



Pharmacist in person  
helps advise if you're pregnant  
and stopping if needed  
ask a pharmacist

**NHS**

# ***Think Pharmacy First***

Supported by your  
local GP and  
pharmacist

 [newcastleheadccg.nhs.uk](http://newcastleheadccg.nhs.uk)

 Think Pharmacy First

 @NHSngccg



**You can come and see me,  
your local pharmacist, to  
help you diagnose and treat  
your minor illnesses.**

Sometimes when you or your family are unwell, you may not need to make an appointment to see your GP.

For many illnesses, your local pharmacist can provide free advice and medication to help you and your family feel better.

Also if you don't normally pay for your medicines, then you don't need to pay with Think Pharmacy First – you can get them free and over the counter from your local pharmacist without the need to see your GP.

Available in any community pharmacy in Gateshead and Newcastle.

