

name	position	AM_not_available	PM_not_available
Kate	SRV	[1,2,3,4,5,6,7]	[1,2,3,4,7]
Amy	SRV	[6,7]	[7]
Everest	SRV	[6,7]	[7]
Sara	SRV	[1,2,6,7]	[1,2,7]
Carlo	SRV	[1,2,3,4,5,6,7]	1,2,3,4,5,7]
Yuka	SRV	[2,3,6,7]	[2,3,6,7]
Jay	Host	[6,7]	[7]
Yuka	Host	[2,3,6,7]	[2,3,6,7]
Amy	Host	[6,7]	[7]

shift_limit	weight
[h,2]	None
[s,10]	None
None	None
None	None
[h,1]	None
None	None
None	None
None	None
[s,10]	None