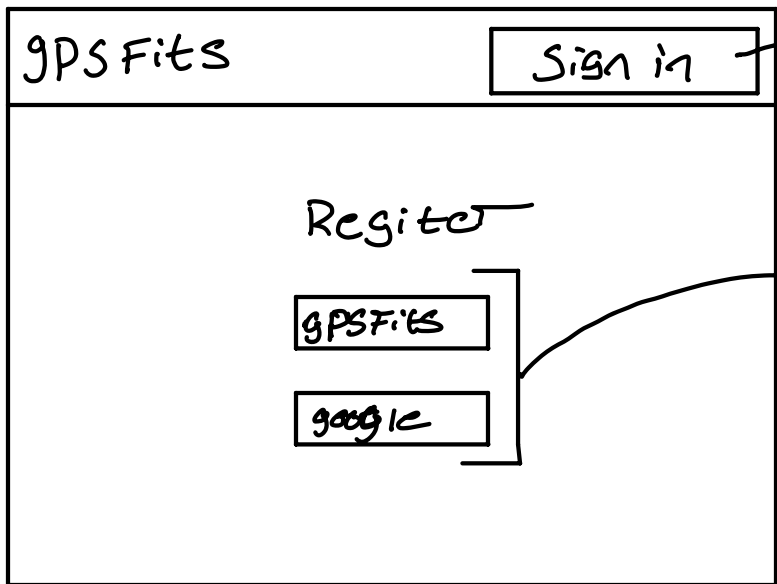


welcome - page

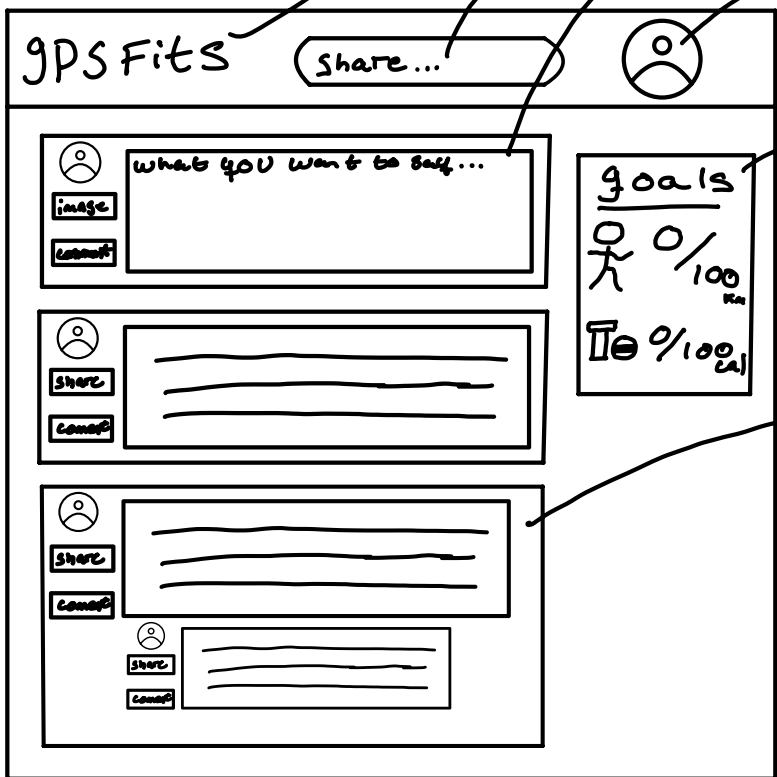


→ to go from welcome page to home page

→ Buttons for you to Sign in

goes back home page

home - page



Find people

User Post

Profile management/Settings

goals that have been set by user & updates when click goes to update page

Sharing & Comment system

goals - tracking - page

gps fits

his total food intake

To
Date time

A
Date time

his total excuse

o
Date time

—

—

—

—

His totl
of what you
ate/excuse
if you tap
you login
info

→ update
information
like
weight

→ sets
new goals

log - page

go to home - page

gps fits

To

excuse login

Food intake
login

excuse login

Comprehensive Profile Management: Effortlessly create and manage your user profile, ensuring that your fitness journey is personalized to your unique needs and preferences.

Exercise Log: Keep track of your workouts and activities effortlessly. Whether it's a brisk walk, a heart-pumping run, or a relaxing yoga session, our app records it all for you.

Real-Time Nutritional Tracking: Say goodbye to forgotten meals! Our app allows you to monitor your food intake in real time, ensuring you stay on track with your nutritional goals. Never wonder what you ate during that late-night snack again!

Health Metrics: Stay informed about your health with in-depth metrics tracking. Monitor everything from your heart rate and calorie consumption to sleep patterns and stress levels.

Seamless Social Sharing: Connect with friends and family on your fitness journey. Share your progress, achievements, and goals, and cheer each other on to greater heights.

GPS Position Tracking: One of our standout features! Track your position in real-time during outdoor activities. Whether you're running, cycling, or hiking, you'll always know where you've been and how far you've gone.

Goal Setting and Achievement: Set ambitious fitness and wellness goals, and watch as you achieve them with our app's support and tracking features.

