

For whom physical facilities are necessary but not complete.

- A. Animals
- B. Humans
- C. Plants
- D. None of the above

ANSWER: B

Every human is continuously trying to do things to make themselves to be _____

- A. Healthy & wealthy
- B. Happy
- C. Relationship
- D. None of the above

ANSWER:

Two basic human aspirations of every human being are _____

- A. Physical facilities & Skills
- B. Values & happiness
- C. Continuous happiness & prosperity
- D. None of the above

ANSWER: C

what are the three things are necessary for human beings?

- A. Right understanding, Relationship, physical facilities
- B. House, Money, Job
- C. Values, Skills, Money
- D. None of the above

ANSWER: A

Prosperity is a _____ of having or produced more than required physical facilities.

- A. Process
- B. Feeling
- C. Continuous activity
- D. Facility

ANSWER: B

Wealth is a _____ thing.

- A. Feeling
- B. Luxery
- C. Great
- D. Physical

ANSWER: D

Order of human being.

- A. Right Understanding, Relationship, Physical Facilities
- B. Right understanding, Physical facilities, Relationship
- C. Physical Facilities, Relationship, Right Understanding
- D. None of the above

ANSWER: A

_____ is essential for the fulfillment of relationship

- A. Physical facilities
- B. Wealth
- C. Prosperity
- D. Right understanding

ANSWER: D

What are 4 levels of our living?

- A. My self & Family

- B. Society
- C. Nature
- D. all of the above

ANSWER: D

Right understanding in the self + relationship with others =

- A. Mutual prosperity
- B. Mutual respect
- C. Mutual happiness
- D. Mutual understanding

ANSWER: C

Understand the harmony at the various levels we shall take aid of our own _____.

- A. Interest
- B. Natural acceptance
- C. Right understanding
- D. Relationship

ANSWER: B

TO live solely on this basis is called _____

- A. Human consciousness
- B. Animal consciousness
- C. Mutual happiness
- D. Mutual prosperity

ANSWER: B

TO live with Right understanding, Relationship, and physical facilities is called _____

- A. Mutual understanding
- B. Animal consciousness

C. Human consciousness

D. Mutual happiness

ANSWER: A

How many basic requirements to ensure happiness and prosperity for human beings.

A. One

B. Two

C. Three

D. Four

ANSWER: C

Harmony is increased by the process of _____

A. Self - evaluation

B. Self - exploration

C. Self - identification

D. None of the above

ANSWER: B

If something is _____ to us without any force or compulsion, then it is often correct and does not change with time and people.

A. Right understanding

B. Relationships

C. Natural acceptance

D. Physical facilities

ANSWER: C

Life is motivated by only physical facility leads to _____

A. Prosperity

B. Human consciousness

C. Animal consciousness

D. All of the above

ANSWER: C

_____ means physical facilities more than to satisfy my needs.

A. Right understanding

B. Relationships

C. Prosperity

D. Happiness

ANSWER: C

What are the roots of all our aspirations and the efforts?

A. Continuous happiness and prosperity

B. Mutual happiness

C. Mutual prosperity

D. Right understanding

ANSWER: A

To be in a state of disharmony or contradiction is _____

A. Happiness

B. Unhappiness

C. Right understanding

D. None

ANSWER: B

SVDD full form _____

A. Shakhti Viheen Dukhi Daridra

B. Sadhan Viheen Dukhi Daridra

C. Sampann Viheen Dukhi Daridra

D. None of the above

ANSWER: B

When we understanding the Nature, we are able to engage with it in a relationship of _____

A. Mutual happiness

B. Mutual fulfillment

C. Mutual prosperity

D. None of the above

ANSWER: B

_____ is a human trait and all humans have this.

A. Right understanding

B. Natural Acceptance

C. Prosperity

D. Relationship

ANSWER: B

What is our program to achieve our basic aspiration?

A. Harmony in the individual and Harmony in the family

B. Harmony in the society

C. Harmony in the nature

D. All the above

ANSWER: D

What are the two main process of knowing?

A. self- exploration & Natural acceptance

B. self- evaluation & understanding

C. Self- observation & relationships

D. All the above

ANSWER: A

For satisfying the need of my body, my program includes _____, protection and right utilization of physical facilities.

- A. production
- B. Right understanding
- C. prosperity
- D. None of the above

ANSWER: A

_____ Inputs are essential to initiate the transformation towards human consciousness at a mass scale.

- A. Value Education
- B. Moral education
- C. Right education
- D. None of the above

ANSWER: A

The frame work of right understanding as provided in this course to facilitates the process of _____

- A. Self - evaluation
- B. Self- investigation
- C. Self- identification
- D. All the above

ANSWER: B

An integral part of one's evolutionary effort to participate in the larger order, what is the sequence?

- A. Right understanding
- B. Honesty
- C. Accountability& participation

D. All of the above

ANSWER: D

_____ education is about enabling this transformation in the human being.

A. Moral Education

B. Skill Education

C. Value education

D. None of the above

ANSWER: C

Happiness means _____

A. Prosperity

B. Right understanding

C. Health

D. None of the above

ANSWER: B

What is meant by prosperity?

A. Feeling of having more than required things

B. Feeling of proudness

C. Feeling of deprivation

D. None of the above

ANSWER: A

_____ is intact and invariant in each one of us

A. Desire

B. Imagination

C. Skill

D. Natural Acceptance

ANSWER: D

Work in a mutually fulfilling manner with nature leads to _____

- A. Happiness
- B. Realisation
- C. Prosperity
- D. None of the above

ANSWER: C

Harmony at all 4 levels of our living are _____

- A. Family, School, College, and Nature
- B. Individual, Family, Society, and Job
- C. Family, Education, Money, and Job
- D. Individual, family, society, and nature.

ANSWER: D

Fulfillment of relationships based on _____ leads to mutual happiness.

- A. Right understanding
- B. Wealth
- C. Health
- D. None of the above

ANSWER: A

In humans _____ are necessary but not complete.

- A. Physical facilities
- B. Money
- C. Job
- D. None of the above

ANSWER: A

Physical facilities are necessary and complete in_____

- A. Humans
- B. Animals
- C. Plants
- D. None of the above

ANSWER: B

_____ can ensured by the right understanding and right feelings.

- A. Dukh
- B. Sampann
- C. Sukh
- D. All the above

ANSWER: C

Harmony means _____

- A. Co-Existence
- B. Realisation
- C. Self-identification
- D. None of the above

ANSWER: A

Most important condition needed to make us happy is _____

- A. Wealthy
- B. Family
- C. Right understanding
- D. None of the above

ANSWER: C

_____ is a physical thing. It means having money, or having a lot of physical facilities, or both.

- A. Happiness
- B. Relationship
- C. Health
- D. Wealth

ANSWER: D

Accumulating more and more wealth while feeling of _____

- A. Prosperity
- B. Happiness
- C. Exploitation
- D. Deprivation

ANSWER: D

Such people can be said to be materially deficient, unhappy and deprived is called as _____

- A. SVDD
- B. SSSS
- C. SSDD
- D. None of the above

ANSWER: A

_____ is a significant domain of human activity.

- A. Profession
- B. Service
- C. Helping
- D. Business

ANSWER: A

We interact with other human beings and rest of nature in a mutually fulfilling manner, thus profession is a _____.

- A. Profession
- B. Service.
- C. Business
- D. None of the above

ANSWER: B

The competence in profession will only be the manifestation of one's _____.

- A. Right understanding
- B. Wealth
- C. Relationship
- D. None of the above

ANSWER: A

_____ of actualizing one's understanding in real life.

- A. Feeling
- B. Education
- C. Competence
- D. All the above

ANSWER: C

_____ in multifarious manifestations is afflicting all the profession like a virus.

- A. Corruption
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ANSWER: A

_____ which can effectively enable the processes of transformation.

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- D. All the above

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- C. Moral education
- D. All the above

ANSWER: A

CO - 2

51. Trust, respect, happiness etc are the needs of _____

- A. Emotions
- B. self
- C. Feelings
- D. Body

ANSWER: B

52. The needs of the self are _____ in time.

- A. measurable
- B. continuous
- C. expressed
- D. None of the above

ANSWER: B

53. Needs of the body can fulfilled by _____.

- A. Right understanding
- B. Physio-chemical things
- C. Conscious
- D. None of the above

ANSWER: B

54. Physical facilities are required in _____ quantity.

- A. limited
- B. continuosly
- C. Material
- D. Non of the above

ANSWER: A

55. By _____ we become responsible to ourselves.

- A. Emotions
- B. Discipline
- C. right understanding
- D. None of the above

ANSWER: C

56. Choosing and imaging are the activities of _____.

- A. Self
- B. Body
- C. Natural
- D. None of the above

ANSWER: A

57. Recognition and fulfillment between _____ is always definite.

- A. material entities
- B. Conscious entities
- C. material and conscious
- D. None of the above

ANSWER: A

58. In I (self), recognizing and fulfillment depends on _____.

- A. Assumption
- B. Realisation
- C. Happiness
- D. None of the above

ANSWER: A

59. The activity of fulfillment depends on the _____

- A. Feeling
- B. Emotion
- C. recognition
- D. None of the above

ANSWER: C

60. Knowing means we have the _____

- A. Assumption
- B. right understanding
- C. Recognition
- D. All the above

ANSWER: B

61. _____ is the basic unit of human interaction.

- A. Family
- B. Society
- C. School
- D. All the above

ANSWER: A

62. We all are similar at the level of _____

- A. Intention
- B. Competence
- C. Intention and Competence
- D. None of the above

ANSWER: A

63. We all differ in our _____.

- A. Intention
- B. Competence
- C. Intelligence
- D. None of the above

ANSWER: B

64. Justice can observe in mutual happiness in the _____.

- A. Realisation
- B. Relationship
- C. Properties
- D. All the above

ANSWER: B

65. The problems in relationships due to having doubt on _____

- A. Intention
- B. Respect
- C. Competence
- D. None of the above

ANSWER: A

66. The awareness of being is in the _____

- A. Body and self
- B. Body
- C. Self
- D. None of the above

ANSWER: C

67. In relationship we want _____

- A. Happiness
- B. Mutual fulfilment
- C. Prosperity
- D. All the above

ANSWER: B

68. Absence of affection leads

- A. Opposition
- B. Love
- C. Responsibility
- D. All the above

ANSWER: A

69. The person who wants to live to be special

- A. Help the others

- B. Impress the others
- C. Manipulate the others
- D. All the above

ANSWER: C

70. Over evaluation is
- A. Naturally acceptable
 - B. Disrespect
 - C. Happiness
 - D. All the above

ANSWER: B

71. Fulfillment of relationship requires
- A. Physical facilities
 - B. Right understanding
 - C. Emotions
 - D. All the above

ANSWER: B

72. If I did a mistake, I look into my intention and the mistake happened by others
- A. assess them based on differentiation
 - B. doubt on their intention
 - C. doubt on their natural acceptance
 - D. None of the above

ANSWER: B

73. Problems in the relationship due to lack of
- A. affection
 - B. gratitude

- C. trust on intention
- D. None of the above

ANSWER: C

74. Desire, Thought and Expectation is the source of

- A. Intention
- B. Competence
- C. Imagination
- D. None of the above

ANSWER: B

75. The feeling of being related to all is

- A. Value
- B. Love
- C. Realisation
- D. All of the above

ANSWER: B

76. All we want to respond to others not to react is

- A. Competence
- B. Natural Acceptance
- C. Responsibility
- D. All the above

ANSWER: B

77. Feeling of being related to all leads

- A. Undivided society
- B. Divided society
- C. Biased among people

D. All the above

ANSWER: A

78. When I activate my Natural acceptance, I feel that the other is _____ to me

A. Competitor

B. Complementary

C. Differentiated

D. None of the above

ANSWER: B

79. The basic crisis today is that

A. Trust and respect

B. Money and Job

C. Money and Technology

D. None of the above

ANSWER: A

80. Relationship is based on the

A. Exchange of physical goods

B. Right understanding

C. All the above

D. None of the above

ANSWER: B

81. From physical facilities we want _____

A. Happiness

B. prosperity

C. Relationship

D. All the above

ANSWER: B

82. Swasthya leads to _____

- A. sukh
- B. Health
- C. Happiness
- D. None of the above

ANSWER: A

83. Sanyam represent _____

- A. Relationship
- B. Realisation
- C. self control
- D. None of the above

ANSWER: C

84. Swastya refers to () _____

- A. Wealth
- B. Health
- C. Happiness
- D. Samrudhi

ANSWER: B

85. Education- right living leads to _____.

- A. Happiness
- B. Natural acceptance
- C. Samskar
- D. Right understanding

ANSWER: D

86. The process of education and right living leads to _____ in the individual.

- A. Right understanding
- B. Samskar
- C. Prosperity
- D. All the above

ANSWER: A

87. The program for health and sanyam leads to feeling of _____ in family.

- A. Trust
- B. Prosperity
- C. Respect
- D. Love

ANSWER: B

88. Ensuring justice in relationship, on the basis of values leads to _____ in society.

- A. Respect
- B. Responsibility
- C. Fearlessness
- D. All the above

ANSWER: C

89. Suraksha of nature via enrichment protection and right utilization leads to _____ in nature.

- A. Disturbance
- B. Co-existence
- C. Pollution
- D. None of the above

ANSWER: B

90. Production and work for physical facilities leads to _____ in family and _____ with nature.

- A. Prosperity, co-existence
- B. Happiness, existence
- C. Happiness, Prosperity
- D. None of the above

ANSWER: A

91. Many human values seem good or right due to:

- A. Positive feelings
- B. Internal happiness
- C. Natural acceptance
- D. All the above

ANSWER: D

92. Complementarity means

- A. Having conflict and contradictions
- B. Help each other
- C. Getting help from the other
- D. None of the above

ANSWER: B

93. Values means

- A. Criteria for judging the standards of behaviour
- B. Criteria for comparing behaviour with others
- C. Criteria for expecting behaviour from others
- D. None of the above

ANSWER: A

94. Justice is

- A. What we get in law courts
- B. What we give to others in relationships
- C. How we get mutual happiness in relationships
- D. None of the above

ANSWER: C

95. Life lives with justice is

- A. Very difficult and impractical
- B. Easy and practical
- C. Like living a monk
- D. None of the above

ANSWER: B

96. Intention always says

- A. Wrong
- B. Right
- C. Do harm to others
- D. None of the above

ANSWER: B

97. Evaluating someone only on the basis of their body or wealth leads

- A. Right understanding
- B. Respect
- C. Responsibility
- D. None of the above

ANSWER: D

98. Sources of respect is

- A. The other is similar to me

- B. The other is different to me
- C. The other is competitor to me
- D. None of the above

ANSWER: A

99. Competition leads

- A. Exploitation
- B. Responsibility
- C. Improvement
- D. All the above

ANSWER: A

100. Competence means

- A. Our ability to do or perform
- B. Our attitude with others
- C. Our desire to have
- D. None of the above

ANSWER: A

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- A. Emotions
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ANSWER: B

_____ is the basic unit of human interaction.

- A. Family
- B. Society
- C. School
- D. All the above

ANSWER: A

We all are similar at the level of _____

- A. Intention
- B. Competence
- C. Intention and Competence
- D. None of the above

ANSWER: A

We all differ in our _____.

- A. Intention
- B. Competence
- C. Intelligence
- D. None of the above

ANSWER: B

Justice can observe in mutual happiness in the _____.

- A. Realisation
- B. Relationship
- C. Properties
- D. All the above

ANSWER: B

The problems in relationships due to having doubt on _____

- A. Intention
- B. Respect
- C. Competence
- D. None of the above

ANSWER: A

The awareness of being is in the _____

- A. Body and self
- B. Body
- C. Self
- D. None of the above

ANSWER: C

In relationship we want _____

- A. Happiness
- B. Mutual fulfilment
- C. Prosperity
- D. All the above

ANSWER: B

Absence of affection leads

- A. Opposition
- B. Love
- C. Responsibility
- D. All the above

ANSWER: A

The person who wants to live to be special

- A. Help the others
- B. Impress the others
- C. Manipulate the others
- D. All the above

ANSWER: C

Over evaluation is

- A. Naturally acceptable
- B. Disrespect
- C. Happiness
- D. All the above

ANSWER: B

Fulfillment of relationship requires

- A. Physical facilities
- B. Right understanding
- C. Emotions
- D. All the above

ANSWER: B

If I did a mistake, I look into my intention and the mistake happened by others

- A. assess them based on differentiation
- B. doubt on their intention
- C. doubt on their natural acceptance
- D. None of the above

ANSWER: B

Problems in the relationship due to lack of

- A. affection
- B. gratitude
- C. trust on intention
- D. None of the above

ANSWER: C

Desire, Thought and Expectation is the source of

- A. Intention
- B. Competence
- C. Imagination
- D. None of the above

ANSWER: B

The feeling of being related to all is

- A. Value
- B. Love
- C. Realisation
- D. All of the above

ANSWER: B

All we want to respond to others not to react is

- A. Competence
- B. Natural Acceptance
- C. Responsibility
- D. All the above

ANSWER: B

Feeling of being related to all leads

- A. Undivided society

- B. Divided society
- C. Biased among people
- D. All the above

ANSWER: A

When I activate my Natural acceptance, I feel that the other is _____ to me

- A. Competitor
- B. Complementary
- C. Differentiated
- D. None of the above

ANSWER: B

The basic crisis today is that

- A. Trust and respect
- B. Money and Job
- C. Money and Technology
- D. None of the above

ANSWER: A

Relationship is based on the

- A. Exchange of physical goods
- B. Right understanding
- C. All the above
- D. None of the above

ANSWER: B

From physical facilities we want _____

- A. Happiness
- B. prosperity

- C. Relationship
- D. All the above

ANSWER: B

Swasthya leads to _____

- A. sukh
- B. Health
- C. Happiness
- D. None of the above

ANSWER: A

Sanyam represent _____

- A. Relationship
- B. Realisation
- C. self control
- D. None of the above

ANSWER: C

Swastya refers to () _____

- A. Wealth
- B. Health
- C. Happiness
- D. Samrudhi

ANSWER: B

Education- right living leads to _____.

- A. Happiness
- B. Natural acceptance
- C. Samskar

D. Right understanding

ANSWER: D

The process of education and right living leads to _____ in the individual.

A. Right understanding

B. Samskar

C. Prosperity

D. All the above

ANSWER: A

The program for health and sanyam leads to feeling of _____ in family.

A. Trust

B. Prosperity

C. Respect

D. Love

ANSWER: B

Ensuring justice in relationship, on the basis of values leads to _____ in society.

A. Respect

B. Responsibility

C. Fearlessness

D. All the above

ANSWER: C

Suraksha of nature via enrichment protection and right utilization leads to _____ in nature.

A. Disturbance

B. Co-existence

C. Pollution

D. None of the above

ANSWER: B

Production and work for physical facilities leads to _____ in family and _____ with nature.

- A. Prosperity, co-existence
- B. Happiness, existence
- C. Happiness, Prosperity
- D. None of the above

ANSWER: A

Many human values seem good or right due to:

- A. Positive feelings
- B. Internal happiness
- C. Natural acceptance
- D. All the above

ANSWER: D

Complimentarity means

- A. Having conflict and contradictions
- B. Help each other
- C. Getting help from the other
- D. None of the above

ANSWER: B

Values means

- A. Criteria for judging the standards of behaviour
- B. Criteria for comparing behaviour with others
- C. Criteria for expecting behaviour from others
- D. None of the above

ANSWER: A

Justice is

- A. What we get in law courts
- B. What we give to others in relationships
- C. How we get mutual happiness in relationships
- D. None of the above

ANSWER: C

Life lives with justice is

- A. Very difficult and impractical
- B. Easy and practical
- C. Like living a monk
- D. None of the above

ANSWER: B

Intention always says

- A. Wrong
- B. Right
- C. Do harm to others
- D. None of the above

ANSWER: B

Evaluating someone only on the basis of their body or wealth leads

- A. Right understanding
- B. Respect
- C. Responsibility
- D. None of the above

ANSWER: D

Sources of respect is

- A. The other is similar to me
- B. The other is different to me
- C. The other is competitor to me
- D. None of the above

ANSWER: A

Competition leads

- A. Exploitation
- B. Responsibility
- C. Improvement
- D. All the above

ANSWER: A

Competence means

- A. Our ability to do or perform
- B. Our attitude with others
- C. Our desire to have
- D. None of the above

ANSWER: A

The development of _____ is a long term process.

- A. Physical facilities
- B. Ethical competence
- C. Comprehensive human goal
- D. Right perspective

ANSWER: B

The solution of all the contradictions & dilemmas in daily living can only come through _____.

- A. Right perspective of others
- B. Right understanding
- C. Relationships
- D. None

ANSWER: B

_____ is the guiding principle which finally ensures personal happiness as well as collective happiness and harmonious co-existence with nature.

- A. Mutual happiness
- B. Mutual prosperity
- C. Mutual fulfilment
- D. All of the above

ANSWER: C

The process of education and right living leads to _____ in the Individual.

- A. Prosperity
- B. Right understanding
- C. Relationship
- D. None of the above

ANSWER: B

The program for health and sanyam leads to feeling of _____ in family.

- A. Prosperity
- B. Justice
- C. Happiness
- D. None of the above

ANSWER: A

Ensuring justice in relationship, on the basis of values leads to _____ in society.

- A. Prosperity
- B. Happiness
- C. Fearlessness
- D. None of the above

ANSWER: C

The feeling to nurture and protect the body of our relative is called _____.

- A. Guidance
- B. Care
- C. Support
- D. None of the above

ANSWER: B

Ensuring right understanding and feelings in the other is called _____.

- A. Guidance
- B. Reverance
- C. Justice
- D. None of the above

ANSWER: A

_____ is a complete value.

- A. Trust
- B. Love
- C. Happiness
- D. None of the above

ANSWER: B

_____ is the feeling of acceptance for those who have made efforts for my excellence.

- A. Respect
- B. Love
- C. Affection
- D. Gratitude

ANSWER: D

_____ is the feeling for someone who has made efforts for excellence.

- A. Happiness
- B. Glory
- C. Proudness
- D. None of the above

ANSWER: B

Acceptance of excellence is called _____.

- A. Love
- B. Satisfaction
- C. Reverence
- D. None of the above

ANSWER: C

The feeling of relatedness to all human beings is called _____.

- A. Love
- B. Affection
- C. Care
- D. None of the above

ANSWER: A

Society is an extension of _____.

- A. Family

- B. College
- C. Office
- D. None of the above

ANSWER: A

Employing the body physically for production and maintenance of physical facilities is called _____.

- A. Job
- B. Chore
- C. Labour
- D. None of the above

ANSWER: C

_____ is the ability to perform a specific task action or function successfully.

- A. Competence
- B. Intention
- C. Natural acceptance
- D. None of the above

ANSWER: A

In healthy relationship, I learn to _____ and _____ important people in our life.

- A. Trust, Respect
- B. Care, Jealous
- C. Guidance, Anger
- D. None of the above

ANSWER: A

The problems in our relationship with various entities are due to our _____.

- A. Right understanding

- B. Prosperity
- C. Assumptions
- D. None of the above

ANSWER: A

The commitment is the only aspect that actually strengthens the _____.

- A. Happiness
- B. Relationship
- C. Intention
- D. None of the above

ANSWER: B

Abhay means _____.

- A. Fearlessness
- B. Samruddhi
- C. Prosperity
- D. None of the above

ANSWER: A

Comprehensive human goal is right understanding, prosperity, fearlessness and _____.

- A. Happiness
- B. Relationship
- C. Co existence
- D. None of the above

ANSWER: C

The responsibility & commitment for nurturing and protecting the Body of my relative is called -----.

- A. Care
- B. Guidance

C. Love

D. Affection

ANSWER: A

Comprehensive human goal consists of _____, _____, _____, and _____.

A. Samadhan, Samridhi, Abhay and Seh-astitva

B. Happiness, Satisfaction, Trust and Respect

C. Bliss, Joyfulness, Fearlessness and coexistence

D. None of the above

ANSWER: A

The person who feels that ----- is in to be special.

A. I am one among the other

B. I am different from the other

C. I am great

D. None of the above

ANSWER: B

Absence of Affection leads -----, and -----.

A. Opposition, Jealousy

B. Anger, Fear

C. Sad, Depress

D. None of the above

ANSWER: A

Feeling of responsibility toward the self(I) of my relative is called -----.

A. Care

B. Love

C. Guidance

D. None of the above

ANSWER: C

The responsibility of ----- is to ensure right education of next generation, i.e. to facilitate the development of the competence of the children to live with all 9 feelings.

A. Live in relationship

B. Marriage

C. Love affair

D. None of the above

ANSWER: B

The significance in relationship is -----.

A. Feelings

B. Physical facilities

C. Emotions

D. Values

ANSWER: A

Analyse these statements regarding UNITS and SPACE

A. These are two kinds of realities in existence and unit is limited in size

B. Unit is in space and space can also exist in a unit

C. Space is a unit

D. All the above

ANSWER: A

At which level does the activity of "Realization" fall?

A. Self

B. Family

C. Society

D. All levels

ANSWER: A

Evaluate the statements and choose a right statements.

One should work for competition

One should work for Excellence

A. True, True

B. True, False

C. False, True

D. False, False

ANSWER: C

What things are contained in the PRANIC order?

A. Anything with life

B. Only plants and trees

C. Only animals and birds

D. Animals, birds and humans

ANSWER: B

Which order of nature best indicates Existence + Growth + will to live in "I"

A. Plant order

B. Human order

C. Animal order

D. Material order

ANSWER: D

All the physical objects that are in solid, liquid or gas state either living or non living, collectively termed as nature. Select appropriate option.

A. Nature is space

B. Nature is collection of many units

C. Space is submerged in nature

D. Existence is space in units

ANSWER: B

Production and work for physical facilities leads to _____ in family and _____ with nature.

A. Happiness, Existence

B. Prosperity, co-existence

C. Co-existence, Happiness

D. None of the above

ANSWER: B

Suraksha of nature via enrichment protection and right utilization leads to _____ in nature.

A. Health

B. Wealth

C. Co-existence

D. None of the above

ANSWER: C

A couple is in a relationship for few months. They doubt each other for talking to the colleagues of opposite gender at their work places. What values do they clearly lack?

A. Trust, Love

B. Trust, Respect

C. Trust, Affection

D. Trust, guidance

ANSWER: D

She-astitva means _____.

A. Co-existence

B. Nature

- C. Existence
- D. None of the above

ANSWER: A

The ethical conduct is self-satisfying, people friendly, eco-friendly, and -----.

- A. Universal
- B. Natural
- C. Co-existence
- D. None of the above

ANSWER: A

People living separately, in opposition / struggle

- A. Colony
- B. Society
- C. Crowd
- D. Battlefield

ANSWER: D

Every unit is selfish. Individual aims are dissonant with others & with collective and Human being is a resource, is indicating

- A. Domination
- B. Success
- C. Self organization
- D. Failure

ANSWER: A

The person in -----, who Helps the other to come to his level.

- A. To be special
- B. Excellence

- C. Power
- D. None of the above

ANSWER: B

People living in relationship of mutual fulfillment

- A. Colony
- B. Society
- C. Crowd
- D. None of the above

ANSWER: B

Many human values seems to be good or right due to:

- A. Positive feelings
- B. Internal happiness
- C. Natural acceptance
- D. All the above.

ANSWER: D

A harmonious world is created by values at 4 levels.. These are:

- A. Home, family, society, country
- B. Individual, family, society, universe.
- C. School, home, office, temple
- D. None of the above.

ANSWER: B

An individual people aspiring for the universal human order will be:

- A. More responsible socially and ecologically.
- B. More powerful.
- C. More rich

D. More well travelled.

ANSWER: A

People living together, but not in relationship of mutual fulfillment

A. Colony

B. Society

C. Crowd

D. Battlefield

ANSWER: C

_____ is one of the human target in the family.

A. Prosperity

B. Coexistence

C. Trust

D. Right feelings

ANSWER: A

_____ is the responsibility in "I" towards the body for its nurture, protection and right utilization.

A. Sanyam

B. Wealth

C. Health

D. None of the above

ANSWER: A

_____ is an unethical practice.

A. Corruption

B. Helping others

C. Prosperity

D. All the above

ANSWER: A

It is expected from a _____ professional to carry out one's profession with right understanding and commitment.

A. Religious

B. Competent

C. Moralistic

D. None of the above

ANSWER:

The _____ education will facilitate the process of self exploration which will lead to continuous self evolution of human beings.

A. Humanistic

B. Technical

C. Religious

D. None of the above

ANSWER: A

Ethical human conduct can be understood in the terms of the following

A. Values

B. policy

C. character

D. All of these

ANSWER: D

Ethical human conduct is the foundation of _____

A. Professional ethics

B. Right understanding

- C. Prosperity
- D. Physical facilities

ANSWER: A

. _____ provides us the vision for a holistic alternative

- A. Right utilization
- B. Right understanding
- C. Ethical conduct
- D. Right perspective

ANSWER: B

What is the criteria to guide and development of technologies and systems.

- A. Catering the appropriate needs and life styles
- B. People –friendly
- C. Eco –friendly
- D. All of the above

ANSWER: D

What are the criteria for technologies?

- A. Catering to real human needs
- B. Safe user –friendly & conducive to health
- C. Producible with local resources & expertise as far as possible.
- D. All of the above

ANSWER: D

Specific criteria for production systems.

- A. Optimal utilization of local resources & expertise
- B. Economic viability & sustainability
- C. Priority for local consumption

D. All of the above

ANSWER: D

What are traditional practices?

A. Eco – friendly agriculture techniques

B. Watershed management

C. Herbal formulations

D. All the above

ANSWER: D

Once a critical mass of human beings goes through such a transformation, it will become a _____ process in the society.

A. Self sustaining

B. Self development

C. Self exploration

D. Self – observation

ANSWER: A

Which of the following actions will likely lead to organizational ethical behavior?

