainability of the project thanks to a developed strategy for disseminating results, which will enable the continuation of activities after the end of the project
- This package will contribute to promoting digitisation among seniors and implementing innovative teaching methods, ensuring the sustainability of results in partner countries

What qualitative and quantitative indicators will be used to measure the level of achievement of the work package objectives and the quality of the results?

QUANTITATIVE

- Number of expert articles – 20 articles published on the project platform and distributed via newsletter.
- Number of conference participants – 120 conference participants, 30 from each partner country.
- Number of conferences – 4 one-day conferences organised in partner countries.
- Number of newsletters sent – at least 10 editions of the newsletter containing articles and information about the project.

- Number of participants in the meeting in Poland – 10 people
- Number of visits to the project platform – the expected number of visits is at least 500, counting from the moment the platform was created until the end of the project.

QUALITATIVE

- Assessment of the quality of expert articles – substantive assessment of articles in terms of their usefulness, relevance to the subject matter and clarity of communication by the Project Steering Committee.
- Increase in participants' knowledge and competences – monitored through surveys conducted among conference and meeting participants, which will assess the increase in knowledge about digitisation, innovative teaching methods and online safety.
- Implementation of new educational standards – evaluation of the implementation of new teaching methods and standards by partner organisations, which will contribute to more effective digital competence training for senior citizens.

Please describe the tasks and responsibilities of each partner organisation within the work package.

All partners:

- Preparation of own contribution in the form of writing expert articles – each organisation will develop its own articles (in accordance with our work package – 5 articles each, giving a total of 20 publications).
- Organisation of 1 conference in their country – each organisation will organise a one-day conference according to the project guidelines, including the presentation of results and exchange of experiences in the field of digitalisation for seniors.
- Participation in an international meeting in Poland – all partners will take part in a summary meeting, during which they will discuss the effects of the project and develop a plan for further dissemination of the results.
- Participation in the preparation of a plan for further dissemination of results – partners undertake to actively participate in the development and implementation of the agreed strategy for the distribution of project results.

The project leader from Poland will additionally:

- Coordination and preparation of an international project summary meeting – the leader's organisation will be responsible for the overall organisation of the meeting, including providing suitable venues (conference rooms, audiovisual equipment),
- Issuing certificates of participation – the project leader will ensure the preparation and distribution of certificates for meeting participants, confirming their participation in the event.

Please explain how the amount allocated to the work package was determined and how the package is economical.

We have allocated the amount of the grant to the package on the basis of a COST CALCULATION, which was carried out on the basis of an analysis of experience from previous projects and activities and market research. The detailed costs of the activities are as follows:

CONFERENCES

Lump sum per conference participant – EUR 100.00.

This includes the cost of: conference room rental and technical support, conference materials for participants, speakers' fees, catering (coffee break + lunch).

Total: 120 people * EUR 100.00 = EUR 12,000.00

participants from each country

PL: EUR 3,000.00

PT: EUR 3,000.00

CZ: EUR 3,000.00

IRL: EUR 3,000.00

INTERNATIONAL MEETING IN POLAND

Mobility of 1 person travelling from another country – lump sum of EUR 800.00. The amount covers the following costs: travel, accommodation, insurance, meals (breakfast, dinner and meals during travel days)

PT: 2 persons * EUR 800.00 = EUR 1,600.00

CZ: 2 persons * EUR 800.00 = EUR 1,600.00

IRL: 2 persons * EUR 800.00 = EUR 1,600.00

Budget for the meeting organiser – lump sum of EUR 100.00 per person, which covers the host's responsibility to provide: venue preparation (rooms, equipment – e.g. projector, computer), workshop materials, materials for participants, catering (coffee breaks + lunch during the 3 workshop days), other costs necessary for the organisation of the meeting.

Number of people: 4 PL + 2 PT + 2 CZ + 2 IRL = 10 people

PL: 10 persons * EUR 100.00 = EUR 1,000.00 (average cost per person per day = EUR 33.33 is EUR 100.00/3 days)

Total work package: EUR 17,800.00, including:

PL: EUR 4,000.00

PT: EUR 4,600.00

CZ: EUR 4,600.00

IRL: EUR 4,600.00

The package is economical and cost-effective, does not generate profits for participating organisations; funding is allocated entirely to activities.

