

A Personal Journey to Philosophy

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Foreword

A *personal* journey to philosophy – the hardest subject I have ever face to & fight against. A collection of quotes from different resources, e.g., philosophical books, websites, forums, and Facebook philosophical pages, etc., and some *personal* (again) thoughts about them.

Chapter 1

Jordan B. Peterson. 12 Rules for Life: An Antidote to Chaos

Peterson, 2018¹ ²

“The most influential public intellectual in the Western world right now.” – New York Times

“Rules? More rules? Really? Isn’t life complicated enough, restricting enough, without abstract rules that don’t take our unique, individual situations into account? & given that our brains are plastic, & all develop differently based on our life experiences, why even expect that a few rules might be helpful to us all?” – Peterson, 2018, Foreword

¹**antidote** [n] **1. antidote (to something)** a substance that controls the effects of a poison or disease; **2. antidote (to something)** anything that takes away the effects of something unpleasant.

²**chaos** [n] [uncountable] a state of complete confusion & lack of order; in physics, **chaos** is the property of a complex system whose behavior is so unpredictable that it appears random, especially because small changes in conditions can have very large effects; **chaos theory** is the branch of mathematics that deals with these complex systems.

Chapter 2

Miscellaneous

2.1 Young, Dumb, & Broke

Watch & listen [Youtube/Khalid/Young Dumb & Broke](#).

2.2 Existential Crisis

2.3 Meaning of Life?

2.4 Art of Balancing in Life?

Bibliography

[NQBH/psychology] Nguyễn Quân Bá Hồng. *A Personal Journey to Psychology: The Way I Perceive*. March 2022–now.

Bibliography

Peterson, Jordan B. (2018). *12 Rules for Life: An Antidote to Chaos*. Random House Canada, p. 416.