A. Promoting moral courage

B. Developing short governance processes

C. Establishing an ethics office

D. All of the above

ANSWER: D

The efforts towards self evolution by the _____ will always be through appropriate interaction at the level of family, society and nature at large.

A. Individuals

B. Society

- C. Politicians
- D. None of the above

ANSWER: A

The _____ provides us the vision for a holistic alternative.

- A. Prosperity
- B. Happiness
- C. Right understanding
- D. None of the above

ANSWER: C

Conformance of plant/ bio order is called _____.

- A. Breed conformance
- B. Seed conformance
- C. Constitution
- D. None of the above

ANSWER: B

There is an inherent _____, self regulation and harmony at all levels of existence and this needs to be discovered by each individual.

- A. Inter connectedness
- B. Emotions
- C. Feelings
- D. None of the above

ANSWER: A

Profession implies meaningful _____ in the

- A. Participation, larger order
- B. Earning, larger order

C. Achievement, larger order

D. None of the above

ANSWER: A

_____ are considered the moral standards by which people judge behaviour.

A. Feelings

B. Ethics

C. Works

D. None of the above

ANSWER: B

Confidence in _____ as well as confidence in the harmony and _____ prevailing in entire existence.

A. Oneself, Co existence

B. Others, Happiness

C. Relationships, Happiness

D. None of the above

ANSWER: A

_____ is the implication of _____ in profession.

A. Professional ethics, Right understanding

B. Earning, success

C. Power, Success

D. None of the above

ANSWER: A

Holistic production systems are eco friendly and _____.

A. Techno friendly

B. People friendly

C. Society friendly

D. None of the above

ANSWER: B

The definitiveness of human conduct in terms of _____ is termed as Ethics.

A. Emotions, Feelings, and Happiness

B. Attitude, Personality, and Behaviour

C. Values, Policies and Character

D. None of the above

ANSWER: C

Human being has _____ conformance.

A. Education and Sanskar

B. Education and Behaviour

C. Education and Personality

D. None of the above

ANSWER: A

The cell belongs to _____ order.

A. Pranic order

B. Material order

C. Animal order

D. None of the above

ANSWER: A

The natural characteristic of material order _____.

A. Constituent based

B. Seed based

C. Composition/ decomposition

D. None of the above

ANSWER: C

Human beings are dependent on the _____ for soil, minerals and metals.

- A. Pranic order
- B. Material order
- C. Animal order
- D. None of the above

ANSWER: B

Parsparta means _____.

- A. Interconnectedness
- B. Samskar
- C. Education
- D. None of the above

ANSWER: A

Material units are _____ in nature.

- A. Constant
- B. Permanent
- C. Temporary
- D. None of the above

ANSWER: C

Nature is _____ and while space is _____ in size.

- A. Limited, Unlimited
- B. Big, Huge
- C. Nothing, Invisible
- D. None of the above

ANSWER: A

All units are energised _____ in the space.

- A. Doing
- B. Being
- C. Working
- D. All the above

ANSWER: B

Energy is _____ in the space.

- A. Constant
- B. Fluctuate
- C. Rotate
- D. All the above

ANSWER: A

A molecule forms a molecular structure. Molecular structures are found in two forms as _____.

- A. Water, milk
- B. Solid, Water
- C. Lumps, Fluids
- D. None of the above

ANSWER: C

In the present system, the dominating world view is primarily _____.

- A. Profit oriented
- B. Service oriented
- C. Humanity oriented
- D. None of the above

ANSWER: A

The ethical human conduct is _____ .

- A. Definite and Universal
- B. Indefinite and Universal
- C. Indefinite and rational
- D. Definite and rational

ANSWER: A

In the present system, there is no tangible mechanism to develop the _____ of the Individual.

- A. Ethical competence
- B. Humanity
- C. Happiness
- D. None of the above

ANSWER: A

The prime need is to develop the _____ through right understanding.

- A. Moral values
- B. Humanity
- C. Ethical competence
- D. None of the above

ANSWER: C

The efficacy of value education will be judged on the basis of the _____ achieved in the ethos.

- A. Prosperity
- B. Feelings
- C. Transformation
- D. None of the above

ANSWER: C

Production and _____ is one of the five dimensions of universal human order

- A. Exchange
- B. Education
- C. Storage
- D. None of the above.

ANSWER: A

Unethical practices in various professions can only be resolved through _____ .

- A. Education
- B. Physical facilities
- C. Right understanding
- D. None of the above

ANSWER: C

A continuous contradiction persist in the mind, can create _____ at the individual level.

- A. Tension
- B. Happiness
- C. Satisfaction
- D. Success

ANSWER: A

"Your loss is my gain" and "the other person"s happiness seems to be conflict with my happiness", the root cause of these thoughts is

- A. Helping the others
- B. Right understanding
- C. Wealth maximisation
- D. None of the above

ANSWER: C

The whole existence except the _____ is already operating in harmony.

- A. Nature
- B. Human Beings
- C. Animals
- D. None of the above

ANSWER: B

The humanistic constitution will provide the basis for _____ living.

- A. Harmonious
- B. Successful
- C. Contradictory
- D. None of the above

ANSWER: A

The present whole education system will need to be _____ in the light of right understanding.

- A. changed
- B. re designed
- C. continued
- D. none of the above

ANSWER: B

Identify the incorrect statement

- A. Sva Nari, Sva Purush: Chastity in conjugal relationship
- B. Sva Dhana: Being rich
- C. Dayapurna Vyavahar and Dayapurna Karya: Kindness in behaviour and work
- D. None of the above

ANSWER: B

Definitiveness of ethical human conduct can be understood in terms of

- A. Values, Policy, Reverence
- B. Character, Policy, Commitment
- C. Values, policy, Character
- D. Values, Character, Obedience

ANSWER: C

The participation of human being in ensuring the role of _____ to help & preserve its utility.

- A. Physical facility.
- B. Emotions
- C. Solutions
- D. None of the above

ANSWER:

Identify the statements that characterize the competence in professional ethics.

- A. Clarity about comprehensive human goal
- B. Mutually enriching interaction with nature
- C. Mutually fulfilling behaviour
- D. All the above

ANSWER: D

You are recruited as a Supervisor for a company that manufactures food products. Accidentally you noticed a fault in one of the packages. But that was mixed in a trolley of 10,000 other packages. What'd you do now?

- A. Respect professional ethics and keep quiet
- B. Respect professional ethics and stop the movement of the entire trolley
- C. Respect professional ethics and let the supply move to consumers
- D. Respect personal ethics and stop the further supply of the entire trolley

ANSWER: B

_____ is the foundation of professional ethics.

- A. Ethical conduct
- B. Unethical conduct
- C. Indefinite conduct
- D. None of the above

ANSWER: A

The right understanding provides us the vision for a _____ .

- A. Technological development
- B. Holistic alternative
- C. Profit based development
- D. None of the above

ANSWER: B

The development of _____ is a long term process.

- A. Physical facilities
- B. Ethical competence
- C. Comprehensive human goal
- D. Right perspective

ANSWER: B

The solution of all the contradictions & dilemmas in daily living can only come through _____.

- A. Right perspective of others
- B. Right understanding
- C. Relationships
- D. None

ANSWER: B

_____ is the guiding principle which finally ensures personal happiness as well as collective happiness and harmonious co – existence with nature.

- A. Mutual happiness
- B. Mutual prosperity
- C. Mutual fulfilment
- D. All of the above

ANSWER: C

The process of education and right living leads to _____ in the Individual.

- A. Prosperity
- B. Right understanding
- C. Relationship
- D. None of the above

ANSWER: B

The program for health and sanyam leads to feeling of _____ in family.

- A. Prosperity
- B. Justice
- C. Happiness
- D. None of the above

ANSWER: A

Ensuring justice in relationship, on the basis of values leads to _____ in society.

- A. Prosperity
- B. Happiness
- C. Fearlessness
- D. None of the above

ANSWER: C

The feeling to nurture and protect the body of our relative is called _____.

- A. Guidance
- B. Care
- C. Support
- D. None of the above

ANSWER: B

Ensuring right understanding and feelings in the other is called _____.

- A. Guidance
- B. Reverance
- C. Justice
- D. None of the above

ANSWER: A

_____ is a complete value.

- A. Trust
- B. Love
- C. Happiness
- D. None of the above

ANSWER: B

_____ is the feeling of acceptance for those who have made efforts for my excellence.

- A. Respect
- B. Love
- C. Affection
- D. Gratitude

ANSWER: D

_____ is the feeling for someone who has made efforts for excellence.

- A. Happiness
- B. Glory
- C. Proudness
- D. None of the above

ANSWER: B

Acceptance of excellence is called _____.

- A. Love
- B. Satisfaction
- C. Reverence
- D. None of the above

ANSWER: C

The feeling of relatedness to all human beings is called _____.

- A. Love
- B. Affection
- C. Care
- D. None of the above

ANSWER: A

Society is an extension of _____.

- A. Family
- B. College
- C. Office
- D. None of the above

ANSWER: A

Employing the body physically for production and maintenance of physical facilities is called _____.

- A. Job
- B. Chore
- C. Labour
- D. None of the above

ANSWER: C

_____ is the ability to perform a specific task action or function successfully.

- A. Competence
- B. Intention
- C. Natural acceptance
- D. None of the above

ANSWER: A

In healthy relationship, I learn to _____ and _____ important people in our life.

- A. Trust, Respect
- B. Care, Jealous
- C. Guidance, Anger
- D. None of the above

ANSWER: A

The problems in our relationship with various entities are due to our _____.

- A. Right understanding
- B. Prosperity
- C. Assumptions
- D. None of the above

ANSWER: A

The commitment is the only aspect that actually strengthens the _____.

- A. Happiness

- B. Relationship
- C. Intention
- D. None of the above

ANSWER: B

Abhay means _____.

- A. Fearlessness
- B. Samruddhi
- C. Prosperity
- D. None of the above

ANSWER: A

Comprehensive human goal is right understanding, prosperity, fearlessness and _____.

- A. Happiness
- B. Realationship
- C. Co existence
- D. None of the above

ANSWER: C

The responsibility & commitment for nurturing and protecting the Body of my relative is called -----.

- A. Care
- B. Guidance
- C. Love
- D. Affection

ANSWER: A

Comprehensive human goal consists of _____, _____, _____, and _____.

- A. Samadhan, Samridhi, Abhay and Seh-astitva
- B. Happiness, Satisfaction, Trust and Respect

C. Bliss, Joyfulness, Fearlessness and coexistence

D. None of the above

ANSWER: A

The person who feels that ----- is in to be special.

A. I am one among the other

B. I am different from the other

C. I am great

D. None of the above

ANSWER: B

Absence of Affection leads -----, and -----.

A. Opposition, Jealousy

B. Anger, Fear

C. Sad, Depress

D. None of the above

ANSWER: A

Feeling of responsibility toward the self(I) of my relative is called -----.

A. Care

B. Love

C. Guidance

D. None of the above

ANSWER: C

The responsibility of ----- is to ensure right education of next generation, i.e. to facilitate the development of the competence of the children to live with all 9 feelings.

A. Live in relationship

B. Marriage

- C. Love affair
- D. None of the above

ANSWER: B

The significance in relationship is -----.

- A. Feelings
- B. Physical facilities
- C. Emotions
- D. Values

ANSWER: A

Analyse these statements regarding UNITS and SPACE

- A. These are two kinds of realities in existence and unit is limited in size
- B. Unit is in space and space can also exist in a unit
- C. Space is a unit
- D. All the above

ANSWER: A

At which level does the activity of "Realization" fall?

- A. Self
- B. Family
- C. Society
- D. All levels

ANSWER: A

Evaluate the statements and choose a right statements.
One should work for Excellence

One should work for competition

- A. True, True
- B. True, False

C. False, True

D. False, False

ANSWER: C

What things are contained in the PRANIC order?

A. Anything with life

B. Only plants and trees

C. Only animals and birds

D. Animals, birds and humans

ANSWER: B

Which order of nature best indicates – Existence + Growth + will to live in 'I'

A. Plant order

B. Human order

C. Animal order

D. Material order

ANSWER: D

All the physical objects that are in solid, liquid or gas state either living or non living, collectively termed as nature. Select appropriate option.

A. Nature is space

B. Nature is collection of many units

C. Space is submerged in nature

D. Existence is space in units

ANSWER: B

Production and work for physical facilities leads to _____ in family and _____ with nature.

A. Happiness, Existence

B. Prosperity, co-existence

C. Co-existence, Happiness

D. None of the above

ANSWER: B

Suraksha of nature via enrichment protection and right utilization leads to _____ in nature.

A. Health

B. Wealth

C. Co-existence

D. None of the above

ANSWER: C

A couple is in a relationship for few months. They doubt each other for talking to the colleagues of opposite gender at their work places. What values do they clearly lack?

A. Trust, Love

B. Trust, Respect

C. Trust, Affection

D. Trust, guidance

ANSWER: D

She-astitva means _____.

A. Co-existence

B. Nature

C. Existence

D. None of the above

ANSWER: A

The ethical conduct is self-satisfying, people friendly, eco-friendly, and -----.

A. Universal

B. Natural

- C. Co-existence
- D. None of the above

ANSWER: A

People living separately, in opposition / struggle

- A. Colony
- B. Society
- C. Crowd
- D. Battlefield

ANSWER: D

Every unit is selfish. Individual aims are dissonant with others & with collective and Human being is a resource, is indicating

- A. Domination
- B. Success
- C. Self organization
- D. Failure

ANSWER: A

The person in -----, who Helps the other to come to his level.

- A. To be special
- B. Excellence
- C. Power
- D. None of the above

ANSWER: B

People living in relationship of mutual fulfillment

- A. Colony
- B. Society

- C. Crowd
- D. None of the above

ANSWER: B

Many human values seems to be good or right due to:

- A. Positive feelings
- B. Internal happiness
- C. Natural acceptance
- D. All the above.

ANSWER: D

A harmonious world is created by values at 4 levels.. These are:

- A. Home, family, society, country
- B. Individual, family, society, universe.
- C. School, home, office, temple
- D. None of the above.

ANSWER: B

An individual people aspiring for the universal human order will be:

- A. More responsible socially and ecologically.
- B. More powerful.
- C. More rich
- D. More well travelled.

ANSWER: A

People living together, but not in relationship of mutual fulfillment

- A. Colony
- B. Society
- C. Crowd

D. Battlefield

ANSWER: C

_____ is one of the human target in the family.

A. Prosperity

B. Coexistence

C. Trust

D. Right feelings

ANSWER: A

_____ is the responsibility in 'I' towards the body for its nurture, protection and right utilization.

A. Sanyam

B. Wealth

C. Health

D. None of the above

ANSWER: A

_____ is an unethical practice.

A. Corruption

B. Helping others

C. Prosperity

D. All the above

ANSWER: A

CO 4

It is expected from a _____ professional to carry out one's profession with right understanding and commitment.

- A. Religious
- B. Competent
- C. Moralistic
- D. None of the above

ANSWER:

The _____ education will facilitate the process of self-exploration which will lead to continuous self-evolution of human beings.

- A. Humanistic
- B. Technical
- C. Religious
- D. None of the above

ANSWER: A

Ethical human conduct can be understood in the terms of the following

- A. Values
- B. policy
- C. character
- D. All of these

ANSWER: D

Ethical human conduct is the foundation of _____

- A. Professional ethics
- B. Right understanding
- C. Prosperity
- D. Physical facilities

ANSWER: A

._____provides us the vision for a holistic alternative

- A. Right utilization
- B. Right understanding
- C. Ethical conduct
- D. Right perspective

ANSWER: B

What is the criteria to guide and development of technologies and systems.

- A. Catering the appropriate needs and life styles
- B. People –friendly
- C. Eco –friendly
- D. All of the above

ANSWER: D

What are the criteria for technologies?

- A. Catering to real human needs
- B. Safe user –friendly & conducive to health
- C. Producible with local resources & expertise as far as possible.
- D. All of the above

ANSWER: D

Specific criteria for production systems.

- A. Optimal utilization of local resources & expertise
- B. Economic viability & sustainability
- C. Priority for local consumption
- D. All of the above

ANSWER: D

What are traditional practices?

- A. Eco – friendly agriculture techniques
- B. Watershed management
- C. Herbal formulations
- D. All the above

ANSWER: D

Once a critical mass of human beings goes through such a transformation, it will become a _____ process in the society.

- A. Self - sustaining
- B. Self - development
- C. Self - exploration
- D. Self – observation

ANSWER: A

Which of the following actions will likely lead to organizational ethical behavior?

- A. Promoting moral courage
- B. Developing short governance processes
- C. Establishing an ethics office
- D. All of the above

ANSWER: D

The efforts towards self-evolution by the _____ will always be through appropriate interaction at the level of family, society and nature at large.

- A. Individuals
- B. Society
- C. Politicians
- D. None of the above

ANSWER: A

The _____ provides us the vision for a holistic alternative.

- A. Prosperity
- B. Happiness
- C. Right understanding
- D. None of the above

ANSWER: C

Conformance of plant/ bio order is called _____.

- A. Breed conformance
- B. Seed conformance
- C. Constitution
- D. None of the above

ANSWER: B

There is an inherent _____, self-regulation and harmony at all levels of existence and this needs to be discovered by each individual.

- A. Inter connectedness
- B. Emotions
- C. Feelings
- D. None of the above

ANSWER: A

Profession implies meaningful ----- in the -----

- A. Participation, larger order
- B. Earning, larger order
- C. Achievement, larger order
- D. None of the above

ANSWER: A

_____ are considered the moral standards by which people judge behaviour.

- A. Feelings
- B. Ethics
- C. Works
- D. None of the above

ANSWER: B

Confidence in _____ as well as confidence in the harmony and _____ prevailing in entire existence.

- A. Oneself, Co-existence
- B. Others, Happiness
- C. Relationships, Happiness
- D. None of the above

ANSWER: A

_____ is the implication of _____ in profession.

- A. Professional ethics, Right understanding
- B. Earning, success
- C. Power, Success
- D. None of the above

ANSWER: A

Holistic production systems are eco-friendly and _____.

- A. Techno-friendly
- B. People - friendly
- C. Society-friendly
- D. None of the above

ANSWER: B

The definitiveness of human conduct in terms of _____ is termed as Ethics.

- A. Emotions, Feelings, and Happiness
- B. Attitude, Personality, and Behaviour
- C. Values, Policies and Character
- D. None of the above

ANSWER: C

Human being has _____ conformance.

- A. Education and Sanskar
- B. Education and Behaviour
- C. Education and Personality
- D. None of the above

ANSWER: A

The cell belongs to _____ order.

- A. Pranic order
- B. Material order
- C. Animal order
- D. None of the above

ANSWER: A

The natural characteristic of material order _____.

- A. Constitutive based
- B. Seed based
- C. Composition/ decomposition
- D. None of the above

ANSWER: C

Human beings are dependent on the _____ for soil, minerals and metals.

- A. Pranic order
- B. Material order
- C. Animal order
- D. None of the above

ANSWER: B

Parsparta means _____.

- A. Interconnectedness
- B. Samskar
- C. Education
- D. None of the above

ANSWER: A

Material units are _____ in nature.

- A. Constant
- B. Permanent
- C. Temporary
- D. None of the above

ANSWER: C

Nature is _____ and while space is _____ in size.

- A. Limited, Unlimited
- B. Big, Huge
- C. Nothing, Invisible
- D. None of the above

ANSWER: A

All units are energised _____ in the space.

- A. Doing
- B. Being
- C. Working
- D. All the above

ANSWER: B

Energy is _____ in the space.

- A. Constant
- B. Fluctuate
- C. Rotate
- D. All the above

ANSWER: A

A molecule forms a molecular structure. Molecular structures are found in two forms as _____.

- A. Water, milk
- B. Solid, Water
- C. Lumps, Fluids
- D. None of the above

ANSWER: C

In the present system, the dominating world view is primarily _____.

- A. Profit-oriented
- B. Service-oriented
- C. Humanity-oriented
- D. None of the above

ANSWER: A

The ethical human conduct is _____.

- A. Definite and Universal

- B. Indefinite and Universal
- C. Indefinite and rational
- D. Definite and rational

ANSWER: A

In the present system, there is no tangible mechanism to develop the _____ of the Individual.

- A. Ethical competence
- B. Humanity
- C. Happiness
- D. None of the above

ANSWER: A

The prime need is to develop the _____ through right understanding.

- A. Moral values
- B. Humanity
- C. Ethical competence
- D. None of the above

ANSWER: C

The efficacy of value education will be judged on the basis of the _____ achieved in the ethos.

- A. Prosperity
- B. Feelings
- C. Transformation
- D. None of the above

ANSWER: C

Production and _____ is one of the five dimensions of universal human order

- A. Exchange
- B. Education

C. Storage

D None of the above.

ANSWER: A

Unethical practices in various professions can only be resolved through _____ .

A. Education

B. Physical facilities

C. Right understanding

D. None of the above

ANSWER: C

A continuous contradiction persist in the mind, can create _____ at the individual level.

A. Tension

B. Happiness

C. Satisfaction

D. Success

ANSWER: A

"Your loss is my gain" and "the other person's happiness seems to be conflict with my happiness", the root cause of these thoughts is

A. Helping the others

B. Right understanding

C. Wealth maximisation

D. None of the above

ANSWER: C

The whole existence except the _____ is already operating in harmony.

A. Nature

B. Human Beings

- C. Animals
- D. None of the above

ANSWER: B

The humanistic constitution will provide the basis for _____ living.

- A. Harmonious
- B. Successful
- C. Contradictory
- D. None of the above

ANSWER: A

The present whole education system will need to be _____ in the light of right understanding.

- A. changed
- B. re-designed
- C. continued
- D. none of the above

ANSWER: B

Identify the incorrect statement

- A. Sva Nari, Sva Purush: Chastity in conjugal relationship
- B. Sva Dhana: Being rich
- C. Dayapurna Vyavahar and Dayapurna Karya: Kindness in behaviour and work
- D. None of the above

ANSWER: B

Definitiveness of ethical human conduct can be understood in terms of

- A. Values, Policy, Reverence
- B. Character, Policy, Commitment

- C. Values, policy, Character
- D. Values, Character, Obedience

ANSWER: C

The participation of human being in ensuring the role of _____ to help & preserve its utility.

- A. Physical facility.
- B. Emotions
- C. Solutions
- D. None of the above

ANSWER:

Identify the statements that characterize the competence in professional ethics.

- A. Clarity about comprehensive human goal
- B. Mutually enriching interaction with nature
- C. Mutually fulfilling behaviour
- D. All the above

ANSWER: D

You are recruited as a Supervisor for a company that manufactures food products. Accidentally you noticed a fault in one of the packages. But that was mixed in a trolley of 10,000 other packages. What'd you do now?

- A. Respect professional ethics and keep quiet
- B. Respect professional ethics and stop the movement of the entire trolley
- C. Respect professional ethics and let the supply move to consumers
- D. Respect personal ethics and stop the further supply of the entire trolley

ANSWER: B

_____ is the foundation of professional ethics.

- A. Ethical conduct

- B. Unethical conduct
- C. Indefinite conduct
- D. None of the above

ANSWER: A

The right understanding provides us the vision for a _____ .

- A. Technological development
- B. Holistic alternative
- C. Profit based development
- D. None of the above

ANSWER: B



UHBC Many MCQs in one document

Universal human values (Dr. A.P.J. Abdul Kalam Technical University)

Department of Mechanical Engineering

Understanding the Human Being Comprehensively – Human Aspirations and its Fulfillment (KOE-069)

MCQ Question with Answer

1. What is the state of liking and a holistic and all encompassing state of the mind that creates inner harmony?
(a) Prosperity
(b) Happiness
(c) Innateness
(d) Self-organized
2. What is called living with assumption for oneself as body and Living of human being only on the basis of physical facilities, and not with right understanding and relationship?
(a) Human Consciousness
(b) Happiness
(c) Right Understanding
(d) Animal Consciousness
3. Five basic guidelines for value education are Universal, Natural and verifiable, all encompassing, leading to harmony and
(a) Self exploration
(b) Education
(c) Right utilization
(d) Rational
4. What are the basic desires of every human being for which they are working.
(a) Physical facilities
(b) Realization and understanding
(c) Happiness and prosperity
(d) Continuous happiness and prosperity
5. When we participate in the larger order, this participation at different levels is known as our value. Values are outcome of
(a) Prosperity
(b) Happiness
(c) Realization and understanding
(d) Self exploration
6. Identify the solution which helps human being to transform from animal consciousness to human consciousness.
(a) Right understanding
(b) Realization
(c) Value education
(d) Physical facilities.

7. To maintain harmony we have to work at four levels of living .Identify second level of living.
 - (a) Self
 - (b) Family**
 - (c) Nature
 - (d) Society

8. Self exploration is a process which helps us to find out “What I am and What I really want to be “.Two mechanisms involved in self-exploration are
 - (a) Realization and understanding
 - (b) Natural and verifiable
 - (c) Natural acceptance and experimental validation**
 - (d) Correctable and identifiable

9. Self exploration uses two mechanisms–
 - (a) Natural acceptance and experiential validation**
 - (b) Right Understanding and self exploration
 - (c) Self investigation and self exploration
 - (d) Natural acceptance and self investigation

10. Samridhi means
 - A. Happiness
 - B. Wealth
 - C. Prosperity**
 - D. Health

11. What is the third level of living?
 - (a) Society**
 - (b) Individual
 - (c) Family
 - (d) Nature

12. Developed nations are the live example of
 - A. Prosperity**
 - B. Wealth
 - C. Happiness
 - D. Health

13. The participation of human beings is seen in two forms
 - A. Prosperity and Work
 - B. Values and Understanding
 - C. Behavior and Wealth
 - D. Behavior and Work**

14. What are the outcomes of realization and understanding?
 - A. Work
 - B. Values**
 - C. Happiness
 - D. Health

15. We become by exploring our svatva and living accordingly

A. Svatantra

B. .Partantra

C. Wealthy

D. Happy

16. Developed nations are the live example of health, wealth and wisdom. These three terms can be combined to form a single term as

a) Developed

b) Prosperous

c) Harmony

d) Happy

17. Contents of self-exploration are

a) Desire and needs

b) Program and needs

c) Program and practical

d) Desire and Program

18. Value education is becoming important for students now a days because value education helps students to correctly identify our

a) Values

b) Key to success

c) Aspirations

d) Needs

19. Three results are obtained from realization and understanding. Two of them are assurance and satisfaction find third one

a)Universality

b) Acceptance

c) All-encompassing

d)Self-verification

20. The person who are lack of physical facility stands for

a) Samadhan viheen dukhi daridra

b) Sadhan viihin dukhi daridra

c) Sadhan Viheen Dukhi Daridra

d) Sadhan vimukh dukhi daridra

21. What is necessary but not complete for human beings.

a) Happiness

b) Physical facility

c) Prosperity

d) Relationship

22. What is the main component of our program to understand and live in harmony at all levels of living.

a) Right Understanding

b) Relationship

c) Self exploration

d) Physical facilities

23. What is our participation at different levels in the larger order?
a) **Value**
b) Work
c) Behaviour
d) Realization
24. When we participate in the larger order, this participation at different levels is our _____.
a) Work
b) **Value**
c) Behavior
(d) Realization
25. What is the first level of living?
A. Society
B. Individual
C. Family
D. Nature
26. What is the second level of living?
A. Society
B. Individual
C. Family
D. Nature
27. What is the fourth level of living?
A. Society
B. Individual
C. Family
D. Nature
28. Giving weightage to physical facilities, to the maximization of sensory pleasures, to accumulation of wealth is called
(a). **Animal Consciousness**
(b) Animal Unconsciousness
(c) Semi-consciousness
(d) Human Consciousness
29. What helps human beings to transform from animal consciousness to human consciousness?
A. Right attitude
B. . Prosperity
C. Wealth
D. Right understanding
30. Health, Wealth and Wisdom means
A. Consciousness
B. Intelligence
C. Prosperity
D. Happiness

31. What is the emotional state of being happy?
A. Happiness
B. Joy
C. Pleasure
D. All of these
32. We can know our weaknesses and remove them by doing
A. Class room study
B. Self Study
C. Group study
D. None of these
33. Which changes occur in conscious units?
A. Qualitative
B. Quantitative
C. Both
D. None
34. Program and desire are the contents of
A. Self evolution
B. Self investigation
C. Self exploration
D. Happiness
35. The content of Value Education is expected to include ____ dimensions and levels of a human being
A. Two
B. All
C. Three
D. Four
36. If we will maintain relationship with other human beings on the basis of right understanding then there will be
(a) Mutual prosperity
(b) Mutual happiness
(c) Happiness
(d) prosperity
37. Self exploration is a process of identifying our innateness and moving towards self-organization and self-expression. What is self-expression?
(a) Svatva
(b) Swatantrata
(c) Swarajya
(d) Swabhava
38. The value education is the education by which we can
a) Learn new technology
b) Do new research
c) Transform from animal conscious to human conscious
d) None of the above

39. We need to undergo self exploration because
- a) we want to find out what is valuable to us
 - b) we want to understand our relationship
 - c) we want to our participation with the things around us
 - d) **All the above**
40. Self exploration is:
- a) A process of dialogue between "what you are" of and " what you really want to be"
 - b) A process of self evaluation through self-investigation.
 - c) A process of knowing oneself and through that, knowing the entire existence.
 - d) **All the above**
41. Natural acceptance is way to accept
- a) **The good things naturally.**
 - b) The bad things naturally.
 - c) Anything naturally.
 - d) All the above
42. The proposal should be verified by
- a) Harmony
 - b) Environment
 - c) **Nature acceptance and experimental validation**
 - d) None of the above
43. Process of self exploration leads to
- a) **Realization and understanding.**
 - b) Prosperity
 - c) Wealthy
 - d) Peace
44. Natural acceptance change with
- a) Time
 - b) Situation
 - c) Place
 - d) **None of the above**
45. Happiness may be defined as
- a) Being in harmony
 - b) If there is synergy in it then I like to be in that state
 - c) If there is harmony in it then I like to be in that state / situation
 - d) **All the above**
46. Working only for physical facilities is
- a) **Living with Animal Consciousness**
 - b) Living with Human Consciousness
 - c) Transformation from Animal Consciousness to Human Consciousness.
 - d) Transformation from Animal Consciousness to Human Consciousness
47. Right living or sanskar refers to the ability to live in harmony at
- a) Individual
 - b) Family and Society