OWN CONTRIBUTION

All organisations will make their own contribution by writing expert articles (5 articles per organisation, 20 in total). They will be published on the project platform, sent in the newsletter and on the EPALE platform.

No funding is provided for this activity; organisations will cover the costs from their own resources.

OTHER DISSEMINATION ACTIVITIES

- social media and websites of all partners
- EPALE (articles, event reports)
- publication of the final results also on the Erasmus+ Results Platform (except for multimedia/quizzes - no technical possibility)
- informing past and present partners and collaborators about the project results (mailing/newsletter)
- informing through personal and professional contacts (experts will be project ambassadors)
- appropriate visualisation – logos and information about funding in accordance with the requirements of the Erasmus+ programme (all project materials and communications)

Activities (7 - Dissemination programme)

In the following sections, please provide detailed information on each activity within the work package.

Provide information about each planned activity as a whole (e.g. location, duration, estimated number of participants, etc.), specify the lead organisation for the activity and, optionally, list other participating organisations. The lead organisation is usually the organisation implementing the activity. Other participating organisations are all other project partners who will also take part in the activity. The planned start and end dates of the activity may change during the implementation of the project.

Please enter each of the planned activities in the table below.

Title of activity	Location	Planned start date	Planned end date	Lead organisation	Participating organisations	Amount allocated to the action (EUR)	
Expert articles	Poland	01/08/2027	31/03/2028	Applicant organisation - Euro-Forum Agnieszka Gudków, Marek Gudków Spółka Jawna (E10117291 - EN)	Big Bucket Limited (E10357340 - IE) , Jazykovaskolaspravem statni jazykove zkousky PELICAN, s.r.o. (E10171828 - CZ) , TropicalAstral Lda (E10252002 - PT)	0.00	20 expert articles published on the online platform and distributed in the newsletter 12 experts involved
Conference disseminating in Poland	Poland	15/02/2028	15/02/2028	Applicant organisation - Euro-Forum Agnieszka Gudków, Marek Gudków General Partnership (E10117291 - EN)		3,000	1 conference organised 1 conference programme minimum 30 participants from the target group
Conference dissemination in Portugal	Portugal	29/02/2028	29/02/2028	TropicalAstral Lda (E10252002 - PT)		3,000.00	1 conference organised 1 conference programme minimum 30 participants from the target group
Conference disseminating in Czech Republic	Czech Republic	08/02/2028	08/02/2028	Language school with the right final language exams PELICAN, s.r.o. (E10171828 - CZ)		3,000.00	1 organised conference 1 conference programme minimum 30 participants from the target group
Conference dissemination in Ireland	Ireland	16/02/2028	16/02/2028	Big Bucket Limited (E10357340 - IE)		3,000.00	1 conference organised 1 conference programme minimum 30 participants from the target group

				Big Bucket Limited (E10357340 - IE) ,			
Final meeting in				Applicant organisation - Jazykova skola s pravem			1 international meeting 10
				Euro-Forum Agnieszka	final language tests		meeting participants 3 working
	Poland	21/03/2028	23/03/2028	Gudków, Marek Gudków	PELICAN, s.r.o.	5,800.00	days of meetings 1 developed
Poland				General Partnership (E10117291 - CZ)	(E10171828 - PL)		Plan for further dissemination of
					TropicalAstral Lda		project results
					(E10252002 - PT)		
Total	Total funding (EUR)					17,800.00	

Description of activities

Please describe what the planned activities will involve.

1. Preparation and publication of expert articles in 5 languages on the platform and distribution via the project newsletter As part of the dissemination activities, 20 expert articles will be prepared by project specialists. The publications will be available on the platform, distributed in the project newsletter and on EPAL.

