

KQ2_A 142 1 N K2a. Please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with the statement: Choosing a healthy diet is just a matter of knowing what foods are good and what foods are bad.

Applies to all records.

1 = Strongly disagree
2 = Somewhat disagree
3 = Somewhat agree
4 = Strongly agree
8 = Don't know
9 = Not ascertained

KQ2_B 143 1 N K2b. Please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with the statement: Eating a variety of foods each day probably gives you all the vitamins and minerals you need.

Applies to all records.

1 = Strongly disagree
2 = Somewhat disagree
3 = Somewhat agree
4 = Strongly agree
8 = Don't know
9 = Not ascertained

KQ2_C 144 1 N K2c. Please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with the statement: Some people are born to be fat and some thin; there is not much you can do to change this.

Applies to all records.

1 = Strongly disagree
2 = Somewhat disagree
3 = Somewhat agree
4 = Strongly agree
8 = Don't know
9 = Not ascertained

KQ2_D 145 1 N K2d. Please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with the statement: Starchy foods, like bread, potatoes, and rice, make people fat.

Applies to all records.

1 = Strongly disagree
2 = Somewhat disagree
3 = Somewhat agree
4 = Strongly agree
8 = Don't know
9 = Not ascertained

KQ2_E 146 1 N K2e. Please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with the statement: There are so many recommendations about healthy ways to eat, it's hard to know what to believe.

Applies to all records.

1 = Strongly disagree
2 = Somewhat disagree
3 = Somewhat agree
4 = Strongly agree
8 = Don't know
9 = Not ascertained

KQ2_F 147 1 N K2f. Please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with the statement: What you eat can make a big difference in your chance of getting a disease, like heart disease or cancer.

Applies to all records.

1 = Strongly disagree
2 = Somewhat disagree
3 = Somewhat agree
4 = Strongly agree
8 = Don't know
9 = Not ascertained

KQ2_G 148 1 N K2g. Please tell me if you strongly agree, somewhat agree, somewhat disagree, or strongly disagree with the statement: The things I eat and drink now are healthy so there is no reason for me to make changes.

Applies to all records.

1 = Strongly disagree
2 = Somewhat disagree
3 = Somewhat agree
4 = Strongly agree
8 = Don't know
9 = Not ascertained

KQ33_A 402 1 N K33a. About how many times in a week do you
eat bakery products like cakes, cookies, or
donuts - less than once a week, 1 - 3, 4 - 6,
or 7 or more times?

Applies to all records.

1 = Less than once a week or never
2 = 1 - 3 times a week
3 = 4 - 6 times a week
4 = 7 or more times a week
8 = Don't know
9 = Not ascertained

KQ33_B 403 1 N K33b. About how many times in a week do you
eat chips such as potato or corn chips- less
than once a week, 1 - 3, 4 - 6, or 7 or more
times?

Applies to all records.

1 = Less than once a week or never
2 = 1 - 3 times a week
3 = 4 - 6 times a week
4 = 7 or more times a week
8 = Don't know
9 = Not ascertained

KQ34 404 1 N K34. At your main meal about how many times
in a week do you eat beef, pork, or lamb.
Would you say less than once a week, 1 - 2, 3
- 4, or 5 - 7 times?

Applies to all records.

1 = Less than once a week or never
2 = 1 - 2 times a week
3 = 3 - 4 times a week
4 = 5 - 7 times a week
* 5 = Do not eat meat
8 = Don't know
9 = Not ascertained

* Skip KQ35 - KQ36.

KQ35 405 1 N K35. When you eat meat, do you usually eat
small, medium, or large portions?

Applies if: KQ34 ne 5

1 = Small
2 = Medium
3 = Large
* 5 = Do not eat meat
8 = Don't know
9 = Not ascertained
Blank = Not applicable

* Skip KQ36.

KQ36 406 1 N K36. When you eat meat and there is visible
fat, do you trim the fat always, sometimes,
rarely, or never?

Applies if: KQ35 ne 5

1 = Always (almost always)

2 = Sometimes

3 = Rarely

4 = Never

8 = Don't know

9 = Not ascertained

Blank = Not applicable

KQ37 407 1 N K37. How many eggs do you usually eat in a
week - less than one, 1 - 2, 3 - 4, or 5 or
more?

Applies to all records.

1 = Less than 1 / none

2 = 1 - 2 a week

3 = 3 - 4 a week

4 = 5 or more a week

8 = Don't know

9 = Not ascertained

KQ38 408 1 N K38. Before you eat fresh fruits and
vegetables, do you or does someone else wash
them always, sometimes, rarely, or never?

Applies to all records.

- 1 = Always (almost always)
- 2 = Sometimes
- 3 = Rarely
- 4 = Never
- * 5 = Do not eat fresh fruits and
vegetables
- 8 = Don't know
- 9 = Not ascertained

- * Skip KQ39 - KQ41.

KQ39 409 1 N K39. When you eat fresh fruits with peels
that can be eaten, do you eat the peel
always, sometimes, rarely, or never?

Applies if: KQ38 ne 5

- 1 = Always (almost always)
- 2 = Sometimes
- 3 = Rarely
- 4 = Never
- 8 = Don't know
- 9 = Not ascertained
- Blank = Not applicable

KQ42

412 1 N

K42. Are you the person most responsible for planning or preparing the meals in your household?

Applies to all records.

1 = Yes

2 = No

7 = Refused

8 = Don't know

9 = Not ascertained