- c) Nature
- d) **All the four levels**

48. When we participate in the larger order, this participation at different levels is our _____.
A. Work
B. Value
C. Behavior
D. Realization
49. What is the first level of living?
E. Society
F. Individual
G. Family
H. Nature
50. What is the second level of living?
E. Society
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- E. Prosperity and Work
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 - F. Joy
 - G. Pleasure
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63. We can know our weaknesses and remove them by doing
- E. Class room study
 - F. . Self Study**

- G. Group study
- H. None of these

64. Which changes occur in conscious units?

- E. Qualitative**
- F. Quantitative
- G. Both
- H. None

65. Program and desire are the contents of

- E. Self evolution
- F. Self investigation
- G. Self exploration**
- H. Happiness

61. Each Human being is co-existence of

- A. Spirit and Sanyam
- B. Health and prosperity
- C. Self and Body**
- D. Mind and Soul

62. Which of the following does not assume things

- A. Spirit
- B. Mind
- C. Self
- D. Body**

63. The feeling of responsibility for nurturing, protecting and correct utilization of body is

- A. Sanyam**
- B. Swasthya
- C. Consciousness
- D. Understanding

64. Harmony among the body parts is known as

- A. Sanyam
- B. Swasthya**
- C. Synchronization
- D. None

65. What is basis of swasthya?

- A. Happiness
- B. Wealth
- C. Sanyam**
- D. Prosperity

66. What helps self in exploration and interaction with rest of the nature?

- A. Body**
- B. Soul
- C. Mind
- D. Spirit

67. In which way body system works?
- A. Self organized**
 - B. Unorganized
 - C. Poorly organized
 - D. Self Centered
68. What is the nature of the body?
- A. Conscious
 - B. Physio-chemical**
 - C. Biochemical
 - D. Semi-conscious
69. What is the nature of self?
- A. Conscious**
 - B. Physio-chemical
 - C. Biochemical
 - D. Semi-conscious
70. The basic capacity of self is known as
- A. Awareness
 - B. Work
 - C. Thoughts
 - D. Power**
71. The capacity of selecting/tasting is
- A. Power
 - B. Expectation**
 - C. Realization
 - D. Thoughts
72. Which of the following capacity leads to desires
- A. Power
 - B. Expectation
 - C. Realization
 - D. Thoughts**
73. Imagination is the activity of
- A. Desires
 - B. Thoughts
 - C. Expectation
 - D. All of these**
74. Imagination is continuous with
- A. Time**
 - B. Place
 - C. Height
 - D. None
75. Which statement is incorrect
- A. What we analyze keeps changing.
 - B. The activity of analyzing is continuous

- C. Self is also called consciousness
- D. Needs of the body are permanent**

76. Physical facilities are required in what quantity?

- A. Abundant
- B. . Limited**
- C. Large
- D. Profuse

77. The one that understands is known as

- A. Karta
- B. Dharta
- C. Bhokta
- D. Seer**

78. Which of the following comprises the activities of choosing and imaging?

- A. Self**
- B. Body
- C. Mind
- D. None

79. What is the other name of Enjoyer?

- A. Karta
- B. Dharta
- C. Bhokta**
- D. Drashta

80. Any entity that has the activity of recognizing and fulfillment only can be called as

- A. Physical entity
- B. Material entity**
- C. Chemical entity
- D. Physiochemical entity

81. Clothing, nourishment etc are the needs of **(body)** _____.

- A. Self
- B. Body
- C. Mind
- D. None

82. Trust, respect, happiness etc are the needs of **(self)** _____.

83. The needs of the self are **(continuous)** _____ in time and needs of body are **(temporary)** _____.

84. Needs of the body are temporary while the needs of the self are **(continuous)** _____.

85. Physical facilities are required in **(limited)** _____ quantity.

86. If the needs are naturally acceptable I want them **(continuously)** _____.

87. The needs of **(self)** _____ are **(qualitative)** _____ in nature and we want them continuously.

88. The needs of the body are ensured by **(physico-chemical)** _____ things.

89. The needs of the self are ensured by **(right understanding)** _____ and **(right feeling)** _____.
90. By **(right understanding)** _____ we become responsible to ourselves.
91. Choosing and imaging are the activities of **(self)** _____.
92. The participation of the human being in ensuring the role of physical facility to help and preserve its utility is called its
A. Utility Value
B. Artistic Value
C. Harmony
D. Human Values
93. What is present between every two units?
A. Space
B. Time
C. Dots
D. Relation
94. Space is _____ in size
A. Limited
B. Restricted
C. Unlimited
D. Small
95. Material units are _____ in nature
A. Permanent
B. Temporary
C. Constant
D. Unrecognizable
96. When nature is submerged in space it is known as
A. Conformance
B. Acceptance
C. Mixing
D. Co-existence
97. Which is the first order of nature?
A. Plant order
B. Human order
C. Animal order
D. Material order
98. Which is the second order of nature?
A. Plant order
B. Human order
C. Animal order
D. Material order

99. Which is the third order of nature?
A. Plant order
B. Human order
C. Animal order
D. Material order
100. Which is the fourth order of nature?
A. Plant order
B. Human order
C. Animal order
D. Material order
101. What is the name given to conformance of animal order?
A. Constitution conformance
B. Seed Conformance
C. Breed Conformance
D. Sanskar Conformance
102. Which is the only predominant activity in animals?
A. Taste/Selection
B. Composition
C. Growth
D. Existence
103. Which is the fundamental characteristic of material order?
A. Decomposition
B. Composition
C. Respiration
D. Both A and B
104. Perseverance, bravery and generosity are the natural characteristics/svabhava of
A. Plants
B. Humans
C. Materials
D. Animals
105. Which Conformance helps in maintaining the continuity of a plant species in nature?
A. Breed
B. Constitution
C. Seed
D. None of these
106. Nature is equivalent to
A. Natural World
B. Physical World
C. Material World
D. All of these
107. There is mutual _____ among the four orders of nature.
A. Acceptance
B. Existence

- C. **Fulfillment**
- D. Co-operation

108. Which conformance is present in human beings?
- A. **Sanskar**
 - B. Seed
 - C. Breed
 - D. Constitution
109. Paraspata is
- A. Intraconnectedness
 - B. Connectedness
 - C. **Interconnectedness**
 - D. Fulfillment
110. Recognizing and fulfillment are the basic activities of which order?
- A. Animal
 - B. **Plant**
 - C. Human
 - D. Material
111. The basic activities of plant order are (**Recognizing and fulfillment**) _____.
112. Conformance of material order is named as (**Constitution conformance**) _____.
113. Conformance of plant/ bio order is called (**Seed conformance**) _____.
114. Conformance of animal order is (**Breed conformance**) _____.
115. Conformance of human order is (**Right value or sanskara conformance**) _____.
116. The cell belongs to (**Pranic order**) _____ order.
117. In animals only the activity of (**Selection/taste**) _____ is predominant.
118. The activities in human body are (**Composition/decomposition**) _____ and (**respiration**) _____.
119. (**Existence**) _____ and (**growth**) _____ together are the innateness of the pranic order.
120. The value or participation of different orders in existence is also referred to as their (**Natural characteristics**) _____.
121. The fundamental characteristic of material order is (**Composition/decomposition**) _____.
122. The body of animals and humans belongs to the (**Pranic**) _____ order.
123. The natural characteristics/svabhava of a human being are (**Perseverance**) _____, (**bravery**) _____ and (**genriosity**) _____.
124. The definitiveness of human conduct in terms of values, policies and character is
- A. Morality
 - B. **Ethics**
 - C. Behaviour
 - D. Understanding
125. Developing ethical competence in the profession is the only effective way to ensure

- A. Mutual fulfillment
- B. Harmony
- C. Relationship
- D. Professional Ethics**

126. The moral standards by which people judge behavior are considered as
- A. Prosperity
 - B. Thinking
 - C. Ethics**
 - D. Understanding
127. Professional ethics is the implication of _____ in profession
- A. Right Decision
 - B. Right Understanding**
 - C. Right Thinking
 - D. Right Behaviour
128. Comprehensive human goal consists of
- A. Samadhan
 - B. Samridhi
 - C. Seh-astitva
 - D. All of these**
129. Holistic production systems are
- A. Eco-friendly
 - B. People friendly
 - C. Both A and B**
 - D. None
130. Any belief in terms of 'thought system' that we have or that we have adopted is called
- A. Isms**
 - B. ethics
 - C. values
 - D. None of these
131. Parsaparta means (**Interconnectedness**) _____.
132. Paraspar purakta means (**Mutually fulfilling**) _____.
133. Human beings are dependent on the (**Material order**) _____ for soil, minerals and metals.
134. The natural characteristic of material order (**Composition/ decomposition**) _____.
135. The basic activities of plant order are (**Recognizing and fulfillment**) _____.
136. Conformance of material order is named as (**Constitution conformance**) _____.
137. Conformance of plant/ bio order is called (**Seed conformance**) _____.
138. Conformance of animal order is (**Breed conformance**) _____.
139. Conformance of human order is (**Right value or sanskara conformance**) _____.

140. The cell belongs to **(Pranic order)** _____ order.
141. In animals only the activity of **(Selection/taste)** _____ is predominant.
142. The activities in human body are **(Composition/decomposition)** _____ and **(respiration)** _____.
143. **(Existence)** _____ and **(growth)** _____ together are the innateness of the pranic order.
144. The value or participation of different orders in existence is also referred to as their **(Natural characteristics)** _____.
145. The fundamental characteristic of material order is **(Composition/decomposition)** _____.
146. The body of animals and humans belongs to the **(Pranic)** _____ order.
147. The natural characteristics/svabhava of a human being are **(Perseverance)** _____, **(bravery)** _____ and **(genriosity)** _____.
148. The human being is the
- Body
 - Self
 - Co-existence of 'I' and the body**
 - None of the above
149. The needs of I can be called as
- Happiness (sukh)**
 - Physical facilities (suvidha)
 - Excitement
 - None of the above
150. The needs of body can be called as
- Happiness (sukh)
 - Physical facilities (suvidha)**
 - Excitement
 - None of the above
151. The needs of I as it is
- Qualitative**
 - Quantitative
 - Neither Qualitative nor Quantitative
 - Both Qualitative and Quantitative
152. The needs of Body as it is
- Qualitative
 - Quantitative**
 - Neither Qualitative nor Quantitative
 - Both Qualitative and Quantitative
153. Self is a
- Conscious entity**
 - Material entity
 - Neither Conscious entity nor Material entity
 - Both Conscious entity and Material entity
154. Body is a
- Conscious entity

- b) **Material entity**
 c) Neither Conscious entity nor Material entity
 d) Both Conscious entity and Material entity
155. Sukh depends upon
 a) **Our thinking**
 b) Physical facility
 c) Level of suvidha
 d) None of the above
156. The activities of desire, thoughts and expectation at the level of self, are collectively called as
 a) **Imagination**
 b) Knowing
 c) Recognizing
 d) Understanding
157. The physical objects that are in solid, liquid or gas state either living or non living, What is this collectively called?
 (a) **Nature**
 (b) Material Order
 (c) Conformance
 (d) Sanakara
158. When we have right understanding (understanding of existence, understanding of self and understanding of human conduct), the activities of realization and understanding which are currently dormant in I get exposed. What this activity is called?
 (a) **Kriyapurnata**
 (b) Gathanpurna
 (c) Gathansheel
 (d) Acharanpurnata
159. What are the values called that a person gets at the time of his upbringing? We humans are according to our imagination; according to our desires, thoughts and selection in 'I'. The desires, thoughts and selections we have in 'I' can come from anywhere
 (a) **Sanskaar**
 (b) Knowledge
 (c) Existence
 (d) Svabhava
160. What is being assured that the all encompassing solution is to understand and live in harmony at all levels of existence, living with this commitment without any perturbation?
 (a) **Perseverance**
 (b) Composition
 (c) Decomposition
 (d) Bravery
161. The participation of the human being in ensuring the role of physical facility to help and preserve its utility is called its
 E. Utility Value
 F. **Artistic Value**

- G. Harmony
- H. Human Values

162. What is present between every two units?

- E. Space**
- F. Time
- G. Dots
- H. Relation

163. Space is _____ in size

- E. Limited
- F. Restricted
- G. Unlimited**
- H. Small

164. Material units are _____ in nature

- E. Permanent
- F. Temporary**
- G. Constant
- H. Unrecognizable

165. When nature is submerged in space it is known as

- E. Conformance
- F. Acceptance
- G. Mixing
- H. Co-existence**

166. Which is the first order of nature?

- E. Plant order
- F. Human order
- G. Animal order
- H. Material order**

167. Which is the second order of nature?

- E. Plant order**
- F. Human order
- G. Animal order
- H. Material order

168. Which is the third order of nature?

- E. Plant order
- F. Human order
- G. Animal order**
- H. Material order

169. Which is the fourth order of nature?

- E. Plant order
- F. Human order**
- G. Animal order
- H. Material order

170. What is the name given to conformance of animal order?
D. Constitution conformance
E. Seed Conformance
F. Breed Conformance
(d). Sanskar Conformance
171. Which is the only predominant activity in animals?
E. Taste/Selection
F. Composition
G. Growth
H. Existence
172. Composition/ Decomposition and respiration is the activity of
A. Animals
B. Humans
C. Plants
D. Material
173. Which is the fundamental characteristic of material order?
E. Decomposition
F. Composition
G. Respiration
H. Both A and B
174. Perseverance, bravery and generosity are the natural characteristics/svabhava of
E. Plants
F. Humans
G. Materials
H. Animals
175. Which Conformance helps in maintaining the continuity of a plant species in nature?
E. Breed
F. Constitution
G. Seed
H. None of these
176. Nature is equivalent to
E. Natural World
F. Physical World
G. Material World
H. All of these
177. There is mutual _____ among the four orders of nature.
E. Acceptance
F. Existence
G. Fulfillment
H. Co-operation
178. Which conformance is present in human beings?
E. Sanskar

- F. Seed
- G. Breed
- H. Constitution

179. Parasparta is
- B. Intraconnectedness
 - C. Connectedness
 - D. **Interconnectedness**
 - E. Fulfillment
180. Recognizing and fulfillment are the basic activities of which order?
- E. Animal
 - F. **Plant**
 - G. Human
 - H. Material
181. What is Being assured that the all encompassing solution is to understand and live in harmony at all the four levels and I am ready to invest myself, my body and wealth to help the other have the right understanding.
- (a) **Generosity**
 - (b) Perseverance
 - (c) Bravery
 - (d) Encompassing
182. Four orders in nature are material order, plant order, animal order and
- a) Human order
 - b) Knowledge order
 - c) **Both a and b**
 - d) None
183. Which order is also known as pranic order
- a) **Bio order**
 - b) Human order
 - c) Animal order
 - c) Material order
184. If parasparta means interconnectedness than what does paraspara puraka means
- a) fulfilment of connectedness
 - b) Fulfillment
 - c) Mutual happiness
 - d) **Mutually fulfilling**
185. Which order is not fulfilling the conditions of interconnectedness and mutual fulfilment?
- a) Pranic order
 - b) Plant order
 - c) **Knowledge order**
 - d) Animal order
186. Nature has the capability of self-regulation and

- a) Maintenance
 - b) Recyclability**
 - c) Absorbability
 - d) None
187. Human body is a part of which order
- a) Human order
 - b) Knowledge order
 - c) Bio order**
 - d) Plant order
188. Some examples of material order are matels, gases, water and
- a) Liquids
 - b) Compound
 - c) Soil mixtures
 - d) All of the above**
189. If things stands for Vastu, activity stands for Kriya, then what does innateness stands for
- a) Dharana**
 - b) Svabhava
 - c) Anusanigta
 - d) Kriya
190. All units around us are active all the time. Is this statement true?
- a) Yes, true**
 - b) Not, true
 - c) Can't say
 - d) Statement is wrong
191. Human order is also known as knowledge order. What other name can be given to this order?
- a) Parasparta
 - b) Prana avastha
 - c) Jiva avastha
 - d) Gyana avastha**
192. Why does animal order cannot belong to human order?
- a) They have activities of assuming, recognizing, fulfilment
 - b) They do not have same activity
 - c) They do not have activity knowing**
 - d) They have only activity recognizing and fulfillment
193. Material order has which type of conformance?
- a) Seed conformance
 - b) Constitution conformance**
 - c) Breed conformance
 - d) Sanskar conformance
194. Jeeva avastha has which type of anusangita?
- a) Vansa anusangita**

- b) Parinama anusangita
 - c) Bija anusangita
 - d) Sanskar anusangita
195. In which order do we want to live i.e. naturally acceptable
- a) Animal order
 - b) Human order**
 - c) Both
 - d) None
196. Cruelty is a part of animal order but now a days humans are also involved in this activity
- a) this statement is true**
 - b) this statement is false
 - c) can't say
 - d) statement is wrong
197. All units in nature can be categorized in to
- a) One order
 - b) Two distinct order
 - c) Three distinct order
 - d) Four distinct order**
198. In nature all the three orders other than one of the following order are mutually fulfilling for themselves as well as for all other orders
- a) Material order
 - b) Pranic order
 - c) Animal order
 - d) Human order**
199. In nature the conduct of all the three orders other than one of the following order are definite
- a) Material order
 - b) Pranic order
 - c) Animal order
 - d) Human order**
200. Order of appearance of orders:
- a) Material -> Animal -> Plant -> Human
 - b) Plant -> Material-> Animal -> Human
 - c) Material -> Plant -> Animal -> Human**
 - d) Human -> Plant -> Animal -> Material
201. The sequence in which orders environment degrades
- a) Material -> Animal -> Plant -> Human
 - b) Plant -> Material-> Animal -> Human
 - c) Material -> Plant -> Animal -> Human
 - d) Human -> Animal -> Plant -> Material**
202. Resource Depletion is due to
- a) The resource is used at a rate which is faster than the rate at which it is produced in Nature**

- b) The resource is used at a rate which is slower than the rate at which it is produced in Nature
- c) The resource is used at the same at which it is produced in Nature
- d) None of the above
- 203.** Pollution is due to the product is such that
- a) It does not return to the cycle in Nature
- b) It is produced at a rate that is faster than the rate at which it can return to the cycle in Nature
- c) **All the above**
- d) None of the above
- 204.** The Characteristic of material order is
- a) **It is neither created nor destroyed**
- b) It is created but nor destroyed
- c) It is not created but destroyed
- d) It is created and destroyed
- 205.** Which of the following is false
- a) Existence is in the form of co-existence
- b) Every unit in existence is related with every other unit in existence in a mutually fulfilling manner
- c) Synergy in intrinsic to existence, harmony is inherent in existence – we do not have to create it, we do not have to construct it
- d) **None of the above**
- 206.** Which of the following is correct quantity of units in each order
- a) material >> plant >> human >> animal
- b) material >> animal >> plant >> human
- c) plant >> material >> animal >> human
- d) **material >> plant >> animal >> human**
- 207.** The activities in I are
- a) **Continuous**
- b) Temporary
- c) Depends on place
- d) None of the above
- 208.** The whole existence is in coexistence i.e. nature is submerged in space and both exist in harmony, It is definite and self organized system. What is this known as?
- (a) **Samagra Vyavastha**
- (b) Political Value
- (c) Campassion
- (d) Profession
- 209.** While working with material things we have two values utility value and
- a) Holistic value
- b) alternative value
- c) **artistic value**
- d) ethical value

210. Values cannot be enforced through
a) fear
b) greed
c) belief
d) all of the above
211. Identification of 'Svatva' leads to
a) only svatantrata
b) only svarajya
c) both a & b
d) Harmony
212. Does right understanding provides the basis for ethical human conduct
a) yes
b) no
c) can't say
d) statement is wrong
213. Which of the following enables us to discover that values are a natural outcome of the right understanding
a) Svarajya
b) right understanding
c) Harmony
d) self exploration
214. Comprehensive human goal at the level of individual is
a) Prosperity
b) fearlessness
c) Co-existence
d) right understanding
215. Comprehensive human goal at the level of family is
a) Prosperity
b) fearlessness
c) Co-existence
d) right understanding
216. Comprehensive human goal at the level of society is
a) Prosperity
b) fearlessness
c) Co-existence
d) right understanding
217. Comprehensive human goal at the level of nature is
a) Prosperity
b) fearlessness
c) Co-existence
d) right understanding

218. The humanistic education will facilitate the process of self exploration which will lead to continuous
- a) education
 - b) Self evolution**
 - c) development
 - d) people friendly
219. Primary step to move towards the holistic alternative is to develop the right understanding among humans and the commitment to
- a) do practical
 - b) remain calm
 - c) live accordingly**
 - d) teach others
220. The right understanding helps us indentify the comprehensive human goal in terms of
- a) Samadhan
 - b) Samriddhi
 - c) Sah-astitva
 - d) all of above**
221. Understanding of harmony gives us the basis and framework of humanistic education and
- a) Humanistic constitution**
 - b) Harmony constitution
 - c) Education constitution
 - d) Constitution
222. The only effective way to ensure professional ethics is by developing
- a) knowledge
 - b) ethical conduct
 - c) ethical competence**
 - d) professional activities
223. 15 How does un-ethical practices in various professions can be resolved?
- a) through skills
 - b) through knowledge
 - c) through practical
 - d) via right understanding**
224. What provides Providing clear guidelines and policy frame work conducive to the development of an un-fragmented human society and a universal human order?
- (a) Humanistic Education
 - (b) Humanistic Constitution**
 - (c) Profession
 - (d) Ethical Human Conduct
225. The right understanding gained through self-exploration also enables us to identify the definitiveness of human conduct. What is this called?
- (a) Ethical Human Conduct**
 - (b) Values

- (c) Policy
- (d) Utility Values

226. In animals only the activity of _____ is predominant.
227. The values of human being can be enumerated as
- a) Nine
 - b) **Thirty**
 - c) Eighteen
 - d) Twenty four
228. Which of the following is true
- a) Understanding based on Realization manifests as Bliss.
 - b) Definiteness of Desire based on Understanding manifests as Satisfaction.
 - c) Definiteness of Thought based on definiteness of desire manifests as Peace
 - d) **All the above.**
229. Being assured that all-encompassing solution is to understand and live in harmony at all levels of existence, living with this commitment without any perturbation is called
- a) **Perseverance**
 - b) Bravery
 - c) Generosity
 - d) Kindness
230. Being assured that all encompassing solution is to understand and live in harmony at all levels and I am ready to help the other to have the right understanding. This is the commitment to help the other to have the right understanding of the harmony and living at all levels of existence is called
- a) Perseverance
 - b) **Bravery**
 - c) Generosity
 - d) Kindness
231. Being assured that the all-encompassing solution is to understand and live in harmony at all the four levels and I m ready to invest myself , my body and wealth to help the other to have the right understanding is called
- a) Perseverance
 - b) Bravery
 - c) **Generosity**
 - d) Kindness
232. If a person has the ability but does not have the means to fulfill his/her needs, the participation in relation to make available the means to fulfill the need is called
- a) Perseverance
 - b) Bravery
 - c) Generosity
 - d) **Kindness**
233. If a person has the means to fulfill his /her needs but does not have the ability (competence) to utilize it, the participation in relation to imbibe the ability in him/her is called
- a) **Beneficence**

- b) Bravery
 - c) Generosity
 - d) Kindness
234. If a person neither has the ability nor has the means to fulfill his/her needs, the participation in relation to make available the both is called
- a) Perseverance
 - b) Bravery
 - c) **Compassion**
 - d) Kindness
235. In Human relationship there are
- a) **Nine established value and nine expressed value**
 - b) Three established value and nine expressed value Bravery
 - c) Nine established value and three expressed value Compassion
 - d) Three established value and three expressed value Kindness
236. The feeling of responsibility in the self (I) for nurturing, protection and right utilization of the body is called
- a) **Sanyama (self- regulation)**
 - b) Svasthya
 - c) Vihar
 - d) None of the above
237. What helps human beings to transform from animal consciousness to human consciousness?
- A. Right attitude
 - B. Prosperity
 - C. Wealth
 - D. Right understanding**
238. The self is conscious in nature while body in nature is
- (a) Physico - chemical**
 - (b) chemical
 - (c) Interacting
 - (d) Non- chemical
239. The self and body interacts with each other via the activity of
- (a) Selection and choosing
 - (b) Choosing and tasting
 - (c) Selecting and comparing
 - (d) Selecting and tasting**
240. When we assume something about on the prevailing notion it is called
- (a) Post conditioning
 - (b) preconditioning**
 - c) Assumption
 - d) Thoughts
241. Once I have seen/ understood something, I am the one who decides what to do or not to do. Here who am I ?

- (a) Seer
- (b) Doer**
- (c) Enjoyer
- (d) Analyzer

242. The feeling of responsibility for nurturing, protecting and correct utilization of body is

- A. Sanyam**
- B. Swasthya
- C. Consciousness
- D. Understanding

243. Harmony among the body parts is known as

- A. Sanyam
- B. Swasthya**
- C. Synchronization
- D. None

244. The needs of I as it is

- a) Qualitative**
- b) Quantitative
- c) Neither Qualitative nor Quantitative
- d) Both Qualitative and Quantitative

245. The needs of Body as it is

- a) Qualitative
- b) Quantitative**
- c) Neither Qualitative nor Quantitative
- d) Both Qualitative and Quantitative

246. What is basis of swasthya?

- A. Happiness
- B. Wealth
- C. Sanyam**
- D. Prosperity

247. What helps self in exploration and interaction with rest of the nature?

- A. Body**
- B. Soul
- C. Mind
- D. Spirit

248. Needs of the body are temporary while the needs of the self are

- (a) Unlimited
- (b) Regular
- (c) qualitative
- (d) Continuous**

249. The needs of body are qualitative in nature and we want them continuously.

- (a) Statement is true
- b) Self should replace body

- c) Statement is false
d) Both b and c
250. Recognition and fulfillment between material entities is always
 a) Continuous
 b) Temporary
c) Definite
 d) Partial
251. The one who understands the things while visualizing and makes different assumption is known as
 a) Doer
b) Seer
 c) Enjoyer
 d) Self
252. The one that understands is known as
 A. Karta
 B. Dharta
 C. Bhokta
D. Seer
253. What is the other name of Enjoyer?
 A. Karta
 B. Dharta
C. Bhokta
 D. Drashta
254. What makes every member of society feels related to everyone else and therefore there is trust and every individual is able to live harmoniously in relationship?
(a) Fearlessness
 (b) Education
 (c) Competence
 (d) Right Living
255. What is generated by the right evaluation and understanding which leads to fulfillment in relationships.
(a) Respect
 (b) Fear
 (c) Trust
 (d) Justice
256. Program for health and sanyam leads to which feeling in family?
 (a) Thinking
(b) Prosperity
 (c) Care
 (d) Love
257. Ensuring justice in relationship, on the basis of values leads to _____ in society
(a) Fearlessness
 (b) Understanding
 (c) Thinking

(d) Carelessness

258. Which of the following is the foundational value in relationship?

- (a) Guidance
- (b) Care
- (c) Trust**
- (d) Respect

259. What is the basic unit of all interaction?

- (a) Family**
- (b) Individual
- (c) Society
- (d) Friends

260. Which one of the following is a complete value?

- (a) Glory
- (b) Gratitude
- (c) Love**
- (d) Affection

261. The feeling for someone who has made efforts for excellence is called

- (a) Glory**
- (b) Gratitude
- (c) Affection
- (d) Reverence

262. The feeling of acceptance for those who have made efforts for my excellence is

- (a) Glory
- (b) Gratitude**
- (c) Affection
- (d) Reverence

263. Suraksha of nature via enrichment protection and right utilization leads to what in nature.

- a) Co-existence**
- b) existence
- c) Trust
- d) fulfillment

264. The problems in our relationship with various entities are due to our

- (a) Thinking
- (b) Commitment .
- (c) Behaviour
- (d) Assumptions**

265. Comprehensive human goal is right understanding, prosperity, fearlessness and

- (a) Competence
- (b) Guidance
- (c) Co-existence**
- (d) Acceptance

266. What is being assured that the all encompassing solution is to understand and live in harmony at all levels of existence, living with this commitment without any perturbation?
(a) Perseverance
(b) Composition
(c) Decomposition
(d) Bravery
267. The participation of the human being in ensuring the role of physical facility to help and preserve its utility is called its
A. Utility Value
B. Artistic Value
C. Harmony
D. Human Values
268. What is present between every two units?
A. Space
B. Time
C. Dots
D. Relation
269. Space is _____ in size
A. Limited
B. Restricted
C. Unlimited
D. Small
270. Material units are _____ in nature
A. Permanent
B. Temporary
C. Constant
D. Unrecognizable
271. When nature is submerged in space it is known as
A. Conformance
B. Acceptance
C. Mixing
D. Co-existence
272. Which is the first order of nature?
A. Plant order
B. Human order
C. Animal order
D. Material order
273. Which is the second order of nature?
A. Plant order
B. Human order
C. Animal order
D. Material order
274. Perseverance, bravery and generosity are the natural characteristics/svabhava of

- A. Plants
- B. Humans**
- C. Materials
- D. Animals

275. Which Conformance helps in maintaining the continuity of a plant species in nature?

- A. Breed
- B. Constitution
- C. Seed**
- D. None of these

276. All units in nature can be categorized in to

- a) One order
- b) Two distinct order
- c) Three distinct order
- d) Four distinct order**

277. In nature all the three orders other than one of the following order are mutually fulfilling for themselves as well as for all other orders

- a) Material order
- b) Pranic order
- c) Animal order
- d) Human order**

278. What is the living of an individual can be imbibed only through inculcation of values, policies and character, and this is possible through the process of ensuring right understanding through self-exploration?

