

# Foundations of Psychophysiology

Part 2.3: The central nervous system

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NEUROADAPTIVE  
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Brandenburg  
University of Technology  
Cottbus - Senftenberg

# **Psychophysiology**

## **Central nervous system**

Anatomical terminology

Spinal cord

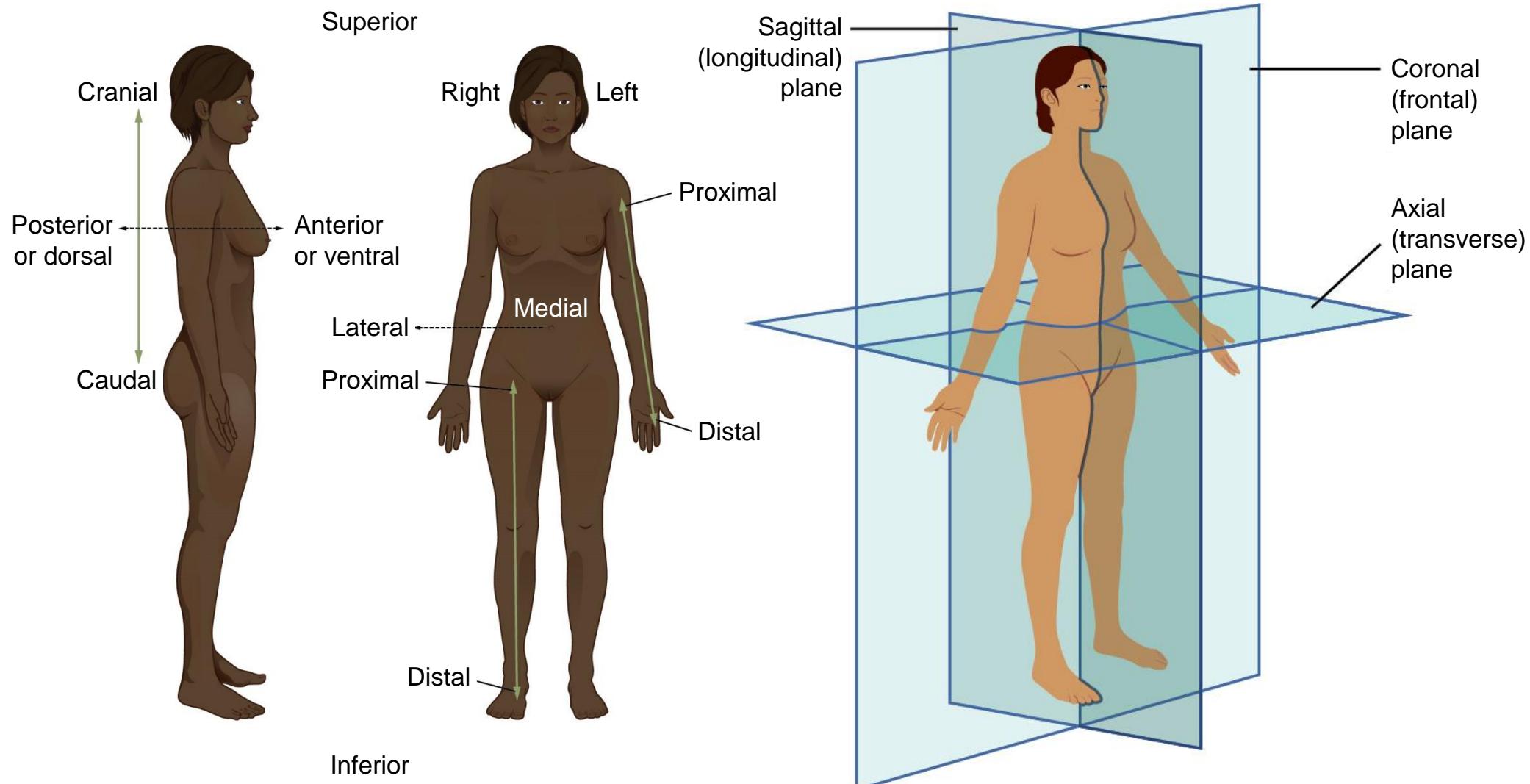
Brain

# Psychophysiology

## Anatomical terminology

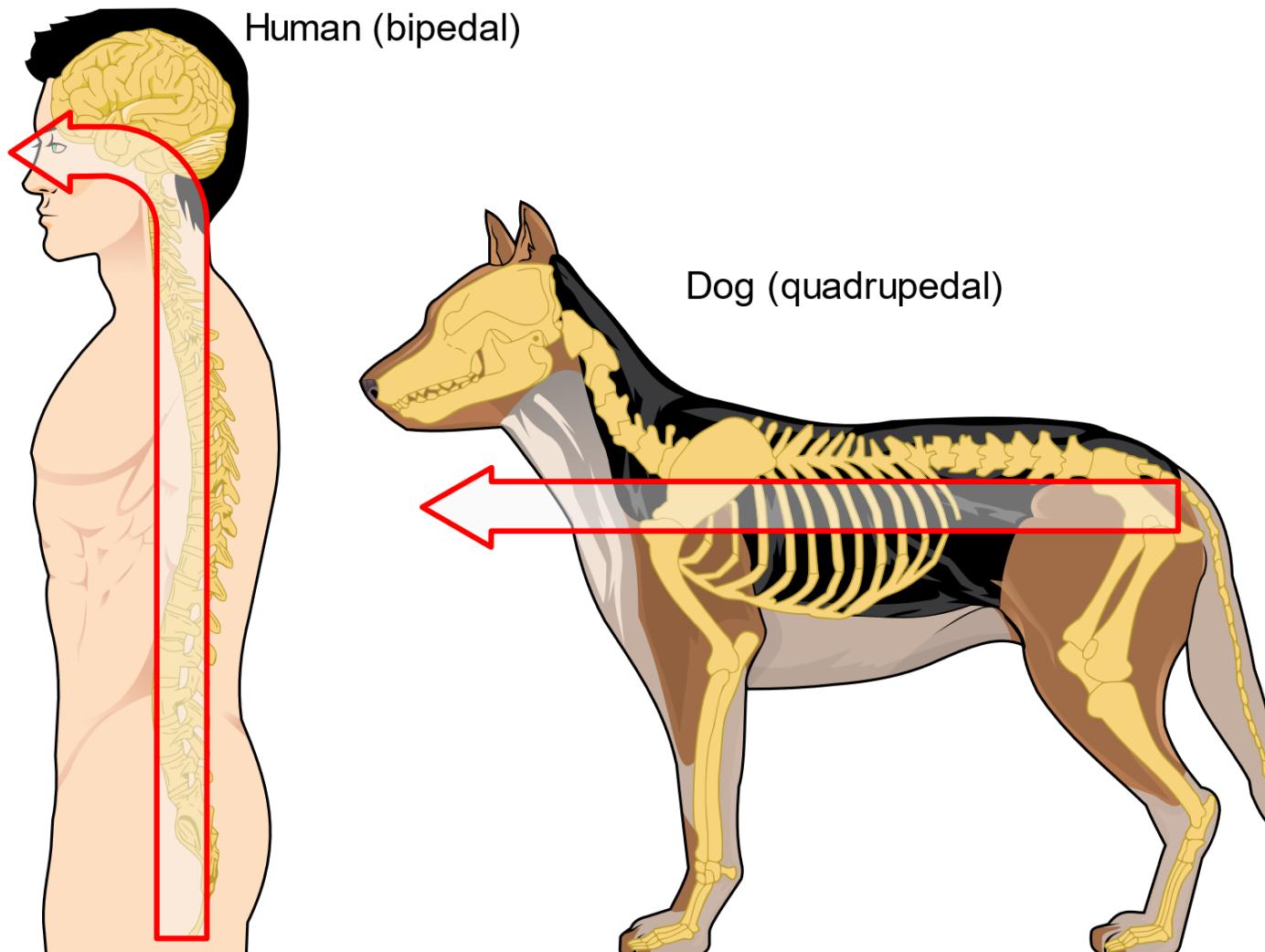
# Psychophysiology: CNS

## Anatomical terminology



# Psychophysiology: CNS: Terminology

Different neuroaxis requires different terms



# Psychophysiology: CNS: Terminology

## Some other terms

A **nerve** is a bundle of axons in the PNS. In the CNS, this is called a **tract**.

Similarly, a **ganglion** is a group of neuron cell bodies in the PNS. In the CNS, this is called a **nucleus**.

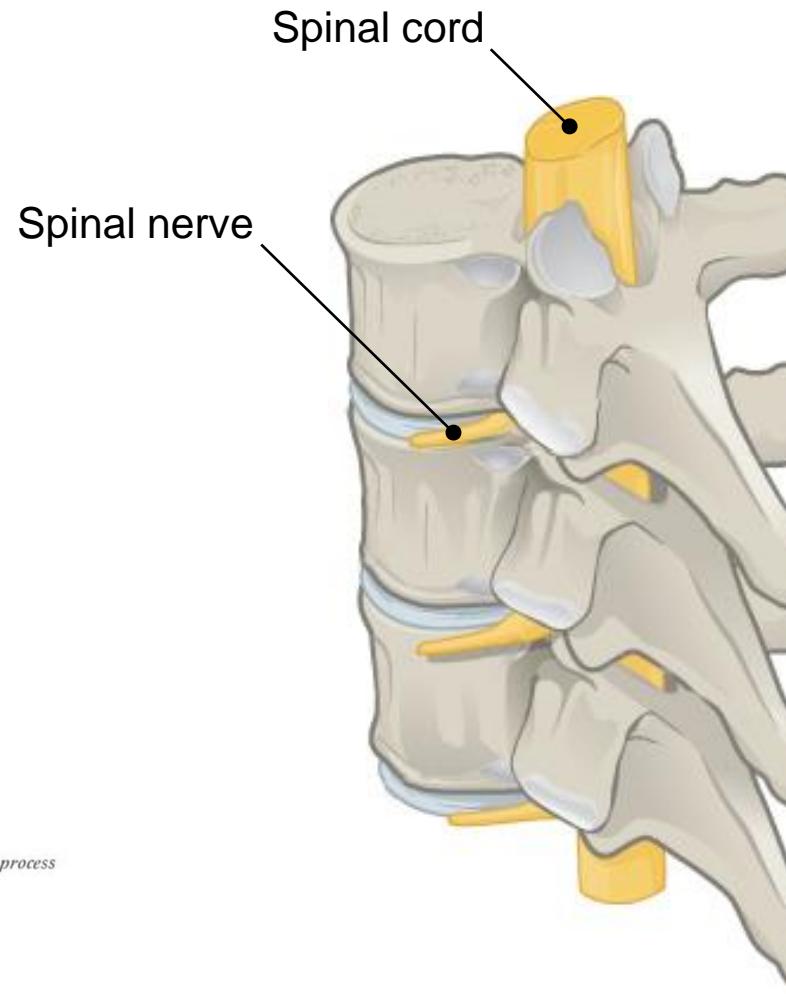
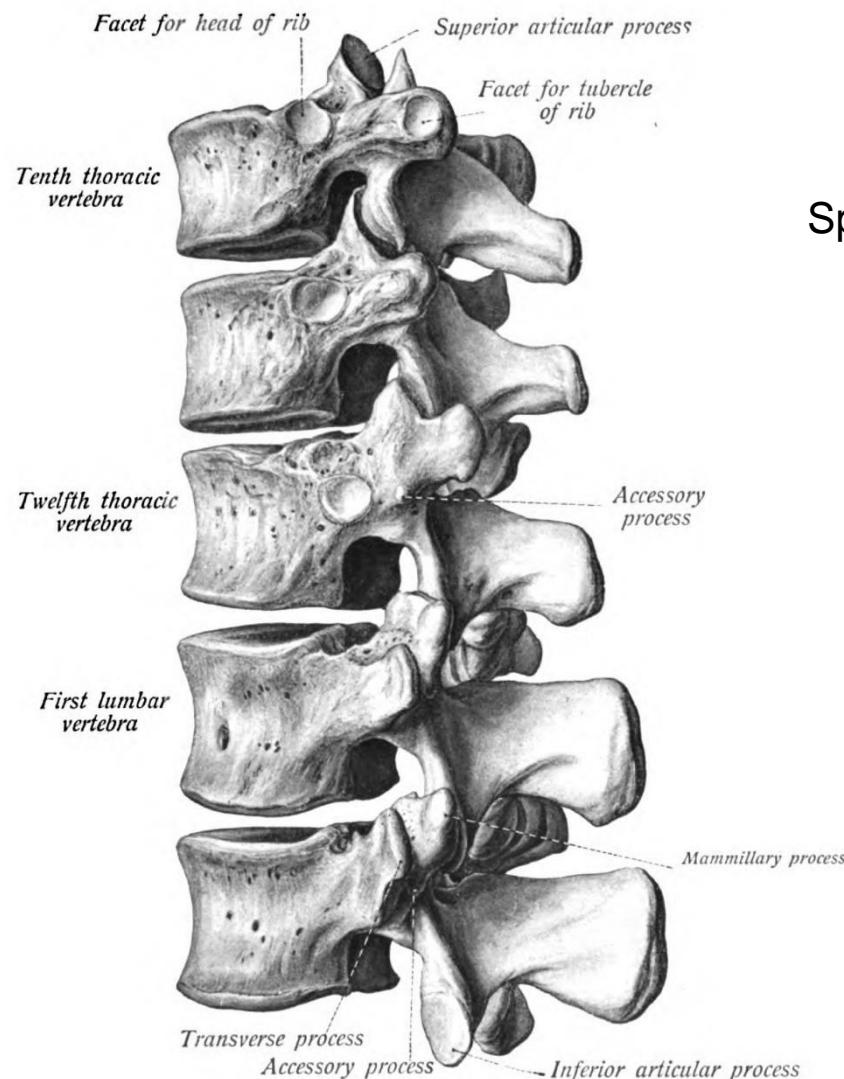
**Afferent** nerves conduct signals towards the CNS. The opposite are **efferent** nerves.

