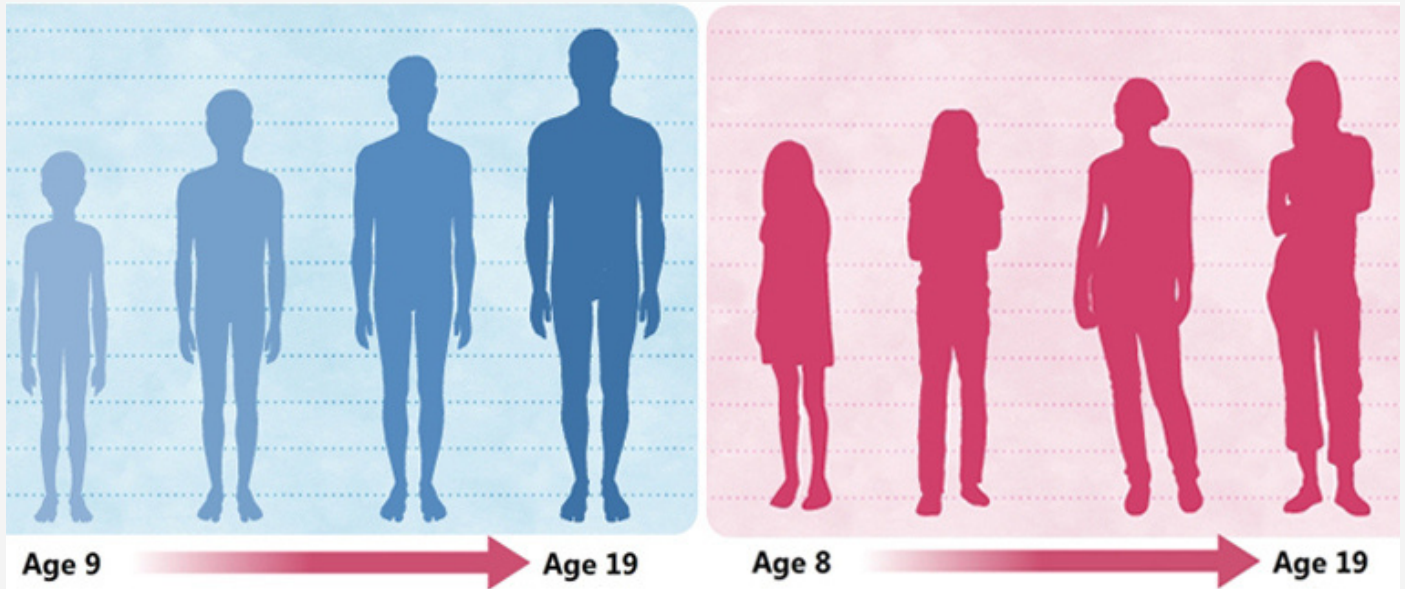


PUBERTY AND CONTRACEPTION



Delayed puberty can be common in chronic Liver disease. Periods can be interrupted during diagnosis or can be particularly heavy.

Progesterone only contraception is recommended, this includes;

- Cerazette minipill
- Depo-provera Injection
- Implanon implant

The usual guidelines regarding prescribing contraception should apply

Please talk to your liver team or local GP about which contraceptive is most suitable for you.