- (a) Ethics**
- (b) Values
- (c) Rules
- (d) Policy

279. To give opportunity or thing to a person who have ability. If a person has abilities to rightly utilize the resource but lacks in resources then providing him resources is called.

- (a) Kindness**
- (b) Beneficence
- (c) Generosity
- (d) Compassion

280. Comprehensive human goal at the level of individual is

- a) Prosperity
- b) fearlessness
- c) Co-existence
- d) right understanding**

281. Comprehensive human goal at the level of family is

- a) Prosperity**
- b) fearlessness
- c) Co-existence
- d) right understanding

282. Comprehensive human goal at the level of society is
- a) Prosperity
 - b) fearlessness**
 - c) Co-existence
 - d) right understanding
283. What is the decision (plan, program, implementation, results, evaluation) about the enrichment, protection and right utilization of the resources?
- (a) Character
 - (b) Values
 - (c) Behaviour
 - (d) Policy**
284. What is Competence of living in accordance with universal human values or the participation of a unit in the larger order- its natural characteristics or svabhava?
- (a) Character
 - (b) Values**
 - (c) Behaviour
 - (d)Co-operation

Understanding Human Being Comprehensively: Human Aspirations and Its Fulfilment (KOE 069 / ROE 074)

MCQ Bank

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Unit 1

1. Understanding through UHV2

- a. Desire of Human being is for continuous happiness
- b. Understanding of co-existence
- c. Feeling and thought of co-existence
- d. All the above

ANS: D

2. The process to understand human _____ is self exploration.

- a. Goal
- b. Values
- c. Aspirations
- d. All of the above

ANS: D

3. In this course, whatever is being said is a _____ for an individual.

- a. Conclusion
- b. Decision
- c. Proposal
- d. Request

ANS: C

4. Natural acceptance is?

- a. Universal
- b. Definite
- c. Continuous
- d. All of the above

ANS: D

5. Self exploration is a process of _____ through self investigation.

- a. Self-Evolution
- b. Self Verification
- c. Experience
- d. All of the above

ANS: A

6. Mechanisms of self exploration are _____.

- a. Natural Acceptance and Experiential Validation
- b. Preconditioning and Sensations
- c. Natural Acceptance and Sensations
- d. Experiential Validation and Preconditioning

ANS: A

7. Self exploration uses two mechanisms – natural acceptance and _____.

- a. Experiential validation
- b. Reason
- c. Logical thinking
- d. Theoretical concepts

ANS: A

8. The result of self exploration is _____.

- a. Right understanding
- b. Realization
- c. Excitement
- d. Both 1st and 2nd

ANS: D

9. What are the two mechanisms/methods for self explorations?

- a. Individual and Family
- b. Work and Behavior
- c. Thoughts and Feelings
- d. Natural Acceptance and Experiential Validation

ANS: D

10. Self exploration uses two mechanisms – _____ and Experiential Validation.

- a. Natural acceptance
- b. Experiment
- c. Beliefs
- d. Preconditioning

ANS: A

11. What areas are focused in UHV 2

- a. Individual and family
- b. Family and society
- c. Society and nature / existence
- d. Individual and nature / existence

ANS: D

12. What we are expected to understand in UHV 2

- a. self is in coexistence with body
- b. self is the central of existence
- c. body is the central of existence
- d. body is the seer, doer and enjoyer

ANS: B

13. What is the goal of UHV 2 course

- a. to explore human reality
- b. to explore into nature and existence as coexistence
- c. to understand the role of human being
- d. all the above

ANS: D

14. To understand the role of human being what we try to understand in UHV 2

- a. To understand the co-existence
- b. To have the feeling and the thought of coexistence
- c. To live in coexistence in mutual relation with human being and the rest of nature
- d. All the above

ANS: D

15. Harmony within myself is known as _____.

- a. Excitement
- b. Happiness
- c. Both
- d. None of the above

ANS: B

16. Happiness is the state of _____.

- a. Excitement
- b. Harmony
- c. Satisfaction
- d. Pleasure

ANS: B

17. Continuous happiness and prosperity are the _____.

- a. Impractical thought
- b. Impossible desires
- c. Basic human aspirations
- d. None of the above

ANS: C

18. _____ means harmony within myself.

- a. Happiness
- b. Pleasure
- c. Excitement
- d. All

ANS: A

19. To be in a state of liking is _____.

- a. Prosperity
- b. Happiness
- c. Stress

- d. Selfishness ANS: B
- 20. It is the first level of living.**
- a. Individual
 - b. Family
 - c. Society
 - d. Nature ANS: A
- 21. It is the second level of living.**
- a. Individual
 - b. Family
 - c. Society
 - d. Nature ANS: B
- 22. It is the third level of living.**
- a. Individual
 - b. Family
 - c. Society
 - d. Nature ANS: C
- 23. It is the fourth level of living.**
- a. Individual
 - b. Family
 - c. Society
 - d. Nature ANS: D
- 24. Need of self is _____**
- a. Continuous happiness
 - b. Prosperity
 - c. Physical facilities
 - d. None of the above ANS : A
- 25. The basic Human Aspiration is**
- a. Money
 - b. Happiness
 - c. Prosperity
 - d. continuity of happiness and prosperity ANS: D
- 26. Undivided society is ensured by**
- a. right understanding
 - b. physical facilities
 - c. relationship with right understanding
 - d. none of the above ANS : C
- 27. The human goal at the level of family is**
- a. right understanding
 - b. fearlessness
 - c. coexistence
 - d. prosperity ANS: D
- 28. Which is correctly matched?**
- a. Prosperity-society
 - b. Fearlessness-trust
 - c. Co-existence-family
 - d. Right feeling-nature ANS: B
- 29. Method of understanding UHV 2 is**
- a. Teaching

- b. Listening
- c. self exploration
- d. reading

ANS: C

30. What are the two dimensions we are going to refer for right understanding

- a. dimension of thought and dimension of realization
- b. dimension of thought and dimension of behavior
- c. dimension of behavior and dimension of work
- d. dimension of experience and dimension of realization

ANS: A

31. The process of transformation from animal consciousness and human consciousness is

- a. rituals and rights
- b. teaching and reading
- c. human education – sanskaar
- d. morals

ANS: C

32. To enable transformation from animal consciousness to human consciousness, it is the role of

- a. Production work
- b. Education sanskaar
- c. Exchange storage
- d. Justice preservation

ANS: B

33. _____ helps the human being to transform from Animal consciousness to human consciousness

- a. Right understanding
- b. Preconditioning
- c. Sensations
- d. None of the above

ANS: A

34. Animal consciousness is

- a. Giving weightage to physical facilities, to the maximization of sensory pleasures, to accumulation of wealth
- b. Giving weightage to relationships, to the inherent feelings, and right understanding
- c. Both
- d. None

ANS: A

35. Human consciousness is

- a. Giving weightage to physical facilities, to the maximization of sensory pleasures, to accumulation of wealth
- b. Giving weightage to relationships, to the inherent feelings, and right understanding
- c. Both
- d. None

ANS: B

36. Living with _____ leads to undivided society and universal human order

- a. Human consciousness
- b. Animal consciousness
- c. Preconditioning
- d. Beliefs

ANS: A

37. Existence is

- a. Unit submerged in space
- b. Gathensheel and Gathanpurn
- c. none of the above
- d. both a and b

ANS: D

38. The state activity of Desire is

- a. Contemplation

- b. Understanding
- c. Realization
- d. Determination

ANS: A

39. Understanding Coexistence helps in developing

- a. undivided society
- b. universal human order
- c. human tradition
- d. all the above

ANS: D

40. Human being is

- a. Self
- b. Body
- c. self + body
- d. none of the above

ANS: C

41. Needs of self are

- a. temporary
- b. continuous
- c. variable
- d. none of the above

ANS: B

42. There are two kinds of realities in existence

- a. Space and units
- b. Material and conscious
- c. Physical and pranic orders
- d. All the above

ANS: A

43. Nature is _____ and Space is _____ in size

- a. Limited, unlimited
- b. Unlimited, Limited
- c. Limited, Limited
- d. Unlimited, Unlimited

ANS: A

44. When nature is submerged in space we call it

- a. Universe
- b. Galaxy
- c. Existence
- d. None of the above

ANS: C

45. Human-human interaction is called

- a. Work
- b. Behaviour
- c. System
- d. None

ANS: B

46. Human-nature interaction is called

- a. Behaviour
- b. Work
- c. Production
- d. All

ANS: B

47. Human being is the co-existence of

- a. Wealth and prosperity
- b. Suvidha and body
- c. Self and physical facilities
- d. Self and body

ANS: D

48. Needs of self with reference to time are

- a. Continuous
- b. Temporary
- c. Both
- d. None

ANS: A

49. The power/force for the activity of analyzing is

- a. Desire
- b. Expectation
- c. Thought
- d. None

ANS: C

50. The power/force for activity imaging is

- a. Desire
- b. Thoughts
- c. Expectation
- d. Comparing

ANS: A

51. The activities of body (in response) are: (a) Assuming (b) Knowing (c) Recognizing (d) Fulfilling

- a. a & b
- b. c & d
- c. b & d
- d. a & d

ANS: B

52. Need of self is

- a. Quantitative
- b. Temporary
- c. Qualitative
- d. None

ANS: C

53. There can only be a Qualitative change in

- a. conscious units
- b. material units
- c. physical facilities
- d. none of the above

ANS: A

54. DTE is considered as

- a. imagination
- b. behaviour
- c. work
- d. understanding

ANS: A

55. Sources of DTE

- a. preconditioning
- b. sensation
- c. natural acceptance
- d. all the above

ANS: D

56. Transaction from body to self is in the form of

- a. material
- b. instructions
- c. sensations
- d. none of the above

ANS: C

57. What type of decisions our self make

- a. The decision to send instruction to the Body

- b. The decision to read sensation from the Body
- c. both a and b
- d. none of the above

ANS: C

58. When I am angry who is experiencing anger

- a. self
- b. body
- c. both self and body
- d. none of the above

ANS: A

59. Expression of coexistence is seen as

- a. Harmony
- b. Relationship
- c. Submergence
- d. all the above

ANS: D

60. The _____ is central to human existence

- a. Self
- b. Body
- c. Both self and body
- d. None of the above

ANS: A

61. Resolution means

- a. Right Feeling and right thought
- b. having solutions
- c. having solution again
- d. none of the above

ANS: A

62. Which of the following does not comes in B2 block

- a. desire
- b. understanding
- c. imagination
- d. comparing

ANS: B

63. Having clarity in the self means clarity about

- a. right understanding
- b. wisdom
- c. science
- d. all the above

ANS: D

64. When we have clarity about science that means we are resolved in

- a. B1 block
- b. B2 block
- c. body
- d. others

ANS: B

65. What is basic human desire/aspiration?

- a. Happiness
- b. Prosperity
- c. Happiness and prosperity in continuity
- d. Being rich

ANS: C

66. “Seeing the Self by the Self” means

- a. The consciousness observing the consciousness.
- b. The consciousness observing the material
- c. The consciousness observing the co-existence
- d. None

ANS: A

67. “Seeing the Body by the Self” means

- a. The consciousness observing the consciousness.
- b. The consciousness observing the material
- c. The consciousness observing the co-existence
- d. None

ANS: B

68. “Seeing the co-existence by the Self” means

- a. The consciousness observing the co-existence
- b. observing the distance between the Self and the Body
- c. observing the relationship between the Self and the Body
- d. all

ANS: D

69. Which is/are the correct statement/s?

- a. Thought of competing deduces the feeling of opposition.
- b. Thought of nurturing deduces the feeling of affection and care.
- c. My happiness, unhappiness depends on my feeling, thoughts
- d. All

ANS: D

70. Which one is wrong statement about imagination?

- a. Desire, thought and expectations together form my imagination.
- b. Imagination is anyway going on continuously in my Self
- c. My imagination seems to be going on all the time, but I am able to observe it sometimes.
- d. Imagination is going on in B1 block

ANS: D

71. Which is/are the source/s of Imagination?

- a. Preconditionings
- b. Sensation
- c. Natural Acceptance
- d. All

ANS: D

72. _____ is central to human existence.

- a. Body
- b. Physical facilities
- c. Self
- d. All

ANS: C

73. _____ is central to existence.

- a. Body
- b. Physical facilities
- c. Self
- d. Co-existence

ANS: D

74. Everything that we see in nature and existence is the natural expression and unfolding of this

- a. Body
- b. Physical facilities
- c. Self
- d. Co-existence

ANS: D

75. What is the role of human being in this existence?

- a. To understand the co-existence
- b. To have the feeling and the thought of co-existence
- c. To live in co-existence in mutual relation with human being and the rest of nature
- d. All

ANS: D

76. Human being is the co-existence of _____ and _____.

- a. Nature and units.

- b. Body and physical facilities
- c. Self and Body
- d. All

ANS: C

77. Which statement is correct about existence?

- a. Existence is in the form of coexistence
- b. There are two realities in this existence-Units and Space
- c. Whatever exists is existence
- d. All

ANS: D

78. What is/are the program for “Continuous Happiness”?

- a. To understand and to live in harmony at the level of Individual
- b. To understand and to live in harmony at the level of Family and society
- c. To understand and to live in harmony at the level of Nature/Existence
- d. All

ANS: D

79. _____ is central in relationship.

- a. Body
- b. Physical facility
- c. Behaviour
- d. Feeling

ANS: D

80. What are the sources of continuous happiness?

- (1) Becoming aware of your desires, thoughts & expectations
- (2) Thinking about prosperity
- (3) Having Right Understanding
- (4) Having the right feelings in yourself and expressing these feelings to the others
- (5) Expecting the feelings from the other
- (6) Unlimited accumulation of physical facilities

- a. 1 , 4 & 5
- b. 2 ,4 & 6
- c. 3, 4 & 6
- d. 1,2,3 & 4

ANS: D

81. Need of human being is continuous happiness is basically the need of ____.

- a. Body
- b. Self
- c. Self and body
- d. None

ANS: B

82. Need of human being i.e., of continuous happiness and prosperity can be fulfilled by-

- (1) Having a lot of physical facilities
- (2) Sensation based living
- (3) Understanding co-existence
- (4) Having feeling and thought of coexistence

- a. 1 and 2
- b. 1 and 4
- c. 3 and 4
- d. 2 and 3

ANS: C

83. Which is/are the activity/activities of Self?

- (1) Understanding co-existence
- (2) Having feeling and thought of coexistence
- (3) Continuous happiness and prosperity
- (4) Mutually fulfilling behavior with human being

(5) Mutually enriching work with rest of nature

- a. 1 and 2
- b. 4 and 5
- c. 1, 2 and 3
- d. All

ANS: A

84. How are the feeling and thought of coexistence expressed naturally?

- a. In form of mutually fulfilling behavior with human being
- b. In form of mutually enriching work with rest of nature
- c. In form of Participation in larger order leading to undivided society and universal human order
- d. All

ANS: D

85. What is/are the need/s of physical facility for body?

- a. To nurture the body
- b. To protect the body
- c. To rightly utilize the body
- d. All the above

ANS: D

86. Happiness means--

- a. To be in a state of harmony
- b. Fulfillment of desired expectations from others
- c. Fulfillment of desired feelings from others
- d. Fulfillment of desired sensations from body

ANS: A

87. What may be the possible assumption/s before the study of Universal Human Values (UHV-1)?

- a. Existence= material
- b. Desire or Purpose is happiness through sensation and feeling from others
- c. Program for happiness is unlimited accumulation of physical facilities
- d. All

ANS: D

88. What may be the possible understanding after the study of Universal Human Values (UHV-1)

- a. Human being is the coexistence of self and body
- b. Existence is in the form of Units submerged in space.
- c. Program for continuous happiness is to understand and to live in harmony (at all levels of being – human being, family, society, nature/existence.
- d. All the above

ANS: D

89. Universal Human Values-1 does not focus on-

- a. To initiate the process of self-exploration in you
- b. To realize that human being is co-existence of Self and Body
- c. Shift from the assumption that Human being= Body to Knowing (Realization) that human being is co-existence of Self and Body.
- d. Effort to be made outside and not within for continuous happiness because I am OK & THE PROBLEM IS WITH OTHERS.

ANS: D

90. What do we expect after the study of “Understanding Human Being Comprehensively”?

- a. Understanding that Self is central to human existence and Body is used as an instrument.
- b. Understanding that Happiness is to be in a state of co-existence and Prosperity is a part of it
- c. Program for continuous happiness is to understand co-existence , to have the feeling and thought of co-existence, to live in co-existence
- d. All

ANS: D

91. The need for the feeling of prosperity is a part of-

- a. Continuous happiness
- b. Undefined/Unlimited accumulation of physical facility

- c. Happiness through sensation from physical facility
- d. All

ANS: A

92. Which is not a way for fulfillment of basic human aspiration (i.e., continuity of happiness and prosperity)?

- a. By living in human consciousness
- b. By ensuring right understanding and right feeling
- c. By ensuring more than required physical facility through right understanding
- d. By maximum accumulation of physical facilities for family.

ANS: D

93. What does human education sanskar not ensure?

- a. Imagination based on preconditioning and sensation.
- b. Transformation from human consciousness to animal consciousness.
- c. Fulfillment of expected feeling from others for happiness.
- d. All

ANS: D

94. Which among the followings is wrong statement?

- a. The basic human aspiration is for continuity of happiness and prosperity.
- b. Transformation from animal consciousness to human consciousness is ensured through human education-sanskar.
- c. Living with human consciousness provides the base for ensuring justice and order leading to undivided society and universal human order.
- d. None

ANS: D

95. Which among the following is not a characteristic of inhuman society?

- a. Money is everything
- b. Having more physical facilities ensures happiness and prosperity
- c. Fearlessness in society
- d. Mastery and exploitation over nature

ANS: D

96. Find the correct sequence.

- a. Human Education----Personal Transformation---Societal Transformation
- b. Societal Transformation--- Human Education--- Personal Transformation
- c. Personal Transformation---- Human Education---- Societal Transformation
- d. Societal Transformation--- Personal Transformation—Human education

ANS: A

97. Which among the following is not a characteristic of humane society?

- a. Right understanding in every individual
- b. Having more physical facilities/being rich ensures happiness and prosperity
- c. Feeling of prosperity in every family
- d. Fearlessness in society, Harmony in nature

ANS: C

98. Which among the following is not a GUIDELINE for human values/value education subject?

- a. Universal
- b. A process of self-investigation and self-exploration
- c. Giving sermons and a set of do's and don'ts related to values
- d. Systematic and rational study of the human being vis-à-vis the rest of existence

ANS: C

99. Which process does not lead to Right understanding in you (Self)?

- a. A process of do's & don'ts, in which you assume what is said, without verification
- b. A process of self-verification on your own right
- c. Verification of proposals on the basis of natural acceptance
- d. Verification through experiential validation

ANS: A

100. What does human education sanskar ensure?

- a. Right understanding, Right feeling in every individual
- b. Transformation from animal consciousness to human consciousness

c. To live with a feeling of prosperity.

d. All

ANS: D

101. Which among the following is not a program for fulfillment of basic human aspiration?

a. Right understanding in Self

b. Having more physical facilities/being rich to ensure happiness and prosperity

c. Right feeling in relationship

d. Recognition of required physical facility and its fulfillment with rest of nature

ANS: B

102. Which among the following is not related with deluded Self?

a. Unhappiness and making others unhappy

b. Deprivation and Exploiting others

c. Human consciousness

d. Accumulation by any means as focus is only on physical facility

ANS: C

103. Justice in relationship with human beings-from family to world family leads to-

a. Prosperity

b. Mutual Happiness and Undivided society

c. Excitement

d. All

ANS: B

104. Justice in human-human relationship along with Participation in larger order with nature-from family to world family leads to-

a. Excitement

b. Happiness

c. Universal Human Order

d. All

ANS: C

105. Right understanding in self along with right feeling in human-human relationship leads to-

a. Mutual happiness

b. Mutual prosperity

c. Excitement

d. All

ANS: A

106. Right understanding in self along with Recognition of required physical facility and its fulfillment with rest of nature lead to-

a. Mutual happiness

b. Mutual prosperity

c. Excitement

d. All

ANS: B

107. Which one is a conscious unit (consciousness)?

a. Body

b. Wealth

c. Self

d. Self and body both

ANS: C

108. Which is material unit?

a. Body

b. Physical facility

c. Physiochemical things

d. All

ANS: D

109. Which among the following is not a need of self?

a. Trust

b. Physio-chemical things

c. Respect

d. Happiness

ANS: B

110. Need of self is fulfilled by:

- (I) Right Understanding
- (II) Right Feeling
- (III) Excitement from sensation
- (IV) Physic-Chemical Things

- a. I & IV
- b. I & III
- c. I & II
- d. IV only

ANS: C

111. Need of body with reference to time is

- a. Temporary
- b. Continuous
- c. Qualitative
- d. Quantitative

ANS: A

112. Need of body is

- a. Quantitative
- b. Assuming
- c. Qualitative
- d. None

ANS: A

113. Need of body is fulfilled by:

- a. Right Understanding
- b. Right Feeling
- c. Right thought
- d. Physic-Chemical Things

ANS: D

114. Needs of body are-

- a. Qualitative & unlimited
- b. Quantitative & limited
- c. Quantitative & unlimited
- d. Qualitative & limited

ANS: B

115. Needs of self are-

- a. Qualitative & temporary
- b. Qualitative & limited
- c. Qualitative & unlimited
- d. Qualitative & continuous

ANS: D

116. Which among the following is not an activity of self?

- a. Expectation
- b. Continuous happiness
- c. Desire
- d. Thought

ANS: B

117. Which among the following is not an activity of body?

- a. Assuming
- b. Recognizing
- c. Fulfilling
- d. All

ANS: A

118. Body sends _____ to self.

- a. Information (Instructions)
- b. Information (sensation)

- c. happiness
- d. Thoughts

ANS: B

119. Self reads the _____ & gives _____ to body.

- a. Instructions & information
- b. sensation & instructions
- c. Instructions & instructions
- d. None

ANS: B

120. The activities of self (in response) are-

- (I) Assuming
- (II) Knowing
- (III) Recognizing
- (IV) Fulfilling

- a. III & IV
- b. II, III & IV
- c. I and II
- d. All

ANS: D

121. The activities of body (in response) are-

- (I) Assuming
- (II) Knowing
- (III) Recognizing
- (IV) Fulfilling

- a. III & IV
- b. II, III & IV
- c. I and II
- d. All

ANS: A

122. Needs & activities of self are-

- a. Temporary
- b. Continuous
- c. Quantitative
- d. Limited

ANS: B

123. Needs & activities of body are-

- a. Temporary
- b. Continuous
- c. Qualitative
- d. Unlimited

ANS: A

124. To see the reality as it is, in its completeness is called-

- a. Assuming
- b. Knowing
- c. Recognizing
- d. Fulfilling

ANS: B

125. Acceptance without basis of knowing is called-

- a. Assuming
- b. Knowing
- c. Recognizing
- d. Fulfilling

ANS: A

126. What lead to RESOLUTION?

- a. Assuming
- b. Knowing

- c. Recognizing and fulfilling based on Assuming
- d. All

ANS: B

127. Which statement is not correct about assumptions?

- a. Assumptions are definite (on the basis of knowing)
- b. Assumptions keep on changing (without knowing)
- c. Assumptions (on the basis of knowing) help to see the reality as it is in its completeness.
- d. Assumptions (without knowing) leads to SWATANTRATA

ANS: D

128. The pleasure obtained from sensations is-

- (I) Short-Lived
- (II) Temporary
- (III) Continuous
- (IV) Source of long lasting happiness

- a. III only
- b. IV only
- c. I & II
- d. III & IV

ANS: C

129. Pre-conditioning leads to

- (I) Indefinite Conduct
- (II) Partantrata
- (III) Swatantrata
- (IV) Harmony

- a. II & IV
- b. I, II & IV
- c. I & II
- d. III & IV

ANS: C

130. Behaviour and work are outcome of-

- a. Desire
- b. Thoughts
- c. Expectation
- d. All

ANS: D

131. The power/force for activity selection/tasting is

- a. Desire
- b. Thoughts
- c. Expectation
- d. Comparing

ANS: C

132. Which statement is not related with animal consciousness?

- a. Living by Preconditioning & Sensation
- b. Self verification on the basis of Natural Acceptance
- c. Desire, thoughts and expectation based on Preconditioning & Sensation
- d. Unguided Senses/Sensation, Health and Profit

ANS: B

133. Which statement is not related with human consciousness?

- a. Living on the basis of Knowing/ Right Understanding
- b. Awakening to the activity of contemplation, understanding and realization
- c. Desire, thoughts and expectation based on Preconditioning & Sensation
- d. Guided Senses/Sensation, Health and Profit

ANS: C

134. Which statement is not correct about transaction between the Self and the Body?

- a. The transaction between the Self and the Body is only of information (no material transaction is taking place)

- b. The transaction between the Self and the Body is only of material.
- c. Instruction is a kind of information given by the Self and Sensation is also a kind of information received by the Self.
- d. The decision to send instruction to the Body and read sensation from the Body is made by the Self

ANS: B

135. _____ wants to live with continuous happiness.

- a. Body
- b. Self
- c. Material units
- d. Plants and animals

ANS: B

136. _____ is just used as an instrument of _____.

- a. Physical facility, Self
- b. Self, body
- c. Body, Self
- d. Imagination, preconditioning

ANS: C

137. Physical facility is required for nurturing, protection and right utilization of the-

- a. Self
- b. Thought
- c. Body
- d. Sensation

ANS: C

138. Production, protection and right utilization of physical facility is a program of-

- a. Self for body
- b. Body for self
- c. Both self and body
- d. None

ANS: A

139. Find the wrong statement.

- a. Self is Seer/viewer
- b. Self is Doer (decision maker)
- c. Self is Enjoyer (Experiencer)
- d. Self is Instrument for body

ANS: D

140. To understand and to live in harmony at all levels of being (from self to entire existence) is the program of Self (I) for-

- a. Excitement/pleasure
- b. Happiness
- c. Continuous happiness
- d. None

ANS: C

141. Find out the wrong statement.

- a. "Seer" means the one that sees / understands
- b. All the 5 senses are just the instruments enable the Self to see something outside.
- c. In the process of seeing, the Self is used as an instrument.
- d. You can also see 'within', without using the sensation in the body.

ANS: C

142. Find out the wrong statement.

- a. Self is the one who decides. Self decides what to do, what not to do.
- b. The body is used to express the decision of the self, If required
- c. Self may or may not use the body to execute its decision
- d. What I think is the decision of my body.

ANS: D

143. Find out the wrong statement.

- a. It is my Self that experiences happiness / unhappiness
- b. It is my body who enjoys the taste of food.
- c. It is my Self that feels enthused or depressed
- d. It is my Self that feels angry or delighted

ANS: B

144. Find the correct statement.

- a. B1 Block is Seer (to see the reality)
- b. B2 Block is Doer (recognises its relationship with other units and make plan or think to fulfill this relationship)
- c. B1 and B2 are the enjoyer (both- enjoys superbliss, bliss, satisfaction, peace and happiness at the level of realisation, understanding, contemplation, comparing and tasting)
- d. All

ANS: D

145. Awakening to the activity of _____ leads to Clarity of Co-existence in Existence and Submergence.

- a. Contemplation
- b. Understanding
- c. Realization
- d. Comparing

ANS: C

146. Awakening to the activity of _____ leads to Clarity of Harmony in Nature, Self organization (Innateness).

- a. Contemplation
- b. Understanding
- c. Realization
- d. Comparing

ANS: B

147. Awakening to the activity of _____ leads to Clarity of Relationship, Natural Characteristic or Participation in larger Order.