# Psychophysiology

## **Spinal cord**

# Psychophysiology: CNS

## Spine and the spinal cord

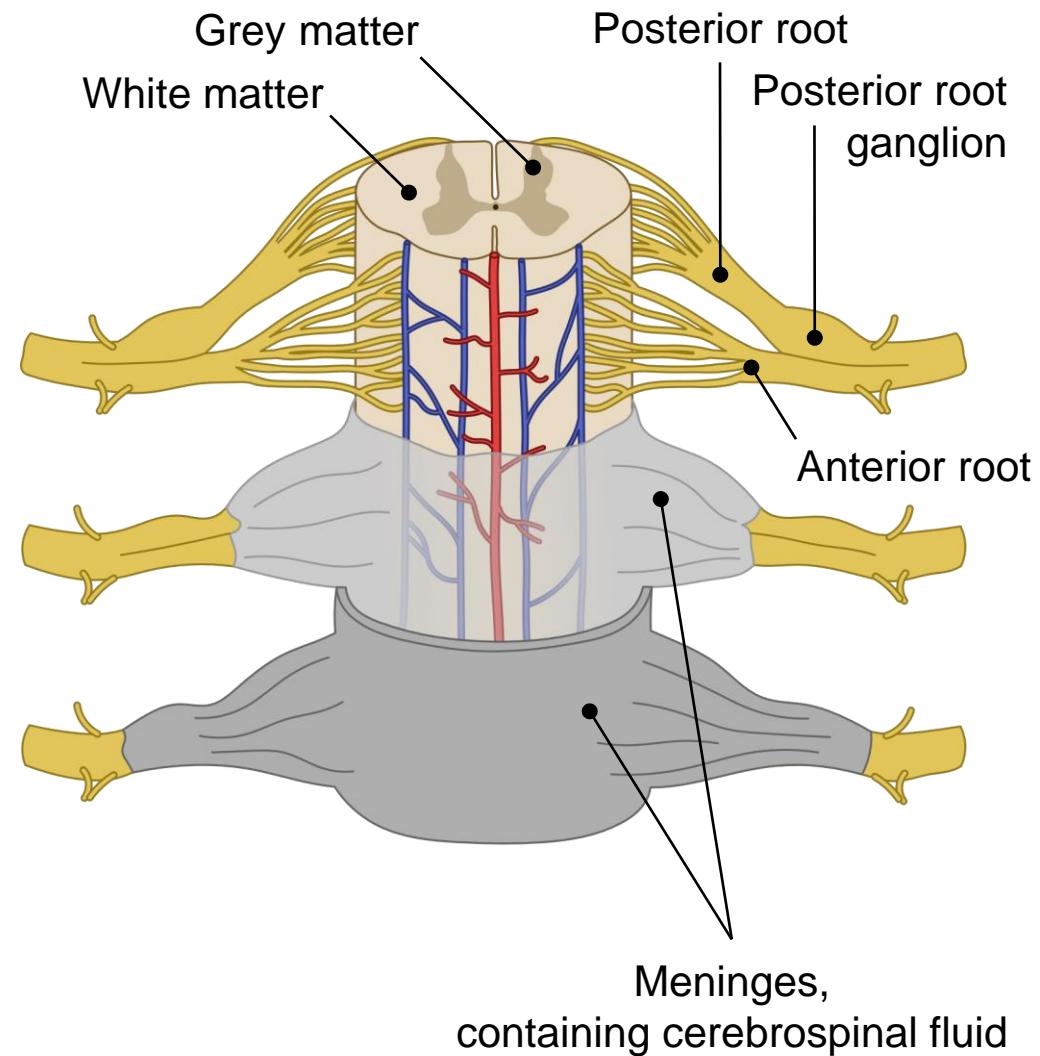
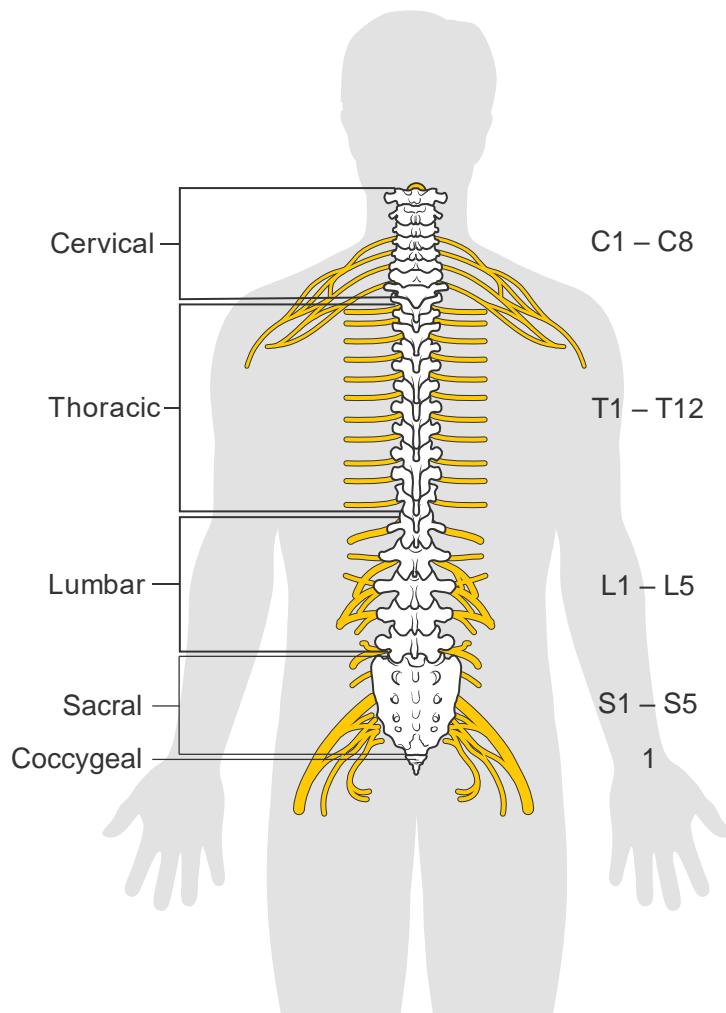


Left posterolateral view

Illustration from the *Sobotta Atlas and Text-book of Human Anatomy* (1909) is in the public domain  
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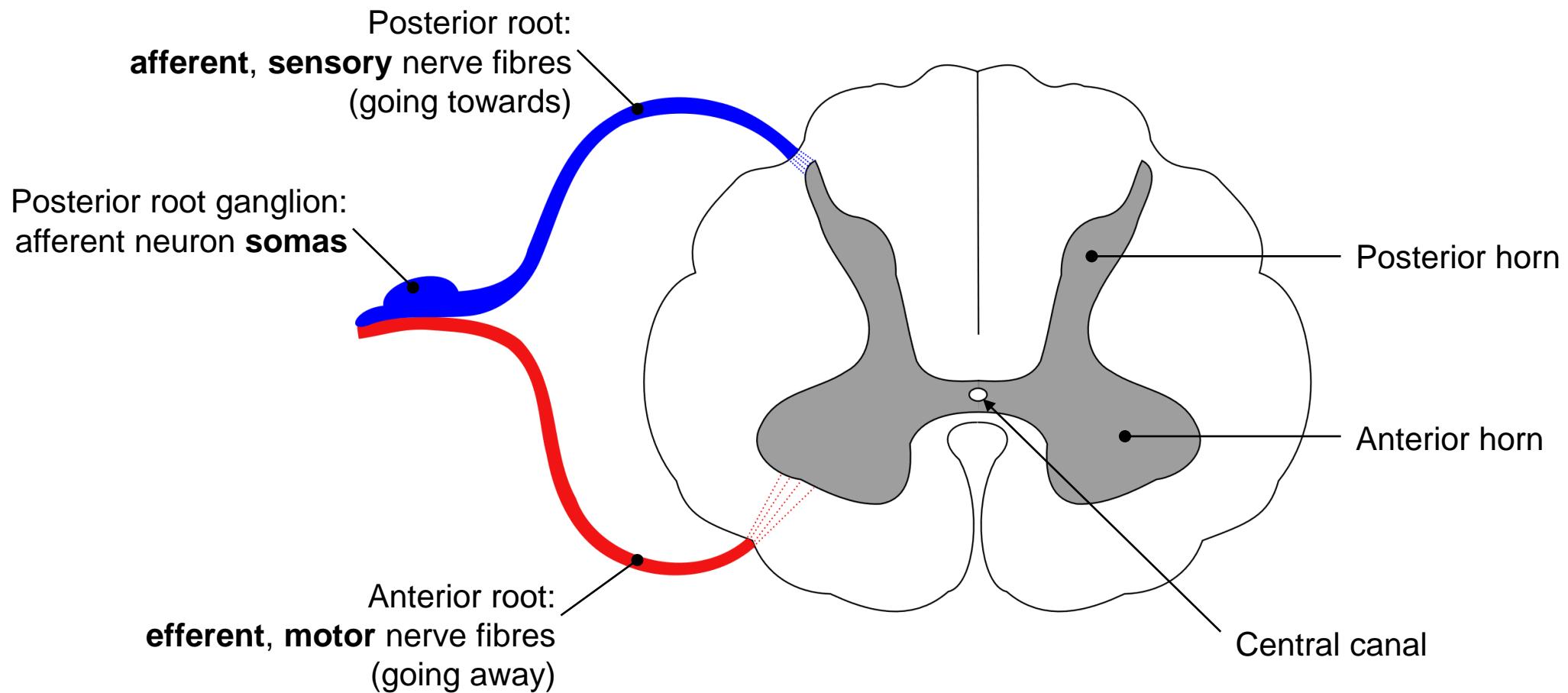
# Psychophysiology: CNS: Spinal cord