Examples of article topics:

- The importance of digital competences for the social activation of seniors
- Modern technologies supporting the education of older people
- Online safety – key challenges for senior citizens
- Good practices in developing digital skills among seniors – case studies from partner countries
- The role of digital education in combating social exclusion among seniors

2. Organisation of the conference

A one-day conference will be held in each of the partnership countries, aimed at key target groups:

- ICT trainers,
- educators working with seniors
- representatives of educational institutions
- universities of the third age
- non-governmental organisations working for seniors
- other stakeholders

Conference agenda:

- Presentation of the DIGI-MENTOR 60+ project and its key results
- Identifying barriers to digital education for seniors and ways to overcome them
- Examples of good practices from partner countries
- Presentation and discussion of educational materials developed as part of the project
- Modern technologies as a tool to support seniors
- Networking session
- A total of 120 participants will take part (30 from each country)

3. International summary meeting in Poland

At the end of the project, a 3-day evaluation meeting will be organised

- Summary of project activities and analysis of the results achieved
- Planning for further dissemination of results after the end of the project
- Recommendations concerning the integration of developed materials into educational practice
- Identifying opportunities for further cooperation between partners and potential new initiatives

Please explain how these activities will contribute to the achievement of the work package objectives.

The activities of the DIGI-MENTOR 60+ project support the objectives of the work package through the dissemination of knowledge, education and the exchange of good practices.

1. Development and publication of expert articles in 5 languages and their distribution

The publication of 20 expert articles will increase the availability of knowledge for ICT educators and trainers, promoting good practices and raising awareness of the importance of digital competences for seniors. The materials made available on the project platform and EPAL will ensure the sustainability of the results and their wide impact.

2. Organisation of international conferences

The conferences will enable the dissemination of project results and the integration of key stakeholders, including ICT trainers, educators and organisations working with seniors. Participants will learn about the educational materials and good practices developed, which will increase the effectiveness of the implementation of the results and strengthen international cooperation.

3. International summary meeting in Poland

The meeting will enable the evaluation of the project's effects and the development of a strategy for the long-term dissemination of results. Partners will discuss further cooperation and prepare recommendations for educational institutions, which will ensure the sustainability of activities and their impact on the development of digital education for senior citizens.

Please describe the expected results of the activities.

The activities carried out as part of the DIGI-MENTOR 60+ project work package are crucial for disseminating knowledge, exchanging good practices and improving ICT skills among seniors. The development and publication of 20 expert articles in five languages, made available on the project platform and on EPAL, will give a wide range of educators and trainers access to the latest solutions and proven teaching methods. This will ensure that the results of the project are sustainable and widely available, which will translate into increased learning effectiveness.

The organisation of international conferences will enable the direct exchange of experiences between trainers, educators and experts from partner countries, which will contribute to the development of lasting international partnerships and the effective implementation of the results achieved. The international summary meeting, which will take place in Poland, will allow for a comprehensive assessment of the effects, identification of strengths and setting further directions for action. The joint development of a strategy for disseminating the results will ensure the long-term impact of the project on the development of digital education among senior citizens.

In summary, the implementation of these activities will contribute to increasing the accessibility of knowledge, strengthening international cooperation and permanently improving ICT competences, which provides a solid basis for achieving the objectives of the DIGI-MENTOR 60+ project.

Profile and expected number of participants.

1) Experts writing articles

- Expected number of experts: minimum 8 persons (2 from each partner country).
- The experts are specialists in the field of adult education, modern technologies and e-learning, with experience in writing expert articles and analysing issues related to the digitisation of senior citizens.

2) Conference participants

- The total number of participants will be approximately 120.
- Participants will include professionals in the field of adult education, ICT trainers, decision-makers, representatives of educational institutions and non-governmental organisations.
- The conferences will enable the exchange of experiences, the presentation of project results and the building of international partnerships, which will contribute to the effective implementation of the results

3) Participants of the meeting in Poland

- Ten people will take part in the project summary meeting – two participants from each partner country and four representatives of the organiser from Poland
- The meeting will enable a comprehensive assessment of the project's effects, identification of strengths, and development of a strategy for long-term dissemination of results.
- It will also strengthen international cooperation and develop recommendations for educational institutions

4) Newsletter recipients, readers of articles, including those on EPALE

- The expected number of recipients is approximately 400 people
- The target audience will be education professionals, ICT trainers, experts, representatives of non-governmental organisations and decision-makers interested in the digitisation and development of digital competences among senior citizens
- The newsletter will provide expert articles and up-to-date information about the project, which will help to widely disseminate the results and inspire the implementation of innovative solutions in education

It should be noted that the Erasmus+ programme offers project funding. This means that the EU grant can only cover part of the project costs, while the remaining costs must be covered by the participating organisations in the form of additional funding or in the form of invested goods, services and labour.