- a. Understanding
- b. Realization
- c. Comparing
- d. Contemplation

ANS: D

148. Which among the following statement specify that self is central to human existence?

- a. Self is seer, doer and enjoyer.
- b. The need of continuous happiness is basically the need of self and Body is just an instrument of self.
- c. Self has the feeling of sanyam for nurturing, protection & right utilization of body
- d. All

ANS: D

149. Which among the following statement is correct about physical facility?

- a. Physical Facility is required to fulfill the responsibility of the Self toward the Body
- b. Physical Facility is required for nurturing, protection and right utilization of the body
- c. The quantity of Physical Facility required for nurturing, protection and right utilization of the body is limited
- d. All

ANS: D

150. What does right utilization of body mean?

- a. Use of Body as an instrument for communication (behaviour)
- b. Use of Body as an instrument for labour/work, to obtain necessary physical facility for the body
- c. As an instrument for continuity of Human Tradition (new body)
- d. All

ANS: D

Unit 2

1. **I can directly see (KNOW) the reality, harmony (self-organisation & submergence). The essence is definite. This comes in**
 - a. Realization
 - b. contemplation
 - c. Desire
 - d. Expectation

ANS: A
2. **I can directly see my relationship with this reality (natural characteristic). I have Natural Acceptance to fulfill this relationship. This is**
 - a. Realization
 - b. contemplation
 - c. Desire
 - d. Expectation

ANS: B
3. **Innateness of plant order is**
 - a. existence and growth
 - b. will to live
 - c. nurture - worsen
 - d. Cruelty - Non-cruelty

ANS: A
4. **When we see property of units we consider**
 - a. effect of unit1 on unit2
 - b. recognition-fulfillment by unit1 with unit2
 - c. both a and b
 - d. none

ANS: C
5. **When we consider FORM of a unit we notice its**
 - a. shape
 - b. size
 - c. density
 - d. all the above

ANS: D
6. **Self organization means**
 - a. Innateness
 - b. Co-existence
 - c. Form
 - d. Natural Characteristics

ANS: A
7. **Which among the following is variable in units**
 - a. Natural Characteristic
 - b. Innateness
 - c. Co-existence
 - d. Form

ANS: D
8. **When we see through sensation we are using**
 - a. Self
 - b. Body
 - c. Self and body
 - d. None

ANS: C
9. **When we see what is rational we are seeing through**
 - a. Self
 - b. Body
 - c. Self and body

- d. None ANS: A
- 10. When we see what is rational we are using the following activities of self**
- a. Authentication and determination
 - b. Tasting and analyzing
 - c. Analyzing and contemplation
 - d. Contemplation and determination ANS: B
- 11. In the process of knowing what is existential (essence), we are knowing about**
- a. Natural characteristics
 - b. Innateness
 - c. Coexistence
 - d. All the above ANS: D
- 12. Participation of Human Being with Rest of Nature is in the form of**
- a. Protecting its innateness
 - b. Protecting and enriching its inheritance
 - c. Making right utilization of nature, in line with its activity
 - d. all the above ANS: D
- 13. Which among the following is variable in units**
- a. Natural Characteristic
 - b. Innateness
 - c. Co-existence
 - d. Form ANS: D
- 14. Self organization means**
- a. Innateness
 - b. Co-existence
 - c. Form
 - d. Natural Characteristics ANS: A
- 15. The inheritance of animal order is**
- a. constitution based
 - b. seed based
 - c. breed based
 - d. knowledge based ANS: C
- 16. The content to be known is**
- a. Knowledge of Human Being
 - b. Knowledge of Existence
 - c. Knowledge of Human Conduct
 - d. All the above ANS: D
- 17. The process of understanding includes**
- a. Awakening of activity of contemplation
 - b. Awakening of activity of Understanding
 - c. Awakening of activity of realisation
 - d. All the above ANS: D
- 18. Contemplation means**
- a. To know about the natural characteristics of all four orders
 - b. To know about the Innateness of all four orders
 - c. To know about the coexistence of all four orders
 - d. To know about the conduct of all four orders ANS: A
- 19. Understanding means**
- a. To know about the natural characteristics of all four orders

- b. To know about the Innateness of all four orders
- c. To know about the coexistence of all four orders
- d. To know about the conduct of all four orders

ANS: B

20. Realization means

- a. To know about the natural characteristics of all four orders
- b. To know about the Innateness of all four orders
- c. To know about the coexistence of all four orders
- d. To know about the relationship of all four orders

ANS: C

21. 'Seeing' the Existence is Co-existence, which is in the form of units submerged in space is called

- a. Understanding
- b. Realization
- c. Contemplation
- d. All the above

ANS: B

22. Awakening to activity of understanding means

- a. understanding of Harmony (Self-organisation) in Nature
- b. understanding of Harmony (Self-organisation) in Human Being
- c. understanding of Harmony (Self-organisation) in Existence
- d. All the above

ANS: D

23. I can directly see my relationship with this reality (natural characteristic). I have Natural Acceptance to fulfill this relationship. This is

- a. Realization
- b. Contemplation
- c. Desire
- d. Expectation

ANS: B

24. I can directly see (KNOW) the reality, harmony (self-organisation & submergence). The essence is definite. This comes in

- a. Realization
- b. Contemplation
- c. Desire
- d. Expectation

ANS: A

25. Right understanding means-

- a. To see the reality as it is in its completeness.
- b. To understand the five aspects of units submerged in coexistence with space
- c. To understand the provision of harmony at all 4 levels of my being and to live accordingly.
- d. All

ANS: D

26. There are ____ components of resolution.

- a. Five (5)
- b. Six (6)
- c. Nine (9)
- d. Eighteen (18)

ANS: C

27. Clarity/identification of Comprehensive human goals in the light of Right understanding is called-

- a. Science
- b. Work
- c. Wisdom
- d. Behaviour

ANS: C

28. Comprehensive human goals are fulfilled with the help of-

- a. Wisdom
- b. Science
- c. Precondition and sensation
- d. All

ANS: B

29. Mutual happiness in human –human interaction/relationship leads to-

- a. Behaviour
- b. Justice
- c. Prosperity
- d. Work

ANS: C

30. To ensure justice from family to world family is called-

- a. Science
- b. Wisdom
- c. Undivided human society
- d. Production

ANS: C

31. To ensure mutual fulfillment and mutual prosperity from family to world family is called

- a. Science
- b. Wisdom
- c. Undivided human society
- d. Universal Human Order

ANS: D

32. Which among the following is not a comprehensive human goal?

- a. Right understanding in every individual
- b. Mastery over nature
- c. Feeling of prosperity in every family
- d. Fearlessness in society

ANS: B

33. To ensure the concept of undivided society and universal human order from generation to generation is called-

- a. Science
- b. Wisdom
- c. Human tradition
- d. Justice

ANS: C

34. Which dimension of human endeavour is not correctly matched?

- a. Education----Sanskar
- b. Health----- Sanyam
- c. Labour--- Work
- d. Justice-----Preservation

ANS: C

35. Which among the following does not belong to the five aspects (dimensions) of a unit?

- a. Natural characteristic
- b. Innateness
- c. Energy in equilibrium
- d. Coexistence

ANS: C

36. Which among the followings aspects of a unit are definite, continuous and universal?

- (I) Natural characteristic
- (II) Innateness
- (III) Coexistence
- (IV) Form
- (V) Property
- a. I, II, III
- b. I, II, V

- c. I, IV, V
- d. III, IV, V

ANS: A

37. Which among the followings aspects of a unit are indefinite and changing?

- (I) **Natural characteristic**
- (II) **Innateness**
- (III) **Coexistence**
- (IV) **Form**
- (V) **Property**

- a. I, II, III
- b. I, IV, V
- c. III, IV, V
- d. IV, V

ANS: D

38. Which among the following indicate participation in larger order?

- a. Natural characteristic
- b. Innateness
- c. Coexistence
- d. Form

ANS: A

39. Which among the following indicate self organization?

- a. Natural characteristic
- b. Innateness
- c. Coexistence
- d. Form

ANS: B

40. Which among the following indicate submergence?

- a. Natural characteristic
- b. Innateness
- c. Coexistence
- d. Property

ANS: C

41. Which aspect/dimension of a unit indicates its size, shape, colour, density etc?

- a. Property
- b. Form
- c. Innateness
- d. Coexistence

ANS: B

42. Which aspect/dimension of a unit indicates impact of a unit on other unit?

- a. Property
- b. Form
- c. Innateness
- d. Coexistence

ANS: A

43. Through _____ we are able to see/understand the natural characteristic of a unit.

- a. Contemplation
- b. Realization
- c. Understanding
- d. Analyzing

ANS: A

44. Through _____ we are able to see/understand the innateness of a unit.

- a. Contemplation
- b. Realization
- c. Understanding
- d. Analyzing

ANS: C

45. Through _____ we are able to see/understand the coexistence/submergence of a unit.

- a. Contemplation
- b. Realization
- c. Understanding
- d. Analyzing

ANS: B

46. Through _____ we are able to see/understand form of a unit.

- a. Realization
- b. Understanding
- c. Sensation
- d. Analyzing

ANS: C

47. Which aspect/dimension of a unit can be understood by the activities of tasting and analyzing?

- a. Property
- b. Form
- c. Innateness
- d. Coexistence

ANS: A

48. Which is the process for ensuring Right Understanding (GYAN)?

- a. Awakening to the activity of contemplation
- b. Awakening to the activity of understanding
- c. Awakening to the activity of realization
- d. All

ANS: D

49. Which among the following is not an element (part) of Right Understanding (GYAN)?

- a. Knower
- b. To be known
- c. Process
- d. Preconditioning

ANS: D

50. Who is knower?

- a. Self
- b. Body
- c. Existence
- d. All

ANS: A

51. What is to be known as a part of Right Understanding (GYAN)?

- a. Human being and existence
- b. Human conduct
- c. Role of human being in this existence
- d. All

ANS: D

52. What are the four dimensions of living?

- a. Individual, family, society and nature
- b. Thought, behaviour, work and realization
- c. Material, pranic, animal and human
- d. None

ANS: B

53. What are the four levels of living?

- a. Individual, family, society and nature
- b. Thought, behaviour, work and realization
- c. Material, pranic, animal and human
- d. None

ANS: A

54. What are the four orders in nature?

- a. Individual, family, society and nature
- b. Thought, behaviour, work and realization
- c. Material, pranic, animal and human

d. None

ANS: C

55. B1 BLOCK is the dimension of

- a. Thought
- b. Behaviour
- c. Work
- d. Realization/Right understanding/ Natural Acceptance

ANS: D

56. B2 BLOCK is the dimension of

- a. Thought
- b. Behaviour
- c. Work
- d. Realization

ANS: A

57. What will be the impact when our understanding is based on realization?

- a. Imaging will be definite
- b. Guided senses, health and profit
- c. Definiteness in behaviour and work
- d. All

ANS: D

58. What will be the impact when our understanding is based on preconditioning and sensation?

- a. Conduct will be indefinite
- b. Unguided senses, health and profit
- c. Indefiniteness in behaviour and work
- d. All

ANS: D

59. The statement “Existence is Co-existence, which is in the form of units submerged in space” deals with-

- a. Understanding
- b. Realization of coexistence
- c. Contemplation of my participation in larger order
- d. None

ANS: B

60. The statement “All units in Nature can be classified into 4 orders. These units and the four orders have definite Innateness or Self-organization” deals with-

- a. Understanding
- b. Realization of coexistence
- c. Contemplation
- d. None

ANS: A

61. The statement “Every unit has a definite participation in existence, a definite role to play in this existence” deals with-

- a. Understanding
- b. Realization of coexistence
- c. Contemplation
- d. None

ANS: C

62. On what basis we can decide our feelings and thoughts?

- a. Right understanding (Natural acceptance)
- b. Assumptions (Preconditioning)
- c. Both
- d. None

ANS: C

63. The statement “I remain comfortable, in harmony, in a state of happiness within” deals with

- a. I decide my feeling, thought on the basis of right understanding.
- b. I am able to decide in favour of a feeling that is naturally acceptable to me
- c. I decide my feeling, thought on the basis of realization

d. All

ANS: D

64. The statement “I remain uncomfortable, in disharmony, in a state of unhappiness, in contradiction within” does not deal with-

- a. I decide my feeling, thought on the basis of assumption (preconditioning)
- b. I am able to decide in favour of a feeling that is naturally acceptable to me
- c. I am able to decide in favour of a feeling that is not naturally acceptable to me
- d. I decide my feeling, thought on the basis of sensation

ANS: B

65. Which among the following feelings is not naturally acceptable to me?

- a. The feeling of relationship
- b. The feeling of harmony
- c. Feeling of struggle
- d. The feeling of co-existence

ANS: C

66. What indicates “I will be in a state of continuous happiness”?

- a. By ensuring the **feeling** of relationship, harmony, co-existence
- b. By expanding my **thought** of how to live in relationship, harmony, co-existence
- c. By **living with the outside world** in relationship, harmony, co-existence
- d. All

ANS: D

67. What are the three realities to know for a human being?

- a. Knowledge of Self, body and physical facilities
- b. Knowledge of Individual, family and physical facilities
- c. Knowledge of human being, existence and human conduct
- d. Knowledge of body, physical facilities and utilization of physical facilities

ANS: C

68. The property of a unit by virtue of which it ensures its participation in this existence is called its-

- a. Innateness
- b. Co-existence
- c. Natural characteristic
- d. Conformance

ANS: C

69. The property of a unit which can't be separated from it is called its-

- a. Innateness (self organization)
- b. Co-existence
- c. Natural characteristic
- d. Conformance

ANS: A

70. The property or characteristic which can't be separated from any of the units in this existence is called -

- a. Innateness
- b. Co-existence (submergence)
- c. Natural characteristic
- d. Conformance

ANS: B

71. What are the 9 things to understand, which are definite, universal and continuous?

- a. Natural characteristic of four order (4), Innateness of 4 orders (4), Coexistence (1)
- b. Natural characteristic (1), Innateness of 4 orders (4), Coexistence of four order (4)
- c. Innateness (1), Natural characteristic of four order (4), Coexistence of four order (4)
- d. All

ANS: A

72. What aspects/dimensions of TULSI PLANT change with time and space?

- a. Coexistence and innateness
- b. Natural characteristic and innateness
- c. Form and property

d. Property and coexistence

ANS: C

73. What is the innateness of TULSI PLANT (OR ANY PLANT)?

- a. Existence+ growth
- b. Cruelty/non-cruelty
- c. Nurture/worsen
- d. Will to live in Self

ANS: A

74. Which statement indicates the submergence of TULSI PLANT in this existence?

- a. Every cell of Tulsi is energized in coexistence with space
- b. Every cell of Tulsi is self organized in coexistence with space
- c. Every cell of Tulsi (a unit) recognises and fulfill its relationship with other units
- d. All

ANS: D

75. Which among the following is not a unit?

- a. Self
- b. Body
- c. Material
- d. Space

ANS: D

76. Which among the following statement is not correct?

- a. Self is consciousness while body is material unit.
- b. There are only 2 realities in this existence i.e., “Units” and “Space”.
- c. Units (material and consciousness) can be Space and Space can be Units.
- d. There are 5 aspects or dimensions of a unit which indicate its reality.

ANS: D

Unit 3

1. **In order to ensure continuous happiness we need to develop**
 - a. Right understanding in the self
 - b. Right feeling and thought in the self
 - c. Competence for right living with the world outside
 - d. All the above

ANS: D
2. **What is needed to be developed in order to ensure continuous happiness?**
 - a. Right understanding – in the Self
 - b. Right feeling, thought – in the Self
 - c. Competence for right living with the world outside
 - d. All

ANS: D
3. **Having competence for right living in the self is expressed in**
 - a. Behaviour with human being
 - b. Work with rest of nature
 - c. Participation in the entire nature
 - d. All the above

ANS: D
4. **Health problems such as Diabetes, Migraine, Digestive Disorders, etc. are caused by _____.**
 - a. Lack of the feeling of Sanyam
 - b. Tendency to take medicine to suppress the ailment
 - c. Intake of improper food, water and air
 - d. All of the above

ANS : D
5. **The statement, "All the body parts are performing its expected functions." is related with _____.**
 - a. Sanyam
 - b. Self Regulation
 - c. Swasthya
 - d. Proper Upkeep

ANS : C
6. **_____ is done with the help of proper food, water and air.**
 - a. Protection of the body
 - b. Right Utilization of the body
 - c. Nourishment of the body
 - d. Exploitation of the body

ANS : C
7. **The feeling of Responsibility to ensure health of body is related with _____.**
 - a. Proper Upkeep
 - b. Self Regulation
 - c. Guidance
 - d. Affection

ANS : B
8. **The amount of physical facilities required for nurturing, protection, and right utilization of body is _____.**
 - a. Limited
 - b. Unlimited
 - c. Uncertain
 - d. Insignificant

ANS : A
9. **The feeling of responsibility for nurturing, protection and right utilizing the body is _____.**
 - a. Sanyam
 - b. Swasthya
 - c. Both 1st and 2nd

- d. None of the above ANS : A
- 10. Where there is harmony among the parts of the body, it is known as _____.**
a. Sanyam
b. Swasthya
c. Both 1st and 2nd
d. None of the above ANS : B
- 11. Sanyam is the basis of _____.**
a. Money
b. Popularity
c. Swasthya
d. Happiness ANS : C
- 12. _____ ensures Swasthya.**
a. Money
b. Popularity
c. Sanyam
d. Patience ANS : C
- 13. The need of physical facility is for _____.**
a. Nurturing, Protection, and Right Utilization of Body
b. Gaining respect
c. Malnutrition
d. Obsession ANS : A
- 14. What is not the indicator of good health in Self and Body?**
a. Feeling of happiness and prosperity
b. Proper functioning of organ systems
c. Feeling of self-regulation towards the body
d. Feeling of jealousy, competition, anger for others ANS : D
- 15. Our natural acceptance is to be in which category of people _____.**
a. Suvidha Viheen Dukhi Daridra (SVDD)
b. Suvidha Sampann Dukhi Daridra (SSDD)
c. Suvidha Sampann Sukhi Samridh (SSSS)
d. All of the above ANS : C
- 16. SVDD means _____.**
a. Sadhna Vihin Dukhi Daridra
b. Sahitya Vihin Dukhi Daridra
c. Samarpan Vihin Daridra Dukhi
d. Suvidha Vihin Dukhi Daridra ANS : D
- 17. SSSS means _____.**
a. Samparpan Sampann Sukhi Samriddha
b. Sahitya Sampann Sukhi Samriddha
c. Suvidha Sampann Sukhi Samriddha
d. None of the above ANS : C
- 18. To which category a prosperous person belong?**
a. SVDD
b. SSDD
c. SSSS
d. None of the above ANS : C
- 19. To which category a deprived person belong?**
a. SSDD and SSSS

- b. SSSS and SVDD
- c. SVDD and SSDD
- d. All of the above

ANS : C

20. Samridhi means _____.

- a. Knowledge
- b. Awareness
- c. College Degree
- d. Prosperity

ANS : D

21. From physical facilities we want _____.

- a. Happiness
- b. Prosperity
- c. Reputation
- d. Respect

ANS : B

22. Which among the following is based on our natural acceptance?

- a. SSDD
- b. SSSS
- c. SVDD
- d. None of the above

ANS : B

23. Prosperity can be achieved by _____.

- a. Relationship
- b. Physical facility only
- c. Right understanding with physical facilities
- d. None of the above

ANS : C

24. The feeling of having/producing more than required physical facility is _____.

- a. Happiness
- b. Prosperity
- c. Satisfaction
- d. Success

ANS : B

25. For prosperity, which of the following is not required?

- a. Appropriate assessment of the physical needs
- b. Ensuring availability/production of more than required physical facilities
- c. Knowing the need for physical facilities as limited
- d. Giving first priority to physical facilities in life

ANS : D

26. The dynamic activity of realization is

- a. Authentication
- b. Determination
- c. Contemplation
- d. Expectation

ANS: A

27. The dynamic activity of Understanding is

- a. Realization
- b. Authentication
- c. Determination
- d. Contemplation

ANS: C

28. The dynamic activity of contemplation is

- a. Authentication
- b. Determination
- c. Imaging
- d. Analyzing

ANS: C

- 29. The dynamic activity of comparing is**
a. Selecting
b. Analyzing
c. Imaging
d. Determination **ANS: B**
- 30. The dynamic activity of tasting is**
a. Determination
b. Imaging
c. Analyzing
d. Selecting **ANS: D**
- 31. The state activity of authentication is**
a. Realization
b. Understanding
c. Contemplation
d. Comparing **ANS: A**
- 32. The state activity of determination is**
a. Realization
b. Understanding
c. Contemplation
d. Comparing **ANS: B**
- 33. The state activity of imaging is**
a. Realization
b. Understanding
c. Contemplation
d. Comparing **ANS: C**
- 34. The state activity of analysing is**
a. Realization
b. Understanding
c. Contemplation
d. Comparing **ANS: D**
- 35. The state activity of selecting is**
a. Tasting
b. Understanding
c. Contemplation
d. Comparing **ANS: A**
- 36. Authentication is the dynamic activity of**
a. Realization
b. Understanding
c. Contemplation
d. Comparing **ANS: A**
- 37. Determination is the dynamic activity of**
a. Realization
b. Understanding
c. Contemplation
d. Comparing **ANS: B**
- 38. Imaging is the dynamic activity of**
a. Realization
b. Understanding

- c. Contemplation
d. Comparing ANS: C
- 39. Analysing is the dynamic activity of**
a. Realization
b. Understanding
c. Contemplation
d. Comparing ANS: D
- 40. Selecting is the dynamic activity of**
a. Understanding
b. Contemplation
c. Comparing
d. Tasting ANS: D
- 41. Realization is the state activity of**
a. Authentication
b. Determination
c. Imaging
d. Analyzing ANS: A
- 42. Understanding is the state activity of**
a. Authentication
b. Determination
c. Imaging
d. Analyzing ANS: B
- 43. Contemplation is the state activity of**
a. Authentication
b. Determination
c. Imaging
d. Analyzing ANS: C
- 44. Comparing is the state activity of**
a. Authentication
b. Determination
c. Imaging
d. Analyzing ANS: D
- 45. Tasting is the state activity of**
a. Determination
b. Imaging
c. Analyzing
d. Selecting ANS: D
- 46. When desires are decided on the basis of right understanding they are**
a. Natural, definite
b. Uncertain
c. Indefinite
d. All the above ANS: A
- 47. When desire are decided mostly on the basis of preconditioning and sensations they are**
a. Natural / Unnatural
b. Uncertain
c. Indefinite
d. All the above ANS: D
- 48. When our activity of analyzing and comparing is unguided it means**

- a. It is under influence of preconditioning
- b. It is under influence of sensation
- c. Both a and b
- d. None of the above

ANS: C

49. Preconditioning is

- a. Not sure it leads to harmony or contradiction
- b. Assuming without knowing
- c. Depends on something or someone outside, keeps changing
- d. All the above

ANS: D

50. If our imagination is based on Natural Acceptance, we are in the state of _____.

- a. Partantrata
- b. Swatantrata
- c. Pre-conditioning
- d. State of Resignation

ANS : B

51. If our imagination is based on Pre-conditioning and Sensation, we are in the state of _____.

- a. Partantrata
- b. Swatantrata
- c. Natural Acceptance
- d. None of the above

ANS : A

52. Sources of imagination are _____.

- a. Natural Acceptance, Pre-Conditioning, Behavior, and Work
- b. Pre-conditioning, Sensation, and Behavior and Work
- c. Natural Acceptance, Pre-conditioning, and Sensation
- d. Natural Acceptance, Sensation, Behavior, and Work

ANS : C

53. The pleasure obtained from sensations is _____.

- a. Short-Lived and Continuous
- b. Temporary and Source of long lasting happiness
- c. Short-Lived and Temporary
- d. Continuous and Source of long lasting happiness

ANS : C

54. Behavior and work are an outcome of _____.

- a. Desire
- b. Thoughts
- c. Expectation
- d. All of the above

ANS : D

55. _____ is stimulus, which our sensory organs make us feels.

- a. Feelings
- b. Sensations
- c. Knowledge
- d. Happiness

ANS : B

56. The Self (I) and Body interacts with each other via the activity of _____.

- a. Imaging
- b. Analyzing
- c. Selecting/Tasting
- d. None of the above

ANS : C

57. When we assume something about, on the basis of prevailing notion it is called _____.

- a. Sensation
- b. Pre-conditioning
- c. Understanding

d. Natural acceptance

ANS : B

58. Role of sensation or right utilisation of sensation

- a. To keep body in good health by nurturing, protection of body
- b. To exchange right understanding & right feeling (Education-sanskar)
- c. To give happiness
- d. Both a and b

ANS: D

59. Right utilisation of body [body is an instrument of the Self (I)]

- a. As an instrument for communication
- b. As an instrument for labour, to obtain necessary physical facility for the body
- c. As an instrument for continuity of Human Tradition (new body)
- d. All the above

ANS: D

60. Role of Physical Facility or right utilisation of Physical Facility (Acquiring- Profit)

- a. For nurturing, protection of body
- b. For exchanging right understanding & right feeling (Education-sanskar) and other aspects of social system
- c. Both a and b
- d. None of the above

ANS: C

61. What is truth

- a. Authentication of co-existence, the submergence in space
- b. Authentication of harmony (, i.e. human-nature relationship, mutual enrichment (mutual prosperity)
- c. Authentication of relationship (), i.e. human-human relationship, mutual fulfillment (mutual happiness)
- d. All the above

ANS: A

62. What are the sources of continuous happiness

- a. Right feeling and thought in us
- b. Getting favourable feelings from others
- c. Having favourable sensations
- d. All the above

ANS: A

63. What is the purpose of getting right feelings from others

- a. For getting happiness
- b. For evaluating state of other self to identify complementarity in relationship
- c. To get confidence in self
- d. All the above

ANS: B

64. Source of temporary happiness can be

- a. Owing / accumulating physical facility
- b. Pleasure from favourable sensation
- c. Attention appreciation (favourable feelings) from others
- d. All the above

ANS: D

65. What method helps us to have continuous happiness

- a. Adapting the methods to escape from unhappiness
- b. Getting excitement from physical facilities and with others
- c. Having harmony within
- d. All the above

ANS: C

66. Expectation based on realization ensures

- a. Bliss
- b. Satisfaction
- c. Happiness

- d. Peace ANS: C
- 67. Relationship is the need of**
- a. Self
 - b. Body
 - c. both self and body
 - d. none of the above ANS: A
- 68. There is complementarity in Nature, This definiteness leads to a feeling of**
- a. bliss (ananad)
 - b. opposition (virodh)
 - c. both
 - d. none ANS: A
- 69. When we have understanding of harmony in nature and a determination to live accordingly, it ensures**
- a. Bliss
 - b. Satisfaction
 - c. Happiness
 - d. Peace ANS: A
- 70. The activity of desire is reflected in the form of –**
- a. Imaging
 - b. Analyzing
 - c. Selection/tasting
 - d. None ANS: A
- 71. The activity of expectation is reflected in the form of –**
- a. Imaging
 - b. Analyzing
 - c. Selection/tasting
 - d. None ANS: C
- 72. The activity of thought is reflected in the form of –**
- a. Imaging
 - b. Analyzing
 - c. Selection/tasting
 - d. None ANS: B
- 73. Which activity/ies get awakened in self with Right understanding?**
- a. Realization
 - b. Understanding
 - c. Contemplation
 - d. All ANS: D
- 74. Activity of Realization means-**
- a. Clarity of coexistence, submergence
 - b. Clarity of harmony, innateness
 - c. Clarity of my Natural characteristic
 - d. None ANS: A
- 75. Activity of Understanding means-**
- a. Clarity of coexistence, submergence
 - b. Clarity of harmony, innateness
 - c. Clarity of my Natural characteristic
 - d. All ANS: B
- 76. Activity of Contemplation means-**

- a. Clarity of coexistence, submergence
- b. Clarity of harmony, innateness
- c. Clarity of Natural characteristic
- d. None

ANS: C

77. Submergence means-

- a. Every unit in nature is energized in coexistence of space
- b. Every unit in nature is self organized in coexistence of space, exists in a definite order
- c. Every unit in nature recognizes its relationship with every other unit and fulfils the relationship in coexistence of space.
- d. All

ANS: D

78. When does Self (I) live with Authenticity (Authentication) in continuity?

- a. With the realization of coexistence
- b. With the experience of coexistence
- c. With the imagination based on precondition and sensation
- d. None

ANS: A

79. When does Self (I) make “Determination” to live in a mutually fulfilling manner with every unit in this existence?

- a. With the understanding of harmony, innateness (self organization)
- b. With the experience of coexistence
- c. With the imagination based on precondition and sensation
- d. None

ANS: A

80. Which activity of Self deals with the role (participation) of a unit in this existence?

- a. Tasting
- b. Understanding
- c. Contemplation
- d. Comparing

ANS: C

81. Which activity of self deals with self organization (innateness) of a unit in this existence?

- a. Analyzing
- b. Understanding
- c. Contemplation
- d. Realization

ANS: B

82. Which activity of self indicates that “there is a complementarity in nature and no opposition?”

- a. Analyzing
- b. Understanding
- c. Contemplation
- d. Realization

ANS: A

83. What are the 3 things, the human has to focus on?

- (I) To understand the coexistence
- (II) To ensure feeling and thought of coexistence
- (III) To live in coexistence, to live with authentication
- (IV) To live with preconditioning and sensation
- (V) To live with focus on being rich.

- a. I,IV,V
- b. III,IV,V
- c. II,IV,V
- d. I,II,III

ANS: D

84. Human beings have to live in coexistence with-

- a. Human beings

- b. Rest of nature
- c. Both
- d. None

ANS: C

85. What is ensured when Human beings live with authentication in coexistence with other human beings?

- a. Excitement
- b. Physical facility
- c. Mutual happiness
- d. Mutual prosperity

ANS: C

86. What is ensured when Human beings live with authentication in coexistence with rest of nature?

- a. Excitement
- b. Physical facility
- c. Mutual happiness
- d. Mutual prosperity

ANS: D

87. Mutual happiness in human-human interaction leads to-

- a. Excitement
- b. Sensation
- c. Justice
- d. Sanyam

ANS: C

88. Mutual prosperity means-

- a. Prosperity of both human beings and rest of nature.
- b. Prosperity of rest of nature and animals
- c. Prosperity of human beings and material order
- d. None

ANS: A

89. To ensure justice from family to world family is said as-

- a. Work
- b. Behaviour
- c. Undivided human society
- d. Judgement

ANS: C

90. [To ensure mutual happiness (mutual fulfillment) in human-human interaction] + [Mutual prosperity (mutual enrichment) in human-rest of nature interaction] from family to world family is called-

- a. Universal Human Order
- b. Undivided Human Society
- c. Happiness at the Cost of Nature
- d. None

ANS: A

91. B1 block indicates-

- a. Dimension of Realization
- b. Block of Right Understanding (GYAN)
- c. Block of NATURAL ACCEPTANCE
- d. ALL

ANS: D

92. How many activities (total) are there in self?

- a. Three (3)
- b. Five (5)
- c. Nine (9)
- d. Ten (10)

ANS: D

93. What are the 2 kinds of activities in Self?

- a. Dynamic activity and State activity

- b. Dynamic activity and physical activity
- c. State activity and Biological activity
- d. None

ANS: A

94. There are total ____ Dynamic activities in self.

- a. Two (2)
- b. Four (4)
- c. Five (5)
- d. Nine (9)

ANS: C

95. There are total ____ State activities in self.

- a. Two (2)
- b. Four (4)
- c. Five (5)
- d. Nine (9)

ANS: C

96. Which activity is the activity of expression/manifestation?

- a. State activity
- b. Dynamic activity
- c. Both
- d. None

ANS: B

97. Which activity is the activity of state?

- a. State activity
- b. Dynamic activity
- c. Both
- d. None

ANS: A

98. Self (I) or Jeevan is continuously active because

- a. Self is Gathansheel
- b. Self is Gathanpurna
- c. Self is energized and has activities
- d. All

ANS: C

99. Which among the following is not a Dynamic Activity?

- a. Authentication
- b. Determination
- c. Imaging
- d. Tasting

ANS: D

100. Which among the following is not a State Activity?

- a. Contemplation
- b. Comparing
- c. Tasting
- d. Selection

ANS: D

101. Out of 5 Dynamic activities (i.e., Authentication, Determination, Imaging, Analyzing & Selection), which 2 activities belong to B1 block?

