

**RAMDEOBABA UNIVERSITY, NAGPUR**  
**SCHOOL OF HUMANITIES & SCIENCES**  
**DEPARTMENT OF PHYSICAL EDUCATION**

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**NATIONAL YOUTH DAY**

**HAPPYTHON**

**Day 1: 11<sup>th</sup> January, 2025**

On 11<sup>th</sup> January, in honor of the birth anniversary of Swami Vivekananda Ji, the institution celebrated *National Youth Day*, a day dedicated to recognizing the values and teachings of this great spiritual leader. The event was organised by the Department of Physical Education and NSS, aimed to inspire and engage students, emphasizing the importance of youth empowerment, discipline, and social responsibility.

A significant highlight of the day was the photo gallery displayed at the basketball court, showcasing the remarkable life journey of Swami Vivekananda. The gallery, which offered a visual narrative of his teachings and contributions, was inaugurated by the Dean of SRC, Dr. Rashmi Shahu. The event also saw visits from the Vice Chancellor, Dr. Rajesh Pande, and the Principal, Dr. Manoj Chandak, who took time to explore the gallery and engage with students. Dr. Amit Anurag, HOD of the Physical Education Department along with other Faculty members were also present.



Throughout the day, the gallery attracted more than 200 students, including faculty members from various departments, all of whom were eager to learn more about the life and philosophy of Swami Vivekananda. Additionally, 60 students from Sahyog actively participated in the event, further enhancing the spirit of unity and engagement.

In addition to the gallery, the day was enriched with a street play performed by the NSS volunteers, which vividly depicted the life and teachings of Swami Vivekananda. The performance captivated the audience and provided a deeper understanding of his message of self-reliance, discipline, and service to humanity.

The *Janakrosh* team organized a quiz session centered around traffic rules, aimed at educating students about road safety. The interactive quiz was well-received by the students, and the winners were awarded helmets by the *Janakrosh* team, underscoring the importance of safety and responsibility in everyday life.



The celebration of National Youth Day on 11<sup>th</sup> January was a resounding success, with a variety of activities that not only honored Swami Vivekananda Ji's legacy but also engaged students in meaningful ways. The event truly embodied the spirit of youth empowerment and learning, reflecting the values that Swami Vivekananda Ji stood for.

**Day 2: 12<sup>th</sup> January, 2025**

To commemorate the birth anniversary of Swami Vivekananda Ji, the Department of Physical Education, NSS Unit and Sports Committee collaborated to organize *Happthon*, a vibrant and spirited event that celebrated fitness, unity, and the joy of community. The event

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not only paid tribute to the ideals of Swami Vivekanand Ji but also emphasized the importance of physical well-being and togetherness.

The event commenced with an inspiring inauguration by Dr. Sanjay Bodhke and Dr. Amit Anurag, who were joined by 8 esteemed faculty members. Their presence set the tone for an energetic and motivational day ahead. Over 240 students participated in the event, including 12 members from the Sports Committee and 50 enthusiastic NSS volunteers, who collectively took part in a 5km Walkathon. This walk was a testament to their commitment to health, fitness, and vitality, as they set off together, displaying unity and dedication.

The festivities continued with a series of engaging activities designed to promote both physical and mental well-being. The participants enjoyed refreshing Zumba sessions, led by Ms. Tajswini Dahikar and Yoga session led by Ms. Divya Sharma, a faculty member from Kavi Kulguru Kalidas Sanskrit University, Ramtek, respectively. These sessions encouraged participants to embrace a holistic approach to health, incorporating not just physical activity but also mindfulness and relaxation.

As the event drew to a close, a heartwarming prize distribution ceremony was held. The top 5 boys and girls who displayed exceptional performance during the Walkathon and other activities were recognized and honored for their efforts and dedication.

*Hapathon* successfully embodied the ideals of Swami Vivekanand Ji, promoting physical health, unity, and community spirit. The event fostered a sense of joy and well-being among all attendees, leaving a lasting impression on everyone involved.

The collaboration between the NSS Unit and the Sports Committee proved to be a great success, and the event truly reflected the values of fitness and togetherness that Swami Vivekanand Ji championed.

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PHOTO GALLERY