## Spinal nerves



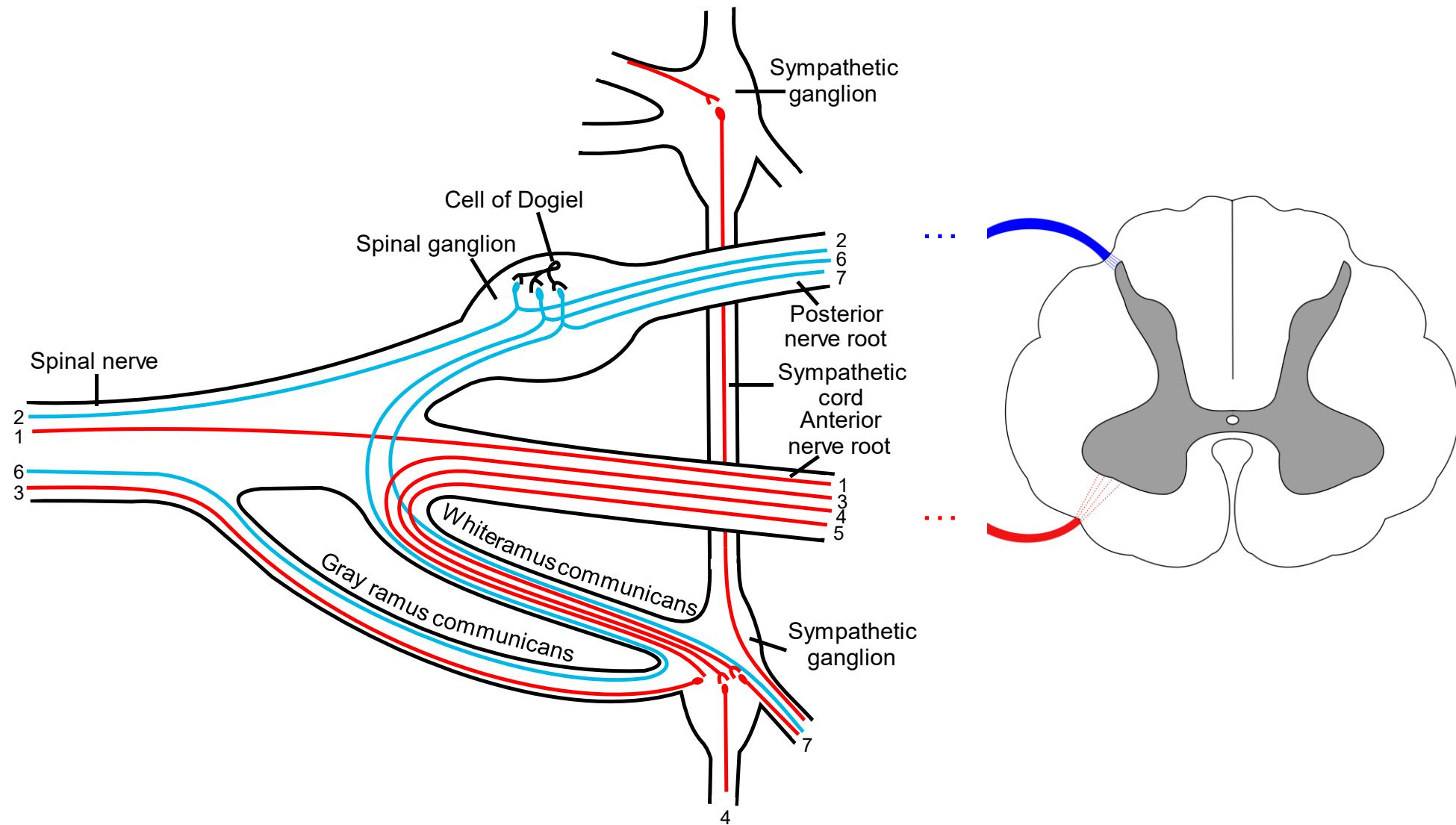
# Psychophysiology: CNS: Spinal cord

## Spinal cord



# Psychophysiology: CNS: Spinal cord

## Spinal cord

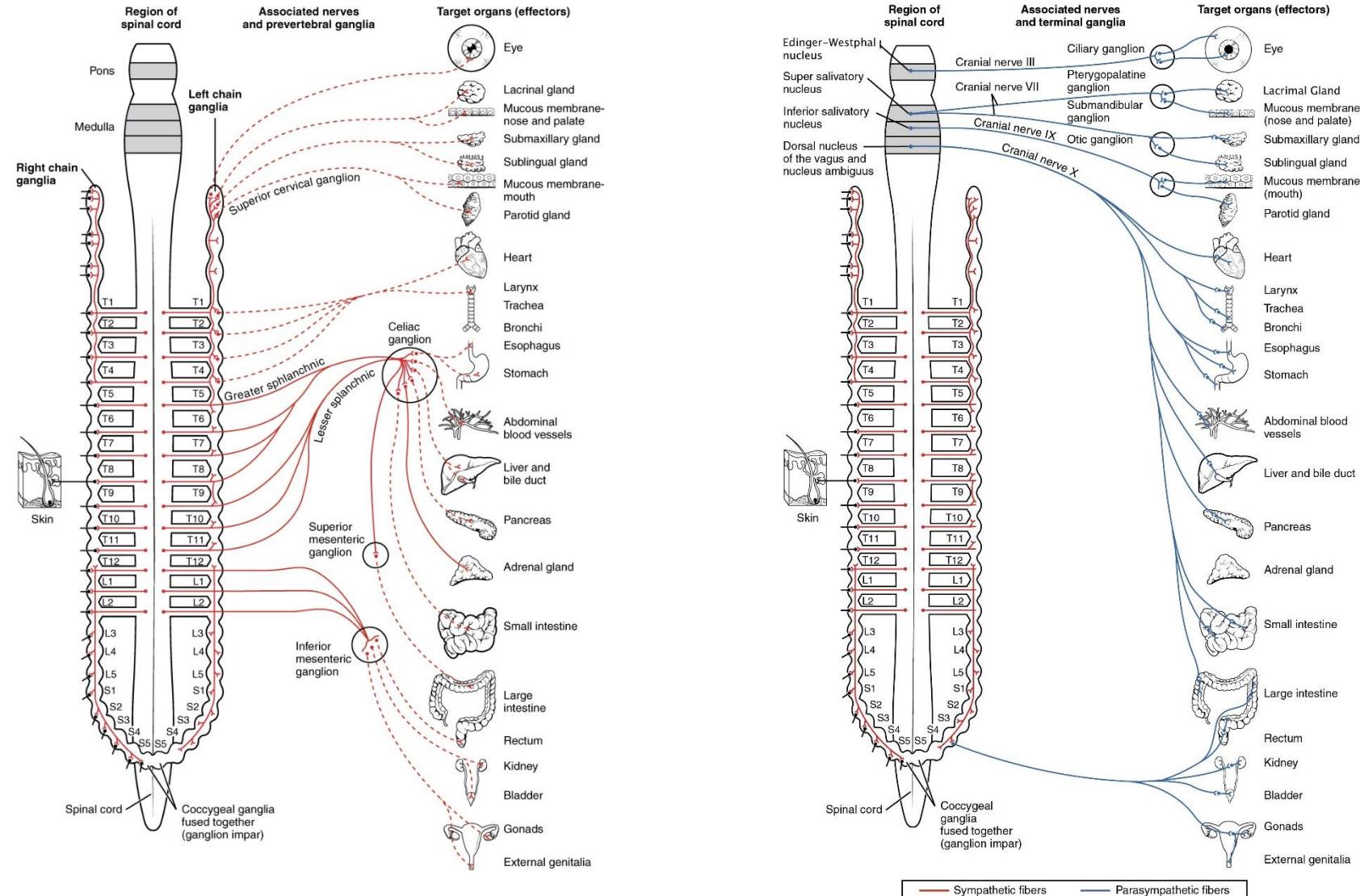


Spinal nerve figure by Henry Vandyke Carter and [vectorized by Mysid](#) is in the public domain

Section figure "Medulla spinalis - Section - English" by [Polarlys](#) is licensed under CC BY 2.5 / Removed labels and cropped from original

# Psychophysiology: CNS: Spinal cord

## Sympathetic and parasympathetic innervation

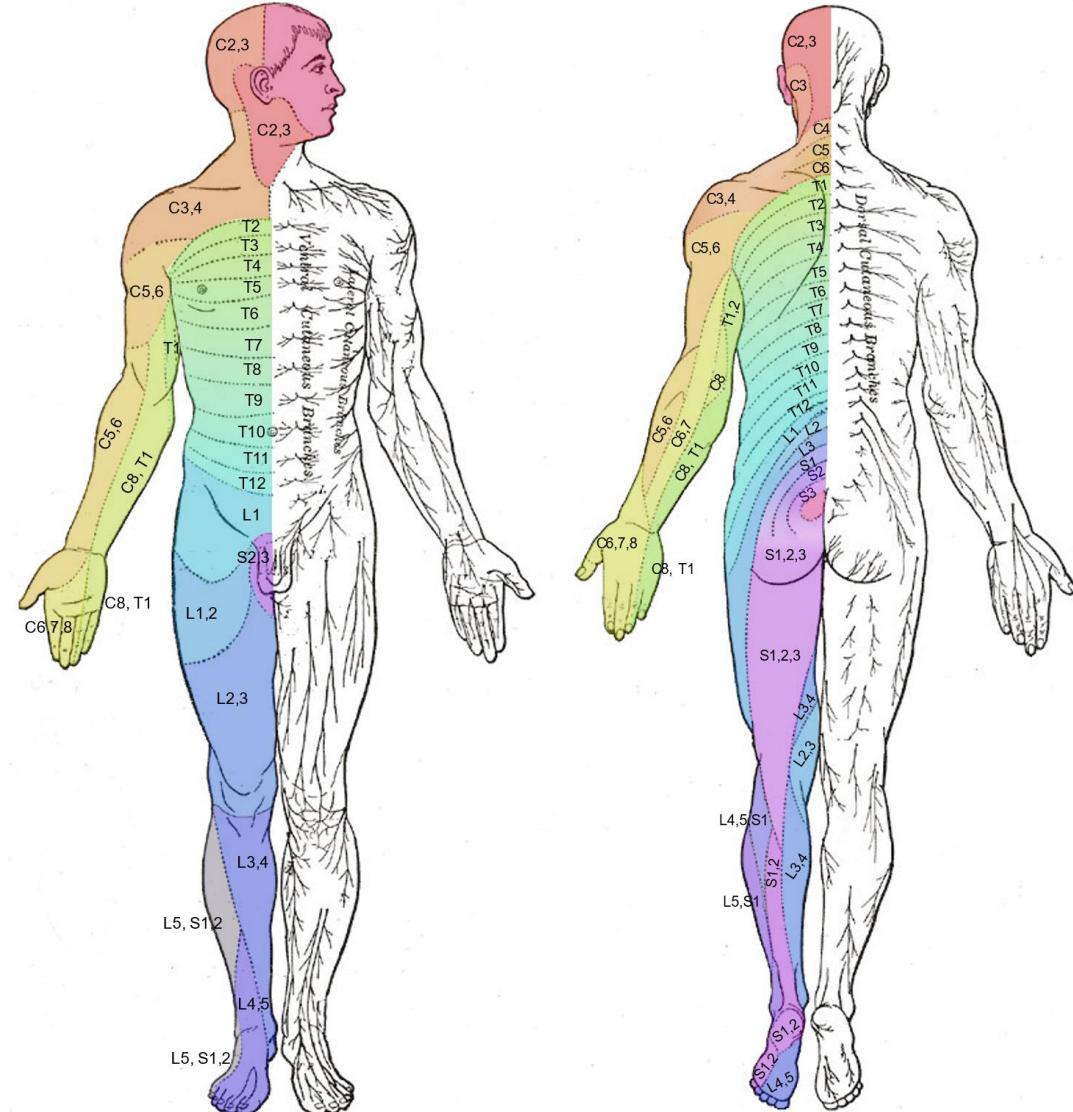


# Psychophysiology: CNS: Spinal cord

## Dermatomes

Each spinal nerve can be associated with a specific area on the skin.

Each area is served by at least two spinal nerves.



# Psychophysiology: CNS: Spinal cord

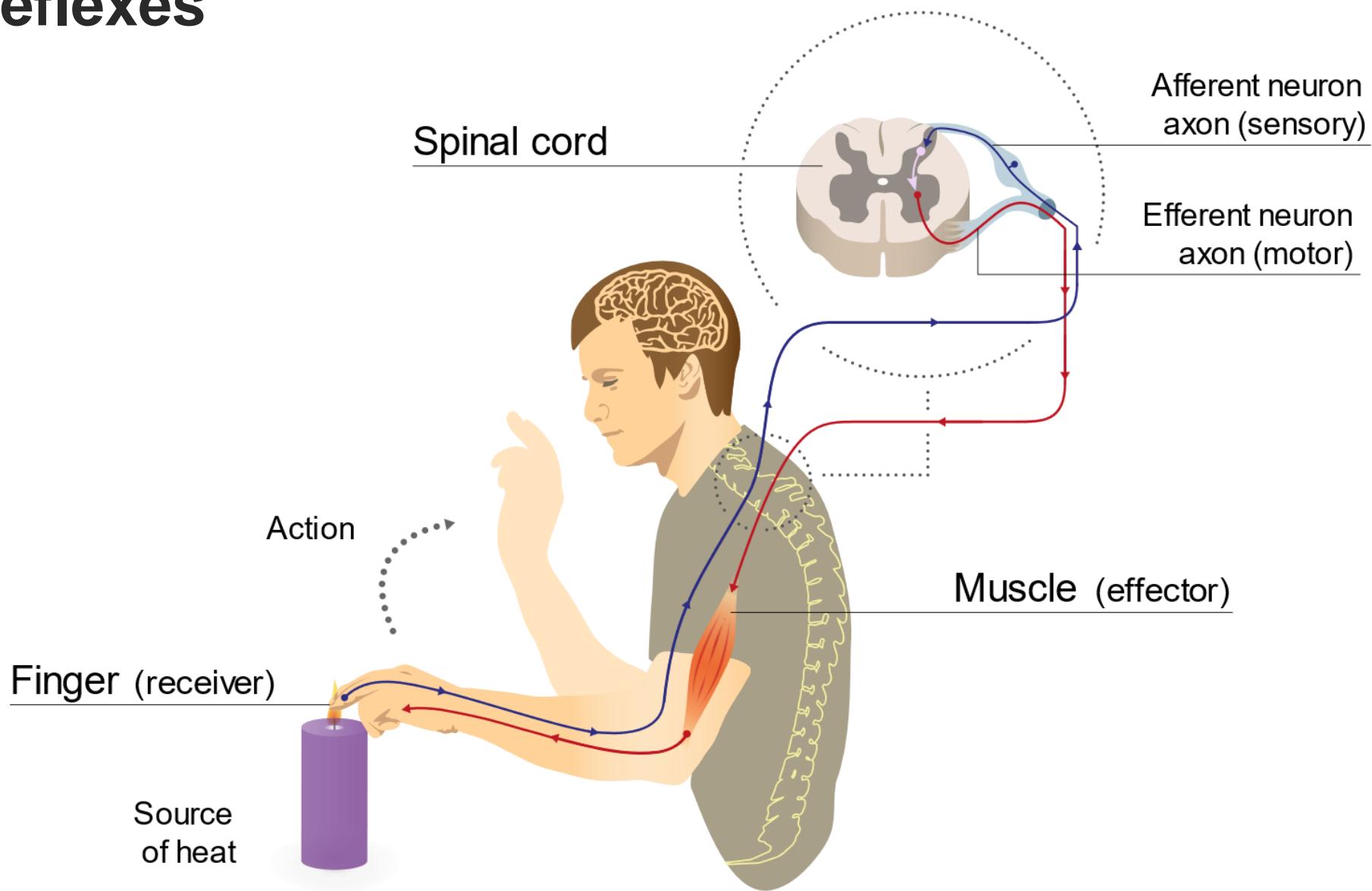
## Functional description

The spinal cord transports afferent and efferent signals between the CNS and the PNS.

It also processes reflexes.