EU values

The implementation of the Erasmus+ programme and therefore the beneficiaries of the programme and the activities carried out under the programme, must comply with EU values such as respect for human dignity, freedom, democracy, equality, the rule of law, as well as respect for human rights, including the rights of persons belonging to minorities, in full compliance with the values and rights enshrined in the EU Treaties and the EU Charter of Fundamental Rights.

Article 2 TEU: The Union is founded on the values of respect for human dignity, freedom, democracy, equality, the rule of law and respect for human rights, including the rights of persons belonging to minorities. These values are common to the Member States in a society in which pluralism, non-discrimination, tolerance, justice, solidarity and equality between women and men prevail.

Article 21 of the Charter of Fundamental Rights of the EU: 1. Any discrimination based on any ground such as sex, race, colour, ethnic or social origin, genetic features, language, religion or belief, political or any other opinion, membership of a national minority, property, birth, disability, age or sexual orientation shall be prohibited. 2. Within the scope of application of the Treaties and without prejudice to their specific provisions, any discrimination on grounds of nationality is prohibited.

Respect for EU values

☒ I confirm that I, my organisation and co-beneficiaries (where applicable) adhere to the EU values listed in Article 2 TEU and Article 21 of the EU Charter of Fundamental Rights.

☒ I understand and agree that EU values will be used as part of the criteria for evaluating the activities carried out under this project

Annexes

The maximum file size is 15MB, the maximum size of all files combined is 100MB.

Declaration on Honour

Please download the Declaration on Honour, print it out and attach the document signed by the legal representative of the organisation.

File name	File size (kB)
DOH -declaration-on-honour_EN_Euro-Forum 2025_signed.pdf	259
Total size (kB)	259

Membership forms

Please download the accession forms, have them signed by your legal representatives and attach them again. You can add up to 90 documents.

The accession forms must be submitted at the latest before the grant agreement is signed.

File name	File size (kB)
ACF -AF_ICT_BigBucket_signed.pdf	220
ACF -AF_ICT_PELICAN_signed.pdf	273
ACF -accession_form_ICT_TropicalAstral_signed.pdf	597
Total size (kB)	1,091

Other documents

Additional documents may be uploaded in this subsection.

Please attach any other relevant documents (maximum 6 documents) with clear file names.

If you have any further questions, please contact the National Agency in your country. Contact details are available here: [List of National Agencies](#).

File name	File size (kB)
OTH - List of projects_Euro-Forum_EN.pdf	128
OTH - List of projects_Pelican_CZ.pdf	132
OTH - List of projects_Tropical Astral_PT.pdf	150
Total size (kB)	411
Total size (kB)	1,762

Checklist

Before submitting your application to the National Agency, please ensure that:

- ☒ The eligibility criteria listed in [the Programme Guide](#) have been met. All required fields in the form
- ☒ have been completed correctly.
- ☒ All relevant documents have been submitted.
- ☒ The application will be submitted to the National Agency in the country where the applicant organisation is based. The currently selected NA is: PL01 - Foundation for the Development of the Education System

Original content and authorship

- ☒ I confirm that this application contains original content authored by the applicant and partner organisations.
- ☒ I confirm that no other organisations or persons outside the applicant organisation and partner organisations have received remuneration or other compensation for the preparation of the application.

Personal data protection

Please read our privacy statement to learn how we process and protect [personal data](#).

Please also note the following:

The accession forms for each partner of the applicant organisation must be submitted at the latest before the grant agreement is signed. If the application is approved for funding, the signed accession forms will be included in the conditions for signing the grant agreement.

Scanned copies of documents confirming the applicant's legal status must be uploaded to the Organisation Registration System, here: [Organisation Registration System](#)

Application history

Version	Time of submission (Brussels time)	Control code of the application
1	05/03/2025 11:03:35	1679775