- a. Authentication, Determination
- b. Determination, Imaging
- c. Imaging, Analyzing
- d. Analyzing, Selection

ANS: A

102. Out of 5 Dynamic activities (i.e., Authentication, Determination, Imaging, Analyzing & Selection), which 3 activities belong to B2 block?

- a. Authentication, Determination, Imaging
- b. Determination, Imaging, Selection

- c. Imaging, Analyzing, Selection
- d. Analyzing, Selection, Authentication

ANS: C

103. Out of 5 State activities (i.e., Realization, Understanding, Contemplation, Comparing, Tasting), which 3 activities belong to B1 block?

- a. Realization, Understanding, Contemplation
- b. Understanding, Comparing, Tasting
- c. Contemplation, Tasting, Realization
- d. Realization, Tasting, Understanding

ANS: A

104. Out of 5 State activities (i.e., Realization, Understanding, Contemplation, Comparing, Tasting), which 2 activities belong to B2 block?

- a. Realization, Understanding
- b. Understanding, Comparing
- c. Contemplation, Tasting,
- d. Comparing , Tasting,

ANS: D

105. The activities of Self like Imaging, Analyzing, Comparing, Selection, and Tasting belong to-

- a. B1 block (dimension of realization)
- b. B2 block (dimension of thought)
- c. Both
- d. None

ANS: B

106. The activities of Self like Authentication, Determination, Realization, Understanding, and Contemplation belong to-

- a. B1 block (dimension of realization)
- b. B2 block (dimension of thought)
- c. Both
- d. None

ANS: A

107. The B1 block (dimension of realization) is unawakened or inactive or dormant in-

- a. Deluded or Underdeveloped Self
- b. True Self
- c. Both
- d. None

ANS: A

108. The B1 block (dimension of realization) is awakened in-

- a. Deluded or Underdeveloped Self
- b. True Self
- c. Both
- d. None

ANS: B

109. The B1 block (dimension of realization) gets awakened through-

- a. Education sanskar
- b. Self exploration
- c. Awakening to the activities of Realization, Understanding and Contemplation
- d. All

ANS: D

110. What will be the source/s of Imagination in B2 block if B1 block is unawakened?

- a. Preconditioning
- b. Sensation
- c. Both preconditioning and sensation
- d. Natural acceptance

ANS: C

111. If our Imagination in B2 block is governed/inspired by preconditioning and sensations then we are in a state of-

- a. svatva

- b. swatantrata
- c. swarajya
- d. partantrata

ANS: D

112. If our Imagination in B2 block is governed/inspired by Natural Acceptance or B1 block or Right understanding, then we are in a state of-

- a. swatantrata, happiness, harmony
- b. partantrata, unhappiness, disharmony
- c. excitement, pleasure, joy
- d. none

ANS: A

113. When is mutual happiness ensured in human –human interaction?

- a. If B1 block is governed/inspired by B2 block
- b. If B2 block is governed/inspired by B1 block
- c. If B2 block is governed/inspired by preconditioning and sensation
- d. None

ANS: B

114. When is mutual prosperity ensured in human –rest of nature interaction?

- a. If B1 block is governed/inspired by B2 block
- b. If B2 block is governed/inspired by B1 block
- c. If B2 block is governed/inspired by preconditioning and sensation
- d. None

ANS: B

115. There are ____ basis (or perceptions) for the activity of Comparing.

- a. Five (5)
- b. Six (6)
- c. Eight (8)
- d. Ten (10)

ANS: C

116. In what situation the first 3 basis for the activity of comparing (i.e., Coexistence, Harmony & Justice) guide the last (=lower) 3 basis for the activity of comparing (i.e., Senses, Health & Profit).

- a. When activities of B1 BLOCK are awakened
- b. In presence of Right Understanding (Self with Right Understanding)
- c. When Comparing is guided by Contemplation
- d. ALL

ANS: D

117. In what situation Coexistence, Harmony & Justice ----GUIDE----- the Senses, Health & Profit?

- a. When activities of B1 BLOCK are awakened
- b. In presence of Right Understanding (Self with Right Understanding)
- c. When Comparing is guided by Contemplation
- d. ALL

ANS: D

118. When does activity of comparing operate through 6 basis?

- a. When activities of B1 BLOCK are awakened
- b. In presence of Right Understanding (Self with Right Understanding)
- c. When Comparing is guided by Contemplation
- d. ALL

ANS: D

119. What if “Coexistence, Harmony & Justice” are active (or effective or awakened) as a basis for the activity of comparing?

- a. Senses, health and profit will be guided
- b. Senses, health and profit will be unguided
- c. Senses will be guided but health and profit will be unguided
- d. Senses will be unguided but health and profit will be guided

ANS: A

- 120. In what situation the first 3 basis for the activity of comparing (i.e., Coexistence, Harmony & Justice) do not guide the last 3 basis for the activity of comparing (i.e., Senses, Health & Profit).**
- When activities of B1 BLOCK are unawakened
 - In absence of Right Understanding (Self without Right Understanding)
 - When B2 BLOCK is governed/regulated precondition and sensation
 - ALL
- ANS: D**
- 121. In what situation Coexistence, Harmony & Justice ----DO NOT GUIDE----- the Senses, Health & Profit?**
- When activities of B1 BLOCK are unawakened
 - In absence of Right Understanding (Self without Right Understanding)
 - When B2 BLOCK is governed/regulated precondition and sensation
 - ALL
- ANS: D**
- 122. When does the activity of comparing operate only through lower three unguided basis?**
- When activities of B1 BLOCK are unawakened
 - In absence of Right Understanding (Self without Right Understanding)
 - When B2 BLOCK is governed/regulated precondition and sensation
 - ALL
- ANS: D**
- 123. What if “Coexistence, Harmony & Justice” are not active (or not effective or unawakened) as a basis for the activity of comparing?**
- Senses, health and profit will be guided
 - Senses, health and profit will be unguided
 - Senses will be guided but health and profit will be unguided
 - Senses will be unguided but health and profit will be guided
- ANS: C**
- 124. Which among the following statement deals with” Guided senses”?**
- Clarity about prosperity, what physical facility has to produce, how to produce and its right utilization, exchange and storage of physical facility with human beings with a view of mutual fulfillment.
 - Sanyam and clarity about the program for sanyam for ensuring health of body because body as an instrument help the self in ensuring right understanding and right feeling and in living with authentication.
 - Identification of physical facility for nurturing, protection of body and for sharing knowledge and feeling.
 - None
- ANS: C**
- 125. Which among the following statement deals with” Guided Health”?**
- Clarity about prosperity, what physical facility has to produce, how to produce and its right utilization, exchange and storage of physical facility with human beings with a view of mutual fulfillment.
 - Sanyam and clarity about the program for sanyam for ensuring health of body because body as an instrument help the self in ensuring right understanding and right feeling and in living with authentication.
 - Identification of physical facility for nurturing, protection of body and for sharing knowledge and feeling.
 - None
- ANS: B**
- 126. Which among the following statement deals with” Guided Profit”?**
- Clarity about prosperity, what physical facility has to produce, how and how much to produce, its right utilization, exchange and storage of physical facility with human beings with a view of mutual fulfillment?

- b. Sanyam and clarity about the program for sanyam for ensuring health of body because body as an instrument help the self in ensuring right understanding and right feeling and in living with authentication.
- c. Identification of physical facility for nurturing, protection of body and for sharing knowledge and feeling.
- a. None

ANS: A

127. Which among the following is not correctly matched?

- a. Unguided senses leads to obsession for sensation
- b. Unguided health leads to obsession for indulgence
- c. Unguided profit leads to obsession for profit
- d. Unguided sanyam leads to obsession for profit

ANS: D

128. Which among the following statement specify the term “COEXISTENCE” as a basis for the activity of comparing?

- a. Clarity of submergence in space
- b. Clarity of innateness, self organization, interconnectedness, mutual fulfillment with entire nature
- c. Mutual happiness in behaviour with human beings
- d. None

ANS: A

129. Which among the following statement specify the term “HARMONY” as a basis for the activity of comparing?

- a. Clarity of submergence in space
- b. Clarity of innateness, self organization, interconnectedness, mutual fulfillment with entire nature
- c. Mutual happiness in behaviour with human beings
- d. None

ANS: B

130. Which among the following statement specify the term “JUSTICE” as a basis for the activity of comparing?

- a. Clarity of submergence in space.
- b. Clarity of innateness, self organization, interconnectedness, mutual fulfillment with entire nature
- c. Mutual happiness in behaviour with human beings
- d. None

ANS: C

131. What is/are the source/s of Tasting in Self?

- a. Preconditioning
- b. Sensation
- c. Feelings and thoughts from others
- d. All

ANS: D

132. What is/are the type/s or basis of selection/Tasting?

- a. Goal based
- b. Value based
- c. Sensation based
- d. All

ANS: D

133. Which among the following type (=basis) of tasting is towards Right Understanding & Resolution on the basis of human goal?

- a. Goal based
- b. Value based
- c. Sensation based
- d. All

ANS: A

- 134. Which among the following type (=basis) of tasting is towards feelings in relationship (Justice in relationship)**
- a. Goal based
 - b. Value based
 - c. Sensation based
 - d. All
- ANS: B**
- 135. Which among the following type (=basis) of tasting is towards sensation (for nurturing, protection of body and for sharing feelings)?**
- a. Goal based
 - b. Value based
 - c. Sensation based
 - d. All
- ANS: C**
- 136. What will the basis/type of tasting in Self, if Coexistence, Harmony & Justice” are active (or effective or awakened) as a basis for the activity of comparing?**
- a. Goal based
 - b. Value based
 - c. Sensation based
 - d. Goal based and Value based due to which GUIDED Sensation based tasting.
- ANS: D**
- 137. What will the basis/type of tasting in Self, if SENSES, HEALTH & PROFIT” are there as a basis for the activity of comparing?**
- a. Goal based
 - b. Value based
 - c. Sensation based
 - d. Value based due to which UNGUIDED Sensation based tasting.
- ANS: D**
- 138. With the realization of co-existence, I live with _____, in continuity.**
- a. Determination
 - b. Authentication (Authenticity)
 - c. Contemplation
 - d. Imaging
- ANS: B**
- 139. With the understanding of innateness/self organization (i.e. clarity of harmony of all four orders), I make _____ to live in a mutually fulfilling manner with every unit in existence.**
- a. Determination
 - b. Authentication
 - c. Contemplation
 - d. Imaging
- ANS: A**
- 140. With the clarity of natural characteristic, participation in larger order _____ becomes definite.**
- a. Determination
 - b. Authentication
 - c. Analyzing
 - d. Imaging
- ANS: D**
- 141. The power of Imaging is-**
- a. Desire
 - b. Thought
 - c. Expectation
 - d. Imagination
- ANS: A**
- 142. The power of Analyzing is-**
- a. Desire

- b. Thought
- c. Expectation
- d. None

ANS: B

143. The power of selection/tasting is-

- a. Desire
- b. Thought
- c. Expectation
- d. None

ANS: C

144. Selection is made to fulfill a _____.

- a. Contemplation
- b. Tasting
- c. Comparing
- d. None

ANS: B

145. Selection depends upon _____.

- a. Contemplation
- b. Tasting
- c. Comparing
- d. None

ANS: B

146. _____ refers to our pleasantness or unpleasantness of any sensation (information), thought, feeling, interaction or preconditioning.

- a. Contemplation
- b. Tasting
- c. Comparing
- d. None

ANS: B

147. All the information from the body are passed to Self (I) via _____.

- a. Contemplation
- b. Tasting
- c. Comparing
- d. None

ANS: B

148. All the instructions from self (I) to the body are from the activity of _____.

- a. Selection
- b. Tasting
- c. Contemplation
- d. None

ANS: A

149. Which among the following is a source of temporary happiness?

- a. Right understanding within myself
- b. Right feeling within myself
- c. Right utilization of sensation
- d. Right feelings from others and fulfillment of expectation from others

ANS: D

150. Find out the source/s of continuous happiness?

- a. Right understanding and Right feeling within myself
- b. Right utilization of sensation
- c. To understand and live according to the provision of harmony at all 4 levels of living.
- d. All

ANS: D

151. Which among the following is/are correct statement/s, If you depend on preconditionings, sensations and right feelings from others for your happiness.

- a. It will be temporary happiness
- b. There will be no completion point

c. State of PARTANTRATA

d. All

ANS: D

152. Which among the following is/are correct statement/s, If you depend on right utilization of sensation, right understanding and right feeling in your self for your happiness.

a. It will be continuous happiness.

b. There will be definite completion point

c. State of SWATANTRATA

d. All

ANS: D

153. How do B1 block gets activated?

a. By awakening to the activity of Realization

b. By awakening to the activity of Understanding

c. By awakening to the activity of Contemplation

d. All

ANS: D

154. What does right utilization of sensation from Physical facility mean?

a. Use of senses (sensation) for nurturing and protection of the body

b. To keep the body in good health by nurturing, protection of body

c. To exchange right understanding & right feeling (Education-sanskar)

d. All

ANS: D

155. What is the role of sensation or what is the role of physical facility?

a. Use of senses (sensation) for nurturing and protection of the body

b. To keep the body in good health by nurturing, protection of body

c. To exchange right understanding & right feeling (Education-sanskar)

d. All

ANS: D

156. Which among the following is not correct about right utilization of senses?

a. Use of senses for nurturing the body

b. Use of senses in getting sensory pleasure

c. Use of senses for protection of body

d. Use of senses for right utilization of body

ANS: B

157. The state of self when “Our desires and imaginations are on the basis of sensations, which are driven from outside then we are enslaved of these desires (i.e. we depends on others for our happiness)” is called-

a. Svatva

b. Partantrata

c. Swatantrata

d. Swarajya

ANS: B

158. Which statement is true about sensations from physical facility and body.

a. Sensations keep changing

b. Pleasure obtained from sensation is short lived

c. They can not be the source of continuous happiness of self as they are short lived.

d. All

ANS: D

159. Which among the following is not a characteristic of Deluded self (= self without right understanding?

a. Imagination guided by preconditioning and sensation

b. Imagination guided by Natural Acceptance (B1 BLOCK)

c. Basis for the activity of comparing are unguided senses, health and profit

d. Tasting based on unguided sensation

ANS: B

160. Which among the following is not a characteristic of true or pure self (= self with right understanding?

- a. Imagination guided by preconditioning and sensation
- b. Imagination guided by Natural Acceptance (B1 BLOCK)
- c. Basis for the activity of comparing are Coexistence, Harmony, Justice, as a result Guided senses, health and profit
- d. Tasting Goal Based & Value Based , as a result Guided Sensation ANS: A

161. Which among the following is a comprehensive human goal at the level of Individual?

- a. Right understanding and right feeling
- b. Feeling of prosperity
- c. Fearlessness (Abhay)
- d. Harmony/mutual fulfillment/mutual enrichment/balance ANS: A

162. Which among the following is a comprehensive human goal at the level of Family?

- a. Right understanding and right feeling
- b. Feeling of prosperity
- c. Fearlessness (Abhay)
- d. Harmony/mutual fulfillment/mutual enrichment/balance ANS: B

163. Which among the following is a comprehensive human goal at the level of Society?

- a. Right understanding and right feeling
- b. Feeling of prosperity
- c. Fearlessness (Abhay)
- d. Harmony/mutual fulfillment/mutual enrichment/balance ANS: C

164. Which among the following is a comprehensive human goal at the level of Nature?

- a. Right understanding and right feeling
- b. Feeling of prosperity
- c. Fearlessness (Abhay)
- d. Harmony/mutual fulfillment/mutual enrichment/balance ANS: D

165. What is all encompassing solution?

- a. Resolution
- b. Preconditioning
- c. Sensation
- d. Behaviour and work ANS: A

166. Read the statement carefully and fill the correct word/term in the given blank space.

“On the basis of understanding my participation in existence, I can see that I have a definite role to play. Then my _____ is to fulfill that definite role and thus my _____ become definite ”

- a. Desire
- b. Thought
- c. Expectation
- d. None ANS: A

167. Which among the following is not a higher activities of Self (I)?

- a. Realization
- b. Understanding
- c. Contemplation
- d. Tasting ANS: D

168. Which among the following is not a lower activities of self?

- a. Imaging
- b. Analyzing
- c. Selection/tasting
- d. Contemplation ANS: D

169. What ensures continuous happiness in Self?

- a. Right understanding (GYAN) in Self
- b. Right feeling and Right thought (RESOLUTION) in Self
- c. Both
- d. Preconditioning and sensation based imagination

ANS: C

170. Which is the prevailing notion of happiness in society (current state)?

- a. Owning / accumulating physical facility-
- b. Pleasure (from favourable sensation)
- c. Attention, appreciation... (favourable feelings) from others
- d. All

ANS: D

171. Which is/are prevailing means of Escape from Unhappiness, Depression?

- a. Over eating and over sleeping
- b. Gutka, alcohol and drugs
- c. Violence and/or suicide
- d. All

ANS: D

172. What is the dynamic activity of "Realization"

- a. Authentication
- b. Determination
- c. Imaging
- d. Analyzing

ANS: A

173. What is the activity of expression/manifestation of "Realization"

- a. Authentication
- b. Determination
- c. Imaging
- d. Analyzing

ANS: A

174. What is the dynamic activity of "understanding".

- a. Authentication
- b. Determination
- c. Imaging
- d. Analyzing

ANS: B

175. What is the activity of expression/manifestation of "understanding".

- a. Authentication
- b. Determination
- c. Imaging
- d. Analyzing

ANS: B

176. What is the dynamic activity of "contemplation"

- a. Authentication
- b. Determination
- c. Imaging
- d. Analyzing

ANS: C

177. What is the activity of expression/manifestation of "contemplation".

- a. Authentication
- b. Determination
- c. Imaging
- d. Analyzing

ANS: C

178. What is the dynamic activity of "comparing"

- a. Authentication
- b. Determination
- c. Imaging

- d. Analyzing ANS: D
- 179. What is the activity of expression/manifestation of “COMPARING”**
- a. Authentication
 - b. Determination
 - c. Imaging
 - d. Analyzing ANS: D
- 180. What is the dynamic activity of “tasting” ?**
- a. Authentication
 - b. Determination
 - c. Analyzing
 - d. Selection ANS: D
- 181. What is the activity of expression/manifestation of “TASTING”?**
- a. Authentication
 - b. Determination
 - c. Analyzing
 - d. Selection ANS: D
- 182. What is the state activity of “Authentication”.**
- a. Realization
 - b. Understanding
 - c. Comparing
 - d. Tasting ANS: A
- 183. What is the state activity of “Determination”**
- a. Realization
 - b. Understanding
 - c. Comparing
 - d. Tasting ANS: B
- 184. What is the state activity of “imaging”**
- a. Understanding
 - b. Contemplation
 - c. Comparing
 - d. Tasting ANS: C
- 185. What is the state activity of “analyzing”**
- a. Understanding
 - b. Contemplation
 - c. Comparing
 - d. Tasting ANS: D
- 186. What is the state activity of “selection”**
- a. Understanding
 - b. Contemplation
 - c. Comparing
 - d. Tasting ANS: D
- 187. What is the power for imaging?**
- a. Desire
 - b. Thought
 - c. Expectation
 - d. None ANS: A
- 188. What is the power for analyzing?**
- a. Desire

- b. Thought
- c. Expectation
- d. None

ANS: B

189. What is the power for selection/tasting?

- a. Desire
- b. Thought
- c. Expectation
- d. None

ANS: C

190. What is the correct priority sequence of basis of tasting in self with right understanding?

- a. Sensation based, goal based, value based
- b. Sensation based, value based, goal based
- c. Goal based, value based, sensation based
- d. None

ANS: C

191. The activities of imaging , analyzing, comparing, selection, tasting belong to

- a. Dimension of realization (B1 block)
- b. Dimension of thought (B2 block)
- c. Dimension of behaviour (B3 block)
- d. Dimension of work and participation (B4 block)

ANS: B

192. The activities of Realization, Understanding, Contemplation, Authentication, Determination belong to

- a. Dimension of realization (B1 block)
- b. Dimension of thought (B2 block)
- c. Dimension of behaviour (B3 block)
- d. Dimension of work and participation (B4 block)

ANS: A

Unit 4

1. What is ever present, ever effective and ever expressive
 - a. Human being
 - b. Nature
 - c. Physical facilities
 - d. Existence as coexistence

ANS : D
2. _____ is energized
 - a. Space
 - b. Existence
 - c. Unit
 - d. All the above

ANS : C
3. What is self organized in existence
 - a. Units
 - b. Space
 - c. Both
 - d. None of the above

ANS : A
4. Between every two units there is _____.
 - a. Units
 - b. Space
 - c. Air
 - d. Vacuum

ANS : B
5. When nature is submerged in space, we call it _____.
 - a. Universe
 - b. Galaxy
 - c. Existence
 - d. None of the above

ANS : C
6. Nature is _____ in size, and Space is _____.
 - a. Limited, Unlimited
 - b. Unlimited, Limited
 - c. Limited, Limited
 - d. Unlimited, Unlimited

ANS : A
7. When something is active or has activity, we call it _____.
 - a. Space
 - b. Unit
 - c. Both 1st and 2nd
 - d. None of the above

ANS : B
8. Space is constant or _____ energy.
 - a. Equilibrium
 - b. Variable
 - c. Unlimited
 - d. Limited

ANS : A
9. There are two kinds of realities in existence _____.
 - a. Space and Units
 - b. Material and Conscious
 - c. Physical and Pranic Orders
 - d. All of the above

ANS : A
10. Material units are _____ in nature.

- a. Temporary
- b. Continuous
- c. Unlimited
- d. None of the above

ANS : A

11. Sah-astitva means _____.

- a. Co-existence
- b. Co-operation
- c. Co-option
- d. Corporate Identity

ANS : A

12. Existence means _____.

- a. Exist + Essence (Whatever exists)
- b. To be in harmony with whatever exists
- c. Unit submerged in Space
- d. All of the above

ANS : D

13. Activity of material is

- a. Recognizing and fulfilling
- b. Assuming, recognizing and fulfilling
- c. Knowing assuming recognizing and fulfilling
- d. No activity

ANS: A

14. Activity of consciousness is

- a. Recognizing and fulfilling
- b. Assuming, recognizing and fulfilling
- c. Knowing assuming recognizing and fulfilling
- d. No activity

ANS: C

15. What among the following is temporary (bounded with time and space)

- a. Material
- b. Consciousness
- c. Space
- d. Nothing

ANS: A

16. What among the following is continuous (unbounded with time and bounded with space)

- a. Material
- b. Consciousness
- c. Space
- d. Nothing

ANS: B

17. What among the following is ever (unbounded with time and space)

- a. Material
- b. Consciousness
- c. Space
- d. Nothing

ANS: C

18. What among the following is impermanent

- a. Material
- b. Consciousness
- c. Space
- d. Nothing

ANS: A

19. What among the following is permanent in time

- a. Material
- b. Consciousness
- c. Space

- d. Nothing ANS: B
- 20. What among the following is permanent in time and space**
- a. Material
 - b. Consciousness
 - c. Space
 - d. Nothing ANS: C
- 21. Coexistence is**
- a. Ever present, Ever effective, Ever expressing
 - b. Unit submerged in space
 - c. Existence
 - d. All the above ANS: D
- 22. Coexistence is _____ in all time and space**
- a. Ever present,
 - b. Ever effective,
 - c. Ever expressing
 - d. None of the above ANS: A
- 23. Coexistence is expressing itself in 4 orders as**
- a. Innateness
 - b. Natural characteristic
 - c. Submergence
 - d. Inheritance ANS: C
- 24. The submergence of physical order is in the form of**
- a. Pulsation
 - b. Interaction
 - c. Growth
 - d. Existence ANS: B
- 25. The submergence of plant order is in the form of**
- a. Pulsation
 - b. Growth
 - c. Existence
 - d. Respiration ANS: A
- 26. The submergence of body of animal order is in the form of**
- a. Sensitivity
 - b. Will to live
 - c. Interaction and pulsation
 - d. Interaction and growth ANS: C
- 27. The submergence is shown in the body of animal order as**
- a. Sensitivity
 - b. Will to live
 - c. Interaction and pulsation
 - d. Interaction and growth ANS: C
- 28. The submergence is shown in the self of animal order as**
- a. Interaction and pulsation
 - b. Interaction and growth
 - c. Sensitivity
 - d. Knowability ANS: C
- 29. The submergence of body of human order is in the form of**
- a. Sensitivity

- b. Will to live
- c. Interaction and pulsation
- d. Interaction and growth

ANS: C

30. The submergence is shown in the body of human order as

- a. Sensitivity
- b. Will to live
- c. Interaction and pulsation
- d. Interaction and growth

ANS: C

31. The submergence is shown in the self of human order as

- a. Interaction and pulsation
- b. Interaction and growth
- c. Sensitivity and Knowability
- d. Will to live with continuous happiness

ANS: C

32. The first order of nature is _____.

- a. Material Order
- b. Bio Order
- c. Animal Order
- d. Human Order

ANS : A

33. The second order of nature is _____.

- a. Material Order
- b. Bio Order
- c. Animal Order
- d. Human Order

ANS : B

34. The third order of nature is _____.

- a. Material Order
- b. Bio Order
- c. Animal Order
- d. Human Order

ANS : C

35. The fourth order of nature is _____.

- a. Material Order
- b. Bio Order
- c. Animal Order
- d. Human Order

ANS : D

36. Human beings are dependent on the _____ for soil, minerals and metals.

- a. Material Order
- b. Bio Order
- c. Animal Order
- d. None of the above

ANS : A

37. The natural characteristic (Svabhav) of material order is _____.

- a. Formation/Deformation
- b. Growth
- c. Cruelty/Non-cruelty
- d. Will to live

ANS : A

38. The natural characteristic (Svabhav) of pranic/plant/bio order is _____.

- a. Growth
- b. Cruelty/Non-cruelty
- c. Will to live
- d. Nurture/Worsen

ANS : D

- 39. The natural characteristic (Svabhav) of self of animal order is _____.**
 a. Growth
 b. Cruelty/Non-cruelty
 c. Will to live
 d. Sensitivity
ANS : B
- 40. The natural characteristic (Svabhav) of self of human order is _____.**
 a. Perseverance, Bravery, and Generosity
 b. Cruelty/Non-cruelty
 c. Will to live with happiness
 d. Sensitivity
ANS : A
- 41. The innateness of material order is _____.**
 a. Existence
 b. Cruelty/Non-cruelty
 c. Growth
 d. Nurture/Worsen
ANS : A
- 42. The Innateness (Dharm) of self of human order is _____.**
 a. Perseverance, Bravery, and Generosity
 b. Cruelty/Non-cruelty
 c. Will to live with happiness
 d. Nurture/Worsen
ANS : C
- 43. The Innateness (Dharm) of self of animal order is _____.**
 a. Perseverance, Bravery, and Generosity
 b. Cruelty/Non-cruelty
 c. Will to live
 d. Nurture/Worsen
ANS : C
- 44. The innateness of Bio order is _____.**
 a. Existence and growth
 b. Cruelty/Non-cruelty
 c. Will to live
 d. Nurture/Worsen
ANS : C
- 45. In animals only the activity of _____ is predominant.**
 a. Selection/Tasting
 b. Imaging
 c. Analysing
 d. Knowing/Assuming
ANS : A
- 46. The activities in animal body are _____.**
 a. Composition/Decomposition and Respiration
 b. Composition/Decomposition and Growth
 c. Existence and Respiration
 d. Existence and Growth
ANS : A
- 47. The activities in human body are _____.**
 a. Composition/Decomposition and Respiration
 b. Composition/Decomposition and Growth
 c. Existence and Respiration
 d. Existence and Growth
ANS : A
- 48. The activity of material order is**
 a. Existence
 b. Composition / decomposition

- c. Selecting /tasting
- d. Interaction

ANS: B

49. The activity of plant order is

- a. Composition/Decomposition and Respiration
- b. Composition/Decomposition and Growth
- c. Existence and Respiration
- d. Existence and Growth

ANS : A

50. Conformance of material order is named as _____.

- a. Constitution Conformance
- b. Seed Conformance
- c. Breed Conformance
- d. Right Value Sanskaar

ANS : A

51. Conformance of Plant order is named as _____.

- a. Constitution Conformance
- b. Seed Conformance
- c. Breed Conformance
- d. Right Value Sanskaar

ANS : B

52. Conformance of animal order is named as _____.

- a. Constitution Conformance
- b. Seed Conformance
- c. Breed Conformance
- d. Right Value Sanskaar

ANS : C

53. Conformance of human order is named as _____.

- a. Constitution Conformance
- b. Seed Conformance
- c. Breed Conformance
- d. Right Value Sanskaar

ANS : D

54. Human being has _____ conformance.

- a. Constitution Conformance
- b. Seed Conformance
- c. Breed Conformance
- d. Right Value/Sanskaar

ANS : D

55. The cell belongs to _____.

- a. Material Order
- b. Plant Order
- c. Animal Order
- d. Human Order

ANS : B

56. _____ and _____ together are the innateness of the pranic order.

