SWOT Analysis Worksheet

- For instructions on using SWOT Analysis, visit www.mindtools.com/rs/SWOT.

Strengths What do you do well? What unique resources can you draw on? What do others see as your strengths?	Weaknesses What could you improve? Where do you have fewer resources than others? What are others likely to see as weaknesses?
-I am very hardworking and persistent; I always endeavor to finish projects on time and to the best of my ability. -I have programming experience, know several programming languages, and have worked on a variety of projects involving software development. -I am dedicated to doing my best and achieving success. -I make work a priority, which means that I will be an asset to any team. -I can learn new skills quickly, so I will be able to adapt myself to my specific position at a company. -I do well in school and have good study skills, and that can translate to my success in the workplace. I will utilize those skills to be punctual and do quality work.	-I am lacking in social skills, so I may or may not communicate well. -I tend to make a bad first impression because I am nervous and don't always focus on everything I have to do to make a good first impression. -I am sometimes afraid to take chances, and I sometimes take chances when I'm not supposed to, and I end up regretting whatever choice I make. -I don't have as much prior knowledge of programming as many of the people in my field, but I can improve by dedicating myself to learning new programming skills and languages. -I can improve my social skills by practicing conversations and planning everything I am going to do and say.
Opportunities What opportunities are open to you? What trends could you take advantage of? How can you turn your strengths into opportunities?	Threats What threats could harm you? What is your competition doing? What threats do your weaknesses expose you to?
-Since I have knowledge of software development, I can take advantage of the growing technology and software industries. -If I continue learning about software development, I will be available for many high-paying jobs. -My ability to learn new skills means that I can seek employment at a variety of companies. -My work ethic will prevent me from procrastinating on projects and give me time to increase the quality of my work and therefore become a better employee. -I could use my study skills to prepare me for interviews and finish projects on time. This will make me more qualified for higher positions and more desirable to potential employers.	-Because I do not usually make a good first impression, my opportunities in any field are severely limited; if I don't do well on interviews, I will probably not even be considered for employment. -My lack of communication skills could mean that I will not be open to opportunities that I would learn about by networking with people. -If I do not take risks or take risks at the wrong time, I may not take opportunities that I should.