# Psychophysiology: CNS: Spinal cord

## Reflexes

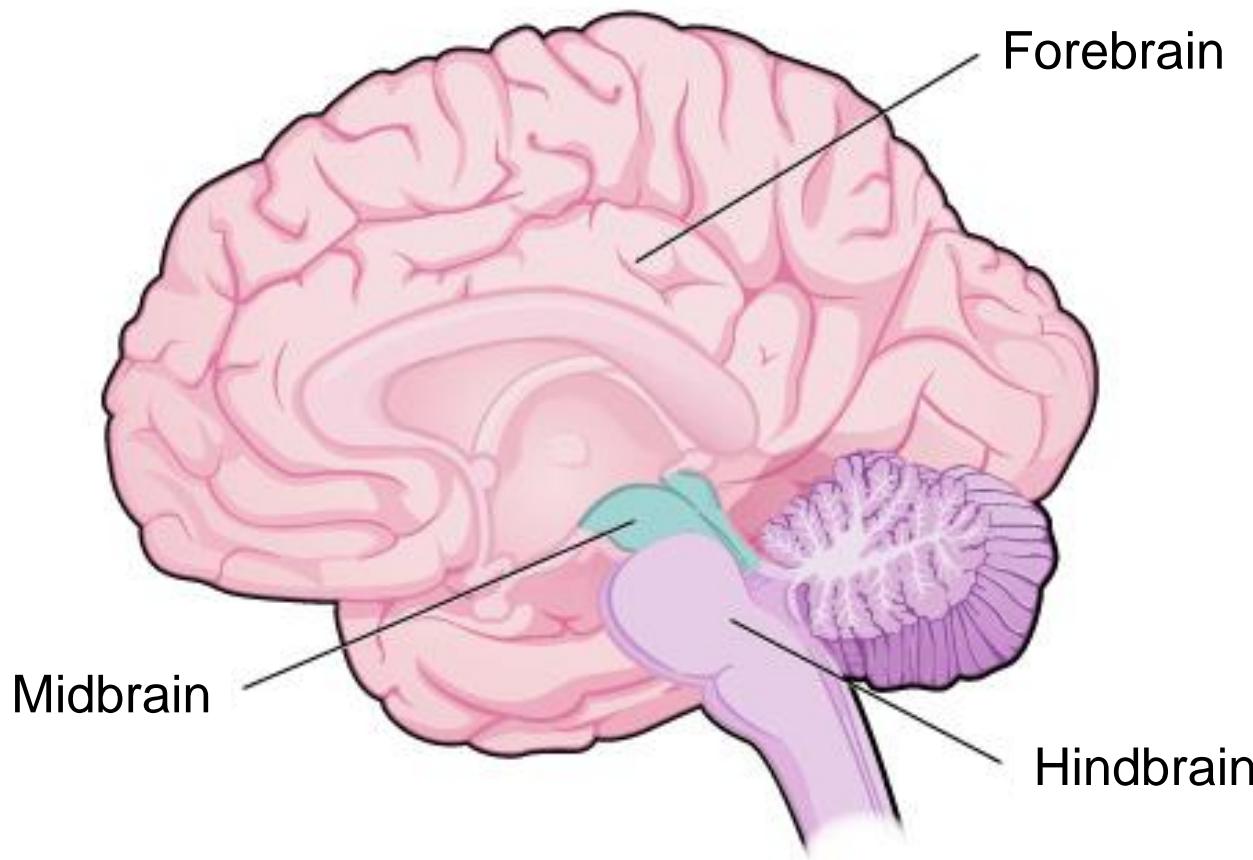


# Psychophysiology

## Brain

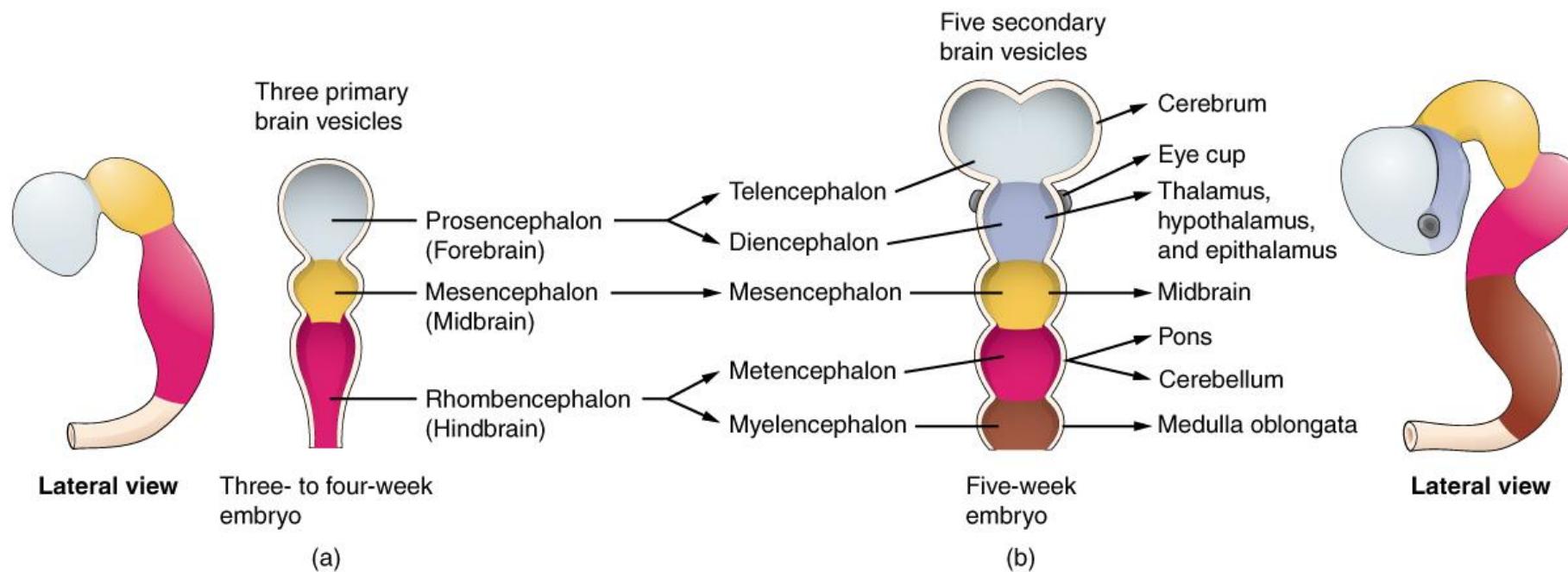
# Psychophysiology: CNS

## Brain



# Psychophysiology: CNS: Brain

## Brain



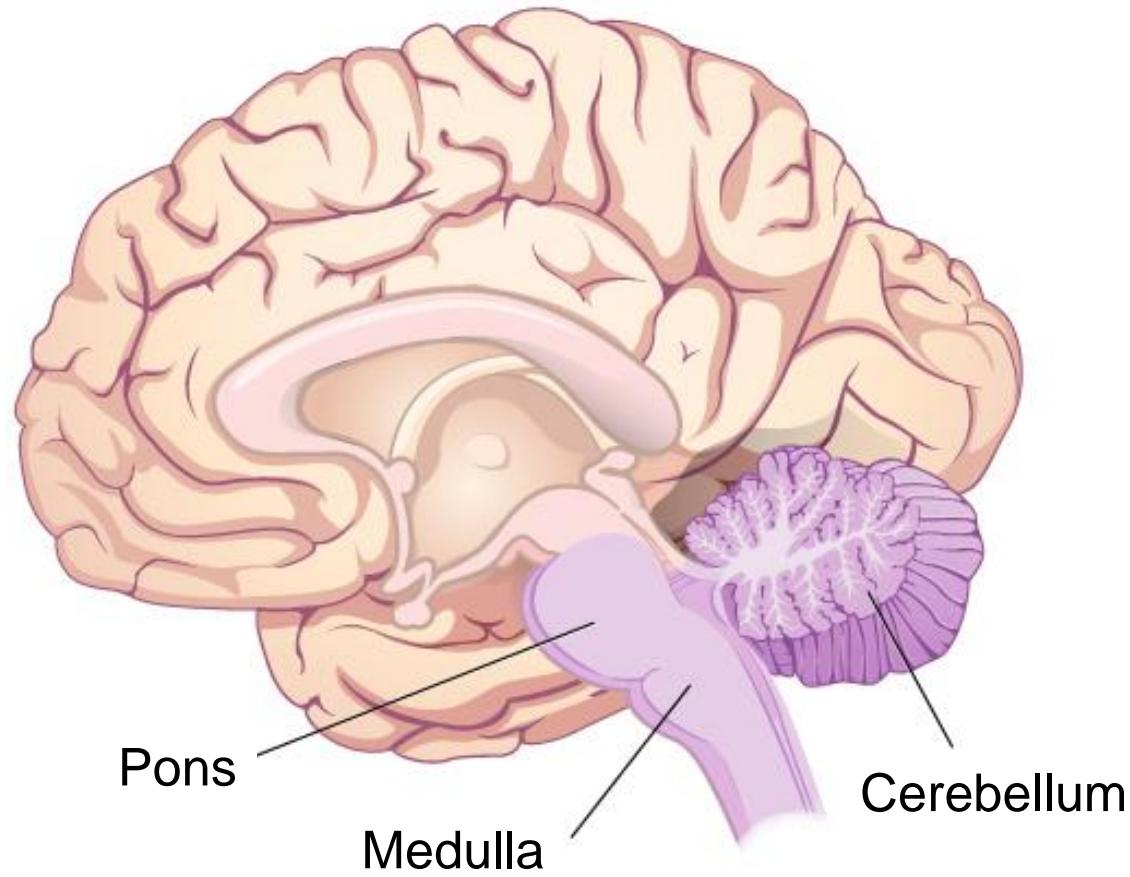
# Psychophysiology: CNS: Brain

## Hindbrain

The **medulla (oblongata)** controls autonomic functions like breathing, heartbeat, swallowing, vomiting, and sneezing.

The **pons** also controls some autonomic functions, and interfaces the hindbrain with the midbrain.

The **cerebellum** primarily coordinates (but does not initiate) motor control.



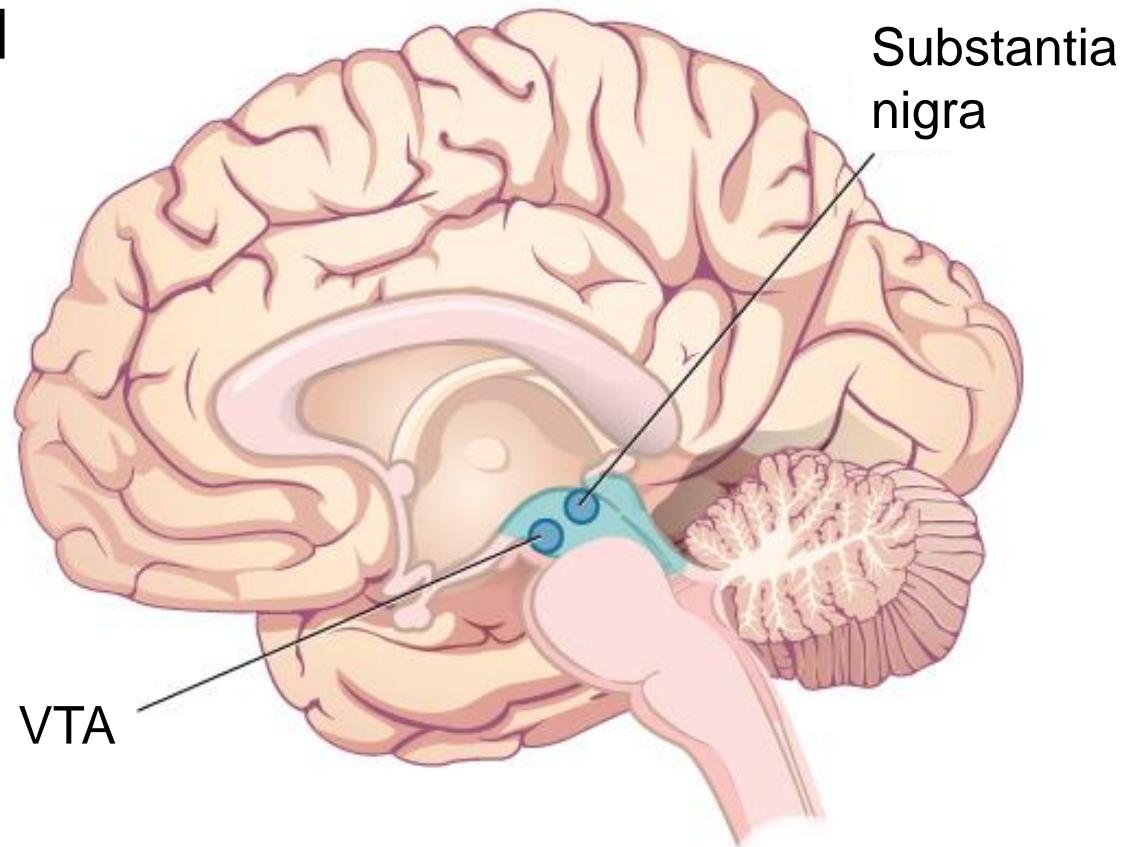
# Psychophysiology: CNS: Brain

## Midbrain

The **substantia nigra** is involved in the planning and maintenance of voluntary movements (damage ~ Parkinson's).