- a. Composition/Decomposition and Respiration
- b. Composition/Decomposition and Growth
- c. Existence and Respiration
- d. Existence and Growth

ANS : D

57. The value or participation of different orders in existence is also referred to as their _____.

- a. Natural Characteristics
- b. Innateness
- c. Activity
- d. Conformance

ANS : A

58. The continuity of a plant species is maintained in nature by _____ method.

- a. Constitution Conformance
- b. Seed Conformance
- c. Breed Conformance
- d. Right Value/Sanskaar

ANS : B

59. Form of any unit is seen by the self at the level of

- a. Imaging
- b. Analyzing / comparing
- c. Selecting / tasting
- d. Realization

ANS: C

60. Coexistence / submergence is seen by the self at the level of

- a. Imaging
- b. Analyzing / comparing
- c. Selecting / tasting
- d. Realization

ANS: D

61. Property of any unit is seen by the self at the level of

- a. Imaging
- b. Analyzing / comparing
- c. Selecting / tasting
- d. Realization

ANS: B

62. When we see that utensil is heated by fire, we are seeing

- a. Form
- b. Property
- c. Natural characteristics
- d. Innateness

ANS: B

63. When we see the effect of one unit on the other it is _____

- a. Form
- b. Property
- c. Natural characteristics
- d. Innateness

ANS: B

64. While seeing through sensation, the self sees through

- a. Imaging
- b. Analyzing / comparing
- c. Selecting / tasting
- d. Realization

ANS: C

65. In seeing what is rational, the self sees through

- a. Imaging
- b. Analyzing, Selecting / tasting
- c. Realization
- d. Authentication

ANS: B

66. In Seeing what is existential, the activity _____ is awoken in the self

- a. Contemplation
- b. Understanding
- c. Realisation
- d. All the above

ANS: D

67. Natural characteristics of any unit is seen through the activity of

- a. Comparing
- b. Contemplation
- c. Understanding

d. Realisation

ANS: B

68. Innateness of any unit is seen through the activity of

- a. Comparing
- b. Contemplation
- c. Understanding
- d. Realisation

ANS: C

69. coexistence is seen through the activity of

- a. Comparing
- b. Contemplation
- c. Understanding
- d. Realisation

ANS: D

70. Today our system of knowledge tends to neglect

- a. Form
- b. Property
- c. Coexistence
- d. All the above

ANS: C

71. When we see relationship of one unit with other we are seeing its

- a. Property
- b. Natural characteristics
- c. Innateness
- d. Coexistence

ANS: B

72. When we see participation of a unit in larger order, we are seeing its

- a. Property
- b. Natural characteristics
- c. Innateness
- d. Coexistence

ANS: B

73. Clarity of relationship, natural characteristic and participation in larger order means clarity in

- a. Thoughts
- b. Contemplation
- c. Understanding
- d. Realization

ANS: B

74. Clarity of harmony in nature, self organization and innateness means clarity in _____

- a. Thoughts
- b. Contemplation
- c. Understanding
- d. Realization

ANS: C

75. Clarity of coexistence in existence, submergence means clarity in _____

- a. Thoughts
- b. Contemplation
- c. Understanding
- d. Realization

ANS: D

76. Role of human being in this existence is

- a. To understand and live in the coexistence
- b. To understand and live in the harmony
- c. To understand and live in the relationship
- d. All the above

ANS: D

77. Continuous happiness in the self is expressed in the form of

- a. Bliss satisfaction peace happiness
- b. Confusion doubts and contradictions
- c. Right understanding and resolution
- d. Realization, understanding and contemplation

ANS: A

78. Knowledge (gyan) means

- a. To understand the coexistence
- b. To ensure the feeling, thought of coexistence
- c. Clarity of how to live in coexistence
- d. All the above

ANS: A

79. Resolution (samadhaan) means

- a. To understand the coexistence
- b. *To ensure the feeling, thought of coexistence and clarity of how to live in coexistence
- c. To live in coexistence (relationship) with human beings – family to world family
- d. To live in coexistence with entire nature – family order to world family order

ANS: B

80. Which among the followings is temporary in existence?

- a. Space
- b. Consciousness
- c. Material unit
- d. Coexistence

ANS: C

81. Which among the followings is continuous in existence?

- a. Space
- b. Consciousness
- c. Material unit
- d. None

ANS: B

82. Which among the followings is “ever” in existence?

- a. Space
- b. Consciousness
- c. Material unit
- d. All 4 orders of nature

ANS: A

83. All pervading, ever, unlimited, no activity and energy in equilibrium are the characteristics of-

- a. Space
- b. Consciousness
- c. Material unit
- d. All

ANS: A

84. Limited in size, activity, active and energized is the characteristics of-

- a. Space
- b. Consciousness
- c. Material unit
- d. Consciousness and material units both

ANS: D

85. Which among the following is not a characteristic of material unit?

- a. Temporary
- b. Continuous
- c. Recognizing and Fulfilling
- d. Non-cyclic development

ANS: B

86. Which among the following is not a characteristic of consciousness?

- a. Cyclic development
- b. Recognizing and fulfilling

- c. Temporary
- d. Continuous

ANS: C

87. To which Block higher activities of self belong?

- a. B1 block
- b. B2 block
- c. B3 block
- d. B4 block

ANS: A

88. To which Block lower activities of self belong?

- a. B1 block
- b. B2 block
- c. B3 block
- d. B4 block

ANS: B

89. To which Block behaviour belong?

- a. B1 block
- b. B2 block
- c. B3 block
- d. B4 block

ANS: C

90. To which Block work and participation in larger order belong?

- a. B1 block
- b. B2 block
- c. B3 block
- d. B4 block

ANS: D

91. B3 BLOCK is the dimension of

- a. Thought
- b. Behaviour
- c. Work
- d. Realization

ANS: B

92. B4 BLOCK is the dimension of

- a. Thought
- b. Behaviour
- c. Work and participation
- d. Realization

ANS: C

Unit 5

1. _____ include plan, program, implementation, results, evaluation
 - a. Values
 - b. Policies
 - c. Character
 - d. None of the above

ANS : B
2. Definite human conduct can be understood in terms of _____.
 - a. Values
 - b. Policies
 - c. Character
 - d. All of the above

ANS : D
3. The policy for the enrichment of mind, body and wealth is known as _____.
 - a. Economic Policy
 - b. Political Policy
 - c. Policy for Universal Human Order
 - d. None of the above

ANS: A
4. The policy for the protection of mind, body and wealth is known as _____.
 - a. Economic Policy
 - b. Political Policy
 - c. Policy for Universal Human Order
 - d. None of the above

ANS: B
5. The policy for the right utilization of mind, body and wealth is known as _____.
 - a. Economic Policy
 - b. Political Policy
 - c. Policy for Universal Human Order
 - d. None of the above

ANS : C
6. Compassionate behaviour, work & participation in larger order on the basis of human values is known as
 - a. Values
 - b. Policies
 - c. Character
 - d. None of the above

ANS : C
7. Dayapurn vyavhaar and karya is considered as _____.
 - a. Values
 - b. Policies
 - c. Character
 - d. None of the above

ANS : C
8. Being in harmony in the Self on the basis of realisation of co-existence results in
 - a. Happiness, prosperity, mutual fulfilment
 - b. Perseverance, preservation, justice, prosperity
 - c. Happiness, peace, satisfaction, bliss
 - d. Satisfaction, prosperity, happiness, confidence

ANS : C
9. Participation in the Universal Order or Universal Human Order as a human being with human consciousness is shown as
 - a. Preservation, satisfaction bliss brevity, generosity
 - b. Perseverance , brevity, generosity, kindness, beneficence, compassion
 - c. Perseverance, preservation, justice, spontaneity, ease

- d. Obedience, ease, generosity, kindness, compassion **ANS: B**
- 10. State of Harmony at the level of selecting and tasting is**
- a. Bliss
 - b. Satisfaction
 - c. Peace
 - d. Happiness **ANS : D**
- 11. When selecting and tasting is guided by comparing and analyzing we achieve _____**
- a. Bliss
 - b. Satisfaction
 - c. Peace
 - d. Happiness **ANS : D**
- 12. State of Harmony at the level of analysing and comparing is**
- a. Bliss
 - b. Satisfaction
 - c. Peace
 - d. Happiness **ANS : C**
- 13. When analyzing and comparing is guided by contemplation and desire is**
- a. Bliss
 - b. Satisfaction
 - c. Peace
 - d. Happiness **ANS : C**
- 14. State of harmony at the level of desire and contemplation is**
- a. Bliss
 - b. Satisfaction
 - c. Peace
 - d. Happiness **ANS : B**
- 15. When desire and contemplation are guided by understanding and determination**
- a. Bliss
 - b. Satisfaction
 - c. Peace
 - d. Happiness **ANS : B**
- 16. State of harmony at that the level of determination and understanding**
- a. Bliss
 - b. Satisfaction
 - c. Peace
 - d. Happiness **ANS : A**
- 17. When understanding and determination is guided by realization and authentication**
- a. Bliss
 - b. Satisfaction
 - c. Peace
 - d. Happiness **ANS : A**
- 18. Complimentariness means**
- a. Able to work together
 - b. Willing to receive the inspiration for what is right
 - c. Behaving with courtesy
 - d. Absence of Ego **ANS : A**
- 19. Transparency means**
- a. Able to work together

- b. Behaving with courtesy
- c. Able to rightly evaluate each other
- d. Willing to receive the inspiration for what is right

ANS : C

20. Commitment means

- a. Able to work together
- b. Offer our self, body, wealth as required
- c. Self-motivated for fulfilling responsibility in relationship
- d. Provides right education-sanskar; Protects from wrong

ANS : C

21. Generosity as expressed value of Care means

- a. Behaving with courtesy
- b. Offer our self, body, wealth as required
- c. Self-motivated for fulfilling responsibility in relationship
- d. Provides right education-sanskar; Protects from wrong

ANS : B

22. Spontaneity means

- a. Behaving with courtesy
- b. Offer our self, body, wealth as required
- c. Self-motivated for fulfilling responsibility in relationship
- d. Provides right education-sanskar; Protects from wrong

ANS : D

23. Obedience means

- a. Behaving with courtesy
- b. Self-motivated for fulfilling responsibility in relationship
- c. Offer our self, body, wealth as required
- d. Willing to receive the inspiration for what is right

ANS : D

24. Simplicity means

- a. Absence of ego
- b. Behaving with courtesy
- c. Able to work together
- d. Offer our self, body, wealth as required

ANS : A

25. Self restraint means

- a. Absence of ego
- b. Behaving with courtesy
- c. Able to work together
- d. Offer our self, body, wealth as required

ANS : B

26. Unanimity means

- a. Able to work together
- b. To live with feeling of co-existence, relationship with every unit in existence
- c. Absence of ego
- d. Self-motivated for fulfilling responsibility in relationship

ANS : B

27. Utility value of a unit means it helps in

- a. in nurturing and protecting Body
- b. in enhancing capacity of Body for use in societal development (right utilisation)
- c. Both a and b
- d. None of the above

ANS : C

28. Artistic value of a unit means it helps in

- a. Protecting the physical facility
- b. People friendly- Facilitating behaviour (making it convenient for sharing, expressing or receiving knowledge, feeling, thought)
- c. Ease in use- Facilitating work (making it convenient for usage)

d. All the above

ANS : D

29. The policy for the enrichment of mind, body and wealth is known as _____.

- a. Economic Policy
- b. Political Policy
- c. Policy for Universal Human Order
- d. None of the above

ANS : A

30. The policy for the protection of mind, body and wealth is known as _____.

- a. Economic Policy
- b. Political Policy
- c. Policy for Universal Human Order
- d. None of the above

ANS : B

31. The policy for the right utilization of mind, body and wealth is known as _____.

- a. Economic Policy
- b. Political Policy
- c. Policy for Universal Human Order
- d. None of the above

ANS : C

32. Policy for investing the Self for Self study- practice and authenticating in living

- a. Policy for right utilisation of self
- b. Policy for right utilisation of body
- c. Policy for right utilisation of physical facilities
- d. All the above

ANS : A

33. Policy to ensure that the Body is used for ensuring right understanding and right feeling in the Self as well as its authentication in living, including behavior, work and participation in larger order

- a. Policy for right utilisation of self
- b. Policy for right utilisation of body
- c. Policy for right utilisation of physical facilities
- d. All the above

ANS : B

34. Policy to ensure the use of PF for nurturing, protection and right utilisation of the Body. Policy for right utilisation of physical facility for relationship and societal order

- a. Policy for right utilisation of self
- b. Policy for right utilisation of body
- c. Policy for right utilisation of physical facilities
- d. All the above

ANS : C

35. Policy for ensuring conducive environment and protecting from unfavourable environment

- a. Policy for protection for self
- b. Policy for protection for body
- c. Policy for protection for physical facilities
- d. All the above

ANS : A

36. Policy for ensuring shelter, clothes...

- a. Policy for protection for self
- b. Policy for protection for body
- c. Policy for protection for physical facilities
- d. All the above

ANS : B

37. Policy for proper storage

- a. Policy for protection for self
- b. Policy for protection for body
- c. Policy for protection for physical facilities

- d. All the above ANS : C
- 38. Policy for education-sanskar, adult education, other efforts for development of sanskar in society like music, dance, drama...**
- a. Policy for enrichment for self
 - b. Policy for enrichment for body
 - c. Policy for enrichment for physical facilities
 - d. All the above ANS : A
- 39. Policy for intake-lifestyle to ensure health of Body**
- a. Policy for enrichment for self
 - b. Policy for enrichment for body
 - c. Policy for enrichment for physical facilities
 - d. All the above ANS : B
- 40. Policy for production with right process & right skills**
- a. Policy for enrichment for self
 - b. Policy for enrichment for body
 - c. Policy for enrichment for physical facilities
 - d. All the above ANS : C
- 41. Policy for right utilisation of self means**
- a. Policy for ensuring conducive environment and protecting from unfavourable environment
 - b. Policy for investing the Self for Self study- practice and authenticating in living
 - c. Policy for education-sanskar, adult education, other efforts for development of sanskar in society like music, dance, drama...
 - d. Policy for production with right process & right skills ANS : B
- 42. Policy for right utilisation of body means**
- a. Policy for intake-lifestyle to ensure health of Body
 - b. Policy for ensuring shelter, clothes...
 - c. Body is used for ensuring right understanding and right feeling in the Self
 - d. Policy for production with right process & right skills ANS : C
- 43. Policy for right utilisation of physical facilities means**
- a. Policy for proper storage
 - b. Policy for ensuring shelter, clothes...
 - c. Policy for ensuring conducive environment and protecting from unfavourable environment
 - a. For nurturing, protection and right utilisation of the Body and for relationship and societal order ANS : D
- 44. Policy for protection of self means**
- a. Policy for ensuring shelter, clothes...
 - b. Policy for ensuring conducive environment and protecting from unfavourable environment
 - c. for ensuring right understanding and right feeling
 - d. Self study- practice and authenticating in living ANS : B
- 45. Policy for protection of body means**
- a. Policy for ensuring shelter, clothes...
 - b. Policy for ensuring conducive environment and protecting from unfavourable environment
 - c. Policy for proper storage
 - d. Policy for intake-lifestyle to ensure health of Body ANS : A
- 46. Policy for protection of physical facilities means**
- a. Policy for intake-lifestyle to ensure health of Body
 - b. Policy for production with right process & right skills
 - c. Policy for proper storage

- d. Policy for ensuring shelter, clothes ANS : C
- 47. Policy for enrichment for self means**
- a. Self study- practice and authenticating in living
 - b. Policy for ensuring conducive environment and protecting from unfavourable environment
 - c. Policy for education-sanskar, adult education, other efforts for development of sanskar in society like music, dance, drama...
 - d. Policy for production with right process & right skills ANS : C
- 48. Policy for enrichment for body means**
- a. ensure the use of PF for nurturing, protection and right utilisation of the Body
 - b. Policy for ensuring shelter, clothes
 - c. Policy for intake-lifestyle to ensure health of Body
 - d. Policy for production with right process & right skills ANS : C
- 49. Policy for enrichment for physical facilities means**
- a. ensure the use of PF for nurturing, protection and right utilisation of the Body
 - b. Policy for ensuring shelter, clothes
 - c. Policy for proper storage
 - d. Policy for production with right process & right skills ANS : D
- 50. Character includes**
- a. Compassionate behaviour, work & participation in larger order on the basis of human values
 - b. Rightfully acquired wealth (swa-dhan)
 - c. Chastity in conjugal relationship (swa-nari/swa-purush)
 - d. All the above ANS : D
- 51. Which of the following is not considered as rightfully acquired wealth**
- a. Production through labour
 - b. Gifts
 - c. Taking things of my friend as my own
 - d. Awards ANS : C
- 52. Dayapurn vyavhaar and karya is considered as _____.**
- a. Values
 - b. Policies
 - c. Character
 - d. None of the above ANS : C
- 53. Expression at the level of Behaviour, Work, Participation in Larger Order is**
- a. Values
 - b. Policies
 - c. Character
 - d. Dreams ANS : C
- 54. Detail of "how to do" at the level of thought (B2) is**
- a. Values
 - b. Policies
 - c. Character
 - d. Dreams ANS : B
- 55. Understanding of "What to do as a human being" at the level of Realisation & Understanding (B1) is**
- a. Values
 - b. Policies
 - c. Character
 - d. Dreams ANS : A

- 56. Identification of what to do and what not to do as a human being is known as**
- Right understanding
 - Wisdom
 - Science
 - Behavior
- ANS : B**
- 57. Wisdom means**
- Identification of human goal (which is in alignment with existential order)
 - To know that reality as it is
 - To find the way/ method of doing work in harmonious way
 - All the above
- ANS : A**
- 58. Wealth means**
- Physical facility that is rightfully earned, in accordance with right understanding of natural laws
 - Money only
 - Happiness
 - All the above
- ANS: A**
- 59. 'The laws of living in relationship and order' means**
- Right understanding of natural laws ()
 - Liberation ()
 - Wealth ()
 - Fulfilment of Wishes ()
- ANS: A**
- 60. Liberation means**
- To see the existence clearly
 - To see reality as it is
 - To be rid of all types of misunderstandings, confusions
 - All the above
- ANS: D**
- 61. In the formulation of Dharm, Arth Kaam Moksha the laws related to order in society and entire nature is known as**
- Right understanding of natural laws ()
 - Liberation ()
 - Wealth ()
 - Fulfilment of Wishes ()
- ANS: A**
- 62. Which of the following statement is not true for science**
- In focuses on how to ensure fulfilment of human goals
 - It is expressed in behavior, work and participation in larger order
 - It is the details of expression in of living in coexistence
 - It is the aspect of B1 block i.e. block of human understanding
- ANS : D**
- 63. Science of behavior focus on**
- How to ensure justice (mutual happiness) in human-human relationship from family to world family
 - How to ensure mutual enrichment in human-rest of nature relationship
 - How to participate in the societal systems / dimensions of human order in order to ensure fulfillment of human goal from family order to world family order
 - All the above
- ANS : A**
- 64. Science of work focus on**
- How to ensure justice (mutual happiness) in human-human relationship from family to world family
 - How to ensure mutual enrichment in human-rest of nature relationship

- c. How to participate in the societal systems / dimensions of human order in order to ensure fulfillment of human goal from family order to world family order
- d. All the above

ANS : B

65. Science of participation in larger order focus on

- a. How to ensure justice (mutual happiness) in human-human relationship from family to world family
- b. How to ensure mutual enrichment in human-rest of nature relationship
- c. How to participate in the societal systems / dimensions of human order in order to ensure fulfillment of human goal from family order to world family order
- d. All the above

ANS : C

66. The feelings in the Self (I) are _____.

- a. Variable
- b. Indefinite
- c. Definite
- d. Can't be identified with clarity

ANS : C

67. The fulfillment and evaluation of feelings lead to mutual _____ in family.

- a. Happiness
- b. Prosperity
- c. Unhappiness
- d. Misunderstandings

ANS : A

68. _____ exists between one Self (I1) and other Self (I2).

- a. Relationship
- b. Sensation
- c. Expression
- d. Happiness

ANS : A

69. There are a total of _____ feelings, which form the basis of relationships.

- a. Four (4)
- b. Ten (10)
- c. Nine (9)
- d. Three (3)

ANS : C

70. There are _____ elements of justice.

- a. Five (5)
- b. Two (2)
- c. Nine (9)
- d. Four (4)

ANS : D

71. Which of the following is complete value?

- a. Love
- b. Respect
- c. Trust
- d. Care

ANS : A

72. _____ is called foundation value.

- a. Trust
- b. Respect
- c. Affection
- d. Love

ANS : A

73. The foundational value in relationship is _____.

- a. Trust
- b. Respect

- c. Affection
- d. Love

ANS : A

74. There are _____ in relationship – in one Self (I) for other Self (I).

- a. Thoughts
- b. Desires
- c. Feelings
- d. Expectations

ANS : C

75. Harmony (Mutual happiness) in human-human relationship is called _____.

- a. Love
- b. Trust
- c. Justice
- d. Care

ANS : C

76. _____ is the complete value.

- a. Reverence
- b. Glory
- c. Love
- d. Gratitude

ANS : C

77. _____ is the feeling of being related to all.

- a. Love
- b. Respect
- c. Affection
- d. Care

ANS : A

78. Justice is _____.

- a. Punishing the culprit and saving the innocent
- b. To protect other human being as they are our relative (to do for them and make them dependent)
- c. Ensuring recognition of relationship among human beings, its fulfillment through values leading to mutual happiness
- d. All of the above

ANS : C

79. _____ has been recognized as the foundation value

- a. Respect
- b. Trust
- c. Affection
- d. Love

ANS : B

80. _____ is recognized as the complete value

- a. Respect
- b. Trust
- c. Affection
- d. Love

ANS : D

81. The feeling of Responsibility to ensure health of body of others is related with _____.

- a. Care
- b. Self Regulation
- c. Guidance
- d. Affection

ANS : A

82. _____ and _____ are outcomes of feeling of being related.

- a. Trust and Respect
- b. Glory and Gratitude
- c. Care and Guidance

d. Trust and Gratitude

ANS : C

83. Harmony (Mutual happiness) in human-human relationship is called _____.

- a. Love
- b. Trust
- c. Justice
- d. Care

ANS : C

84. _____ means to be assured that the other wants my happiness and prosperity.

- a. Respect
- b. Reverence
- c. Trust
- d. Affection

ANS : C

85. _____ is right evaluation of others on the basis of self (I).

- a. Trust
- b. Respect
- c. Affection
- d. Reverence

ANS : B

86. The feeling of responsibility and commitment for ensuring right understanding and right feeling in the self of my relative is called _____.

- a. Gratitude
- b. Guidance
- c. Care
- d. Sanyam

ANS : B

87. The feeling of acceptance for those who have made efforts for excellence.

- a. Affection
- b. Reverence
- c. Gratitude
- d. Glory

ANS : D

88. _____ is the feeling of acceptance for Excellence in the other.

- a. Reverence
- b. Gratitude
- c. Love
- d. Care

ANS : A

89. _____ starts from ONE and goes to EVERYONE.

- a. Reverence
- b. Glory
- c. Love
- d. Gratitude

ANS : C

90. _____ is the feeling of acceptance for those who have made efforts for my excellence.

- a. Affection
- b. Care
- c. Gratitude
- d. Guidance

ANS : C

91. _____ is the feeling for someone who has made efforts for excellence.

- a. Reverence
- b. Glory
- c. Love
- d. Gratitude

ANS : B

92. _____ is the complete value.

- a. Reverence
- b. Glory
- c. Love
- d. Gratitude

ANS : C

93. Ensuring right understanding and feelings in the other is called _____.

- a. Gratitude
- b. Guidance
- c. Care
- d. Reverence

ANS : B

94. To be assured of others at all the time is the feeling of _____.

- a. Trust
- b. Respect
- c. Affection
- d. Reverence

ANS : A

95. Respect is _____.

- a. Right Evaluation
- b. Wrong Evaluation
- c. Influence
- d. All of the above

ANS : A

96. The feeling of being related to other is called _____.

- a. Care
- b. Guidance
- c. Respect
- d. Affection

ANS : D

97. We can feel being related to other, when we have feelings of _____ for other.

- a. Trust and Respect
- b. Care and Guidance
- c. Reverence and Glory
- d. Affection and Gratitude

ANS : A

98. _____ is the feeling of responsibility toward the body of my relative.

- a. Care
- b. Guidance
- c. Respect
- d. Affection

ANS : A

99. _____ is the feeling of responsibility and commitment for nurturing and protection of the Body of my relative.

- a. Care
- b. Guidance
- c. Respect
- d. Affection

ANS : A

100. _____ is the feeling of responsibility and commitment for ensuring Right Understanding and Right Feeling in the self of my relative.

- a. Care
- b. Guidance
- c. Respect
- d. Affection

ANS : B

101. Care and Guidance are the two outcomes of _____.

- a. Glory

- b. Reverence
- c. Respect
- d. Affection

ANS : D

102. Feeling for those who have made effort for excellence is _____.

- a. Excellence
- b. Reverence
- c. Glory
- d. None of the above

ANS : C

103. Feeling for those who have made effort for my excellence is _____.

- a. Glory
- b. Worship
- c. Gratitude
- d. None of the above

ANS : C

104. _____ is the feeling of being related to all.

- a. Love
- b. Respect
- c. Affection
- d. Care

ANS : A

105. The outcome of justice is _____.

- a. Right Understanding
- b. Prosperity
- c. Trust and Fearlessness
- d. Coexistence with Nature

ANS : C

106. Harmonious human-human relationship resulting in mutual happiness, is the achievement of _____.

- a. Respect
- b. Justice
- c. Trust
- d. Love

ANS : B

107. Swatantrata is ensured by

- a. Feelings from others
- b. Right feeling within
- c. Living on the basis of our natural acceptance
- d. Both b and c

ANS : D

108. Partantrata is ensured by

- a. Feelings from others
- b. Right feeling within
- c. Living on the basis of our natural acceptance
- d. Both b and c

ANS : A

109. The process of education and right living leads to _____ in the individual.

- a. Right Understanding
- b. Confusions
- c. Doubts
- d. None of the above

ANS : A

110. The program for health and sanyam leads to the feeling of _____ in family.

- a. Right Understanding
- b. Prosperity
- c. Fearlessness

d. Coexistence

ANS : B

111. Ensuring justice in relationship, on the basis of values leads to _____ in society.

- a. Right Understanding
- b. Prosperity
- c. Fearlessness
- d. Coexistence

ANS : C

112. Suraksha of nature through enrichment, protection and right utilization leads to _____ in nature.

- a. Right Understanding
- b. Prosperity
- c. Fearlessness
- d. Coexistence

ANS : D

113. Production and work for physical facilities leads to _____ in family and _____ with nature.

- a. Prosperity, Fearlessness
- b. Prosperity, Coexistence
- c. Fearlessness, Prosperity
- d. Coexistence, Prosperity

ANS : B

114. There are _____ Comprehensive Human Goals.

- a. Eight (8)
- b. Six (6)
- c. Four (4)
- d. Nine (9)

ANS : C

115. The human goal at the level of individual is _____.

- a. Prosperity
- b. Fearlessness
- c. Co-existence
- d. Right Understanding

ANS : D

116. The human goal at the level of family is _____.

- a. Prosperity
- b. Fearlessness
- c. Co-existence
- d. Right Understanding

ANS : A

117. The human goal at the level of society is _____.

- a. Prosperity
- b. Fearlessness
- c. Co-existence
- d. Right Understanding

ANS : B

118. The human goal at the level of nature is _____.

- a. Prosperity
- b. Fearlessness
- c. Co-existence
- d. Right Understanding

ANS : C

119. Which of the following is the criteria to decide how to produce?

- a. Mutually enriching, cyclic process of nature and it's resources
- b. Rate of production and consumption of produced facility
- c. Cyclic process of by-products
- d. All of the above

ANS : D

120. Which of the following is non eco friendly production processes?

- a. Use of chemical fertilizers, insecticides, and pesticides in agriculture
- b. By-products of Industries, which are discharged in rivers or is released into air
- c. Production and misuse of plastics
- d. All of the above

ANS : D

121. How can comprehensive human goals be achieved?

- (a) Through Education – Sanskar**
- (b) Through Swasthya – Sanyam**
- (c) Through Production – Work**
- (d) Through Justice – Preservation**
- (e) Through Exchange – Storage**

- a. Options (a) and (d)
- b. Options (b) and (e)
- c. Options (a), (c), and (e)
- d. Options (a), (b), (c), (d) and (e)

ANS : D

122. Outcome of labour is _____.

- a. Money
- b. Production
- c. Respect
- d. Growth

ANS : B

123. The outcome of labour must be _____.

- a. People Friendly and Ecofriendly
- b. Sustainable
- c. Cyclic and Mutual Enriching
- d. All of the above

ANS : D

124. Issues to be dealt by science of work are

- a. Prosperity in human being
- b. Preservation of nature
- c. Happiness and its continuity
- d. Only a and b

ANS : D

125. Prosperity of human being can be ensured by

- I. Identification of required physical facility with required quantity**
- II. Maximum Utilisation of all the resources available**
- III. Production using cyclic and mutually enriching way of labour**
- IV. Right utilisation of physical facility**
- V. Exchange and storage for mutual fulfilment**
- VI. Ensuring justice for the people involved in the process**
- VII. Production of expensive goods for lavish lifestyle**

- a. Only I
- b. I, III, IV, V, VI
- c. I, III, VII
- d. I, II, V, VII

ANS : B

126. While decided for prevention of nature we need to focus on

- a. Enrichment of rest of nature
- b. Protection of rest of nature
- c. Right Utilization of rest of nature
- d. All the above

ANS : D

127. What are the reasons of resource depletion

- a. The resource are not produced in sufficient amount by nature

- b. The resource is used at the rate which is much faster than the rate at which it is produced in nature
- c. People are not using them in sufficient amount
- d. None of the above

ANS : B

128. Reasons of pollution

- a. The product is such that it does not return to the cycle in Nature
- b. It is produced at a rate that is faster than the rate at which it can return to the cycle in Nature
- c. Natural resources are of bad quality
- d. Both a and b

ANS : D

129. Perseverance means

- a. Commitment for living in harmony at all the 4 levels with patience
- b. Commitment for helping the others to understand harmony and to live in harmony at all the 4 level
- c. Commitment to invest one's self, body and physical facilities for understanding and living in harmony at all the 4 levels
- d. All the above

ANS : A

130. Bravity means

- a. Commitment for living in harmony at all the 4 levels with patience
- b. Commitment for helping the others to understand harmony and to live in harmony at all the 4 level
- c. Commitment to invest one's self, body and physical facilities for understanding and living in harmony at all the 4 levels
- d. All the above

ANS : B

131. Generosity means

- a. Commitment for living in harmony at all the 4 levels with patience
- b. Commitment for helping the others to understand harmony and to live in harmony at all the 4 level
- c. Commitment to invest one's self, body and physical facilities for understanding and living in harmony at all the 4 levels
- d. All the above

ANS : C

132. Providing means to one who has the ability but not the means is known as _____.

- a. Kindness
- b. Beneficence
- c. Compassion
- d. Generosity

ANS : A

133. Helping the other to develop the competence to utilise the means that already have, is _____.

- a. Kindness
- b. Beneficence
- c. Compassion
- d. Generosity

ANS : B

134. Helping the other unconditionally, to develop the competence as well as the means, to fulfill his needs when he neither has the ability nor the means, is _____.

