

GAEU-1 Scale Questionnaire

Instructions: Please indicate your level of agreement with each statement below by selecting one of the following options:

1: Strongly disagree 2: Moderately disagree 3: Neither agree nor disagree 4: Moderately agree 5: Strongly agree

Item No.	Item Statement	Factor	Response Options
1	I think that my academic performance is the same or better than that of my partners.	Academic performance perception	1 2 3 4 5
2	Before studying, I organize the materials I will need (like notebooks, books, notes, or others).	Self-Regulated Learning	1 2 3 4 5
3	To study, I look for a quiet, well-illuminated and comfortable place.	Self-Regulated Learning	1 2 3 4 5
4	I focus my learning on an autonomous way without depending on someone to help me achieve it.	Self-Regulated Learning	1 2 3 4 5
5	I believe that my academic performance is better than what my grades show.	Academic performance perception	1 2 3 4 5
6	I live up to my academic university responsibilities in an efficient way.	Self-Regulated Learning	1 2 3 4 5
7	In order to finish my academic assignments, I tell myself encouraging words to feel motivated.	Conscious learning motivation strategies	1 2 3 4 5
8	When I go through academic difficulties, I tell myself I'm able to overcome them and move on.	Conscious learning motivation strategies	1 2 3 4 5
9	I keep myself optimistic and willing to learn.	Conscious learning motivation strategies	1 2 3 4 5
10	I keep myself motivated to learn because I have future plans.	Conscious learning motivation strategies	1 2 3 4 5
11	I foresee my academic future positively and with motivation.	Conscious learning motivation strategies	1 2 3 4 5
12	I consider that my academic performance is satisfactory.	Academic performance perception	1 2 3 4 5
13	I organize my time to fulfil my academic university tasks.	Self-Regulated Learning	1 2 3 4 5
14	I am able to find solutions to the problems that I go through during the process of learning at university.	Self-Regulated Learning	1 2 3 4 5
15	I consider I have the ability to learn all the contents of my career's contents.	Academic performance perception	1 2 3 4 5
16	I use summaries, outlines, conceptual maps; I highlight ideas, I do critical reading, and I use other resources to learn significantly.	Deep learning techniques	1 2 3 4 5
17	When I finish each task or content, I verify what I learned and what I need to review.	Deep learning techniques	1 2 3 4 5
18	When the content or topic is difficult, I check it again.	Deep learning techniques	1 2 3 4 5
19	I am used to investigating the contents of the subjects on my own without it being an obligation.	Deep learning techniques	1 2 3 4 5

Response Options Legend: 1: Strongly disagree / 2: Moderately disagree / 3: Neither agree nor disagree / 4: Moderately agree / 5: Strongly agree