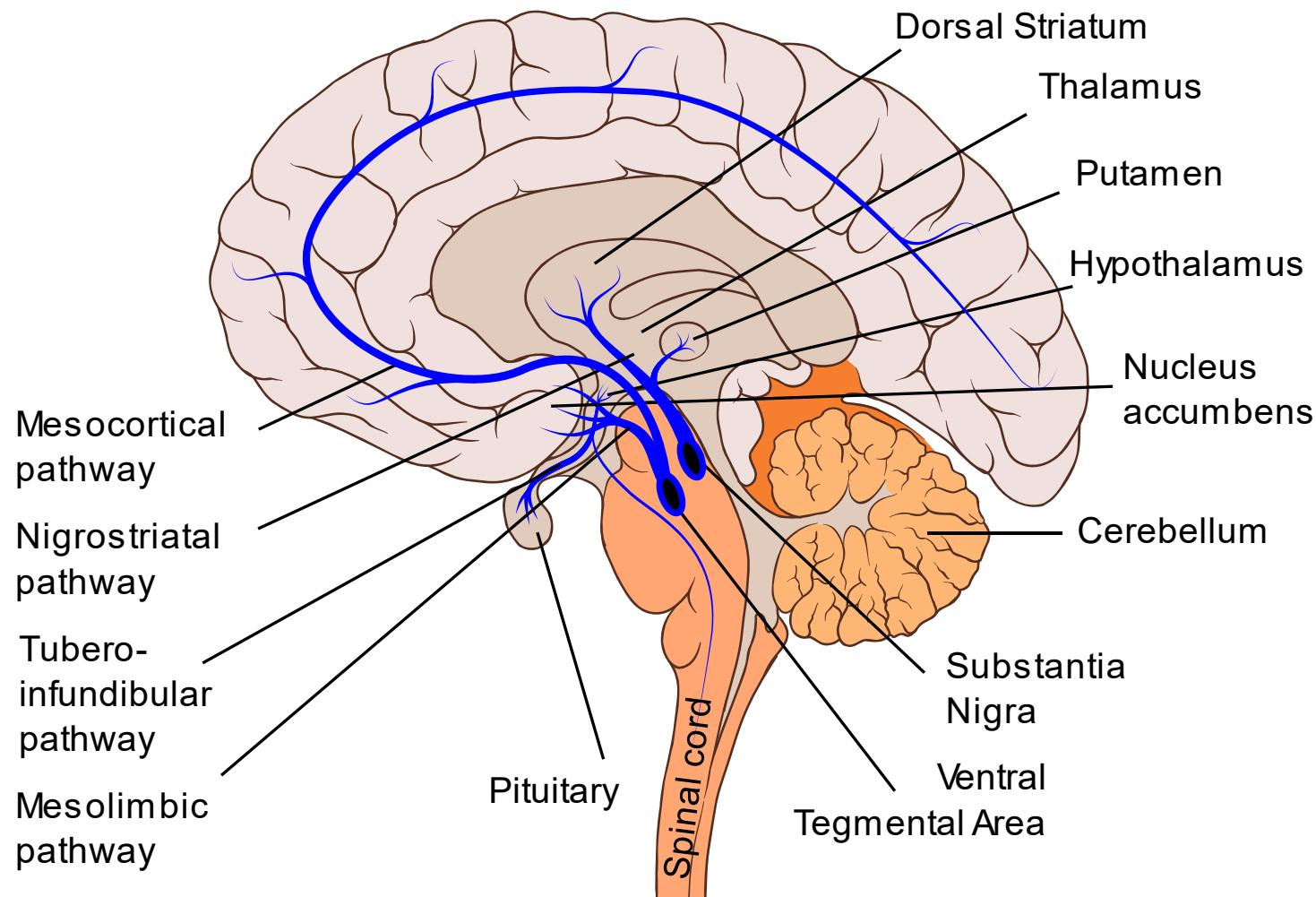
The **ventral tegmental area** primarily contains dopaminergic neurons.

These two structures are not always differentiated and have largely overlapping functions.



# Psychophysiology: CNS: Brain: Midbrain

## Dopaminergic pathways

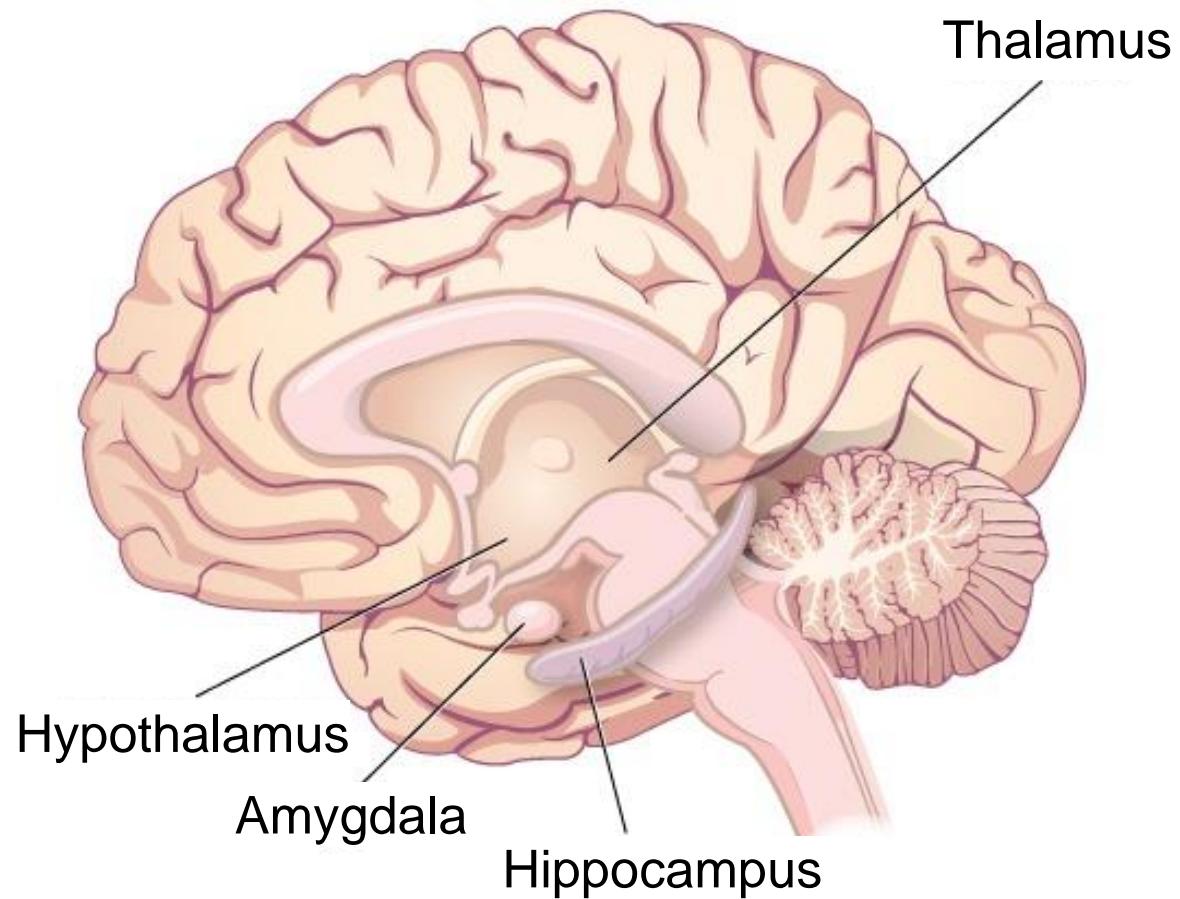


# Psychophysiology: CNS: Brain

## Forebrain

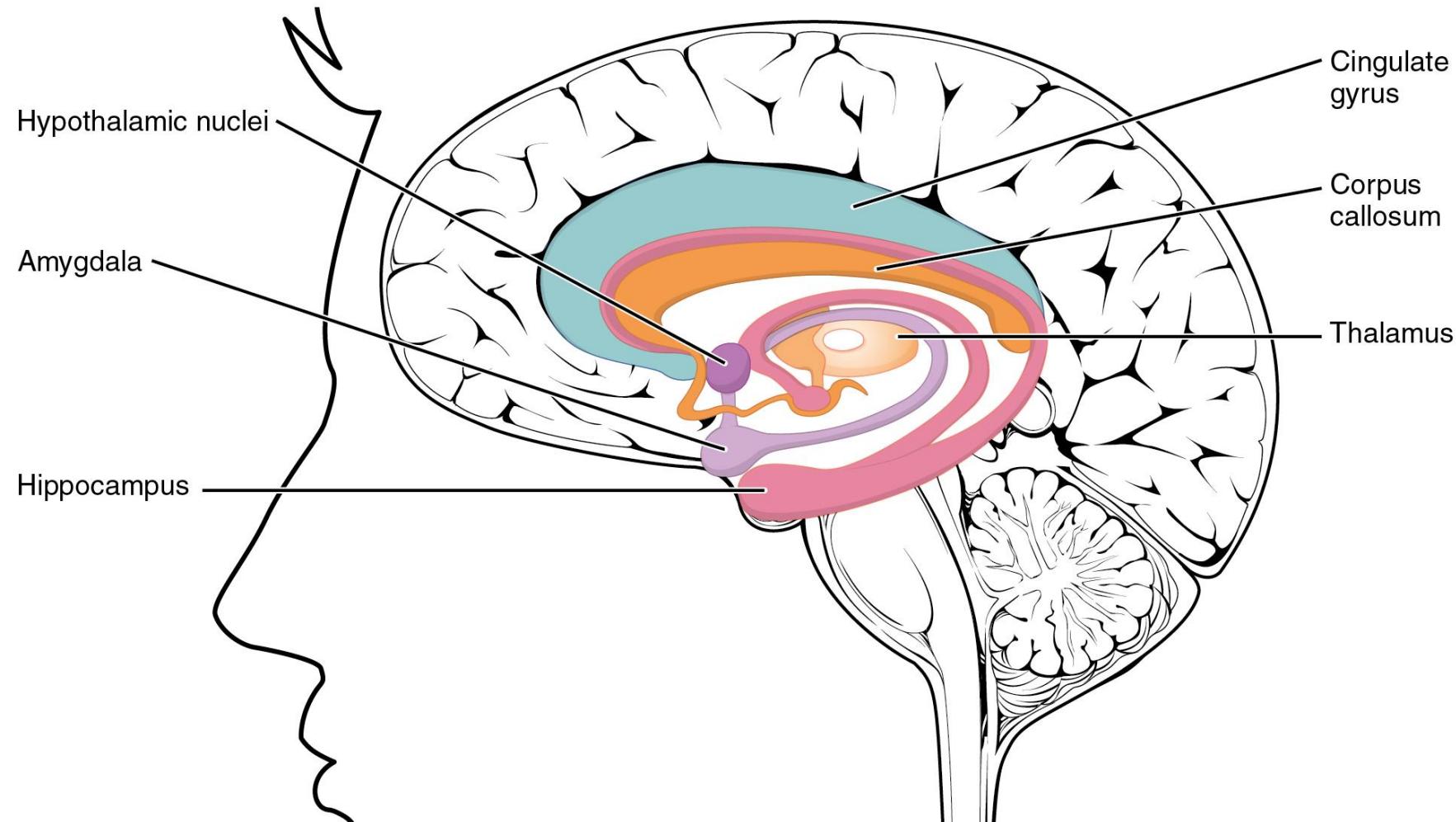
The **thalamus** is a “relay station” for all sensory (except olfactory) information.

The **limbic system** is associated with emotion and memory, primarily through the **amygdala** and the **hippocampus**, respectively. The **hypothalamus** is primarily responsible for endocrine regulation.