- a. Kindness
- b. Beneficence
- c. Compassion
- d. Generosity

ANS : C

135. Kindness means _____.

- a. Providing means to one who has the ability but not the means is known

- b. Helping the other to develop the competence to utilise the means that already have
- c. Helping the other unconditionally, to develop the competence as well as the means, to fulfill his needs when he neither has the ability nor the means
- d. None of the above

ANS : A

136. Beneficence means _____.

- a. Providing means to one who has the ability but not the means is known
- b. Helping the other to develop the competence to utilise the means that already have
- c. Helping the other unconditionally, to develop the competence as well as the means, to fulfill his needs when he neither has the ability nor the means
- d. None of the above

ANS : A

137. Compassion means _____.

- a. Providing means to one who has the ability but not the means is known
- b. Helping the other to develop the competence to utilise the means that already have
- c. Helping the other unconditionally, to develop the competence as well as the means, to fulfill his needs when he neither has the ability nor the means
- d. None of the above

ANS : A

138. _____ enables one to behave properly with others human being and work with mutual fulfillment with rest of nature and thereby contribute to the human order or system.

- a. Health
- b. Education
- c. Justice
- d. Service

ANS: B

139. _____ builds the ability, the competence for Right Understanding, Right Thought and Right Behaviour in every person.

- a. Health
- b. Justice
- c. Education
- d. Service

ANS: C

140. _____ is ensuring recognition of relationship among human beings, its fulfillment through values leading to mutual happiness.

- a. Justice
- b. Health
- c. Education
- d. Service

ANS: A

141. Justice is

- a. Punishing the culprit and saving the innocent
- b. To protect other human being as they are our relative (to do for them and make them dependent)
- c. ensuring recognition of relationship among human beings, its fulfillment through values leading to mutual happiness
- d. none of the above

ANS: C

142. The satisfaction of self is ensured by dimension of

- a. Justice
- b. Health
- c. Education
- d. Service

ANS: C

143. The outcome of justice is

- a. right understanding

- b. prosperity
- c. trust and fearlessness
- d. coexistence with nature

ANS: C

144. What we obtain as outcome of labour on rest of nature is known as _____

- a. Production
- b. Service
- c. Preservation
- d. Right utilization

ANS: A

145. The activities which do not produce anything but are concerned with protection/maintenance come in category of

- a. Production
- b. Service
- c. Preservation
- d. Right utilization

ANS: B

146. Ensuring that the systems are working properly is

- a. Administrative Service
- b. Social Service
- c. Justice
- d. Education

ANS: A

147. The service which is being ensured by the system-

- a. Administrative Service
- b. Social Service
- c. Justice
- d. Education

ANS: A

148. The service which is being provided by the society through relationship is known as -

- a. Administrative Service
- b. Social Service
- c. Justice
- d. Education

ANS: B

149. Physical and mental wellbeing is taken care by dimension of

- a. Justice and service
- b. Production and exchange
- c. Education and health
- d. Right utilisation and preservation

ANS : C

150. _____ takes care of relationship in human interaction

- a. Exchange
- b. Justice
- c. Education
- d. Service

ANS : B

151. Living only with the lower activities of the self is considered as

- a. Human consciousness
- b. Animal consciousness
- c. True self
- d. Knowledge

ANS : B

152. Living with right understanding guiding the lower activities of the self is considered as

- a. Human consciousness
- b. Animal consciousness
- c. Deluded self

d. Confusions

ANS : A

153. When we are living only on the basis of activities of B2 block we are

- a. Sometimes happy, mostly unhappy
- b. Mostly happy sometime unhappy
- c. Continuously happy and prospers
- d. None of the above

ANS: A

154. When we are living only on the basis of activities of B2 block our participation will be

- a. Sometimes contributing to orders, mostly passive or leading to disorder
- b. Sometimes contributing to orders, sometimes passive or leading to disorder
- c. Mostly Contributing to Order, Sometimes Passive
- d. Always Contributing to Order

ANS : A

155. With the awakening of the activity of contemplation in B1 block, our behaviour will be

- a. Sometimes Happiness, Mostly Unhappiness
- b. Always unhappy
- c. Always happy
- d. Mostly Happiness Sometimes Unhappiness

ANS : D

156. With the awakening of the activity of contemplation in B1 block, our way of work will be

- a. Always deprivation
- b. Sometimes prosperity, mostly deprivation
- c. Sometimes prosperity, sometimes deprivation
- d. Always prosperity

ANS : C

157. With the awakening of the activity of contemplation in B1 block, our participation in higher order will be

- a. Sometimes contributing to orders, mostly passive or leading to disorder
- b. Sometimes contributing to orders, sometimes passive or leading to disorder
- c. Mostly Contributing to Order, Sometimes Passive
- d. Always Contributing to Order

ANS : B

158. With the awakening of the activity of Understanding in B1 block, our behaviour will be

- a. Sometimes Happiness, Mostly Unhappiness
- b. Always unhappy
- c. Always happy
- d. Mostly Happiness Sometimes Unhappiness

ANS : D

159. With the awakening of the activity of Understanding in B1 block, our way of work will be

- a. Always deprivation
- b. Sometimes prosperity, mostly deprivation
- c. Mostly prosperity, sometimes deprivation
- d. Always prosperity

ANS : C

160. With the awakening of the activity of understanding in B1 block, our participation in higher order will be

- a. Sometimes contributing to orders, mostly passive or leading to disorder
- b. Sometimes contributing to orders, sometimes passive or leading to disorder
- c. Mostly Contributing to Order, Sometimes Passive
- d. Always Contributing to Order

ANS : C

161. With the awakening of the activity of Realization in B1 block, our behaviour will be

- a. Sometimes Happiness, Mostly Unhappiness
- b. Always unhappy
- c. Always happy
- d. Mostly Happiness Sometimes Unhappiness

ANS : C

- 162. With the awakening of the activity of Realization in B1 block, our way of work will be**
- a. Always deprivation
 - b. Sometimes prosperity, mostly deprivation
 - c. Some times prosperity, sometimes deprivation
 - d. Always prosperity
- ANS : D**
- 163. With the awakening of the activity of Realization in B1 block, our participation in higher order will be**
- a. Sometimes contributing to orders, mostly passive or leading to disorder
 - b. Sometimes contributing to orders, sometimes passive or leading to disorder
 - c. Mostly Contributing to Order, Sometimes Passive
 - d. Always Contributing to Order
- ANS : D**
- 164. According to this course what is considered as TALENT**
- a. Right understanding
 - b. Wisdom
 - c. Science
 - d. All the above
- ANS : D**
- 165. What aspect of resolution is not included in TALENT**
- a. Right understanding
 - b. Behavior
 - c. Wisdom
 - d. Science
- ANS : B**
- 166. According to this course what is considered as PERSONALITY**
- a. Behaviour
 - b. Work
 - c. Participation in larger order
 - d. All the above
- ANS : D**
- 167. What aspect of resolution is not included in PERSONALITY**
- a. Wisdom
 - b. Behavior
 - c. Work
 - d. Participation in larger order
- ANS : A**
- 168. Outcome of living in Justice is**
- a. Universal human order
 - b. Effective law and order
 - c. Undivided human society
 - d. Discipline
- ANS : C**
- 169. Justice ensures**
- a. Expressing right feelings
 - b. Living in responsibility
 - c. Unperturbed by the behaviour of the others
 - d. All the above
- ANS : D**
- 170. Justice does not include**
- a. Sticks rules and regulations
 - b. Living in responsibility
 - c. Unperturbed by the behaviour of the others
 - d. Expressing right feelings
- ANS : A**
- 171. Universal Human Order is the outcome of**
- a. Mastering the nature

- b. Developing more and more in science and technology
- c. Living in harmony in nature
- d. Living with justice

ANS : C

172. Undivided Human Society is the outcome of

- a. Developing more and more in science and technology
- b. Living with justice
- c. Dominating human being
- d. Living in harmony in nature

ANS : B

173. How human tradition be made

- a. By ensuring undivided human society from generation to generation
- b. By ensuring Universal Human Order from generation to generation
- c. By ensuring right shisha sanskaar from generation to generation
- d. All the above

ANS : D

174. Which method is not useful in ensuring human tradition in which human goal is fulfilled

- a. By ensuring undivided human society from generation to generation
- b. Blindly following family and society rituals
- c. By ensuring Universal Human Order from generation to generation
- d. By ensuring right shisha sanskaar from generation to generation

ANS : B

Dr. Rajdeep Deb

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Objective Type Questions

Indicate True or False for the following statements:

1. Living together at the same time of different types of groups is called co-existence. **True**
2. If we live in a group promoting each other's interest mutually, it is called living in harmony. **True**
3. If we shall learn about value education, our technical and professional learning shall be neglected. **False**
4. Value education is just a new name for what was taught as moral education before. **False**
5. Value means what is the price or cost of something. **False**
6. Universal means true or applicable all, at all times and everywhere. **True**
7. Natural acceptance is invariant with time. **True**
8. Complementarity means having conflict and contradictions. **False**
9. Our belief system is always good for any one. **False**
10. The process of self-exploration helps in improving relationship. **True**
11. Physical facilities are necessary as well as complete for a human being. **False**
12. Harmony is increased by the by the process of self-exploration. **True**
13. Right understanding about ourselves and our basic desire is very important for us. **True**
14. Happiness and Prosperity are the two basic human desires. **True**
15. Being happy depends upon good luck and lot of external circumstances. **False**
16. To be wealthy is the most important condition in the modern world to be happy. **False**
17. Self-verification means to accept any new proposition. **False**

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18. *The needs of the body are temporary and intermittent. **True***
19. *The needs of the self are variable with time or place or people. **False***
20. *Sukh can be ensured by the right understanding and right feelings. **True***
21. *Lot of Suvidha (physical facility) can provide us Sukh (Happiness). **False***
22. *Money and wealth can solve our all problem. **False***
23. *Body is the instrument of the self means body is needed by the self. **True***
24. *Realization is not the activity of the self. **False***
25. *Current prevalent but enormous view of happiness is to have sensory pleasure. **True***
26. *Harmony between Self and Body essential and highly desirable. **True***
27. *Values mean criteria for judging the standards of behaviour. **True***
28. *Harmony means co-existence. **True***
29. *Money is a salient human value. **False***
30. *Human values are innate to us-means that these are with us since birth. **True***
31. *Justice is what we get in law courts. **False***
32. *There are four orders or level of lives. **True***
33. *Trust and Respect are two fundamental human values. **True***
34. *Universal means true at all places, always, for all. **True***
35. *Life lives with justice is very difficult and impractical. **False***
36. *Intention means what one wants. **True***
37. *Competence means our ability to do or perform. **True***
38. *Our competence differs but our intentions are generally right. **True***
39. *Respect depends on correct evaluation. **True***
40. *Otherwise evaluation is a insult to the others. **True***
41. *We should work for competition and not excellence. **False***

42. *Differentiation is not true respect. **True***
43. *Evaluating someone only on the basis of his body is wrong. **True***
44. *Respect is universal as all want it, always and everywhere. **True***
45. *Storage is done for hoarding. **False***
46. *Production should be recyclable. **True***
47. *Preservation (Suraksha) means ensuring mutual fulfillment with nature. **True***
48. *Suraksha means right utilization of nature. **True***
49. *Human order is most complex and most evolved in cosmos. **True***
50. *The plant order is related to both the animal and human order. **True***
51. *There is already a basic harmony in nature everywhere. We just have to recognize it and live it. **True***
52. *Nature is transparent space is not. **False***
53. *Fluid and liquid are the same things. **True***
54. *The transformation of material things in nature is most cyclical. **True***
55. *Plants sustain material body. **True***
56. *There is co-existence among all the unit of nature. **True***
57. *Space is self-organized while nature makes self-organization possible. **True***
58. *The prevailing worldview is totally conducive to a holistic management model. **False***

Fill in the following blanks with suitable word:

1. *Human life is lived at four levels: Individual, Family, Society and _____. **Nature***
2. *One of the basic desires of every human being is to be always _____. **Happy***
3. *If something is _____ to us, without any force or compulsion, then it is often correct and does not change with time and people. **Naturally acceptable***
4. *The value of any unit in this existence is in its _____ in the larger order of which it is a part. **Participation***
5. *The four dimensions of a human being are thought, _____, work and realization. **Behaviour***

6. _____ is the basic unit of any human society. **Individual**
7. On a continued basis we should examine our _____. **Belief system**
8. Natural acceptance and _____ are two main processes of knowing. **Self-exploration**
9. Self-exploration demands examination and _____ of our beliefs again and again. **Validation**
10. Two basic things in the content of self-exploration are to know my basic desires in life and second is to know how to _____. **Fulfill these**
11. Most basic human aspiration is _____. **Happiness**
12. Basic requirement for the fulfillment of human aspiration is _____.
13. Most important condition needed to make us happy is _____. **Right understanding**
14. Life motivated by only physical facility leads to _____. **Animal consciousness**
15. _____ means physical facilities more than to satisfy my needs. **Prosperity**
16. Self and _____ are different in nature, materiality, needs and activities. **Body**
17. Sukh and _____ both are needed and can't replace each other. **Suvidha**
18. _____ is the ability to perform a specific task, action or function successfully. **Competence**
19. Respect and Trust are need of the _____. **Self (I)**
20. For satisfying the need of my body my programs include _____, protection and right utilization of physical facilities. **Production**
21. The need of the self are _____ and not intermittent. **Continuous**
22. A life controlled or lived by external influence is called _____. **Partantra**
23. In value education Sanyama means _____. **Self-regulation**
24. Traditional methods of giving exercise to the body for Swasthya include Asan, _____ and Meditation. **Pranayaam**
25. Sadupyog of the Body mean _____ of the Body. **Right utilization**
26. The basic unit of learning human interaction is _____. **Family**
27. _____ is the human value which is all-encompassing. **Love**
28. Harmony in the family leads to harmony in the _____. **Society**

29. One of the undesirable common habits with us is that we have a tendency to suspect others _____. **Intention**
30. There is a relationship of _____ in nature. **Mutual fulfillment**
31. Trust means believing _____ intention, as we do in our own intention. **Others**
32. _____, prosperity and co-existence are fundamental human value for comprehensive human value. **Fearlessness**
33. Production and _____ is one of the five dimensions of Universal human order: **Exchange**
34. To establish Universal Human Order, the starting point has to be _____. **Individual**

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FILL IN THE BLANKS

(Text in bold and bracket is the answer of the blank)

Unit 1: Introduction

1. **(Value)** _____ is our participation at different levels in the larger order.
2. When we participate in the larger order, this participation at different levels is our **(Value)** _____.
3. The participation of the human being is seen in two forms: **(Behaviour)** _____ and **(work)** _____.
4. **(Values)** _____ are the outcome of **(Realization)** _____ and **(understanding)** _____, which are always definite.
5. By exploring our svatva and living accordingly, we become **(Svatantra)** _____.
6. Giving weightage to physical facilities, to the maximization of sensory pleasures, to accumulation of wealth is called **(Animal consciousness)** _____.
7. **(Right understanding)** _____ helps the human being to transform from **(Animal consciousness)** _____ to **(human consciousness)** _____.
8. There can only be a **(Qualitative)** _____ change in conscious units.
9. **(Society)** _____ is the third level of living.
10. **(Individual)** _____ is the first level of living.
11. **(Family)** _____ is the second level of living.
12. **(Nature)** _____ is the fourth level of living.
13. Self exploration uses two mechanisms– **(natural acceptance)** _____ and **(experiential validation)** _____.
14. Mechanisms of self exploration are **(natural acceptance)** _____ and **(experiential validation)** _____.
15. Samridhi means **(prosperity)** _____.
16. Process of value education has to be that of **(self investigation)** _____ and **(self exploration)** _____.
17. Prosperity means **(health)** _____, **(wealth)** _____ and **(wisdom)** _____.
18. Developed nations are the live example of **(prosperity)** _____.
19. Happiness, pleasure or joy is the **(emotional)** _____ state of being happy.
20. Without truth, caring, concern or love and justice, **(conflicts)** _____ arise and peace is endangered.
21. Self introspection plays important role to create **(harmony)** _____ within oneself.
22. Self study helps us to know our **(weaknesses)** _____ and how to remove.

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23. **(Prosperity)** _____ is the state to flourishing, thriving, success or good fortune.
24. **(Natural acceptance)** _____ of (values) _____ will develop (self respect) _____.
25. Universal, rational and verifiable are **(guidelines)** _____ of **(value education)** _____.
26. The four levels of human living are **(self)** _____, **(family)** _____, **(society)** _____ and **(nature)** _____. (UPTU 2009 - 10)
27. To be in a state of **(liking)** _____ is **(happiness)** _____.
28. To be in a state of **(disliking)** _____ is **(unhappiness)** _____.
29. The **(value)** _____ of entity is its participation in larger order.
30. **(Self exploration)** _____ is a process of **(self evolution)** _____ through **(self investigation)** _____.
31. **(Program)** _____ and **(desire)** _____ are the content of self exploration.
32. **(Value education)** _____ helps us to correctly identify our **(aspirations)** _____.
33. **(Technology)** _____ is only a means to achieve what is considered valuable for a human being in an effective and efficient manner.
34. Value education leads a human being to **(harmony)** _____.
35. The content of Value education is expected to include all **(dimensions)** _____ and **(levels)** _____ of a human being.
36. The process to understand human **(value)** _____ is self exploration. (UPTU 2010 – 11)

Unit 2: Harmony in Self

1. 'Knowing' means having the **(Right understanding)** _____.
2. Each human being is co-existence of the **(Self (I))** _____ and the **(body)** _____.
3. The **(body)** _____ does not 'assume' things.
4. **(Sanyam)** _____ is the feeling of responsibility for nurturing, protecting and right utilizing the body.
5. Where there is harmony among the parts of the body, it is known as **(Swasthya)** _____.
6. **(Sanyama)** _____ is the basis of **(Swasthya)** _____.
7. **(Sanyam)** _____ is vital for the **(Swasthya)** _____.
8. With the help of the **(Body)** _____, self explores and interact with rest of the nature.
9. The system of the body works in a **(Self organized)** _____ way.
10. Human body is an instrument to facilitate **(Right understanding)** _____.
11. The self is **(Conscious)** _____ in nature while body is **(Physico-chemical)** _____ in nature.
12. The basic capacity of self is known as **(Power)** _____.
13. The power/capacity for selecting/tasting is **(Expectation)** _____.
14. **(Expectation)** _____ is the capacity of **(Selecting/tasting)** _____.
15. The self and body interacts with each other via the activity of **(Selecting/tasting)** _____.
16. The flow of activity of **(Selecting/tasting)** _____ can leads to **(thoughts)** _____.
17. The capacity of **(thoughts)** _____ could lead to **(desires)** _____.
18. The activity of desires, thoughts and expecting, together is called as **(imagination)** _____.
19. We make choices with external world, based on our **(imagination)** _____ today.
20. Imaging is _____ **(continuous)** with time.
21. The activity of Selecting/tasting is **(continuous)** _____.

22. What we analyze may keep changing; the activity of analyzing is **(continuous)** _____.
23. When we assume something about on the prevailing notion it is called **(preconditioning)** _____.
24. **(realization)** _____ means to be able to see the reality as it is.
25. What we really want to be is our **(natural acceptance)** _____.
26. We can have **(right understanding)** _____ through the process of **(realization)** _____.
27. Behaviour on the basis of **(realization and understanding)** _____ is called **(self organized behaviour)** _____.
28. Human being is co-existence of **(self and body)** _____.
29. The self or I is also called **(consciousness)** _____.
30. Clothing, nourishment etc are the needs of **(body)** _____.
31. Trust, respect, happiness etc are the needs of **(self)** _____.
32. The needs of the self are **(continuous)** _____ in time and needs of body are **(temporary)** _____.
33. Needs of the body are temporary while the needs of the self are **(continuous)** _____. (UPTU 2009 - 10)
34. Physical facilities are required in **(limited)** _____ quantity.
35. If the needs are naturally acceptable I want them **(continuously)** _____.
36. The needs of **(self)** _____ are **(qualitative)** _____ in nature and we want them continuously.
37. The needs of the body are ensured by **(physico-chemical)** _____ things.
38. The needs of the self are ensured by **(right understanding)** _____ and **(right feeling)** _____.
39. By **(right understanding)** _____ we become responsible to ourselves.
40. Choosing and imaging are the activities of **(self)** _____.
41. Recognition and fulfillment between **(material entities)** _____ is always **(definite)** _____.
42. In I (self), recognizing and fulfillment depends on **(assuming)** _____.
43. The activity of fulfillment depends on the **(recognition)** _____.
44. Knowing means we have the **(right understanding)** _____.
45. Any entity that has the activity of recognizing and fulfillment only can be called as **(material entity)** _____.
46. The feeling of prosperity is the need of **(self)** _____.
47. Physical facilities are the need of the **(body)** _____.
48. Selecting and desiring are the activities of **(self)** _____.
49. I am the **(seer)** _____, **(doer)** _____ and **(enjoyer)** _____.
50. The **(Body)** _____ is an **(instrument)** _____ of **(I (self))** _____. (UPTU 2010 – 11)
51. The requirements of body are **(nutrition)** _____, **(protection)** _____ and **(right utilization)** _____.
52. **(Seer)** _____ means the one that understands.
53. The awareness of being is in **(I)** _____.
54. Seer is also called **(drashta)** _____ or Drishta refers to **(seer)** _____.
55. Doer is also called **(karta)** _____ or Karta refers to **(doer)** _____.
56. Enjoyer is also called **(bhokta)** _____ or Bhokta refers to **(enjoyer)** _____.
57. In relationship we want **(mutual fulfillment)** _____.
58. From physical facilities we want **(prosperity)** _____.

59. Swasthya leads to **(sukh)** _____.
60. Sanyam represent **(self control)** _____.
61. Swastya refers to **(health)** _____.

Unit 3: Harmony in Family and Society

1. Education-right living leads to **(Right understanding)** _____.
2. The process of education and right living leads to **(Right understanding)** _____ in the individual.
3. The program for health and sanyam leads to feeling of **(Prosperity)** _____ in family.
4. Ensuring justice in relationship, on the basis of values leads to **(Fearlessness)** _____ in society.
5. Suraksha of nature via enrichment protection and right utilization leads to **(Co-existence)** _____ in nature.
6. Production and work for physical facilities leads to **(Prosperity)** _____ in family and **(co-existence)** _____ with nature.
7. **(Trust)** _____ is the foundational value in relationship.
8. The foundational value in relationship is **(Trust)** _____.
9. The ability to fulfill the aspirations is called **(Competence)** _____.
10. To be assured of others at all the time is the feeling of **(Trust)** _____.
11. **(Respect)** _____ means **(Right evaluation)** _____. (UPTU 2009 - 10)
12. Any belief in terms of 'thought system' that we have or that we have adopted is called **(Ism's)** _____.
13. The feeling that other is related to me is called **(Affection)** _____.
14. The feeling to nurture and protect the body of our relative is called **(Care)** _____.
15. Ensuring right understanding and feelings in the other is called **(Guidance)** _____.
16. Acceptance of excellence in others is called **(Reverence)** _____.
17. **(Glory)** _____ is the feeling for someone who has made efforts for excellence.
18. **(Gratitude)** _____ is the feeling of acceptance for those who have made efforts for my excellence.
19. **(Love)** _____ is a complete value.
20. The feeling of relatedness to all human beings is called **(Affection)** _____.
21. Society is an extension of **(Family)** _____.
22. **(Family)** _____ is the basic unit of human interaction.
23. We are all similar at the level of our **(Intension)** _____ but differ in our **(Competence)** _____.
24. Employing the body physically for production and maintenance of physical facilities is called **(Labour)** _____.
25. There is justice in relationship when there is **(Mutual fulfillment)** _____.
26. The four gems of trust are **(effective listening)** _____, **(empathy)** _____, **(justice)** _____ and **(honesty)** _____.
27. She-astitva means **(co-existence)** _____.
28. Abhay means **(fearlessness)** _____.
29. **(Competence)** _____ is the ability to perform a specific task action or function successfully.
30. In healthy relationship, I learn to **(respect)** _____ and **(trust)** _____ important people in our life.
31. The commitment is the only aspect that actually strengthens the **(relationship)** _____.
32. **(Education)** _____ means the **(vision)** _____.

33. The problems in our relationship with various entities are due to our **(assumptions)** _____.
34. Comprehensive human goal is right understanding, prosperity, fearlessness and **(co-existence)** _____. (UPTU 2010 – 11)

Unit 4: Harmony in Nature and Existence

1. The participation of the human being in ensuring the role of physical facility in nurture, protection and providing means for the body is called its **(Utility value)** _____.
2. The participation of the human being in ensuring the role of physical facility to help and preserve its utility is called its **(Artistic value)** _____.
3. Between every two units there is **(Space)** _____.
4. When nature is submerged in space we call it **(Existence)** _____.
5. Nature is **(Limited)** _____ and while space is **(unlimited)** _____ in size.
6. When something is active or has activity, we call it a **(Unit)** _____.
7. Space is constant or **(Equilibrium)** _____ energy.
8. There are two kinds of realities in existence: **(Space)** _____ and **(units)** _____.
9. Material units have the activities of **(Recognizing)** _____ and **(fulfilling)** _____.
10. Material units are **(Temporary)** _____ in nature.
11. Co-existence is when **(Nature)** _____ is submerged in **(space)** _____.
12. The first order of nature is **(Material order)** _____.
13. The second order of nature is **(Plant order)** _____.
14. The third order of nature is **(Animal order)** _____.
15. The fourth order of nature is **(Human order)** _____.
16. Parsparta means **(Interconnectedness)** _____.
17. Paraspar purakta means **(Mutually fulfilling)** _____.
18. Human beings are dependent on the **(Material order)** _____ for soil, minerals and metals.
19. The natural characteristic of material order **(Composition/ decomposition)** _____.
20. The basic activities of plant order are **(Recognizing and fulfillment)** _____.
21. Conformance of material order is named as **(Constitution conformance)** _____.
22. Conformance of plant/ bio order is called **(Seed conformance)** _____.
23. Conformance of animal order is **(Breed conformance)** _____.
24. Conformance of human order is **(Right value or sanskara conformance)** _____.
25. The cell belongs to **(Pranic order)** _____ order.
26. In animals only the activity of **(Selection/taste)** _____ is predominant.
27. The activities in human body are **(Composition/decomposition)** _____ and **(respiration)** _____.
28. **(Existence)** _____ and **(growth)** _____ together are the innateness of the pranic order.
29. The value or participation of different orders in existence is also referred to as their **(Natural characteristics)** _____.
30. The fundamental characteristic of material order is **(Composition/decomposition)** _____.
31. The body of animals and humans belongs to the **(Pranic)** _____ order.

32. The natural characteristics/svabhava of a human being are **(Perseverance)** _____, **(bravery)** _____ and **(genriosity)** _____.
33. The continuity of a plant species is maintained in nature by **(Seed conformance)** _____ method.
34. Human being has **(Sanskar)** _____ conformance.
35. The systems in nature are **(Cyclic)** _____ and **(mutually fulfilling)** _____.
36. **(Nature)** _____ is equivalent to the natural world, physical world or material world.
37. There is mutual **(fulfillment)** _____ among the four orders of nature. (UPTU 2009 - 10)
38. The four orders of nature are material order, plant order, **(animal)** _____ order and human order. (UPTU 2010 – 11)

Unit 5: Professional Ethics

1. The definitiveness of human conduct in terms of values, policies and character is termed as **(Ethics)** _____.
2. Developing ethical competence in the profession is the only effective way to ensure **(Professional ethics)** _____.
3. The term ethics has been taken from the Greek word **(ethos)** _____ which means character.
4. **(Ethics)** _____ are considered the moral standards by which people judge behaviour.
5. **(Professional ethics)** _____ is the implication of **(right understanding)** _____ in **(profession)** _____. (UPTU 2009 - 10)
6. Comprehensive human goal consists of **(samadhan)** _____, **(samridhi)** _____, **(abhay)** _____, and **(seh-astitiva)** _____.
Holistic production systems are eco-friendly and **(people-friendly)** _____. (UPTU 2010 – 11)

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