

## Appendix 1

### Client Assessment Form for Varenicline

As you have chosen to consider Varenicline as your medication to help stop smoking, please complete the questions below. As it has already been discussed with you, treatment with Varenidine may have side effects. This medicine may not be appropriate for you if you have certain medical conditions. If you do not want to answer a question or want to speak to a smoking advisor/pharmacist confidentially, please highlight this to the pharmacist.

If you are commenced on Varenicline a letter will be sent to your GP to inform them. They will be asked to contact us if they have any concerns with you receiving the treatment.

#### Social History

In a week how many units would you drink? ..... Units

1 Unit = half a pint, 1 unit = 125ml (small glass of wine), 1 unit = single measure of a spirit

#### Past Medical History

Do you have a history of feeling depressed, low in mood? Yes/no

Have you ever been diagnosed with bipolar disorder? Yes/No

Have you ever been prescribed medication for low mood, depressions or anxiety?  
E.g. antidepressants Yes/No

Have you ever been diagnosed with a seizure (fits) disorder? Yes/No

Have you ever been diagnosed with an eating disorder? Yes/No

#### Current Medical History

During the last month, have you often been bothered by feeling down, depressed or hopeless? Yes/No

During the last month have you often been bothered by having little interest or pleasure in doing things Yes/No

Do you have reduced kidney function? (also called renal impairment) Yes/No

#### Medical History

Please provide a list of your current medications to the advisor for information (this will be documented in your management plan). Please include medicines that you buy from a pharmacy plus any herbal products or vitamins you are taking.

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**Patient Name (please print)** .....

**Signature** ..... **Date** .....

I confirm that the information provided is a true reflection and allows the Community Pharmacist to provide the most appropriate, most safe advice and treatment for me