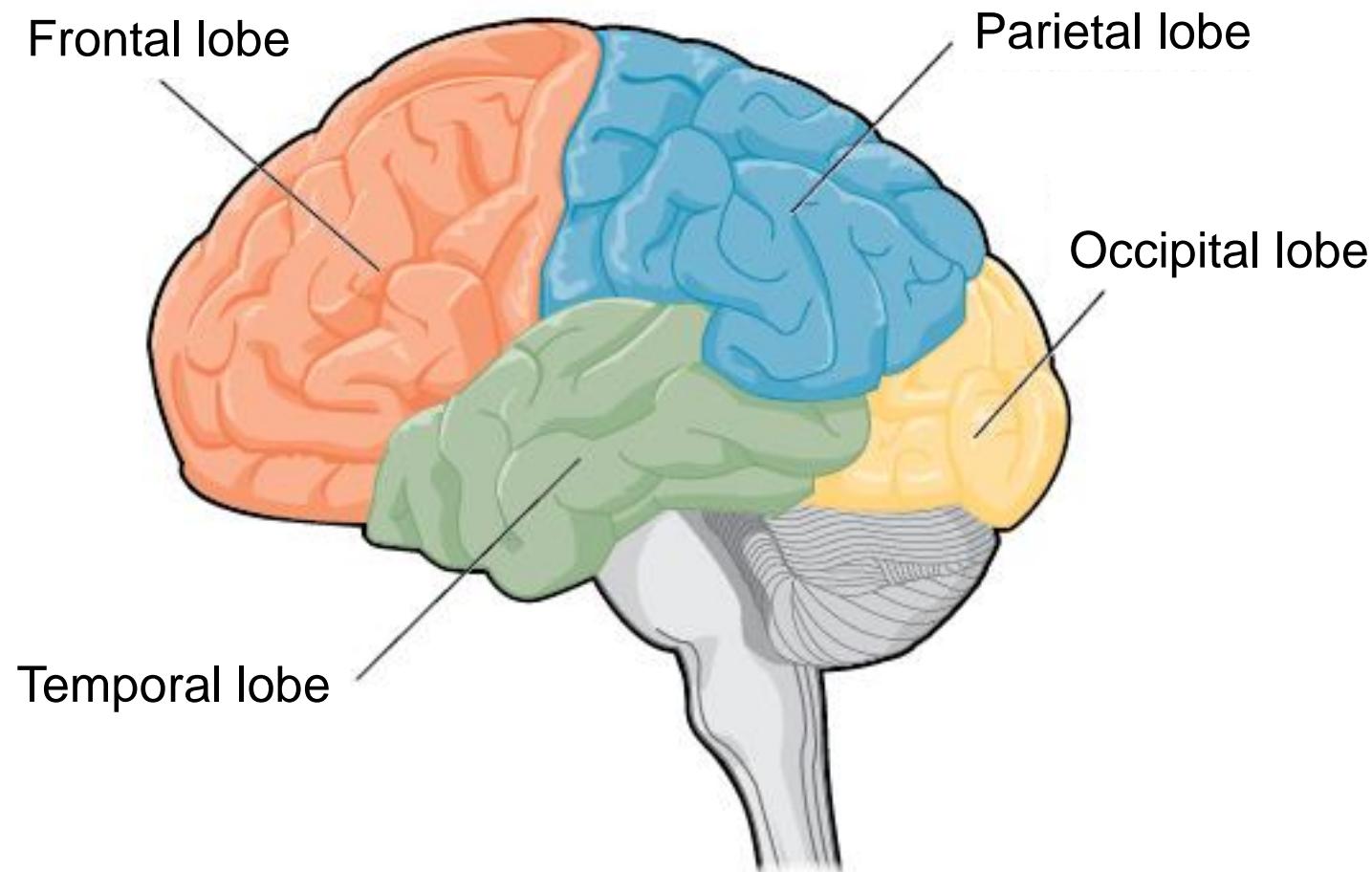
# Psychophysiology: CNS: Brain: Forebrain

## Thalamus and limbic system



# Psychophysiology: CNS: Brain: Forebrain

## Cerebral cortex

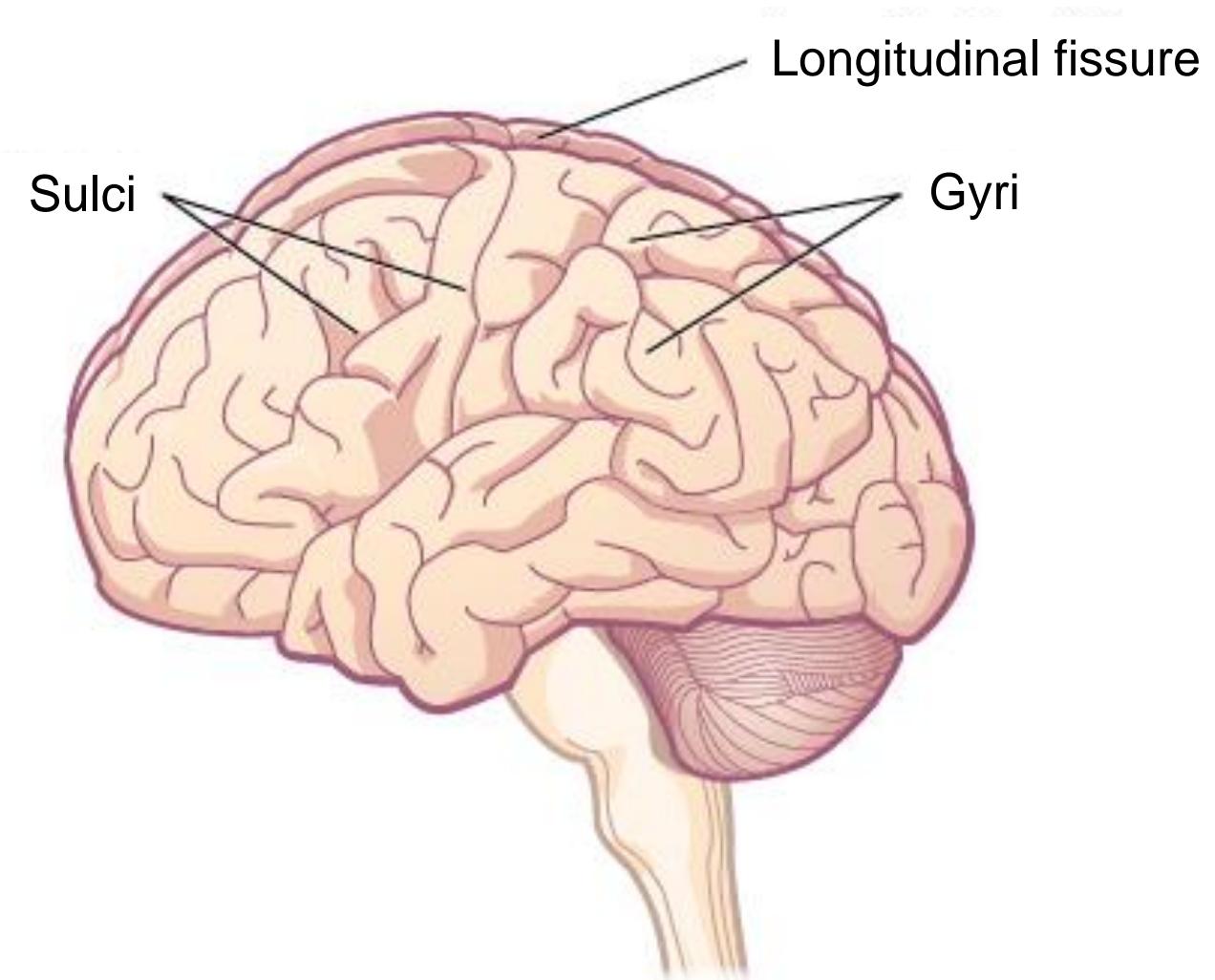


# Psychophysiology: CNS: Brain: Forebrain

## Cerebral cortex

Gyri are the “hills”,  
sulci the “valleys” of  
the cerebral cortex.

Deeper sulci are  
often called fissures.



# Psychophysiology: CNS: Brain: Forebrain: Cerebral cortex

## White and grey matter

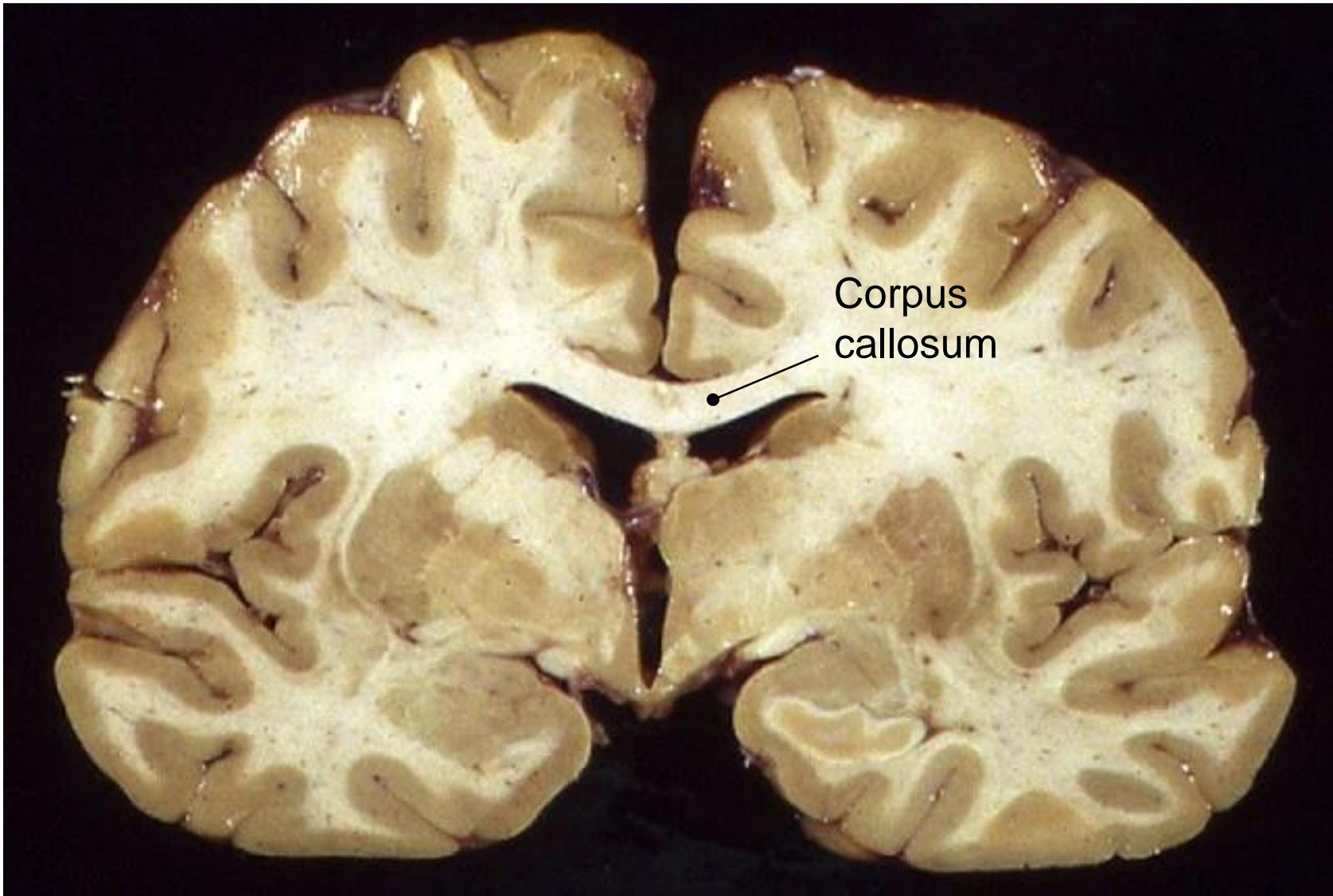
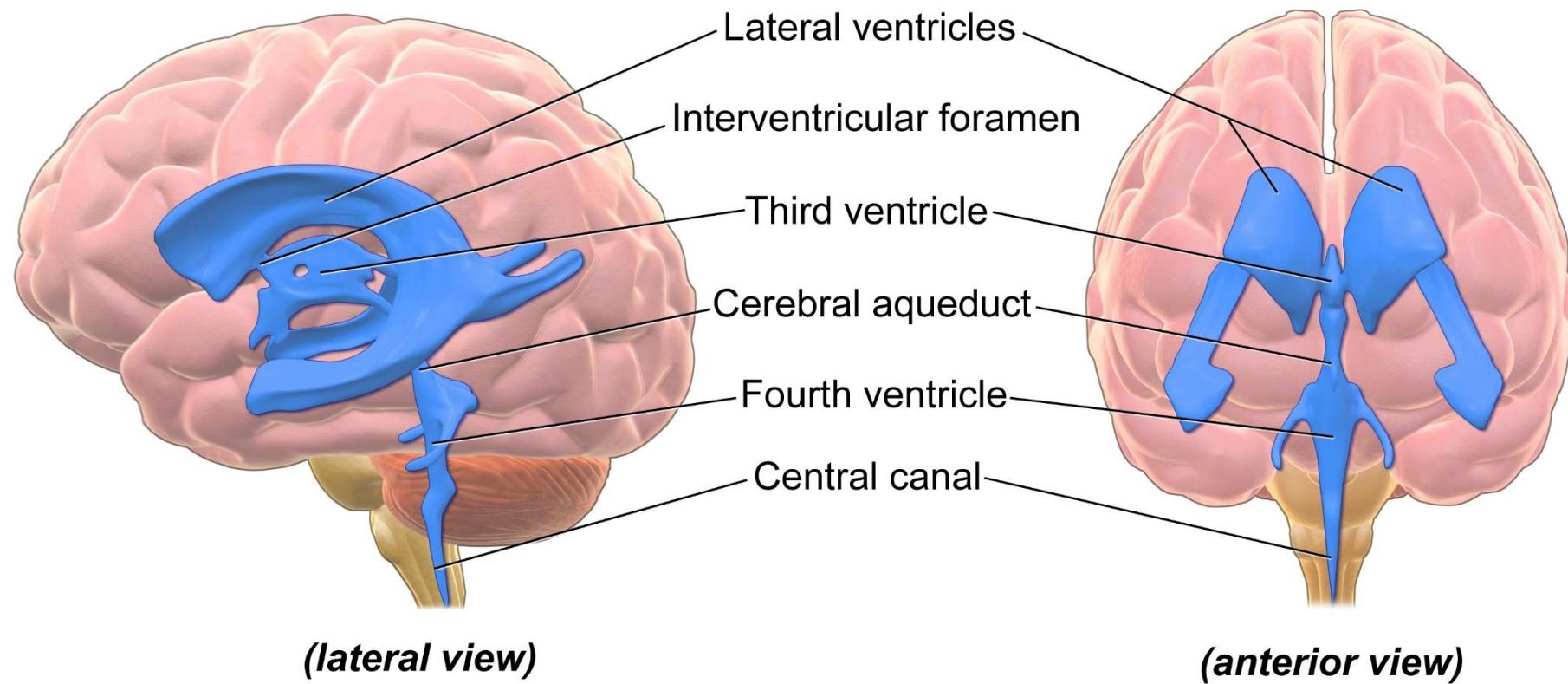


Figure: Lakhan, S.E., Kirchgessner, A. (2012). Chronic traumatic encephalopathy: the dangers of getting "dinged". *SpringerPlus* 1, 2. doi: [10.1186/2193-1801-1-2](https://doi.org/10.1186/2193-1801-1-2). Licensed under CC BY 2.0

# Psychophysiology: CNS: Brain: Forebrain

## Ventricular system



# Psychophysiology: CNS: Brain: Forebrain

## Cerebrospinal fluid

Produced by cells in all four ventricles.

