One situation I remember when I acted reactively but switched proactively when I was talking to my friends and suddenly a new transfer kid came to my school, he was shy and weird, but we let him hang out with us. Slowly time passed and that kid and my friends started to talk about topics that I’m not interested in and whenever I open a topic about things I like, the new kid barges in and stops it to talk about his things. I became bored of my friends and slowly stopped talking to them as they did, which weakened our relationship. After I realized that, I felt sad. I had thought that if I started to like and talk about what they like, they would include me in, well after trying it out, I only embarrassed myself and if I didn’t, I just made myself uncomfortable. After a while my “best friend" just sent me a message saying we shouldn’t talk anymore and stop being friends, at that point I didn’t care and all I was thinking was who cares, it's for the best, it didn’t work and I shouldn’t force it; however, I was disappointed of him for not talking to me straight, face to face. During that time, we ignored each other, and I didn’t make any new friends because I thought that’s who I am, an outsider, even if there’s people like me, they think differently, and I can’t change them nor change myself for them and all hope was lost. Obviously, my mom noticed that I stopped hanging out or talking to my friends and when she confronted me about it, I told her everything, she told me to that life goes on, people come and goes but the good memories stays, I shouldn’t dwell on the past and don’t lock myself but rather she encouraged me to approach new relationships with an open heart and a willingness to learn from each person I meet and even learn new things like joining clubs and teams. I understood her and knew I should be patient, so I reflected on myself, my communication skills and behavior but in the end, I should just be myself while also improving my good traits. Luckily one of my classmates started a chess club and has invited me before, so I asked him if I can still join, and he told me I can, he also introduced me to the members, and they were nice.