Circulates within the ventricular system and the subarachnoid space surrounding the CNS.

Provides mechanical protection (shock absorption, pressure maintenance) and transports nutrients and waste products.

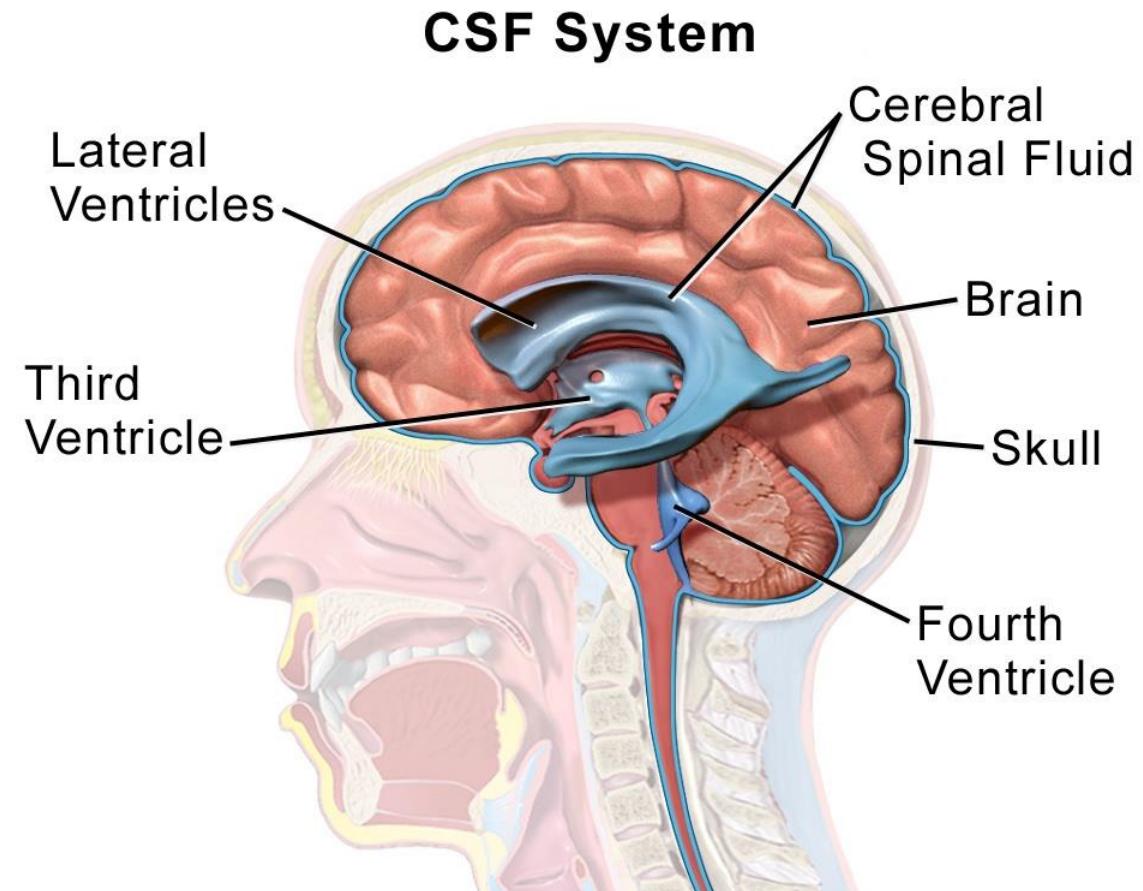
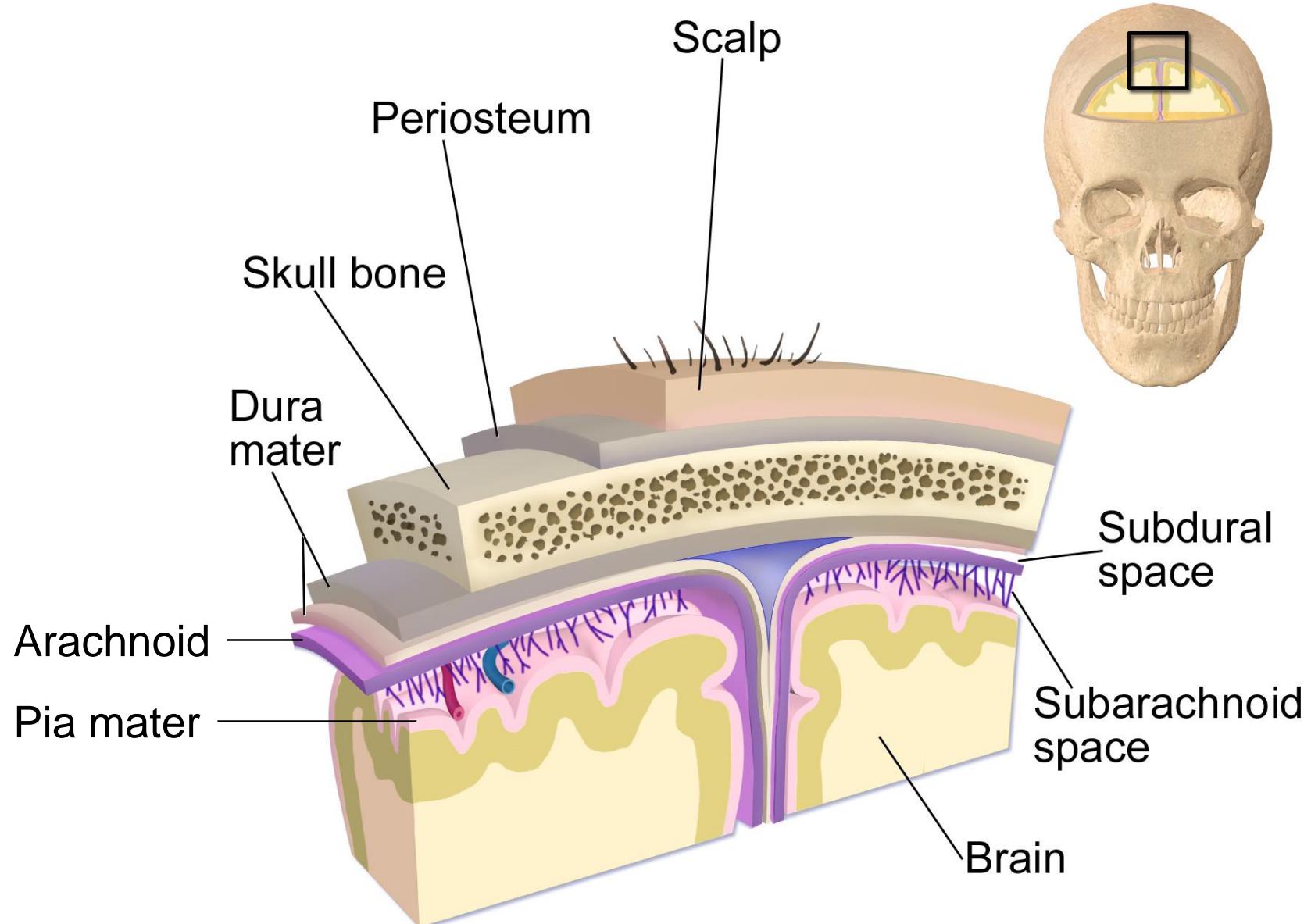


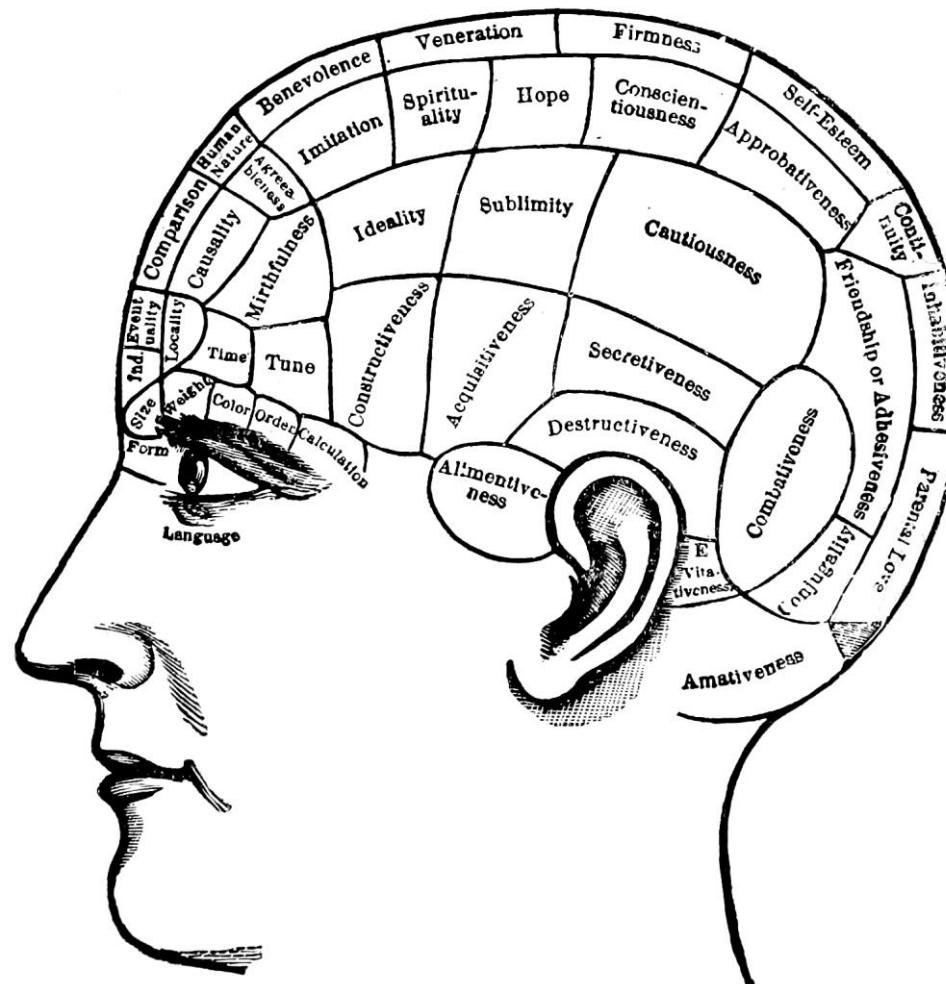
Figure "Blausen 0216 CerebrospinalSystem" by [BruceBlaus](#) (representing Blausen Medical) is licensed under [CC BY 3.0](#). Blausen.com staff (2014). "[Medical gallery of Blausen Medical 2014](#)". *WikiJournal of Medicine* 1 (2). doi: [10.15347/wjm/2014.010](#).

# Meninges and the subarachnoid space



# Psychophysiology: CNS: Brain: Forebrain: Cerebral cortex

## Function

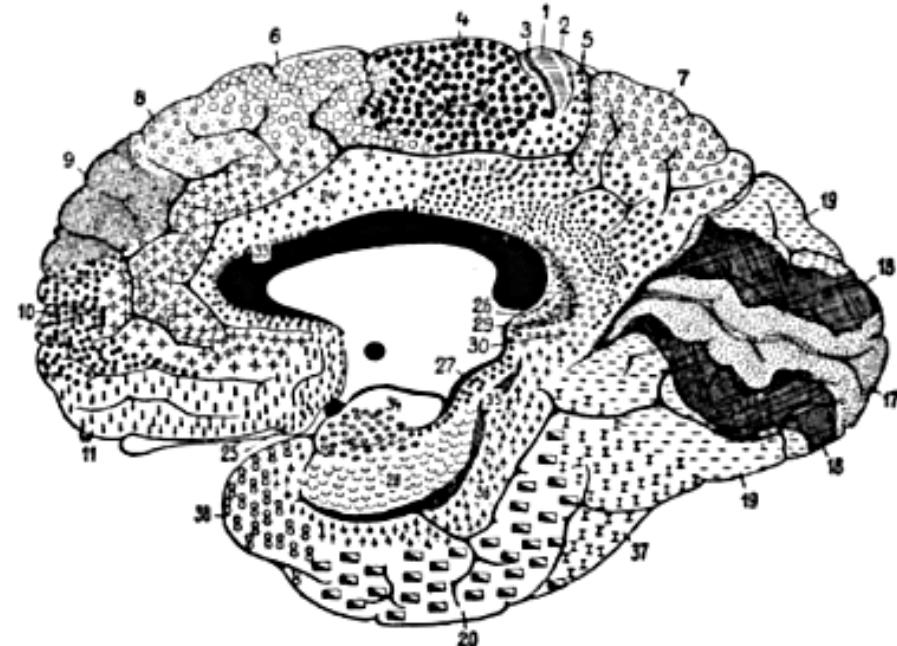
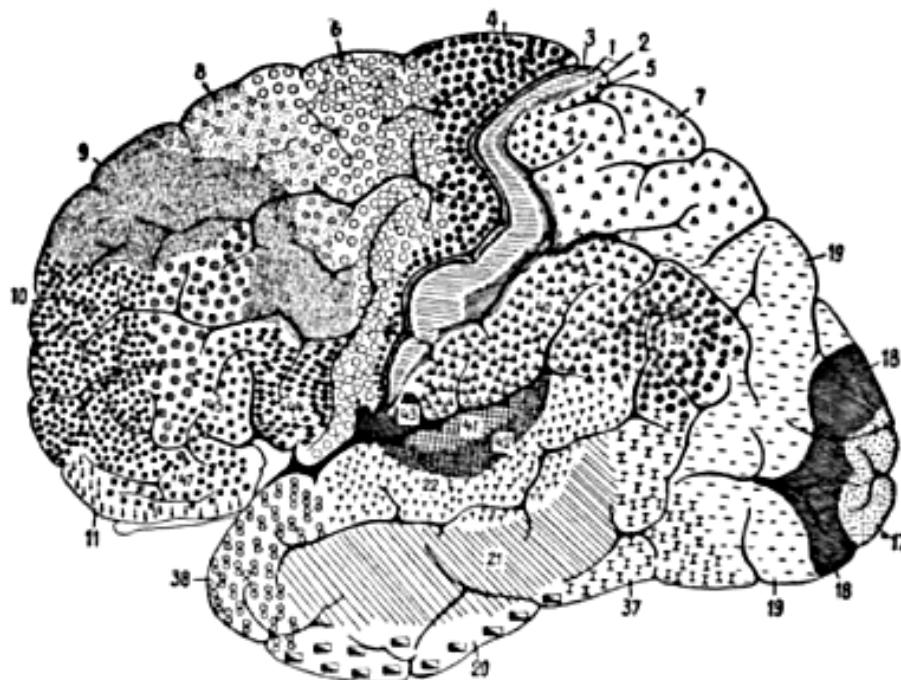


SYMBOLICAL HEAD.



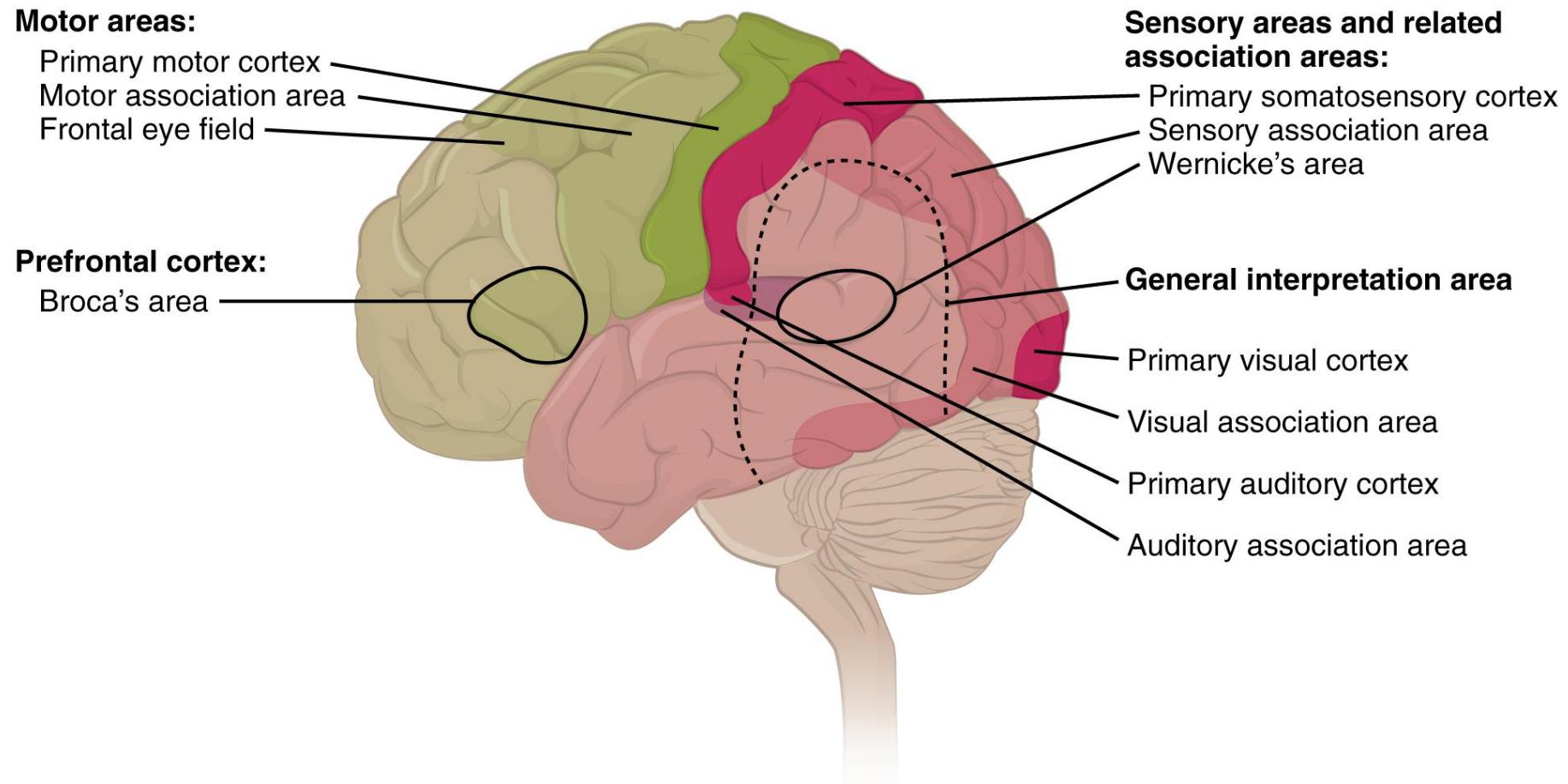
## Brodmann areas

Korbinian Brodmann (1909) identified 52 numbered areas differing based on cellular size, density, and layering.



# Psychophysiology: CNS: Brain: Forebrain: Cerebral cortex

## Sensory, motor, and association areas

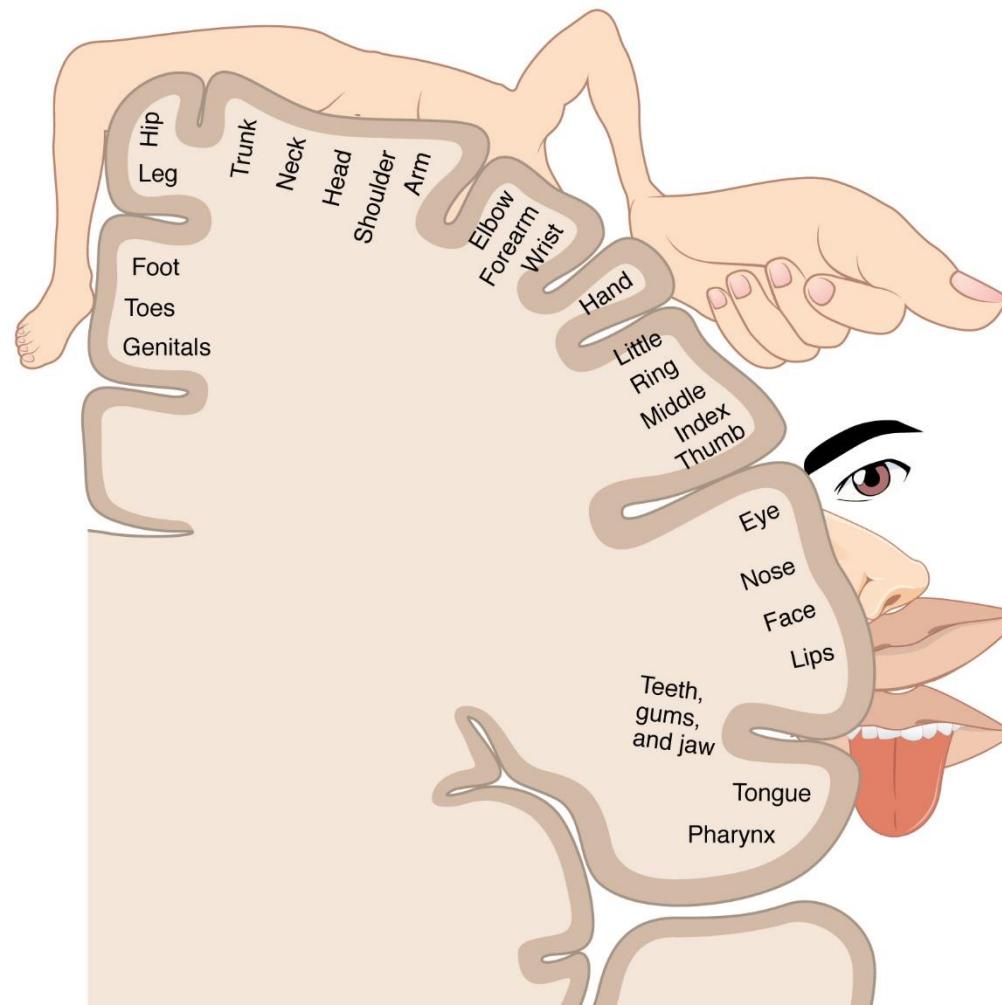


# Psychophysiology: CNS: Brain: Forebrain: Cerebral cortex

## Topographic organization

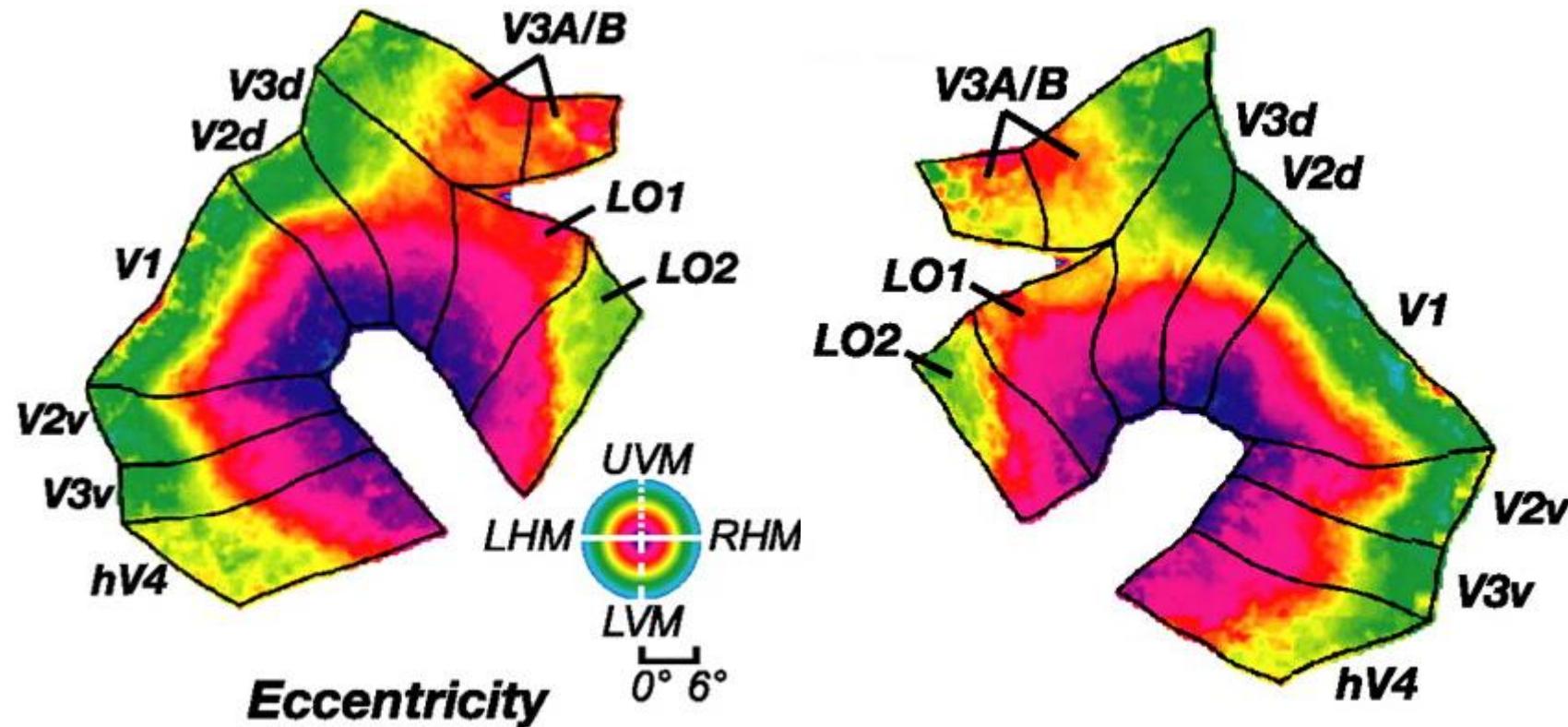
The motor cortex is organised as a somatotopic map of the body, as is the primary somatosensory cortex.

This *somatotopic* organisation is *contralateral*.



## Retinotopic organisation

The visual cortex is organised as a map of the retina.



# Psychophysiology

## Central nervous system

The spinal cord carries afferent (sensory) and efferent (motor) signals. Through interneurons in its grey matter, it is also responsible for reflexes.

The brain is organised in different evolutionary stages and functional areas, including the sensory, motor, and association areas of the cerebral cortex.

# Psychophysiology

## Part 2.3: The central nervous system



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